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Tulalip

# SEE-YAHT-SUB

dx'łilap syəcəb  
"Tulalip News"

Volume 36 No. 13

Wednesday, April 8, 2015



## TULALIP VETERANS

Welcome One  
Another Home

Page 8

## Tulalip Early Heady Start promotes healthy living for children and parents

Article/photos by Micheal Rios

It is the Tulalip Early Head Start program's mission to promote healthy prenatal out-comes for expectant families, to enhance the development of very young children, and to promote healthy family functioning environments. To help fulfill their mission and to bring more health and safety awareness to

See **Health Fair**, page 5



## One-on-One with basketball stand-out Adiya Jones

By Micheal Rios, photos courtesy Adiya Jones.

On Wednesday, April 1, 2015 the Associated Press announced their All-State basketball teams for boys and girls high school players, as voted on by sports writers and editors from around the state.

See Adiya,  
Page 3



# TULALIP TV

www.tulaliptv.com

### Tulalip Tribes Vision

We gathered at Tulalip are one people.  
We govern ourselves.  
We will arrive at a time when each and every person has become most capable.  
Together we create a healthy and culturally vibrant community

### Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

### Tulalip Tribes Values

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

## Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002  
Sherrill Guydelkon, 1945-2008

TULALIP TV Week of Monday 4/13/15 thru Sunday 4/19/15		
Time	Show	Duration
12:00 AM	<b>Tulalip Matters</b> Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	<b>The Creek Runs Red</b> The EPA calls the mining town of Picher, Oklahoma, the most toxic place in America, but the Quapaw Tribe still calls it home.	1:00
1:30 AM	<b>Making a Drum</b> Jorge Lewis, First Nations Artist, shows a step-by-step process on how to build a drum and shares stories and teachings.	0:30
2:00 AM	<b>Everone Counts</b> Documentary on the misuse of prescription drugs. The collaboration between Doctors, Pharmacists, Drug and alcohol counselors.	0:30
2:30 AM	<b>Native Report - 908</b> On this edition of Native Report we attend the Oklahoma premier of "Sliver of a Full Moon," a play about the Violence Against Women Act.	0:30
3:00 AM	<b>Creative Native - 308</b> Ray Thunderchild, a Cree from Saskatchewan, will speak in his language and explain to viewers how to construct a traditional style breastplate.	0:30
3:30 AM	<b>NWIN 63</b> NorthWest Indian News #63 - included segments: "Qwuloolt Estuary", "Money Skills for Life", "Puyallup Nation Kings", "Native Heritage Month"	0:30
4:00 AM	<b>Dance Native American Style</b> Mike Pahsetopah and Nancy Scott Fields. Mike (Osage/Yuchi/Creek) is a world champion fancy dancer and Nancy (Creek/Cherokee) teach beginning steps.	0:30
4:30 AM	<b>Blackfeet Encounter</b> Rich Blackfeet history and culture, traces the aftermath of the expedition's arrival and investigates the challenges and triumphs of the Blackfeet people today.	1:00
5:30 AM	<b>Making a Drum</b> Jorge Lewis, First Nations Artist, shows a step-by-step process on how to build a drum and shares stories and teachings.	0:30
6:00 AM	<b>Watchers of the North - Ep 103</b> 'The NWS Patrol' - A snowmobile breakdown challenges the Gjoa Haven Rangers as they check on a radar station and an abandoned DEW line site.	0:30
6:30 AM	<b>Native Healthcare Options</b> Two programs highlight the Native American benefits for applying for insurance through the Affordable Care Act & other options. <b>"A New Path to Health Care"; "Our Health Our Community"</b>	0:30
7:00 AM	<b>Native Report - 908</b> On this edition of Native Report we attend the Oklahoma premier of "Sliver of a Full Moon," a play about the Violence Against Women Act.	0:30
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8:00 AM	<b>Tulalip Matters</b> Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	<b>Wapos Bay - Ep 03</b> 'They Dance at Night' - Talon, Raven and T-Bear learn what can happen when they forget to respect tradition.	0:30
9:00 AM	<b>Bizou - Ep 11 - Porcupines</b> Come sing & dance with Bizou as she takes you on a picturesque journey into the wonderful world of Porcupines, North America's prickly little climber.	0:30
9:30 AM	<b>Watchers of the North - Ep 103</b> 'The NWS Patrol' - A snowmobile breakdown challenges the Gjoa Haven Rangers as they check on a radar station and an abandoned DEW line site.	0:30
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11:30 AM	<b>Seasoned with Spirit - River's Edge</b> Loretta joins her Yurok friends for a feast of smoked salmon and dried eel along with an amazing sturgeon egg bread.	0:30
12:00 PM	<b>Tulalip Matters</b> Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
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This Schedule is subject to change. To see an updated schedule, go to:  
<http://www.tulaliptv.com/tulaliptv-schedule/>

The Tulalip TV Program schedule is always available at [www.TVGuide.com](http://www.TVGuide.com) enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulaliptv.com/tulaliptv-schedule/>. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

**Not getting your See-Yaht-Sub?**

Contact Rosie Topaum at 360.716.4298 or email [rtopaum@tulaliptribes-nsn.gov](mailto:rtopaum@tulaliptribes-nsn.gov)

## Adiya from front page

La Conner High School junior and Tulalip tribal member, Adiya Jones, was named to the First Team for all Class 2B girls' high school players in the state.

Prior to this past year Adiya was the face of the Heritage High School girls' basketball team. She was part of a successful season in her freshman year, followed by being the focal point of the team's offense in her sophomore year as she led the team in scoring and rebounding. It was expected she would again be the team's star player in her junior season, but in a twist she opted to transfer out of Heritage and play at La Conner High School. Adiya and her mother, Charlotte Jones, relocated to the small town of La Conner in order for her to attend the local high school.

Over the next several months Adiya would become part of a new community and lead a new group of teammates on the basketball court. In fact, Adiya excelled at La Conner, both on and off the court, resulting in her being named co-MVP of the Northwest

2B Basketball League and leading her team to a 3<sup>rd</sup> place finish in the 2B State Tournament. Adiya sat down for an interview with the See-Yaht-Sub to tell her story to her tribal membership.

### When did you first start playing basketball?

"I honestly didn't like basketball when I was younger. I was a long-time cheerleader and loved to dance. Then before 7<sup>th</sup> grade I hit a growth spurt and being taller now I decided to try out for the basketball team. It didn't work out. I was cut from the team, but decided at that moment I was going to come back and try out again next year. I worked out that summer and trained with Tori Torrolova, the Tulalip Boys and Girls Club athletic director. She really worked with me on improving my game and teaching me the fundamentals."

### So you've only been playing organized basketball for a little over four years then?

"Yeah, looking back I'm still surprised that I've accomplished what I have, being that I haven't played basketball nearly as long as other girls I know. It came to me naturally after working out with Tori and getting help from my coaches along the way."

### Why did you transfer out of Heritage H.S. and why did you choose La Conner H.S. to transfer to?

"I've always wanted to go to a much better school academically. I miss Heritage, but I feel like moving up here was huge for me because I have many more opportunities available to me now. Originally, before making the decision, I met with [La Conner basketball coach] Coach Novak to talk about how I'd fit in and what our goals would be. After meeting with him I knew La Conner is where I wanted to go."

### Was it difficult adjusting to a more traditional curriculum?

"The quality of education is a big difference maker. The curriculum at La Conner is completely different. At first it was really hard to adjust. The first week I didn't think I was

going to make it. There's homework every night. Here, they are prepping us for college. It's a really good school. I've learned so much during this school year. I'm really happy I made the change because I'm learning every day."

**"Being challenged makes me play better and improve my game"**

### At La Conner you mentioned they have curriculum that really challenges you and helps you to succeed. How so?

"They have TAs and parents that come in to help students get homework done or particularly tough assignments. For me, at one point I had a tutor come in and help me for like four weeks with homework and writing papers. When I first came to La Conner I didn't even know how to type up a full paper and edit because we didn't do that at Heritage. At La Conner they have people who are there to help you and to support you to make sure you are understanding and able to do the work. The first week I felt like this wouldn't be the place for me because I wasn't used to this kind of environment and the curriculum was completely different. I kind of felt dumb at first, but after a few weeks I became more comfortable because I was getting the help that I needed. The faculty and tutors helped me to adjust. They wanted me to succeed and that made all the difference."

### Do you feel you're getting better prepared for college life?

"Yeah, because they really hold you accountable for your homework and deadlines

for assignments. They want you to succeed and recognize when you need one-on-one attention to understand the curriculum."

### How does the style of play differ from what you were used to at Heritage?

"There's a big difference. Coach Novak is really about structure and bases our game off of defense and set plays. The first week all we did was conditioning, other than that, the rest of our practices were focusing on our sets. It was a huge change because back at Heritage it was mainly like, 'get the ball to Adiya.' Most of the plays were based off me, whereas here at La Conner it feels really good to have support and not be relied on to carry the offense all the time."

### How is the competition different playing in a larger league?

"Our league isn't the best, but it's an improvement competition-wise. We get more good competitive games, and for me I get to match up with girls who are my size or bigger with skill. At Heritage, district 1B, there weren't that many girls bigger than me or taller than me so I wasn't challenged in the ways that I am playing for La Conner. Being challenged makes me play better and improve my game."

### What was the adjustment period like playing with a brand new team?

"It helped a lot that Coach Novak had us all play fall league together before our high school regular season started. At first it was kind of hard to adjust, but we learned each other's games pretty quick. Our point guard, Kamea Pino, was also a transfer student and new to the school like me. It helped me and her bond, both being the new players on the team. It really showed how we came together in a short amount of time by starting the season like we did."

### Before your first basketball game for La Conner, did you have any doubts about your skills in a different league?

"Yeah, I had doubts. I didn't even know if I was going to be a

Please return the voting devices that were taken home by mistake. from the General Council meeting to Rosalie Topaum, in Administration.



starter. Coach Novak was really good about working with me to calm my nerves in the very beginning. “

**But then you went on to be a starter and had a great season. You even averaged 16.3 points per game. Did that validate your skills as a basketball player?**

“Oh yeah, fitting in as quickly as I did and taking on a good portion of our offensive sets really let me know that I could find a way to play in any league. Being able to score on better competition and then winning the Skagit Valley Herald Girls’ basketball player of the year was one of the best feelings.”

**You guys got off to a really good start and in fact went undefeated during the regular season. At what point did you realize you had a real shot at winning the state title?**

“I think it was towards the end of the regular season when we knew we’d be league champs. There was a week where we won our league and then came together, as a team to overcome some challenges at the district tournament. Really coming down to it, it was at that time that as a team we recognized we could win state.”

**Going into the semi-finals at State your team was 24-0 and had a 10 point lead in the 4<sup>th</sup> quarter, but ending up losing the game. What happened?**

“The easy answer is I fouled out with a few minutes to go. If I don’t foul out then I 100% believe we would have won that game. It was late in the game and I was exhausted from all the ball we’d been playing and I picked up some errant fouls that ended up being the difference. It was a really tough loss.”

**But then your team bounced back in the 3<sup>rd</sup> place game, right? That’s still a nice accomplishment in your first year with La Conner to go 25-1 and place 3<sup>rd</sup> in the state tournament.**

“Yeah, we were shocked after losing our first game of the season, but we came together and wanted to still finish the season strong. I was so mad at myself for fouling out in the semi-finals and was determined to end the season with a good game. In the end, whether we took 3<sup>rd</sup> place or not we were all happy as a team to be one of the top teams in the entire state.”

**Now you have that extra motivation to come back even better next season and to hopefully win it all at state.**

“Definitely. We have three returning starters and will be even hungrier to win the state championship. For me, it was my first experience playing on that level and now I know what it takes to take that next step. I’m all about basketball right now and focused to win a state championship. I’m not even playing a spring sport right now so that I can play spring league basketball. Plus, it’ll be my senior year, my last season of high school ball, so that’s even more added motivation for me to get better for myself and my teammates.”

**Outside of school and basketball, how are you liking living in La Conner?**



Adiya Jones showcases her defense prowess, coming up with a late-game block in a 49-43 win during the regional tournament.

“It’s a very uplifting atmosphere and easy to get adjusted to. Over here there is definitely less drugs, so it’s good to be away from that type of environment. It’s so friendly here, like everyone is friendly and it’s very peaceful. I could walk to the store and people who I don’t even know recognize me as a basketball player and say ‘Congrats’ or ‘good job!’ and it feels really good to have people I don’t know acknowledge me like that.”

**Who are your favorite basketball players to watch?**

“On the professional level I don’t really watch WNBA, but in the NBA my favorite player is Kevin Durant. On the collegiate level my favorite player is Breanna Stewart at the University of Connecticut. I’ve been watching her the last couple years and try to copy some of her moves.”

**I hear you plan on playing some ball in Europe during the summer. What’s that about?**

“It’s such an exciting opportunity. I’ve been invited by the ACIS program to play basketball in Italy from July 15-21. I’ll be able

to learn about the game on a whole new level and learn about that culture. I’m kind of scared to be in a new country, but I’m more excited for the opportunity to showcase my skills. It’s going to be a lot of fun.”

**What areas of your game are you going to focus on improving before the start of your senior season?**

“Really working on better post moves is my main goal. I’ll be working on my conditioning too so that I’ll be in the best shape possible to be quicker on the court. Now, I know what it takes to the next level, to the championship game and I want to become a great player so that I’m prepared to take that next step.”

**You averaged 16.3 points per game this past season as a junior. What is your goal to average in your senior season?**

“My goal is to average at least 20 points per game. I think I can do it and being my senior year that would be a good goal to accomplish, along with winning a state title.”

## Health Fair from front page

Tulalip families, the Early Head Start program held their Mini Health & Safety Fair on Tuesday, March 31, 2015. Parents were urged to attend with their young children in order for families to learn about healthy ideas, trending ideas, and new ways for families to stay healthy throughout the year. A complimentary lunch was provided consisting of only healthy foods and snacks for attendees to enjoy while roaming the eighteen

various booths at the health and safety fair.

Among these eighteen 'Healthy Booths' were:

### Healthy Dental Care – Tulalip Dental Clinic

Dental health is critical to your child's overall health and early learning. Knowing what to expect and how to prevent problems will make a life-long difference to your

child. Preventing dental disease helps avoid needless pain and saves money. By learning more about oral health, you will be better able to prevent dental disease through good nutrition and eating habits, effective daily oral care, and early oral screenings.

Here's what you can do at home. Brush twice a day with fluoride toothpaste, floss daily, and be sure to have an annual dental exam once a year.

### Healthy Body – Tulalip Health Clinic

Tulalip Health Clinic Childhood Immunization Outreach Program is here to help parents have their children immunized properly. Immunizing children ensures our people a healthy future.

*Continued on next page*



Left: little Seahawks fans let Moses Williams know that he's wearing the wrong colors.



Right: Mini stations were set up, allowing children to practice their coloring skills.



Left: Young Tulalip tribal members get a Zumba lesson.



The 'What's Your Poison' diagram displayed the toxic chemicals found in cigarettes...something to consider before taking your next smoke.

## Healthy Lungs / Smoking Cessation – Tulalip Youth Services

Quitting smoking is the smart thing to do for your overall health and well-being. If you are ready to quit smoking, please call Tulalip Tribes Stop Smoking Program at (360) 716-5719 for supplies and support. Quitting smoking is a challenging task, but millions of people have proved that it can be done. So can you!

Tobacco smoke contains over 4,000 chemicals including hazardous air pollutants, hazardous wastes, carcinogens and poisons. This diagram shows but a few of these poisons those you smoke cigarettes voluntarily put into their bodies.

## Healthy Hearts

Every step you take is important! How many steps are you taking on your journey to heart health?

Did you know that cardiovascular disease (CVD) is the leading cause of death for Native Americans? CVD is any condition or disease that affects the circulatory system, but it often refers to coronary heart disease, heart failure, and stroke. Did you know Native Americans acquire heart disease at much younger ages than the U.S. population? 36% of Natives acquire heart disease under the age of 65 compared to 17% of the U.S. population.

The good news is that YOU can help prevent CVD by practicing the ABCs: Avoid tobacco, Be more active, and Choose good nutrition. You can help prevent cardiovascular disease in Native communities, in your community, and in your family by actively seeking out ways to live a healthier lifestyle.

## Healthy Child Development – Child Strive

Little steps to big possibilities. Founded by parents

and the South Snohomish County Exchange Club in 1963, ChildStrive is a community-based service provider for families with children, ages birth to three who have developmental disabilities, developmental delays, or are at risk of falling behind their peers. Their success stems from a foundational belief in family empowerment and a strength-based intervention model that maximizes each child's abilities so that they can succeed in school and in life. For more information please visit their website at [www.ChildStrive.org](http://www.ChildStrive.org) or call (425) 353-5656.

## Healthy Moms – Family Haven

Family Haven's vision is by following traditional Tulalip teachings, families will be prepared for success in life. Their mission is through their positive belief in families and consistent support they provide opportunities for empowerment and family wellness. Currently Family Haven offers assistance with smoking cessation, WrapAround process, independent & transitional living skills program, Girls Group, parenting classes, and the M.O.M's Group.

For more information or assistance with any of these programs please call (360) 716-4400.

## Healthy Head (lice information) – EHS

Did you know that head lice are the second most communicable affliction among school-aged children next to the common cold? Millions of people around the world will get head lice each year. You are not alone and have nothing to be ashamed of. Also, keep in mind that the person you suspect of giving it to you or your family should be treated with the same understanding and respect that you would want from others when you let them know that

you have it.

Check your child weekly for lice or nits. Once detection, have your whole family screened. Most over the counter products and sprays contain toxic pesticides that lice and their nits have developed a resistance to.

Natural products along with nit picking is the safest most effect way to treat lice.

## Car Seat Safety – EHS

Does your child need a booster seat? Young children who are placed in vehicle belts rather than booster seats are twice as likely to suffer devastating injuries, including severe damage to the brain, liver, spleen, stomach, and spinal cord. Most children need to use a booster seat until age 10-12 for maximum protection and improved comfort in the car. Vehicle seats and belts are designed for adult bodies. For children who have outgrown a safety seat with a harness, a booster is needed to keep the lap belt on the upper thighs and the shoulder belt centered on the shoulder and chest.

## Fire & Safety – Tulalip Fire Department

Fast facts: 80% of Americans don't realize that home fires are the single most common disaster across the nation. Every two and a half hours someone is killed in a home fire. In a typical year, 20,000 people are injured in home fires. Having a working smoke alarm reduces one's chances of dying in a fire by nearly half.

Preparedness tips: install a smoke alarm on every level of your home and outside sleeping areas. Test smoke alarm batteries every month and change them at least once a year. Teach your family to stop, drop to the ground, and roll if their clothes catch on fire. Practice this with your children.

Formerly Little Red School House

# ChildStrive

Little Steps to Big Possibilities

## Helping your child with relationship building skills

Submitted by Kathleen Lefcourt, ChildStrive

From the time a child is born they are busy learning how to establish emotional connections with others. Through these early relationships children develop social skills that allow them to form healthy relationships throughout their lives. Children who experience family and friends helping, understanding and enjoying them will approach the world openly and with enthusiasm.

Here are a few ways that families can help infants and toddlers nurture relationship-building skills:

- Incorporate uninterrupted play time with your child each day. Let your child decide what type of activity they want to do. They will feel special knowing that you have set aside time just for them.
- Don't try to multi-task, just participate one-on-one with your child. Your child will notice the loving, tender care you are giving them.
- Show a genuine interest in what your child is doing. Comment on their drawing or praise their block building skills. This lets your child demonstrate their interests to you.
- Try building something together and take turns during the activity. This allows your child to learn about the joy of back and forth play which is fundamental to later relationships.
- Stay connected to your toddler while you are doing everyday chores by giving your child "jobs" that they can do alongside you. With babies, you can talk about what you are doing and give them related objects to play with.
- Listen intently to what your child says during play time. This can be a glimpse into your child's inner thoughts and feelings.
- Limit screen time. Television and other electronic devices take time away from other activities that help families connect with their children.

Early relationship-building skills are important. Establishing connections based on trust and intimacy helps children learn who they are and learn to understand others.

ChildStrive (formerly known as Little Red School House) has been partnering with Tulalip families for more than 30 years. For more information about your child's childhood development contact Courtney Miller at ChildStrive at (425) 353-5656 x7145 or [Courtney.Miller@ChildStrive.org](mailto:Courtney.Miller@ChildStrive.org). More information about ChildStrive can be found on our website at [www.ChildStrive.org](http://www.ChildStrive.org)

## Tulalip Clinical Pharmacy, more than just a pharmacy

Article by Brandi N. Montreuil

In 1997 Tulalip Tribes opened an in-house pharmacy at the Tulalip health clinic, enabling tribal members access to crucial medications with very little travel distance. In 2007 the pharmacy moved out of the health clinic and into its own building in Quil Ceda Village, allowing for expansion. Since its separation from the health clinic, questions concerning the validity of having a clinical pharmacy have been asked, including the increasing costs to maintain the pharmacy, prescription costs, changes in policy, and the role of the pharmacy in the community.

New pharmacy director Kelvin Lee explains that the pharmacy is more than just a bottom line for profit, it's about enabling tribal members access to a pharmacy that is distinctively designed to meet the needs of the community.

"Our mission is to help tribal members maintain their health," said Lee, who has a MBA from the University of Washington and a background in retail pharmacy, working as a district manager for Walgreens before being hired with the Tribe last September.

When asked why Tulalip should continue to operate its own pharmacy with so many local retail pharmacies available nearby, Lee said it boils down to what's best for the Tulalip membership.

"Financial pressure, restriction and efficiency requirements still exist, but the Tribe basically made the decision that says, "Our health is important, the health of others is important and we need to establish our own pharmacy services to manage our unique needs."

The pharmacy offers clinical services to patrons, such as the Med Box program available for no fee to Tulalip elders. The nearly 200 elders enrolled in this program receive their prescriptions in a medicine container that sorts their prescriptions by time and day. This takes the guesswork out for elders who have more than two prescriptions to take. Another great perk of the program is pharmacy staff keeps prescriptions updated and refilled as orders from the doctor come in. This eliminates prescriptions from getting lost or forgotten. This program is available to non-tribal member patrons for a fee.

Other clinical services available are pharmacist-managed anticoagulation for patients taking the medication Warfain, medication therapy management, Antabuse Direct Observation and the Suboxone Counseling program.

"The vision for the pharmacy was originally to have a pharmacy that is distinguished from a regular pharmacy by providing clinical services. The regular pharmacy fills prescriptions

and talks to you a minute or two about those prescriptions. Here we have special health needs for this population. We need to have pharmacy services that are tailored to this population. We will not be under financial pressure or time constraints to short change our members. We can provide the best combination of services. All these clinical services that we manage, the Suboxone program, the education program and outreach with elders and seniors, these are services we provide on top of filling prescriptions," explained Lee, who stated that these services would not be found in the retail pharmacy industry.

"When I first came here the thing that impressed me was we have the most educated and trained clinical pharmacy staff that I have ever seen, especially coming from a retail pharmacy background. I am very impressed with the hardware and the software that enables these kinds of services. With the combination of people and equipment we have, I can tell you this is the best that you can find anywhere, and is a credit to the Tribe," continued Lee.

The pharmacy's success can be seen in the Suboxone monitoring for clients. The privacy offered in the program when picking up their next dose frees patrons from the stigmatization that can come with drug treatment services.

"The pharmacist sees the patient privately in a consultation office. We talk with them and find out what the challenges are that they are facing. We give them information about how to stay in compliance with their program. They need this support, support you would not be able to see in a retail pharmacy because of the financial pressure and corporate policies. We don't have that pressure here because one of our missions is to help tribal members maintain their health. We educate. We support our members. It is very different because our mission is different," said Lee.

Lee also points out another benefit to a tribally-owned and operated pharmacy, is minimal cost for prescriptions. By showing their tribal IDs, the Tulalip membership is not responsible for paying the copay required, as the copay is

paid for by the Tribe.

"If the tribal member doesn't have insurance their prescription is usually paid for by the Tulalip Tribes, which is a huge benefit to them," said Lee. "The Tribe is generous enough to provide its member prescriptions subsidy or prescription benefit. We have one of the best prescription support systems," continued Lee.

"Our tribal members have unique health needs and if we send them out to another pharmacy, is that pharmacy going to understand them? Are they going to have the time or the equipment? Do they have the pharmacists that are passionate to help our community? Our main mission is to help tribal members."

While the pharmacy is uniquely designed to serve the Tulalip people's health needs, the pharmacy is open to non-tribal people who can benefit from lower costs to fill prescriptions.

*The Tulalip Clinical Pharmacy is a fully licensed pharmacy with the Washington State Department of Health, Washington State Board of Pharmacy and the Federal Drug Enforcement Agency. It is owned by the Tulalip Tribes but independently operated under the direction of the Tulalip Board of Directors, the Pharmacy Board of Directors and the Quil Ceda Village Business Council.*

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## Veterans honor one another in welcome home celebration

Article and photos by Brandi N. Montreuil

A celebration was held Sunday, March 29 at the Tulalip Boys & Girls Club to mark the national 'Welcome Home Vietnam Veterans Day.'

Due to the unpopularity of the conflict, veterans returning home were often forgotten and abused, suffering years of post stress disorder. In 2011, the U.S. Senate unanimously passed a resolution to provide Vietnam veterans a proper welcome home. March 30, the day all U.S. troops and support-troops withdrew from Vietnam, was designated a national day of welcome. The resolution authored by North Carolina senator Richard Burr called the resolution, "a day to give our Vietnam veterans a warm, long-overdue welcome home."

On March 30, 1973, all U.S. troops withdrew from Vietnam under the terms of the Treaty of Paris. More than 58,000 members of the United States Armed Forces had lost their lives while more than 300,000 were wounded during the conflict.

Veterans in the Tulalip community came together to celebrate all the veterans who returned home and to honor those who lost their lives serving their country.

Tulalip veteran Andy James who served in the Marines during the conflict organized the celebration. The event featured a potluck style meal and small pow wow.

Thank you to those who have served. We honor your sacrifice and welcome you home.



## Teri Dodge honored at community potluck

Submitted by Natosha Gobin and Malory Simpson

At March's "Together We're Better" Community Potluck and Easter Extravaganza, we honored Fire Chief and community member, Teri Dodge, for her leadership as the Fire Chief for Tulalip Bay Fire, and for her love and compassion for the youth and community of Tulalip. Teri and her staff can be seen visiting the schools, community events and showing love, strength and support during our hardest times. Tulalip Bay Fire even showed up early to the event to hide all of the Easter eggs before the youth showed up! We raise our hands to you, Teri, for all that you do for our people. We love you!



We raise our hands to you, Teri Dodge, for the leadership you have shown as Fire Chief for Tulalip Bay Fire, and for your compassion and love for the Tulalip Youth + Community. We love you!



# 14TH ANNUAL TRIBAL EVENT CELEBRATION!

MONDAY APRIL 27TH 2015



## 10AM SESSION *New Time!*

**DOORS OPEN:** 8am - 9am for Elders/Seniors  
9am for General Membership

**LUNCH:** 11:30am *New Time!*

10 Regular Games \$1,199

Tulalip Texas Blackout: 1st \$2,000 | 2nd \$1,000

Tulalip Blackout: 1st \$3,500 | 2nd \$2,500  
w/2-\$500 lead-up games

E-Z \$ Bingo: (9# Bingo) \$2,000

4-5-6: \$2,000

## 6PM SESSION

**DOORS OPEN:** 3pm - 4pm for Elders/Seniors  
4pm for General Membership

**LUNCH:** 3pm - 5pm

10 Regular Games \$1,199

Tulalip Texas Blackout: 1st \$2,000 | 2nd \$1,000

Tulalip Blackout: 1st \$3,500 | 2nd \$2,500  
w/2-\$500 lead-up games

E-Z \$ Bingo: (9# Bingo) \$2,000

4-5-6: \$2,000



TRIBAL MEMBERS ONLY ALLOWED TO ATTEND EITHER THE 10AM OR 6PM SESSION, MAY NOT ATTEND BOTH. MUST BE 18 YEARS OR OLDER WITH TULALIP TRIBAL I.D. REQUIRED (STRICTLY ENFORCED).

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**COMMUNITY CLEAN UP**

**Saturday, May 9th, 2015 9:00 am - 1:00 pm**

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- Picking up litter from our roadsides
- Clean up our beaches and in our communities
- Assist our elders/seniors with their yard clean up
- Spread the word about recycling



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## Tulalip Tribal Court Notices

**TUL-CV-YI-2015-0022 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of A.M. TO: Wendy Tom and Ben Martinez:** YOU ARE HEREBY NOTIFIED that a Petition for Youth In Need of Care was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on May 19, 2015 at 10:00am in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: April 8, 2015.

**TUL-CV-YI-2002-0152 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of B.H. TO: Alejandro Salinas:** YOU ARE HEREBY NOTIFIED that a paternity hearing for the previously referenced youth has been scheduled to be held on June 23, 2015 at 9:00am. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on June 23, 2015 at 9:00am in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: April 8, 2015.

**TUL-CV-AH-2015-0122 REISSUANCE OF TEMPORARY ORDER FOR PROTECTION AND NOTICE OF HEARING, Tulalip Tribal Court, Tulalip WA. Phyllis Bradley, Petitioner To: Rick Henry, Respondent.** YOU ARE HEREBY NOTIFIED that a new court hearing has scheduled to be held on June 1, 2015 at 9:00 a.m. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on June 23, 2015 at 9:00am in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: April 8, 2015.

**THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2014-0466 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. EMILIO JACOBSON, Respondent.** On November 14, 2014, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than May 8, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31<sup>st</sup> Ave. NE, Tulalip, WA 98271.

**THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2014-0461 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. JOSHUA A. BENNETT, Respondent.** On November 14, 2014, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than May 8, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31<sup>st</sup> Ave. NE, Tulalip, WA 98271.

**TUL-CV-PO-2015-0073 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA Select one: Extension Temporary Order for Protection and Notice of Hearing. To: James Parks:** YOU ARE HEREBY NOTIFIED that on March 2nd, 2015 a Petition for Order for Protection was filed in the above-entitled Court pursuant to Tulalip Tribal Code Chapter 4.25 (Domestic Violence) regarding J.P and J.P. You are hereby summoned to appear and defend the above-entitled action in the above-entitled court and answer on April 27<sup>th</sup>, 2015 at 9:00am in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 11, 2015.

**TUL-CV-PO-2015-0054 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA Select one: Temporary Order for Protection and Notice of Hearing. To: Hoang Nguyen** YOU ARE HEREBY NOTIFIED that on February 25, 2015 a Petition for Order for Protection was filed in the above-entitled Court pursuant to Tulalip Tribal Code Chapter 4.25 (Domestic Violence) regarding H.E, N.E, M.E, S.N, J.E, and T.N. You are hereby summoned to appear and defend the above-entitled action in the above-entitled court and answer on April 20<sup>th</sup>, 2015 at 10:30am in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 11, 2015.

**TUL-CV-GU-2015-0085. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re S.J. TO: George Johnson:** YOU ARE HEREBY NOTIFIED that on February 27, 2015, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding S.J. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on May 7, 2015 at 2:30 pm in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: April 1, 2015.

**TUL-CV-YI-2007-0006 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of A.M. TO: Kanum Cultee and Tah-Sheena Williams:** YOU ARE HEREBY NOTIFIED that a paternity hearing for the previously referenced youth has been scheduled to be held on May 14, 2015 at 1:30pm. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on May 14, 2015 at 1:30pm in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 25, 2015.

**TUL-CV-YI-2014-0411 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of D.K. IV. TO: Donald Kempf, III:** YOU ARE HEREBY NOTIFIED that a Show Cause hearing for the previously referenced youth has been scheduled to be held on April 23, 2015 at 9:30 a.m. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on April 23, 2015 at 9:30 a.m in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 11, 2015.

**TUL-CV-YI-2011-0575. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re F.V.J.M. TO: Denise Jones:** YOU ARE HEREBY NOTIFIED that on February 27, 2015 Motions regarding paternity were filed in the above-entitled Court pursuant to TTC 4.05 and 4.10 regarding F.V.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on May 7, 2015 at 10:00 AM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 18, 2015.

**TUL-CV-YI-2011-0575. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re F.V.J.M. TO: Denise Jones and Shane Moses Sr.:** YOU ARE HEREBY NOTIFIED that on February 27, 2015 Motions regarding paternity were filed in the above-entitled Court pursuant to TTC 4.05 and 4.10 regarding F.V.J.M. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on May 5, 2015 at 10:00 AM in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 18, 2015.

**TUL-CV-GU-2015-0039 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of Q.B. TO: Evalee Reeves and Shaun Bagley:** YOU ARE HEREBY NOTIFIED that on 1/26/2015, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding Q.B. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on 5/6/2015 at 2:30p.m. in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 18, 2015.

**TUL-CV-GU-2014-0497 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of M.F. TO: Tyler Fenwick:** YOU ARE HEREBY NOTIFIED that on 12/15/2014, a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding M.F. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on 5/7/2015 at 2:30 p.m. in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 18, 2015.

**TUL-CV-YI-2015-0022 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of A.M. TO: Wendy Tom and Ben Martinez:** YOU ARE HEREBY NOTIFIED that a paternity hearing for the previously referenced youth has been scheduled to be held on May 5, 2015 at 10:30am. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on May 5, 2015 at 10:30am in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 18, 2015.

**TUL-CV-AD-2015-0095, 0096, 0097, 0098 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA In re Welfare of: I.A.G., D.O.B. 03/19/1999; O.R.C.G., D.O.B. 05/25/2001; R.G.C.G., D.O.B. 11/10/2002; S.A.C.G., D.O.B. 11/16/2004 To: Raul Guadalupe Corona Cabrer:** YOU ARE HEREBY NOTIFIED that on March 14, 2014 a Petition for Adoption was filed in the above-entitled Court pursuant to Tulalip Tribal Code Chapter 4.05 regarding I.A.G., O.R.C.G., R.G.C.G., and S.A.C.G. You are hereby summoned to appear and defend the above-entitled action in the above-entitled court and answer on 05/07/2015 at 3:00pm in Tulalip Tribal Court, 6103 31<sup>st</sup> Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 25, 2015.

**Case# TUL-CV-GU-2010-0055.** This notice is to show service to parents of Giovanni Daniel Enick, that Gilbert Moreno & Stella Moreno are doing a name change, to Giovanni Enick Moreno and we request this to happen April 8th @ 1:30 pm . If you have any questions any time after 4pm please e-mail spmgs@frontier.com or call 425-212-7220/425-314-5644.



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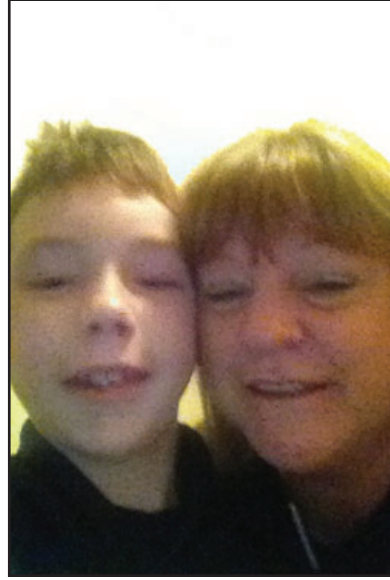


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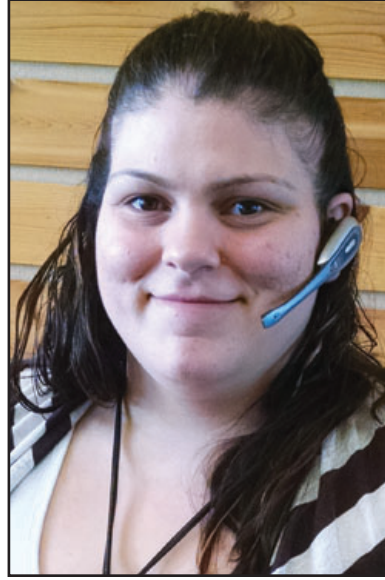
"Start a fitness business where everyone could come for nutrition advice. I would invest it back into my tribe."

**Caleb Woods**  
Tribal member



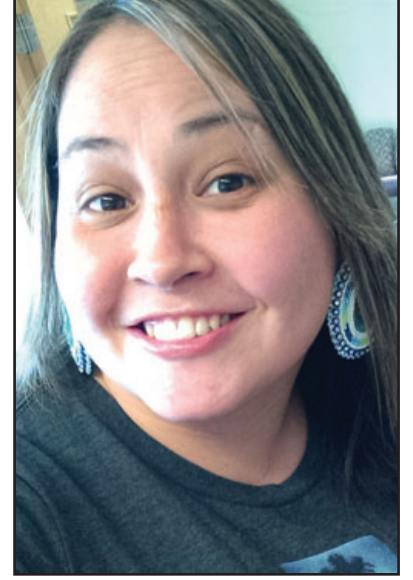
"I would pay off all my bills!"

**Pam Blount**  
Tribal employee



"I would buy a house, a new car and I would travel. I want to go to a lot of places."

**Alicia Chambers**  
Tribal member



"I would buy a big house so all six of my kids can live with me forever and I would buy them all cars so they each have their own."

**Shawnee Sheldon**  
Tribal member



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