'Powerhouse' in the making



Hawks destroy Kings 56-8

By Micheal Rios

Tulalip Heritage High School is well-known for its basketball program. With a pension for putting out a plethora of athletic wings and forwards year after year who captivate home crowds and wow opposing audiences, Heritage basketball has been the shining star of our reservation's athletic program for years now. However, a stellar evolution is currently underway.

See Powerhouse, page 4

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5406 Marine Drive Tulalip, WA 98271 Change Service Requested Cedar has always been a healing part of our culture

PG8



October is Domestic Violence Awareness Month

PG 9



The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syacab, the weekly newspaper of the Tulalip Tribes

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In memoriam: Frank F. Madison, 1923-2002 Sherrill Guydelkon, 1945-2008

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Not getting your syəcəb?

Contact Rosie Topaum at 360.716.4298 or rtopaum@tulaliptribes-nsn.gov

Note: Updates and revisions done to the mailing list happen quarterly. The list is updated February, May, August and November of each year. You an contact Kalvin Valdillez at kvaldillez@tulaliptribes-nsn. gov for specific issues of the paper.





NATIONAL DAY OF REMEMBRANCE BOARDING SCHOOL AWARENESS

"Healing Together"



FRIDAY

TULALIP

September 30th Gathering Hall

4:30pm Sign-In and Dinner

6:00pm Opening Prayer and Sharing

6:30pm Coastal Jam

Questions?

Santana Shopbell
sshopbell-proehl@tulaliptribes-nsn.gov
360-716-4288

Traditional regalia and orange attire encouraged.







Tulalip Academy of Excellence is underway



Submitted by Stephanie Fryberg

Tulalip has dreamed of our own school for decades, and right now, it is becoming a reality. Engagement is fundamental to our school, which is why we started the project by asking for our community's input. We used a combination of surveys and focus groups to understand what our people want for their children's education and how we'll know if we're being successful.

Several ideas stood out for the school's vision. First, we want to integrate culture into our educational approach. We also want diverse teaching methods that focus on student strengths. Last, strong relationships between the school, tribal community, teachers, and students are vital. We will continue to build on our community's vision of a school that is culturally relevant and where students are excited to show up and learn every day.

Our people were also clear, there will be zero tolerance for bullying in our school. Bullying, strict rules, and harsh punishments do not fit within the Coast Salish cultural framework. We need our kids to feel safe and supported. That means we also need engaged parents and community members who are prepared to come into our school and help our kids develop their sense of self and life-long wellbeing.

Identity is key

The lifeways of our tribes have always included complex calculations, art, and a deep understanding of the world. By incorporating our ancestors' worldview, we can help make math, science, and reading relevant to our

children. We want our children to believe in themselves and their future potential. We want them to have respect for the land, our earth, and the community, particularly for our elders. We want to nurture a desire for our children to give back and become people who contribute to the community.

Our people have always relied on one another to live. By focusing on collaboration between our students, and collaboration between our adults, we can bring that value to life in the classroom. We want our children to have the opportunity to learn our history and language from our own people. We want our kids to learn our cultural arts. We want our young people to know our traditional foods, how to hunt and gather them, and how to live in reciprocity with the world around us.

We want our children to embrace their identity, to know who they are and where they come from. Tulalip is a diverse people. We come from many tribes, not just one. In our school, children will have the opportunity to know the full history of the Tulalip Tribes as well as their individual family histories.

When our students graduate, they will be firmly grounded in their identity. They will know how to take care of their physical, mental, and financial well-being. They will be ready to live a life of abundance and nurture healthy connections with other people. They will enter that next step of life with the tools they need to get to where they want to go next. We will know this school is a success if our children are happy and excited about school.

A work in progress

We have finalized some decisions and are still waiting on others. The Tulalip Academy of Excellence will be a Tribal compact and BIE (Bureau of Indian Education) school. We've looked at tribal schools like Muckleshoot that use both sources of funding. They still invest about \$7,000-\$8,000 per student in hard dollars in addition to that funding. It takes a lot of resources to run a school. We are looking at other ways of bringing in additional funding sources, such as grants, title funding, and a capital campaign.

We must have a strategy to offset both the early and long-term funding. We've hired a contractor to help us develop a capital campaign. The person has experience as a capital campaign fundraiser for Northwest Harvest and brought in \$56 million for them. We're optimistic that we can find funding from philanthropists for things like an art studio and aquatic center.

We are also in the process of hiring a budget person to help us fill in those gaps in long-term operations. School finance experts need specialized knowledge. They will have to teach us about the pros and cons of different types of title funding. Any funding that comes from the outside needs to be flexible enough to allow us to build our vision for our school.

We're continuing to work on budgets, a business plan, policies, and best practices. We've hired and will continue to hire people who will support the healthy environment we want, and who have the expertise we need. We are also setting up workgroups. We are identifying people who want to work and can tackle specific issues. Our school must be culturally resonant, and we must look out for the best interests of our tribe.

Three schools

We've met with contractors and architects and are considering multiple options. Right now, we are planning for elementary, middle, and high schools. Different approaches have different advantages and disadvantages. Acquiring existing buildings means we can start sooner, while building new means more time, but a more tailored environment.

For the elementary-aged students, we are looking at an outdoor model. Research shows that time outdoors significantly improves psychological well-being (i.e., enhanced mood, confidence) and alleviates many learning issues that sitting at a desk for 7 hours highlights (e.g., ADHD). Ideally, children should spend 30-50% of their time outside. In public schools, they are outside less than 10% of the school day, and most children do not spend significant time playing outside after school.

We are going to create outdoor learning spaces where kids can explore and play in different Coast Salish worlds. We will have a math space, a reading space, and a science space. We want our students to engage with the world and play while they learn and integrate ideas. For example, we might have a fishing boat with a Pacific giant octopus climbing wall. Children can play on it, but we can also use it as a learning space. In general, we want kids to move their bodies, to feel awe and excitement about learning, and to feel grounded in the

natural world. A happy child is a child who is ready to learn and to take on the challenges that life and learning provide. Ultimately, we want our children to experience the joy that comes from mastering new skills.

For our older students, we are looking at models that allow our students to embrace many of the joys of learning described above, but that focus on teaching 'excellence' through building on their individual passion. For example, if sports are something that motivates a student, we will take a 'whole student' strength-based

developmental model that promotes athletic progression, character development, and overall personal development. We will use their passion for sports to gain skills that will translate to all facets of life—such as leadership, sportsmanship, communication, nutrition, sports medicine, psychology, and spiritual development. For these students, we would integrate academics, culture and language, and sports throughout the day all year round. For students who are not interested in sports, the same model can be built around art, leadership, science, entrepreneurship, and

so on. While we are still examining models for older students, we have seen that these types of approaches work well for Native students and that they create lots of opportunities for family and community engagement as well as life and professional development.

Please continue to follow our monthly syeceb updates about the school. If you have any questions or concerns, please reach out to me via email at stephaniefryberg@Tulaliptribesnsn.gov.

Powerhouse from front page



"I went through four years of high school sports at Heritage. During that time, our basketball teams were always better than our football teams," reflected Heritage alum and current Hawks offensive coordinator Willy Enick. "There were a few times we got our butts whipped by other tribal schools, like a Muckleshoot or Lummi, so to be coaching up this next generation and to see them grow in confidence and believe they can get these big wins, it feels amazing.

"As a coaching staff, we want to prove Heritage isn't only good at basketball. We're good at football, too. We're building a program that will be a powerhouse for years to come."

Speaking of power. The gravitational pull of physically strong and dynamically daunting skillsets condensing on the gridiron by this year's Heritage footballers has created a protostar on the Tulalip horizon. It first became visible after a 30-18 win over Concrete. Initial observations were confirmed after a 34-4 trouncing of Crescent. Now, that protostar is fully ablaze after decimating a tribal rival, the Muckleshoot Kings, 56-8 in front of the Tulalip faithful.

"We are forcing teams to spread their defense out because we have five skill players who can hit a home run at any time," explained O.C. Enick. "With a dynamic quarterback, like J.J., he's able to keep opposing defenses guessing with his feet and arm. He can make all the throws and, if pressured, can make players miss and scramble for big gains. We're just trying to perfect this offense by spreading teams out and forcing them to play man on man, which benefits our athletes."

To his point, here is the breakdown of the Hawks six offensive touchdowns:

- #15 Ziggy Myles-Gilford scores on a 70-yard pass from J.J. Gray.
- #3 J.J. Gray scores on an 18-yard quarterback run.
- #7 Nico Pablo scores on a 15-yard pass from J.J. Gray.
- #15 Ziggy Myles-Gilford scores on a 10-yard pass from J.J. Gray.
- #7 Nico Pablo scores on a 45-yard pass from J.J. Gray.
- #15 Ziggy Myles-Gilford scores on a 25-yard touchdown pass from J.J. Gray.









That's a combination of short yard, intermediate gains, and big play production that will prove difficult to stop when dealing with a collection of athletes who can all break down a defense with speed and agility.

Plus, that's just on the offensive side of the ball. The boys did damage on the defensive side as well where they routinely pressured Muckleshoot's quarterback, wreaking havoc in the backfield for sack after sack, and made the most of their few opportunities when Muckleshoot managed to throw the ball. Tulalip Hawk #5 Amare Hatch scored on a 45-yard interception return for touchdown and #15 Ziggy Myles-Gilford scored on a 65-yard interception return for touchdown.

"We practice our safeties being over the top to help combat the 'home run ball' attempts that teams like to try when they start getting desperate," said Hawks defensive coordinator Deyamonta Diaz. "On Amare's pick, he was in his drop back zone and just read the route and quarterback's eyes well with good inside alignment from the pre-snap. He couldn't have baited him, nor read the route any better. That speaks to the focus we've been putting in to the defensive side of the ball in practice."

With the home fans filling in around the fence line and sitting on the hill closest to the junior cheerleaders, they were treated to an amazing 56-0 lead early in the 4^{th} quarter. With such an ample

cushion, Hawks coaches were able to get their 2nd and 3rd string players some reps that could pay dividends later in the season.

Following the game, J.J. Gray, the Hawks quarterback responsible for all six of Tulalip's offensive touchdowns, shared, "The offensive line blocked so well tonight. They gave me time to pass, or run, when need be. I grew up playing basketball and football since I was 4, so that athleticism always been with me. I trust in my quickness whenever I have a defender one on one in the open field, but I'm also not afraid of being hit by a bigger player."

When asked how it feels to be quarterbacking an undefeated, 3-0 Hawks team, he responded with, "It feels great. Hopefully, we can go 9-0. That's the dream."

For their next game, Tulalip will host Lummi at Friday, September 27, in another battle by the bay. Kickoff is scheduled for 7pm. It's already been dubbed a neon glow game.

The high school's booster club shares the following, "Tulalip Heritage students, families, and fans are invited to a night of unity as they rally behind their team for a big game against Lummi. Wear bright neon colors and glow sticks and bring lots of energy to the stands to create a glowing atmosphere and show unwavering support. Let's glow out the field in a sea of Tulalip pride!"















A message of self-care

By Wade Sheldon

A powerful message of self-belief and resilience lies at the heart of Sheldon Smith's talks. A Native youth advocate and motivational speaker from the Navajo Nation, Smith inspires individuals to think critically, speak purposefully, move with intention, and rise to life's challenges. Central to his message is the importance of self-awareness and discovering inner strength to overcome adversity, making his lessons both introspective and empowering.

On Monday, September 23, Smith brought his message to the Northwest as part of Tulalip's Season of Healing campaign. He visited Marysville Pilchuck, Heritage, and Getchell high schools before concluding his day with a workshop at the Tulalip Gathering Hall. Throughout the day, Smith reached both the youth and broader members of the Tulalip community with his inspiring lessons.

At Heritage High School, Smith gathered the students in a large circle and spoke from the center. He encouraged them to energize themselves, acknowledging the usual Monday sluggishness. Smith inspired the students, getting them to shout out the day's mantra: "I am powerful."

Reflecting on the experience, student Dalton Levine shared, "I enjoyed the speaker. He said some good words. I liked what he said about perseverance—believe in yourself, and everything will be alright."

The Season of Healing continued at the Gathering Hall, where Smith addressed the community. Before beginning his speech, Smith blessed the audience, both those present and those tuning in virtually, with a song from his flute. Following this, he delivered a powerful talk on mental and social development, emphasizing the importance of maintaining a healthy mind, body, and spirit.

Smith admitted he was nervous, but it quickly became a rewarding experience. "I thought



the event went great. I was a bit nervous initially, but that's normal for me—I always want to do my best," Smith explained.

The feedback from participants made an impact on him. "Hearing everyone's words at the end made me feel perfect. Teaching the youth is important because they are our future, and life differs from ten years ago. Everything is sped up with everyone holding a phone and technology advancing so quickly. That's why sharing these messages with them at a younger age is crucial—to help them find balance and take the next step."

Smith also shared insights into his journey into motivational speaking. "I grew into this field," he said, crediting the influence of his family. "I had family members who were medicine people and leaders." For Smith, visiting the Gathering Hall was a memorable

experience. "Thank you," he said with sincerity. "Coming into the Gathering Hall was probably the highlight of my year."

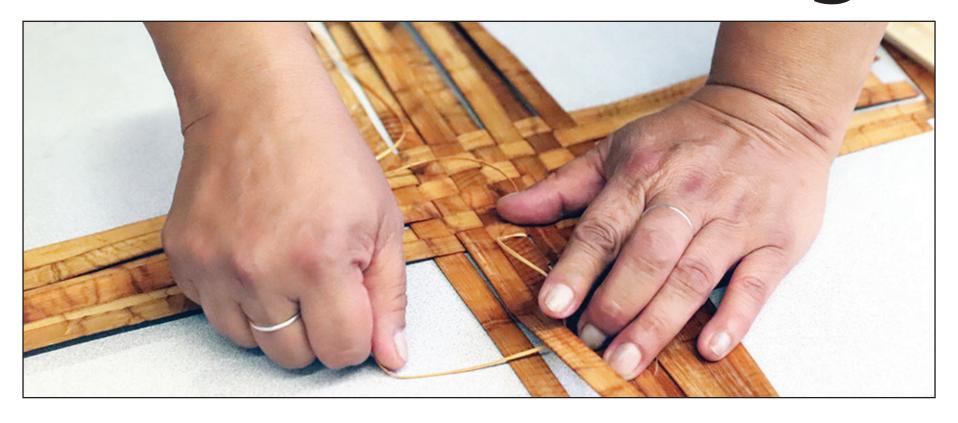
Smith's visit to Northwest, offering guidance and inspiration, underscores the importance of events like the Season of Healing. Smith imparted wisdom and fostered a more profound sense of unity and purpose, encouraging everyone to continue their journey toward personal growth and healing. As the Season of Healing progresses, his message will remain a cornerstone of the ongoing dialogue about resilience and selfdiscovery within the community.

The Season of Healing continues throughout October, and Tribal members can watch the events on iamtulalip.com





Cedar is healing



By Wade Sheldon

On the final day of summer, participants gathered at the Hibulb Cultural Center for Tulalip Master Weaver Jamie Sheldon's cedar basket class. Held on Saturday, September 21, as part of Tulalip's Season of Healing, the class welcomed 14 eager attendees ready to learn.

Throughout the session, Jamie moved swiftly around the room, guiding each student to stay on track to finish their cedar baskets before the class concluded.

The day's task required a lot of

focus. As Tara Polk from Everett noted, "It's frustrating; you want to be good at it your first time, but it requires so much concentration to perfect it."

With Tulalip tribal member Wilma Gloria's help, Jamie Sheldon could provide individual attention to each student, ensuring no one felt left behind.

Reflecting on her experience of making a basket for the first time, Tara added, "Jamie's patience and ability to help were astounding. The class was great, but it was a

difficult process to start. But I stuck with it, and I'm happy I could finish. I would highly recommend taking a class."

Jamie Sheldon, a traditional weaver with over 20 years of experience, shared that the Hibulb Cultural Center reached out to her because of her extensive background in weaving. She has been teaching at the center for over five years.

Reflecting on the class, Jamie said, "I loved the class. A lot of people finished their basket, and those who didn't, I feel, got the





concept, and that's fine with me. But if they keep coming back, they will get even better."

Jamie also emphasized the cultural significance and healing properties of cedar. "Cedar is healing. Cedar has always been a healing part of our culture," she explained. "When you harvest your cedar, it's quiet and serene—it's just you and the cedar. And as long as you keep working with the cedar, it will heal you."

Upcoming events at the Hibulb Cultural Center in October include Weaving Toddler Wool Skirt with Virginia Jones on Saturday, October 5, Dentalium Earrings with Santana Shopbell-Proehl on Saturday, October 12, and Painting with Monie Ordonia on Saturday, October 26. Be sure to call ahead to register and inquire about class pricing by contacting the Hibulb Cultural Center at (360) 716-2600 or emailing info@ hibulbculturalcenter.org.



Domestic Violence Awareness Month: Legacy of Healing honors, supports DV survivors

"More than four in five American Indian and Alaska Native adults (83 percent) have experienced some form of violence in their lifetime. That's almost 3 million people who have experienced psychological aggression or physical violence by intimate partners, stalking, or sexual violence."

-National Institute of Justice

By Kalvin Valdillez

Nearly one year ago, the Legacy of Healing brought Tulalip together for the first annual Domestic Violence Awareness Month Coastal Jam Dinner. It was both an emotional and powerful night where many survivors of domestic violence (DV) bravely shared their story and stood together in solidarity. Through the traditional medicines of drumming and singing, the cultural gathering marked a moment in time that survivors can look back upon and recognize as the start of their healing journey.

To help raise awareness, show support, educate community, and provide resources to DV survivors, the Legacy of Healing partici-

pates in a national initiative known as Domestic Violence Awareness Month. Every October, for the past several years, the department has been active in the community and facilitated a number of events, trainings, and cultural activities to help bring a better understanding of what DV is and how it affects us as Native people.

"A lot of times victims experience DV outside of public view and it happens in secret in their own homes," explained Legacy of Healing Coordinator, Kaley Wickham. "October is a time for us to raise awareness for DV. Most, if not all, of the survivors we work with have also witnessed DV when they were children, or they know other family members or friends who have also experienced it. So, it's a very normalized part of their life and yet people aren't able to recognize it or talk about it."

The National Institute of Justice reports that tribal communities experience DV at a much higher rate than any other race or ethnicity throughout the country. Through their study, they evaluated that more than 1.5 million women, and 1.4 million men (A/I and Alaskan Native) have experienced violence in their lifetime. And because some are either stuck in the cycle of DV, have a fear of coming forward, or are unable to recognize their abuse as DV, those numbers may very well be underreported.

Joan Smith, Legacy of Healing Vic-



tim Advocate, shared, "Speaking out against it is difficult. First you have to recognize it, and that's a difficult task. So that's one of our big points of the awareness month. DV affects everyone around you, not just you and your partner. It affects your children, friends, and other family members. It's not just physical. It's intimidation and power over a person, and there are a lot of different ways to do that."

To help identify DV, the Legacy of Healing compiled a list of examples that reads as follows:

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What Abuse Can Look Like

- Hitting, pinching
- Kicking
- Burning
- Pulling hair
- Pushing
- Strangulation
- Physical intimidation
- Use of weapons
- Forcing the use of substance
- Throwing items
- Punching walls
- Kicking in doors
- Requesting your login info
- Monitoring your social media
- IPV sexual abuse
- Forcing any sexual acts
- Uses children against you
- Lies about your mental health
- Financial control
- Name calling
- Jealousy
- Shaming or humiliating you
- Blaming you for their actions
- Controlling where you go
- Gaslighting
- Love bombing
- Stalking

If you are experiencing any forms of abuse listed above, please reach out to the Legacy of Healing. The program has a strict confidentiality policy and can answer any of your questions, whether you are looking to obtain information for yourself or a loved one. Additionally, the Legacy of Healing is careful not to pass judgement and allows their clients grace and understanding, because from a statistical standpoint, it could take a survivor multiple attempts to leave an abusive partnership for good.

When you're ready to take that next step, the Legacy of Healing can help design a safety plan with you and is prepared to be with you every step along the way.

Angelica Trinidad is a new edition to the Legacy of Healing team and serves as the program's General Crime Victims Advocate. During a conversation about identifying DV within our community, she stressed an important message to those who may be worried about reporting their abuse and seeking aid, "Confidentiality means



confidentiality when it comes to the Legacy of Healing. I think it's important for people to understand that."

The Legacy of Healing will have a raffle throughout the entire awareness month. Tickets can be purchased at \$5 a ticket or \$20 for 5 tickets. Prizes have yet to be unveiled, so keep an eye out for that announcement. If the prizes are anything like last year's items, then we're in store for some top tier and highly desirable winnings. But most importantly, in regard to the raffle, all proceeds will help support local survivors of DV throughout the year.

To purchase a raffle ticket, you can catch the Legacy of Healing team at the following dates/ events/times:

- Tuesday 10/1 Admin building (2nd floor), 11:30 a.m. 1:30 p.m.
- Saturday 10/19 Semi Annual General Council, 9:00 a.m. – 1:00 p.m.
- Friday 10/25 DV Awareness Coastal Jam, 5:30 p.m. – 7:30 p.m.
- Thursday 10/31 Tulalip Employee Halloween Party, 12:00 p.m. 2:00 p.m.

Although this article is focused on DV Awareness Month, we thought it was crucial to share this bit of information about the recent evolution of the Legacy of Healing and the clients they can take on.

Kaley announced, "We recently expanded our services, so now we serve adult victims of any and all crimes. Before it was intimate partner domestic violence, sexual assault, stalking, and sex trafficking. Now we serve all crimes including family violence, burglary, theft, arson, elder abuse."

The Legacy of Healing is asking you to show your support to survivors of DV throughout the month of October. You can do so by purchasing a raffle ticket, wearing the color purple on October 17, and attending the coastal jam.

The DV Awareness Month Coastal Jam Dinner is set for October 25, and will take place at the Teen Center's gymnasiums from 6:00 p.m. – 10:00 p.m. So be sure to tell all your friends, and any jammers you know, to join in on an evening of healing and help amplify the voices of all the local survivors.

Said Kaley, "We're not just talking about this issue during DV Awareness Month; we also want to promote healing, because our program is here to support survivors through their healing. So being able to do a coastal jam and incorporate the culture into that can show survivors in attendance a path forward, and that their community does sup-

port them."

If you or a loved one is experiencing an abusive relationship, please do not hesitate to call the Legacy of Healing at (360) 716-4100 for assistance.

"You don't need to live with violence in your home," urged Marisa. "The Legacy of Healing is here for you to utilize for help. Once you speak to an advocate, you will be provided with information to learn the next steps on your healing journey to living a domestic violence free life. It may be tedious, but you will find that you have the inner strength and support to make that happen. You don't need to walk this journey alone to healing. We are here for you."

If you are in a crisis or an emergency situation, the Legacy of Healing provided a list of three additional hotline numbers that you can utilize during your time of need:

- The National Domestic Violence Hotline 1-800-799-SAFE (7233)
- Strong Hearts Native Helpline: 1-844-762-8483
- Domestic Violence Services of Snohomish County 425-25-ABUSE (22873)



Women of Wellbriety Group

meeting

Every Thursday

from 4:30pm to 6:30pm

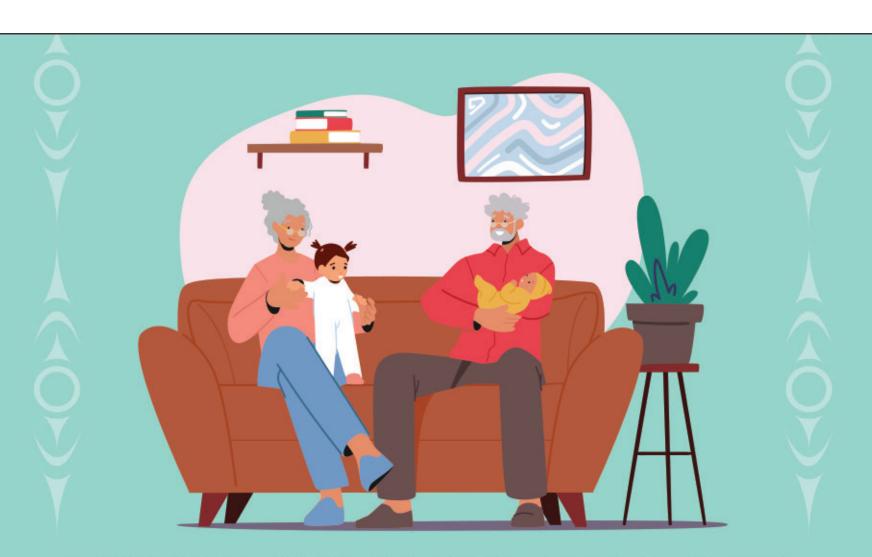
Located at the Tulalip Family Services Building C 2821 Mission Hill Rd, Tulalip, WA 98271

This event, exclusive to women, will have childcare available and will be facilitated by Loni Long.

Hosted by Tulalip Family Services Problem Gambling Program.

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PROTECT OUR BABIES AND ELDERS:

Getthe RSV Vaccine!

RSV VACCINES NOW AVAILABLE FOR BABIES AND ELDERS!

WHY GET VACCINATED?

- RSV is the leading cause of hospitalizations for young babies.
- Elders are highly vulnerable to RSV.
- Native Americans face greater risks and poor health outcomes from RSV.

CONVENIENT ACCESS

No appointment needed. Available during scheduled appointments or walk-in clinic hours.

ONE & DONE:

No boosters required.

UPCOMING EVENTS

Stay tuned for our Vaccine Open House and pop-up events in partnership with Community Health and the Pharmacy.

CONTACT US: 360-716-4511



Notices September 28, 2024



SALISH NETWORKS ENHANCED LIFELINE

CONSUMERS LIVING ON TRIBAL LANDS* CAN RECEIVE UP TO \$34.25 OFF THEIR PHONE OR INTERNET SERVICE PER HOUSEHOLD.

Lifeline is a federal program that helps lower the monthly cost of your phone or internet service.

ELIGIBILITY

You may qualify for a discount if you live on Tribal lands* AND can provide proof for any ONE of the following:

• Your income is at or below 135% of the federal poverty

- guidelines, OR You participate in any ONE of these government benefit
 - Supplemental Nutrition Assistance Program

 - Supplemental Nutrition Assistance Program (SNAP)
 Medicaid
 Federal Public Housing Assistance (FPHA)
 Veterans Pension and Survivors Benefit
 Supplemental Security Income (SSI)
 Bureau of Indian Affairs General Assistance
 Tribal Head Start (income based)
 Tribal Temporary Assistance for Needy Families
 (Tribal TANF)
 Food Distribution Program on Indian
 Reservations Assistance
 - 0 Reservations Assistance

WHAT IS A HOUSEHOLD?

You can have multiple households at one address, for example:

- · Four adult family members that live at the same address. but do not share income and expenses, may each have their own Lifeline benefit.
- If you share housing with someone who already receives lifeline, complete the Household Worksheet that is available on the Lifeline website, or through your phone or internet company.

*Lifeline's Tribal Lands is defined in 47 CFR §54.400 (e). Go to Lifelinesupport.org and select "Tribal Lands" for more information.

LIFELINE SUPPORT CENTER 800-234-9473 / 9am-9pm ET / 7 Days per week

3 WAYS TO APPLY

APPLY ONLINE

Find the online application at Lifelinesupport.org.

MAIL YOUR APPLICATION

Print an application from Lifelinesupport.org.

CALL OR COME IN TO SALISH NETWORKS

360-716-8000 OPT 3 2601 88th St NE Tulalip, WA 98271

HOW TO SHOW YOU ARE ELIGIBLE

You may need to provide qualifying documents, such

- A copy of your program letter
- A copy of your pay stub or tax return.



Based on Your Income

You can get Lifeline if your income is 135% or less than the Federal Poverty Guidelines (see the table below). The guideline is based on your household size and state.

The table below reflects 135% of the 2024 Federal Poverty Guidelines.

Household Size	48 Contiguous States, D.C., and Territories
1	\$20,331
2	\$27,594
3	\$34,857
4	\$42,120
5	\$49,383
6	\$56,646
7	\$63,909
8	\$71,172
For each additional person, add:	\$7,263

You may have to show proof of income, like a tax return or three consecutive pays stubs, when you apply for Lifeline.

SUMMONS BY PUBLICATION TUL-CV-CS-2018-0388, Tulalip Tribal Court, Tulalip WA, TCSP #2805 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. JAMES ALECK (DOB: 07/30/1980) TO: JAMES ALECK: YOU ARE HEREBY NOTIFIED that on August 1, 2024, a Notice of Hearing on the Motion to Modify the Child Support Order and a Motion to Modify the Child Support Order was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for SA as well as JA. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 18th, 2024 at 9:00 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 7, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2024-0542, Tulalip Tribal Court, Tulalip WA, TCSP #2837 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. PAMELA JOHNNY (DOB: 01/29/1968) TO: PAMELA JOHNNY: YOU ARE HEREBY NOTIFIED that on July 17, 2024, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for KJ. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 4, 2024 at 9:00 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 31, 2024.

SUMMONS BY PUBLICATION TUL-CV-CU-2024-0600 Tulalip Tribal Court, Tulalip WA, Gina Lita Kayla Langley, Petitioner vs Martin D.L. Gorman, Respondent TO: Martin D.L. Gorman: YOU ARE HEREBY NOTIFIED that on September 11, 2024 a Custody Petition was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. You are hereby summoned to appear and defend the above entitled action in the above entitled court on November 6, 2024 at 10:30 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 14, 2024.

SUMMONS BY PUBLICATION TUL-CV-CU-2024-0433 Tulalip Tribal Court, Tulalip WA, Derek M Prather, Petitioner, vs. Melinda Napeahi, Respondent TO: Melinda Napeahi: YOU ARE HEREBY NOTIFIED that a Custody Petition was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. You are hereby summoned to appear and defend the above entitled action in the above entitled court on October 30, 2024 at 10:30 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 14, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2024-0629, Tulalip Tribal Court, Tulalip WA, TCSP #2839 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. ROSELYNNE NOEL THE BOY-JONES (DOB: 12/09/1989) TO: ROSELYNNE NOEL THE BOY-JONES: YOU ARE HEREBY NOTIFIED that on August 16th, 2024, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for JJJ-L. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 18th, 2024 at 9:15 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 28, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2024-0571 Tulalip Tribal Court, Tulalip WA, TCSP #347 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. LOIS HENRY (DOB: 06/26/1985) TO: LOIS HENRY: YOU ARE HEREBY NOTIFIED that on July 22, 2024, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for PH. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 4, 2024 at 9:30 AM in Tulalip Tribal Court. NO-TICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 31, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2024-0573 Tulalip Tribal Court, Tulalip WA, TCSP #1016 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. LOIS HENRY (DOB: 06/26/1985) TO: LOIS HENRY: YOU ARE HEREBY NOTIFIED that on July 22, 2024, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for EC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 4, 2024 at 9:45 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 31, 2024.

SUMMONS BY PUBLICATION TUL-CV-CS-2020-0586 Tulalip Tribal Court, Tulalip WA, TCSP #2410 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. LOIS HENRY (DOB: 06/26/1985) TO: LOIS HENRY: YOU ARE HEREBY NOTIFIED that on July 22, 2024, a Notice of Hearing on the Motion to Modify the Child Support Order and Motion to Modify the Child Support Order was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for DBH Jr. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on November 4, 2024 at 9:15 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 31, 2024.

SUMMONS BY PUBLICATION TUL-CV-CU-2024-0709 Tulalip Tribal Court, Tulalip WA, June Hill, Petitioner vs Joshua Lloyd, Respondent TO: Joshua Lloyd: YOU ARE HEREBY NOTIFIED that a Custody Petition was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. You are hereby summoned to appear and defend the above entitled action in the above entitled court on November 6, 2024 at 11:00 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDG-MENT WILL BE RENDERED AGAINST YOU. Date first published: September 28, 2024.





ART/CRAFT



Weaving: Toddler Wool Skirt

Viginia Jones (Tulalip)

Participants will try their hand at creating a wool skirt for a toddler to take home with them.

-TO SIGN UP-Call 360-716-2600 or email info@hibulbculturalcenter.org

SAT, OCTOBER 5

10:00AM-3:00PM HIBULB CULTURAL CENTER



Nola Jeffery
Tsow-Tun Le Lum Societu

SPEAKER

MONDAY

OCTOBER

7

5:00PM-7:00PM GATHERING HALL

GRIEF & LOSS: RECLAIMING YOUR JOY & LAUGHTER

As a woman of Tsimshian and Coast Salish ancestry, Nola brings an Indigenous voice and perspective to her work and day-to-day life. Culture and ceremony are an integral part of Nola's daily life and have continually supported her community efforts, including being part of provincial and national Truth & Reconciliation events and as part of the road crew for past Canoe Journeys. Nola cares deeply about all living things and the environment we share with them. As a mother and grandmother, she feels it's especially important to work together to build strong communities grounded in respect and unity.

The workshop will be livestreamed on iAmTulalip.com

ATTENDEES WILL RECEIVE A RAFFLE TICKET.

MUST BE PRESENT TO WIN.