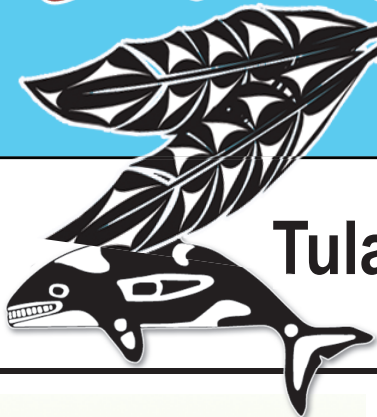




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Tulalip

SEE-YAHT-SUB

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"Tulalip News"

Volume 36 No. 3

Wednesday, January 28, 2015

BEING SAFE ON SOCIAL MEDIA



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HAWKS SPORTS

Page



7th Annual Tulalip Tribes and U.S. Forest Service MOA Meeting



Representatives for the Tulalip Tribes and Mount Baker-Snoqualmie National Forest staff sat down to discuss changes to forestry projects and future developments.

By Micheal Rios, cover photo by Mike Sarich, Scenic photo courtesy Libby Nelson, Tulalip Tribes Natural Resources

In November 2007, the Tulalip Tribes signed an historic Memorandum of Agreement (MOA) with the U.S. Forest Service to work together on a government-to-government basis regarding the Tribes reserved hunting and gathering rights on off-reservation ancestral lands, specifically the 1.7 million acres that total the Mount Baker-Snoqualmie (MBS) National Forest. Every single acre of the 1.7 million that totals the now MBS National Forest was ceded land as part of the Treaty

of Point Elliot of 1855. The MOA lays out a framework for increased communication and collaboration in areas such as planning, policy making, and sharing of technical expertise and data, to provide stewardship and conserve the natural resources that the Tribes value and depend upon.

Continually developing an effective partnership in stewardship of national forest lands and resources is critical to maintaining a positive relationship between the Tulalip Tribes and the Mount Baker-Snoqualmie Forest Service. Ensuring this effective partnership, both parties attend a government-to-government MOA

meeting once a year. The annual meeting creates a forum to address the Tulalip Tribes specific concerns as they arise and allows for the Mount Baker-Snoqualmie Forest Service to update the Tribes with any forestry policy/project changes or developments. This year's annual meeting was held Thursday, January 15 at the Tulalip Administration Building.

The representatives for the Tulalip Tribes and the Forest Services staff from the Mount Baker-Snoqualmie National Forest sat down to discuss topics ranging from the Beaver Relocation project to the co-stewardship areas to ways to improve

See MOA, page 5



TULALIP TV

1099-MISC & DIRECT DEPOSIT

Many tribal members who utilize the direct deposit for per capita, DO NOT update their address. So when the 1099-misc form comes out they go to an incorrect address. PLEASE make sure to update your address ASAP or at beginning of January before they print them. If you need to get a reprint once they go out, finance will only reprint once a week.

Tulalip Tribes Vision

We gathered at Tulalip are one people.
We govern ourselves.
We will arrive at a time when each and every person has become most capable.
Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

TULALIP TV Week of Monday 2/2/15 thru Sunday 2/8/15		
Time	Show	Duration
12:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	Standing Silent Nation The Oglala Sioux Tribe passed an ordinance separating industrial hemp from its illegal cousin, marijuana, that could grow in the inhospitable soil.	1:00
1:30 AM	Jingle Dress Featuring competition straight and slide step, beautiful outfit close-ups, how-to construction, history and evolution of the dance.	0:30
2:00 AM	A Life Worth Living A look at the suicide issue amongst aboriginal groups from a historical and cultural perspective and presents positive examples of native-run programs	0:30
2:30 AM	Native Report - 913 On this new edition of Native Report we learn how one community is bridging the culture gap through the use of the Ojibwe language.	0:30
3:00 AM	Creative Native - 505 'The Quechua', is an examination of this unique Andean tribe that has survived contact and preserved a culture rich in history and traditions.	0:30
3:30 AM	NWIN 41 7th Annual American Indian Film Festival, Basket Weaving Gathering, Louie Gong: Native Artist Profile, Tribal Leaders Conference on Education	0:30
4:00 AM	LMTV #31 Potlatch Fund Leadership Awards, Samish Canoe Family, Winter in the Blood - The Beginning, People of the Hi-Line, The Crew, Longhouse Media Interns, How Chipmunk got its stripes.	0:30
4:30 AM	Standing Silent Nation The Oglala Sioux Tribe passed an ordinance separating industrial hemp from its illegal cousin, marijuana, that could grow in the inhospitable soil.	1:00
5:30 AM	A Life Worth Living A look at the suicide issue amongst aboriginal groups from a historical and cultural perspective and presents positive examples of native-run programs.	0:30
6:00 AM	Hibulb Antique Appraisals - Pgm #3 An accredited antique appraiser provides information and current market value to local Hibulb museum guests and their Native American antiques.	0:30
6:30 AM	LMTV #31 Potlatch Fund Leadership Awards, Samish Canoe Family, Winter in the Blood - The Beginning, People of the Hi-Line, The Crew, How Chipmunk got its stripes.	0:30
7:00 AM	Native Report - 913 On this new edition of Native Report we learn how one community is bridging the culture gap through the use of the Ojibwe language.	0:30
7:30 AM	Creative Native - 505 'The Quechua', is an examination of this unique Andean tribe that has survived contact and preserved a culture rich in history and traditions.	0:30
8:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	Wapos Bay - Ep 21 Children's Animated program: T-Bear gets a new videogame called "Dance Monkey Dance" in order to practice for his class dance.	0:30
9:00 AM	Bizou - Ep 1 Premiering on Tulalip TV. Preschool series - teaching children about animals, what they look like, where they live, what they eat, how they play and the role they play in traditional and modern aboriginal life. On this episode #1 - Come sing and dance with Bizou as she takes you on a picturesque journey into the wonderful world of Black Bears, North America's fearless little bear. Tulalip Lushootseed translation.	0:30
9:30 AM	Hibulb Antique Appraisals - Pgm #3 An accredited antique appraiser provides information and current market value to local Hibulb museum guests and their Native American antiques.	0:30
10:00 AM	Native Report - 913 On this new edition of Native Report we learn how one community is bridging the culture gap through the use of the Ojibwe language.	0:30
10:30 AM	Sitting Bull: A Stone in My Heart Intimate portrait of one of America's legendary historical figures in all his complexities as a leader of the great Sioux nation and as a human being.	1:30
12:00 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
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1:00 PM	Unbowed The little-known period provides a dramatic backdrop for a compelling interracial love story. At its heart, courage to love, even when it's forbidden.	2:00
3:00 PM	LMTV #31 Potlatch Fund Leadership Awards, Samish Canoe Family, Winter in the Blood - The Beginning, People of the Hi-Line, The Crew, How Chipmunk got its stripes.	0:30
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11:00 PM	NWIN 41 7th Annual American Indian Film Festival, Basket Weaving Gathering, Louie Gong: Native Artist Profile, Tribal Leaders Conference on Education	0:30
11:30 PM	Jingle Dress Featuring competition straight and slide step, beautiful outfit close-ups, how-to construction, history and evolution of the dance.	0:30

This Schedule is subject to change. To see an updated schedule, go to:
<http://www.tulalip.tv/tulalip-tv-schedule/>

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv/tulalip-tv-schedule/>. Also, the Tulalip TV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your See-Yaht-Sub?

Contact Rosie Topaum at 360.716.4298 or email rtopaum@tulaliptribes-nsn.gov

NOTICE OF ELECTION

Tulalip Tribes 2015 Board of Directors Election

Saturday, March 21, 2015

7:00AM to 1:00PM

At the Tulalip Resort Casino

10200 Quil Ceda Blvd

Tulalip, Washington 98271

Annual General Council will be held the same day beginning at 10 AM

There will be an election 3/21/15 and the two (2) candidates receiving the highest number of votes will be elected to serve for a three (3) year term.

THE FOLLOWING TWO CANDIDATES TERMS ARE EXPIRING:

Marlin Fryberg Jr.

Deborah Parker

Petitions are available at the Tulalip Tribes Administration building, Election office (2nd floor) starting Tuesday - January 20, 2015 thru Monday - February 2, 2015. Petitions must be returned to the same location and by election staff. DO NOT LEAVE WITH ANY OTHER STAFF.

Eligibility: No person shall be a candidate for the Board of Directors unless he/she shall be an enrolled member of the Tulalip Tribes and shall have resided upon the Tulalip Reservation for a continuous period of one (1) year prior to the election, and shall be at least twenty-one (21) years of age. No person may be a candidate if he/she has been found guilty of any felony, or a misdemeanor involving controlled substance or dishonesty in any Indian, State, or Federal court within three (3) years prior to the election.

Requirements for the petition are as follows:

- Must bear original signature of the candidate
- Must be signed by not less than five (5) legal tribal voters
- Voters may sign one (1) petition

The list of qualified candidates will be posted in a public place and otherwise be made know to the tribal membership not less than two (2) weeks prior to the election date. The Tribal rules and regulations governing elections shall apply.

DEADLINE FOR RECEIPT OF PETITIONS

Monday, February 2, 2015 at 4:00pm

Tulalip Administration Building

c/o Election Staff

6406 Marine Drive

Tulalip, WA 98271

(360) 716-4283

Herman Williams Sr.
Herman Williams Sr, Chairman

Dated: January 9, 2015

Minor per-capita investment options

Submitted by Rosalie Topaum, Enrollment Officer

February 1-28 is the only time of this year where you can change the investment options. Below is a quick explanation of the accounts. In order to change the investment option it is only a quick easy form just let us know if you need one.

A. Pool #1 – Conservative Investment:

The Conservative Investment Pool option is an investment option with the primary objective of preserving capital (deposited per capita funds), while providing a competitive rate of return that is intended to keep up with inflation plus a little additional return.

*****IF NO OPTION WAS EVER CHOSEN THEN AUTOMATICALLY YOUR CHILD'S MONEY IS INVESTED WITH THIS OPTION**

B. Pool #2 – Balanced Portfolio:

The Balanced Portfolio option is an age based investment strategy with diversified portfolios (a mix of stocks and bonds) becoming increasingly more conservative as the age group nears the distribution age of 18, subject to Trust provisions. There will be three age groups:

- Balanced #1 (Ages 15 and Older) (10% Stocks, 90% Bonds & Money Market)
- Balanced #2 (Ages 10 - 14) (50% Stocks, 50% Bonds & Money Market)
- Balanced #3 (Ages 0 - 9) (65% Stocks, 35% Bonds & Money Market)

If you elect Pool #2, the age of your child will determine which of the three portfolios their funds will be invested in. (Example: an 11 year old will be in the #2 Age Group, until the child reaches 15, when it will automatically shift to the # 1 Age group).

Any questions regarding the meeting or the accounts please contact the Enrollment Office at 360-716-4300 or rcarter@tulaliptribes-nsn.gov. Thank You.

Being safe on social media

By Kara Briggs-Campbell

Social media is a player in every aspect of society these days.

Its profound impact hit home for the Tulalip Tribes after the tragic school shooting as an outpouring of grief, resentment and anger seemed to flow in every direction. Tulalip leaders called upon families to stop using social media all together in the weeks that followed, or at least not post in anger something that would be regretted later.

Off the reservation, law enforcement contacted those who posted hateful messages toward the tribe and its members, while regional and national news media scoured social media posts for information and photos of the victims.

Social media is an important form of communication for teens and adults. Increasingly, it is used in suicide prevention and education as way to directly inform teens and young adults, said Dr. Richard McKeon of Substance Abuse and Mental Health Services Administration.

“Social media is here to stay and it is up to those who use it to use it wisely,” he said.

Social channels are increasingly cooperating with organizations that seek to prevent everything from bullying to suicide.

In 2013, the National Suicide Prevention Lifeline announced its partnership with Facebook, which allows Lifeline to connect via an online chat with people who are posting suicidal ideas. Users can report suicidal posts by a friend on their news feed by clicking “mark as spam” then on the pop up screen choose, “violence or harmful behavior,” on the next pop up choose, “suicidal content.” Or enter your friends name or contact information.

U.S. Surgeon General Dr. Regina Benjamin, when announcing the partnership in 2011,

said, “We must confront suicide and suicidal thoughts openly and honestly, and use every opportunity to make a difference by breaking the silence and suffering.”

Social media for many of us is more than just a tool. It is a way that we connect, stay in touch, entertain ourselves and share information.

Laura van Dernoot Lipsky, founder and director of the Trauma Stewardship Institute, said finding the people who are healthy for you to be around is the same on social media as it is in real life.

“People need pay very close attention to who they are spending time with,” she said. “It is a turning point in life when you can give thought to who you spend your time with.”

The same way someone in sobriety should avoid the old friends they used to drink and use with in person, they also need to avoid them online.

Social media can be beneficial for people who feel isolated and need to interrupt the isola-

Continued on next page

tion, she said. But if people are going online and reading negative stuff that is poison.

“The question is what do you take in? You can drink a lot of water and its good, or you can drink a lot of poison and it will kill you,” Lipsky said.

In a tribal community meeting last month with Dr. Robert Macy who is president of the International Trauma Center in Boston, tribal parents talked about the pressure that social media places on teens. Some talked about complex decisions to monitor teen’s online presence at the same time as respecting their privacy.

Macy said as long kids are dependent upon their parents to pay the rent and keep the lights on, parents have the responsibility to monitor everything that happens in their rooms or on their Facebook page or Twitter feed. For parents, the attitude must be, “I love you too much to let you hurt yourself.”

Macy had a warn-

ing for parents too.

Being too connected electronically can make you disconnected personally.

A 2014 study published in the Journal Academic Pediatrics found that mothers were regularly distracted at meal time by their smart phones. Overall, the study found that the use of cell phones and other devices during meals was tied with 20 percent fewer verbal interactions between mothers and their children, and 39 percent fewer nonverbal interactions. Those who had the highest use of mobile devices during meals were far less likely to provide encouragement to their children, researchers found.

So Macy urged the tribal families gathered to put their smart phones away during family time, and if you visit a friend, leave the phone at home or in the car. Then use the time to make a real person-to-person connection with someone you love.

Tips for students using social media

This list is based upon one published on the website of Carlton University in Canada. The tips are geared to college students, but apply as well to younger teens and for that matter to adults. The concern that Carlton University raises is that your social media posts will last forever on the World Wide Web. It is not overstating to say that this is new era in the history of the world. In past generations you could put your past behind you, you could move away, change your outlook. Now, if you have posted your life digitally on your social media sites, it will live online and be searchable by people in your future.

- **Privacy:** Set all of your social networking accounts to private and maintain your privacy settings so you avoid posting too much personal information. On Facebook, don’t forget to set your privacy settings to include photos and videos that others post of you to avoid being found via basic Web searches.
- **Don’t over share:** Don’t say anything you wouldn’t normally share with a prospective employer or your mother or your grandmother.
- **Stay offline when under the influence:** If you’ve just spent a night partying with friends, keep your computer off, or your online mistakes could come back to haunt you. Sometimes referred

to as “drunk Facebooking,” posting inappropriate comments or photographs while inebriated may cast a negative reflection on your online persona.

- **Stop Complaining:** Avoid speaking negatively about school, current or previous jobs, family or friends. Similarly, don’t update your Facebook status only when you have something negative to say; find a balance so your digital persona doesn’t look too angry.
- **Separate social networking from job networking:** Avoid using social networking sites like Facebook for professional or scholastic networking, and build up your career contacts on other sites like LinkedIn.com.
- **Generate positive content:** Experts agree that the best way to counteract negative content is by generating positive information that will rank high on search engines like Google.

Where can I call for help?

- To report an emergency dial 911
- National Suicide Prevention Line: 1-800-273-TALK (8255)
- Snohomish County Crisis Line: 1-800-584-3578
- Crisis TEXT Line: Text “Listen” to 741-741
- 24 Hour Crisis Line: 1-866-427-4747
- TEENLINK: 1-866-833-6546
- Tulalip Tribes Behavioral Health Family Services: 360-716-4400

Tulalip Healing: Understanding historical trauma in a Native context

By Kara Briggs Campbell

Pam James often says that she carries her grandmother’s pain.

“She was born in 1899 on the Colville Reservation and she was taken away and put in a boarding school in eastern Montana,” James says as she begins a story familiar in her tribal family.

Her grandmother’s longing

and loneliness were transmitted to James as a girl listening attentively to the family story. Researchers and counselors, like James, say trauma can be passed between generations in more than one way. Oral histories may be the most obvious way, but researchers say traumatic memories get recorded in our brains, and pass into cellular memory which we share from one generation with the next, and the next.

In the 1980s the terms historical trauma or intergenerational trauma were coined. This condition has been documented in groups that include the descendants of Holocaust survivors, descendants of survivors of Japanese Internment and of the Wounded Knee Massacre of 1890.

James, a counselor turned consultant who has taught groups about historical trauma for three decades, said historical trauma is a

critical aspect of the American Indian experience today. It flares up when contemporary traumas trigger deeper known and unknown emotional wounds. It’s the extra weight of history that some people seem to carry in their psyches. It is a feeling of profound disempowerment.

“Historically, what have we learned after 500 years of cultural oppression? Through wars, epidemics, boarding schools, removal of children from families, removal of families from traditional lands, substance abuse, physical abuse, sexual abuse - we have become in many cases the oppressors. We see these things acted out today across Indian Country,” said James, who lives near the Skokomish Reservation. “We may not have the awareness of why, but we continue to pass the pain of our experiences from generation to generation.”

Shame, blame and an abiding sense of guilt are driving forces of historical trauma. Guilt for hidden things, even for half forgotten things, for things lost to memory and time.

Historical trauma manifests publically in tribal communities in ways that include family against family, a sense of who belongs and who doesn’t, who looks Indian, who doesn’t, James said. A tribal community may even be continuing such attitudes and practices without realizing or understanding that they come from the experiences of families and ancestors, some even in the colonial era long before we were born.

“A lot of those things impact ourselves and our children because of things that happened hundreds of years ago and that we keep passing from generation to generation. Without the realization, awareness

or healing, we will self-destruct from within,” James said.

What does self-destruction look like? Overdoses, addiction, suicide, dropping out, tuning out, giving up. The impacts of historical trauma can go other ways too. They can manifest behaviorally as overachievers, control freaks or people who deny their emotions. For the most part survivors of historical trauma act out these behaviors without realizing that they may be tied to the experiences of their ancestors.

“In intergenerational trauma, each generation has an impact,” said Delores Subia BigFoot, who is director of the Indian Country Child Trauma Center at the University of Oklahoma Health Sciences Center. “Those that have been most impacted feel greater level of disempowerment as these layers of experience get added with each generation.”

James and BigFoot agree, Native people begin the healing process when they break the cycle of trauma through awareness. Or consider this: one generation can change the trajectory of a family or a whole tribal community. And in terms of the seventh generation, healing that begins today is very important.

Healing intergenerational trauma, as well as contemporary trauma, requires healing the whole person. Counseling and treatment

work to a point. Deeper healing, James said, comes from reclaiming Native cultural identity and understanding traditional and family history. For James, the medicine wheel reminds us that healing the whole person includes spiritual, emotional, intellectual and physical.

“In our traditional ways of being we had cultural practices that brought us together to heal our wounds of the past and present,” James said. “Even when I was kid growing up we would come together and share stories of our family, our community, and our tribe telling our history and so forth. Everyone had their role in the community, grandmas and grandpas, aunties and uncles. We shared common family/community beliefs, values and experiences. You were learning your relationship to all things and your place in the world.”

Also within the oral histories of tribes - whether carried in words and written in our cellular memory in our bodies - there is a steady stream of health and resiliency that enabled tribal ancestors to survive their trauma.

“The reality is that the ancestors were resilient who survived to give you life,” James said. “The resiliency of who we are as a people speaks loudly to our ability to overcome trauma.”

What does it mean to be an Indian?

Pam James was working with tribal youth in the Puget Sound area when she asked a simple question: What makes you Indian?

“I was so surprised by the responses,” James said. “Some of them said, I don’t know. Others said because I was born here. Others said because I’m enrolled.”

“What I realized from those conversations is we aren’t teaching the young generations what makes them an Indian so they are conceptualizing what an Indian is in different ways than older generations do,” she said.

In terms of historical trauma, she wonders, are we teaching our youth those issues they need to understand to withstand the pressure?

So James researched and created the list below, which she shares when she presents at regional and national Native conferences about historical trauma. Her list is based upon the thinking of many tribal peoples and it reflects the traditional and cultural elements that make up a tribe or a village.

It may be a starting point for a conversation in a family or among friends.

What makes you an Indian?

- Geographic Land Base – Living, Gathering, Hunting, Tools & Implements
- Medicines and Foods – Plants, Animals, and the Preparation Process
- Traditional Dress – Design, Creation, and Materials used
- Common Language – Shared Dialect, Verbal, Body, Sign, Writings, Art
- History and Stories – Creation, Oral/Visual Stories, Teachings, Roles & Responsibilities
- Traditional Cultural Structure – Beliefs, Values, Ethics, Traditional & Legal Governance, Family, Relationships to All Things
- Spiritual – Beliefs, Practice, Ceremonies, Songs, Music, Laughter

MOA from front page

upon communication. Three important issues raised as a result of the open forum were the Forest Service’s sustainable roads directive, sacred sites protection on national forests, and improved communication with the national and regional level of the Forest Service.

Sustainable Roads

One of the issues that came up again this year is the ‘sustainable roads’ directive given to the Forest Service. The directive calls for the Forest Service to close a certain percentage of their roads by going through their entire road system inventory and prioritizing roads they want to keep. The roads that don’t

come high on the list would be the first to be closed.

A sustainable road system means keeping only those roads that they can afford to keep maintained and in proper repair so they don’t fail and create risky situations for drivers or environmentally risky situations for the habitat.

MOA liaison with Treaty Rights Office of Natural Resources Department Libby Nelson describes the importance of having the Tribes input considered when prioritizing which roads to sustain and which to close.

“The public tends to be recreational and they are going to want to preserve trailheads and certain places that the Tribes may

not feel quite the same way about. Making sure that the Forest Service is really looking at how they are going to ensure treaty rights needs to take a front and center role in their analysis and evaluation of what roads to keep open and what roads to close. So that’s an issue. [For the Forest Service] it becomes a matter of budget allocation and this is where we think it is really important to say, ‘What is important to honor the rights we have to protect of the Tribes through their treaty? How do we plan to integrate that into are analysis?’ Their duty as a federal trustee to the Tribes is to ensure access for treaty right exercise.”

Sacred Sites

Executive Order 13007 Indian Sacred Sites requires Federal land managing agencies to accommodate access to and ceremonial use of Indian sacred sites by Indian religious practitioners and to avoid adversely affecting the physical integrity of such sacred sites. It also requires agencies to develop procedures for reasonable notification of proposed actions or land management policies that may restrict access to or ceremonial use of, or adversely affect, sacred sites.

Sacred sites are defined in the executive order as “any specific, discrete, narrowly delineated location on Federal land that is identified by an Indian tribe, or Indian individual

determined to be an appropriately authoritative representative of an Indian religion, as sacred by virtue of its established religious significance to, or ceremonial use by, an Indian religion; provided that the tribe or appropriately authoritative representative of an Indian religion has informed the agency of the existence of such a site.” There is no review of such determinations by a Federal agency.

Executive Order 13007 was discussed in the MOA meeting because it appears that one of the conflicts, potentially, would be the executive order and some other federal statutes don’t specify or differentiate treaty rights from federally recognized tribes across the country. This leads to situations where you could have members of other federally recognized tribes coming onto treaty rights lands to practice their culture and/or religion.

The issue that surfaced was

that there would be concern if that was happening on the ancestral territories of Tulalip. There should be a protocol for talking to the Tribes here first who have reserved rights on those lands. The Tulalip Tribes and Mount Baker-Snoqualmie National Forest staff will have further discussions about this potential conflict, while also focusing on the general issue of continued co-stewardship of maintaining sacred sites.

Improving communication

Local-level communication between the Tulalip Tribes and the Mount Baker-Snoqualmie National Forest staff has developed quite nicely since the signing of the MOA eight years ago. However, the Tulalip Tribes has observed the communication from the national and regional Forest Service offices needs improvement.

“We do have a good working relationship locally now, and that’s

great because a lot of things do happen on the forest level, but when the national and regional issues come up we have a ways to go to achieve good communication. On a regional and national level with the U.S. Forest Service, as whole, we often get their policies last minute. Sometimes we don’t hear about them until it’s really late to comment. So we talked about ways to improve that,” says Nelson.

To further increase the capacity for open dialogue on the local level, the Tulalip Tribes are focused on getting the District Ranger and Forest Service staff from the nearby Snoqualmie District to attend future MOA meetings.

Overall, the meeting was a success as both the Tulalip Tribes and Mount Baker-Snoqualmie National Forest staffs were able to discuss a range of topics, have an open dialogue regarding potential issues that may arise in the foreseeable future, and

exchange ideas about foreseeable projects as a result of the MOA. Most importantly, the meeting served as a reminder of the efforts the Tulalip Tribes has remained steadfast to in the always on-going battle to protect Tulalip’s treaty rights.

As Libby Nelson states, “In order to protect the real exercise of treaty rights reserved Tulalip in their treaty, it’s going to take continued vigilance and pushing back. Mount Baker-Snoqualmie is surrounded by a lot of people - most of the State’s population lives within easy driving distance. There is now, and will continue to be a lot of pressure from people in urban centers, like Seattle, who would like to see the forest become more and more park-like and provide for their recreational uses. Treaty hunting, gathering and other cultural uses aren’t always very compatible with these other recreational uses or too many people.”



Mount Baker-Snoqualmie National Forest.

New animated preschool aboriginal series – ‘Bizou’



By Roger Vater

During the week of Feb 2-8 on Tulalip TV, Channel 99 on Tulalip Broadband or streaming

live on <http://www.tulalip.tv> you can watch the premiere of the new animated preschool series “Bizou – Episode 1 (Bizou and the Black Bear)” at 9:00 a.m. and 4:30 p.m., featuring a portion spoken in Tulalip Lushootseed by Kitty Catfish.

Bizou is a lively, animated, preschool series that explores the wonderful world of animals as seen through the eyes of a cheerful little Aboriginal princess named Bizou.

Through storytelling, sing-alongs, book readings, live-action animal footage, colorful illustrations and animation, children learn to appreciate the connection between each other and the wonderful world of animals that surround them.

Working together with our Lushootseed Language Department, we translated a portion of each of the 36 episodes of Bizou into Tulalip Lushootseed, where animals and native items are illustrated and taught using Tulalip Lushootseed. Children will enjoy hearing traditional stories and legends, while learning to speak Lushootseed in a

fun and exciting way.

Episode 1- “Bizou and the Black Bear”: Come sing and dance with Bizou as she takes you on a picturesque journey into the wonderful world of Black Bears, North America’s fearless little bear.

You can watch the premiere episode of “Bizou – Episode 1 (Bizou and the Black Bear)” and many other Native programs on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on <http://www.tulalip.tv> on a PC, Mac or any ‘Smart’ device such as phone or tablet.

A new episode of Bizou with Tulalip Lushootseed will be presented each week on Tulalip TV.

For a current schedule of Tulalip TV, you can always visit: <http://www.tulalip.tv/tulalip-schedule>

Program description source: Bizou ‘Series Synopsis’ and ‘One Sheet’

Book Review

“Beginnings: A Meditation on Coast Salish Lifeways” by Father Pat Twohy

By Mary Jane H. Topash

“Beginnings: A Meditation on Coast Salish Lifeways” is a heartfelt book about the Coast Salish peoples. This poetic journey chronicles the history of the tribes and people in this region by bringing understanding and appreciation for what our people have endured. This story is written as gracefully and as humble as its author, Father Pat Twohy. A man who hardly needs an introduction, Father Pat tells the history of Coast Salish Peoples through pictures and quotes from surrounding tribes’ elders. This book takes you on a journey from past to present, painting a vivid picture of what it was like to live during the time of our ancestors.

The story begins with the teachings and connections of the old way of life with the cedar, salmon, and land. The imagery from this book touches the senses. You can almost smell the smoke and dirt from the longhouse, feel the warmth and love of our great-great-grandparents, and feel the anguish our ancestors experienced. Twohy elaborates on the transitional period of

treaties, reservations, and the introduction of Christianity. His narrative leads into the Korean and Vietnam era with ease and shines light on veterans who have served. Father Pat writes as if he lived during those times, as if it was *his* family stories he was sharing, as a reader you almost forget he is a Jesuit Priest living in the 21st century.

The sadness and pain our people endured is printed in the pages, a sadness that is unfathomable and brings a tear to your eye. With this sadness, Father Pat’s brings comfort, by coming full circle, giving us a silver lining, and reminds us that our songs, teachings, and culture are not lost. He ends with this lasting impression: “If there is one young man and one young woman who before the whole world follow their great-great-grandparents’ way of nurturing the fragile voice and movement of life within all persons and things, then all will not be lost. Their people will live on. Their People will live on!” (p.104)

This is a beautiful book written by a beautiful person, using words, stories, photos, and quotes to explain our history; I can’t help but find these words relevant for our community. I suggest everyone dust off their copies, find an hour to read the 112 pages of wisdom, and find that feeling of comfort and solace. Books have that power to lift us up and without a doubt, this book possesses that power.

For sale at the Hibulb Cultural Center and Natural History Preserve \$25.00

Problem Gambling Program

Family Night

January 29th, 2015 • 5:30 pm - 7:00 pm
(Juanita Ann Jones-Morales Building C)

Dinner Provided

Friends and family members of problem gamblers

You are invited to attend our once a month education/support group on Problem Gambling. Problem Gambling has a negative impact on relationships, family and community and for every problem gambler they negatively affect at least 7 people. Gain support, Q&A, and learn about gambling as an addiction disorder. Participants will learn about problem gambling warning signs, disease model, and how to cope when a loved one is in the grip of addiction.



RSVP Sarah Sense-Wilson at (360) 716-4304

Tulalip Tribes • Family Services
2821 Mission Hill Rd., Tulalip, WA 98271

12th MAN PRIDE AT TULALIP



Fans around Tulalip show off their team spirit on Blue Friday, January 16. Getting into the spirit, Tulalip Montessori students posed for a massive fan photo and chanted "Seahawks!" Tulalip government employees replicated a photo they created last year, which started a tradition of showing 12th Man pride on the cusp of the NFC Championship game.

All that 12th Man spirit worked as the Seahawks beat the Packers, 28-22!

Photos by Brandi N. Montreuil



Hawks balanced scoring effort prevails over Orcas Christian, 83-70



Point guard Jesse Louie about to score during the Hawks' 3rd quarter run.

three-ball. On the defensive side, the Hawks were being challenged by the Saints' speedy point guard Michael Harris and big man center Cyrus Amour. At the end of the 1st quarter the Hawks led 19-13.

A quickly made 3-pointer by forward Willy Enick pushed the Hawks lead to 22-13 to start the 2nd quarter. The Saints responded by pounding the ball down low to their center Cyrus Amour who was able to shoot over the smaller Hawk defenders. Amour also was busy collecting offensive rebounds for his team due to the Hawks not boxing him out. Point guard Jesse Louie took advantage of his size mismatch over Saints' point guard Michael Harris by driving to the rim and shooting baseline jumpers. Louie led the Hawks in scoring in the 2nd quarter with 8 points. However, the Hawks led by only 3 points 34-31 at halftime.

During the halftime intermission Hawks coach Cyrus "Bubba" Fryberg did not hesitate to tell his players they needed to focus and lock-in defensively. "When they shoot you have to find your man and box-out. Number 31 (Amour) needs to be boxed-out. I want the post to be working. You guys are getting outworked down there. Number 31 (Amour) is killing us on the boards. That means everyone has to help rebound. Crash the boards. We are getting killed defensively and that's the only reason why it's a close game."

The Hawks came out in full-on attack mode to start the 2nd half. They went on a 7-0 run that led the Saints to calling a timeout; Hawks led 42-31 with 5:45 remaining in the 3rd. After a pair of Anthony McLean free-throws the Hawks had a 13 point lead. Hearing the voice of their coach, the Hawks put major emphasis on shutting down Saints center Cyrus Amour. They held him to only 4 points in the quarter, but their focus on Amour allowed Saints' point guard Michael Harris to take advantage of his one-on-one coverage. He scored 13 points in the quarter to keep his team in the game. At the end of the 3rd quarter the Hawks led 58-50.

In the 4th quarter the Hawks offensive barrage continued as center Robert Miles and guard Ayrik Miranda combined to score 17 points. As a team they scored a game high 25 points in the final quarter, more than enough to secure an 83-70 victory over the Saints. For the Hawks it was the best offensive showing of the season, scoring a season high 83 points and having five players score 15 plus points.

"Better job defensively in that second half," coach Fryberg told the Hawks players following their win. "We have to continue to improve defensively. Where do we improve? In practice. We will be working hard on our defense so we're better prepared during our games."

Article and photos by Micheal Rios

The (8-3) Tulalip Heritage Hawks hosted the (1-7) Orcas Christian Saints at Francy J. Sheldon court on Tuesday, January 13. It was the second matchup of the season for these two teams, with the Hawks edging the Saints 76-63 back in December. The Hawks were fresh off their disappointing showing to

the Lummi Blackhawks and wanted to get back to their winning ways.

Shooting guard Dontae Jones caught fire in the opening quarter, scoring 11 straight points for the Hawks at one point. Taking advantage of the zone defense the Saints were running early, Jones hit three 3-pointers and then made two of three free-throws after he was fouled shooting another

	FGM-A	3PM-A	FTM-A	REB	AST	STL	BLK	TO	PF	PTS
Ayrik Miranda	8-17	0-5	2-4	5	6	0	1	2		18
Robert Miles	8-21	1-5	0-1	10	7	5	1	0		17
Dontae Jones	4-10	4-9	5-7	0	3	1	0	0		17
Jesse Louie	7-18	1-5	0-0	13	6	0	0	1		15
Willy Enick	7-10	1-3	0-2	12	2	2	1	1		15
Anthony McLean	0-1	0-0	3-4	2	0	0	0	0		3
Trevor Fryberg	0-0	0-0	0-0	0	1	0	0	0		0
Jayden Brashears	0-0	0-0	0-0	0	0	0	0	0		0
Nashone Whitebear	0-0	0-0	0-0	0	0	0	0	0		0
Team Totals	34-77	7-27	10-16	42	25	8	3	4		85

	1	2	3	4	T
Hawks	19	15	24	25	85
Saints	13	18	19	20	70

Lady Hawks 3rd quarter rally not enough to overcome Orcas Christian, lose 27-50

Article and photos by Micheal Rios

Coming off their first win of the season, the (1-11) Lady Hawks were looking to keep the momentum going when they hosted the (7-2) Orcas Christian Saints on January 13. The Lady Hawks had two new players making

their home debut, sophomore center #40 Cyena Fryberg and junior guard #2 Kaenisha Herrera, giving the team eight active players for the first time all season.

The 1st quarter started off well as forward Jaylin Rivera collected an offensive rebound and scored off her putback field goal. Two possessions later guard Michelle Iukes made a 3-pointer to tie the game at 5-5. The team's momentum then was halted as Orcas Christian switched into their 'diamond defense' that calls for full-court trapping of any Lady Hawk ball handler. The

Continued on next page

Orcas Christian defense forced seven turnovers and allowed the Saints to go on a 7-0 run to end the quarter.

Starting the 2nd quarter the Lady Hawks trailed 5-12. Orcas Christian continued to implement their 'diamond defense', forcing ten more Lady Hawk turnovers. When the Lady Hawks were able to break the Saints' pressure and advance the ball to the frontcourt they were able to get quality looks at the basket. Point guard Myrna Red Leaf made two jumpers and Iukes nailed a deep 2-pointer and a free throw to give the Lady Hawks 7 points in the quarter. However, on the other side the Saints were getting easy looks from their forced turnovers and scored 19 points in the quarter. At halftime the Lady Hawks trailed 12-31.

During the 3rd quarter the Saints stopped playing their 'diamond defense' and went to a more typical half-court press. The Lady Hawks

were able to advance the ball quickly and break down that defense, especially for their 3-point shooters. Both Cyena Fryberg and Iukes were able to get open and make a 3-point shot, followed by a pair of made free-throws by forward Jaylin Rivera. When Red Leaf hit her 2-point jumper the Lady Hawks had gone an 11-2 run to win the 3rd quarter 11-7. With more quarter remaining the Lady Hawks cut their deficit to 15 points, 23-38.

Red Leaf and Iukes connected on back-to-back jumpers following a Saints' made free throw to open the 4th quarter. Their buckets pulled them within 12, 27-39 with 5:00 to play. Unfortunately, that was all the offense the Lady Hawks would get in the final quarter as the Saints closed the game on an 11-0 run. The Lady Hawks lost 27-50, but would be encouraged by their play in the 3rd quarter as a sign of how good they are capable of playing.

Hawks victory over Providence Classical, 69-51



Above: Robert Miles Jr. completes a rebound in game against Providence Classical.

Left: Trevor Fryberg makes a pass during the game



Guard Myrna Red Leaf looks to pass the ball against the vaunted Grace Academy defense.

	FGM-A	3PM-A	FTM-A	REB	AST	STL	BLK	TO	PF	PTS
Michelle lukes	4-15	2-8	1-4	4	2	3	0	9		11
Myrna Red Leaf	4-11	0-3	0-0	0	2	4	0	11		8
Jaylin Rivera	1-3	0-0	0-0	10	0	0	1	0		4
Cyena Fryberg	1-8	1-5	0-0	7	0	2	1	1		3
Nina Fryberg	0-1	0-0	1-2	4	0	1	0	0		1
Wendy Jimicum	0-7	0-0	0-0	5	2	1	1	1		0
Mikaylee Pablo	0-1	0-0	0-0	4	0	0	0	0		0
Kaenisha Herrera	0-1	0-0	0-0	0	0	0	0	2		0
Larissa Menser	0-0	0-0	0-0	0	0	0	0	0		0
Team Totals	FGM-A	3PM-A	FTM-A	REB	AST	STL	BLK	TO	PF	PTS
	10-47	3-16	2-6	34	6	11	3	24		27

	1	2	3	4	T
Lady Hawks	5	7	11	4	33
Saints	12	19	7	12	50

Article and photos by Brandi N. Montreuil

Despite a game full of fouls and heated exchanges between players, Tulalip Heritage Hawks scored another Northwest 1B win on January 17 in a game against Providence Classical Christian Highlanders, 69-51.

Hawks held a slim lead over the Highlanders going into halftime but managed to score an astounding 27 points in the third quarter and 15 more in the fourth giving them the win.

Dontae Jones led the Hawks with 20 points, Robert Miles Jr. and Aryik Miranda 16, Willy Enick 7, Anthony McLean 6 and NaShone

	FGM-A	3PM-A	FTM-A	REB	AST	STL	BLK	TO	PF	PTS
Dontae Jones	8-18	2-7	2-5	1	1	5	0	0		20
Robert Miles	6-10	1-4	3-6	13	8	7	1	4		16
Ayrik Miranda	3-8	2-3	8-12	3	3	2	0	0		16
Willy Enick	3-8	0-2	1-1	4	3	2	0	1		7
Anthony McLean	3-5	0-0	0-1	3	0	0	1	0		6
Braxtin Lake	1-1	0-0	0-0	2	0	0	0	1		2
Nashone Whitebear	1-1	0-0	0-4	1	0	0	0	1		2
Jayden Brashears	0-2	0-1	0-0	1	1	0	0	0		0
Trevor Fryberg	0-4	0-2	0-1	4	2	0	0	6		0
Team Totals	FGM-A	3PM-A	FTM-A	REB	AST	STL	BLK	TO	PF	PTS
	25-57	5-19	14-30	32	18	16	2	13		69

	1	2	3	4	T
Hawks	10	17	27	15	69
Highlanders	11	14	14	12	51

Lady Hawks score season high against Skykomish, 45-34

Article and photos by Brandi N. Montreuil

Tulalip Heritage Lady Hawks took home a win over Skykomish Rockets, 45-34, on Thursday, January 15.

The Lady Hawks, who have struggled this season to be among the top Northwest 1B league leaders, scored season high in points against the Rockets. Lady Hawks made a statement with a 14-point lead at halftime and continued to build on it throughout the game.

	FGM-A	3PM-A	FTM-A	REB	AST	STL	BLK	TO	PF	PTS
Myrna Red Leaf	7-15	0-3	0-0	5	2	3	0	7		14
Michelle Iukes	3-11	2-10	0-0	3	4	2	1	7		8
Jaylin Rivera	4-13	0-0	0-0	11	0	0	0	4		8
Nina Fryberg	3-10	0-0	0-0	13	3	1	0	4		6
Cyena Fryberg	2-3	1-2	0-0	7	2	0	1	2		5
Wendy Jimicum	1-3	1-3	0-1	7	3	1	0	4		3
Mikaylee Pablo	0-1	0-0	1-2	7	0	0	0	1		1
Team Totals	FGM-A	3PM-A	FTM-A	REB	AST	STL	BLK	TO	PF	PTS
	20-56	4-18	1-3	53	14	7	2	29		45

	1	2	3	4	T
Lady Hawks	9	19	6	11	45
Rockets	9	5	9	11	34



During halftime, the Lady Hawks' coach, Cyrus "Bubba" Fryberg warned the team about the number of fouls the team was making offensively. "Lets take advantage of us winning the game, we have been playing behind this whole season. We can't have seven fouls in the first quarter."

Lady Hawks returned to the game to score an additional 17 points to seal the win.

Myrna Redleaf led the Lady Hawks with 14 points. Michelle Iukes scored 8 points in the second half while Nina Fryberg and Jaylin Rivera both scored 6, Wendy Jimicum 3, Cyena Fryberg 5.

Lady Hawk Jaylin Rivera throws a hard pass in game against Skykomish Rockets.

The importance of going to college

Submitted by Jeanne Steffener, Higher ED

During a student's high school career, they may begin to question the importance of going on to college. In answer to this question, simply put, college provides opportunities for graduates that are not available to those with only a high school education.

The importance of a college education has become quite evident in terms of earning potential especially in today's economy. This is true even with the cost of education on the rise. In most cases, the cost of a college education is probably one of the biggest expenses most people will ever face. Fortunately, Tulalip Tribes offers funding and educational resources to enrolled Tulalip members to help meet their educational goals.

According to a new report from Pew Research: "Millennials₁ will benefit more from a college degree than any previous generation. On average, Millennial college graduates earn over \$17,000 per year more than their peers with only a high school diploma plus other major benefits. On virtually every indicator of economic well-being and career at-

tainment – from personal earnings to job satisfaction to the benefits of a full time employment – young college graduates are out performing their peers with less education".

As opposed to generations of the past, high school graduates today are unable to obtain the number of high-paying jobs that were once available. The importance of a college degree today can be compared to that of a high school education forty years ago. This is ever more important as we see the U.S. being transformed from a manufacturing-based economy into an economy based on knowledge.

A good way to understand the shift over the past several generations is noted by the Los Angeles Times:

"In percentage terms, millennial workers with only a high school education earn 61.5 percent of the annual income of similarly aged adults with a bachelor's degree. By comparison, for early boomers a high school graduate's pay was 77 percent that of a college graduate, and for Generation Xers it was 64 percent."

In experiencing a post secondary education, students have the opportunity to read books and listen to the lectures of top experts in their fields. This stimulation encourages students to think, ask questions, and explore new ideas,

which allows for additional growth and development. The outcomes provide college graduates with an edge in the job market over those who have not experienced a college education. The importance of this college education becomes more important as the global economy becomes increasingly more competitive.

Want to gain a competitive edge in life? Call the Higher ED Department @ 360-716-4888 or email us at highered@tulaliptribes-nsn.gov for additional information.

<http://www.socialmarketing.org/newsletter/features/generation3.htm>
Generation Y, Echo Boomers or Millennials

Born: 1977-1994
Coming of Age: 1998-2006

Age in 2004: 10 to 22
Current Population: 71 million

The largest cohort since the Baby Boomers, their high numbers reflect their births as that of their parent generation, the last of the Boomer I's and most of the Boomer II's. Gen Y kids are known as incredibly sophisticated, technology wise, immune to most traditional marketing and sales pitches...as they not only grew up with it all, they've seen it all and been exposed to it all since early childhood.

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- Earn industry credentials from Microsoft, CompTia, Cisco & college credit
- Snacks provided



DATE: Thursday, **February 12th**
TIME: **5-7 pm**
LOCATION: Rm 263, Admin. Bldg.

* RSVP: 360-716-4888, Higher ED or highered@tulaliptribes-nsn.gov

Paths to Becoming a Teacher



Serving your community through Education ...

- Consider the changing face of today's schools @ Tulalip
- Opportunities to serve in our community
- Explore college education programs
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DATE: Thursday, **February 25th**
TIME: **5-7 pm**
LOCATION: Rm 263, Admin. Bldg.

* RSVP: 360-716-4888, Higher ED or highered@tulaliptribes-nsn.gov

Getting started with craigslist



Online classified ad resource for communities

- Connect to your local online community
- Gain knowledge about searching Craigslist classifieds & online personal safety tips
- Learn how to set up craigslist accounts, post classified ads & reply to ads
- Snacks



DATE: Monday, **February 2nd**
TIME: **5 PM - 7 PM**
LOCATION: RM 263, Admin. Bldg.

* RSVP: 360-716-4888, Higher ED or highered@tulaliptribes-nsn.gov

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Snohomish County medication “take back” locations

Submitted by Lori Hartelius M.S. LMHC MHP, Tulalip Family Services

What’s wrong with throwing my medicines in the garbage or flushing them down the toilet?

About 30 percent of medicines are not used. Flushing waste medicines pollutes the environment. Medicines are now found in our surface and ground water, as well as drinking water supplies. Wastewater treatment facilities do not remove most medicines. Throwing medicines in the garbage - especially controlled substances like OxyContin and other pain relievers - is not safe because the drugs can be found and used by others. Medicines thrown in the trash can also get into the environment. Leaving them in your medicine cabinets at home can also be dangerous and get into the wrong hands. Taking any unused medication to a “take back” location is easier than ever. There are numerous locations all around the county including most Bartell

stances 425-388-3199

- **Bartell Drugs, Bothell - Canyon Park** 22833 Bothell-Everett Hwy, 98021 **No** controlled substances 425-485-3525
- **Brier Police Station** 2901 228th St. SW, Brier WA 98036 Monday-Friday, 8:30am-4:30pm **Accepts** controlled substances 425-388-3199
- **Darrington Police** 1115 Seeman St., Darrington WA 98241 Monday-Friday, 9:30am-12pm and 1:30pm-5pm **Accepts** controlled substances 425-388-3199
- **Bartell Drugs, Edmonds Pharmacy** 23028 100th Ave. W, Edmonds WA 98020 Mon-Fri 9am-9pm; Sat 9am-6pm; Sun 10am-6pm **No** controlled substances 425-774-4916
- **Edmonds Police** 250 Fifth Ave. N, Edmonds WA 98020 Monday-Friday, 9am-4pm **Accepts** controlled substances 425-388-3199

- **Snohomish County Sheriff – Jail** 3025 Oakes Ave., Everett WA 98201 Monday-Friday, 8am-10pm **Accepts** controlled substances 425-388-3199

- **Bartell Drugs, Everett – Silver Lake** 11020 19th Ave, Everett WA 98208 **No** controlled substances 425-379-5390

- **Bartell Drugs, Everett - Broadway** 1825 Broadway, Everett WA 98201 **No** controlled substances. 425-303-2583

- **Bartell Drugs, Everett - Seattle Hill Road** 5006 132nd Street SE Bldg. A, Everett WA **No** controlled substances 425-357-6129

- **Everett Police – North Precinct** 3002 Wetmore Ave., Everett WA 98201 Monday-Friday, 8am-6pm **Accepts** controlled substances 425-257-8400

- **Everett Police – South Precinct** 1121 SE Everett Mall Way, Everett WA 98208 Monday-Thursday, 10am-5pm **Accepts** controlled substances 425-388-3199

- **Group Health Cooperative, Everett Medical Center Pharmacy** 2930 Maple St., Everett WA 98201 – Mon-Fri 8:30am-9pm; Sat 9am-3:30pm; Sun 9am-12:30pm **No** controlled substances 425-261-1560 425-388-3199

- **NCIS – Naval Station Everett** 2000 W Marine View Dr., Bldg. 2000, Rm 234, Everett

WA 98201 **Accepts** controlled substances 425-388-3199

- **Snohomish County Sheriff – Courthouse** 4th Floor Courthouse; 3000 Rockefeller Ave., Everett WA 98201 Mon-Fri, 9:30am-4:30pm **Accepts** controlled substances 425-388-3199

- **Gold Bar Police** 107 Fifth St., Gold Bar WA 98251 Monday-Friday, 10am-12pm & 1pm-4pm **Accepts** controlled substances 425-388-3199

- **Granite Falls Police** 205 S Granite Ave., Granite Falls WA 98252 Monday-Friday, 9am-12pm & 1pm-5pm **Accepts** controlled substances 425-388-3199

- **Pharm-A-Save** 207 E Stanley St #A, Granite Falls WA 98252 Monday-Friday 9am-7pm, Saturday 9am-6pm **No** controlled substances 360-691-7778

- **Bartell Drugs Frontier Village Pharmacy** 621 SR9 NE, Lake Stevens WA 98258 Mon-Fri 8am-9pm; Sat 9am-6pm; Sun 10am-6pm **No** controlled substances 425-334-8410

- **Lake Stevens Police** 2211 Grade Rd., Lake Stevens WA 98258 Monday-Friday, 8am-5pm **Accepts** controlled substances 425-388-3199

- **Bartell Drugs Lynnwood Pharmacy** 17633 Highway 99, Lynnwood WA 98037 Mon-Fri 9am-9pm; Sat. 9am-6pm; Sun 10am-6pm **No** controlled substances 425-743-1136

- **Lynnwood Police** 19321 44th Ave. W, Lynnwood WA 98036 Monday-Sunday, 8am-5pm **Accepts** controlled substances 425-388-3199

- **Marysville Police** 1635 Grove St., Marysville WA 98270 Monday-Friday, 8am-3pm **Accepts** controlled substances 425-388-3199

- **Snohomish County Sheriff– North Precinct** 15100 40th Ave. NE, Marysville WA 98271 Monday-Friday, 9am-4pm **Accepts** controlled substances 425-388-3199

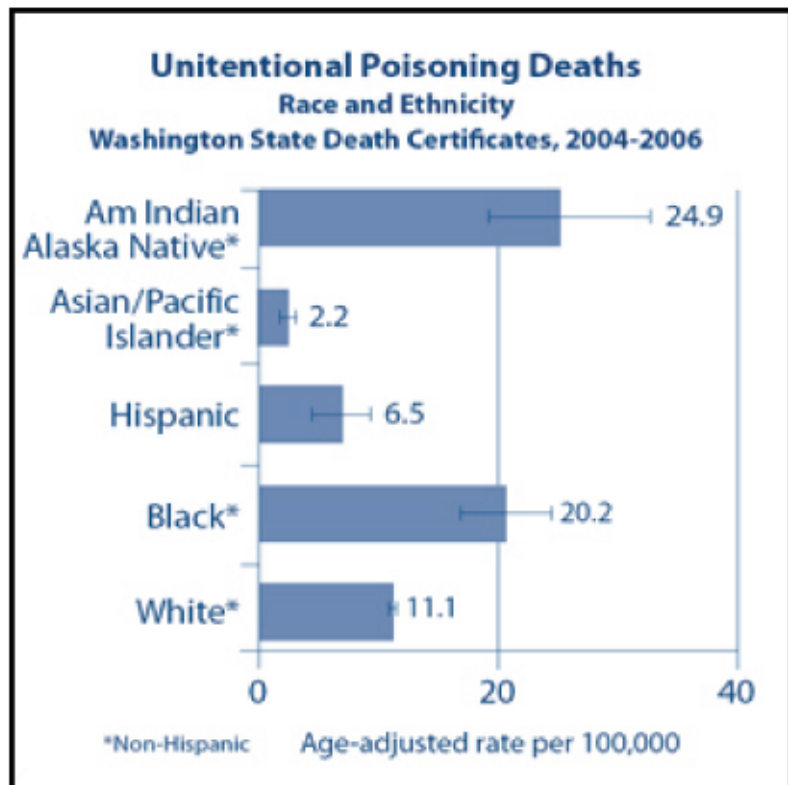
- **Washington State Patrol – Marysville** 2700 116th St. NE, Marysville WA 98271 Monday-Friday, 9am-12pm & 1pm-5pm **Accepts** controlled substances 425-388-3199

- **Bartell Drugs, Marysville** 6602 64th St NE, Marysville WA 98270 **No** controlled substances 360-658-6218

- **Mill Creek Police** 15728 Main St., Mill Creek WA 98012 Monday-Friday, 9am-5pm **Accepts** controlled substances 425-388-3199

- **Snohomish County Sheriff– South Precinct** 15928 Mill Creek Boulevard, Mill Creek WA 98012 - Monday-Friday, 10am-4pm **Accepts** controlled substances 425-388-3199

- **Monroe Police** 818 W Main St., Monroe WA 98272 Monday-Friday, 8am-5pm **Accepts** controlled substances 425-388-3199



Drug stores and local police stations.

- **Stillaguamish Tribal Police** 22714 6th Ave. NE, Arlington WA 98223 Mon-Fri, 8am - 10pm **Accepts** controlled substances 360-654-0645

- **Arlington Police Station** 110 E. Third St., Arlington WA 98223-1300 Mon-Fri 9am-4pm **Accepts** controlled substances 360-403-3400

- **Bothell Police Department** 18410 101st Ave. NE, Bothell WA 98011 Mon-Fri, 7am-4pm **Accepts** controlled sub-

- **Mountlake Terrace Police** 5906 232nd St. SW, Mountlake Terrace WA 98043 Monday-Friday, 8am-4pm **Accepts** controlled substances 425-388-3199
- **Bartell Drugs, Mountlake Terrace** 22803 44th Ave W, Mountlake Terrace WA 98043 **No** controlled substances 425-771-3835
- **Mukilteo Police** 10500 47th Pl. W, Mukilteo WA 98275 Monday-Friday, 9am-4pm **Accepts** controlled substances 425-388-3199
- **Snohomish Police** 230 Maple Ave., Snohomish WA 98290 Monday-Friday, 10am-3pm **Accepts** controlled substances 425-388-3199
- **Bartell Drugs, Snohomish** 1115 13th St, Snohomish WA 98290 **No** controlled substances 360-568-4153
- **Stanwood Police** 8727 271st St. NW, Stanwood WA 98292 - NOTE: Stanwood Police Department medicine take-back location is temporarily closed from December 10 through March 10, 2015 **Accepts** controlled substances 425-388-3199
- **Bartell Drugs, Stanwood** 7205 267th St NW, Stanwood WA 98292 **No** controlled substances 360-939-2188
- **Sultan Police** 515 Main St., Sultan WA 98294 Mon-Thurs, 10am-12pm and 1pm-4pm **Accepts** controlled substances 425-388-3199

Tulalip Tribal Court Notices

TUL-CV-GU-2015-0013. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re K.K.H.J.M. TO: Shane Moses Sr. and Denise Jones: YOU ARE HEREBY NOTIFIED that on January 6, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding K.K.H.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on March 26, 2015 at 3:30 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 21, 2015.

TUL-CV-GU-2015-0014 and TUL-CV-GU-2015-0015. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re I.D.M. and P.L.J.M. TO: Shane Moses Sr. and Denise Jones: YOU ARE HEREBY NOTIFIED that on January 6, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding I.D.M. and P.L.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on March 26, 2015 at 4:00 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 21, 2015.

TUL-CV-GU-2015-0016. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re F.V.J.M. TO: Denise Jones, Shane Moses Sr., and Kemo Welborn: YOU ARE HEREBY NOTIFIED that on January 6, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding F.V.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on March 26, 2015 at 3:00 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 21, 2015.

TUL-CV-GU-2015-0017. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re D.C.J.M. TO: Shane Moses Sr. and Denise Jones: YOU ARE HEREBY NOTIFIED that on January 6, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding D.C.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on March 26, 2015 at 2:30 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: : January 21, 2015.

TUL-CV-GU-2014-0426 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of A.M. TO: Tabatha Melton and Danny Moses, Jr.: YOU ARE HEREBY NOTIFIED that on 10/28/14, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding AM. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on 4/1/15 at 2:30 p.m. in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 28, 2015

TUL-CV-YI-2010-0173-0179; TUL-CV-YI-2012-0362. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Welfare of T.M. DOB 12/20/1999, T.M. 7/03/2002, C.M. DOB 1/28/2004, C.M. DOB 1/7/2006; L.M. DOB 10/27/2006, LM DOB 12/27/2007, B.M. DOB 3/25/2009, M.M. 3/27/2011. TO: Dora Johnson: YOU ARE HEREBY NOTIFIED that the Permanent Plan Review Hearing for the previously referenced Youth has been scheduled to be held on March 26, 2015 at 9:00 a.m. You are hereby summoned to appear and defend regarding the above entitled actions at the Hearing on March 26, 2015 at 9:00 a.m. in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 28, 2015.

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From a Grateful Recovering Alcoholic

Uncle Adam was a simple man, totally devoted to following the plans that God laid out for his life's work on this earth.

Before Uncle left to attend Warner Pacific Bible College, he went out with his buddies to celebrate, the night before he left, and got drunk, which turned out to be his last drink of alcohol. When Uncle Adam completed college he returned to Tulalip Church of God, in 1945, to minister the rest of his life here, devoted to his ministry with the capacity to love all, unconditionally, with compassion, passion, and diligence.

He taught by example, with God's love in all that he did. First he was a devoted husband who loved his wife as the Bible instructs us to do; he loved his children and was an amazing Dad, again devoted to his children as the Bible instructs us to be as parents. Uncle had an endless amount of love and treated all as God laid out for us to do, by loving our neighbor. Above and beyond was Adam's forte'.

Uncle started AA (alcoholics Anonymous) in the basement of the Church of God trying to reach, even if it were only one person, the alcoholic. He many a time would get out of his sick bed, when called, to pick up a drunk and take him home. He worked for the Tribe as an alcohol counselor, with every individual as important to give them every opportunity to embrace life sober.

I remember being with Uncle, visiting at an elders home, when her son was there and he had been drinking, during our visit the son made the comment directly to Uncle that he didn't have any shoes and remarked to Adam that he could wear Adam's shoes; Uncle, without hesitation, removed his shoes and gave them to the drinker. Uncle left the home that day in his stocking feet. I was fortunate enough to accompany Uncle when he made house calls, or hospital visits, some due to alcohol, not that any of that mattered to him, he has always just loved people, and would lend a hand whenever and wherever possible, never once did any part of Adam reflect that he was too tired or tired of his calling, what an amazing way to be able to reach out with no judgment, only love.

Uncle performed too numerous a

number of funerals, some of which were due to alcohol; never once did the service reflect judgment or disgrace, but heartfelt love and concern for the families.

I am Blessed to have had such a counselor, teacher, preacher, example, wise elder, Uncle in my life.

Thank you, Reverend Benjamin Adam Williams for your devotion, commitment, and unconditional Love.

Thank you to the program of Alcoholics Anonymous for carrying out the guidelines that was printed for alcoholics to live a sober life today. Hopefully with the desire to make it with all the happiness one can hold, for that is what makes sobriety worth living and loving.

Laverne Grove

Births

Koda Smallish Bear Jack



Submitted by Erika Queen, WIC Certifier Karen I Fryberg Tulalip Health Clinic

It's a boy! Koda Smallish Bear Jack was born November 17, 2014 to Mildred Jo Cella Paul and Irvin Jack. He weighed 7 pounds 5 ounces and was 18 inches long. His grandparents are Raymond Paul Sr. and Wanda Paul (Sam) and Lillian Williams (deceased) and Charles Comenote. Great-grandparents are Carole Allen (deceased) and Sonny Sam (deceased).



Jarome Kwan Boualavanh

Submitted by Erika Queen, WIC Certifier Karen I Fryberg Tulalip Health Clinic

It's a Boy! Jarome Kwan Boualavanh, pictured with sister, Echo, was born on September 20, 2014 to Colette and Khamphane Boualavanh. He weighed 6 pounds 7 ounces and was 19 inches long. Grandparents are Louie Pablo JR and Shannon Edwards-Pablo. Great grandparents are Leota Pablo, Louie Pablo SR (deceased), Alvie McCollum, Jean McCollum (deceased), Ernie Millholland.

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What was your prediction for the Seahawks - Packers Game and how about the Superbowl?



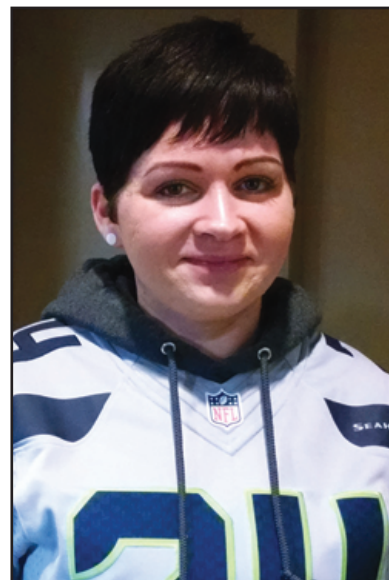
"I thought it was going to be 24-21 score. I knew it was going to be close. I was sweating it for a little bit. For Super Bowl, 21-20 Seattle wins and it'll be a good game."

Eddie Wayne
Tribal member



"Seattle to win 27-17. I won the pool at work, won \$660! And Seattle wins 28 to 24 in the Super Bowl!"

Dean Markiston
Tribal employee



"That we were going to kick some butt! And I think the Seahawks will take the Super Bowl 30-21."

Sarah Carpenter
Tribal member



"As I was sitting in the stand I was literally telling people to not to leave. I was screaming don't give up and then I cried like a big baby! As far as the Superbowl, I don't do predictions... I just pray. No possible scores, just pray for my team to give us one more W! Confetti and another parade!"

Trish Montero-Higginbotham
Tribal employee

HIBULB events



FILM SERIES:
Sandy Osawa. Producer, Director and co-owner of Upstream Productions.
 Thursday, January 29 • 6:00 PM to 7:00 PM.
 Screening "A Culture of Commitment: Indian Forestry". This newly completed documentary takes a critical look at Indian forestry programs over the past 100 years.

COMMUNITY EVENTS:
Darleen Fitzpatrick, author, and **Wayne Williams,** Tulalip Elder.
 Saturday, January 31 • 1:00 PM to 2:00 PM
 The book "Tulalip, From My Heart, an Autobiographical Account of a Reservation Community" by Harriet Shelton Dover, edited by Darleen Fitzpatrick with a foreword by Harriet's son Wayne Williams. Books may be purchased in the Gift Shop, and Darleen and Wayne will be in the Longhouse Room for autographs.

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HOT SEAT DRAWING

SUNDAYS JANUARY 4, 11, 18 & 25

(2) Winners will be drawn each session prior to halftime and each winner will choose a "FOOTBALL" to determine cash prize.

BINGO

\$2,500 COLD CASH

HOT SEAT DRAWING

TUESDAYS, JAN. 6, 13, 20 & 27

(2) Winners will be drawn each session prior to halftime and each winner will choose an "ELVIS" to determine cash prize.

SLOTS

\$2,000 KING OF CASH

HOT SEAT DRAWING

FRIDAYS, JAN. 2, 9, 16, 23 & 30

(1) Winner will be drawn each session halftime and each winner will choose a "MUSIC SYMBOL" to determine cash prize.

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