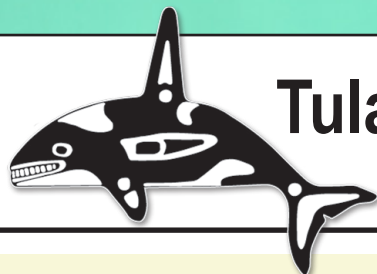


Back to School

Marysville School District students head back to school September 3



Tulalip

SEE-YAHT-SUB

dx̣'łilap syəcəb
"Tulalip News"

Volume 35 No. 33

Wednesday, August 27, 2014

Panera Bread to open new restaurant in Quil Ceda Village



Tulalip council woman Theresa Sheldon is joined by Martin Napeahi Interim Manager for Quil Ceda Village, Jason Levich, and Tulalip councilwoman Deb Parker for the groundbreaking on a new Panera Bread restaurant.

Article and photos by Brandi N. Montreuil

Tulalip tribal council members and Quil Ceda Village planning staff joined Jason Levich, equity partner with Panera Bread for the Seattle region, to break ground for a new Panera restaurant on Thursday, August 14.

According to Quil Ceda Marketing Manager, Teresa Meece, the Tulalip Tribes

and Panera Bread have signed a lease agreement to build a 4,300-square-foot restaurant. The new restaurant will be located on a vacant lot near the Home Depot in Quil Ceda Village on the Tulalip Indian Reservation and will feature the Panera menu of sandwiches, salads and baked goods, as well as a drive-through window.

"Panera Bread is a perfect addition to Quil Ceda Vil-

lage," said Meece. "In addition to their amazing food they share our values of giving back to our community. We are really excited and can't wait for their doors to open."

Wilcox Construction is currently completing prep work at the site. The restaurant is slated to open December of this year.

"It is very critical and important decision in who we

See **Panera**, page 3

Children celebrate as they start school

Tulalip Early Head Start students move on to preschool



Jordan and Alex Bontempo. Jordan, who already moved up to the Tulalip Montessori, is a proud big brother as Alex begins school.

Article and photos by Andrew Gobin

The Parent Committee of the Tulalip Early head Start program gathered with staff and students Tuesday, August 12, at the Tulalip Amphitheatre to celebrate their children as they transition into preschool, beginning their academic careers.

"I think it's a great event where we can honor our children. The parents and staff worked together to make this event happen,"

See **Children**, page 9

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Watch



TULALIP TV
www.tulaliptv.com



TULALIP TV

Tulalip Tribes Vision

We gathered at Tulalip are one people.
We govern ourselves.
We will arrive at a time when each and every person has become most capable.
Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

TULALIP TV Monday 9/1/14 thru Sunday 9/7/14		
Time	Show	Duration
12:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	From the Spirit - Terry McCue Terry talks about his struggle with alcohol, his lack of formal training and his success as a painter producing unique works that are bold and beautiful.	0:30
1:00 AM	Between Two Worlds-Part 2 A look at different programs which are available to single moms, including urban support groups, cultural activities as well as family and friends.	0:30
1:30 AM	Tulalip Health Watch - Diabetes What diabetes is, how it is diagnosed, and what your part is in preventing this disease, which has taken Indian country with epidemic proportions.	0:30
2:00 AM	Priest Pt. / Mud Bay Archaeological digs at Priest Point (Tulalip) and Mud Bay (Squaxin Island) with Lushootseed phrases and words showing ancient native activities.	0:30
2:30 AM	Make Moccasins-Hard Sole Simple teaching methods show how to make a pattern, how to adopt for men & women - any size and how to adopt for high top moccasins.	0:30
3:00 AM	Creative Native - 505 'The Quechua' - Is an examination of this unique Andean tribe that has survived contact and preserved a culture rich in history and traditions.	0:30
3:30 AM	Making a Drum Jorge Lewis, First Nations Artist, shows a step-by-step process on how to build a drum and shares stories and teachings.	0:30
4:00 AM	LMTV #31 Potlatch Fund Leadership Awards, Samish Canoe Family, Winter in the Blood - The Beginning, People of the Hi-Line, The Crew, Longhouse Media Interns	0:30
4:30 AM	Between Two Worlds-Part 2 A look at different programs which are available to single moms, including urban support groups, cultural activities as well as family and friends.	0:30
5:00 AM	Earth Voices - 208 Profiling Aboriginal People: Harold Cardinal - Activist, Herman Yellow Old Woman - Musician, Bill Davidson - Activist, Rufus Goodstriker - Elder	0:30
5:30 AM	From the Spirit - Terry McCue Terry talks about his struggle with alcohol, his lack of formal training and his success as a painter producing unique works that are bold and beautiful.	0:30
6:00 AM	Rez-Robics: The Exercise Video Aerobic Exercise for Indian People by Indian People, through the eyes of Drew and Elaine.	1:30
7:30 AM	Tulalip 'Slides' + Total Info Tulalip 'Slides' and Total Info, A service for TULALIP TV viewers - with current News, Weather, Traffic, Financial, Dailies to keep you informed.	0:30
8:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	Wapos Bay - Ep 3033 "Too Deadly" - Raven has a crush on one of Talon's friends and has to overcome T-Bear, Talon and Devon from ruining it.	0:30
9:00 AM	Good Meat Once a star athlete, Beau LeBeau's (Oglala Lakota) unhealthy weight which has triggered the onset of Type II Diabetes. Enlisting the help of a physician and a nutritionist, he starts exercising and begins a traditional Lakota diet of buffalo meat and other Native foods.	1:00
10:00 AM	Watchers of the North, Ep-6 'The Fishing Derby' - The Canadian Rangers test ice safety before the whole town heads out for the annual spring fishing competition.	0:30
10:30 AM	Tulalip Health Watch - Diabetes What diabetes is, how it is diagnosed, and what your part is in preventing this disease, which has taken Indian country with epidemic proportions.	0:30
11:00 AM	Priest Pt. / Mud Bay Archaeological digs at Priest Point (Tulalip) and Mud Bay (Squaxin Island) with Lushootseed phrases and words showing ancient native activities.	0:30
11:30 AM	NWIN - 52 NorthWest Indian News: Actress Misty Upham, Colville Retirement Center 30th Anniversary, Coast Salish Day, Suquamish Ocean Acidification Project	0:30
12:00 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 PM	Totem Pole Raising In June 2006 a Totem Pole Carved by Tulalip Artists is raised with the traditional ceremony at Marysville Junior High School.	0:30
1:00 PM	Native Report - 809 We travel to the Mille Lacs Band of Ojibwe for the State of the Band Address. We also interview visionary Lance Morgan of Ho-Chunk, Inc.	0:30
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4:00 PM	NWIN - 52 NorthWest Indian News: Actress Misty Upham, Colville Retirement Center 30th Anniversary, Coast Salish Day, Suquamish Ocean Acidification Project	0:30
4:30 PM	Lushootseed Learn Tulalip Lushootseed Language thru the Lushootseed Language Video Series and the Lushootseed Phrases of the Week.	0:30
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This Schedule is subject to change. To see an updated schedule, go to:
<http://www.tulalip.tv.com/tulalip.tv-schedule/>

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv.com/tulalip.tv-schedule/>. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your See-Yaht-Sub?

Contact Rosie Topaum at 360.716.4298 or email rtopaum@tulaliptribes-nsn.gov

FAMOUS!

Angela Tait

is
dʒəgʷaʔ dxʷyayus

(Famous for being a hard worker)

September 2014

Employees Recognizing Employees



The Financial Accountants nominated Angela Tait as famous employee for the month of September. Angela is extremely helpful, responsive and attentive to the needs of others and their requests. But mostly, she has a happy permagrin that keeps everyone smiling. Thank you Angela for all you do!

THE TULALIP TRIBES 2014 ANNUAL COMMISSION ELECTION

The Annual Commission Election and the Semi-Annual General Council meeting shall take place:

Saturday, October 18, 2014

7:00am polls open/close at 1:00pm

Tulalip Resort Casino, 10200 Quil Ceda Blvd

Tulalip, WA 98271

THE FOLLOWING CANDIDATE'S TERMS ARE EXPIRING:

Fish (2)

Gerald Fryberg Jr.
William D. Jones (BJ)

Gaming (2)

Joy Lacy
Frieda Williams

Planning (2)

Mytyl Hernandez
Aaron Losik

Police Advisory Board (2)

Elisha Stewart
Wesley Monger

TERO (1)

Jessica Joseph

All positions are available for a three (3) year term to serve on the Commission's. The qualified candidates receiving the highest number of votes will be elected to serve-; Fish has two (2) positions; *Gaming has two(2); Planning has two (2) positions; Police had two (2) Positions; TERO has one (1) position. In the event of a tie(s), the election shall be determined by coin toss.

Petitions are available at the Tulalip Tribes Admin Building, Election office starting August 18, 2014 – August 29, 2014. Petitions must be returned to the same place and to election staff ONLY.

No person shall be a candidate for a Commission position unless he/she shall be an enrolled member of the Tulalip Tribes. They shall be at least eighteen (18) years of age for Fish, Planning, Police Advisory and TERO, and twenty one (21) for Gaming. No person may be a candidate on a Commission if he/she shall have been found guilty of any felony, or a misdemeanor involving controlled substance or dishonesty in any Indian, State, or Federal court within three (3) years prior to the election. Other requirements apply on the Police Advisory Board, Fish, Planning and Gaming commissions that will be included with petition.

Requirements for the petition completion are as follows:

- ✓ Must bear the original signature of the candidate
- ✓ Must be signed by not less than five (5) legal tribal voters
- ✓ Voters may sign only one (1) petition per commission election

The list of qualified candidate will be posted in a public place and otherwise be made known to the tribal membership not less than two (2) weeks prior to the election date. The Tribal rules and regulations governing elections shall apply.

DEADLINE FOR RECEIPT OF PETITIONS

Friday, August 29, 2014 at 4:00pm

Tulalip Tribal Administration Building

C/O Election Staff (360) 716-4283

6406 Marine Drive

Tulalip, WA 98271

Dated: August 4, 2014

Herman Williams Sr., Chairman

Panera from front page

partner with,” said Tulalip Tribal councilwoman Deb Parker shortly before the groundbreaking. “When we make these decisions we do it all together with one heart and one mind.”

Interim Quil Ceda Village General Manager, Martin Napeahi, explained that the Tribe carefully selects businesses for the Quil Ceda Village business park to continue building the local economy. The lot that Panera will fill has sat vacant for 15 years.

“How blessed we are to have been accepted as a partner

after 15 years of searching for the right partner for this lot,” said Levich at the groundbreaking. “I feel humbly confident that our team will bring in the things that you want to see out of this partnership. We pride ourselves in taking great care of our customers and providing exceptional service, and quality food. On behalf of Panera Bread, I am honored to become partners here and thank you for welcoming us. This is going to be our 24th location in the Northwest and I am proud to say that it will be our very best.”



Teri Gobin is joined Ginny Ramos and Juanita Diaz in a traditional prayer and song before the groundbreaking.

We are the Snohomish, Snoqualmie, Skykomish...

Understanding how the modern Tulalip Tribes came to be is necessary to protecting treaty rights and sovereignty into the future



Crowd gathered at Mukilteo Beach during the 1955 celebration of the 100th anniversary of the signing of the Point Elliott Treaty.
Photo by Tulalip Church of God Pastor B. Adam Williams.

By Niki Cleary

An article in the August 20th issue of the See-Yaht-Sub featured a quote from the self-proclaimed chairman of a group of Snohomish descendants. The quote incensed many Tulalip citizens and sparked community wide discussions about Tulalip history and civics.

“I thought Herman Williams, Sr. was Chairman of Snohomish tribe,” said Tulalip citizen Joe

Hatch, Sr., referring to Tulalip’s current Chairman. “I’m deeply offended reading the See-Yaht-Sub today. Our paper recognizing the ‘so called’ Snohomish, what wrong with this? We don’t recognize them.

“It’s heart wrenching for someone to try to carry our name,” Hatch continued. “We are Snohomish. It’s our identity, it’s who we are. I hardly ever stand up and say that I’m Tulalip, I stand and say, I’m Sno-

homish! When we signed the treaty we acknowledged it, we moved to the reservation and we became part of Tulalip.”

Tulalip has vehemently opposed the recognition of the Snohomish group for a number of reasons, one of the most prominent, modern Tulalips are the descendants and successors in interest of that tribe. Younger Tulalips don’t necessarily understand the controversy.

“I didn’t know there was someone claiming to be a Snohomish Chairman,” said Tulalip citizen Amy Anderson.

Like most Tulalips, Anderson comes from a mixed heritage. Her family line includes Snohomish, Snoqualmie and Swinomish ancestors. “We’re already here, we already exist,” Anderson continued. “Their ancestors made a choice to leave, to divide from us. It makes me curious.

Those Snohomish are obviously our relatives, but they probably don't meet our enrollment requirements. I want to know more about these people if they're claiming to be Snohomish."

Anderson continued, chatting about the abysmal condition of reservations during treaty times.

"We have to look at why they left Tulalip, if I had to make a decision about whether to keep my kids healthy and safe, or stay where they might be taken away and abused by missionaries and priests, I'd be out of here. We need to protect our rights, but maybe we need to bring them on board. Those are someone's relatives, how would our ancestors feel knowing how we are treating our relatives?"

Because Tulalip's enrollment criteria include one continuous year of residency for the parent prior to the birth of the child, as well as documented descendency, off-reservation descendants of the Snohomish would not qualify for enrollment at Tulalip.

Tulalip Board of Director Glen Gobin further clarified the issue, explaining that tribes are not just families or cultural groups, tribes are sovereign governments.

"After lands claims in the 50s and the Boldt Decision, you had groups starting to claim that they are tribes. They are not a tribe, they are a group that is claiming

descendency. They didn't function as a tribe, they functioned as a family. Tulalip has ongoing opposition to groups seeking federal recognition when we are the successors in interest to those groups."

In the past Tulalip also opposed the recognition of the Snoqualmie tribe, which, although now recognized by the Federal Government, does not have access to the treaty guaranteed rights that Tulalip has as the successor in interest to the historic Snoqualmie treaty tribe.

"If you look at the past Snoqualmie leaders, they are buried here at Tulalip," said Gobin. "When our people moved to the reservation, we also removed the remains of past leaders and brought them with us. Snoqualmie's recognition as a tribe gives them governing authority, but Tulalip still holds the treaty reserved rights."

Hatch said that tribal sovereignty and treaty rights are always in jeopardy and acknowledging, even in passing, a group claiming to be a tribe is a step in the wrong direction.

"I believe that if you don't stand up for treaty rights, someone will take them away from you. It would be dangerous to recognize those people as a tribe. It would be destructive. The lack of education [in the community] is scary."



Tribal youth today are learning to speak the Snohomish dialect of the Lushootseed language. Photo by Brandi N. Montreuil.

Excerpt: Michael C. Evans – Snohomish Tribe of Indians, vs. Kenneth Salazaar, US Department of the Interior, BIA, Office of Federal Acknowledgement

Tulalip Tribes' opening brief as amicus curiae in support of the federal defendants' motion for summary of judgment, December 10, 2010.

The identity and heritage of the Tulalip Tribes is inextricably tied to that of the historic Snohomish tribe. The Tulalip Reservation, established by the 1855 Treaty of Point Elliott, is named for a bay located in the center of the aboriginal lands of the Snohomish tribe. The location of the Reservation at the mouth of the Snohomish River was chosen because of its protected harbor and proximity to Snohomish fishing places. Next to the Reservation on the south side of the Snohomish River was the location of the main historic village of the Snohomish, Hibulb.

When the treaty was finally ratified in 1859, the Tulalip Reservation became the permanent homeland for the Snohomish tribe, and also the Snoqualmie and Skykomish, allied tribes who shared the same river basin, with only small numbers of individuals coming from neighboring tribes. Tulalip Agency records provide a detailed record of federal dealings with the Snohomish tribe tribal leadership and document a predominantly Snohomish and Snoqualmie population on the Tulalip Reservation. As hard as life was on the Reservation, it nonetheless provided a permanent homeland in which the Snohomish tribe could maintain tribal community relations, political autonomy and federal recognition.

The Snohomish, Snoqualmie, Skykomish and other allied bands voted to approve an IRA (Indian Reorganization Act) form of government at Tulalip in 1935. They chose the name "Tulalip Tribes" in order to satisfy the pride of both the Snohomish and Snoqualmie tribes that were predominate at Tulalip.

In forming the IRA government, the Snohomish at Tulalip did not abandon its status as the historic Snohomish treaty tribe. The federal courts recognized the Tulalip Tribes as legal successor in interest to the Snohomish tribe, and the Tulalip Tribes hold the treaty rights to fish in the usual and accustomed places of the Snohomish tribe.

Today, the identity and heritage of the Snohomish tribe is the birthright of the vast majority of Tulalip members who are Snohomish. The Tulalip membership carries on Snohomish culture, performing Snohomish ceremonies, singing Snohomish songs, and teaching its children the Snohomish dialect of Lushootseed language. The Tulalip Tribes regularly works to protect important Snohomish cultural and burial sites, and is recognized by the federal government as the Snohomish successor in consultations under the Native American Graves Protection and Repatriation Act, the National Historic Preservation Act, and other laws pertaining to the protection of Tribal cultural resources.

Tulalip's strong interest in its heritage and status as the historic Snohomish tribe is the reason for Tulalip's continuing concerns regarding Evan's claims. Even if the Tulalip Tribes treaty rights are not implicated, any recognition of another group as the "Snohomish Tribe" will have substantial negative impacts to the Tulalip Tribes in terms of cultural and sovereign identity, Snohomish tribal cultural resources, and intergovernmental relations, based on the Tulalip Tribes duly recognized status as the successor to the historic Snohomish treaty tribe.

Continued on next page

Procedures for Establishing that an American Indian Group exists as an Indian Tribe

83.7 Mandatory criteria for federal acknowledgement

(a) The petitioner has been identified as an American Indian entity on a substantially continuous basis since 1900

(b) A predominant portion of the petitioning group comprises a distinct community and has existed as a community from historical times until the present.

(c) The petitioner has maintained political influence or authority over its members as an autonomous entity from historical times until present.

(d) A copy of the group's present governing document including its membership criteria. In the absence of a written document, the petitioner must provide a statement describing in full its membership criteria and current governing procedures.

(e) The petitioner's membership consists of individuals who descent from a historical Indian tribe for from historical Indian tribes which combined and functioned as a single autonomous political entity.

(f) The membership of the petitioning group is composed principally of persons who are not members of any acknowledged North American Indian tribe.

(g) Neither the petitioner nor its members are the subject of congressional legislation that has expressly terminated or forbidden the Federal relationship.

The seven criteria are presented here in abbreviated form. For the complete text of each criterion, please refer to 25 CFR Part 83.



Tulalip Beach Seine, photo by Mike Sarich.



2013 Salmon Ceremony. Photo by Lyle Brown.

Hibulb celebrates third year



Tulalip artist Richard Muir Jr., hosts a beading demonstration during the center's celebration event.

Article and photos by Brandi N. Montreuil

Hibulb Cultural Center & Natural History Preserve staff celebrated the center's third anniversary Saturday, August 16. Guests enjoyed a series of workshops, guest speakers, cultural events, and a film screening.

The event also included museum and garden tours with a demonstration on clam and deer meat smoking in the center's custom built smokehouse.

Father Patrick Twohy, director of the Rocky Mountain Mission for the Northwest Jesuits and respected chaplain to Native Americans of the Seattle Archdiocese, was present at the event to discuss his work in Coast Salish

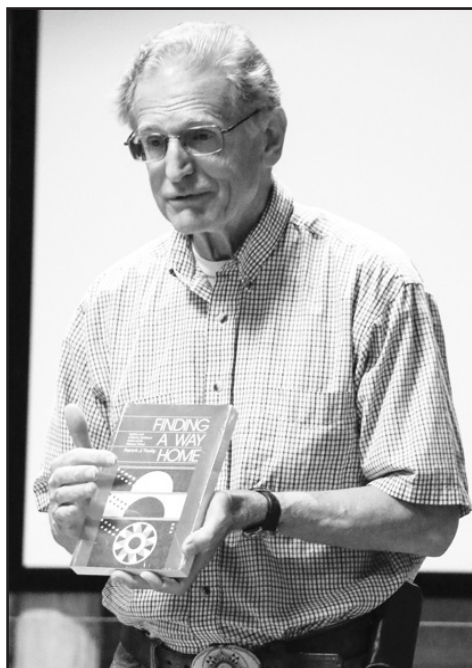
communities and his books, "Finding a Way Home" and "Beginnings – A Meditation on Coast Salish Lifeways."

Also featured was traditional storytelling by Tulalip storyteller Lois Langrebe, and Killer Whale tales told by Jeff Hogan; peyote beading demonstrations by Tulalip artist Richard Muir Jr., cedar-weaving demonstration by Tulalip master weaver Lance Taylor, and original poetry recited by local poet Renee Roman Nose.

For more information about the Hibulb Cultural Center & Natural History Preserve, please visit their website at www.hibulbculturalcenter.org.



Renee Roman Nose recites original poetry that explores love, death, current events, and life as a Native woman.



Father Pat Twohy discusses his life as a chaplain in Tulalip.

Confronting diabetes with exercise and traditional diet

Submitted by Roger Vater

During the week of September 1-7 on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on www.TulalipTV.com you can watch the documentary "Good Meat" at 9:00 a.m., 1:30 p.m. and 5:30 p.m.

Once a star athlete in his community, Beau LeBeau (Oglala Lakota) now weighs 333 pounds - an unhealthy weight which has triggered the onset of Type II Diabetes. His mother's untimely death from complications due to diabetes motivates him to drop the excessive pounds.

Enlisting the help of physician Dr. Kevin Weiland and nutritionist Kibbe Conti (Oglala Lakota), Beau starts exercising and takes up a

traditional Lakota diet of buffalo meat and other Native foods. He rapidly sheds pounds and encourages others to do the same, but can he maintain his weight loss amidst the poor diet options and naysayers on the reservation?

You can watch "Good Meat" and many other Native programs on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on www.TulalipTV.com on a PC, Mac or any 'Smart' device such as phone or tablet.

For a current schedule of Tulalip TV, you can always visit: <http://www.tulaliptv.com/tulaliptv-schedule/>

Program description source: <http://www.nativetelecom.org/films/good-meat>

2014-2015 Annual Hunting Meeting and Special Elk Permit Drawing

Submitted by Amanda Shelton

This year's Annual Hunting Meeting will be held at the Tulalip Administration Building on the second floor: lunch room area on Tuesday August 26th at 5:30pm. This will be an opportunity to talk about the 2014-2015 hunting season and other hunting issues for The Tulalip Tribes.

We will also be having the drawing for the North Cascades Elk Herd special hunt for Tulalip Tribal Member Hunters. The drawing will be for Tulalip Tribal Member Hunters only. To qualify for the drawing you will need to be present at the meeting and have returned your hunting tags in previous years whether the tags were filled or unfilled. This is also open to Tulalip Tribal Member hunters who have not been issued a Nooksack Elk Permit

in previous years. This will be a non-designated hunt, meaning that you cannot designate a hunter to fill your tag if your name is drawn. We will be drawing names for six permits, two any bull permits and one spike permit for GMU 418 and three any bull permits for GMU 437. We will also draw an additional five names as alternates; the alternates will be contacted, in the order drawn, if an original permit holder is not able to fill their permit in a reasonable amount of time. Requirements (key agreement, weekly reports...) for hunters that draw a special elk permit will be discussed at the meeting. If you have any questions you can call Mike Sevigny at 360-716-4623 or Ray Fryberg at 360-716-4598



Tulalip teen Priscilla Bumgarner, 14, has been with the group since it's opening this spring.



Tatiana Bumgarner is joined by younger sister Priscilla as they show off their summer scrapbook full of photos they have taken during the groups field trips.

Girls Group boosts teens self-esteem

Article and photos by Brandi N. Montreuil

Native teen girls, age 14-17, have been busy this summer at the Tulalip Family Haven's Girls Group building pride in their accomplishments as well as building self-esteem.

The group provides teen girls the support they need to become the most successful person they can be. Using the "Canoe Journey, Life's Journey" curriculum guide by June LaMarr and G. Alan Marlatt, the young women are taught to make choices that promote positive actions and learn to avoid the hazards of alcohol, tobacco, and drug use.

To promote positive experiences, the group has participated in a whirlwind of summer activities that included a rope course that teaches trust and overcoming one's fears, and a tour of the University of Washington campus to learn college preparation. Girls with good group attendance got to watch basketball star Shoni Shimmel play in Seattle's Storm Game and visit the Seattle Pixar

Symphony, among other youth advocate.

"Our mission is to help girls experience and learn life skills to help them through their teen years. We want to build positive memories and confidence so they can be successful in their goals," said Sasha Smith, Girls Group lead

Girls Group is held Tuesday through Thursday, 11:00 a.m. to 3:00 p.m. at the Tulalip Family Haven building across from the Tulalip Boys & Girls Club. Transportation is available. For more information about the Girls Group, please contact them at 360-716-4404.



Tatiana (left) Sasha Smith, the group's lead advocate, likes the craft projects the group works on and thinks the group wouldn't be as successful if it was co-ed.



15-year-old Jaylin Rivera plans to be a teacher and one day serve on the Tulalip Council. She says the girls group has been instrumental in helping her prepare for college and enjoys the mentorship and support from staff.

Education

Children from front page

said Alicia Horne, who chairs the EHS parent committee.

The program curriculum is focused on developing basic skills through sensory learning. As children advance in academia, these first few years are crucial in determining how a child will perform in school. The EHS staff are committed to preparing these young children to excel in school.

As much as the event is for students, parents take the time to honor the staff for the work that they do with the tribal children.

Tulalip Councilwoman Marie Zackuse said, "Thank you for setting that foundation for our kids, helping them towards success in their education."

"I think it's a great way to honor the teachers for what they do for our children," said Felicia Holland, one of the parents on the committee.

Children enter the EHS program as early as two, and move through three levels of the program. When they do move on, they are entering the beginnings of public school. Many of the students will advance to the Tulalip Montessori or Tulalip ECEAP.

The event is funded solely through fund raising. In addition to honoring the staff and advancing students, there was an art auction of student work in an effort to continue fundraising for other EHS events. Two walls featured traditional hand drums with unique designs that the parents and students worked on together.

Below: Families gathered at the Tulalip Amphitheatre August 12 to celebrate the children of the Tulalip Early Head Start program that will be starting preschool this fall.



Above: A carnival for the children and their families made for great fun. Activities included the water tables pictured, an obstacle course, a bouncy house, a magician, and the Bubble Man.

Left: Children of the Early Head Start program worked with their parents to make drums, which were showcased at the moving up ceremony, though not part of the art auction.



Bridging community and education

Dr. Berg welcomes students back to school during tour of the Tulalip Boys and Girls Club



Dr. Becky Berg looking at student data from the Arlington School District with Snohomish County Boys and Girls Clubs Executive Director, Bill Tsoukalas. The data shows that Boys and Girls Club kids consistently perform much higher than non-club kids.

Article and photo by Andrew Gobin

“Our club!” the children exclaimed as they greeted Dr. Becky Berg, Superintendent of the Marysville School District. Dr. Berg’s visit to the club was part of a back to school kickoff on Tuesday, August 19.

“We have been working all summer to make sure our schools are ready for you all,” Dr. Berg said. “We are all very excited to see you back at school in two weeks.”

Dr. Berg’s tour of the club is part of an effort to create an afterschool community that encourages educational success. Statistics show that students who attend Boys and Girls Clubs perform better in all areas of learning.

“These numbers from the Arlington School District compare Boys and Girls Club kids and kids that don’t come to the club,” said Bill Tsoukalas, Executive Director of the Boys and

Girls Clubs of Snohomish County. “At fourth, fifth, and sixth grade, you see a constant trend across reading, math and science where club kids score much higher.”

Excited by the data from Arlington, Dr. Berg intends to look at similar demographics for Tulalip students in Marysville schools to see if there is a similar trend. Tsoukalas and Tulalip Boys and Girls Club Director, Chuck Thacker, believe there is.

Thacker said, “We see so much improvement in our kids. We bring them into a different environment, providing support for the kids.”

“This is their club,” he continued, “you heard them say it. You will notice that the walls are not drawn on and marked up, trash is picked up. They take pride in their club, and that’s what makes it successful.”

That way of thinking was instilled in Boys and Girls Club kids more than seven years ago by Don “Pe-

noke” Hatch, long time supporter for the Boys and Girls Clubs of Snohomish County.

“Kids come here to have fun and to be in a safe place afterschool. But we also want them to learn while they’re here,” Tsoukalas added.

The tour moved into the computer lab as Dr. Berg was shown all of the resources available to children at the club. The newly-renovated lab is complete with brand new computers, two main monitors, and a smart-screen for interactive teaching.

“This is all state of the art. We want to be up and ready, fully functional for the open house in a few weeks,” Tsoukalas proudly explained. “We’ve invited both of our senators, Cantwell being a huge proponent of programs like ours.”

Hatch said, “I think the tribe ought to be proud of what they’ve got here, what they’re doing here for our kids.”

Starting School in the Fall?

Submitted by Jeanne Steffener, Higher ED

Have you thought about starting school in the Fall? If so, there are a couple of documents that the Higher Education Department will need to help you with funding this goal.

We have an application process which is the same for students who planning to go to college/university or take a vocational/technical program.

These are the application process requirements as stated in the Higher Education Policy amended July 2014. They must be submitted to the Higher Education Department before funding is disbursed.

- Complete a Higher Education Application which includes the release of information segment.
- Provide proof of high school diploma or GED certificate, if you do not have either, you must sign a 6 month agreement
- Running start students must provide a letter from their high school counselor
- Proof of current enrollment as a Tulalip member

- Provide results of Free Application for Federal Student Aid (FAFSA). We need the Student Aid Report. This will be provided annually between January - March of each year. <https://www.fafsa.ed.gov>
- Required to submit a complete education program plan and a letter of goals.
- Must sign agreement acknowledging and reading the Higher Education Policy regarding student responsibilities and probationary status.
- Funding is on a year by year basis and may be subject to availability of funds.

Interested in becoming part of the success story? Begin your educational journey by simply picking up your phone and dialing **360-716-4888** or email us at highered@tulaliptribes-nsn.gov.

WSU Food \$ense uses cooking and exercise to teach youth healthy eating

Right: Tulalip youth enjoy the berry crisp they baked during a visit by WSU Food \$ense Program staff.



Article and photo by Brandi N. Montreuil

On Wednesday, August 13, youth attending the Tulalip Boys & Girls Club got a chance to be chefs in training for the day while learning about healthy eating during a visit from the Washington University Food \$ense program staff.

During Wednesday's visit, youth were split into two groups by WSU Food \$ense staff. "We break them into A and B groups. One group is getting the nutrition education piece and exercise while the other is learning cooking and playing a bingo game that teaches them the "choose my plate," so they are getting physical activity and hands-on cooking," said Kathy Gilman, Senior Nutrition Educator for WSU Extension Food \$ense Program.

The cooking group made a berry crisp treat, that included an assorted berry mix made with a sugar-free recipe, and learned how to build a balanced meal through a bingo game, which teaches youth to include fruit, vegetables, grains, protein and a dairy choice in

every meal. Youth in the nutrition education group learned how food choices could affect long-term health. A series of interactive exercise activities showed youth how food fuels their bodies.

"I am not sure how it is going to taste. I usually like berries not cooked because the cherries taste better, but I will try this. It looks good," said Kaleah W., who was part of the cooking group and ended up giving the sugar-free berry crisp a thumbs up.

"We always make sure to come to the Boys & Girls club each summer. I have personally been coming here for ten years. We always enjoy it," said Gilman.

Through a collaborative effort, the USDA Food Stamp Program, USDA-Cooperative State Research, Education and Extension Service and the Washington Sate University work with over 655 local and state communities, providing nutrition education to encourage families to adopt healthy eating habits to support low-cost and safe food choices.



Reunite is recruiting parents and primary caretakers from the Tulalip Community who are currently working toward the reunification of their family. Reunite is an 8-week supportive program that meets for 3 hours each week and provides resources, counseling and support along the road to family wellness.

Incentives available for graduates, and qualifications required.

**Please contact Sara S. Giba, MA, LMHCA, MHP
360-716-4347 for more information.**



The effects of gambling on families

Why can't they just stop?

Submitted by Sarah Sense-Wilson, Problem Gambling Coordinator

Most people with gambling problems slowly lose control over how much time and money they spend gambling. They focus only on gambling and ignore other responsibilities and the harm their gambling causes. Some people who gamble excessively do not connect their life problems to their gambling. Others have tried to cut down or stop before, but have failed. Now they feel irritable and upset whenever they try to change.

Most people who gamble excessively have mixed feelings about gambling. They know they are causing problems for the people they love. They may become anxious and unhappy, and often hate themselves. But the urge to gamble is too great to resist. They feel they can't give up on all the time, money and emotion they have put into gambling. They can't accept that they will never win back what they have lost.

Other people promise to quit, but can't. They fear their loved ones will find them out. This drives them deeper into hiding and further into debt. They keep hoping a big win will end their problems. The first step for people with gambling problems is to give up on their losses and their hope of a big win. Then they can begin to regain control over their gambling and their lives.

Impact on Families

You probably already know how much gambling can hurt families. Families may be affected in different ways. Gambling problems can be hidden for a long time, so many families are shocked when they learn how much money has been lost. Some relationships do not survive a gambling problem. Other families struggle through difficulties and grow stronger together. People can and do recover from problem gambling, but it takes time and patience to work through all the issues. Don't make important decisions about your relationship while you are under stress. Take time to think things through, and consider the feelings and needs of the whole family. Counselling can help you explore your options and decide what will work best for you and your family.

How are families affected?

Money Problems. The most common problem is the loss of money. Savings, property or be-

longings may suddenly be lost. This kind of money crisis makes the family feel scared, angry and betrayed.

Emotional Problems and Isolation

Gambling problems cause strong feelings. Family members may feel ashamed, hurt, afraid, angry, confused and distrustful. These feelings make it harder to solve problems. The person who gambles may even deny that there is a problem. Isolation is another problem:

- Many partners do not want to be emotionally or physically close with the person who has hurt them.
- Many people affected by gambling problems avoid other people, because they feel ashamed. This makes it hard to get love and support.
- Friendships may end because of unpaid debts.

Physical and Mental Health

The stress of gambling problems sometimes causes health problems, for both the person who gambles and the family. This can include anxiety, depression and stress-related problems such as poor sleep, ulcers, bowel problems, headaches and muscle pains.

Burnout

Many families under stress have trouble coping. One member may try to keep things in control by taking on more tasks. This can lead to burnout. Family members often focus on the person with gambling problems, and forget to take care of themselves or to have fun.

Impact on Children

When a parent or caregiver has a gambling problem, children can feel forgotten, depressed and angry. They may believe they caused the problem and that, if they are "good," the problem will stop. Some children take care of younger brothers or sisters, or try to support their parent. This responsibility causes children stress.

Children may also believe they must take sides between their parents. They may stop trusting a parent who makes promises he or she doesn't keep. They may steal from the parent or get in trouble at school. Some children may try to draw attention away from the parent with the gambling problem, by:

- using alcohol or other drugs
- gambling
- breaking the law.

It is important to help children understand that the family's problems are not their fault. Children need to return to a safe and balanced home life and a normal childhood. Family or individual counselling can help children deal with these changes. Family members often over focus on the person with the addiction and forget to take care themselves.

Physical and Emotional Abuse

Family violence is more common when families are in crisis. Gambling problems can lead to physical or emotional abuse of a partner, elder parent or child. Children may be hurt due to pent-up anger or neglect. If this is happening in your family, get help right away.

Anxiety and Depression

Stress, anxiety and depression are common both for people with gambling problems and for their families. This can make sleeping, thinking and solving problems more difficult. If you have some of the following symptoms for more than two weeks, making your day-to-day life difficult, you may have a major depression:

- You have lost interest in usual activities.
- You feel depressed, down or irritable.
- Your sleep has changed (e.g., you have problems falling asleep or staying asleep, or you sleep too much).
- Your appetite has changed. You have lost or gained weight.
- You feel helpless, hopeless or despairing.
- It is hard to think and to remember things, and your thoughts seem slower.
- You go over and over guilty feelings. You can't stop thinking about problems.
- You have lost interest in sex.
- You feel physically tired, slow and heavy; or you feel restless and jumpy.
- You feel angry.
- You think about suicide.

If you have any of these difficulties, speak to your family doctor, counselor or mental health professional. Tell him or her about the gambling problem too. Treatment may include medications and/or counselling and other support.

Suicide Risk

Rates of suicide are higher for people who gamble excessively, and for their family members. The people most likely to attempt suicide are those who also have a mental health problem (such as depression) or who use alcohol or other drugs. People who have threatened suicide or hurt themselves in the past are also more at risk.

If you feel suicidal or are making plans to end your life, get help right away. You don't have to deal with your problems alone.

Please contact Sarah Sense-Wilson for more information about Problem Gambling services and support at (360) 716-4304 or Washington State Helpline 1-800-547-6133

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Education

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Community Meeting

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- ◆ Sign up for classes.
- ◆ Other options available to you
- ◆ Snacks provided

DATE: Thursday, **September 18th**
 TIME: **3 – 5 PM**
 LOCATION: RM 264, Admin. Bldg.

* RSVP: 360-716-4888, Higher ED
 or highered@tulaliptribes-nsn.gov



ECEAP

Early Childhood Education and Assistance Program

Will your child be four years old by August 31st ?

Tulalip ECEAP is a preschool program funded by Tulalip Tribes and Washington State, and is FREE to income-eligible families.

Our Services Include:

Education-

- Child centered, developmentally appropriate curriculum
- Language and literacy, math and science
- Social/emotional and problem solving skills

Family Support-

- Resource and referral
- Home visits and conferences
- Leadership opportunities and family education

Health and Nutrition-

- Developmental screenings
- Personal safety curriculum



To enroll, please call
 (360) 716-4273 or
 (360)716-4275

Child must be fully potty trained



Classes begin Monday, September 22

"Tribal Technology Certificate" (EverettCC)

Keyboarding Speed & Accuracy Mon & Wed, 1-3 pm
 Introduces keying-by-touch, speed and accuracy, and includes techniques for creating, editing, saving, opening and closing documents.

Job Search/Professional Development Mon & Wed, 9-11am
 Learn how to conduct a job search. Focus on students' skills and abilities and fitting into the job market.

Business English Tue & Thu, 2-4 pm
 Review of abbreviations, capitalization, grammar, possessives, punctuation & spelling. Includes proof reading & editing.

Intro. to Tribal Governance 5 Fridays
 10/3, 10/17, 10/31, 11/7, 12/5
 Examination of legal system, its rules & regulations regarding Native Americans.

Business Mentorship Arranged
 Provides students with a supervised work environment to apply their management, marketing and operations knowledge in either a for-profit or non-profit organization associated with the student's academic focus.

Computer Literacy Mon & Wed, 3-5 pm
 CL 101—Introduction to Windows environment and MS Office.
 CL 102—Using the computer/Managing Files
 CL 103—Word processing
 CL 104—Spreadsheets
 CL 105—Databases
 CL 106—PowerPoint

Supervised Computer Labs
 for CL 101– CL 106 classes

GED/Adult Basic Education Tue & Thu, 8:30-11:20 am
 Classes prepare students to pass the GED test.

Supervision Basics (Edmonds CC) 9 Tuesdays, 3-5 pm
 9/23/14 – 11/25/14 New, experienced or future supervisors learn about "The Supervisor's Survival Kit" and effective skills for success.
 For enrollment information, email Karen Lamoreux at klamor@edcc.edu

Space is limited. Enrollment is open to, and books/tuition are FREE, for (in order) Tulalip Tribal members; spouses & parents of Tulalip Tribal members; other Native Americans; and employees of Tulalip Tribes.

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For more information:

Jayne Joyner, 360-716-4892 or jjoyner@everettcc.edu
 Michael Chaplin, 425-388-9964 or mchaplin@everettcc.edu

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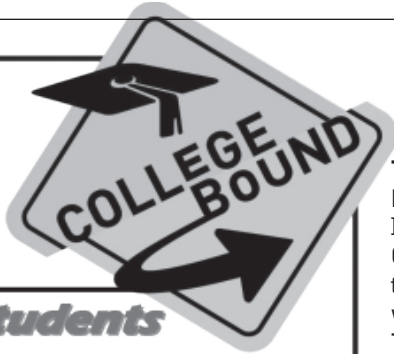
DATE: **SEPTEMBER 19th**
 TIME: **12–2 pm**
 LOCATION: Dining Area, 2nd Fl, Admin. Bldg.
 (6406 Marine Dr • Tulalip)

* RSVP: 360-716-4888, Higher ED
 or highered@tulaliptribes-nsn.gov

Notices

College Bound

for high school Students



- ◆ Admission Requirements
- ◆ Applying for College Admission
- ◆ FAFSA
- ◆ Scholarships
- ◆ Snacks provided



DATE: Thursday, **SEPTEMBER 25th**
 TIME: **5-7 pm**
 LOCATION: RM 263, Admin. Bldg.
 (6406 Marine Dr. • Tulalip)

* RSVP: 360-716-4888, Higher ED
 or highered@tulaliptribes-nsn.gov

Good Grades-

Searching the Online Catalog



- Fine-tune your search for assignment success
- Search for library materials with ease and confidence
- Find your favorite and read-alikes
- Snacks



DATE: Monday **September 15th**
 TIME: **5PM – 7 PM**
 LOCATION: RM 264, Admin. Bldg.

* RSVP: 360-716-4888, Higher ED
 or highered@tulaliptribes-nsn.gov

Tulalip Tribal Court Notices

TUL-CV-GU-2014-0217. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Guardianship of JC, DOB: 1/6/2010 TO: Cameron Craig: YOU ARE HEREBY NOTIFIED that on June 11, 2014, a Petition for Guardianship was filed in the above-entitled Court pursuant Tulalip Tribal Code Chapter 4.05 regarding youth JC. You are hereby summoned to appear and defend the above

entitled action in the above entitled court and answer on August 28, 2014 at 9:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 23, 2014.

TUL-CV-GU-2014-0167. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re L.P TO: Lakota Phillips: YOU ARE HEREBY NOTIFIED that on May 20, 2014 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding L.P. You are hereby summoned to appear and defend the above entitled

action in the above entitled Court and answer on August 28, 2014 at 10:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 23, 2014

TUL-CV-CU- 2014-0238 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA In re Custody of N.J. To: Prancing Bear J.J. Jules YOU ARE HEREBY NOTIFIED that on June 23rd, 2014 a Petition for Residential Schedule/Parenting Plan was filed in the above-entitled Court pursuant to Tulalip Tribal Code Chapter 4.20 regarding N.J. You are hereby summoned to appear and defend the above-

entitled action in the above-entitled court and answer on September 30th at 10:00 am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 13, 2014.

TUL-CV-GU-2014-0299 and TUL-CV-YI-2014-0301. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re E.R and J.M.R. TO: Juan Madrigal and Teah Reeves: YOU ARE HEREBY NOTIFIED that on June 12, 2014, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding E.R. and J.M.R. You are hereby summoned to appear and defend the above entitled action in the

above entitled Court and answer on September 30, 2014 at 1:30 pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 20, 2014.

TUL-CV-GU-2014-0298. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re J.A.R. TO: Mauriceo Arroyo and Teah Reeves: YOU ARE HEREBY NOTIFIED that on June 12, 2014, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding J.A.R. You are hereby summoned to appear and defend the above entitled action in the above entitled

Court and answer on September 30, 2014 at 1:30 pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 20, 2014.

TUL-CV-YI-2014-0152. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re K.Y. TO: Albert Young Jr.: YOU ARE HEREBY NOTIFIED that on May 7, 2014 a Petition was filed in the above-entitled Court pursuant to TTC 4.05 for Tulalip Tribal Court to hold a Preliminary Hearing to begin the above named case, and on May 9, 2014, a Preliminary Inquiry Hearing was held in the above-entitled Court pursuant TTC 4.05 and an Adjudicatory

Hearing was set. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on September 30, 2014 at 2:30 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 27, 2014.

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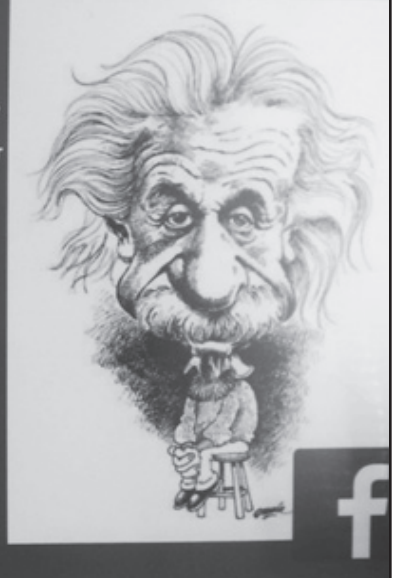
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"I'm taking my first family vacation."

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Tribal Member



"I'm going to my friend's, daughter's, son's wedding down in the Bay Area."

Dave Sienko
Tribal Employee



"I'm going to Silverwood with my kids."

Willa McLean
Tribal Member



"Cleaning and napping. I call it the fall round up."

Tressa Anderson
Tribal Member

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MILLION

BINGO

\$2,500 HAWAIIAN CASH HOT SEAT DRAWING

SATURDAYS AUGUST 2, 9, 16, 23 & 30

(3) Winners will be drawn each 7PM session prior to halftime. Each winner will choose an "Apron" to determine cash prize.

BINGO

\$2,000 CASH DRAWING ALL SESSIONS

SUNDAY AUGUST 31ST

(5) - \$100 at 11AM & 3PM sessions and (10) - \$100 at 7PM session. Each guest will automatically be entered into monthly drawing upon initial buy-in starting Aug. 1st - Aug. 30th with drawing to be held Aug. 31st, 2014.

BINGO

GUEST APPRECIATION DRAWING ALL SESSIONS

THURSDAYS AUGUST 7, 14, 21 & 28

(3) Winners will be drawn each session while the Early-bird blackout is in play. Each drawing winner will receive an EPIC (PhD) machine loaded with regular games only.

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Hibulb
Events

CHILDREN'S READING TIME

Saturday 1:30 PM - 2:00 PM
Parents and caregivers are invited to bring their young ones to hear stories & songs and interact with others their age. Community members will help build a lifelong love of reading by sharing some of their favorite childrens books. Kids craft time to follow reading.
August 30: Lois Landgrebe

WORKSHOPS

Sunday, August 31 12:00 PM - 3:00 PM
Tribal artist and elder Sandra Swanson shares her quilting expertise every Sunday in August as each student learns the basics of quilting. Bring your own fabric.

NOW OPEN

For all Hibulb events, call 360.716.2600 or go online.

Fees for all events are the cost of admission.

Lena Jones at 360-716-2640 Mary Jane Topash at 360-716-2657
lejones@tulaliptribes-nsn.gov mjtopash@hibulbculturalcenter.org

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