

dx^wlilap syəcəb

(Tulalip See-Yaht-Sub)

Volume 36 No. 42

Wednesday, October 28, 2015



HALLOWEEN PARTY & COSTUME CONTEST

SATURDAY OCT 31ST

5-8PM GREG WILLIAMS COURT

Bring an already carved pumpkin for the pumpkin contest!

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Waves of tragedy

One year since the MPHS shooting



Beginning this past spring, as part of the Tulalip Tribes trauma-informed care services, children at Quil Ceda Tulalip Elementary have been learning Raindance. Raindance gathers children, teachers, and sometimes parents around a big parachute for one hour and helps them enhance social empathy, self-confidence, and self-regulation. The facilitator, in this case Christy Anana, Quil Ceda Tulalip Elementary school counselor, blends storytelling, object lessons, and repetitious movements set to music. Consistency over many weeks and months lead to the mastery of movement, which promotes self-confidence, helping them to develop coping mechanisms for daily challenges and stressors.

By Niki Cleary

Have you ever been rolled by a wave? First, it hits you. Sometimes it hurts, sometimes it's just a shock, but then you're tumbling. Completely disoriented, you have no idea which way is up, or how to get out. You can't stay where you

are, you know that. Your lungs start burning. You can hear your heart pounding in your ears. Then there's that magic moment when you find your equilibrium. You find the surface, and take that first sweet breath of air.

Last October the MPHS school shooting was a wave that

rolled us all. The problem with waves is they never come alone. Over the course of the year, waves have broken over us repeatedly. Some were small, like the time some guy cut in front of you in the line at the coffee shop. Some are very personal, the time a loved one lied to you or told

See **Tragedy**, page 3



TULALIP TV
www.tulalip.tv

Tulalip Tribes Vision

We gathered at Tulalip are one people.
We govern ourselves.
We will arrive at a time when each and every person has become most capable.
Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

dx'liilap syəcəb, the weekly newspaper of the Tulalip Tribes

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Volume 36, No. 42, October 28, 2015
Published once-a-week with special issues by the:



Communications Dept. Tulalip Tribes
6406 Marine Drive, Tulalip, WA 98271
360-716-4200; fax 360-716-0621
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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

TULALIP TV Week of Monday 11/2/15 thru Sunday 11/8/15		
Time	Show	Duration
12:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	A Blackfeet Encounter Blackfeet history and culture, traces the aftermath of the Lewis & Clark expedition's arrival and investigates the challenges and triumphs of the Blackfeet people today	1:00
1:30 AM	How to Bead - Medallions Learn how to bead rosettes using curved lines and floral shapes using running stitch beading, to make Medallions / Rosettes.	0:30
2:00 AM	Cedar Hat Weaving Explores the story of Cedarman and the process of cedar bark pulling and discusses the art and philosophy of cedar hat weaving.	0:30
2:30 AM	Native Report - 907 We learn about the rare Lac La Croix Indian Pony. We take to the night sky for a lesson in Native astronomy and see the stars through Dakota eyes.	0:30
3:00 AM	Creative Native - 404 (The Hopi) "The Good and Peaceful Ones": In this unique journey into Hopi culture, we meet local artists who shed light on the secret ways of this obscure nation	0:30
3:30 AM	NWIN 57 NorthWest Indian News #57 - included stories: Boxer Joe Hipp, Billy Frank Jr. Biography, Sacred Name Restoration, Salmon Homecoming Celebration	0:30
4:00 AM	A Blackfeet Encounter Blackfeet history and culture, traces the aftermath of the Lewis & Clark expedition's arrival and investigates the challenges and triumphs of the Blackfeet people today	1:00
5:00 AM	Cedar Hat Weaving Explores the story of Cedarman and the process of cedar bark pulling and discusses the art and philosophy of cedar hat weaving.	0:30
5:30 AM	Native Report - 907 We learn about the rare Lac La Croix Indian Pony. We take to the night sky for a lesson in Native astronomy and see the stars through Dakota eyes.	0:30
6:00 AM	Watchers of the North - Ep 3 'The NWS Patrol' - A snowmobile breakdown challenges the Gjoa Haven Rangers as they check on a radar station and an abandoned DEW line site.	0:30
6:30 AM	How to Bead - Medallions Learn how to bead rosettes using curved lines and floral shapes using running stitch beading, to make Medallions / Rosettes.	0:30
7:00 AM	Native Report - 907 We learn about the rare Lac La Croix Indian Pony. We take to the night sky for a lesson in Native astronomy and see the stars through Dakota eyes.	0:30
7:30 AM	Creative Native - 404 (The Hopi) "The Good and Peaceful Ones": In this unique journey into Hopi culture, we meet local artists who shed light on the secret ways of this obscure nation	0:30
8:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	Wapos Bay - Ep 32 "The Wapos Falcon" - Raven's incomplete art piece goes missing. Talon, T-Bear, Devon and Mushom treat it like an old mystery.	0:30
9:00 AM	Bizou - Ep 5 - The Rabbit Come sing and dance with Bizou as she takes you on a picturesque journey into the wonderful world of Rabbits, the legendary bunny.	0:30
9:30 AM	Heritage Volleyball Heritage Lady Hawks Volleyball home game played on Monday 10/26 vs Providence at Heritage High School Gym. Schedules are subject to change.	1:30
11:00 AM	A Blackfeet Encounter Blackfeet history and culture, traces the aftermath of the Lewis & Clark expedition's arrival and investigates the challenges and triumphs of the Blackfeet people today	1:00
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12:30 PM	NWIN 57 NorthWest Indian News #57 - included stories: Boxer Joe Hipp, Billy Frank Jr. Biography, Sacred Name Restoration, Salmon Homecoming Celebration	0:30
1:00 PM	Heritage Football Tulalip Heritage Hawks Boys Football Team home game played on Thursday 10/29 vs Lummi Nation at Quil Ceda Stadium in Marysville. Schedules can change.	2:00
3:00 PM	Watchers of the North - Ep 3 'The NWS Patrol' - A snowmobile breakdown challenges the Gjoa Haven Rangers as they check on a radar station and an abandoned DEW line site.	0:30
3:30 PM	Wapos Bay - Ep 32 "The Wapos Falcon" - Raven's incomplete art piece goes missing. Talon, T-Bear, Devon and Mushom treat it like an old mystery.	0:30
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This Schedule is subject to change. To see an updated schedule, go to:
<http://www.tulalip.tv.com/tulalip.tv-schedule/>

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv.com/tulalip.tv-schedule/>. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your syəcəb ?

Contact Rosie Topaum at 360.716.4298 or email rtopaum@tulaliptribes-nsn.gov

Tragedy from front page

you they hated you. Some are huge and might include domestic violence, or a death in the family. Some happened within our families and some, like the automobile accident that killed four young people in August, happened to our entire community.

Every wave has hit each of us differently. Some of us were carried closer to shore and we're almost walking on the beach normally again. Some of us were brought a step closer to drowning every time. Some of us found a life raft in the arms of our families, and some found it in addiction or dysfunction. A few of us have kept ourselves afloat by climbing onto someone else, and now we're panicking as we watch them slip below the surface.

These are just the latest series of waves to wash over our community. One of Tulalip's original tidal waves of trauma, the boarding school, scarred our community. It left a type of Post-Traumatic Stress Syndrome that was passed from generation to generation. That legacy made it more difficult for our people to cope with stressors, and when our community was rocked by the shooting, many of us were already at our limits.

What does trauma look like?

"Our people are hurting so bad," said Sherry Guzman, Tulalip's Senior Manager of Behavioral Health. "So many of our people have had so much trauma and it's still going on. A lot of people don't think of it as trauma. Maybe their father left or didn't protect them, or mom or dad drank too much or mom had many boyfriends.

"Then they get older and fall in love with this person that said they loved them. Then there's a baby and that person leaves. Then because they've never been taught to take care of a child, that child, who they do love, is taken. That is trauma, upon trauma, upon trauma. Trauma can be a boyfriend slapping you or making fun of you. One of the greatest traumas in our community is lateral violence, wanting to hurt someone else because it makes you feel bigger or better."

Gina Skinner from the Tul-

alip's Chemical Dependency Clinical Administrator pointed out a history of trauma in the clients that seek healing from addiction. The last year, she explained, has been particularly difficult.

"There is a lot of emotion in every session," Gina described. "There was a core group of kids checking in. Nobody quite knows what to do with these wounded chil-

"If I could change one thing to make us healthier, I'd say choose children over adults, every day. Protect children before you protect adults. If people did that alone, everything would change."

Leila Goldsmith, Tulalip Tribes Child Advocacy Coordinator

dren. We get referrals from the school or summer youth program. But once they get a UA (urinalysis test), they were like, 'Oh well, I don't want the job,' or, 'I don't want to go back to school.' From my perspective we need to figure out how to get them engaged into services gently with us or child services.

"It's almost easier to get them into my department [chemical dependency] because someone would rather be an addict than have mental health issues. Addiction is something you can recover from and mental health has this permanency stigma."

Gina urged both children and adults to reach out, "Every feeling is valuable, no matter if you think it's too little. If you don't feel right or need to talk, if you don't feel safe, tell someone. There is help here, come in, this is a safe place for you."

The unthinkable

Like 9/11, or those who lived through Pearl Harbor, the people affected can instantly recall where they were and what they went through when they heard about the shooting.

"I felt like I couldn't breathe," reminisced Tulalip's Child Advocacy Coordinator Leila Goldsmith. "I

know that's an anxiety attack."

Now, like many community members, Leila doesn't quite feel like she's entitled to feel traumatized.

"No matter how bad it feels to me, it's hard to give voice to it, because I didn't have the worst thing happen. None of us feel like we're allowed to feel, because someone had something worse happen, someone else lost a child. I know we need to

acknowledge that even if you were on the periphery, it was devastating. What happened was unthinkable, and then it happened. Even if you are on the edges of it, it changes your world.

"For a while it was quieter. Things kind of came to a standstill. We didn't have as much activity, I think, because everybody was just consumed with living."

Leila runs the Child Advocacy Center, a program dedicated to helping heal victims of child abuse.

"Initially I was asked to help find resources to guide us through those first months," Leila explained. At that time she reached out to colleagues on a national level to find professionals able to both provide the level of service needed in the aftermath, and provide it in a way that supports Tulalip culture, rather than trying to work around it.

"Lots of people want to come help you, but there aren't very many people you want to have around," Leila explained. "The phrase that rang in my mind is, this is the guy you want around after everyone else leaves."

The 'guy,' was actually a team: the International Trauma Center, led by Dr. Robert Macy.

"He was incredible compassionate and gentle. I felt, if he came, he'd be here to help and not further his own interests. He agreed to a trip to meet and talk with us to see if we were the right fit. When Dr. Macy first came, that was the first time someone sat down with us and said there is a predictable set of stages that the community will go through. It was so comforting for someone to say, 'I've seen this over and over and this is what you can expect.' Because when you're experiencing it, it feels like your brain is exploding, you can't even think in a straight line."

Leila explained that, while it's been a year, that guidance is still needed.

"We have some of the highest numbers we've ever had," she said. "We know stressors in families mean more child abuse and less resilience. This has taken a toll on every single person, our reserves and our ability to cope."

Her hope is that the community will continue to focus on healing and children.

"There is a safety net of professionals here who have a multitude of resources and are genuinely doing their work with heart. Sometimes, I feel like people give up on the truth, that healing is possible. Healing doesn't come through the criminal justice system, it comes other ways. We're working to offer more so that people can have that opportunity to walk towards healing. We have a long ways to go.

"If I could change one thing to make us healthier," she continued. "I'd say choose children over adults, every day. Protect children before you protect adults. If people did that alone, everything would change."

Healing takes a village

The International Trauma Center describes traumatic experiences as "dehumanizing, shocking or terrifying, singular or multiple compounding events over time and often include betrayal of a trusted person or institution and a loss of safety. Trauma can result from experiences of violence. Trauma includes

Continued on next page

physical, sexual and institutional abuse, neglect, intergenerational trauma, and disasters that induce powerlessness, fear, recurrent hopelessness, and a constant state of alert. Trauma impacts one's spirituality and relationships with self, others, communities and environment, often resulting in recurring feelings of shame, guilt, rage, isolation and disconnection."

The bright light in all this is that people can heal from trauma. A trauma or even multiple traumas doesn't doom a person to a life of addiction, health issues and intergenerational violence. Which is why Tulalip has instituted a Trauma Informed Care model of services.

Tulalip Recovery Manager, Rochelle Lubbers described the model, "Trauma Informed Care (TIC) is a powerful way to help our tribal members manage and sustain important relationships in our personal and work lives by engaging in compassion, vision, social justice while at the same time decreasing the use of violence and aggression to negotiate those relationships.

"There are many ways Trauma Informed Care will be implemented throughout our community," she continued. "One piece will be to educate the community and workforce about the impact of psychological trauma. Through the identification, assessment and treatment of trauma in individuals, families and community members we can significantly decrease the long term negative effects of violence exposure among our tribal members."

The goal, she explained, is to create resiliency to all trauma, not just cope with the aftermath

of the MPHS shooting. "We know we will continue to experience trauma in years to come and the Trauma Informed Approach gives us long-term effective tools to reduce violence in our community and to engage in consistent resilient behaviors for our children, partners and elders."

Tulalip is not alone in this effort, Rochelle pointed out.

"Unity' was not only a message developed after Tulalip and Marysville experienced community violence, but it was an effort between all respective parties to communicate and heal together. Last November a recovery committee was formed and was very inclusive to the greater community; it includes the Tribe, City of Marysville and the School District as well as partnering agencies such as Victim Support Services and Volunteers of America Crisis Care in addition to many faith based communities and non-profit agencies.

"This group has produced many tangible community resources and events such as an inter-faith service, a multi-disciplinary trauma response team, a series of evidence based suicide prevention programs, an integrated community based resource website, multiple trauma informed care trainings and credentialing seminars, and, at the one year marker, a 'Walk of Strength'."

As we experience new waves of tragedy and the ripple effects of trauma, we don't have to be at the mercy of the waves. The resources are available to teach us to swim through them.

"There can be long and short term effects to not dealing with trauma," said Rochelle, "and

the impact is different from person to person. The important thing is to be aware of change in behavior of your loved ones and seek help when you are worried. Watch for signs of isolation, anxiety/worry, increased risky behavior, and changes in sleep, amongst others. The Volunteers of America crisis line is a great resource for anonymous emotional support and can be accessed by phone or online chatting: 1-800-584-3578.

"In addition, Tulalip's mental wellness teams have been receiving additional training in trauma processing and are always here to offer our community support. You can reach the adult program at 360-716-4400 and the children's program at 360-716-3284. Please know that most of us cannot process this tragedy on our own and it is okay to get the help you need from a professional."

Additional Resources

- MTUnited.org
- Chemical Dependency Crisis 24 hour Line 425-754-2535
- Care Crisis Line 24 hours 800-584-3578
- National Suicide Prevention Line: 1-800-273-TALK (8255)
- www.suicidepreventionlifeline.org
- Crisis TEXT Line: Text "Listen" to 741-741
- 24 Hour Crisis Line: 1-866-427-4747
- TEENLINK: 1-866-833-6546
- 866teenlink.org



Native Peoples' Concepts of Health and Illness

By Micheal Rios

There was a new and very exciting exhibition recently on display at the University of Washington for a limited time, from October 6 – 27, in the Health Sciences Library. Brought to the public by the National Library of Medicine and the National Institutes of Health, the exhibition was titled Native Voices: Native Peoples' Concepts of Health and Illness.

Due to the limited exhibition time and distance to the UW campus, we here at the See-Yaht-Sub have decided to bring the exhibition to

you by way of a series. Over the next several issues we will explore the interconnectedness of wellness, illness, and cultural life for Native Americans, Alaska Natives, and Native Hawaiians.

Readers will discover how Native concepts of health and illness are closely tied to the concepts of community, spirit, and the land.

For now, a brief introduction of the series to come:

You will learn what Native Voices are saying about the responsibilities of individuals and the interconnectedness of communities, of reverence for Nature, tradition, and the Great Spirit. You will also learn about the challenges and opportunities of balancing traditional

healing practices with Western medicine.

Native Voices examines concepts of health and medicine among contemporary Native American, Alaskan Native, and Native Hawaiian people. The traveling exhibition, produced by the National Library of Medicine, features interviews and works from Native people living on reservations, in tribal villages, and in cities. Topics include: Native views of land, food, community, Earth/nature, and spirituality as they relate to Native Health. In addition to the relationship between traditional healing and Western medicine in Native communities; economic and cultural issues that affect the health

of Native communities; and efforts by Native communities to improve health conditions.

As we well know, Native concepts of health and illness have sustained diverse peoples since our ancestral times. This traveling exhibition that was displayed at the UW was used a learning tool for up and coming medical school students as a way to showcase how revival and pride in Native ideas among a new generation of medical practitioners can help sustain them in the twenty-first century.

Next week in Native Voices, we will explore Nature: a source of strength and healing.



~Healing The Spirit~

*A Drop in Community Support Group for
Domestic Violence, Sexual Assault &
Trauma Survivors*

**Weekly on Tuesday's
5:00 PM - 6:30 PM**

**Location: Mission Highlands Community Bldg.
8226 21st Avenue NW, Tulalip, WA 98271**

~Food Snacks & Refreshments will be provided~

Questions please contact:

**Women's Therapist, Karen Kosik,
Multi-Abuse Trauma Advocate ~ Specialist, Karen Foley or
STOP Violence Ed. Coordinator ~Grant Specialist,
Roxanne Chinook
@ (360) 716-4100**

Tulalip in History November 2015

Compiled by Jean Henrikson, Communications Dept. Librarian

75 years ago – 1940

“Venture club members have asked their ‘bosses’ to dinner Wednesday evening in Dolly Madison dining room. An Indian theme will be carried with Mrs. Harriette Shelton Williams...and her 12-year-old son Squil-quil-ton providing the entertainments. Mrs. Williams will give a talk on Indian customs and also a farewell dance and her son will show the Snohomish tribal challenging dance and the knife dance.” “Calling All Bosses.” *Seattle Times* 4 November 1940: 10.

“Ruth Sehome Shelton (Siastenu), widow of the well-known Snohomish leader William Shelton, visited the offices of the Seattle Post-Intelligencer on November 16, 1940. She brought warnings of a log and hard winter, and she spent some time speaking Chinook jargon with the newspaper’s marine editor, Ed Dalby...” “Klonas mika wasa Chinook?” and chief’s widow knows the answers.” *Seattle Post-Intelligencer* 17 November 1940: 24.

“The annual 4-H Club Achievement Day was celebrated at the Congregational church in Arlington, Saturday, November 16, with a banquet. One hundred and sixty club members and leaders from all parts of the county were present. Awards and presentations were given following a short program. Gold leader’s pins were presented to the following fourteen leaders...Mrs. Ella Stubbs, Tulalip...” “Marysville Women Awarded Gold Leaders’ Pins At Annual 4-H Day Banquet.” *Marysville Globe*, 21 November 1940: (1).

50 years ago – 1965

“The trial of seven Indians accused of obstructing a law officer in last month’s Nisqually River fishing brawl has been postponed. ...The charges were filed against Donald and Janet (Renecker) McCloud, Alvin and Theresa Bridges, Suzan Satiacum, Donald George Jr., and Nugent Kautz. All pleaded innocent.’ “Indians’ Trial Is Postponed.” *Everett Herald*, 17 November 1965: 2C.

“Approximately 175 friends and relatives called on Mrs. Sarah Sheldon Sunday afternoon, honoring the 90 year old pioneer Indian lady from the Tulalip Reservation who recently moved into a new house. The slight little woman had lived in her ‘old’ house next door for 75 years, raising her children there, and dedicating her life to hard work. Mrs. Sheldon greeted many friends Sunday, talking of old times and happenings. One room of her house holds pioneer pictures of logging on the Reservation, pictures of her children and grandchildren, recently knitted wool sox and mittens, and her hand woven baskets. ...She furnishes her finished products of sox, mitts and toques’ to Seattle and Portland retail outlets. This is her only means of livelihood. ...Sarah Sheldon was born in Snohomish and is a niece of the famed Pilchuck Julie. Her education was limited to a short time spent at the old Mission School at Tulalip. ...She married John Williams and had five children ... Mr. Williams died in 1902, and in 1904 she married Wm. Robert Sheldon and had seven other children. ...Mrs. Sarah Sheldon has had a busy life in 90 years, and appears destined to see and tell more in her active life ahead. Knitting booties for her grandchildren and great-grandchildren would almost seem a fulltime job. They number 52 grandchildren and 64 greatgrandchildren.” “Mrs. Sarah Sheldon, 90, honored with open house in new home.” *Marysville Globe*, 18 November 1965: 17.

“Three Indians netted nine fish in a protest fish-in off Frank’s Landing on the Nisqually River. ...A crowd of about 45 men, women and children, not all of them Indians,

watched the trio. The three – Alvin Bridges, Donald Matheson and Janet (Renecker) McCloud stayed on the water for about 10 minutes. They used a dugout canoe in hauling in the fish net. ...Thor Tollefson, state director of fisheries, said fish and game protectors were instructed not to make arrests but merely to observe. “Three Indians Net Nine River Fish.” *Everett Herald*, 24 November 1965: 1A.

“Henry Gobin, 24 of Marysville, a Snohomish Indian of the Tulalip Reservation, is one of three young Western Washington Indians whose works are featured in a special art exhibit currently at the Riverside Museum in New York City. Gobin, whose specialties are ceramics and painting, has had selected for the exhibit three of his paintings and three color monoprints. ...Directors of the Riverside Museum selected for the exhibit 95 paintings and prints, and 19 sculptures, by 53 students of

the Institute of American Indian Arts, Santa Fe, New Mexico. “Marysville Artist’s Work In New York Show.” *Everett Herald*, 30 November 1965: 8A.


25 years ago – 1990

“With good cards showing and an ace in the hole, Tulalip Indian officials continue to play a hand that should soon lead to casino style gambling on the reservation... In recent weeks, tribal negotiators have met with the state gambling commission officials to work out terms for their planned casino, which is likely to include Reno-style games such as craps, roulette and blackjack. The Tulalips came well prepared, gambling commission administrative project coordinator Sharon Tolton said. ‘We have an excellent meeting, a good dialogue,’ she said. ‘They’ve done a good marketing study, and they

New Beginnings

Community Support for Pregnancy, Birth, Postpartum, & Beyond

- Pregnant women
- Dads and families
- Dinner will be served
- New moms (even if it’s not your first!)
- Childcare provided (Must RSVP to receive childcare)
- Community members interested in pregnancy, birth, & postpartum support




Join us at the Betty J Taylor Early Learning Academy
on Wednesday, November 4th at 5pm
for dinner and a thoughtful discussion about how we can
support our pregnant women in bringing up
healthy children.

- ☞ Dinner provided by the Betty J Taylor Early Learning Academy.
- ☞ Breastfed babies in arms not required to register for childcare

RSVP for childcare before Monday, November 2nd at 4:30pm:

- ☞ Michelle Cooper (Early Head Start)
mcooper@tulaliptribes-nsn.gov or 716-4260 OR
- ☞ Erika Queen (Tulalip Health Clinic WIC)



appear to have a through plan.” Gorman, Scott. “Tulalip’s casino-style gambling in the cards.” *The Herald (Everett)*, 1 November 1990: 1B

“Students help redecorate the gym at Tulalip Elementary School. Angela Carlson works on the Indian Orca design in the large wall mural in the gym. The Indian design was patterned after a design on a tunic made in 1850.” *Marysville Globe*, 7 November 1990: 7.

“We have had a number of meetings with the Boeing Company which leases 1,100 acres in the Boeing test site area. They want to purchase 300 acres in the Boeing test site area where they would create manufacturing facilities for the construction of interiors for planes – this would create approximately 1,500 jobs. The money received from the sale of the land would assist the Tribes to start the business park and create employment by developing utilities and road access. ...The money could also be used to purchase other lands on the reservation for development of housing sites for tribal members.” “Chairman’s Report.” *See-Yaht-Sub*, 8 November 1990: (2)

“We have started to negotiate with the state to start tribal casino gaming, we hope to settle this within 6 months. Recently we met with Tony Hope of the Department of Interior Gaming Commission and gave him some information about how we manage our bingo facility and that we can manage our casino without heavy federal or state regulation.” “Chairman’s Report.” *See-Yaht-Sub*,

8 November 1990: (2).

“Tulalip Tribes and Family Services is pleased to announce new services for Veterans and their families here at Tulalip. The Washington State Department of Veteran’s Affairs is providing funding to establish outreach and counseling services to Veterans of all wars and Veterans with military service, including WWII, Korea, and the Vietnam Era (1964-1975). ...Historically these services have not reached or been designed for Native American Veterans, who have been underserved or not been served at all! This program is being designed by and for our Veterans--Here is the opportunity for Veterans and concerned others, to come together to share our experiences and feelings, and discuss issues which affect our community, and then begin to heal old wounds.” “Veteran’s Services.” *See-Yaht-Sub*, 8 November 1990: (10).

“Washington state is a model of how Indian and non-Indian governments can cooperate to avoid jurisdictional problems, says a team of state and tribal court officials working on a national judicial project. ...In the latest example of cooperation, two dozen representatives of state and local governments, Indian tribes and others concerned about the state’s water supply spent the weekend working out an agreement in principle that could cut litigation. The Chelan Agreement, completed Saturday, sets up a framework in which all affected groups would have a say in local water-use decisions. ‘We’re...all sitting at the table as equals; it’s a big step,’ said Terry Williams, a member

of the Northwest Indian Fisheries Commission and a representative of the Tulalip tribe. The agreement, which still has to be fine-tuned for final approval, calls for water-use decisions to be made on geographic rather than political boundaries...” “State’s cooperation with tribes praised.” *The Herald (Everett)*, 12 November 1990: 6B.

“‘Tulalip Tribes & Administration for Native Americans,’ a video production of the Tulalip Tribes, was featured in the Fifteenth Annual American Indian Film Festival and Video Exposition in San Francisco Nov. 18. The video documents the successful projects completed by Tulalip Tribes with planning and development grant funds from the Administration for Native Americans. The Tulalip Tribes receive \$250,000 a year in a grant from the ANA. The video was finished in January 1990, and features coverage of the hatchery and management of salmon, Tulalip’s logging operation, Bingo, residential leasing, marina, and social services programs. The tape also gives an overview of the Tribe’s I-5 business park and new freeway interchange plans.” “Tulalip video featured in San Francisco festival.” *Marysville Globe*, 21 November 1990: 2.

“The Tomahawk girls basketball team is prepared to make a major mark in the Western Conference AAA this year. The girls went 6-15 last year but began the season at 6-4. The team went through an 11 game losing streak with some extremely close games. Marysville will return two starts in team Co-Captains Rondi

Nelson and Zoe Krumm. Coach Mike Giusti described the Captains as quality, team leaders. ...Giusti had comments on the rest of the team... ‘Jackie Williams is a(n) element that we haven’t had in the past.’ said Giusti. ‘She is real quick, and has the tendency to make things happen. Jackie is a real streaky shooter, but is hot when she is on.’” “Tomahawk Girls look tough.” *Marysville Globe*, 21 November 1990: 8.

“The Marysville High School Wrestling team has a deep roster at many weights. Here is a look at the top of the M-P roster going into the season. ...At 178 there are two tough Sophomores in varsity Martin Napeahi and Mike Leckenby. ... Robert Poole leads what may be the toughest Heavyweight group out of Marysville in some time. Joe Zackuse and Rob Ellingson round out the group. Coach Rick Iversen says this about the roster. ‘You don’t want to be late for any matches, because Soukxay at 101 Lbs. is going to be phenomenal...You also don’t want to leave early, because we have a double and possible even triple threat at heavyweight. We think we have the most exciting heavyweight group in the area this year. Robert Poole at 240 lbs. wrestles like a light weight... Joe Zackuse weighs 275 lbs, and he is strong, so most tea(m)s won’t want to see our second athlete step out either. The third boy is Rob Ellingson, and he would be our varsity wrestler in most years...’” “Marysville wrestlers look tough for Season Opener.” *Marysville Globe*, 28 November 1990: 11.

Notice of Application and Public Hearing

File Name: Conditional Use Permit Application for one freestanding sign with a height of 35 feet for the Roy Robinson Subaru car dealership.

File Number: CU 2015-001.

Project Description: The proposal is to relocate the existing 25.9 foot Subaru freestanding sign from the Roy Robinson Chevrolet lot located at

6616 35th Ave NE and erect it at the new Roy Robinson Subaru lot while also extending its height to 35 feet. Tulalip Tribal Codes require a conditional use permit approval for freestanding signs exceeding the 16 foot height limitation.

Project Location: Roy Robinson Subaru, 6001 33RD AVE NE, Tulalip, WA 98271

Public Hearing: The Tulalip Tribes Planning Commission hearing will be held on **Wednesday, November 4, 2015 at 6:00 P.M.** at the Tulalip Administration Building, Room 263, 6406 Marine Drive NW, Tulalip, WA 98271.

Comment Period: Written comments will be presented at public hearing if received by **4:00P.M. Wednesday, November 4, 2015**. Verbal comments are welcome at the public hearing.

Contact Person: Orlando Raez, Associate Planner II, Tel. (360) 716-4219; email: oraez@tulaliptribes-nsn.gov, The Tulalip Tribes, Community Development Department, 6406 Marine Drive NW, Tulalip, WA 98271-9694.

Tribes Helping Tribes



Amy Walette and Jennifer Cordova-James met with a group of volunteers in Spokane, Washington.

Article by Kim Kalliber; photos by Kim Kalliber, and courtesy of Katie Jones and Jennifer-Cordova-James

The Pine Ridge Reservation in South Dakota is the second largest Native American reservation in the United States, and also one of the poorest. The unemployment rate hovers around 85-90 percent.

According to remember.org, “Tribal Government records show 38,000 enrolled members living on Pine Ridge Reservation. The poverty on Pine Ridge can be described in no other terms than third world. It is common to find homes overcrowded, as those with homes take in whoever needs a roof over their heads. Many homes are without running water, and without sewer.”

Winters in South Dakota can be brutal, with temperatures dropping below zero. Without a source of heat and proper clothing, many people, especially elders and children, are at risk.

Perhaps most unfortunate is the suicide rate.

The teenage suicide is 150 percent higher than the national average. Life expectancy for men is only 48 years old and for women it is only 52 years.

It was a discussion by two Northwest Indian College students about suicide that sparked an idea, an idea that became a movement.

Amy Walette and Jennifer Cordova-James decided to take action in offering aid to residents of Pine Ridge. With the help of Northwest Indian College Tulalip Site Manager Jessica Reyes and Assistant Manager Katie Jones, a plan was formed, including a donation



Katie Jones and Jennifer Cordova-James among hundreds of donation items gathered for Pine Ridge Reservation residents.

drive and transportation to South Dakota. Referred to as the ‘Tribes Helping Tribes’ movement, this small group of determined folks gathered dozens of bags and boxes of much-needed donation items in less than a week.

Walette, who has family in South Dakota, said, “I wanted to make a difference and I felt this was my calling.”

Donations included blankets, clothing, food, diapers and toys.

On Friday, October 16, the two students drove the items to Spokane, Washington, where volunteer, Gail Lesperance, who then continued the journey to Pine Ridge, met them. Another lady, Robin Hamm traveled with a U-Haul full of donations from Denver, Colorado and arrived in Pine Ridge on Monday, October

19.

“The stories and ideas we have been exchanging back and forth are phenomenal. It all started with just a few boxes. And now they are taking U-Haul’s to the Pine Ridge Reservation,” said Cordova-James at the meeting in Spokane. “These humble women opened their homes to us. The Pine Ridge community will be doing a give-away and honor suicide victims and families. This is mind-blowing! Thank you to all for being a part of this ‘Tribes Helping Tribes’ movement.”

The group has plans to make this an annual donation event. There is also a GoFundMe page devoted to raising money to help the volunteers travel to and from South Dakota to deliver donations. Please visit gofundme.com and search for “Finances For

Amy, Jennifer, Katie and Jessica wish to thank the following:

Thank you for your support and donations

Gail Lesperance
Shasta Cano-Martin
Robin Hamm & Family
Leslie Walette
Annie & Tony L’amere
Antique Jinkies Spokane Store-Casey
Kiefer Hoover
Northwest Indian College (Tulalip Site)
Amy Walette & Brookelynn Stich
Maddy Krygier
Jess Reyes
Chrissy & Abel ‘Paco’ James
Katie Lancaster-Jones
Saundra Yung-Wagner
Jennifer Cordova-James & Venelin Barbov
Kyle & Levi Collum
Louie Pablo
Tulalip First Nations Snowboarding Team
Vicki Hill
Leaha & Richard Brisbois
Sunny Na’ta’ne ‘Tawnie’ Miles
Bercier Family
Lesley Dinsmore Miles
Teen Challenge Recovery Center
Deborah Parker
Mike the Neighbor (Church of

Body of Christ)
Willa Mclean
Lynda Jensen
Annie & Alan Enick
Oceanna Isabella Alday
Ashley Tiedman
Jane Cameron
Melissa ‘Missy’ Bumgarner
Amanda Lynn
Marlita Baldeagle
Ernest & Lola Walette (Elders)
Vashti Candace Williams
Yvette Jealous
Desiree Lesperance
Lynn Hawthorne

Thank you to all the communities around the states that participated and contributed

Spokane
Lummi Nation
Tulalip Tribes
Blaine & Bellingham
Marysville
Denver, Colorado
Turtle Mountain
Coeur’alene, Idaho
Arizona
California

And Jennifer, Katie and Jessica give special thanks to Amy Walette. We raise our hands up to you, for your good heart and soul, thank you

Tulalip Lady Hawks outmatched by Grace Academy, lose 0-3

Articles and photos by Micheal Rios

The (3-6) Tulalip Lady Hawks volleyball team traveled to Grace Academy on Friday, October 16, to face the (6-2) Eagles. It was the third straight road game for Tulalip and second time this season they'd play the Eagles. Their first match was played in Tulalip and was a 0-3 defeat for the Hawks.

In the 1st game of the match, the Lady Hawks were unable to match the intensity of the Eagles and lost a very quickly played game 13-25. In the 2nd game, the Lady Hawks upped their play and matched the Eagles point for point early-on. With an 8-8 tie game, the Eagles started to pull-away and went on to win the game 19-25.

It was in the 3rd game where the team from Tulalip displayed the competitive spirit we are accustomed to seeing. They came out firing on all cylinders, taking a 5-1 lead, extending it to 8-2, and then making it 14-5; forcing Grace Academy to take the first timeout of the match. Tulalip was playing as a team and doing a commendable job of hustling to earn every one of their points. Following the timeout, Tulalip continued to dig in and maintain their lead. They were leading 23-16, only needed to score 2 point more to win

and force a 4th game. However, Grace Academy wouldn't make it that easy and they called another timeout to adjust their serving game strategy.

Following another timeout, Grace Academy scored 5 straight points, 3 of them were on aces, to close the Tulalip lead to 23-21. The Lady Hawks called a timeout of their own to calm their nerves and make a couple substitutions. The Eagles scored 2 more points to tie the game at 23-23. The tension was in the air with both teams really wanting to win this game. Both team refused to give in and they matched each other point for point to a 25-25 standstill. Normally the winner is the first to 25 points, but you have to win by 2, so this was basically like an overtime. First to claim a 2 point lead would win the game. The next two points scored by each team was very quickly countered by their opponent, keeping the game tied at 27-27. The Lady Hawks were running, diving, and hit the floor on numerous occasions to salvage every point, but unfortunately it just wasn't enough on this night. They gave up another ace to the Eagles, followed by an unforced error that resulted in a 27-29 loss and a 0-3 match defeat.



Lady Hawks snap losing streak with 3-1 win over Orcas Christian

On Tuesday, October 20, the (3-7) Tulalip Heritage Lady Hawks hosted the (2-8) Orcas Christian Saints. Back in late September the Lady Hawks defeated the Saints 3-0 and were looking to snap their 3-game losing streak with another victory over the Saints.

Tulalip started out very sluggishly in the 1st game, trailing 13-14 to a team they could have easily been blowing out. Coach Tina Brown called a timeout to chat with her team.

"We aren't communicating. You girls have to play hard. This shouldn't be a close game.

Communicate, move your feet, stop second guessing and play like I know you can. Let's go and finish this game strong," Coach Tina told her team.

The Lady Hawks responded by going on a 12-1 run that won them the opening game, 25-15. Highlighted by five straight aces served up by Adiya Jones, the Lady Hawks looked prime to finish this match off quickly.

Orcas Christian had other ideas though. The Lady Hawks started the 2nd game by going up 4-1 before the Saints countered with 8-1 run of their own. Now



Continued on next page

trailing 5-9, the Lady Hawks appeared to shut off their intensity switch. They completely stopped communicating, resulting in easy aces for the Saints and multiple times where players ran into each other because no one was calling for the ball. Down 6-14, Coach Tina again called for a timeout to try and rally her team. Her team didn't respond like they did in the 1st game and wound up losing the 2nd game 19-25.

Before the start of the 3rd game, Coach Tina pleaded with her team to find the energy and intensity that had disappeared from her players. "Trust, communication, the setter gets the 2nd hit. You all know the game plan but aren't doing it. It's all about communication. You have to get rid of the attitudes and negativity. We're killing ourselves with the

negativity." Coach's sentiments were echoed by players Mikaylee Pablo and Jaylin Rivera, who both tried to pump up their team and get everyone's head up.

It took everyone's effort to get the Lady Hawks back into the game, it may have taken some talking to, but it worked. In the 3rd game, the Lady Hawks jumped out to a 15-5 lead. Most importantly, the girls looked like they were having fun again. They were talking it up and running for the ball. For their efforts they won the 3rd game 25-12.

Their solid play continued in the 4th game, and really the game was only semi-close because of the 6 points the Lady Hawks gave away on bad serves. They won the game 25-20 and claimed match victory 3-1.



Tribal Resources, Inc. (TRI) was established to provide a better understanding of Medical and Medicare related insurance to Native Americans and Alaskan Natives. Our primary objective is to help tribal members understand their medical insurance choices and simplify the enrollment process.

Tribal Resources is contracted with most health insurance plans in Washington State, which allows us to present individual proper insurance coverage options. TRI offers Major Medical, Medicare Advantage, Medicare Supplemental, Part D drug plans. TRI's focus is assessing the needs of tribal members and what is most important to them and help determine which options are the appropriate fit and introduce plan options that best meet their needs.

Education is key to making the right plan choice which is why we make education a priority, as we believe it is crucial that all Native Americans feel confident in their insurance decisions.

Please call for assistance or to schedule a meeting:

Rose Iukes 425.244.9773 or 360.363.4457

Jerry Lyons 206.999.0317

Or email tribalresources@gmail.com

2015 ANNUAL NATIVE BAZAAR

**November 21-22 December 5-6
9:00am - 4:00pm**

**Don Hatch Jr. Youth Center, 6700 Totem Beach Rd
(Next to old gym) I-5 exit 199 follow signs**

**Native Art
Drums
Beaded Jewelry
Carvings
Native Prints
Cedar Baskets
Clothing**

**Help Support the Tulalip Lions Club;
Indian Tacos, Fry Bread available.**

**Vendors information:
Tammy Taylor (425) 501-4141
No fee for Tribal members
Vendor set up 8am - 9am**



Aiden Leonard Haskett

It's a boy! Aiden Leonard Haskett was born on September 6th, 2015 to Shoshanna Lancaster-Jones and Cameron Haskett. He weighed 7 pounds 11 ounces and was 20 inches long. Grandparents are Kirk & Bonnie Lancaster-Jones, Joe & Suzi Haskett. Great-grandparents are Lawrence Jones, Edda Jones, and Patricia Lancaster.

Submitted by Erika Queen, WIC Nutrition Program, Karen I Fryberg Tulalip Health Clinic



William Kendrick Gogo



It's a boy! William Kendrick Gogo was born September 27th, 2015 to Heather Mclean & Justin Gogo. He weighed 7 pounds 2 ounces and was 19 inches long. Grandparents are William "Billy" & Sharleen Fryberg.

Submitted by Erika Queen, WIC Nutrition Program, Karen I Fryberg Tulalip Health Clinic

Tulalip Tribal Court Notices

TUL-CV-YG-2015-0357. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA. In re M.T.T. TO: Shane Taylor and Tonya Winegar: YOU ARE HEREBY NOTIFIED that on August 27, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding M.T.T. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on November 3, 2015 at 11:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 23, 2015

Tulalip Tribal Court Notices

TUL-CV-AD-2015-0095, 0096, 0097, 0098, 0099 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA In re Welfare of: I.A.G., D.O.B. 03/19/1999; O.R.C.G., D.O.B. 05/25/2001; R.G.C.G., D.O.B. 11/10/2002; S.A.C.G., D.O.B. 11/16/2004, Y.E.G., D.O.B. 08/20/2009 To: John Doe: YOU ARE HEREBY NOTIFIED that on September 1, 2015 a Petition for Termination of Parental Rights was filed in the above-entitled Court pursuant to Tulalip Tribal Code Chapter 4.05 regarding I.A.G., O.R.C.G., R.G.C.G., S.A.C.G., and Y.E.G. You are hereby summoned to appear and defend the above-entitled action in the above-entitled court and answer on November 10, 2015 at 2:30pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 30, 2015.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-1999-0294 Summons by Publication THE TULALIP TRIBES, Petitioner vs. AVEL MEDINA, JR., Responden. TO: Avel Medina, Jr. YOU ARE HEREBY NOTIFIED that a Revocation Hearing regarding your exclusion deferral has been scheduled to be held on November 18, 2015 at 9:00 a.m. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on November 18, 2015 at 9:00 a.m. in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Saza Osawa Office of the Reservation Attorney 6406 Marine Drive, Tulalip WA 98271 360-716-4530 ph, 360-716-0634 fax

TUL-CV-GU-2014-0236. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA. In re T.L.E.K.W. TO: Tah-Sheena S. J. Williams and Kanum C. Cultee Sr.: YOU ARE HEREBY NOTIFIED that on June 20, 2014 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding T.L.E.K.W. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on December 2, 2015 at 1:30 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 14, 2015.

TUL-CV-CU-2014-0142. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. To: Walter Moses, Petitioner; TO: Jessica Rosen, Respondent: YOU ARE HEREBY NOTIFIED that on August 26, 2015 a Modification of Parenting Plan was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend the above-entitled action in the above-entitled court and answer the Complaint or respond to the Motion in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271 within sixty (60) days from the date of first publication of this notice. NOTICE: You have important legal rights and you must take steps to protect your interests and program fees may be assessed against you. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 21, 2015.

SERVICE OF NOTICE BY PUBLICATION IN THE TULALIP TRIBAL COURT TULALIP, WA TUL-CV-PO-2014-0353. Kathleen Jones, Petitioner vs. Micah James Bordeaux, Respondent. To: Micah James Bordeaux, YOU ARE HEREBY NOTIFIED that on September 31, 2015 a Petition or Motion to Renew Order of Protection was filed in the Tulalip Tribal Court pursuant to Tulalip Tribal Code Chapter 4.05 (Guardianship) or 4.20 (Dissolution, Custody, or Parenting Plan) regarding the above child(ren). You are hereby summoned to appear and defend the above-entitled action in the above-entitled court and answer on 12/7/2015 at 9:00 a.m. in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT MAY BE RENDERED AGAINST YOU. Date first published: October 21, 2015. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your written response, if any, may be served on time.

TUL-CV-YI-2015-0307 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of A.L.K.W. TO: Joseph Tom Sr.: YOU ARE HEREBY NOTIFIED that a Petition for Youth in Need of Care was filed in the above-entitled Court pursuant TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled actions at a hearing on December 15, 2015 at 10:00 am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 21, 2015

TUL-CV-PO-2015-0369. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. TO: Robert Paul Myers: YOU ARE HEREBY NOTIFIED that on September 21, 2015 a Reissuance of Temporary Order for Protection was filed in the above-entitled Court pursuant to TTC 4.20. You are hereby summoned to appear and defend the above-entitled action in the above-entitled court and answer on November 16, 2015 at 1:30 p.m. in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests and program fees may be assessed against you. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 21, 2015.



Be prepared for anything.

Health & Safety **F****A****I****R**

Get prepared for emergencies with educational fun for the whole family!

Friday, November 13
from 2:30 to 7:00 PM

Tulalip Boys & Girls Club
7707 36th Dr. NW
Tulalip, WA 98271

Red Cross Pillowcase Project

Kids grades 3+ will receive a pillowcase to build their own personal emergency supplies kit

Additional events include:

- Grades 5+ can learn CPR
- Tulalip Health Clinic will be on hand for family screenings
- “Touch a Truck” with the Tulalip Fire Department, Police and Red Cross. Additional demonstrations with Snohomish County Search & Rescue.
- Pizza dinner and a family Safety Dance, as well as mascots and photo opportunities!



Event sponsors:



American Red Cross
Serving Snohomish County