

Airbender at work:

Kendra Miller coaches BYU Ultimate to Top 12 ranking

See **Ultimate**, page 4

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A Day to remember

By Kalvin Valdillez

Tulalip is the proud home of countless courageous service men and women, from as far back as the first world war to this very day. Throughout the generations, hundreds of tribal members answered the call to duty, endured rigorous training, and bravely fought to defend our nation and our freedoms.



See Memorial Day, page 3

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syacab, the weekly newspaper of the Tulalip Tribes

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In memoriam: Frank F. Madison, 1923-2002 Sherrill Guydelkon, 1945-2008

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Note: Updates and revisions done to the mailing list happen quarterly. The list is updated February, May, August and November of each year. You an contact Kalvin Valdillez at kvaldillez@tulaliptribes-nsn. gov for specific issues of the paper.



Memorial Day from front page









Each Memorial Day, the families of those Tulalip soldiers and veterans who have passed on collectively join together to pay tribute to their loved ones. Keeping with the yearly tradition, the Tribe once again held two beautiful Memorial Day ceremonies on the morning of May 27, at the Priest Point and Mission Beach cemeteries.

Vietnam Veteran, Mel Sheldon, returned as this year's Master of Ceremony and helped uplift the spirits of the community by providing some good-natured humor throughout the two services. He also took some time to reflect on the lives of his fellow brothers-in-arms who died in combat.

Said Mel, "When we think about today, what it really means – we remember so we don't forget, as te-at-mus (Raymond Moses) said. I think about my flight school classmate, John Sparks, he was from Idaho. We both had high hopes of becoming pilots when we got to Vietnam. We end up going our own way, I ended up flying scouts, he ended up flying Charlie model gunships. And in one battle, his ship was shot down and his body was never recovered. To this day, my brother is still over there.

And I think about him, and I think about the other fellas in our unit that we lost when we were flying into Cambodia. It was a lot of action that we saw, and it had its causalities. Today, I am thankful for them for stepping up to the plate, going out on missions where they didn't know if they would live past noon, but they went out and did their best. And it's important we remember those men and women who have given their sacrifice."

As this Nation's original caretakers, defending this land may have a more significant meaning to tribal members across the country. It may be the reason why there are approximately 31,000 active Native American men and women serving today, and why there's over 140,000 living veterans who are of Indigenous descent, according to the Department of Defense.

At Tulalip, mini flags were placed along the gravesides of nearly 300 Tribal members, all of whom served and paid the ultimate sacrifice for their country, as well as for those veterans who made it back home but are no longer with us today. Each of their names were read aloud, and families listened intently and waited patiently to hear the names of their fallen

heroes as Tulalip veterans Cy Hatch III and Sara Andres performed roll call.

At the Mission Beach Service, Chairwoman, Teri Gobi, shared a little bit about her father, Stan Jones, who was a Marines Veteran, "I want to thank each and every one of you who are here today – a lot of people think this holiday is about taking a three-day weekend and going on vacation. We always knew of its importance when we were young because our dad used to bring us here. My dad was a very proud Marine who served in World War II. When we were young, the Marine Hymn was our family song in the car. He had so much pride in serving his people, serving his country. I'm proud of each of you who served and those who made the ultimate sacrifice for our country. And I thank each and every one of you for being here and honoring our vets."

Two tribal veterans, Mara Hill and Dean Ledford, shared their personal experi-

ences of time spent in the military, while also taking the time to honor their friends and family members who didn't make it back to their homelands. Guest speaker and Vietnam veteran, Francisco Ivarra, shared the history of Memorial Day. He also spoke directly to the veterans in attendance about the importance of taking care of their mental health and dealing with PTSD. Each speaker was sure to give shoutout to the groundskeepers for their work in beautifying the cemeteries and placing the flags throughout the properties in preparation for the services.

Both ceremonies ended with a 21-gun salute in honor of those who enlisted and have since passed away. Once the ceremony at the Mission Beach cemetery concluded, the families visited the final resting places of their loved ones before they headed to the Gathering Hall to share some healing medicine together, in the form of a hot meal and good company.





Utlimate from front page



By Micheal Rios

Ultimate Frisbee, often simply called "ultimate", is experiencing a surge in popularity across college campuses nationwide. With more than 18,000 student-athletes competing on 800-plus teams, the college division is ultimate's largest demographic, according to the sport's national governing body USA Ultimate.

The popularity of college sports in America is not limited to NCAA varsity programs. Ultimate has proven that club sports can establish a rich tradition and elicit the same excitement and emotion from players, fans and alumni alike. Tulalip tribal member Kendra Miller checks all those boxes – player, fan, alumni – and one more, coach.

The 29-year-old played for Brigham Young University's ultimate team for four years as a featured player. After her head coach departed following her senior season, Kendra was approached by school officials and asked if she was interested in filling the vacated head coach position. She graciously accepted and has been leading BYU

ultimate for the past six years.

In her most recent stint patrolling the sidelines, Kendra witnessed the BYU Cougars skyrocket up the national rankings and sustain their early season success well into the postseason. The 2024 regular season lasted from early January through mid-April and resulted in a set of national rankings. BYU climbed as high as #10 in the entire country during the season and entered the Northwest Regional round of the postseason as #11, out of 800 eligible teams.

In an opportune twist of fate, the Northwest Regionals were hosted at the Skagit River Sports Complex (45-minutes north of Tulalip) in early May. This playoff tournament brought together the best of the best ultimate programs from the Northwest Region, which included the University of Washington, Oregon, University of British Columbia, and BYU.

After routing Montana by the score of 13-5 and then coming up just short to Oregon 10-13, BYU had an hour-long break before taking to the field again to face-off with U.W. During rest period, two BYU upperclassmen and team captains shared how much Kenda means to them as players and to their collegiate program.

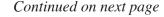
"It's been such a great experience being coached by Kendra. Something I really admire about her coaching style is she is strict and disciplined but in a way that motivates us to push ourselves to achieve the greatest things," reflected BYU senior captain Madison Robinson. "For example, at our team camp that occurred before the season, she asked each one of us what are goals we wanted to achieve this year. She didn't tell us what goals we should have or what goals she wanted for us. Instead, she listened to all of us and then worked with each player individually over the course of the season to progress towards achieving those pre-season goals we set for ourselves. That's the best part for me, I think, is because she is such

an outstanding ultimate player herself that she's capable and willing to demonstrate to us what it takes to excel on the club and pro level.

"Something else that's so amazing about Kendra is you have to realize our coaches aren't paid to understand how insane it is the hours she puts in to make sure we have every opportunity to be the best team possible," continued Madison. "For example, between practices she's watching game film and cutting us reels to show what we did well, what we could do better, and adapting game strategy for our next opponent. She puts in so many hours behind the scenes just because she cares about our team and is committed to seeing us do well."

Added junior captain Autumn Porter, "I couldn't agree more. Watching Kendra play and then being coached by her is such an inspiration. She's always pushing us to strive for reaching our full potential, which means always being open to learning new skills and never settling for anything less than 100% effort. Everything she does as a coach comes from her experience as a former BYU player and current pro. She also has the experience of playing with and against some of the best ultimate teams out there, plus she's won nationals. So, for me, as someone who dreams of playing in the pro level, it's like she's teaching us how to play, practice, and act as pros even though we're still in college. It's a really unique experience and a welcomed one for those us who feel like we're being prepared to play at the next level."

Following the two BYU captains' interviews, they reconvened with the rest of their team and got in a proper warmup before taking to the field to face-off with the purple and gold wearing Dawgs. BYU put up a valiant effort, losing by a close score of 11-13. They rebounded superbly by absolutely destroying their day's final opponent, Oregon State, by a whopping margin of 13-3.









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	D-I WOMEN'S				
* Automatic Bid * Wildcard Bid					
RANK	TEAM	RECORD	RATING	REGION	CHANG
* 1	British Columbia	16 – 1	2541	NW	-
* 2	Vermont	19 – 1	2436	NE	-
* 3	Carleton College	15 – 4	2355	NC	-
* 4	North Carolina	22 – 3	2269	AC	-
* 5	Oregon	18 – 2	2254	NW	_
* 6	Stanford	14 – 6	2207	sw	-
* 7	Tufts	18 – 3	2164	NE	-
* 8	Colorado	14 – 6	2105	sc	-
* 9	California-Santa Barbara	16 – 7	2070	sw	-
* 10	Washington	13 – 7	1998	NW	-
* 11	Brigham Young	7-5	1967	NW	-
* 12	Michigan	14 – 6	1957	GL	-
* 13	Western Washington	6-8	1858	NW	_

"I'm so proud of this team, not just for how much they achieved on the field but also for how much each player has grown and embraced their roles on our team," said coach Kendra. "We made school history by making it to the Regional round. This is an amazing accomplishment! Espe-

cially when you consider we were without one of our top players for this Northwest Regional Tournament. Making it here, earning wins against Montana and Oregon State, and battling to the very end vs. Oregon and Washington... there's so much for these ladies to be proud of."

Upon the completion of BYU's season, Kendra now shifts her focus from coaching collegiately to airbending on the most prestigious platform ultimate has to offer, Team USA. After an extensive series of workouts and qualifications where she performed with the nation's best ultimate players, she

was named to the 24-woman roster who will competing at the upcoming World Ultimate Championships hosted in Australia this summer.



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BIA recognizes Tulalip road reconstruction



By Wade Sheldon

Recently, Tulalip Tribes was awarded Best Road Reconstruction for the pavement rehabilitation on 28th Drive NW, 81st St NE, and Totem Beach Road. The recognition from the Bureau of Indian Affairs (BIA) surprised the Tribes' transportation department team, highlighting the significant strides made by the department since 2019.

"It was sprung on us; we didn't even know the award was being submitted," said Christina Parker, Division Manager.

Senior Project Manager Ross Bichel, echoing the sentiments of the BIA, remarked, "The BIA was impressed with our innovative approach. Our team's ability to conceptualize and execute projects has been commendable."

The team, comprising Judith Colina, Project Management Coordinator; Nicole Smith, Senior Project Manager; and Doug Bender,

Inspector/Observer, has effectively utilized BIA funding to enhance infrastructure and safeguard the environment. Their innovative projects, such as the stormwater filtration system on 81st Drive and the updated storm treatment on Totem Beach Road, have not only improved the quality of life for the community but also demonstrated their unwavering commitment to excellence and community well-being.

"Our journey began in 2019 when the previous transportation manager left," Parker shared. "Since then, our team has brought about significant changes in the department. Our accomplishments go beyond winning an award and gaining recognition from the BIA; it's a testament to the collective effort of our team and a significant achievement for Tulalip."

Ross Bichel elaborates, "We took projects where the stormwater and road surfaces were not the best. We were able to, with the help of funding

"Their innovative projects, such as the stormwater filtration system on 81st Drive and the updated storm treatment on Totem Beach Road, have not only improved the quality of life for the community but also demonstrated their unwavering commitment to excellence and community well-being."

from the B.I.A. and Tulalip, get these projects to a point like 28th Drive, where the stormwater goes through a filtration system that can pull stuff out of the stormwater before it is released into the wetland buffers, and then it filters through vegetation in the wetlands, then off to the salmon streams. This was nice because they never had anything before; water ran up and over the curbs; it was a mess. A lot of what we put in you won't see; it's capturing the water before it enters the roadways."

This award underscores the dedication and innovation of the Tulalip Tribes' transportation team, whose efforts have improved local infrastructure and set a new standard for environmental stewardship and community safety.



Notices

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THE 2024 SUMMER CONCERT SERIES

DON'T MISS OUT!

As a Tulalip Tribal Member, you have exclusive access to entertainment notifications and pre-sale events. Here's what's coming up next!

PRE-SALE EVENTS ARE HELD AT THE TULALIP AND QCC ONE CLUB DESKS

LIMIT FOUR TICKETS
PER PERSON, PER SHOW.



DUSTIN LYNCH

SUNDAY, JULY 14
TULALIP AMPHITHEATRE | 7pm
\$170 / \$160 / \$140 / \$100



PATTI LABELLE

FRIDAY, JULY 19
TULALIP AMPHITHEATRE | 7pm
\$130 / \$120 / \$100 / \$90



SUGAR RAY BETTER THAN EZRA TONIC

SUNDAY, AUGUST 18
TULALIP AMPHITHEATRE | 7pm
\$110 / \$100 / \$85 / \$75



T.I.
WITH THE YING YANG TWINS
SATURDAY, SEPTEMBER 7
TULALIP AMPHITHEATRE | 7PM
\$120 / \$110 / \$90 / \$80











Diabetes Care and Prevention Program Karen I. Fryberg Tulalip Health Clinic



U-Pick Farm Da

at Garden Treasures Nursery & Local Farm



Enjoy the longest day of the year at Garden Treasure's U-Pick Farm with us!

EVENT TIME 10am to 3pm

Meet at

Garden Treasures Nursery & Local Farm

3328 WA-530, Arlington, WA 98223

For Tulalip Tribal Elders and Seniors transportation will be available at the Senior Center. Please call the senior center for departure and arrival times.



Who Can Attend These Gatherings

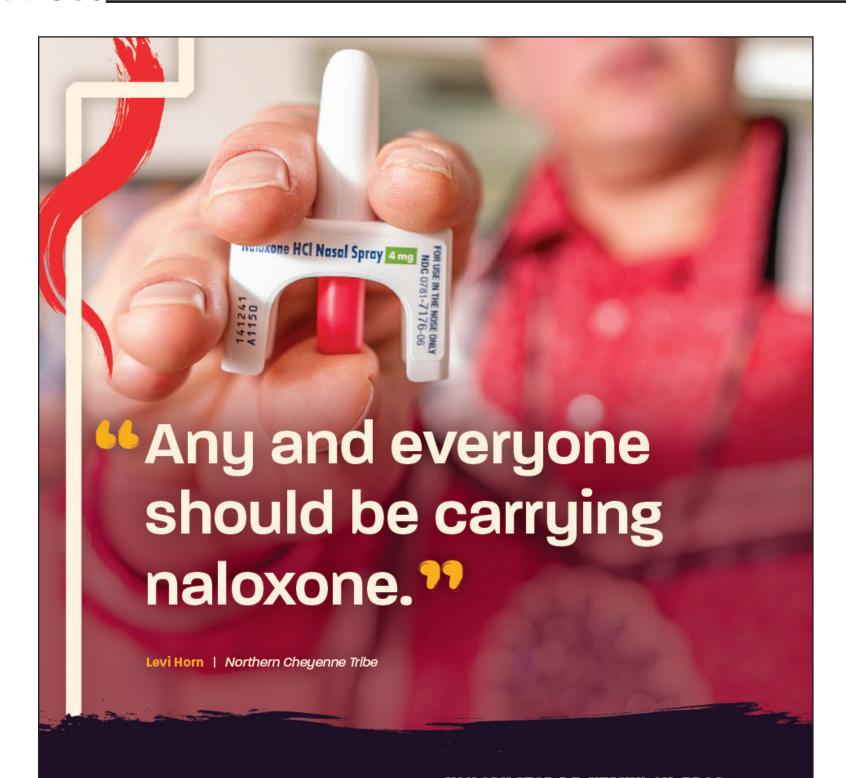
All Tulalip Tribal members, their families, patients of the Karen I. Fryberg Tulalip Health Clinic and employees of Tulalip Tribes.

Details

- Raffle prizes every hour.
- Lunches will be available while supplies last.
- Individual boxed lunches will be available while supplies last.
- A maximum of \$30 per household will be allowed for the U-Pick farm.
- We encourage people to wear a hat and walking shoes.

Contact Information

Roni Leahy at 360-716-5642 Melissa Gobin at 360-716-4634 Michele Balagot at 360-716-4687



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for our lives

ForNativeLives.org

YOU CAN STOP A FENTANYL OVERDOSE



Check for the signs.

The person might seem asleep. It may be an oploid overdose if you can't wake them up, they're breathing strangely or making a gurgling sound, or their skin or nails might be cool, bluelsh, or pale.



Call 911.

If you can, stay with the person until help arrives.



Give them naloxone (Narcan).

If you don't see a response within two or three minutes, use another dose.



Do CPR.

If the person still isn't breathing or doesn't have a pulse, do chest compressions and rescue breaths.



Learn how to use naloxone and where to get it. This lifesaving medicine comes in a device that's simple to use and easy to carry. Notices

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Court notices

TUL-CV-YG-2024-0029. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Guardianship of: C. V. C.-T. TO: AMOS RICHARD CARPENTER and LAURALEE ANGEL TOM: YOU ARE HEREBY NOTIFIED that a Guardianship of Youth case has been filed and an IN PERSON Guardianship of Youth Hearing has been set in the above-named Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at this Guardianship of Youth Hearing on THURSDAY, JULY 11, 2024 at 11:00 A.M. – IN PERSON in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: May 11, 2024.



Tribal members and families, come enjoy the Annual Beach Seining Gathering with family and friends



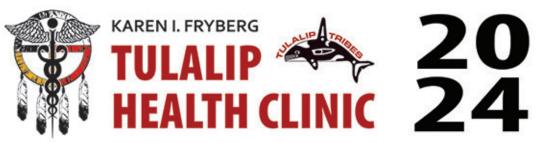
9am - 3pm Food served from 12 noon until it's gone

- Transportation must be taken from the Gathering Hall or TELA, shuttles run every 15 minutes, 9am to 3pm
- Handicap accessible
- Children under 13 must be accompanied by an adult
- No pets, drugs or alcohol allowed









Annual Health Fair

Friday, August 2

Tulalip Gathering Hall 7512 Totem Beach Road

3PM

Health Information **Booths**



Fun Run/Walk



Screenings



Blood Bus



Raffle



For information regarding the health fair, please contact:

Cyena Fryberg 360.716.5688

cyenafryberg@tulaliptribes-nsn.gov

