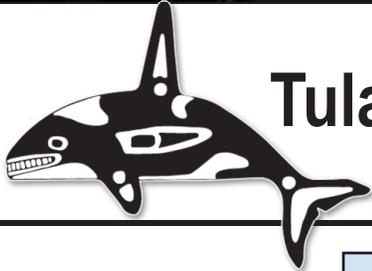




# Working Together To Grow Fresh Local Food

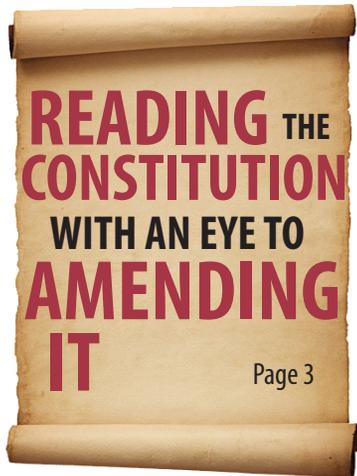
Join us for Greenhouse Gardening at the Hibulb Cultural Center, info page 9



## Tulalip **SEE-YAHT-SUB** dx'łilap syəcəb "Tulalip News"

Volume 36 No. 5

Wednesday, February 11, 2015



**READING THE  
CONSTITUTION  
WITH AN EYE TO  
AMENDING  
IT**

Page 3

**HAWKS and  
LADYHAWKS**



Pages 6-7

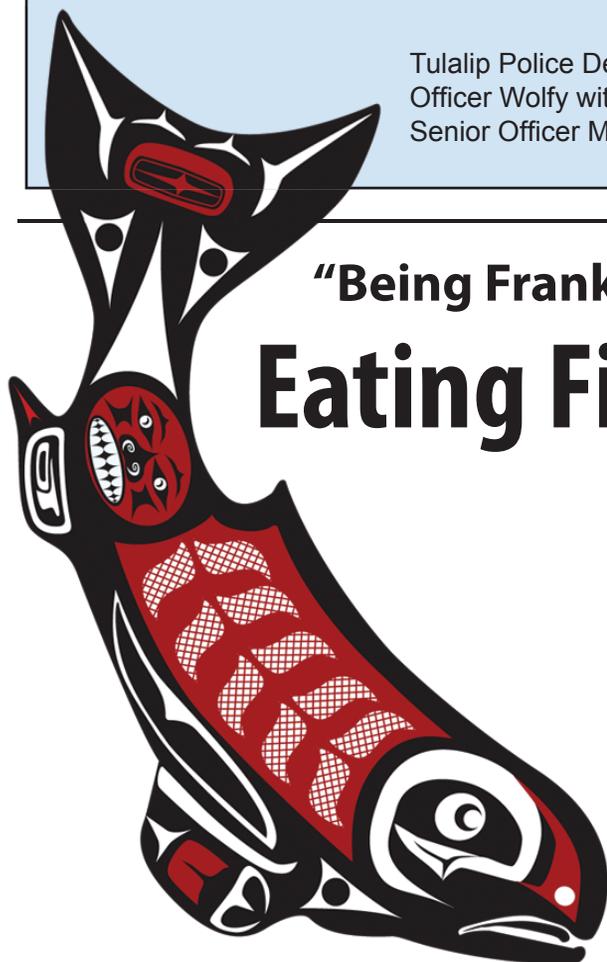
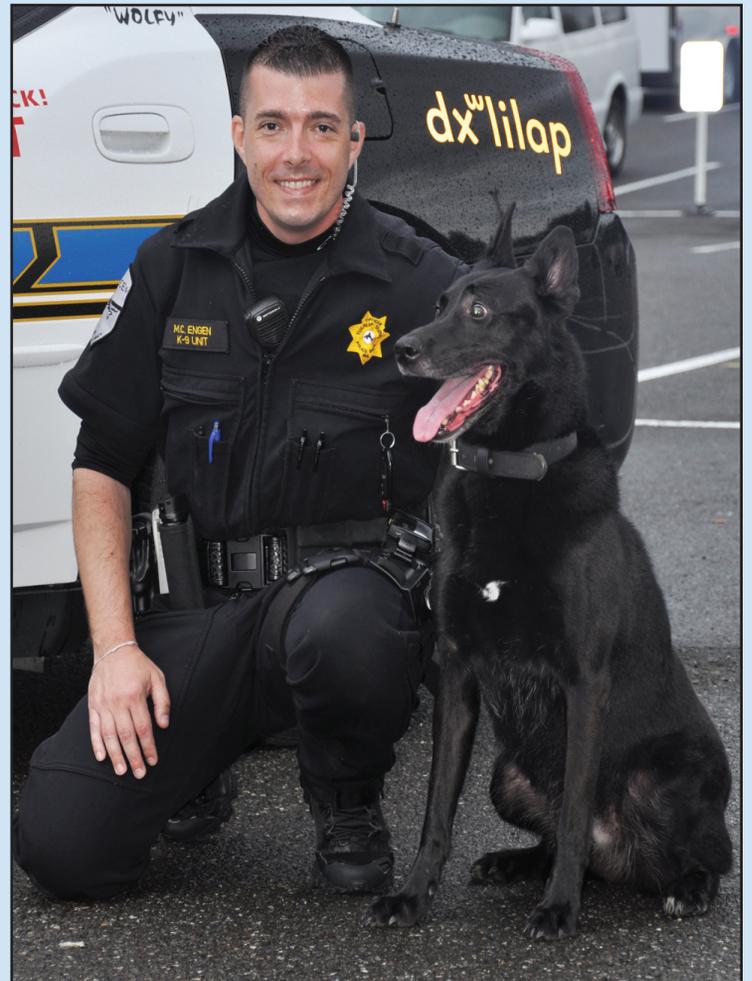
## Tulalip PD says goodbye to K9 Officer Wolfy

Article and photos by Brandi N. Montreuil

Ready to spring into action at a moment's notice, Senior Officer M. Engen and canine partner Wolfy, a 10-year-old midnight black Malinois/ Belgian Shepherd and German Shepherd mix, helped to protect the Tulalip community from drug smuggling and fleeing suspects for eight years. Throughout their partnership they cultivated a reputation as having 100 percent accuracy in drug detection in the Pacific Northwest and parts of North

See **Wolfy**, page 3

Tulalip Police Department K9  
Officer Wolfy with her partner,  
Senior Officer M. Engen



### "Being Frank"

## Eating Fish Shouldn't Be Risky

By Lorraine Loomis, Chair,  
Northwest Indian Fisheries  
Commission

Gov. Jay Inslee wants to change the cancer risk rate used to set state water quality standards from one in one million to one in 100,000. That is unacceptable to the treaty Indian tribes in western Washington. We refuse to accept this tenfold

increase in the risk of getting cancer from known cancer-causing toxins, and you should, too.

The cancer risk rate, along with the fish consumption rate, are key factors in determining how clean our waters must be to protect our health. The more fish we eat, the cleaner the waters must be.

See **Fish**, page 4



**TULALIP TV**  
www.tulalip.tv

**Tulalip Tribes Vision**

We gathered at Tulalip are one people.  
We govern ourselves.  
We will arrive at a time when each and every person has become most capable.  
Together we create a healthy and culturally vibrant community

**Tulalip Tribes Mission**

We make available training, teaching and advice, both spiritual and practical.

**Tulalip Tribes Values**

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

**Tulalip Tribes 1-800-869-8287**

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002  
Sherrill Guydelkon, 1945-2008

TULALIP TV Week of Monday 2/16/15 thru Sunday 2/22/15		
Time	Show	Duration
12:00 AM	<b>Tulalip Matters</b> Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	<b>Hand Game</b> Every year thousands of American Indian families pack up their lawn chairs and head for the hand game or stick game tournaments.	1:00
1:30 AM	<b>Dance Native American Style</b> Mike (Osage/Yuchi/Creek) is a world champion fancy dancer with more than 30 years on the powwow circuit and Nancy (Creek/Cherokee) teaches dance and theater workshops.	0:30
2:00 AM	<b>Suicide - Not First Nations Way</b> Suicide has become a real threat to some of our young people, families and the very substance of our native communities. What can we do?	0:30
2:30 AM	<b>Native Report - 915</b> On this new edition of Native Report we'll view the alternative portraiture and landscape photography of Joseph Allen, and much more.	0:30
3:00 AM	<b>Creative Native - 509</b> 'Domestic Face-Lift', is dedicated to making some decorative items with a native theme to decorate your home. Tamara Bell shows us how to make an abalone table tray.	0:30
3:30 AM	<b>NWIN 61</b> NorthWest Indian News - Segments: "Coal Train Story Pole - Part I", "Bull Riding Camp", "Tribal Leadership Summit", "Coal Train Story Pole - Part II"	0:30
4:00 AM	<b>Native Lens #16</b> The Youth Filmmakers of Longhouse Media - shot and edited these short films in collaboration with students from Tulalip Heritage School.	0:30
4:30 AM	<b>Sleepdancer</b> A half-Native American coroner's investigator stumbles upon the mysterious Tommy Jordan a Native man whose father has just passed and doesn't speak.	1:30
6:00 AM	<b>Hibulb Antique Appraisals - Pgm #2</b> An accredited antique appraiser provides information and current market value to local Hibulb museum guests and their Native American antiques. Program #2	0:30
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8:30 AM	<b>Wapos Bay - Ep 23</b> "Patients" - T-Bear and Talon learn about patience when they accompany Uncle Peter to catch fish. Raven gets caught up in rumors and gossip.	0:30
9:00 AM	<b>Bizou - Ep 3</b> Preschool native series - teaching children about animals, what they look like, where they live, what they eat, how they play and the role they play in traditional and modern aboriginal life. On this episode #3 - Come sing and dance with Bizou as she takes you on a picturesque journey into the wonderful world of Moose, Canada's pride of the north. <b>Learn Tulalip Lushootseed</b>	0:30
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11:30 AM	<b>Native American Healing</b> Learn from today's respected physicians the crossover of ancient Native - American healing remedies to present-day medical practices.	0:30
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This Schedule is subject to change. To see an updated schedule, go to:  
<http://www.tulalip.tv/tulalip-tv-schedule/>

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv/tulalip-tv-schedule/>. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

**Not getting your See-Yaht-Sub?**

Contact Rosie Topaum at 360.716.4298 or email [rtopaum@tulaliptribes-nsn.gov](mailto:rtopaum@tulaliptribes-nsn.gov)

## Wolfy from front page

Canada. This reputation led to requests to assist in cases with FBI, DEA and ATF agencies, along with other local law enforcement jurisdictions. On January 2, officer Wolfy lost her battle with cancer and ended her watch, leaving behind a partner and a community that is fighting a heroin epidemic.

As one of Tulalip Police Department's most valuable assets, Wolfy helped to remove 28 grams of crack cocaine from Tulalip streets, along with 419 grams of cocaine, 500 grams of heroin, 758 grams of methamphetamine and 1,976 grams of marijuana. Wolfy also aided in the seizure of \$30,000 in cash and over 40 vehicles, including a motorhome and several guns. The total street value of narcotics seized throughout her tenure is \$151,000. She completed 344 searches and 811 finds.

"Everyday was such a privilege to serve alongside her. Everyday she was ready to work, no matter the situation or what the weather was like, she never called in sick," said Officer Engen.

As a canine officer, Wolfy was trained to detect hidden drugs and drug residue on persons, vehicles and other items. This meant that she developed probable cause enabling Tulalip

Police Department to search a person or vehicle suspected of possessing illegal drugs or drug paraphernalia, or probable cause to request a search warrant.

"She is such a trademark for Tulalip and she was such an outstanding asset because she could do things that humans couldn't, she developed probable cause. At one point the drug dealers were scared to come out on the reservation. I think not having drug dogs out in Tulalip can have a negative impact," said Engen.

"A K9 unit is a much needed tool. She does not indicate on false cars, if there is no drugs in them, she'd tell me there is no dope in there," said Engen about Wolfy's skill at detecting illegal drugs. "Wolfy was amazing. She never lost a court case. The times we did have to go to court we didn't lose. She was that accurate and good at what she did."

"There is not going to be another partner like Wolfy," said Engen, who is currently waiting for approval from Tulalip Tribes on another dog. "She was my eyes, my ears and my nose. It doesn't only affect me it affects the community. At the drug check points the word was getting out that she was there, so



Senior Officer M. Engen holds a Master Handler certificate, qualifying each year during certification. Officers Engen and Wolfy certified twice a year through the Washington State Police Canine Association and the Pacific North West Canine Association, along with the California Narcotics Canine Association.

people were throwing stuff into the drains and ditches to get rid of it. When the drains clogged they found all this paraphernalia and drugs. She sent a message, and losing her makes things difficult."

## Reading the constitution with an eye to amending it



Tulalip Vice-Chairman Les Parks

### After 10 weeks, an appointed committee will recommend changes to the Tulalip constitution

Article/photo by Niki Cleary  
Read the following passage: *The jurisdiction of the Tulalip Tribes shall extend to the territory within the original confines of the Tulalip Reservation as set forth by Executive order of December 23, 1873, in pursuance of Article II of the Treaty of Point Elliott, January 22, 1855 (12 Stat. 927), and to such other lands as may be hereafter added thereto under*

*any law of the United States, except as otherwise provided by law.*

As a Tulalip citizen, why should you care what this passage means? Because we, as citizens of the Tribe, are partly responsible for creating laws that govern this geographic area. We do this by voting for Board of Directors who have values similar to our own. We do it by attending and voting in General Council and Special General Council Meetings and making our wishes known to our elected leaders.

Now, read that passage again. What does it mean? Do

you know what the original bounds of the Tulalip Reservation are? Are they the current-day boundaries? Did the reservation once extend to Sunnyside Hill in Marysville? Are off reservation lands owned by Tulalip considered to be part of the jurisdiction? If tribal law includes the ability to annex off-reservation lands, do they become part of our jurisdiction? After all, tribal law is one of the many types of laws of the United States.

On Wednesday, January 28, a group of around 30 Tulalip citizens came together to read, line-by-line, the Tul-

*Continued on next page*

alip Tribes Constitution, starting with amendments to the constitution. The process stems from a motion made at General Council by Geraldine Williams to: create a committee to review and upgrade the constitution and bylaws.

“I think this needs to be gone over and reviewed and revised,” said Williams, who was asked to give an explanation of her motion during the class. “When this was written, ages ago, there were only around 100 members in our tribe. Now we have over 4,000. I think we need to go over it and see what’s fitting today.”

Tulalip Vice-Chairman Les Parks committed to hold the classes. During the 2014 Semi-Annual General Council Meeting, he, along with a team of volunteers, set up the classes.

“This constitution has served this tribe very well since 1935 when it was adopted,” he stated. “There are areas that are obsolete and should not apply, but we need to understand what the constitution says before we

go changing it.”

The class, Parks explained, will run for 10 weeks. Participants will receive either a certificate of completion, or they can opt for continuing education units through Northwest Indian College. Eventually a committee will be chosen from those who participated, that committee will make recommendations for changes and amendments to the General Council.

“We’re not in this group to make changes,” Parks reminded the group. “We are here to study what it says.”

Although semi-structured, the class relies on student participation and discussion. The first class went over the 10 amendments to the Tulalip Constitution. Some amendments seemed to be simple clarifications and sparked little discussion from the group. Other amendments were followed by numerous questions and theories about why the amendment was made.

The very first amendment

was made in 1941, just six years after the Constitution was adopted. It clarified the process in case a Board member passed away, resigned or was otherwise unable to continue in his or her duties.

Amendment number seven, passed in 1988, gave the Board the ability to distribute per capita payments.

“I think that is so significant,” said Board member Theresa Sheldon. “It’s only been 40 years that per capita has existed in our constitution.”

She pointed out that the tribe was bringing in leasing revenue at the time, which may have been a catalyst for the change.

Another significant change happened just 10 years ago, changing the quorum for a General Council from 50 members to 5%. The people in the room chatted about how civic participation has changed over the years. In the early years of governance, the tribe had around 200 members and nearly half voted in the general council meeting. Last year,

a Special General Council regarding enrollment was cancelled due to lack of quorum.

In the coming weeks, a representative from the Office of the Tribal Attorney will be available during the meetings to explain how the constitution has been interpreted in court in the past. Parks maintains that Tulalip citizens are just as capable at interpreting the constitution as a lawyer.

“I think there are no better experts at the constitution than the people themselves,” he said.

If you are interested in attending the classes please contact Willa McLean, 360-716-4016, [WillaMcLean@tulaliptribes-nsn.gov](mailto:WillaMcLean@tulaliptribes-nsn.gov), to sign up. Classes are held on Wednesdays through April, each class starts at 5:00 and participants are encouraged to bring a dish to share, potluck style.

“This is not a Board or a Tribal function,” said Parks. “This is a community based function.”

## Annual General Council & Board of Directors Election

**Saturday, March 21, 2015**

**Tulalip Resort Casino**



- General Election 10am
- BOD Voting 7am-1pm

## Annual Finance Meeting

**Thursday, March 5 5:00 PM**

**Tulalip Membership only**

**Tulalip Administration Building, Room 162**

**6406 Marine Drive**

**Light Dinner 5PM - Meeting 5:30 PM**

**Questions or Concerns: 360.716.4000**

### Fish from front page

Water quality standards are supposed to protect those who need protection the most: children, women of childbearing age, Indians, Asian and Pacific Islanders, sport fishermen, and anyone else who eats local fish and shellfish. When the most vulnerable among us is protected, so is everyone else.

The federal Clean Water Act requires that states develop water quality standards to ensure our waters are clean enough to provide healthy fish that are safe for us to eat. But the state has been operating under outdated and inadequate water quality standards developed more than 20 years ago, and has missed every deadline since then for updating the standards as required by federal law. The state admits that its current water quality standards don’t adequately protect any of us.

Under his plan, Inslee would correctly increase the fish consumption rate from a ridiculously low 6.5 grams per day (about one bite) to 175 grams per day, the same protective rate as Oregon’s. But he would effectively

cancel out that improvement by decreasing our protection under the cancer risk rate.

Further complicating matters, Inslee ties development of the new state water quality standards to a \$12 million statewide toxics reduction program that will require legislative approval. That is unlikely given the \$2 billion state budget shortfall.

Inslee’s proposal would also require the Legislature to grant the Department of Ecology more authority to regulate toxic chemicals. That is also highly unlikely given the Legislature’s historic reluctance to grant Ecology more power to control chemicals in our environment.

The plan also calls for revising standards for 167 chemicals that the Clean Water Act requires states to monitor in our lakes, rivers and marine waters. But standards for 58 of those – including cancer-causing chemicals like dioxins and PCBs – will stay the same.

At its core, Inslee’s plan does more to preserve the status quo than result in any real improvement to our water quality standards. It

is a political solution to a human health issue. The concept of a larger toxics reduction program to tackle pollutants at the source is a good one, but it is not an acceptable substitute for strong water quality rules. We should have both.

We know that Inslee and previous governors have struggled with updating the state’s water quality rules for decades because of complaints by industry that new water quality rules could increase their cost of doing business. But an

economy built on pollution cannot be sustained.

Fortunately, at the request of the tribes, the U.S. Environmental Protection Agency has said it will step in to develop new standards this year if the state is unable.

EPA Regional Administrator Dennis McLerran announced in December that the agency will keep a close eye on the progress – or lack of progress – of the state’s effort to update our water quality standards. The agency has begun a rulemaking

process in parallel with the state effort now under way. If the state develops standards acceptable to EPA, the agency will pause and work with the state to finalize the new standards. If the state is unable, EPA will continue its process and adopt new standards for the state.

This promise by EPA Administrator Gina McCarthy and Regional Administrator McLerran demonstrates true leadership. They clearly recognize the federal government’s trust responsibility to

protect the health and treaty rights of the tribes, which also benefits everyone else who lives here.

We appreciate EPA’s willingness to protect the integrity of our state’s environment and water-based resources that are central to human health and treaty rights. We hope the state will step up before EPA has to step in to make sure our water quality standards protect all of us.

*For more information visit [keepseafoodclean.org](http://keepseafoodclean.org).*

## The mythic and historic roots of contemporary gambling



oral tradition tells us that people originally learned Hand Game from the animals.

You can watch “Hand Game” and many other Native programs on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on <http://www.tulaliptv.com> on a PC, Mac or any ‘Smart’ device such as

phone or tablet.

For a current schedule of Tulalip TV, you can always visit: <http://www.tulaliptv.com/tulaliptv-schedule>

*Program description source: DVD cover*

By Roger Vater

During the week of February 16 -22 on Tulalip TV, Channel 99 on Tulalip Broadband or streaming live on <http://www.tulaliptv.com> you can watch the documentary “Hand Game” at 2:30 p.m., 7:30 p.m. and 12:30 a.m.

This documentary explores the mythic and historic roots of contemporary gambling in the Northwest Native Society through a look at the traditional hand game (also called “stick game” or “bone game”). Travelling from reservation to reservation meeting engaging and colorful players, the filmmakers show how traditional ways of thinking are alive today in Indian country.

Every year thousands of American Indian families pack up their lawn chairs and head for the hand game

or stick game tournaments.

This program documents this exciting gambling game in use among modern day Blackfeet, Tulalip Tribes, Spokane, Makah, Coeur’d’Alene, and many more. “Hand Game” reveals the historic and mythic roots of gambling in Northwest North America as well as being an exciting documentary to watch.

Stick games predate recorded history as a traditional form of tribal trade, landholding and social networking. Historical documentation states that games were once played for land use, wives, lodging, and goods such as clothing, horses and cattle – a form of trade and social bonding among Native peoples. Hand game bones and counting sticks have been identified in ancient anthropological digs. The

documentary states that games were once played for land use, wives, lodging, and goods such as clothing, horses and cattle – a form of trade and social bonding among Native peoples. Hand game bones and counting sticks have been identified in ancient anthropological digs. The

# Famous!

## Employees Recognizing Employees

### Mike Johnson

dʒəgʷa?  
dxʷyayus

(Famous for being a hard worker)

February  
2015

Chosen by Asset Management



We nominate Mike Johnson from Solid waste as this month’s Famous Employee. We commend his hard work over our winter break. Mike came in everyday in those two weeks and even while he was sick. He is very dedicated to his job and is very caring to our community. Mike never has to be asked to come pick something up, he goes out of his way to help anyone.

## Hawks unable to match intensity of rival Blackhawks, lose 45-58



Center Robert Miles displays his jumping ability as he prepares to collect a defensive rebound.

Article/photos by Micheal Rios

It's not quite to the level of the Seahawks vs. 49ers, but the Tulalip Heritage Hawks (13-4) vs. the Lummi Blackhawks (16-0) rivalry is the Northwest 1B league equivalent. Both teams are made up of Native American players, have similar schemes offensively and defensively, and every time they play each other it's a highly competitive game with very loud crowds. The trend continued as Lummi hosted Tulalip on Thursday, January 29.

This matchup was the third regular season meeting of the season, with both previous matchups being won by the Blackhawks. In both previous games Tulalip played Lummi to a near draw going in to half-time, but would be out executed by the Blackhawks in the second half in convincing fashion. This third matchup would be a litmus test for the Hawks, determining if they could match Lummi's intensity for an entire game. Also, this would be the Tulalip Hawks

last regular season game of the season.

The 1<sup>st</sup> quarter showcased the style of both teams as they both were both playing at a frenetic pace. Whenever they had an opportunity to fast-break, they would. For the Hawks, point guard Jesse Louie was making the most of his individual matchup by beating his man and getting to the rim at will. Louie had scored a game high 9 points in the opening a quarter, and the Hawks had played the Blackhawks to a 17-17 draw entering the 2<sup>nd</sup> quarter.

Lummi enforced their own mismatches in the 2<sup>nd</sup> quarter, specifically by turning their offense over to their guards who were able to aggressively attack the basket without any contest from the Hawks defense. Coaches Marlin and Cyrus "Bubba" Fryberg pleaded with their players to step in front of the super aggressive Lummi guards and take a charge, but their players were reluctant to do so. The

Hawks allowed the Blackhawks to go on an 8-2 run before guard Ayrik Miranda got himself into position and took a charge for his team. Moments later the 1<sup>st</sup> half ended with the Hawks trailing 26-32.

"When they are attacking like that, if someone would just step in front of them and take a charge then we're good. They are attacking the basket so hard that they are out of control. Just step in and take the charge. Sometimes in basketball you have to sacrifice your body and hit the floor. Trust me when I say we'll get the charge call," said coach Bubba. "Offensively we are okay, we just need to cut quicker. It's about the defense. We have to match their intensity defensively."

In hindsight the game was decided in the 3<sup>rd</sup> quarter. The Hawks came out firing but were not connecting on quality looks. Lummi extended their lead to 10 points midway through the quarter before benching four of their starters for the remainder of the quarter. During that span the Hawks were not able to rally back. The

opportunities were there for the Hawks to take make a comeback and possibly take the lead with the Lummi bench players playing meaningful minutes, but the cold shooting and errant turnovers proved to be the difference for the Hawks as they only mustered 5 points in the quarter. When the 3<sup>rd</sup> quarter ended the Hawks deficit had increased to 11 points as they trailed 31-42.

In the 4<sup>th</sup> quarter, Lummi inserted their starting players back into the game. The Hawks did their best to match the Blackhawks, especially with point guard Jesse Louie still doing his best to carry the team's offense. Louie led the Hawks with 19 points while no one else was in double figures. However, Lummi outscored the Hawks 16-14 in the final quarter and won the game 58-45.

The loss gives the Tulalip Hawks a final regular season record of 13-5, with three of their losses coming at the hands of the Lummi Blackhawks. Tulalip finished as the #2 seed in the Northwest 1B league and will play in the upcoming district playoffs on February 10.



The Hawks search for in-game adjustments during the pivotal 3rd quarter.



## 1<sup>st</sup> quarter proves to be key as the Lady Hawks fall to the Blackhawks 36-42

*Article/photos by Micheal Rios*

The Tulalip Heritage Lady Hawks (2-16) traveled to Lummi to face off against the Lummi Blackhawks (3-11) on Thursday, January 29. It would be the third matchup of the season for these two teams, with each winning the game that they hosted.

The game got off to a rough start for the Lady Hawks as they lost their leading scorer, guard Michelle Iukes, for the majority of the 1<sup>st</sup> quarter after another player rolled up on her leg/ankle. The Lady Hawks offense went flat without Iukes on the floor. Center Nina Fryberg scored the first points for the Lady Hawks when she made two free-throws with 2:00 left in the opening quarter. Meanwhile, the Blackhawks were connecting on their shots and making the most of their opportunities near the basket. When the quarter ended the Lady Hawks were trailing 4-12.

Lummi employed a trapping defense to pressure the Lady Hawk ball handlers early in the 2<sup>nd</sup> quarter. The ball pressure resulted in back-to-back turnovers for the Lady Hawks and easy transition baskets for the Blackhawks. Guard Michelle Iukes returned to the game and provided her team with the offensive spark they desperately needed. Iukes scored 13 points in the quarter, including two 3-pointers. The Lady Hawks closed the half on a 7-2 run and trailed by only six, 17-23, at halftime.

In the 3<sup>rd</sup> quarter the game got testy as the officiating crew made a series of tick-tack foul calls against the Lady Hawks forwards Cyena

Fryberg and Jaylin Rivera. The calls put both players in foul trouble and coach Cyrus “Bubba” Fryberg had to sub them out of the game. During the substitutions, coach Fryberg gave the referees a piece of his mind that resulted in him receiving a technical foul. Iukes continued her offensive efforts by add 4 more points to her scoring total, while assisting on both forward Wendy Jimicum’s 3-pointer and guard Myrna Red Leaf’s 2-point jump shot. On the defensive side, not having either of their forwards on the floor allowed the Blackhawks to continue attacking the rim without much contest. When the 3<sup>rd</sup> quarter ended the Lady Hawks were trailing 26-37 and needed a big defensive effort in the final quarter to get back into the game.

Coach Fryberg opted to insert both foul plagued forwards Rivera and Fryberg back into the game looking to jumpstart his team’s defense. The strategy wasn’t able to come to fruition as the refs called disputed fifth fouls on back-to back possessions on Fryberg and then Rivera, resulting in their disqualification from the game. The Lady Hawks continued fighting, hoping to claw their way back even without their two forwards. Jimicum hit another 3-pointer, followed by consecutive baskets by Red Leaf and Iukes to win the 4<sup>th</sup> quarter 10-5. It wasn’t enough though, as the Lummi Blackhawks held onto their lead and won 42-36 despite the commendable efforts by the Lady Hawks. Iukes led all scorers with a game high 20 points.

Top: Wendy Jimicum prepares to shoot a 3-pointer.

Left: Michelle Iukes takes aim for a free-throw, part of her game high 20 points.



# Tulalip healing: the journey ahead

By Kara Briggs-Campbell

Normal is just a setting on the dryer, says Mary Schoenfeldt, recovery director for the Marysville School District, whenever someone asks when are you going to get back to normal.

For more than 20 years Schoenfeldt has been a national expert on school safety and natural disasters with a special focus on recovery after a school shooting. She has supported students and families after the Columbine High School shooting in 1999, and she advised after the Sandy Hook Elementary School shooting in 2013. When she travels to sites of trauma, she introduces herself, "I'm Mary from Marysville."

Even though she has helped in recovery efforts at other scenes of school shootings, she said she felt as Chairman Herman Williams stated the evening of October 24 after the Marysville Pilchuck shooting, we never expected this to come to our door.

Now that it has, Schoenfeldt who lives in the Marysville-Tulalip community, has taken a new role as recovery director for the Marysville School District.

"We think in three months, we should be further along," she said. "But at three months we're still very raw. People are still trying to figure out what they need, even what happened."

Recovery will be a longer process that for most will take years not months and for those students who were in the cafeteria, or who were evacuated, recovery may in some ways take a lifetime.

For some, Schoenfeldt says, grief guru Elizabeth Kubler-Ross' stage of denial has kicked in, denying the pain and shock with some even wondering why everyone isn't ready to move on.

But for most, the complicated nature of this trauma and related grief is just beginning to emerge from the shock of the shooting and the deaths of three survivors, one after another.

"If you think of it as a physical wound," Schoenfeldt said, "in order for that wound to heal you need layer after layer of new tissue to emerge."

When something happens, like the bomb threat that was called into the Marysville Pilchuck High School on January 15, the layers of new tissue get ripped off. And even

though the threat turned out to be a hoax, it was concerning enough that students were evacuated as news helicopters hovered overhead and many thoughts turned back to that day in September.

"Just hearing those news helicopters again brought people back," she said. "Like that physical wound, if you reopen the wound it tears the scar off and you're back where you started."

Making sense of the senseless even three months after the school shooting isn't easy.

"There is no file to tell us what to do," Schoenfeldt said. "Everything is a struggle while our brains try to assimilate the experience of trauma into who and what we are. This is the journey."

In January, Schoenfeldt returned to New Town, Connecticut, to ask families and educators for insight that she could bring back to Marysville-Tulalip. Even two years later the rawness of feelings following the Sandy Hook Elementary School shooting are evident.

She found parents in New Town who are reluctant to give their children boundaries around such things as getting their homework done because they are so relieved that their children survived, that they want to avoid conflict at all costs.

Even while parents whose children survived are grateful, they feel profoundly guilty that their friends and neighbors' children died in the shooting.

This trauma is tremendously complicated.

She remembers a mother who months after Columbine had her children sleeping in sleeping bags on the living room floor so that after the shooting, no one would have to be alone. She asked Schoenfeldt, how do I let everyone go back to sleeping in their own rooms?

Many years later Schoenfeldt said, there is no script for recovery.

Another time she remembers a child saying that he didn't feel he could talk to his mother about his feelings after a school shooting because she would tear up, and his father because he would get mad and go to the garage. To protect his parents' feelings, the child was keeping his bottled up.

Schoenfeldt told him and has told others since, you need someone you can talk to and be heard, even if that isn't always your parents.

"We need to be able to say, I am concerned about you," Schoenfeldt said. "We may never have had a personal connection but I've known you for a long time and I am concerned. We need to be able to take this risk

## Caring for our Youth

Marysville School District's Recovery Director is Mary Schoenfeldt, a nationally recognized trauma expert who has advised on many of the school shootings since the one at Columbine High School in 1999. While Schoenfeldt has traveled the country providing aid to communities in trauma, her home is in the Marysville-Tulalip community. When the shooting happened, she offered her experience and services to the school and community.

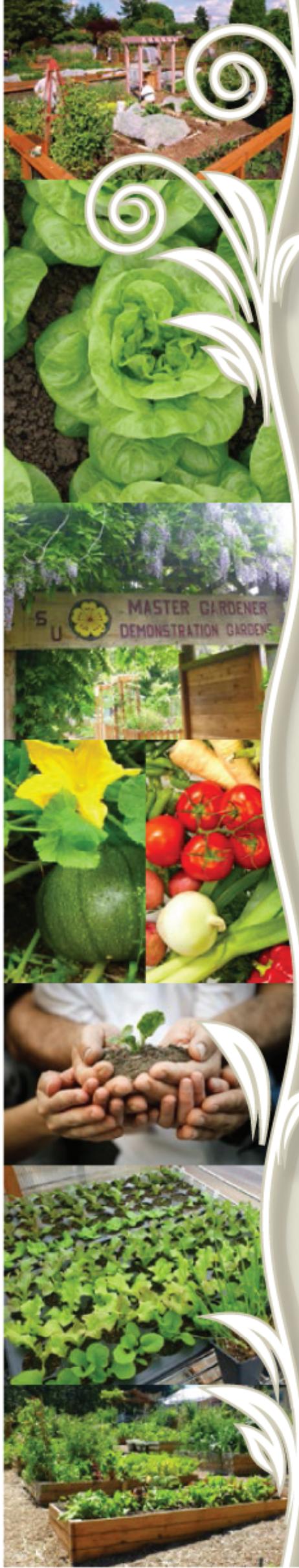
"All of our kids went through a horrific experience, whether or not they were in the cafeteria," Schoenfeldt said.

In the days, weeks and months ahead, she said, there are three paths through which students are likely to express their grief. As a community, she said we need to understand the paths so that we can help our youth to come through this time of trauma in good health, heart and mind.

1. Through mental health services, but not just services in an office. Services must be in the community where students can access them. Students will check in at different places – some at school, some at the Tulalip Boys & Girls Club, some with cultural or religious leaders, and some with their friends. We need to make sure every possible outlet is equipped and ready to be a support whether next week, next summer or next year.
2. Through high-risk behaviors, whether drug and alcohol use which teens turn to all too often, or suicidal ideation, whether they think and talk about killing themselves. High risk behaviors could include unsafe driving and road rage, which combined with an inexperienced driver, could be very dangerous. During community trauma, there can also be an increase in unprotected sex and teen pregnancies. These kinds of high-risk behaviors are typical for some students in trauma. If we are aware, we can reach our youth before they fall through the cracks
3. Through withdrawing from school or academics, students may let their grades go down. It's not that they can't do the work, but rather their brains are occupied trying to make sense of the senseless. This may show itself as staring out the window rather than listening to a lecture. Likely their brains are so busy trying to assimilate the trauma that they experienced that they have trouble focusing on school work. But if they can be supported academically through this time, we can reduce family and school strife and keep them on track academically.

## Where can I call for help?

To report an emergency dial 911  
 National Suicide Prevention Line: 1-800-273-TALK (8255)  
 Snohomish County Crisis Line: 1-800-584-3578  
 Crisis TEXT Line: Text "Listen" to 741-741  
 24 Hour Crisis Line: 1-866-427-4747  
 TEENLINK: 1-866-833-6546  
 Tulalip Tribes Behavioral Health Family Services:  
 360-716-4400



# Working Together To Grow Fresh Local Food

*Join us for*  
**Greenhouse Gardening**  
*at the Hibulb Cultural Center*

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## 2015 GREENHOUSE CLASS SCHEDULE

### Seeding Class

Saturday, Feb 28  
10-12 pm

OR

Wednesday, March 4  
10-12 pm

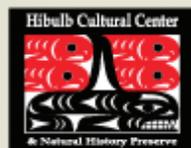
### Transplant Class

Saturday, March 28  
10-12 pm

OR

Tuesday, March 31  
10-12 pm

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*A partnership between*

**The Tulalip Tribes**

*and*

**WSU Snohomish County  
Master Gardeners Foundation**



For more information please contact:

Michele Duncan at [mduncan12@frontier.com](mailto:mduncan12@frontier.com) | Dianne Elledge at [peterdianne@comcast.net](mailto:peterdianne@comcast.net)  
Veronica Leahy at (360) 716-5642 or [vleahy@tulaliptribes-nsn.gov](mailto:vleahy@tulaliptribes-nsn.gov)

## Learn new skills to help you parent

Submitted by Leila Goldsmith, Children's Advocacy Center

Parenting Wisely classes are now at Tulalip. The instructor's name is Jan Schemenauer. Jan has been teaching Parenting Wisely in the Snohomish County Jail for two years. She was asked by tribal members in jail to please come out and offer the class at Tulalip. We will be offering another class in February, so stay tuned. The class is for anyone wanting more tools for parenting, such as how to engage your children in difficult family scenarios and lessen drug and alcohol abuse in youth and other problem behaviors, family conflict and more.

Congratulations to January's Parenting Wisely class graduates, Kathleen Sconawah, Wendi Maines, David Charles Rahnert, and Carlie Vajretti.

For more information on the program, visit [www.parentingwisely.com](http://www.parentingwisely.com).





### Drop-in Session

Learn about these areas of study...

- ♦ **GED Classes at the Tulalip College Center**  
GED classes are available for students to prepare for their GED tests in available in at the Tulalip College Center. The areas covered are: Reasoning through Language Arts (Reading & Writing) • Mathematics • Science • Social Studies.
- ♦ **Tribal Business Technology Programs**  
**SPRING 2015 courses offered at the Tulalip College Center**
  - Keyboarding • Records Management • Business English
  - Business Computations • Computer Literacy • Word
  - Databases • Spreadsheets • PowerPoint • MS 2013 version

**2/27 11 am—1pm**  
**3/11 4—6 pm**  
Dining Area, 2nd Fl, Admin. Bldg.

\* RSVP: 360-716-4888, Higher ED or [highered@tulaliptribes-nsn.gov](mailto:highered@tulaliptribes-nsn.gov)



### Want to Become a ... LAWYER?

- ♦ Education Requirements
- ♦ Indian Law Program
- ♦ Hands on Experience
- ♦ Snacks

DATE: Friday, **MARCH 6th**  
TIME: **5—7 pm**  
LOCATION: Rm 263, Admin. Bldg.

\* RSVP: 360-716-4888, Higher ED or [highered@tulaliptribes-nsn.gov](mailto:highered@tulaliptribes-nsn.gov)



### Idea Management & Innovation

Methods for managing ideas & the benefits for an organization . . .

- What is idea management?
- How does it relate to innovation?
- Why is this important to my organization?
- Snacks

DATE: Monday, **March 9th**  
TIME: **5 PM — 7 PM**  
LOCATION: RM 263, Admin. Bldg.

\* RSVP: 360-716-4888, Higher ED or [highered@tulaliptribes-nsn.gov](mailto:highered@tulaliptribes-nsn.gov)



There is a need for our voice to be heard on Evcc Campus!  
We are looking for more Native members to teach us the NW way.  
Assist in creating events to share with the campus and community.

Help us be visible on campus  
Contact: Paula or Brian Club Advisors  
At 425-388-9281 or 425-388-9284

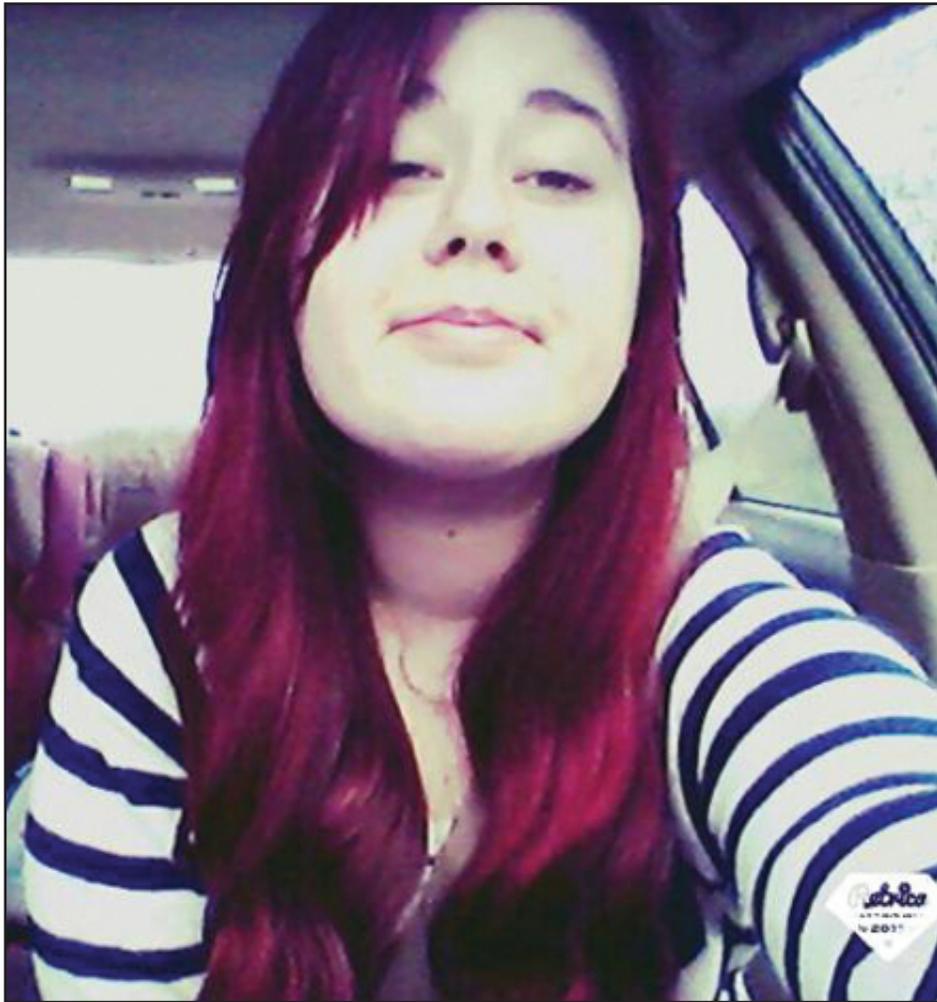


### TULALIP COLLEGE CENTER ADVISING PROGRAM

- Questions regarding - classes, - degrees/certificates
- Advice on academic goals/dreams
- Meet with a college counselor

Every **WEDNESDAY Morning**  
**11 AM—1 PM**  
@ **TULALIP COLLEGE CENTER**  
7707 36TH AVE NW BUILDING C—1&2 • Tulalip  
Tel.: 661-312-1860

## Congratulations, Alexis!



*Submitted by Jennifer Myers*

Alexis (Lexi) Myers, age 14 received exciting news on October 30th when she was notified that she was accepted into the Washington State Jr. All-State Choir. Lexi had auditioned earlier in October and received the good news through her Music teacher at Evergreen Middle School. She was one of 80 students in Washington State to be accepted into the Mixed Choir. Her performance will be held February 14th at the INB Performing Arts Center in Spokane, Washington. She loves to sing and it is quite an honor for her to be able to represent her school at this performance.

Lexi is the daughter of Jeffrey Myers Jr. of Marysville and Jennifer Myers of Everett.

## Native Design Blankets

Bags

Pillows

*Billy & Sharleen Fryberg*

(360) 926-4719 • (425) 263-1533  
7417 33rd Dr., NW Unit A  
Tulalip, Washington

## Tulalip Tribal Court Notices

**TUL-CV-GU-2015-0013. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re K.K.H.J.M. TO: Shane Moses Sr. and Denise Jones:** YOU ARE HEREBY NOTIFIED that on January 6, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding K.K.H.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on March 26, 2015 at 3:30 PM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 21, 2015.

**TUL-CV-GU-2015-0014 and TUL-CV-GU-2015-0015. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re I.D.M. and P.L.J.M. TO: Shane Moses Sr. and Denise Jones:** YOU ARE HEREBY NOTIFIED that on January 6, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding I.D.M. and P.L.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on March 26, 2015 at 4:00 PM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 21, 2015.

**TUL-CV-GU-2015-0016. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re F.V.J.M. TO: Denise Jones, Shane Moses Sr., and Kemo Welborn:** YOU ARE HEREBY NOTIFIED that on January 6, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding F.V.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on March 26, 2015 at 3:00 PM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 21, 2015.

**TUL-CV-GU-2015-0017. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re D.C.J.M. TO: Shane Moses Sr. and Denise Jones:** YOU ARE HEREBY NOTIFIED that on January 6, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding D.C.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on March 26, 2015 at 2:30 PM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 21, 2015.

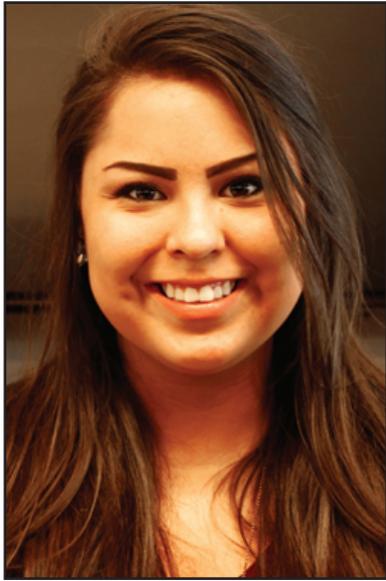
**TUL-CV-GU-2014-0426 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of A.M. TO: Tabatha Melton and Danny Moses, Jr.:** YOU ARE HEREBY NOTIFIED that on 10/28/14, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding AM. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on 4/1/15 at 2:30 p.m. in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 28, 2015

**TUL-CV-YI-2010-0173-0179; TUL-CV-YI-2012-0362. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Welfare of T.M. DOB 12/20/1999, T.M. 7/03/2002, C.M. DOB 1/28/2004, C.M. DOB 1/7/2006; L.M. DOB 10/27/2006, LM DOB 12/27/2007, B.M. DOB 3/25/2009, M.M. 3/27/2011. TO: Dora Johnson:** YOU ARE HEREBY NOTIFIED that the Permanent Plan Review Hearing for the previously referenced Youth has been scheduled to be held on March 26, 2015 at 9:00 a.m. You are hereby summoned to appear and defend regarding the above entitled actions at the Hearing on March 26, 2015 at 9:00 a.m. in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 28, 2015.

**TUL-CV-GU-2015-0028. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Guardianship of K.B. TO: Evalee J Reeves and Shaun Bagley:** YOU ARE HEREBY NOTIFIED that on January 20, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding K.B. You are hereby summoned to appear and defend the above-entitled action in the above entitled Court and answer on April 2, 2015 at 2:30 p.m. PM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 4, 2015.



**What is your favorite Valentine's Day memory?**



"When I was really young, my mom and dad surprised my sisters and I with a Hawaii vacation for Valentine's Day."

**Chenoa Henry**  
Tribal member



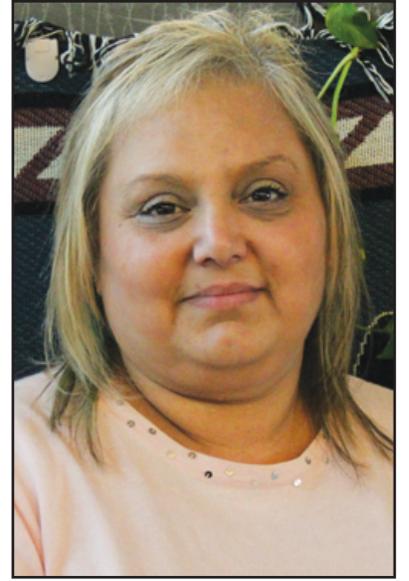
"I remember one 30 years ago. I was working at Muckleshoot bingo and my husband surprised me with a bouquet of roses, and hidden inside the bouquet was a diamond ring. I was so happy!"

**Frieda Williams**  
Tribal member



"The best is yet to come!"

**Carolyn Sheldon**  
Tribal member



"It was a Valentines' Day that involved balloons and a pokey."

**Ginny Ramos**  
Tribal member

**PAYING OUT UP TO \$7.3 MILLION**

**TULALIP BINGO**

**\$2,000 ROSES ARE RED BINGO HOT SEAT DRAWING MONDAYS IN FEBRUARY**

One winner will be drawn each session prior to halftime. Each lucky winner will choose a "ROSE" to determine their prize.

---

**\$2,500 LUNAR NEW YEAR BINGO HOT SEAT DRAWING TUESDAYS IN FEBRUARY**

Two winners will be drawn each session prior to halftime. Each lucky winner will choose a "RED ENVELOPE" to determine their prize.

**\$2,500 MARDI GRAS SLOT HOT SEAT DRAWING SUNDAYS IN FEBRUARY**

One winner drawn at each session halftime. Each lucky winner will choose a "MARDI MASK" to determine their prize.

**FOR MORE MONTHLY EVENTS VISIT TULALIPBINGO.COM**

**PLAY YOUR FAVORITE SLOTS/BINGO**

Earn Exclusive Benefits and Rewards with an All New Club at Tulalip Bingo

2911 Quil Ceda Way, Tulalip WA 98271  
**1-800-631-3313**

**It's for the Kids**

**17th Annual Auction**

100% Benefiting the Tulalip Boys & Girls Club

**SATURDAY, MAY 9, 2015 TULALIP RESORT CASINO**

**BOYS & GIRLS CLUBS OF SNOHOMISH COUNTY TULALIP UNIT**

**USI** Kibble & Prentice American Indian Health Services

**TITLE SPONSOR**

Focus this year at the Tulalip Boys & Girls Club will be on Mentoring and Tutoring. How can you HELP? You can greatly assist us by either volunteering during the auction on May 9th or assisting in the creating departmental Premium Gift Baskets to be auctioned off during the event. For more information on this contact Anita Rutherford at 360.716.1270 or AnitaR@tulalipresort.com We look forward to seeing you, thank you for your continuing support.

Mentoring (from the Tulalip Boys & Girls website)

Our club offers mentoring to help enrich the lives of our members. Mentors can help kids with homework, read stories together, play a boardgame, or even help coach.

Mentoring provides children a positive caring adult that can serve as someone to listen to their concerns, help them understand opportunities and solutions, and simply respect and accept them for who they are.

We are always looking for volunteers to serve as mentors. You can choose the times that fit your schedule and the age and gender of your mentee. If you have a special talents or interests you'd like to share we can also match you with a youth that has similar interests. For more information about volunteering at the club call Diane Prouty at 360.716.3400 or by e-mail at dprouty@bgcsc.org