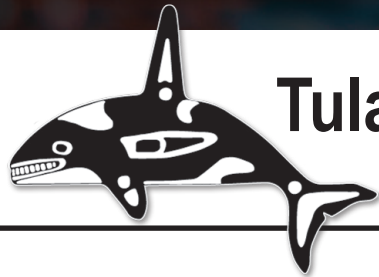


6TH ANNUAL  
**Taste**  
OF TULALIP

NOV 14 & 15  
WINE, FOOD & TRADITION  
TASTEOFTULALIP.COM  
ON SALE NOW! [ticketmaster](#)



# Tulalip **SEE-YAHT-SUB** dxʷlilap syəcəb "Tulalip News"

Volume 35 No. 28

Wednesday, July 23, 2014

## When is it more than old age?

### The truth about dementia

By Andrew Gobin

I will forever remember the night 12 years ago when my family was plunged into the world of dementia. It was late one night when my father, sister, and I arrived at Providence Colby Campus hospital in Everett. My grandma had just had back surgery and was out for recovery. At 12 years old, I was fairly familiar with the hospital hallways, not at all afraid or uneasy about visiting people in the hospital, having been there many times to see family friends and relatives. I thought this was just another routine visit. Even so, I was not prepared for what I was about to see.

My Uncle Joe had arrived shortly before we did. Grandma was upset and confused. She did not know me or my sister, she barely knew her sons. She had been given Vicodin for the pain as part of routine recovery. Grandma didn't have a drug tolerance, never taking anything much stronger than Tylenol. Anyone who has experienced the effects of Vicodin can tell you, it messes with the mind in inexplicable ways. As grandma's pain management drugs were changed, trying to bring her out of her delusion, the hard reality was that grandma had changed

See **Dementia**, page 7

## Gathering foods, spiritual medicine

Rediscovery Program brings people together to learn and share in the harvest and use of traditional foods



By Andrew Gobin, photos by Andrew Gobin, Niki Cleary, and Theresa Sheldon

The Rediscovery Program at the Hibulb Cultural Center and Natural History Preserve has been more busy than usual over the last few weeks, gathering and processing traditional foods. Program staff have been planning harvesting events, showing groups of Tulalip community members what can be gathered where, when, and how.

Program Coordinator Inez Bill-Gobin said, "Our native foods feed not only our bodies, but our spirits too. I think we are really rich in our culture when we are able to harvest and use our native foods."

On Monday, June 30, Rediscovery Program staff took a group of Tulalip community members to gather wild blackberries, elderberries, and native teas. A bountiful harvest yielding much more than foods, as many teachings are shared.

Bill said, "We were gathering wild blackberry. A lot of people don't know that these small berries are indigenous berries. Not

See **Rediscovery**, page 6

## INDEX

News	3-5
Community	6
Letters	7

Watch

**TULALIP TV**  
[www.tulalip.tv](http://www.tulalip.tv)



# Boom City Swap Meet 2014

200+ vendors will sell their wares from  
A to Z including corn on the cob, hot  
dogs, hamburgers, Indian fry bread,  
Mexican food, snow cones, ice cream  
and everything in between!

\$1 entry per vehicle!  
Saturday - Sunday 7:00 a.m. - 4:00 p.m.  
10300 27th Ave NE, Marysville  
For more information visit  
[www.boomcityswapmeet.com](http://www.boomcityswapmeet.com)

### Tulalip Tribes Vision

We gathered at Tulalip are one people.  
We govern ourselves.  
We will arrive at a time when each and every person has  
become most capable.  
Together we create a healthy and culturally vibrant  
community

### Tulalip Tribes Mission

We make available training, teaching and advice, both  
spiritual and practical.

### Tulalip Tribes Values

1. We respect the community of our elders past and  
present, and pay attention to their good words.
2. We uphold and follow the teachings that come from  
our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a  
good walk.
7. We do not gossip, we speak the truth.

### Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish,  
Snoqualmie and Skykomish Tribe and other tribes and bands  
signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the  
Tulalip Tribes

Manager: Sara "Niki" Cleary, 360.716.4202  
email: [ncleary@tulaliptribes-nsn.gov](mailto:ncleary@tulaliptribes-nsn.gov)  
Lead Reporter: Brandi Montreuil 360.716.4189  
email: [bmontreuil@tulaliptribes-nsn.gov](mailto:bmontreuil@tulaliptribes-nsn.gov)  
Reporter: Andrew Gobin, 360.716.4188  
email: [agobin@tulaliptribes-nsn.gov](mailto:agobin@tulaliptribes-nsn.gov)  
Reporter: Monica Brown 360.716.4198  
email: [mbrown@tulaliptribes-nsn.gov](mailto:mbrown@tulaliptribes-nsn.gov)  
Supervisor/Design: Kimberly Kalliber, 360.716.4192  
email: [kkalliber@tulaliptribes-nsn.gov](mailto:kkalliber@tulaliptribes-nsn.gov)  
Librarian: Jean Henrikson, 360.716.4196  
email: [jhenrikson@tulaliptribes-nsn.gov](mailto:jhenrikson@tulaliptribes-nsn.gov)  
Digital Media Coordinator: Roger Vater. 360.716.4195  
email: [rvater@tulaliptribes-nsn.gov](mailto:rvater@tulaliptribes-nsn.gov)  
Administrative Assistant: Val Williams, 360.716.4200  
email: [vwilliams@tulaliptribes-nsn.gov](mailto:vwilliams@tulaliptribes-nsn.gov)

Volume 35, No. 28, July 23, 2014  
Published once-a-week with special issues by the:  
Communications Dept.



Tulalip Tribes  
6406 Marine Drive  
Tulalip, WA 98271  
360-716-4200; fax 360-716-0621  
email: [editor@tulaliptribes-nsn.gov](mailto:editor@tulaliptribes-nsn.gov)

Deadline for contribution is Friday, with publication on  
the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002  
Sherrill Guydelkon, 1945-2008

TULALIP TV		
Monday 7/28/14 thru Sunday 8/03/14		
Time	Show	Duration
12:00 AM	<b>Tulalip Matters</b> Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	<b>From the Spirit - Jane Ash Poitras</b> Her paintings incorporate emotive images and words and her work frequently explores the clash of Aboriginal and mainstream cultures.	0:30
1:00 AM	<b>A Lifetime of Caring</b> The film is designed for health professionals, aboriginal seniors, hospitals and groups seeking to improve the quality of life for native seniors.	0:30
1:30 AM	<b>Black Indians</b> Explores the fusion of Native and African Americans; revealing the indelible mark of this unique ancestry; Narrated by James Earl Jones	1:00
2:30 AM	<b>Make Moccasins-Side Seam</b> Step-by-step method of making a pair of side-seam moccasins - tools and supplies, pattern making, leather names and types, and advanced sewing techniques.	1:00
3:30 AM	<b>Native Women Politics</b> Strong women "leaders" emphasize how they view the rebuilding of balanced self-government within their community in the future.	0:30
4:00 AM	<b>LMTV #32</b> Youth filmmakers of Longhouse Media TV present: Choices, New Frontiers - A Journey behind the scenes of Winter in the Blood.	0:30
4:30 AM	<b>A Lifetime of Caring</b> The film is designed for health professionals, aboriginal seniors, hospitals and groups seeking to improve the quality of life for native seniors.	0:30
5:00 AM	<b>Earth Voices - 203</b> A series profiling Aboriginal People: Norman Yakeleya - Activist, Auntie Kate - Musician, Dawn Oman - Painter, Walter Bonaise - Elder	0:30
5:30 AM	<b>From the Spirit - Jane Ash Poitras</b> Her paintings incorporate emotive images and words and her work frequently explores the clash of Aboriginal and mainstream cultures.	0:30
6:00 AM	<b>Rez-Robics: The Exercise Video</b> Aerobic Exercise for Indian People by Indian People, through the eyes of Drew and Elaine.	1:30
7:30 AM	<b>Tulalip 'Slides' + Total Info</b> Tulalip 'Slides' and Total Info, A service for TULALIP TV viewers - with current News, Weather, Traffic, Financial, Dailies to keep you informed.	0:30
8:00 AM	<b>Tulalip Matters</b> Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	<b>Wapos Bay - Ep 2028</b> Children's Animated Program: "The Ways of the Quiet" - Wapos Bay has a bear problem that only a bear whisperer can handle.	0:30
9:00 AM	<b>March Point</b> In the 1950s, two refineries were built on March Point, an area that was once part of the Swinomish Reservation by treaty. Three Swinomish boys awaken to the destruction that these refineries have brought in their communities.	1:00
10:00 AM	<b>Watchers of the North, Ep-1</b> A new series premiering on Tulalip TV - Exciting and entertaining documentary action series follows the training, patrols and search and rescue missions of the largely Inuit Canadian Rangers. In Episode 1, three new recruits go through training to see if they have what it takes to become the newest members of Taloyoak's Canadian Rangers.	0:30
10:30 AM	<b>Black Indians</b> Explores the fusion of Native and African Americans; revealing the indelible mark of this unique ancestry; Narrated by James Earl Jones.	1:00
11:30 AM	<b>NorthWest Indian News - 57</b> Segments: "Boxer Joe Hipp", "Billy Frank Jr. Biography", "Sacred Name Restoration", "Salmon Homecoming Celebration"	0:30
12:00 PM	<b>Tulalip Matters</b> Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 PM	<b>Hibulb Antique Appraisals-Pgm #3</b> An accredited antique appraiser provides information and current market value to local Hibulb museum guests and their Native American antiques. Episode-3	0:30
1:00 PM	<b>Native Report - 804</b> Go backstage at an all-native music festival with the blues-rock band Indigenous. We talk with a World War II veteran from the Bois Forte Reservation.	0:30
1:30 PM	<b>March Point</b> In the 1950s, two refineries were built on March Point, an area that was once part of the Swinomish Reservation by treaty. Three Swinomish boys awaken to the destruction that these refineries have brought in their communities.	1:00
2:30 PM	<b>Watchers of the North, Ep-1</b> A new series premiering on Tulalip TV - Exciting and entertaining documentary action series follows the training, patrols and search and rescue missions of the largely Inuit Canadian Rangers. In Episode 1, three new recruits go through training to see if they have what it takes to become the newest members of Taloyoak's Canadian Rangers.	0:30
3:00 PM	<b>LMTV #32</b> Youth filmmakers of Longhouse Media TV present: Choices, New Frontiers - A Journey behind the scenes of Winter in the Blood.	0:30
3:30 PM	<b>Wapos Bay - Ep 2028</b> Children's Animated Program: "The Ways of the Quiet" - Wapos Bay has a bear problem that only a bear whisperer can handle.	0:30
4:00 PM	<b>NorthWest Indian News - 57</b> Segments: "Boxer Joe Hipp", "Billy Frank Jr. Biography", "Sacred Name Restoration", "Salmon Homecoming Celebration"	0:30
4:30 PM	<b>Lushootseed</b> Learn Tulalip Lushootseed Language thru the Lushootseed Language Video Series and the Lushootseed Phrases of the Week.	0:30
5:00 PM	<b>Tulalip Matters</b> Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
5:30 PM	<b>March Point</b> In the 1950s, two refineries were built on March Point, an area that was once part of the Swinomish Reservation by treaty. Three Swinomish boys awaken to the destruction that these refineries have brought in their communities.	1:00
6:30 PM	<b>Watchers of the North, Ep-1</b> A new series premiering on Tulalip TV - Exciting and entertaining documentary action series follows the training, patrols and search and rescue missions of the largely Inuit Canadian Rangers. In Episode 1, three new recruits go through training to see if they have what it takes to become the newest members of Taloyoak's Canadian Rangers.	0:30
7:00 PM	<b>LMTV #32</b> Youth filmmakers of Longhouse Media TV present: Choices, New Frontiers - A Journey behind the scenes of Winter in the Blood.	0:30
7:30 PM	<b>Black Indians</b> Explores the fusion of Native and African Americans; revealing the indelible mark of this unique ancestry; Narrated by James Earl Jones	1:00
8:30 PM	<b>NorthWest Indian News - 57</b> Segments: "Boxer Joe Hipp", "Billy Frank Jr. Biography", "Sacred Name Restoration", "Salmon Homecoming Celebration"	0:30
9:00 PM	<b>Hibulb Antique Appraisals-Pgm #3</b> An accredited antique appraiser provides information and current market value to local Hibulb museum guests and their Native American antiques. Episode-3	0:30
9:30 PM	<b>Native Report - 804</b> Go backstage at an all-native music festival with the blues-rock band Indigenous. We talk with a World War II veteran from the Bois Forte Reservation	0:30
10:00 PM	<b>Native Women Politics</b> Strong women "leaders" emphasize how they view the rebuilding of balanced self-government within their community in the future.	0:30
10:30 PM	<b>Earth Voices - 203</b> A series profiling Aboriginal People: Norman Yakeleya - Activist, Auntie Kate - Musician, Dawn Oman - Painter, Walter Bonaise - Elder	0:30
11:00 PM	<b>Make Moccasins-Side Seam</b> Step-by-step method of making a pair of side-seam moccasins - tools and supplies, pattern making, leather names & types, & advanced sewing techniques	1:00

This Schedule is subject to change. To see an updated schedule, go to:  
<http://www.tulalip.tv/tulalip-tv-schedule/>

The Tulalip TV Program schedule is always available at [www.TVGuide.com](http://www.TVGuide.com) enter zip code 98271,  
select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv/tulalip-tv-schedule/>.  
Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your See-Yaht-Sub?

Contact Rosie Topaum at 360.716.4298 or email [rtopaum@tulaliptribes-nsn.gov](mailto:rtopaum@tulaliptribes-nsn.gov)



## Senator McCoy receives the E3 award for Diversity in Action



By Andrew Gobin, Photo courtesy of E3

Senator John McCoy received the Diversity in Action-Individual E3 Washington Green Apple Award on June 26 for his work in environmental education. He has in mind education for the environment to be incorporated throughout all levels of learning, including post-secondary

education programs. While protecting the environment is mutually beneficial, it is often a sensitive subject with specific community concerns attached. McCoy, a member of the Tulalip Tribes, is diligent in making sure that each diverse community is represented in every issue, working to set attainable goals for sustainability on that everyone can agree on.

Steve Robinson, an Olympia based businessman who nominated McCoy, said, “Senator McCoy has been a tireless leader in many capacities which have served environmental education, multiculturalism and diversity well. His presence on ‘the hill’ in Olympia has provided an immeasurable amount of benefit to both tribal and non-tribal people and governments. He has sponsored phenomenal, far-reaching legislation, ranging from bills to integrate Indian culture and history into the classroom to a bill to establish Indian Heritage Day. Senator McCoy is one of the hardest working legislators in Olympia and he is committed to the protection and restoration of a healthy, vibrant environment for all.”

In addition to advocating for culturally sensitive environmental education, McCoy is

tenacious and steadfast in his opposition of bills that would be potentially harmful to the environment, working to block them as much as possible.

“Last year, I successfully blocked legislation that would have allowed for water to be repurposed without regulation. This prevented water allocated for personal or agricultural purposes from being repurposed and used commercially, which would have created a loophole in current regulations,” said McCoy.

The work McCoy does to contribute to education for the environment, in addition to the work to prevent detrimental legislation, represent the magnitude of his career. According to the E3 statement, the Washington Green Apple award for Diversity in Action,

“recognizes an individual, organization, tribe or program that demonstrates cultural awareness and encourages a multicultural approach to environmental and sustainability education programs while exemplifying the Lead Green goal.”

McCoy said, “I am honored to receive this award, and thankful for the recognition of the magnitude of work I have been involved with.”

While recognized for his work in environmental education, McCoy’s career has centered on water issues. He is also a strong proponent in Washington of legislation promoting the research and use of alternative energy, working to pass i937 last year, which deals with the state’s Renewable Energy Portfolio and standards on greenhouse gasses.

## ‘Watchers of the North’ – Episode 1

By Roger Vater

During the week of July 28 – August 3 on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on [www.TulalipTV.com](http://www.TulalipTV.com) you can watch the premiere of the action-packed documentary ‘Watchers of the North’, Episode-1.

“Watchers of the North” is a six-part documentary adventure series following the training, patrols and search & rescue missions of Canadian Rangers in two Nunavut communities.

The Canadian Rangers are a volunteer reserve branch within the Canadian Forces. They act as a military presence in the North, and in remote and sparsely populated parts of Canada. Canadian Ranger patrols are made up of Inuit, Métis, First Nations and non-Aboriginal men and women, depending on the region. You’ll find them conducting surveillance and sovereignty patrols in

the North and acting as guides, scouts, and experts when Regular Forces need wilderness and Arctic survival skills. They are also trained in basic First Aid and Search and Rescue skills, and often act as first responders and Search teams before other help can arrive!

Stunning pictures of the north of Canada mix with wonderful and funny personalities to create an exciting mix of entertainment and lessons about the north and about First Nations philosophies. Join these young Inuits in their exciting adventures in two remote High Arctic communities.

In Episode-1: Three new recruits go through training to see if they have what it takes to become the newest members of Taloyoak’s Canadian Rangers.

You can watch ‘**Watchers of the North, Episode-1**’ and many other Native programs on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on [www.TulalipTV.com](http://www.TulalipTV.com) on a PC, Mac or any ‘Smart’ device such as phone or tablet.



‘**Watchers of the North, Episode-1**’ can be watched on Tulalip TV during the week of July 28 – Aug 3 at any of these times: 10:00am, 2:30pm and 6:30pm

For a current schedule of Tulalip TV, you can always visit: <http://www.tulaliptv.com/tulaliptv-schedule/>

Program description sources:  
*Watchers of the North* <http://www.watchersofthenorth.com/home/>  
*First Nations Films* - <http://www.firstnationsfilms.com/catalogue.html>



## Recreation gambling and the problem gambler

By: Claudia Isham, CDP, NCGCI

For most people gambling is a recreational time to enjoy a night out or spend the time engaging in an activity as a chance to win. All in good fun! While some people see this as exciting, others see this as an activity to avoid. With the problem gambler this is an addiction that has serious consequences taking a toll in all areas in their lives. We look at the Medicine Wheel and clearly see how this has affected their lives physically, emotionally, mentally and especially spiritually.

Through education and a better understanding we learn the differences between recreational gambling and problem gambling. Some people gamble for recreation or entertainment only. On the other side of the coin some gamble excessively creating financial, relationship and health problems for themselves and others. Understanding the recreational gamblers appears simple since this is a person that stays within a budget and moderates their time in this activity, while the problem gambler exceeds their money and time. The recreational gambler can afford the loss of money while the problem gambler often faces financial ruin leading to a host of addictive behaviors out of desperation. Commonly the problem gambler borrows money from others, cover up the losses to loved ones, and continue to gamble to win back the losses resulting in difficulties with relationships, work and mood swings.

Often the recreational gambler plays for fun with other friends while the problem gambler is isolated in a crowd of people seldom associating with a recreational gambler. The problem gambler is alone, ashamed and is feeling desperate as the reality of losing one more time sinks in, having spent every last dollar in hopes of winning "the big one." For the recreational gambler it's easy to recognize it's just a game in winning or losing and they can easily walk away from it without any remorse. This is not true for the problem gambler. Those who have seen the destruction of the negative effects tend to have strong feelings against the activity, but few know where to find empathy for this problem.

Our Problem Gambling Program is available to everyone Native, other Native and non-Native. If you know someone or think you might have a problem we can bring back the loss of hope and help address individuals, couples and families in this difficult addiction. Please contact us by calling our Problem Gambling Coordinator, Sarah Sense-Wilson @ (360)716-4304 at Tulalip Family Services.

## Rediscovery from front page

like the Himalayan Blackberry you see, which is invasive."

These events and others like them are in preparations for a cultural workshop to take place in early August of this year. Each excursion is an opportunity to learn about the many uses of traditional foods. For example, the blackberry vines offer more than berries, the leaves can be made into tea. While they gathered no blackberry leaves, the group did harvest horsetail and fireweed to be dried for tea. The people gathering foods and materials with the Rediscovery Program will become teachers themselves, as the community draws together for four or five days of gathering traditional foods, preparing them, enjoying them, and learning and remembering the traditional ways of our people.

"Everyone has a gift. Everyone has something to offer. These teachings are our teachings, and they are

for everyone. Even the new ones have a gift. I was teasing Niki that we know what her gift is, she picked the most berries of all of us," said Bill about Niki Cleary, who harvested blackberries with the June 30 group.

On Tuesday, July 1, people joined the Rediscovery staff at the Hibulb Cultural Center to process the berries, canning them into preserves for later cultural activities.

After drying for a few days, the horsetail and fireweed teas were ready to be processed and packed away. On Thursday, July 3, Bill and her protégé Virginia Jones taught Courtney Sheldon and Darkfeather Ancheta how to make the horsetail and fireweed teas, specifically the base measurements and cook time.

About six weeks ago, the Rediscovery Program harvested clams and cockles, freezing them. Tuesday, July 8, rediscovery, youth services, and cultural staff processed the clams along with



a deer, to be smoked, using their new smokehouse for the first time.

The dates for the harvest celebration in August are yet to be determined. Look for updates here in the *See-yaht-sub*, on Tulalip News website, or contact events coordinator Robert Watson by phone at (360) 716-4194, or by email at [rwatson@tulaliptribes-nsn.gov](mailto:rwatson@tulaliptribes-nsn.gov) for more information.





## Dementia from front page

overnight, permanently.

After a few years trying many different care options, including a detox and psychiatric analysis, we were told that grandma suffered from dementia. And so began my family's journey through territory none of us knew anything about, having to learn how to navigate the tumultuous seas of grandma's mind.

Many families in

to general symptoms, how dementia is treated, and how patients and their families can cope.

For grandma, the change came literally overnight. She went to the hospital as her same old self, and woke up an entirely different person. It's hard to comprehend how such a drastic permanent change can happen so quickly. We had to adjust suddenly, learning how to care

Cherie was developmentally challenged, and lived with my grandparents for much of her life. She passed away the year after grandma's dementia developed. Grandma would ask about her, where she was, who was watching her, and we had to respond as if she was in her room watching TV, or out on a drive with one of her brothers.

Hill will present on how she helps patients to manage their lives. Symptoms are so different and individual. There are those, like grandma, who change at the flip of a switch. For some, the diagnosis seems to have no effect until a rapid decline near the end, and yet others see a steady regression. Hill helps people to learn how to care for all of these, regardless of a diagnosis. With grandma, we cared for her for a while before she was diagnosed with dementia, and there were times when she was so upset she would fight everyday tasks.

Hill said, "How do you care for someone refusing to eat, bath, or clothe themselves? These are the behaviors I help people manage."

Sometimes, it's not about the loss of function at all, it's about feeling insulted or embarrassed. Grandma refused to eat, unless we were all eating. And, she would refuse to eat if what was on her plate was different than everyone else, or if her food was all pre-cut into bites. But she could still feed herself, often stealing food from my plate when she thought I wasn't looking.

There is a point where people do need help. As the condition progresses and people lose memory, they also lose their ability to function normally. It seems that too often dementia goes undiagnosed, untreated, and denied or ignored out of embarrassment. Alison Brunner, who manages the

caregiver program, explains many people's attitude towards admitting that they need help. Admitting they can no longer live alone and need someone available for 24-hour assistance is a loss of independence.

"People don't want to talk about it. They don't want to admit that their memory is slipping. The Tulalip people are a strong people, a proud people," she said.

Even today, now four years after grandma's passing, it is still difficult to write about. My grandma was General Manager of the Tulalip Tribes, asked to return from retirement twice to help keep the tribal government operations on track. Growing up, I knew her to be a strong woman, sharp, and high-functioning. She

cared for my aunt, my grandfather, and anyone that needed help. To lose her to dementia so quickly was devastating, and though we lived through it, I don't remember ever really talking about it.

The seminar that will be on August 19 at the Tulalip Administration building is intended to inform, but also to share in experiences and gather support and strength. There is so much to understand about dementia, but even a simple understanding can bring reassurance with such an uncertain and inconsistent disorder. I know for my family, working to understand dementia seemed to make caring for her easier. Hopefully, families that attend the seminar will have the same realization.

## The seminar that will be on August 19 at the Tulalip Administration building is intended to inform, but also to share in experiences and gather support and strength.

the Tulalip community face dementia in one form or another. The condition affects people in different ways, often leaving the families caring for their grandparents and parents, feeling left with nowhere to turn for advice and support. On Thursday, August 19, Tulalip Behavioral Health, along with the Tulalip Karen I. Fryberg Health Clinic and Tulalip Family Services, will be hosting an event for people to come and hear what medical professionals have to say about dementia, what assistance programs are available at Tulalip, and to share their stories and concerns in a quest to better understand the condition. I know for me, I had many questions, and still do today.

Family Services psychiatrist Dr. Grosskopf will discuss what exactly dementia is and how it is different from normal aging, in addition

for grandma, how to interact with her and live in her world. I was not me, at least not in her world. I was my father or my brother, or sometimes no one at all. But every once in a while, I was myself.

Rosemary Hill, mental health therapist at Family Services, has some insight on this, as dementia has touched people in her life.

"I'm not comfortable lying to them," she began, "but trying to understand the world and the time that they are living in, sometimes playing along or deflecting is best. My husband has dementia. He never really has been able to grieve the loss of his son. He asks where he is. Or he will say he knows something is wrong with his son, but he doesn't quite know what it is. How many times can you really tell someone their son died?"

The same was true for grandma. My Auntie

## A dose of cuteness

Rae Anne Gobin shared this adorable photo of her granddaughter, Stella Cleeland-Husein, age 2, attending her cousin's wedding in Winthrop.



## Ask Mike



*Hello everyone! My Name is Michael Moseley. On FaceBook, I'm a frequent, and opinionated, commentator when it comes to Tulalip. Based on some of my responses to tribal issues, I was asked to write a column in the See-Yaht-Sub to share my straight-up, no b.s. style with the community.*

*This is an opinion-based column and it works like this: members of the Tulalip community can e-mail me questions or concerns regarding anything that has to do with Tulalip. I will then answer that question with my own opinion on the subject, which is often blunt, but hopefully makes you think.*

*To give the people that do*

*not know who I am a very brief background of myself, I am a 29 year-old Tulalip tribal member and father of one. My grandfather is the late great Thomas Gobin, my grandmother is Beverly Gobin, my mother is Wendy Young and my (step) father is Steve Young.*

The following is the very first question that was sent to me. Once again, I assure you that everything that you are about to read and everything that is written in the future is *my opinion only*.

Michael Pablo Sr. asks, "What in our tribe needs worked on the most?"

In my opinion, our main priority should always be our children. Not just our own children, but also the children throughout our community that are being neglected, the children that are being abused, the children that are being chosen second to drugs and alcohol. We need more people to stand up and fight for these children and show them the feeling of happiness and freedom that every child deserves.

Many people talk endlessly about the drug epidemic

on the reservation and the invisible bars that imprison drug addicts. But so many fail to see that the children are also behind these bars, with the difference being, the children do not have the choice of being there. Now we can work together to fight the drug problem. I support the fight and we may someday get the upper hand for the most part. But we all know that addiction is and always will be in our community, if only a small amount. We need our main focus switched to the victims rather than the abusers and that is in all aspects, meaning drug abusers, alcohol abusers, sexual abusers, etc.

That is not to say that our people that have these problems should not receive help and/or treatment. But should they be number one priority? No. That may seem harsh but think about this. If you walk into a house and you see a man drunk, passed out in one chair, a woman high on whatever drug you would like to imagine passed out in another chair and a child sitting on the floor in between the two chairs with no one else in the house, which one do you go to help first? I'm hoping everybody who reads this would choose the child and if so, why would we not apply that decision on a much broader scale? Why are there not more people standing up at general council asking about more programs for our children? Why are we only looking at beda?chelh to

change when we could and should come together to keep our children safe as a whole? With more people getting involved and coming together for our children, I think it would also bring more cultural awareness to the ones that don't know the history of our people and this Tribe. There is literally nothing holding us back from being more proactive with the children of Tulalip or any child for that matter.

Our expectations we hold for Tulalip youth should be considered as well. Currently, for a tribal member to be considered for "Student of the Year" and a scholarship, they must graduate with a 2.0 GPA or better. That is a C average. What does that say about the Tribe and what we expect of our children? In my opinion, it means that we are encouraging educational mediocrity. Yes, it is an accomplishment to graduate high school, but to be considered for Student of the Year? Something that is only given to two students (one male, one female) per year? We should be pushing our younger generation to achieve more, to be challenged.

Thank you for your question,  
Michael Moseley

Please send in your questions or feedback! Your name does not have to be included in the paper that is published. AskMikeMo@icloud.com



# AUGUST 5 - 9

## At Tulalip August 8

By Kim Kalliber

Staff and volunteers from the Grove Church in Marysville continue to expand their iheart outreach campaign in an effort to better reach out to the Marysville and Tulalip communities.

Each year, 150 plus volunteers pay a fee to go on a missions' trip to serve our community by beautifying grounds of local schools, repairing/painting, building shelters, park benches and dug-outs for parks and baseball fields around Marysville.

Patty Thometz, Children's Pastor at the Grove Church said, "This summer, we will

be expanding our reach to children through iheartGO, a big block party for kids at various locations in Marysville. We want to go where there's a lot of children."

Youth in fourth through eighth grade are encouraged to volunteer a week of their time to serve others and give back to their communities. This includes everything from set up, clean up, leading the games and crafts.

The Tulalip Boys and Girls Club is one of five host locations. Chuck Thacker, Unit Director of the Tulalip Boys and Girls Club, has warmly invited the Grove Church campaign folks to partner with them for a day of fun,

bounce houses, face painting, crafts, games, free hot dogs and much more. This event will be on Friday, August 8, from 11:00 a.m. to 2:00 p.m.

"It's wonderful what you [Tulalip] do for the kids at the Boys and Girls Club and the Grove Church is excited to be a part of this learning partnership. I love outreach and I love working with kids," said Thometz, with a smile.

For more information about the Grove Church and its outreach programs, please visit [grovech.org](http://grovech.org).



May 3, 2014  
Board of  
Directors Minutes

I read through the 5/3/14 Board of Directors minutes and was very disappointed in reading the actions of the Board of Directors regarding legalizing marijuana on our reservation.

Those in attendance kept stating all that’s needed is “educating” tribal members on this drug to prove it is not addictive and is not dangerous, so that our Tribe will approve of the use of marijuana on our reservation.

They kept referring to the “ELDERS” as being opposed to legalizing marijuana and the final

decision was a meeting will be held to “educate” tribal members to get opinions and to show proof this drug is not dangerous.

My questions are: Has there ever been a study on individuals using any type of marijuana, medical or recreational when there are children in the same room or home? When a woman is pregnant and uses this drug is it dangerous to her unborn child? What health effect does this have on children? This is a main concern for me as an elder. Can this get into a child’s system the same as cigarette smoke? I have never seen any official testing results on this. If the drug is put into food what guarantee as the Board of Directors do you have to insure that our children will not eat these products and what tests have been done to see if they will survive?

There was just a news report on TV that a man gave his underage daughter some food and she took it to school and it made some children sick.

In the past month there has been numerous instances in the State where houses have been blown up or caught on fire when people try to cook or break marijuana down into some type of drug. The media stated this is very, very dangerous. If there are children in the home what chances do they have?

As Native Americans our children should always come first their health and welfare and most important their education and as Indians we need to protect them.

I personally don’t care if President Obama or high ranking officials have tried this drug, that is

their decision and who is it that says it doesn’t have any effect on them. We each need to stand on our own merit and make our own decision. In my opinion if in any way would this have a negative effect on our children then as a Tribe we should never approve of it.

I urge all tribal members, especially us elders to read everything we can on this drug as what I have read so far I don’t see any guarantee for our children’s safety.

Thanks for listening to my concerns and as you can see I am totally against this as I feel it will be the end of our reservation as we know it and it will no longer be a safe place to live.

Virginia (Ginnie) Carpenter,

Tulalip Tribal Court Notices

**TUL-CV-GU-2014-0217. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Guardianship of JC, DOB: 1/6/2010 TO: Cameron Craig:** YOU ARE HEREBY NOTIFIED that on June 11, 2014, a Petition for Guardianship was filed in the above-entitled Court pursuant Tulalip Tribal Code Chapter 4.05 regarding youth JC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on August 28, 2014 at 9:00 AM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 23, 2014.

**TUL-CV-GU-2014-0167. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re L.P TO: Lakota Phillips:** YOU ARE HEREBY NOTIFIED that on May 20, 2014 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding L.P. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on August 28, 2014 at 10:00 AM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 23, 2014

**TUL-CV-GU-2014-0125. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re M.T.TO: Tonya Winegar:** YOU ARE HEREBY NOTIFIED that on May 21, 2014, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding M.T. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on September 9, 2014 at 9:00 am in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 2, 2014.

**TUL-CV-GU-2014-0236. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re T.L.E.K.W. TO: Tah-Sheena Williams and Kanum Cultee Sr.:** YOU ARE HEREBY NOTIFIED that on June 20, 2014, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding T.L.E.K.W. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on September 2, 2014 at 3:00 pm in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 9, 2014

**TUL-CV-DI-2014-0248 Summons for Dissolution of Marriage (with children) Tulalip Tribal Court, Tulalip, WA Jessica Kristin Williams, Petitioner Vs. Alan Gordon Williams, Jr., Respondent To: Alan Gordon Williams, Jr.,** a petitioner has started an action in the above court requesting that your marriage be dissolved. In order to defend against this petition, you must respond to the complaint by stating your defense in writing, by serving a copy unto the Court, Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip, WA 98271, and upon the petitioning person within twenty days after service of this summons or a default judgment may be entered against you without notice. You have important legal rights and you must take steps to protect your interests. Date first published: July 16, 2014

Welcome to the Red Road  
Recovery Meeting

Wellbriety is a social movement dedicated to culturally based healing through spirituality. There were prophecies from Elders describing the whole world having to come back to traditional culture and ceremony during this time of healing. Wellbriety is open to all people of the world to heal from all forms of spiritual illness. Wellbriety is not meant to replace the program of Alcoholics Anonymous or Narcotics Anonymous, but wishes to expand on the spiritual aspect of these programs using traditional culture and ceremony.

Please come join us every Monday for a new RED ROAD RECOVERY MEETING that kicked off on July 14, 2014.

Where: AWARE Building in Silver Village, aka old Housing Building  
3107 Reuben Shelton Drive, Tulalip, WA 98271  
Time: 6:00 PM to 7:30 PM  
When: Every Monday evening

Questions? Call Charles Knapp, AWARE Coordinator at 360-913-5493 or Helen Gobin-Henson, AWARE Manager 425-754-6068

[A new meeting a traditional Indian gathering open to all people]



## How do you beat the heat?



"Slurpees!"

**Alicia Chambers**  
Tribal Member



"I don't have to beat the heat, I just hang. I love it, I wish it could be this hot all the time."

**Kali Johnson**  
Tribal Member



"Fudgesicles and the hose."

**Dan Romanelli**  
Tribal Employee



"The river. That's what we did yesterday. This guy dunked himself."

**Leo Russel and Leo Jr.**  
Tribal Members

**PAYING OUT UP TO \$7.3 MILLION**

# BINGO



**\$2,000 STARBURST  
HOT SEAT DRAWING**

FRIDAYS JULY 4, 11, 18 & 25

(3) winners drawn each 7PM session prior to halftime. Each winner will pick a "Starburst" candy to determine cash prize.

**SLOT**

**\$2,500  
KNOW YOUR GNOME  
HOT SEAT DRAWING**

SATURDAYS JULY 5, 12, 19 & 26

(1) Winner will be drawn at each session. Each winning guest will choose a "Gnome" to determine cash prize.

**SLOT**

**\$1,500 GOOD NEIGHBOR  
HOT SEAT DRAWING**

TUESDAYS JULY 1, 8, 15, 22 & 29

(2) Winners drawn at each session half time. Each winner will receive (1) \$50 Slot Play Ticket and (1) \$25 Bingo Coupon. Players to the right and left will receive (1) \$30 for \$40 Slot Play Coupon and (1) \$5 Bingo Coupon.

FOR MORE MONTHLY EVENTS VISIT [TULALIPBINGO.COM](http://TULALIPBINGO.COM)

**\$5 OFF**

11AM or 7PM Session.

One offer per guest, per week • Redeem at cashier window - Must present your Winners Club card to cashier - Not valid with any other offer. No cash value. Only original ad will be honored for special offers - no copies. Management reserves the right to cancel or amend promotion at any time.

Valid 7/23/14 - 7/29/14 SYS0714



**TULALIP  
BINGO**

2911 Quil Ceda Way, Tulalip WA 98271  
1-800-631-3313

6TH ANNUAL

# Taste OF TULALIP

**NOV 14 & 15**

**WINE, FOOD & TRADITION**

[TASTEOFTULALIP.COM](http://TASTEOFTULALIP.COM)

ON SALE NOW! [ticketmaster](http://ticketmaster)










**TULALIP  
RESORT CASINO**

RATED  BY AAA