



Tulalip

SEE-YAHT-SUB

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"Tulalip News"

Volume 35 No. 31

Wednesday, August 13, 2014

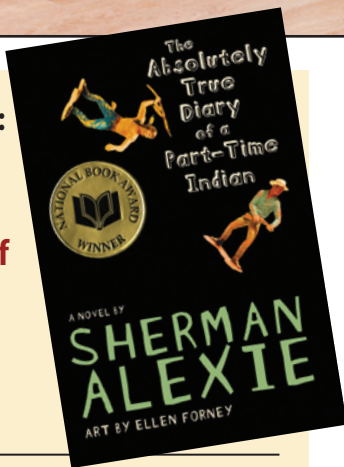
LUSHOOTSEED CAMP WEEK 2



Second week camp participants perform the play, "The Seal Hunting Brothers"

See Camp, page 7

Book Review:
"The Absolutely True Diary of a Part-Time Indian"



Page 5

National Night Out draws large crowd



Tulalip tribal member Jada Smith takes time out to test her bubble blowing skills during the Tulalip/Marysville National Night Out.

See Night Out, page 6

ASK MIKE



Page 5

INDEX

News	3-6
Education	7-9
Health	9-11
Notices	10



Watch

TULALIP TV
www.tulalip.tv.com



TULALIP TV

Tulalip Tribes Vision

We gathered at Tulalip are one people.
We govern ourselves.
We will arrive at a time when each and every person has become most capable.
Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

TULALIP TV Monday 8/18/14 thru Sunday 8/24/14		
Time	Show	Duration
12:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	From the Spirit - Daniel Crane He is an entertainer, artist and musician who has struggled with substance abuse but, through the flute, has found his spiritual voice.	0:30
1:00 AM	A Life worth Living A powerful film that raises awareness about suicide, is hopeful, presents solutions without preaching, and brings this sensitive topic out in the open.	0:30
1:30 AM	Tulalip Health Watch - Diabetes What diabetes is, how it is diagnosed, and what your part is in preventing this disease, which has taken Indian country with epidemic proportions.	0:30
2:00 AM	Games of the North As unprecedented change sweeps across their traditional lands, their stories illuminate the importance of the traditional games today.	0:30
2:30 AM	Dance Native American Style A program for beginners; men and women with instructors Mike Pahsetopah (Osage/Yuchi/Creek) and Nancy Scott Fields (Creek/Cherokee).	0:30
3:00 AM	Creative Native - 503 'First Quotes on Paper' - Is an examination of the profound quotes and proverbs of aboriginal leaders throughout history. Mohawk Poet, Pauline Johnson.	0:30
3:30 AM	Beat of the Drum The drum is the heartbeat of the Mother Earth. To beat the drum is to match the heartbeat. As we sing our songs to the drum we "talk to the spirits".	0:30
4:00 AM	LMTV #32 Youth filmmakers of Longhouse Media TV present: Choices, New Frontiers - A Journey behind the scenes of Winter in the Blood.	0:30
4:30 AM	A Life Worth Living A powerful film that raises awareness about suicide, is hopeful, presents solutions without preaching, and brings this sensitive topic out in the open.	0:30
5:00 AM	Earth Voices - 206 A series profiling Aboriginal People: Bernard Ominiak - Activist, Esther Tailfeathers - Doctor, Antoine Mountain - Painter, Sarah Carr - Elder	0:30
5:30 AM	From the Spirit - Daniel Crane He is an entertainer, artist and musician who has struggled with substance abuse but, through the flute, has found his spiritual voice.	0:30
6:00 AM	Rez-Robics: The Exercise Video Aerobic Exercise for Indian People by Indian People, through the eyes of Drew and Elaine.	1:30
7:30 AM	Tulalip 'Slides' + Total Info Tulalip 'Slides' and Total Info, A service for Tulalip TV viewers - with current News, Weather, Traffic, Financial, Dailies to keep you informed.	0:30
8:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	Wapos Bay - Ep 2031 Children's Animated Program: Wapos Bay is rated as the fattest community in Canada. Raven and Jacob make it their mission to slim down their people.	0:30
9:00 AM	For the Generations Native American performers infuse contemporary genres of dance and music with traditional elements from their Tribal heritage.	1:00
10:00 AM	Watchers of the North, Ep-4 'Arctic Presence Patrol' - Snowmobile breakdowns and a Ranger falling sick on the land threaten a seemingly routine patrol.	0:30
10:30 AM	Tulalip Health Watch - Diabetes What diabetes is, how it is diagnosed, and what your part is in preventing this disease, which has taken Indian country with epidemic proportions.	0:30
11:00 AM	Games of the North As unprecedented change sweeps across their traditional lands, their stories illuminate the importance of the traditional games today.	0:30
11:30 AM	NorthWest Indian News - 60 Segments: Tribal Journey 2013: Paddle to Quinault, Sharing our Waters, Quileute Elder Youth Mentoring Program, Behind the Scenes of Tribal Journey	0:30
12:00 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 PM	Williams Shelton Artifacts The Life Cycle of William Shelton's Artifacts, presented by Tessa Campbell, Estimated 140-150 artifacts, during his life 1868 - 1938.	0:30
1:00 PM	Native Report - 807 On this edition of Native Report we meet artist Greg Robinson of the Chinook Indian Nation for whom life, art and culture are inseparable.	0:30
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4:30 PM	Lushootseed Learn Tulalip Lushootseed Language thru the Lushootseed Language Video Series and the Lushootseed Phrases of the Week.	0:30
5:00 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
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This Schedule is subject to change. To see an updated schedule, go to:
<http://www.tulalip.tv/tulalip-tv-schedule/>

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv/tulalip-tv-schedule/>. The TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your See-Yaht-Sub?

Contact Rosie Topaum at 360.716.4298 or email rtopaum@tulaliptribes-nsn.gov

August is National Immunization Awareness Month



By Brandi N. Montreuil

August marks a national health campaign to raise awareness on the importance of immunizations. All throughout this month health professionals along with the Centers for Disease Control and Prevention and the National Center for Immunization and Respiratory Diseases are reaching out to communities to educate and promote vaccines.

According to CDC the use of vaccinations could mean the difference between life and death. Some diseases have become rare or have been eradicated through vaccination use, such as smallpox. However the choice to vaccinate is still optional due to no vaccination law enacted by the federal government, other than the requirement in all 50 states that children receive certain vaccinations before entering public schools. Children are required by most states to receive diphtheria, pertussis, polio, measles, mumps,

rubella and tetanus vaccines before entering public school, however, medical exemptions can be given if the child has had an adverse reaction to a prior vaccine or is allergic to a vaccine component.

During the August awareness campaign the CDC is seeking to decrease the number of

people opting out of vaccination by reaching out to communities through education outreach.

“Vaccines have reduced many diseases to very low levels in the United States. For example, we no longer see polio, a virus that causes paralysis, in our country. Not only do vaccines help the patient, they also protect people who come in contact with the patient. Infants and the elderly have decreased immune systems. Being vaccinated helps protect these populations,” said Dr. Jason McKerry with the Tulalip Karen I. Fryberg Health Clinic on the Tulalip Reservation.

This year, Washington State was among 17 other states that experienced a high percentage of measles cases, a first in 20 years. As of July 30, 585 confirmed cases of measles have been reported throughout the nation, 27 of them in Washington. Similarly, cases involving pertussis, or whooping

cough, have been on the rise. As of July 26, Washington State Department of Health reported 219 cases of whooping cough, 6 of those reported in Snohomish County, while Grant, King and Pierce Counties each reported 30 or more.

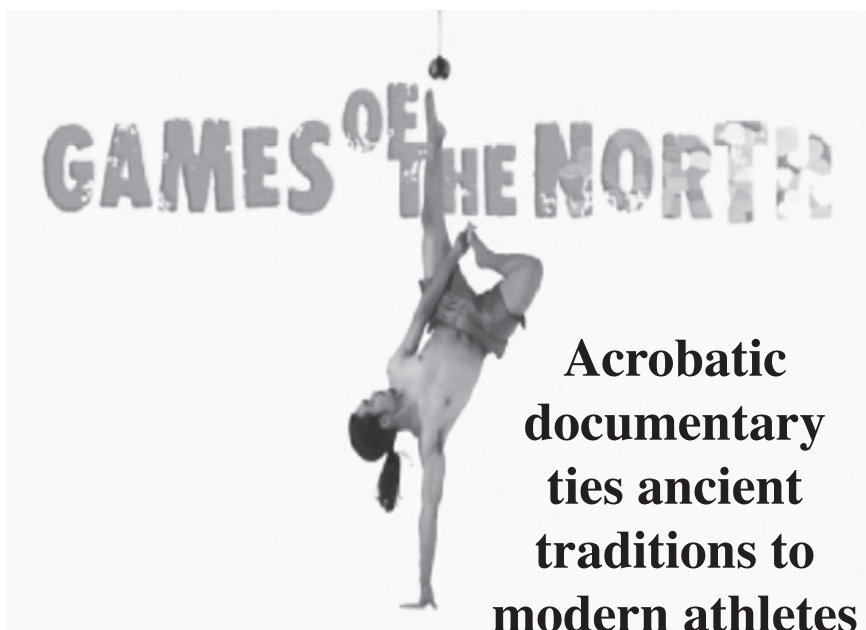
Through the use of vaccinations the risk of infection is reduced. Vaccinations, states the CDC website, work “with the body’s natural defenses to help it safely develop immunity to disease.” This means vaccinations aid the development of immunity through imitating infection so when the body does encounter the disease, the body will recognize it and fight the infection with antibodies it has created.

“Serious infections like pneumonia, bacteremia, a bacteria infection that gets in the blood and spreads to the whole body, and meningitis, an infection of the fluid that surrounds the brain and spinal cord, can occur with lack of vaccinations. Most of these diseases can be treated with medicine, if caught early enough, but serious negative outcomes can occur if the infection spreads rapidly. These include brain damage, hearing loss, chronic lung disease and even death. It is best to be safe and vaccinate early, before you have a chance to contract a life-threatening disease,” said Dr. McKerry about the risks associated with not vaccinating.

Vaccinations can be administered at private doctor offices, public community health clinics and community locations, such as schools and pharmacies for a reduced price, however most insurance plans do provide coverage cost for vaccinations.

“I always encourage a patient to obtain vaccines from a primary care provider who knows them best and can offer the most current advice on vaccines,” Dr. McKerry said, who went onto to explain that children should be vaccinated before the age of two. “Your child should be vaccinated against hepatitis A and B, rotavirus, a virus that causes severe vomiting and diarrhea. Diphtheria, tetanus and whooping cough, haemophilus influenza B, a virus that causes pneumonia and ear infections, among other infections, pneumococcus, a bacteria that causes pneumonia and ear infections, among other infections, and polio, measles, mumps and rubella (MMR), varicella (chicken pox) and a yearly flu vaccine.”

For more information about immunizations or immunization schedules, please visit the website www.cdc.gov/vaccines/schedules/. Or please contact the Tulalip Karen I. Fryberg Health Clinic at 360-716-4511.



By Roger Vater

During the week of August 18 – August 24 on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on www.TulalipTV.com you can watch the documentary ‘Games of the North: Playing for Survival’ at 11:00 a.m., 8:00 p.m. and 2:00 a.m.

For thousands of years, traditional Inuit sports have been vital for survival within the unforgiving Arctic.

Acrobatic and explosive, these ancestral games evolved to strengthen mind, body and spirit within the community.

This documentary examines four modern Inuit athletes’ ties to the Arctic Winter Games—an event drawing hundreds of athletes from the northern territories of the Arctic Circle. Held biennially for a week in March, participants compete in strengths of endurance, agility, mind, body and

spirit in front of large crowds comprised of family, friends, supporters and media alike.

Following these Inuit athletes as they trek across Alaska to live, compete, hunt, train and pursue their goals is where you’ll revel in the complex, interconnectedness of Inuit culture. The very core of their village life is centered around the idea of community and the values that must be honored to sustain it.

Continued on next page

“The relevance of the games to today’s northern territories—such as Alaska, Quebec, and Greenland just to name a few—is so crucial to the survival of the culture. The harsh and unforgiving Arctic is not child’s play. It takes knowledge from the past and one’s personal strength to endure what Mother Nature gives you,” stated Steven Wounded Deer Alvarez

(Mescalero Apache/Yaqui/Upper Tanana Athabascan), the film’s executive producer who is also a director at the Alaska Native Heritage Center.

You can watch ‘Games of the North: Playing for Survival’ and many other Native programs on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on www.TulalipTV.com on a PC,

Mac or any ‘Smart’ device such as phone or tablet.

For a current schedule of Tulalip TV, you can always visit: <http://www.tulaliptv.com/tulaliptv-schedule/>

Program description source: <http://www.nativetelecom.org/films/games-north-playing-survival>



“Being Frank” Inslee water quality plan too little, too late



Russ Hepfer

By Russ Hepfer, Vice Chair of the Lower Elwha Klallam Tribe

Note: Being Frank is the monthly opinion column that was written for many years by the late Billy Frank Jr., NWIFC Chairman. To honor him, the treaty Indian tribes in western Washington will continue to share their perspectives on natural resources management through this column. This month’s writer is Russ Hepfer, Vice Chair of the Lower Elwha Klallam Tribe and an NWIFC commissioner.

More delay is about the only thing that any of us who live here in Washington can count on when it comes to a badly needed update of state water quality standards to protect our health.

After decades of foot-dragging by previous governors, Gov. Jay Inslee recently unveiled his plan to revise our state’s ridiculously outdated water quality standards. While the plan offers a small increase in protection from 70 percent of the toxic chemicals regulated by the federal Clean Water Act, it maintains the inadequate status quo for the other 30 percent.

At best Inslee’s plan offers minimal progress in reducing contamination; at worst it provides a ten-fold increase in our cancer risk rate.

Water quality standards are based in large part on how much fish and shellfish we eat. The more we eat, the cleaner the water needs to be. Two numbers drive our water quality standards: our fish consumption rate and our cancer risk rate from pollution in our waters.

Inslee’s plan rightly increases our fish consumption rate from the current 6.5 grams per day (about one serving of fish or shellfish per month) to 175 grams per day (at least one meal of fish or shellfish per day).

Support for that amount is a huge concession by tribes. Most tribal members, as well as Asian Americans and Pacific Islanders eat far more than 175 grams of fish and shellfish per day. Current studies show daily consumption rates of 236 to 800 grams. Even those numbers represent suppressed rates. If more fish and shellfish were available for harvest, more would be eaten.

While giving a little with one

hand, Inslee takes away a lot with the other, increasing our “acceptable” cancer risk rate tenfold, from one in a million to one in 100,000. Do you think anyone who gets cancer from the pollution in our fish and shellfish would find that risk rate acceptable? Would you?

That one in a million rate has protected all of us for the past 20 years. By increasing the cancer risk rate Inslee effectively cancels out most of the health benefits and improved water quality provided by the increased fish consumption rate.

The fish consumption and cancer risk rates are supposed to protect those who need it the most: children, women of childbearing age, Indians, Asian and Pacific Islanders, sport fishermen and anyone who likes to eat local fish and shellfish. When the most vulnerable among us is protected, so is everyone else.

To make up for the loss of protection under the cancer risk rate, Inslee proposes a statewide toxics reduction effort that would require legislative approval and funding. While the idea of a large toxics reduction program is a good one, it is not a substitute for an updated state water quality standards rule that carries the force of law.

No one knows what the Legislature might do, but two things are certain. There will be more delay and more opposition to Inslee’s proposal. Boeing and other opponents to improved water quality rules will likely engage in full-strength lobbying dur-

ing the session to block any meaningful change, claiming that it will increase their cost of doing business.

The state has a clear duty to protect the environment to ensure that our treaty foods such as fish and shellfish are safe to eat. If not, those rights are meaningless. We will not put our hard-won treaty rights or the health of our children in the hands of the governor or state Legislature.

Our treaty rights already are at risk because most salmon populations continue to decline. The reason is that we are losing salmon habitat faster than it can be restored. What good is restored habitat if it does not include clean water?

Washington could have joined Oregon as a leader in protecting human health and natural resources. Oregon two years ago increased its fish consumption rate to 175 grams per day and kept the one-in-a-million cancer risk rate. Now Oregon has the highest standards of protection in the United States.

Meanwhile, the Oregon economy hasn’t suffered and not one company has gone out of business as a result. Don’t we all deserve the same level of protection as Oregonians?

Any kind of justice that is delayed is justice denied. That includes both social and environmental justice. Further delays and weak water quality standards only worsen the suffering of many. Inslee’s plan is too little, too late.

Ask Mike

Hello again everyone! First I would like to thank everyone that has shown their support and appreciation for my first column. I have been overwhelmed by messages and emails thanking me for my words.

Now, for my next question, and please remember that this is my opinion only.

Tristan James asks: What is your opinion on financial and budget transparency in the Tulalip Tribes?

In my opinion, I think that transparency in our tribe is definitely a necessity, to a certain extent. Meaning, our numbers i.e. budgets, revenue, etc., should be available to Tribal members, but they should not be publicly broadcasted in the daily paper for everyone to see, via Facebook, See-yaht-sub or any other public way of communication. This does not mean I think it shouldn't all be open to critiquing. Sure, we should be able to ask questions and from what I have seen, questions are usually welcomed by the people that have in-depth knowledge of our monies. But, there are some things that could be very difficult to understand from an outside perspective. That's not to say that any one person is smarter than the other just because they hold a higher position. But it might make them a little more educated on the subject having first hand experience. When I go to the budget meetings, where all the departments from the casino have to be present and account for every dollar spent or gained, it is very difficult to follow along and I have been working with numbers for the casino for almost thirteen years.

I think a person's demeanor goes a long way as well when asking a question. Let's say that you are being audited and the auditor politely asks, "What does this mean?" or "Why is this money located here and not there?" as op-

posed to, "You have to tell me why we can't afford to do this, because it is my right and I said so!" From the perspective of the person being audited, I would be a little apprehensive towards someone that is demanding something from me instead of simply asking a question or two.

We should also consider the motives behind the questions and the want for transparency. What if a person goes to General Council to see the budget numbers and expenses, with the intention of motioning for an increase in our monthly percapita? In some cases, that person will only see what they want to see. Even if the Treasurer tells them that we absolutely positively cannot afford an increase at this time and presents the numbers to back it up. It usually doesn't stop the person from asking or motioning for the increase anyway. I am not saying that I am for or against another percapita increase, I just use that example because it seems to be the most popular subject at these meetings.

Now if a person wants the transparency so that they can be "in the loop" or to be more knowledgeable of the workings in the Tribal Government, that's a whole different situation.

That's the long answer. To sum it all up, my opinion is that we should always have a constant flow of financial and budget transparency to every tribal member. Whether it be for percapita, a yearn to further your knowledge, or if you just want something to complain about. Seriously though, try to remember that if a person and or business has a door open for any and every person that wants to walk through it, that same door can, will, and has slowly closed for no other reason than simply not wanting to talk to a person that is not open to listen.

Thank you for your question, Michael Moseley
Please send in your questions or feedback! Your name does not have to be included in the paper that is published.
AskMikeMo@icloud.com

Book review: The Absolutely True Diary of a Part-Time Indian

Author: Sherman Alexie

By: Mary Jane H. Topash, Group Tours Specialist, Hibulb Cultural Museum

Junior, a teenager on the Spokane Indian Reservation, is awkward, stutters, wears glasses, and is bullied, but is smart and an aspiring cartoonist. "The Absolutely True Diary of a Part-Time Indian" is humorously written as a journal that chronicles the contemporary adolescence of one Native American boy as he attempts to break away from the life he thought he was destined to live.

Junior's life struggles are the same as many tribal youth: death, alcoholism, racism, bullying, and poverty. Junior faces all of this with a sense of uncharacteristic boldness that gives him the courage to change his path as he opts to leave the reservation and attend an all-white high school. Despite his friends and community seeing him as a traitor, he flourishes in the new school, befriends a geek, becomes the basketball star, earns the respect of the jocks, and gets the girl.

This story takes you through the struggles of identity as a teenager and as an Indian. Although there is plenty of humor, there is conviction written in the seriousness behind the stories and cartoons. Junior nonchalantly talks about his alcoholic father and poverty hand-in-hand, which might make some readers cringe, but for those who have grown up on a reservation, can completely relate. The story ebbs and flows through his experience at his first year in the all-white high school and all of the family-struggles and

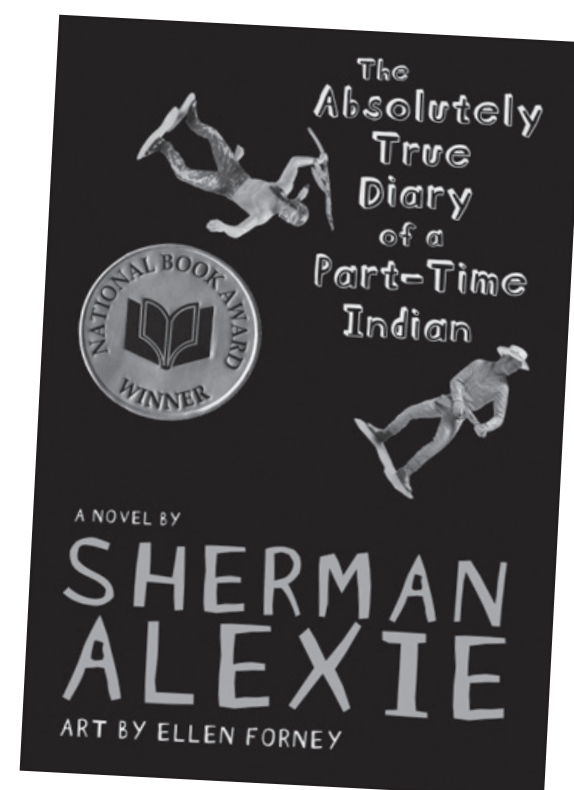
tragedies at home.

I found this book easy to read, I finished it in less than two days. It is very insightful, authentic, and very real. There is a feeling of relatedness with this character and I think readers can relate to Junior, too. I think that tribal youth could relate to his reservation struggles. For me, I was able to identify with leaving the reservation to go to school, then coming back. The story provides this sort of unspoken feeling of being *too Native* in the White community and being not Native enough on the rez.

Alexie writes in a way that all Indians can relate to, whether it's the number of funerals you attend, or the number of deaths in your family, to having a parent that is a recovering alcoholic, or a relative in jail. Alexie effectively produces these emotions that some non-tribal readers could find absurd or almost unbelievable, but does in a way that non-Native readers are not left out of the conversation.

I recommend this book to anyone over the age of 14. It is targeted for high school students but I implore everyone to read this. "The Absolutely True Diary of a Part-Time Indian" was the winner of the 2007 National Book Award for Young People's Literature.

This book is available in the Hibulb Cultural Center & Natural History Preserve Gift Shop for \$14.99



News

Night Out from front page

Article and photos by Brandi N. Montreuil

Tulalip and Marysville Police Departments partnered with Snohomish County Sheriff's Department to host the Annual National Night Out held at the Tulalip Amphitheater at the Tulalip Resort Casino on Tuesday, August 5.

The national event brings together law enforcement, local organizations, and community members to strengthen relationships to promote crime prevention, while educating community members about crime prevention methods, such as neighborhood watches and citizen patrols.

Traditionally Tulalip Police and Marysville Police Departments have split hosting duties, each taking a turn hosting the event in their respective cities. As this year's host, Tulalip invited local service organizations such as Snohomish County Volunteer Search and Rescue, Tulalip Bay Fire Department, Tulalip Behavioral Health, Medical Reserve Corps, Tulalip Legacy of Healing and others, to participate in the national event that celebrated its 31st anniversary this year.

An estimated 250 community members from the Tulalip/Marysville area attended the event and were able to ask questions about crime prevention and gain crime prevention awareness resources. In addition, were two K9 unit demonstrations that enabled participants to learn how K9 officers search and find drugs.

"Last night's National Night Out against crime was a success," Ashlynn Danielson with the Tulalip Police Department. "Events like this one bring together community members and law enforcement to promote crime prevention. We received positive feedback from participants."

Due to the success of this year's National Night Out event, Tulalip Police Chief Carlos Echevarria is considering planning an annual Tulalip Community National Night Out.



Tulalip Chief of Police Carlos Echevarria with Tulalip's Chief for the Day Milo Longstreet.

Education

Camp from front page

Article and photos by Brandi N. Montreuil

Tulalip youth welcomed family and friends to week two of the 19th Annual Lushootseed Language Camp on Friday, August 1. More than 60 campers attended the second week and presented a play based on a condensed version of the 900-line "The Seal Hunting Brothers," Tulalip story told by Martha LaMont.

Throughout the week-long camp, hosted by the Tulalip Lushootseed Language Department, youth learned basic Lushootseed phrases, names of places and animal names through interactive workstations, in addition to traditional Tulalip stories.



Back to School Block Party

August 26th 11:00am-6:00pm
Don Hatch Youth Center

An event to support our Native youth preparing for back to school!

Information Booths, Games, Food, Music & More!

Backpacks will be distributed to Tulalip Tribal Members in grades Pre-12th and also to Other Natives who are enrolled in the Marysville School District.

Must have Tulalip Tribal I.D. or Tribal Affiliation Verification

For more information please contact the Youth Services Department at (360) 716-4902 or email: jbustad@tulaliptribes-nsn.gov

Youth Presentation on Problem Gambling

By Sarah Sense-Wilson

I was recently invited by Tulalip Tribes Youth Education Department to present to the Summer Youth Employment students on the topic of problem gambling.

The presentation included: defining gambling and gambling addiction (using the medicine wheel), and drawing on youth experience with gambling as a vehicle for exploring warning signs, high risk behavior and awareness of penalties for underage gambling. Youth had a strong knowledge base of various types of gambling including: internet gambling, sports betting and card games. Youth are considered a vulnerable population for developing a gambling problem due to several factors such as; brain development, low impulse

control, peer influence, access to multi-media and easier access to gambling avenues due to expansion of gaming industry. Some online gaming appeals to youth by promoting action figures and symbols which are attractive to youth and young adults, i.e. scratch tickets with Spiderman and graphics similar to video games.

This is the first generation to be born into the world of multimedia and there is an abundance of gambling opportunities. Gambling problems among teens and young adults can remain hidden for a long time, and many school faculty, coaches, and staff are not asking questions of youth that might surface these problems. My primary goal for presenting to the youth was to educate and inform our youth about the potential risks involved and why they are a vulnerable population.

Youth engaged in small group exercises, large group discussions and watched a riveting PSA and a brief video/questionnaire

on gambling. I was amazed at the high level of participation and the interest many youth expressed while learning about problem gambling and the potential negative impact addictive gambling can have on individuals, family and community. I would like to thank the Tulalip Tribes Education Department leadership and staff for the invitation to present and provide our youth information on gambling addiction. This was a learning opportunity to support youth empowerment to make healthy choices for the betterment of Tulalip Tribal community and society as a whole.

If you are a youth and interested in creating a Public Service Announcement on problem gambling please contact me for more information.

If you would like to learn more about P.G. or would like a presentation on P.G. for your youth group, staff or leadership team please contact Sarah Sense-Wilson Problem Gambling Coordinator at (360) 716-4304

What Kind Of Programs Do YOU Want Higher Ed To Host?

We would like to reach out to the community for suggestions or recommendations of future programs. Please email HigherEd@tulaliptribes-nsn.gov or call 360-716-4888. Let us know what you want to learn more about!

Higher Ed Staff

A Prayer for our Schools, August 24, 2014

Submitted by Steve & Lynn Reid, Christian Community Matters

To the Pastors, Priests, Bishops, Elders, Deacons and congregations of the Marysville/Tulalip Christian community:

Update: We have met with Superintendent Dr. Becky Berg and her staff. We were thanked and encouraged by them to proceed with this event. This is not an official school event.

We hope that the prayer contained here is widely distributed for the churches of all Christian denominations of the Marysville/Tulalip community to direct our shared desires for success in the coming school year. Our hope is that every

church adopts a school or schools closest to their location with the intent of saying this and/or other prayers between 12:30 and 1:30 p.m. on Sunday, August 24th or a convenient time on that day. It is also our hope that this prayer will be video recorded for posterity by each church as a reminder of the faithfulness of God and his desires for us now and in the future. Our heart is for the local church body, in unity of Spirit, to embrace our schools and community with not only prayer, but support for resources and the many needs of our city. We all know that Prayer has power when done in communion with others. We are called to be the light. Let it

shine for our children and families to see.

We are continuing to seek the support and/or endorsement of local media, elected and appointed officials, business community, armed forces support agencies and public in this endeavor. We have had great success and personal support from all the leaders we have contacted so far. Praise God.

CCM and our members are committed to building trusted relationship within our community and will encourage and support any plan, program or campaign that furthers our goal to build upon the Godly work that our neighbors are pursuing to make Marys-

ville/Tulalip a shining city on a hill. Will you join us?

After prayerful consideration, please let us know by email which school or schools your church family will be praying over.

On Our Knees,
Christian Community Matters

Please refer any prayers, thoughts, questions and ideas to: ChristComMatters@hotmail.com...addressing the matters of Christ in our community because Christian community matters.

Father God, please hear our prayer. We bring to you today our prayer for our community schools. We ask

Education

you to surround this building and grounds, our teachers, workers, volunteers, administrators and Your children with Your safety and protection. We ask for Your intercession that all people, each day express Your tolerance, forgiveness, acceptance and grace for one another. We ask in Your name that all confusion, stress, doubt and lack of resources be removed from these premises.

We thank you for these facilities, these children, their families and the dedicated teachers and staff. We give thanks for the support of the Marysville/Tulalip community.

In Your name we pray for You to cover us with Your everlasting blessings, a renewed promise of hope and

your unfailing love for our community.

In Your powerful and mighty name. Amen

This prayer will be read on the school site(s) corporately in unison by those in attendance, or individually line by line, or by one person in its entirety, or read and repeated line by line.

CCM is asking that those participating in this important event, video record this prayer(s) for posterity and reference in the future for others. A CCM web page will be created soon to accommodate the video, prayers, church hub news and events, community networking, referrals, and discussion.

God Bless us all in this Holy endeavor.

Health

Inaugural Family Night gathering

Submitted by Michelle Fink-Custer, Family Services

The inaugural Family Night gathering at Tulalip Tribes Family Services/Behavioral Health was a huge success!

We opened our gathering with a Blessing, Song, dinner and introductions.

A short video regarding the "10 Toughest Questions that families and friends ask about addiction and recovery" was viewed. A discussion followed and informational materials were shared.

Some thoughts and feedback from family members attending:

KF "very well organized, informative and supportive"

EH "great information! It was good to learn how to help other addicts"

KG "Family recovery is important"

LG "Once my family understood my struggles of addiction they became supportive in a good way"

JH "This is a good thing, our community needs to learn about addiction and recovery so we can heal"

We thank you Tribal members and family for attending Tulalip Tribes Family Services/Behavioral Health Family night on July 29th, 2014. Because of the great turn out we will be able to provide this supportive and informational gathering on the last Tuesday of every month at Family Services, Juanita Jones Morales.

Please join in our information for addiction education and recovery.

Our next gathering will be Tuesday August 26, 2014 5:30 PM at Tulalip Family Services, 2821 Mission Hill Rd. Tulalip WA. Please call 360-716-4400 to RSVP.



ECEAP

Early Childhood Education and Assistance Program

Will your child be four years old by August 31st ?

Tulalip ECEAP is a preschool program funded by Tulalip Tribes and Washington State, and is FREE to income-eligible families.

Our Services Include:

Education-

- Child centered, developmentally appropriate curriculum
- Language and literacy, math and science
- Social/emotional and problem solving skills

Family Support-

- Resource and referral
- Home visits and conferences
- Leadership opportunities and family education

Health and Nutrition-

- Developmental screenings
- Personal safety curriculum



To enroll, please call
(360) 716-4273 or
(360)716-4275

Child must be fully potty trained

Commercial tobacco use is the number 2 killer in Indian country

Submitted by Lydia Juarez, Tulalip Tribes Stop Smoking Program

American Indians and Alaska Natives have the highest smoking rates (cigarettes and smokeless tobacco) of any race. At 30 percent, it is more than double the rate of the general population. We also have much higher rates of chronic diseases, such as heart disease, cancer, diabetes, and lung disease. These chronic diseases represent four of the five leading causes of death for American Indians. Commercial tobacco use either causes these or creates severe complications for people with these diseases.

In 2006-2008 the combined average smoking among Native Americans in

Washington State, was about 35.3 percent. This is significantly higher than the state overall average of about 16.3 percent for the same years. Cigarette smoking among Native American youth, grades 8th to 10th in 2008, was double the amount of non-Hispanic white populations. The percentage of women smoking during pregnancy is also higher, 23.3 percent; the state average is 10.1 percent.

Although the Native American population is comparatively small in size (2 percent in Washington State), the consistently high rates of tobacco use for Native Americans, in all age and gender groups, still result in large proportions of individuals being affected by tobacco use. If you,

Continued on next page

Health

or someone you know, is considering quitting, please call Lydia Juarez at Tulalip Tribes Stop Smoking program, 360-716-5719; this program is free to everyone that lives within Snohomish County. We offer one-on-one counseling, patches, lozenges and gum.

Words from an Elder

Before you decide to smoke that first cigarette or make a decision to never smoke another, look backwards, back to the time of our ancestors. There were no cigarettes then; if tobacco was used at all, it was used in ceremonies. Set your course by the tradition of our ancestors.

Our children and people deserve to live in a smoke free environment and live a healthy life. The advertisements about what cigarettes and second hand smoke do to people are not exaggerations ... they can kill.

Every year the challenges to Tribes become greater. We

need every tribal member to be healthy and strong. We must be the warriors of our tribal communities and prepare our children to be the warriors of the future. Looking back to our ancestors provides good guidance to make sure the future of our Tribal descendants is a healthy one.

In the end, it is your decision and it takes guts to make it. Be tough, don't smoke; and if you do smoke, quit. Be a warrior.

Charlene Nelson,
Chairwoman,
Shoalwater Bay Tribe

National Health Interview Survey, 2005 - 2010				
Characteristic	2005		2010	
	Males %	Females %	Males	Female
White, non-Hispanic	24.0	21.9	22.6	
Black, non-Hispanic	26.7	21.5	24.8	20.6
Hispanic	21.1	16.2	15.8	12.5
American Indian/Alaskan Native	37.5	32.0	36.7	31.4
Asian, non-Hispanic**	20.6	13.3	14.7	9.2
Multiple race, non-Hispanic	26.1	24.8	28.4	25.9

- In 2010, 14.9% of American Indian or Alaska Native youth aged 12-17 reported being current smokers; 71.2% of American Indian or Alaska Native high school students reported ever smoking cigarettes, while 33.7% were current cigarette smokers. This is the highest rate of cigarette smoking among youth of any racial or ethnic group in the U.S.

Tobacco Fact Sheet, Legacy, For Longer Healthier Lives, 2010

Tulalip Tribal Court Notices

TUL-CV-GU-2014-0217. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Guardianship of JC, DOB: 1/6/2010 TO: Cameron Craig: YOU ARE HEREBY NOTIFIED that on June 11, 2014, a Petition for Guardianship was filed in the above-entitled Court pursuant Tulalip Tribal Code Chapter 4.05 regarding youth JC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on August 28, 2014 at 9:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 23, 2014.

TUL-CV-GU-2014-0167. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re L.P.TO: Lakota Phillips: YOU ARE HEREBY NOTIFIED that on May 20, 2014 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding L.P. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on August 28, 2014 at 10:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 23, 2014

TUL-CV-GU-2014-0236. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re T.L.E.K.W. TO: Tah-Sheena Williams and Kanum Cultee Sr.: YOU ARE HEREBY NOTIFIED that on June 20, 2014, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding T.L.E.K.W. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on September 2, 2014 at 3:00 pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 9, 2014

TUL-CV-DI-2014-0248 Summons for Dissolution of Marriage (with children)

Tulalip Tribal Court, Tulalip, WA Jessica Kristin Williams, Petitioner Vs. Alan Gordon Williams, Jr., Respondent To: Alan Gordon Williams, Jr., a petitioner has started an action in the above court requesting that your marriage be dissolved. In order to defend against this petition, you must respond to the complaint by stating your defense in writing, by serving a copy unto the Court, Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271, and upon the petitioning person within twenty days after service of this summons or a default judgment may be entered against you without notice. You have important legal rights and you must take steps to protect your interests. Date first published: July 16, 2014

TUL-CV-CU- 2014-0238 SUMMONS BY PUBLICATION

Tulalip Tribal Court, Tulalip, WA In re Custody of N.J. To: Prancing Bear J.J. Jules YOU ARE HEREBY NOTIFIED that on June 23rd, 2014 a Petition for Residential Schedule/Parenting Plan was filed in the above-entitled Court pursuant to Tulalip Tribal Code Chapter 4.20 regarding N.J. You are hereby summoned to appear and defend the above-entitled action in the above-entitled court and answer on September 30th at 10:00 am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 13, 2014.



Help Grow A Human Being,
Be a Foster Parent.

Northwest Youth Services

NWYS foster parents are integral members of an advocacy team that surrounds each child we care for. We believe well-trained and supported parents plant seeds that grow children toward positive futures.

Want to hear more? Call Julia at 360-734-9862 x.123

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Yelabted Talking Circle

- Open with Prayer
- Introduction
- Sharing
- Break
- Share
- Encouragement
- Closing Prayer

**EVERY
WEDNESDAY**

3:00 pm - 5:00 pm

**Family Services
Building C**

Snack will be provided

For parents with open I.C.W. cases, or have closed their cases.

- A place to share your feelings and grow as a parent
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- Confidential
- Safe clean / sober place
- Learn the details that you need to know about being successful with your beda?chelh case



Contact Information

Katie Jones 360-913-5787

Kay Feather 360-716-4311

Problem Gambling Program

Family Night

August 21, 2014 • 5:30 pm - 7:00 pm
(Juanita Jones Morales Building)

Dinner Provided

Friends and family members of problem gamblers are invited to attend our once a month education/support group on Problem Gambling. Problem Gambling has a negative impact on relationships, family and community and for every problem gambler they negatively affect at least 7 people. Gain support, Q&A, and learn about gambling as an addiction disorder. Participants will learn about problem gambling warning signs, disease model, and how to cope when a loved one is in the grip of addiction.



RSVP Sarah Sense-Wilson
at (360) 716-4304

Tulalip Tribes
Family Services
2821 Mission Hill Rd.
Tulalip, WA 98271



Drop - in Sessions



Come learn about these areas of study...

◆ Health Sciences & Public Safety Programs

Medical Assisting • Phlebotomy • Radiologic Tech
Nursing (RN) • Nursing Assistant Certified • Physical Education
Healthcare Risk Management • Criminal Justice • Fire Science
Emergency Medical Technician (EMT)

◆ Tribal Business Technology Programs

Fall 2014 courses offered at the Tulalip College Center

Keyboarding • Job search and professional development
Business English • Computer Literacy • Word • Databases
Spreadsheets • PowerPoint • GED

DATE: **AUGUST 20th**

TIME: **12-2 pm**

LOCATION: Dining Area, 2nd Fl, Admin. Bldg.

* RSVP: **360-716-4888**, Higher ED
or highered@tulaliptribes-nsn.gov



HIBULB events

3rd Annual Hibulb Anniversary Celebration

Saturday, August 16 2014

Storytelling: Killer Whale Tales' **Jeff Hogan & Hibulb's Lois Landgrebe** • 10:30 AM - 12:00 PM

Poetry: **Ceriwyn Hanney**, Poetry Out Loud Competition Winner • 12:00 PM - 12:30 PM

Lecture: **Reverend Patrick Twohy, S.J.**, Author "Finding a Way Home" and "Beginnings - A meditation on Coast Salish Lifeways" • 1:00 PM - 2:00 PM

Workshop: **Richard Muir**, Tulalip Artist will demonstrate his Peyote stitch and have kits available • 2:00 PM - 3:00 PM

Culture: **Lance Taylor**, Tulalip Master Weaver will demonstrate his skilled cedar weaving style • 3:00 PM - 4:00 PM

Film: "More Than Fry Bread". Featuring producer **Travis Holt Hamilton** • 4:00 PM - 6:00 PM

Journey
WITH OUR
Ancestors

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CANOES

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For all Hibulb events, call 360.716.2600 or go online.

Fees for all events are the cost of admission.

Lena Jones at 360-716-2640
lejones@tulaliptribes-nsn.gov

Mary Jane Topash at 360-716-2657
mjtopash@hibulbculturalcenter.org

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BINGO

\$2,500 HAWAIIAN CASH HOT SEAT DRAWING

SATURDAYS AUGUST 2, 9, 16, 23 & 30

(3) Winners will be drawn each 7PM session prior to halftime. Each winner will choose an "Apron" to determine cash prize.

BINGO

**\$2,000
CASH DRAWING
ALL SESSIONS**

SUNDAY AUGUST 31ST

(5) - \$100 at 11AM & 3PM sessions and (10) - \$100 at 7PM session. Each guest will automatically be entered into monthly drawing upon initial buy-in starting Aug. 1st - Aug. 30th with drawing to be held Aug. 31st, 2014.

SLOTS

**\$2,000
HAWAIIAN \$
HOT SEAT DRAWING**

THURSDAYS AUGUST 7, 14 & 21

(2) Winners drawn each 11AM, 3PM & 7PM session. Winners will choose a mini "Hawaiian Warrior Helmet" to determine cash prize.

FOR MORE MONTHLY EVENTS VISIT TULALIPBINGO.COM

\$5 OFF
11AM or 7PM Session.

One offer per guest, per week • Redeem at cashier window - Must present your Winners Club card to cashier - Not valid with any other offer. No cash value. Only original ad will be honored for special offers - no copies. Management reserves the right to cancel or amend promotion at any time.

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