

5th Annual Schaefer-Shipman

Harvest Party

Saturday, Oct 4 11am-3pm 804 State Ave, Marysville

Bring the whole family for some fun - Free community event

Info, page 10



Tulalip

SEE-YAHT-SUB

dx'liilap syəcəb
"Tulalip News"

Volume 35 No. 38

Wednesday, October 1, 2014

Reducing ACEs in Indian country by addressing historic trauma and building capacity



Pam James, co-founder of Native Strategies, a non-profit organization.

Photo by Shannon Kissinger

(Part Two of a Four-Part ACEs Series)

By Kyle Taylor Lucas

This is the second story in a series on the intersection of chronic health and addiction issues and Adverse Childhood Experiences (ACEs among American Indians. The series

focuses upon contributing factors of high ACE numbers and substance abuse and behavioral and health disparities in American Indians.)

The ACEs Study became a reality due to a breakthrough from an unexpected source - an obesity clinic led in 1985 by Dr. Vincent

Felitti, chief of Kaiser Permanente's Department of Preventive Medicine, San Diego. Dr. Felitti was shocked when more than fifty percent of his patients dropped out of the study despite their desperate desire to lose weight. His refusal to give up on them led to individual interviews where he learned that a

See ACEs, page 4

Lady Hawks lose season opener, 0-3

Article and photos by Brandi N. Montreuil

Tulalip Heritage Lady Hawks opened their 2014-15 varsity volleyball season with a loss against Highland Christian Knights, 0-3, on Thursday September 18.

Lady Hawks lost the first two matches played, only increasing their score slightly in each match. New coach Raveon Harrowa took numerous timeouts during the game to instruct the Lady Hawks, whose team this year includes three new players. Despite their continuous lack of communication during volleying, the Lady Hawks made a turnaround in the third match, tying the game point-for-point, but couldn't hold onto the lead, losing by two points to end the game, 0-3.

Tulalip Heritage - 12 25, 15-25, 25-27 --0

Highland Christian - 25-12, 25-15, 27-25 -3

You can watch all Tulalip Heritage Lady Hawks home games live on Tulalip TV or online at www.tulaliptv.com.

Above photo: Lady Hawk Samantha Marteney.

See Photos, page 6

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Watch

TULALIP TV
www.tulaliptv.com

Heritage Girls Volleyball-LIVE! Tulalip Heritage Lady Hawks Volleyball Team vs Lummi Nation 'Blackhawks' Team, home game played at Heritage High School Gym. – LIVE! Broadcast @ 5pm on Tuesday, Oct 7

Heritage Girls Volleyball-LIVE! Tulalip Heritage Lady Hawks Volleyball Team vs Providence Classical Christian Team, home game played at Heritage High School Gym. – LIVE! Broadcast @ 5pm on Friday, Oct 10

Watch Heritage Lady Hawks Volleyball:
 Tuesday, Oct 7 LIVE @ 5:00pm (Lummi)
 Friday, Oct 10 LIVE @ 5pm (Providence Classical Christian)
 Daily @ 9:00am & 6:00pm
 Heritage Boys Football Tulalip Heritage Hawks Boys Football Team vs Crescent Football Team, home game played at the Quil Ceda stadium in Marysville – game played on Saturday, Oct 4

Watch Heritage Boys Football: Daily @ 1:00pm & 7:30pm

This Schedule is subject to daily changes: To see an updated schedule, go to: <http://www.tulalip.tv/tulalip-tv-schedule/>



TULALIP TV

| TULALIP TV Monday 9/22/14 thru Sunday 9/28/14 | | |
|--|--|----------|
| Time | Show | Duration |
| 12:00 AM | Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation. | 0:30 |
| 12:30 AM | Native Report - 812 We experience life on the powwow trail through the photography of Ivy Vainio and we continue with part three of Inalik: Little Diomedea, a documentary about an island in the Bering Strait. | 0:30 |
| 1:00 AM | First Nations Portraits The lifestyles past and present of Canada's westcoast native peoples; look at the blending of age-old traditions with modern business ventures | 0:30 |
| 1:30 AM | Tulalip Health Watch - Diabetes What diabetes is, how it is diagnosed, and what your part is in preventing this disease, which has taken Indian country with epidemic proportions. | 0:30 |
| 2:00 AM | Tulalip History - Episode-2 Respected Everett Historian David Dilgard has spent thirty years talking with elders, studying archives and compiling research on early life at Tulalip. - Part 2 of 3 | 0:30 |
| 2:30 AM | Earth Voices - 211 Profiling Aboriginal People: Hugh Dempsey - Historian/Author, Calvin Vollrath - Musician, April Mercredit - Painter, Bill Laferte - Elder | 0:30 |
| 3:00 AM | Creative Native - 301 Examine the cultural relevance of the headdress as Billy Burnstick and Scott Hill Jr. demonstrate two radically different forms of headgear. | 0:30 |
| 3:30 AM | NWIN 61 NorthWest Indian News: Segments: Coal Train Story Pole - Part I, Bull Riding Camp, Tribal Leadership Summit, Coal Train Story Pole - Part II | 0:30 |
| 4:00 AM | LMTV #27 Agate Pass, The Boy who would not wash his face, SIGO: A hunter's Legacy, Words of Chief Sealth, Live to Remember, People of the Water, SuperFly 2013 | 0:30 |
| 4:30 AM | First Nations Portraits The lifestyles past and present of Canada's westcoast native peoples; look at the blending of age-old traditions with modern business ventures | 0:30 |
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| 5:30 AM | Native Report - 812 We experience life on the powwow trail through the photography of Ivy Vainio and we continue with part three of Inalik: Little Diomedea in Bering Strait. | 0:30 |
| 6:00 AM | Rez-Robics: Couch Potato Skins Aerobic Exercise for Indian People by Indian People, through the eyes of Drew and Elaine. | 1:30 |
| 7:30 AM | Tulalip 'Slides' + Total Info Tulalip 'Slides' and Total Info, A service for TULALIP TV viewers - with current News, Weather, Traffic, Financial, Dailies to keep you informed. | 0:30 |
| 8:00 AM | Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation. | 0:30 |
| 8:30 AM | Wapos Bay - Ep 1002 "Journey through Fear" - Aboriginal Day festivities are getting underway, but there's even more cause for excitement in Wapos Bay. | 0:30 |
| 9:00 AM | Heritage Volleyball Lady Hawks Volleyball Team home game played at Heritage High School Gym. - Game schedules subject to change, check for the latest at http://www.tulalip.tv/tulalip-tv-schedule/ | 1:30 |
| 10:30 AM | March Point Three boys awoken to the destruction that in the 1950s, Two refineries were built on March Point, that was once part of the Swinomish Reservation by treaty | 1:00 |
| 11:30 AM | Tulalip History - Episode 2 Respected Everett Historian David Dilgard has spent thirty years talking with elders, studying archives and compiling research on early life at Tulalip. - Part 2 of 3 | 0:30 |
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| 1:00 PM | Heritage Football Tulalip Heritage Hawks Boys Football Team, home game played at Quil Ceda stadium in Game schedules subject to change, check for the latest at http://www.tulalip.tv/tulalip-tv-schedule/ | 2:00 |
| 3:00 PM | Watchers of the North, Ep-3 'The Northern Warning System Patrol' - A snowmobile breakdown challenges the Gjoa Haven Rangers as they check on a radar station and abandoned DEW site. | 0:30 |
| 3:30 PM | Wapos Bay - Ep 1002 "Journey through Fear" - Aboriginal Day festivities are getting underway, but there's even more cause for excitement in Wapos Bay. | 0:30 |
| 4:00 PM | NWIN - 61 NorthWest Indian News: Segments: Coal Train Story Pole - Part I, Bull Riding Camp, Tribal Leadership Summit, Coal Train Story Pole - Part II | 0:30 |
| 4:30 PM | Lushootseed Learn Tulalip Lushootseed Language thru the Lushootseed Language Video Series and the Lushootseed Phrases of the Week. | 0:30 |
| 5:00 PM | Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation. | 0:30 |
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Tulalip Tribes Vision
 We gathered at Tulalip are one people.
 We govern ourselves.
 We will arrive at a time when each and every person has become most capable.
 Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission
 We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

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In memoriam: Frank F. Madison, 1923-2002
 Sherrill Guydelkon, 1945-2008

This Schedule is subject to change. To see an updated schedule, go to:
<http://www.tulalip.tv/tulalip-tv-schedule/>

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv/tulalip-tv-schedule/>. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your See-Yaht-Sub?
Contact Rosie Topaum at 360.716.4298 or email rtopaum@tulaliptribes-nsn.gov

FAMOUS!

Jessica Talevich

is

dʒəgʌ? dxʷyayus

(Famous for being a hard worker)

October 2014

Employees Recognizing Employees



Chosen by Asset Management

Jessica Talevich has a lot of positive influence on the work place, always with a smile and kind words to say.

Also, she works early if needed or late to meet the needs of the employees!



THE TULALIP TRIBES

2014 Commission Election

ABSENTEE BALLOT REQUEST FORM



Date: _____

To: Tulalip Tribes Election Staff

I, _____, enrollment number # T _____,
(PRINT NAME) (Tribal ID #)

Request an absentee ballot for the Commission Election to be held on October 18, 2014. Please choose:

Mail by CERTIFIED MAIL: _____

OR: * No PO box, if request is a week prior to election, they are fed ex.

I will personally pick up my ballot.

Phone Number: _____

****Please Read - Once you request an absentee ballot you cannot vote on the date of election in person, and you cannot bring the ballot to the polling place to be counted. All ballots must be mailed to the Post Office Box in Tulalip to be counted with envelopes provided with Absentee ballot. A request to mail a ballot to an address that is not the home address or PO Box of the voter must include a statement, signed by the voter, explaining why a different address is requested.

All absentee requests must be filled out on this form

Requested by: _____
(SIGNATURE OF VOTER)

Completed Absentee ballots must be received at the Elections Office Box by Friday, October 17, 2014 no later than 4:00pm. NO Absentee Ballots will be available after October 15, 2014 due to the fact they have to be in the Mail Box - at UPS Store, Quil Ceda Plaza, 8825 34th NE Suite L- #161 Tulalip, WA 98271

If you have any questions, please call the Election office at (360) 716-4283. Send the absentee ballot request form to:
Tulalip Tribes Election office, 6406 Marine Drive, Tulalip WA 98271
or by Fax to: (360) 716-0635

Enrollment Verified Signature & Date _____

NOTICE OF COMMISSION ELECTION AND SEMI ANNUAL GENERAL COUNCIL

Saturday, October 18, 2014

Voting - 7:00AM to 1:00PM

Semi Annual - 10:00AM

At the

Tulalip Resort Casino

10200 Quil Ceda Boulevard, Tulalip, Washington 98271

The candidates receiving the highest number of votes will be elected to serve.

All positions are available for a three (3) year term to serve on the Commission's. The qualified candidates receiving the highest number of votes will be elected to serve; Fish, Gaming, Planning and Police Advisory Board have two (2) positions available and TERO has one(1) position available. In the event of a tie(s), the election shall be determined by coin toss.

| Fish (2) | Gaming (2) | Planning (2) | Advisory Police Board(2) | TERO (1) |
|----------------------|--------------------|--------------------|--------------------------|-------------------|
| Georgie Fryberg | Joy Lacy | Mytyl G. Hernandez | G. John Enick Jr. | Ryan Gobin |
| Gerald D.Fryberg Jr. | Angela Tait | Aaron E. Losik | Aaron E. Losik | Jessica S. Joseph |
| Brian Green | Frieda K. Williams | | Wes Monger | Willa McLean |
| Thomas W. Williams | | | Elishia Stewart | |

Absentee Ballots: An eligible voter desiring to cast an Absentee Ballot must apply for a ballot in writing, in advance, using the absentee ballot form. Once you sign the form and it is received by the office you can't personally vote at the voting location on 10/18/14. The request must contain the person's name, enrollment number, voter's address where the absentee ballot will be mailed, phone number, and the signature of the voter. A request to mail a ballot to an address that is not the home address of the voter must include a statement, signed by the voter, explaining why a different address is requested. No absentee requests will be given out after October 15, 2014. **Absentee ballots must be received no later than 4:00 p.m. on Friday, October 17, 2014 at the Election Post Office Box.** Only one absentee ballot per individual voter will be issued. You can't use a PO box, if request is a week prior to election, because they are fed ex. Absentee ballots can be requested from the Election staff at the Tribal Administration building. An eligible voters list is posted at the Tulalip Administration building. If you have any questions, call the Election staff at (360) 716-4283 or fax (360) 716-0635

ACEs from front page

majority had experienced childhood sexual trauma. That led to a 25-year research project by the Centers for Disease Control and Prevention (CDC) and Kaiser Permanente. The landmark study linked childhood adversity to major chronic illness, social problems, and early death.

According to the CDC, *“the Adverse Childhood Experiences (ACE) Study is one of the largest investigations ever conducted to assess associations between childhood maltreatment and later-life health and well-being.”* The study included more than 17,000 Health Maintenance Organization members who in routine physicals provided detailed information about childhood experiences of abuse, neglect, and family dysfunction. The ACEs Study links childhood trauma to social and emotional problems as well as chronic adult diseases such as diabetes, depression, violence, being a victim of violence, and suicide.

Since the ACEs Study, hundreds of published scientific articles, workshops, and conferences have helped practitioners better understand the importance of reducing childhood adversity to overcome myriad social and health issues facing American society. See the ACEs questionnaire, here: http://www.acestudy.org/files/ACE_Score_Calculator.pdf. Learn more about the ACEs Study here: <http://www.cdc.gov/violenceprevention/acestudy/>

The ACEs research is of significant relevance to American Indian/Alaska Native (AIAN) communities beset with behavioral and physical health issues - disproportionately high as compared to the general population.

Unquestionably, any discussion of social and health disparities in Indian Country must include historic trauma, and the political and economic realities affecting American Indians and tribes. Research into epigenetics subsequent to the original ACEs Study indicates that historic trauma is likely one of the primary contributors to disparate behavioral and physical health issues affecting AIANs. Subsequent stories will more fully explore the physiological brain changes that result from childhood adversity.

Native Strategies - Addressing Historic Trauma in Native Communities

Tribal experts in the area of historic trauma emphasize that while the ACEs Study is important, it is also important to ensure concurrent address of historical trauma on AIANs and tribal communities.

One of those experts is Pam James who is co-founder of Native Strategies, a non-profit organization established with her husband and partner, Gordon James, in 2009. Pam is a member of the Colville Confederated Tribes and Gordon is a Skokomish Tribal member. The two have been consulting on historic trauma and Native wellness in tribal communities for the past thirty

writing. We do workshops around historical trauma, parenting, healthy relationships, and government-to-government training. We also do planning and program evaluations and help organizations get into compliance.”

James said one of the most sensitive and impactful of their workshops is healthy workplace training. “We look at it holistically, at interpersonal relationships, family relationships, and relationships to all things - earth and to all creation.” She asks, “How do you create a healthy workplace? You can’t do that until you begin to address the historic trauma.” In their work, James said they help to rewire the brain for positive impact, noting, “Behavior is just a habit. We have to change the habit. I do it from

essential. “We help train the trainer for tribes so that they can teach it themselves. First, we do community training, then a three-day “train the trainer” workshop, and then we come back in 3-6 months to assist them with their first training. It’s very sensitive. What do you do when someone gets triggered? We help to prepare them.”

About their generational trauma and wellness work, James added, “In our training, we’re opening awareness. The second step is intervention. How do we implement and make change? The third step is continuing education and putting it into practice. It is developing new ways of coping, replacing behaviors, and doing it on a consistent basis. It’s a theory and it’s ongoing.”

However, she said, “Most of our tribal communities are in crisis mode by the time they call. I urge them to call us before that.” She noted three stages - prevention, emergent, and intervention. “I urge them to look at those areas and ask, “How do we get to the place where we’re doing prevention rather than intervention?” Tribes have to start looking at this type of training as ongoing. Just like computer classes. This is not a one-time shot.”

In their training, James said they often support eight-week parenting classes. However, she recommends to clients, “Before we do that, let’s do a healthy relationship class!” Again, she says it is a matter of steps, mentally, emotionally, and educationally. “First of all, we start with the parents to help them learn how to interact with each other. We are in a society that wants a quick fix, but there is no quick fix. It’s about awareness, learning new skills and behaviors, and then we have to practice, practice, practice. It’s not about the end result it’s the journey.”

James said she attended one of Laura Porter’s workshops on ACEs and thought, “Wow, this would have been great to know years ago! Oh my gosh, I wish we had been involved.” To date, only a few tribes have engaged with the state’s research work around the CDC ACEs Study and measurements. James believes “ACEs is one piece of the puzzle, one piece of the process for Native people.” She said her

“Someone has to be the voice of our children, someone has to stand up and take the arrows, stand up and say this is not what our ancestors wanted. I really believe this is the core work if we can get it into our communities, we’re going to change, and it has to take place for our survival.”

Pam James, co-founder of Native Strategies

years. Pam earned a B.A. Degree in Psychology and Native American Studies from The Evergreen State College and a BHA in community health from the University of Washington.

“Until we established our non-profit, we did freelance consulting. We worked with the Native Wellness organization, sought grant funding, and wrote a wellness book. Then we used our book to write a curriculum that we’ve applied in our work,” said James.

The non-profit allows better access to funding and resources to further their work empowering tribal people and communities. “We are able to provide training and technical assistance absent tribal politics,” said James who noted they are also free to be creative in designing a broad array of programs, training, services, and technical assistance. “We’ve helped several organizations start their own non-profits. We do a lot of grant

a cultural perspective and I blend in humor.”

However, James is mindful of her approach. She said, “every workshop, every training I do, people get triggered,” so she is careful with her audience. They try to unlearn negative behaviors. In the communities, she finds, “Though it doesn’t work, people do the same thing over and over again expecting a different result.” She said their training “takes people back to that value system that our people always had, treating people with honor and respect. We have a roadmap that asks, “What do you want in your life, spiritually, emotionally, and how do you start creating the life you want?”” She said repetitiveness in practice and training is critical and noted the impossibility of creating change in a workshop or two.

Asked whether training the trainer is part of their work, James replied that it was and that it is

non-profit is looking at funding opportunities to develop a curricula based on their 30 years of work. They plan to work with an advisory team of Native people and the curricula will be designed for implementation by tribal communities, and culturally appropriate to their needs.

Specific to generational historic trauma, James believes “The ACEs information doesn’t go far enough. The State is a very good example of a sense of guilt. They don’t really want to acknowledge it. It’s painful to acknowledge what was done to Native people. There is a lot of effort being made to change it, but it’s still there.”

ACEs and Physiological Rewiring of the Developing Brain

Asked about her knowledge of current scientific research on the relationship of childhood adversity and epigenetics—the study of physiological brain changes and potential application to the study of historic trauma in Native communities, James becomes animated. She noted a weeklong workshop she attended with Dr. Bruce Perry, the author of “The Boy Who was Raised as a Dog” and “Born for Love.” She said, “What an amazing man. His focus has been trauma.” She said he validated the tribal community’s long assertions of unresolved multigenerational trauma, and that the brain is actually hard-wired for empathy, but things happen to the brain when babies and children experience adversity and trauma.

James discussed the work of Dr. Patricia K. Kuhl of the University of Washington, whose trainings she has attended. She co-authored the book, “The Scientist in the Crib.”

At one workshop, Dr. Kuhl presented studies of two children’s brains from newborn to age three—one child from a happy home and the other from a neglected home. They conducted CAT scans at ages 3, 6, and 9 months. At the beginning, their brains were identical, but by the time they were nine months old, the brain of the neglected child was visibly shrinking. Considered in the context of social and health disparities and life chances for AIANs, this is quite remarkable. The above study demonstrated that disparities begin in the crib, but as the ACEs Study

and ensuing research has shown, it is intergenerational, and even in the womb. If the mother and father have high ACE scores based upon their own childhood adversity, the children are also likely to have high ACE scores unless there is intervention.

James is optimistic. She said that although the research shows adversity is generational, “It also validates that we can reverse it. It doesn’t have to be permanent. Some of it might be, but we can reverse much of it. Our ancestors adapted. We learned how to adapt for our environment; it is human nature to survive. Those are the pieces that are not happening in our community.”

Family and Community Roles and Traditions

Lamenting the negative impacts of technology, James said, “Televisions, iPads, Xboxes are the babysitters of today. They are impacting how our children develop, how their brains develop. Technology has disconnected us as people.” She grew up in Inchelium, Washington, where they did not have a telephone until 1978. “All the grandmothers and everyone would come together, bring old clothes, and make quilts. They lined them with old army blankets. There was a spiritual part of that. Every newborn received a quilt. We’re not doing those kinds of activities that inspire and help our children to learn about community.” James is concerned that technology today limits human contact that is important to a sense of being part of something greater and of the responsibility accompanying it.

Another significant hurdle is overcoming the lateral violence that is a symptom of ACEs. James said that in her counseling work, she discovered, “We get addicted to pity, to negativity, and we become chaos junkies.” She believes people have forgotten about how just to be. “The vision quest taught us how to be alone, to be one with nature, to be alone physically and mentally. It taught us how to control our mind, our spirit, and our bodies.” She thinks some of those teachings can be built into the curricula to teach people how to, again, “sit quietly with themselves, to sit and listen.”

Applying the ACEs Study and

Measurements to Native Wellness

James’ family of origin was not unlike many Native homes. She and her eight brothers and sisters grew up with domestic violence, alcoholism, and physical and sexual abuse. She began doing this work in 1986 when the Seattle Indian Health Board received a federal grant to put together a curriculum. She was among 40 chosen from different tribes to participate in a two-week intensive training that was life changing for her. “They stripped us spiritually and emotionally. We had to address our own trauma. We could not help others until we worked on ourselves and healed ourselves. There was no college that could give me what that training did!”

In the training, Jane Middleton-Moz, an internationally known speaker and author with decades of experience in childhood trauma and community intervention took part in the training. She addressed the pain of adult children of alcoholics (ACoA), a topic about which she has written extensively. “It was basically an ACE’s study done with Native people and it was all about the trauma.” James recounted Middleton-Moz’s journey to Germany where she worked with holocaust survivors and her later study of American Indian tribes. She discovered that they had developed the same trauma characteristics. “She was a psychotherapist and I felt blessed to have the opportunity to be mentored by her.” James noted that their work has essentially taken Middleton-Moz’s study of ACoA and applied it to multi-generational trauma among tribal communities.

Asked how the new research on childhood adversity can help Native communities, James said, “The ACEs Study is good in that it gives us the validation and affirms what we’ve known. This is what has been happening in our communities for hundreds of years.” She noted the mental and physical health issues evidenced by high juvenile suicide rates, 638 percent higher incidence of alcoholism than the general population, addiction, and disparate social, and health issues in Indian country are all traceable to generational trauma and adverse childhood experiences.

However, James believes

the survey mechanisms must be appropriate. She said, “The reality is that a lot of times when so-called experts go in and do the surveys, the tribal members don’t tell the whole truth.” Tribal communities are tight-knit and everyone knows everyone and their business. It may be that a special survey mechanism is necessary for tribal communities. James said, “It will be difficult to get reliable data if the members don’t trust enough to give accurate information, to tell the whole truth.”

Those involved in tribal wellness have said for years, and James echoes this, that it is important to put the disparate social and health issues in Indian country into context. “We have people who have suffered such trauma in their lifetimes, in their parents’, and grandparents’ lives!” said James.

People forget that generations of American Indians experienced breaks in the family unit caused by the government’s forcible removal of children placed into Indian boarding schools. Indian children were deprived of parental nurturing; many were physically and sexually abused. They did not learn how to parent and nurture their children, but at adulthood, they were returned to the reservation to start their own families and the same cycle was repeated.

In their workshops, James stresses traditions. “We’ve adopted behaviors that were not ours traditionally. Instead, we go back to the medicine wheel, it teaches you everything—body and mind. When you look at what is happening with our communities, we’ve lost touch with all of the ceremonies, languages, and the practices that kept us resilient. There is a veneer of positivity, but underneath there’s all this pain.”

Clearly passionate about her work, James makes the call, “Someone has to be the voice of our children, someone has to stand up and take the arrows, stand up and say this is not what our ancestors wanted. I really believe this is the core work if we can get it into our communities, we’re going to change, and it has to take place for our survival.”

Integration of ACEs Research in Tribal Family Services and Other Programs

As Sherry Guzman, Mental

Health Manager in the Tulalip Family Services Department said, about the ACEs Study, “Most tribes were very leery at first, but I went forward with it because I saw the value of it. It enabled me to see the difference in average of Washington state versus Tulalip Tribes. I like the ACEs model because it gives a base to compare something to.” She, too, felt the ACEs measurements validated what she and others in Indian country have advocated—that unresolved generational trauma is a significant contributor to social and health disparities among tribes.

Guzman’s department has scheduled an all-staff meeting

focused upon the ACEs Study and Tulalip’s work with the statewide network a few years ago. They hope to re-establish a dialogue and consider the future direction the Tribe may take in applying the ACEs Study and measurements in its programs.

In communities utilizing the ACEs measurement across the nation, the subsequent application of community resilience building has consistently demonstrated success in lowering of ACE scores in community members, which in turn helps build stronger and more resilient communities. Imagine the possibilities if communities invested in families on the front end,

supporting pre-natal work, pre-school and all day kindergarten, rather than building juvenile detention centers and adult prisons.

At least twenty-one states have communities actively engaged in ACEs work. Future stories in this series look at that work and new developments in ACEs research, including neurobiology, epigenetics, and the developing brain. Also featured will be tribal organizations applying similar intervention and measurements to address generational trauma. Because ACEs extend beyond the nuclear family to educational and child welfare policies, and to racism in social,

police, courts, and other institutions controlling the lives of Indians, those intersections are reviewed along with the economics. Finally, the series will explore the potential of ACEs measurement in prevention and for building resiliency for American Indian people and tribes.

Kyle Taylor Lucas is a freelance journalist and speaker. She is a member of The Tulalip Tribes and can be reached at KyleTaylorLucas@msn.com / LinkedIn: <http://www.linkedin.com/in/kyletaylorlucas> / 360.259.0535 cell

Tulalip in History, 2014

Compiled by Jean Henrikson, Communications Dept. Librarian

100 years ago – 1914

“The Quil-Ceda has been nicely fixed by the employees of the Agency. There are braces in the middle, strong wide and high. It now waits for the road being made of the same width on both sides. Wm. Shelton tells us that the Quil Ceda Bridge is in fine condition.” “Local and Personal.” *Marysville Globe*, 4 Sept. 1914: 3.

“Soon the northwestern end of Tulalip Reservation will be turned over to the loggers – no more cedars and firs, but brush and thorns. Mr. Muck, the Tulalip Forester, had the genial idea of photographing some of them, -towering giants, clusters of saplings, bunches of enormous cedars as thick as ears of wheat in the field. Mr. Buchanan had those small photographs enlarged by Mr. Evans, of Seattle, a former Tulalip teacher. The splendid pictures are exposed in the hall of the Administration Building...” “Local and Personal.” *Marysville Globe*, 24 Sept. 1914: 2.

75 years ago – 1939

“The Tulalip Athletic club is winding up the baseball season with a Balloon

Dance Saturday, Sept. 9, at the Tulalip Community Hall, with ‘Buck Jones and his Kidoodlers’ supplying the music...Plans are also under way for a banquet for the local baseball boys for Saturday evening...Arthur Hatch was elected Caretaker of the Jimmicum Springs water system, the Priest Point cemetery, Mission Beach cemetery, and the Tulalip Recreation grounds at the regular meeting of the Tulalip Board of Directors, Tuesday, September 5.” “Tulalip.” *Marysville Globe*, 7 Sept. 1939: [6].

“”The Quil Ceda Mother’s club held Open House and a tea at the home of Mrs. William Shelton and Mrs. Harriette Shelton Williams on September 20th at 2 p.m. The Tulalip ladies’ club were honor guests. A delightful program was presented featuring some singing selection by R. J. Maulsby. This the is first anniversary celebration of the Quil Ceda Mother’s club, with Mrs. Ezra Hatch Sr. as president, Mrs. Thomas Adams as treasurer, and Mrs. George Jones as secretary. This club has been beneficial to the community in that it gives aid to families who are very much in need of care. The Sunday school group at Tulalip was treated to a salmon bake at the Tulalip Potlatch Hall on Sunday September 17th. Salmon was prepared by Mrs. Mary LeClaire, Amelia Sneatlum and Lucy George, and was served to approximately 100 people...” “Tulalip.” *Marysville Globe*, 21 Sept. 1939: [6].

“Mrs. Ella Stubbs took several girls with her to the Puyallup Fair Sunday. The girls winning the most ribbons in vegetables and fruit canning and baking were Barbara Caton, Rose Marie Shelton, Gladys Williams, Phyllis Parks and Mary Manning.” “Tulalip Road.” *Marysville Globe*, 28 Sept. 1939: [4].

50 years ago – 1964

“An all Indian baseball tournament will be held this week, Sept. 5, 6, 7, at the Tulalip Potlatch grounds, with Tulalip Old Timers baseball organization sponsoring the tourney. Besides the hosts, teams from Yakima, Lummi, LaConner, Pendleton, Tacoma and Muckleshoot will participate. There will be concession, games, baked salmon and dancing each of the three days...Playing for coach Herman Williams’ Tulalip team are Art Hatch, Francis Sheldon, Zane Hatch, Don Hatch, Larry Hatch, Dean Fryberg, Sy Fryberg, Paddy McLean, John Henry, Ron Kona, Jerry Jones, Bernie Gobin, Gerald Fryberg, Len James. Sheldon, Art Hatch, Larry Hatch and Sy Fryberg will share the pitching honors. “Tulalip Indian baseball set for three-day tournament.” *Marysville Globe*, 3 Sept. 1964: 6.

“A valuable totem pole was stolen from Marysville City Park recently... It was being refinished and furnished with a new base before resetting in a spot not yet determined by the park board. Carved by the late William

Shelton, it was presented to the city in 1937 and was set among the shrubs near State Street in the park...Hope was felt that...it would be returned particularly since it is too large to hide and yet get any benefit from it. The top figure is a blackfish eating a small seal.” “Totem Pole Stolen.” *Everett Herald*, 12 Sept. 1964: 3.

“The Tulalip Tribal grounds will not be open for hunting this year according to another reminder by the Tribal office. Previously the reservation was open to hunting but the hunting committee has ruled against this are this season. A ruling against pigeon shooting along Ebey Slough was made by the Tribal Council prompted by the complaints of residents of the area over the use of buckshot.” “Tulalip Closed To Hunters.” *Everett Herald*, 15 Sept. 1964: 21.

“The Marysville City Park’s totem pole, which was announced as stolen over the previous weekend, was recovered in two pieces on Sunday. An anonymous telephone call shortly after midnight, Sept. 12, tipped off the Marysville Police Department that the pole was near Strand’s store, just east from Marysville. It was recovered by the city officials. One square cut had been made through the middle of the pole...With the recovered pole was a note, giving suggestions for putting the pieces together, and including a partial drawing of the figures. *Everett Herald*, 17 Sept. 1964: 35.

News

“Snohomish County does have jurisdiction over the proposed land-fill garbage dump on Ebey Island, according to the County Prosecutor’s office. It was reported to The GLOBE Tuesday, that according to a 1958 agreement between the Tulalip Tribal Council and the State of Washington the Tribe granted both criminal and civil jurisdiction over the reservation, persons who are members of the tribal community and the lands, belonging to the members and the tribal council. In the opinion of the prosecutor’s office this gives the state and county control over use of the land in question...” “County said to have control over Res. lands.” *Marysville Globe*, 17 Sept. 1964: 1.

“Three Everett men, Fred Ogilvie, 19, Bill Ogilvie, 21, and Gene Morgan, 21, were apprehended last week for the abduction of Marysville City Park’s totem pole, carved by William Shelton. Each forfeited \$50 bail. Restitution for the damage will be made, it was said...The thieves were apprehended through a report that it had been seen in a truck.” *Marysville Globe*, “Totem thieves caught.” 24 Sept., 1964: 1.

25 years ago – 1989

Congratulations to Cy Williams, For Taking 1st Place in the Monroe Fair For His Carvings. “Congratulations!” *See-Yaht-Sub Newsletter*, Sep. 1989: [5-6].

On August 10, 11, 12 1989, a soft-ball team from 3 tribes Tulalip, Lummi and Swinomish, called ‘Coastal Salish’. were competitors at the NIAA National Indian Athletic Association in Ft. Hall, Idaho. Paula Tsoodle and Carmen Joseph represented Tulalip, the team placed 3rd out of 24 teams, they received 3rd place t-shirts and 2 all-stars. Thanks to all who supported them.” “National Indian Softball Tournament.” *See-Yaht-Sub Newsletter*, Sep. 1989: [7].

“Community Colleges begin Monday, September 25, 1989. There are 32 members of Tulalip Tribes attending Community College through the Tulalip Vocational Education Program this fall. Several others are continuing on their own or with assistance through Financial Aid and the BIA. Still others are attending Community College to complete their High School requirements or GED. Though classes are filling rapidly, you may still have time to sign up for a class. Call Maureen Hoban at 653-4585 if you would like assistance

in furthering your education...” “Adult Education.” *See-Yaht-Sub Newsletter*, Sep. 1989: [8].

“For the more than 30 kids who participated in the annual Tulalip Tribes Kids Fishing Derby, the ‘rewards’ of fishing had an added meaning in the form of prize money for catching specially tagged rainbow trout. Approximately 250 of the 1,500 trout planted into a small pond near the tribes’ fisheries office were tagged. Every kid who caught one of the tagged fish was given a \$5 bill, a bonus...Fish for the event are raised at the tribal hatchery and donated for the derby, which is open to all kids 12 and under who live on the Tulalip reservation. ... Those who caught prize winning fish were: Stephanie Fryberg... Chantel Rutledge...Loris Fryberg... Jared Parks...Albert Power... Wendy Tom...David Winde... Joe Tom...Josh Johan...Anthony Powers...Melody Fryberg...Casie Cameron...Sam Davis...and Dayson Parks...” Bandel, Chuck. “Local kids participate in Tulalip fish derby.” *Marysville Globe*, 6 Sept. 1989:7

“Stephanie Anne Nielsen and Stephane Ann Fryberg, both of Marysville, have received ‘Honors

at Entrance” recognition at Whitman College. The college awards the honors to a limited number of entering freshmen in recognition of outstanding academic achievement in high school and expectation of success in college...” “Nielsen, Fryberg Honored.” *Marysville Globe*, 6 Sept. 1989:15.

“‘Full Circle: Indians in Washington State.’ 1 hour program; broadcast on KIRO-TV, Channel 7, on September 17, 1989. This hour-long documentary, produced in conjunction with Washington State’s centennial celebration looks at the various tribes, including Tulalip, of Washington State.” Sheldon, Lita. *Tulalip Tribes Bibliography*. Tulalip: Tulalip Tribes, 2002: 92.

“The Tulalip Tribe this past summer added a youth soccer program to their recreation programs. The youths range in age from 5 through 15 and play at the Tulalip Tribal Center fields. The soccer program has been conducted by M & M Soccer, a soccer store located in Austin Texas. The owners are tribal members: Marty, Margie, and Pauline Nolen. Nolen, Pauline, “Tulalip adds youth soccer program.” *Marysville Globe*, 27 Sept. 1989: 9.

Traditional food as a connection with history and with the land



By Roger Vater, Digital Media Coordinator, Communications Dept.

During the week of Oct 6-12 on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on www.

TulalipTV.com you can watch the documentary “Smokin’ Fish” at 10:30 a.m. and 10:00 p.m.

Cory Mann is a businessman hustling to make a dollar in Juneau, Alaska. He

gets hungry for smoked salmon - a favorite food from his childhood - and decides to spend a summer preparing the traditional dish of his people, the Tlingit. *Smokin’ Fish* interweaves the unusual story of Mann’s life and the untold history of the Tlingit with the process of preparing this traditional food. The documentary also chronicles Mann’s struggles to pay his bills and keep his business, which focuses on mass producing and importing Tlingit artwork and wholesaling it to the tourism industry, afloat.

Members of Cory’s family, including the seven women who helped raise him, feature prominently in *Smokin’ Fish*. His Aunt Sally Burattin, in particular, anchors the narrative in the history and culture of an ancient civilization while Mann’s business exploits carry him helter-skelter through the 21st century, as he tries to navigate the messy zone of the modern world as it collides with traditional culture.

“For a while, I didn’t really like it. I didn’t want to be Indian. I felt like I was being punished for something I didn’t do. All I could think of was I just want to be away from it.” — Cory Mann

The unusual story of his life and the untold history of his people interweave with the process of preparing traditional food and keeping his business afloat.

You can watch “*Smokin’ Fish*” and many other Native programs on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on www.TulalipTV.com on a PC, Mac or any ‘Smart’ device such as phone or tablet.

For a current schedule of Tulalip TV, you can always visit: <http://www.tulaliptv.com/tulaliptv-schedule/>

Program description source: <http://www.nativetelecom.org/films/smokin-fish>

Tulalip Housing presented with Tribe of Year Award

Submitted by Seilavena Williams,
Tulalip Housing

North West Indian Housing Association presented the 2014 Tribe of the Year Award to the Tulalip Tribes Housing Department on Wednesday, September 10, 2014.

Voted on by peers and all other tribal authorities in the northwest, Tulalip Tribes received this award in part for their innovative efforts in working strategies to deal with meth in Housing, creativity in collaborating with tenants on combating mold and mildew in homes, and the increased effort to efficiently get boarded up homes rehabilitated and rented.

A strong and proactive stand was taken by the Tulalip Tribes to ensure that low-income rental families are living in homes free and safe from methamphetamine contamination. Every vacant unit was tested and remediated as needed. Adults on the waiting list and adults moving into new units must now pass drug tests prior to being able to be housed. This system has proven itself to be beneficial to the overall health and welfare of the community.

The Tribe's efforts and

implementation strategies to provide safe, drug free housing to the community is highly commendable. The extensive rehabilitation measures needed to make homes safe and healthy places to live was a considerable investment by the Tribe.

The Tribe's significant policy commitment and financial support makes the success of this initiative possible. Eleven members of the Housing Department's Maintenance/Construction team received extensive training in CDL remediation and through the support and investment of the Tulalip Tribes, received their State certification. These staff members are now qualified as both workers and supervisors to remediate methamphetamine contamination.

Environmental exposures in homes are linked to respiratory health concerns in children. Disproportionate rates of pediatric asthma and respiratory tract infections occur in tribal communities. Tulalip Tribes innovative policy on mold and mildew, annual structural inspections, and education and outreach with their residents, including policy changes partner- shipping with residents to



limit mold growth has improved the quality and life of housing stock. The policies on mold and mildew introduced in Tulalip are now being widely shared and used with other Tribes.

Due to both meth contamination and mold issues Tulalip had a significant number of vacant units. Tulalip Tribe invested in its Housing program by hiring an additional 12 temporary workers to fully restore the units and get them re-rented. Within an 8-month period Tulalip Tribes were able to restore over 70 of their vacant homes and have significantly lowered the number of boarded up

housing units.

About Northwest Indian Housing Association: According to their website, North West Indian Housing Association consists of 38 Tribes, Tribal Housing Authorities and/or Tribally-Designated Housing Entities serving 3 Pacific Northwest states (and one THA in Southern Alaska). The Mission of the Northwest Indian Housing Association is to promote safe, sanitary, decent and affordable housing for Tribal members in the Pacific Northwest.

Sports

Hawks from front page



Lady Hawk Paris Verda goes up for a block.

Left: Lady Hawk Shaelynn Sanchez blocks a point.

Hawks take loss in first away game, 30-64

Article by Brandi N. Montreuil

Tulalip Heritage Hawks hit the road to play Entiat Tigers on September 19 at Entiat High School. They took home a crushing loss, 30-64.

The Hawks, coached by Jim Kavaney, couldn't overcome the point difference against the Tigers, who are coached by Brian Bailey. They remain undefeated thus far in the season.

Hawks will next play Crescent Bay at Quil Stadium on October 4, at 1:00 p.m. You can watch all Tulalip Heritage Hawks home games live on Tulalip TV or online at www.tulaliptv.com

HALLOWEEN PARTY

October 31 • 5:00 pm – 8:00 pm
Greg Williams Court

- Costume Contest at 7:00pm
- Cake Walk, Carnival Style Games, Haunted House, and Crafts
- Snacks, Beverages, Candy, and Prizes
- Carved Pumpkin Contest

To volunteer (non - paid) as a judge, contact Robert Watson at (360)716-4194

3 judges will be randomly selected from all applicants. Judges may not participate in the pumpkin or costumes contests.

For detailed information about the event, please visit tulalipnews.com, facebook, or See-Yaht -Sub newspaper.



Community

Halloween Party

October 31, 2014 5:00- 8:00 p.m.
at Greg Williams Court

- Costume Contest at 7:00 pm
- Carved Pumpkin Contest – BRING YOUR OWN PUMPKIN ALREADY CARVED
- Snacks, beverages, candy, and prizes
- Cake walk, carnival style games, haunted house, and crafts
- For detailed information about the event, please visit tulalipnews.com, Facebook, or the See Yaht Sub newspaper
- To volunteer (non-paid) as a judge, contact Robert Watson at (360)716-4194
- 3 Judges will be randomly selected from all applicants. Judges may not participate in the pumpkin or costume contests.

Children 0-2 years old in costume receive \$2
Children 3-6 years old in costume receive \$5

Costume contest payout for ages 7-14 are:

1st: \$200

2nd: \$100

3rd: \$50

Costume contest payout for ages 15 and above are:

1st: \$300

2nd: \$150

3rd: \$75

Costume contest categories are:

Most Original

Scariest

Funniest

Couple/Group

You may sign up for only one category

Carved Pumpkin Contest – BRING YOUR OWN PUMPKIN ALREADY CARVED

\$200

\$100

\$50

Halloween Party event staff needed

Submitted by Robert Watson

Event staff are needed for the annual Tulalip Halloween Party, which is held at the Greg Williams Court on October 31st. Most staff will be needed from October 27th – November 1st, and will be working various hours, up to 8

hours a day. Workers are need for the set-up, staffing, and clean-up of the event.

If you are not currently in the TERO Skills Bank please come to the TERO office located in the Administration building. If you are in the Skills Bank please call and so they can update your information over the phone. 360-716-4747

Staff will be selected for this event on October 6th at 4:00 pm. Applicants who do

not reach the October 6th deadline will only be considered if we are short on staff, or if the chosen applicants withdraw from working the event. Please contact Lynne Bansemer at (360) 716-4746, to be considered for these positions. Hours worked by each staff member will be determined by the Event Coordinator or designee. Staff will be paid at a wage of \$16.67/ hour. Pay can be expected within 2 weeks of the conclusion of the event.

5th Annual Schaefer-Shipman

HARVEST PARTY

Saturday, OCTOBER 4th, 2014 - 11 a.m. to 3 p.m.

At our location: 804 State Ave, Marysville WA 98270

ALL ACTIVITIES AND ITEMS ARE FREE

***Come celebrate our 110th Anniversary
Bring the WHOLE Family for some FUN!***

KIDS BOUNCY HOUSE!

PETTING ZOO!

HORSE-DRAWN HAY WAGON RIDES!

KIDS PUMPKIN PAINTING & DECORATING!

FACE PAINTING!

PLUS:

HOT DOGS!

DRINKS!

POPCORN!

FREE Community Event

110 years of excellence: 1904-2014

A Safety Reminder: Parents/Guardians are responsible for the supervision of their children at all times while on the premises

Understanding the Job Market

Submitted by Jeanne Steffener, Higher ED

What if your job just disappeared without any notice? Did you just discover that your career path is no longer in high demand? It does happen!

All of a sudden some of the secrets to choosing a satisfying career that will be in high demand becomes very valuable. Understanding the major trends affecting your life gives you the ability to play a more active role in planning and directing your career goals. By observing these trends, you will have a better idea of recognizing the big changes ahead of time.

Trend spotting as a tool can help you understand the major directions of the job market and will help you make better career decisions for yourself. Like waves on the ocean, some trends are big and some are small, some last a short time while others go on indefinitely. These trends move and change everything that they come into contact with. If unprepared, you could be knocked over and left floundering in the job market. We all know what happened in 2008 with real estate and the financial markets. It was a real blow and hurt a lot of folks. We are only starting to recover from this unfortunate trend now.

Some trends start out small and are hardly noticeable. They can build up to a high point and become a hot topic on the evening news. The important thing is to notice the trend at the beginning stages, so you can take action, adjust and change your life to accommodate sudden shifts. In order to get a good feel for trend spot-

ting the best teacher is history.

Historically, the most prominent trend has been in technological innovation:

- Typesetting replaced by desktop publishing
- Dictation replaced by word processing
- Data card entry replaced by personal computers
- Fax machine operators replaced by email
- Telephone operators replaced by voice recognition technology
- Drafting technician replaced by computer aided drafting

The basic drivers of new trends are the need to save time, reduce cost, increase speed, easier to use, improve safety and reliability and lessen impact on the environment. All of these trend drivers have reduced the need for unskilled workers and have produced a demand for a highly skilled and educated workforce.

If you are feeling the squeeze of the job market and want to get ahead of the curve, come talk to the staff in the Higher ED department. We can be reached at 360-716-4888 or email us at highered@tulaliptribes-nsn.gov.

¹ US Department of Labor: Bureau of Labor Statistics; <http://research.stlouisfed.org/fred2/series/WASNO-HOURN>

² Also see: <https://fortress.wa.gov/esd/employmentdata/reports-publications/occupational-reports/occupations-in-demand>

College Bound

for high school Students



- ◆ Admission Requirements
- ◆ Applying for College Admission
- ◆ FAFSA
- ◆ Scholarships
- ◆ Snacks provided



DATE: Thursday, **OCTOBER 23rd**

TIME: **5-7 pm**

LOCATION: RM 263, Admin. Bldg.

(6406 Marine Dr. • Tulalip)

* RSVP: 360-716-4888, Higher ED or highered@tulaliptribes-nsn.gov

Find Good Grades-

Discover Sno-Isle Libraries Databases

- Online resources to manage schoolwork requirements
- Wide variety of easy-to-use, homework-related material
- Reliable, accurate information a your fingertips 24/7
- Snacks



DATE: Monday **October 27th**

TIME: **5PM – 7 PM**

LOCATION: RM 264, Admin. Bldg.

* RSVP: 360-716-4888, Higher ED or highered@tulaliptribes-nsn.gov

Your Child Can Learn!

Do you have or know a student whom feels like he or she just can't keep up with school work? Grades are slipping further and further? Communication with your student seems ineffective? Both you and your student are just plain discouraged?

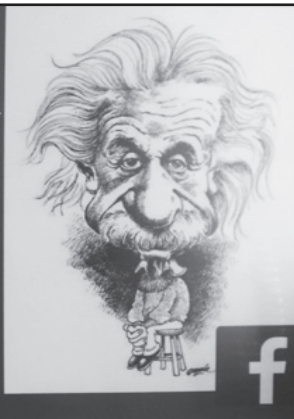
MIND BUILDERS CAN HELP!

I am a licensed educator with over 20 years of academic experience. I am a triple-honors graduate with a degree in education. I tutor ALL subjects including:

K-12 Study Skills, Reading, Writing, Math (including Algebra), and SAT/ACT/Compass exam preparation.

I am a caring teacher who gets results! Call today and let me help your student have his or her best academic year ever!

MIND BUILDERS
"Extreme tutoring for ANY child!"
(615) 290-6070



FREE WORKSHOP!

**Native Procurement Technical Assistance Center &
The Tulalip Tribes TERO present:**

OMWBE Certification Workshop

October 23, 2014 5:00 pm to 7:00 pm

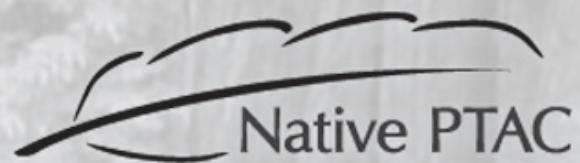
**Tulalip Tribal Administration Bldg. Room 162
6406 Marine Drive, Tulalip, WA**

Get Your Company Noticed!!

Washington State needs certified small businesses! Please join Native PTAC and the WA State Office of Minority & Women's Business Enterprises (OMWBE) for this workshop intensive. The purpose of this class is to help MWBE contractors through the process of getting completing their certification application with assistance directly from Washington State Office of Minority and Women Business Enterprises staff. Attendees will need to collect and bring documents in order to fill out their paper work.

Visit the event page at www.NativePTAC.org
to register, review, and download the document checklist.
Visit www.omwbe.wa.gov to download the official application.

Two Rivers CDC, a Native American non-profit 501(c)(3) organization, provides FREE assistance through Native PTAC to individual and tribal owned Native firms looking to become more successful in contracting with federal, state, local and tribal governments.



Guidance | Opportunity | Support

www.nativeptac.org info@nativeptac.org WA: 206-816-6596 OR: 503-490-3774 AK 907-268-9941

Health

Four Directions 2014, November 3-6

Submitted by Sarah Sense-Wilson

The Evergreen Council on Problem Gambling, in partnership with the Tulalip Tribes and Tulalip Family Services, invites you to attend Four Directions 2014. This unique cultural and educational experience focusing on problem gambling and health awareness will be held November 3-6, 2014 at the beautiful Tulalip Resort Casino. Many representatives of Tribal Nations in the Pacific Northwest have come together to plan this important conference with the aim of honoring the past and protecting the future through holistic health, wellness, and recovery support. We hope you will join us!

The Four Directions speaker line-up for this year's conference includes presenters from across the country who are experts in their fields... and up to 30 continuing education units can be earned. Here are just a few of our featured presenters:

- Feeding the Spirit – Food and Medicine In Native Culture with Valerie Segrest, Native Foods Educator, Northwest Indian College
- Storytelling As Healing with Master Storyteller and Artist, Roger Fernandes
- All Nations One Nation with Wiley Harwell, D.Min, Director of the Oklahoma Association for Problem and Compulsive Gambling
- Special Treatment Needs of Native American Clients with Gayl Edmunds, CADC-II, Director of Indian Alcoholism Treatment Services, Kansas City
- Money Matters: Financial Management with Isabelle Duguay, Clinical Counselor, MA Ps, LPCC, PCGC and Sunny Guillory, Financial Literacy Coordinator, Northwest Indian college (4-part series, 8 hours total)
- Healing and Wholeness Through Breathwork with Bunny Czarnopys, LSCSW, LCMFT, Robert
- Peer-to-Peer Coaching as a Component of Recovery – What is the Counselor's Role? with Jim Wuelfing, Director of Prevention, Massachusetts Council on Compulsive Gambling
- Traditional Aboriginal Games In Understanding Culture and Development with the British Columbia Problem Gambling Program Indigenous Team
- And back by popular demand, Basic Problem Gambling Counselor Training! This 4-day intensive workshop is required for Problem Gambling Counselor Certification in Washington State and is presented by Lori Rugle, Ph.D. and Linda Graves, MS, NCGC II (offered November 5-8, 2014)

We are also offering some very special events at Four Directions this year. Don't miss your opportunity to experience a Sweat Lodge Ceremony and a Traditional Talking Circle. You'll have the chance to release, relax, and let go during an afternoon meditation, and you'll definitely want to attend our Highlight Event on Monday evening as we gather at Tulalip's Hibulb Cultural Center for a reception and tour!

You can learn more about the Four Directions Conference and complete your online registration using the following link: <http://fourdirections.evergreencpg.org/>

CULTURE NIGHT



Tulalip Tribes Youth Services

Starting September 29, 2014

Please join Youth Services weekly at Culture Night. This is a family/community event.

Each week dinner will be served at 5pm with arts and crafts to follow.

• **Tenika Fryberg**
tenikafryberg@tulaliptribes-nsn.gov
Desk: 360.716.4915
• **Taylor Henry**
thenry@tulaliptribes-nsn.gov
Desk: 360.716.4916

Every Monday
(weekly event)
5pm—8pm

LOCATION:

Youth Services Cultural Building
-Across the street from the
Teen Center in the "old
finance" building.



ECEAP



Early Childhood Education and Assistance Program

Will your child be four years old by August 31st ?

Tulalip ECEAP is a preschool program funded by Tulalip Tribes and Washington State, and is FREE to income-eligible families.

Our Services Include:

Education-

Child centered, developmentally appropriate curriculum
Language and literacy, math and science
Social/emotional and problem solving skills

Family Support-

Resource and referral
Home visits and conferences
Leadership opportunities and family education

Health and Nutrition-

Developmental screenings
Personal safety curriculum



To enroll, please call
(360) 716-4273 or
(360)716-4275

Child must be fully potty trained



Letters

Vote Willa McLean for TERO Commission

To all tribal voters:

When I found out there was a position opening for the TERO Commission it was exciting to me! Employment, Contracting - TERO is a huge passion of mine. As a previous TERO Commissioner serving as the Vice-Chair, I influenced and assisted with the other fellow commissioners on changes that now exist today.

I also worked as an Employment Specialist (3 years), I have acquired Employment Law, EEOC training which I feel can help compliment the other TERO Commissioners as well as giving the teeth the TERO Ordinance requires. I have working knowledge of the ordinance as well as hiring individuals for positions within our organization and have guided the fate of many tribal workers and tribal families. As I stated before having passion for something you love pushes you to make changes to influence the good things that can come from

doing the best job for our people to advance on many levels.

This is NOT just a job but a *responsibility* for any commission/committee member serving our tribe, who are running for a position. Please vote with a conscience, and vote who you feel will make a difference! Please vote for me for TERO Commission.

Respectfully,
Willa C. McLean
T-0664

Tehya Robinson



Submitted by Sara Pattison

It's a girl! Tehya Robinson was born September 1st, 2014 to Tiffany Lares and Marc Robinson. She weighed 6 pounds, 15 ounces and was 19 inches long. Her grandparents are Jennifer Jones, Norman Robinson Jr., and her great-grandparents are Edith Enick, Don Jones, Linda Slockish and Norman Robinson Sr.

Every child deserves to be happy

**YOU can make a difference
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Tulalip Tribal Court Notices

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-FO-2012-0598 Summons by Publication and Notice of Petition for Forfeiture In REM NISSANALTIMA (VIN #1N4BU31D7SC141445) Karen Nesbit or any other owner or interest holder: On November 21, 2012, a Petition for Forfeiture of Seized Property was filed in the above-entitled Court pursuant to TTC 2.15. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of forfeiture of your property; 4) that if

you intend to call witnesses, a witness lists must be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the forfeiture petition no later than December 1, 2014, and serve a copy on the Prosecuting Attorneys Office within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. David Wall, Prosecutor, WSBA #16463, Prosecutors Office 6203 31st Ave. NE, Suite B, Tulalip WA 98271, 360-716-4810 ph, 360-716-0658 fax

TUL-CV-GU-2014-0098. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re J.D.M.O. TO: Wendy Tom and Ben Martinez III: YOU ARE HEREBY NOTIFIED that on September 2, 2014, a Petition for Name Change of J.D.M.O. was filed in the above-entitled Court. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on November 5, 2014 at 1:30 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 1, 2014

Notices

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-FO-2013-0406 Summons by Publication and & Notice of Petition for Forfeiture In ONE THOUSAND THIRTY FIVE DOLLARS (\$1,035.00) in U.S. Currency Justin Weese or any other owner or interest holder:

On July 5, 2013, a Petition for Forfeiture of Seized Property was filed in the above-entitled Court pursuant to TTC 2.15. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-FO-2013-0115 Summons by Publication and & Notice of Petition for Forfeiture In REM CHEVROLET BLAZER (VIN #1GNDT13W262101272) Christine Rookard or any other owner or interest holder:

On March 11, 2013, a Petition for Forfeiture of Seized Property was filed in the above-entitled Court pursuant to TTC 2.15. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an

TUL-CV-GU-2014-0304 and TUL-CV-GU-2014-0315. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re K.O. and K.M. TO: Charmaine Michell: YOU ARE HEREBY NOTIFIED that on July 18, 2014, Petitions for Guardianship were filed in the above-entitled Court pursuant to TTC 4.05 regarding K.O. and K.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court

TUL-CV-GU-2014-0175. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re Welfare of J.I.M. TO: Corine Moore: YOU ARE HEREBY NOTIFIED that on May 23, 2014 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding J.I.M. You are hereby summoned to appear and defend the above-entitled action in the above-

SUMMONS BY PUBLICATION TUL-CV-GU-2014-0252 Tulalip Tribal Court, Tulalip WA. Summons for Youth Guardianship. In RE: Guardianship of Angelique Williams. Joyce Parks, Petitioner Vs. Cyrina Mae Williams; Dana G Matta, Respondents. To: Cyrina Mae Williams; Dana G Matta: on the 3rd day of July 2014, a Summons and Petition for the Guardianship of Angelique Williams was filed in the above-entitled Court – pursuant to TTO 1.10.010 and TTO

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-FO-2012-0442 Summons by Publication and & Notice of Petition for Forfeiture In REM THREE HUNDRED TWENTY DOLLARS (\$320.00) IN U.S. CURRENCY Anthony Collister or any other owner or interest holder: On August 17, 2012, a Petition for Forfeiture of Seized Property was filed in the above-entitled Court pursuant to TTC 2.15. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of forfeiture of your property; 4) that

order of forfeiture of your property; 4) that if you intend to call witnesses, a witness lists must be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the forfeiture petition no later than December 1, 2014, and serve a copy on the Prosecuting Attorneys Office within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. David Wall, Prosecutor, WSBA #16463, Prosecutors Office 6203 31st Ave. NE, Suite B, Tulalip WA 98271, 360-716-4810 ph, 360-716-0658 fax

order of forfeiture of your property; 4) that if you intend to call witnesses, a witness lists must be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the forfeiture petition no later than December 1, 2014, and serve a copy on the Prosecuting Attorneys Office within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. David Wall, Prosecutor, WSBA #16463, Prosecutors Office 6203 31st Ave. NE, Suite B, Tulalip WA 98271, 360-716-4810 ph, 360-716-0658 fax

and answer on October 22, 2014 at 2:30 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 3, 2014.

entitled court and answer on November 18, 2014 at 3:00 pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 3, 2014.

2.10.030. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on October 23, 2014 at 3:00 pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGEMENT MAY BE RULED AGAINST YOU. Date first published: September 3, 2014.

if you intend to call witnesses, a witness lists must be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the forfeiture petition no later than December 1, 2014, and serve a copy on the Prosecuting Attorneys Office within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. David Wall, Prosecutor, WSBA #16463, Prosecutors Office 6203 31st Ave. NE, Suite B, Tulalip WA 98271, 360-716-4810 ph, 360-716-0658 fax

THE TULALIP COURT Tulalip Indian Reservation, Tulalip, WA No. TUL-CV-EX-2014-0188 Summons by Publication and & Notice of Petition for Exclusion. THE TULALIP TRIBES, Petitioner vs. Robert Dodd, Respondent. On May 28, 2014, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than 30 days from October 15, 2014, and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. Michele Robbins, Office of the Reservation Attorney, 6103 31st Ave NE, Suite B, Tulalip WA 98271, 360-716-4551

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2014-0262 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Quentin Cree, Respondent. On July 11, 2014, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than 30 days from October 15, 2014, and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. Michele Robbins Office of the Reservation Attorney, 6103 31st Ave NE, Suite B, Tulalip WA 98271, 360-716-4551

TUL-CV-GU-2014-0340. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re Q.P. TO: Lakota Phillips and Shawn McLean: YOU ARE HEREBY NOTIFIED that on August 28, 2014 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding Q.P. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on October 15, 2014 at 2:30 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 10, 2014.

TUL-CV-GU-2014-0339. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re E.H. TO: Paulette Phillips and Joseph Harvey Sr.: YOU ARE HEREBY NOTIFIED that on August 28, 2014 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding E.H. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on October 15, 2014 at 3:00 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 10, 2014

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA, No. TUL-CV-FO-2012-0443 Summons by Publication and & Notice of Petition for Forfeiture In REM 1999 FORD EXPLORER (VIN #1FMZU3503XZA98428) Dylan Deinas or any other owner or interest holder: On March 11, 2013, a Petition for Forfeiture of Seized Property was filed in the above-entitled Court pursuant to TTC 2.15. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of forfeiture of your property; 4) that if you intend to call witnesses, a witness lists must be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the forfeiture petition no later than December 1, 2014, and serve a copy on the Prosecuting Attorneys Office within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. David Wall, Prosecutor, WSBA #16463, Prosecutors Office 6203 31st Ave. NE, Suite B, Tulalip WA 98271, 360-716-4810 ph, 360-716-0658 fax

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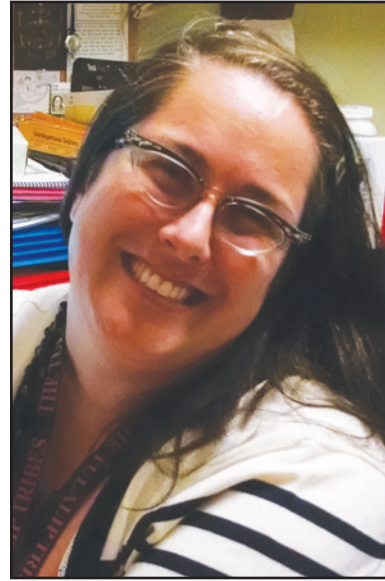
"Student progress through the school year."

Neil Hamilton
Tribal member



"The progress on the marijuana issue."

Thomas Reeves
Tribal member



"I would like to see artwork done by our fellow employees or creative writing and poetry."

Jessica Talevich
Tribal employee



"More book reviews or movie reviews. I like to know what the books are about, like an overview, before I read them."

Sarah Miller
Tribal member

HIBULB events



FREE THURSDAY
October 2 • Open until 8:00 PM.

HALLOWEEN COSTUME CONTEST
October 25 • 1:00 PM - 3:00 PM
Story Time, Movie, Crafts & Costumes.

VETERANS DAY
November 11 • 10:00 AM to 5:00 PM
Lecture, Snacks, Demonstration, Workshop, Film - Featuring the works of Veterans. Free admission to Veterans and their families.

THANKSGIVING FAMILY EVENT
November 23 1:00 Pm to 3:00 PM
Story Time, Movie and Crafts.

Holiday Closures: November 27 & 28
For Thanksgiving and Tulalip Day.

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