

TOO HOT TO COOK? TASTY TREATS TO BEAT THE HEAT



Hibulb receives last story pole carved by William Shelton

By Brandi N. Montreuil, photo courtesy of Tessa Campbell After 75 years a 74-foot story pole carved by William Shelton returned home on June 2, 2015.

See Story Pole, page 3



Page 3

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BEING IDLE NO MORE: The woman bobind tho

behind the Washington movement



Tulalip Tribes Vision

We gathered at Tulalip are one people. We govern ourselves.

We will arrive at a time when each and every person has become most capable. Together we create a healthy and culturally vibrant

community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

- We respect the community of our elders past and 1. present, and pay attention to their good words.
- 2. We uphold and follow the teachings that come from our ancestors.
- 3. It is valued work to uphold and serve our people.
- 4. We work hard and always do our best.
- 5. We show respect to every individual. 6.
- We strengthen our people so that they may walk a good walk.
- 7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish. Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

dx"lilop syəcəb , the weekly newspaper of the Tulalip Tribes

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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002 Sherrill Guydelkon, 1945-2008

	Week of - Monday 7/20/15 thru Sunday 7/26/15	
Time 12:00 AM	Show Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the	Duratio 0:30
	Tulalip Reservation. Healing of Nations Cultural Revival in Native American Communities, the film focuses on youth empowerment	1:00
	and the value of traditional ceremonies and teachings.	
1:30 AM	How to Bead - Loom Learn how to make a colorful beadwork strip, perfect for a friendship bracelet or headband. Learn how to create your own designs, using a Loom.	0:30
2:00 AM	Kecia-Words to Live By A young native Indian girl from a small community on Vancouver Island and events,	0:30
2:30 AM	which led up to her becoming infected with the HIV (AIDS) virus. Native Report - 807 On this edition of Native Report we meet artist Greg Robinson of the Chinook Indian Nation	0:30
	for whom life, art and culture are inseparable.	
3:00 AM	Creative Native - 506 'Baby, It's You', is a show dedicated to all babies born during the baby boom in the First Nation's community. Tamara Bell will make a fringe pillow	0:30
3:30 AM	NWIN 48 NorthWest Indian News - Since Time Immemorial: Native American Curriculum, Artist Daphne Odjig,	0:30
4:00 AM	Yakama Nation License Plates, Frybread Video Letters from Prison A journey of transformation as three sisters from the Pine Ridge Reservation	1:00
5:00 AM	reconnect with their incarcerated father via a series of video letters. Tulalip History - Pgm 3 Respected historian from the Everett Public Library, David Dilgard continues recounting	0:30
	the history of the Tulalip Tribes and our people.	0:30
5:30 AM	Native Women Politics The traditional equality of power, male to female within native communities, compared to the regression under European dominance.	0.30
6:00 AM	Seasoned with Spirit - Ep 5 "Food Upon the Water" - A lakeside first rice feast of buffalo, wild rice and cranberry stuffed acorn squash, buffalo stew and ruby red swamp tea.	0:30
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	Nation's community. Tamara Bell will make a fringe pillow	
8:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	Wapos Bay - Ep 17 "Lights, Camera, Action" - Adam Beach comes to Wapos Bay to mentor the aspiring	0:30
9:00 AM	filmmakers. Talon and T-Bear learn that collaboration is a valuable lesson. Bizou - Ep 26 - The Weasel Come sing and dance with Bizou as she takes you on a picturesque journey into the	0:30
	wonderful world of Weasels, the world's sneaky little critter.	0.20
9:30 AM	Seasoned with Spirit - Ep 5 "Food Upon the Water" - A lakeside first rice feast of buffalo, wild rice and cranberry stuffed acorn squash, buffalo stew and ruby red swamp tea.	0:30
0:00 AM	Lushootseed Stories Collection of Lushootseed stories told by Lushootseed teachers. Baseball, Mink-Tetvika,	0:30
0:30 AM	Lady Louse, Ancestral Call, Life of Brown Bear, Where is Baby's? Video Letters from Prison A journey of transformation as three sisters from the Pine Ridge Reservation	1:00
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4 00 51		0:30

TULALIP TV Week of - Monday 7/20/15 thru Sunday 7/26/15

This Schedule is subject to change. To see an updated schedule, go to: http://www.tulaliptv.com/tulaliptv-schedule/

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at http://www.tulaliptv.com/tulaliptv-schedule/. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your syacab?

Contact Rosie Topaum at 360.716.4298 or email rtopaum@tulaliptribes-nsn.gov

"Les Talking... More listening"

Hello Tribal Members. After 15 months of finding my place in the Board Room, I am finally going to begin monthly "Listening" meetings with any member desiring to talk and share. I have always found great value in listening sessions and am an ardent supporter of regular meetings with the membership to hear from one or hear from all. I have a proven track record of listening through the former Grass Roots meetings that I conducted as a community member several years ago. I thought those were the most productive meetings from a standpoint of hearing "community" concerns which resulted in several motions of the people at General Council Meetings.

My goal at these new listening session is to do just that... listen to members that otherwise do not have an outlet to share their concerns. It will help guide me as an elected leader to develop concepts and ideas from a membership standpoint.

During my run at the 2014 election, I made reference to these important listening sessions and have been unable to get them timely underway. I am now committing one day per month to listening and I will announce a time and place for these important sessions. If there is interest, we will conduct meetings twice per month. We will gauge the participation and make a decision after the first meeting. The first one will be on Wednesday July 15 in Room 162 of the Tribal Administration Building. If for some reason that room is unavailable, I will move it to another convenient place and let you all know.

I'm looking forward to meaningful and productive sessions with you. Thanks everyone!

Les Parks 425.388.5832

Story Pole from front page

The pole's return is part of the Hibulb Cultural Center's efforts to collect the remaining William Shelton poles before they disappear. Many are lost due to deterioration from weather impact or simply being misplaced, or thrown away by owners who don't know their value.

The pole was originally commissioned by the Thurston County Council of Parents and Teachers and funded by pennies collected from local schoolchildren. Dedicated on May 14, 1940, the pole called the Washington State Capitol grounds its home until November 3, 2010, when it was removed due to safety concerns regarding rot in the wood. The pole was the last Shelton carved.

Shelton worked on the pole for five years before passing in 1938 from pneumonia leaving the pole unfinished. Local carvers completed the pole modeling Shelton's carving style as best as they could. When the pole was dedicated it was a symbol of the ongoing peace between the region's Native Americans and non-Native communities.

The pole, which has been referenced as the "Lifting the Sky" or "Olympia Pole" features 24 skelalitut spirit figures on each side. Each figure represents a traditional story and teaches how to conduct oneself with integrity towards others and the earth.

Hibulb Cultural Center is storing the pole, which was cut into seven sections during the 2010 removal in an off-site facility. Plans to conserve the structure in its current state rather than restoration are being examined by Hibulb staff. The pole could join other Shelton items in a future exhibit on the life of William Shelton at the Center.

Idle No More from front page

Article and photo by Micheal Rios

Idle No More encourages all Native and Indigenous peoples to stand in solidarity with our First Nations brothers and sisters and allies for Treaty Rights, water and land rights, and environmental protection on the sacred land of our ancestors. Decolonization is a vital part of Idle No More, as it is necessary to decolonize ourselves and our way of thinking to keep our Native culture going strong. As our elders have taught us, "what we do today is not for us, but for our children and our children's children."

Last month, members of the Idle No More movement held a "Native Women Rising" rally at the Don Armeni Park in West Seattle. Activists joined in a circle for drumming and singing, and reminded those listening about the importance of the Alaskan wilderness soon to be drilled by Shell Oil's drilling rig, called the Polar Pioneer. The hashtag #ShellNO was born as the Native led protests garnered local and national news attention.

But who was responsible for coordinating the rally and bringing together activists, both Native and non-Native, to stand together in protest of Shell Oil Company? That would be Sweetwater Nannauck, Director of Idle No More Washington. Sweetwater was kind enough to be interviewed by Tulalip News in order to help spread the message of being Idle No More to the Tulalip community.

"I am Sweetwater Nannauck from the Tlingit, Haida, and Tsimshian tribes of southeast Alaska. I am the Director of Idle No More Washington and I'm here in Seattle standing up for our people in Alaska. I'm here today joined by Native and Indigenous peoples from all different tribal nations, who came to stand united in a spiritual and cultural way. We are bringing our prayers and calling our ancestors for help as we try to bring a peaceful resolution to stopping the arctic oil drilling."

What is the impact when the Indigenous peoples of Canada, Alaska, and the Coast Salish peoples collaborate together?

"Well, I'd say it speaks to all of our ancestors, as our people have traveled down here from Alaska and mixed cross-culturally. I have stories of our people coming down here for trade, so really we're following in the footsteps of our ancestors by coming together and showing we can stand united for our people and our future generations."

What is the meaning behind having an Idle No More rally titled Native Women Rising?

"I was raised traditionally in Alaska, my grandparents had an arranged marriage, and we only ate our traditional foods. We had a matriarchal society which made my grandmothers strong women, so what I find in doing this work is we come along a lot of patriarchy. In western society, the way protests and activist movements are coordinated and received is usually male dominated. I want people to know, especially our Native and Indigenous peoples that for us our women have power, our women are the life givers, our women were out there on the water singing our songs of strength and healing, and we have that ability in us. What many Indigenous cultures have said and prophesized is when the world gets out of balance our women will step up and bring back that balance. That's what all the women who take part in Idle No More are here to do, bring balance to our world."

What advice do you have for any Native person who wants to become involved with Idle No More?

"I advise that they find other likeminded people and become active. What I've found since Idle No More started in 2012, we here in Washington have become much more active. I've organized over fifty events since 2012, and I'll be focused on working with our Native youth in Washington throughout the summer. There are many ways to be active, such as sharing our voice and our message through music, through spoken word, through our culture, and through our ceremonies and prayers."

How do you plan to get Native youth to become active participants in Idle No More?

"I'll be working with Nataanii Means (Lakota), son of Russell Means, who is an amazing hiphop artist and we'll be teaching workshops with Native youth that include video making, spoken work, and how to be active in a cultural and spiritual way. We realize because of colonization and historical trauma that we can't realistically expect the youth to step up and do this kind of work without addressing their concerns that we face and teach them how to heal from our historical trauma."

What are your thoughts as they relate to oil drilling in the arctic and how that impacts our culture?

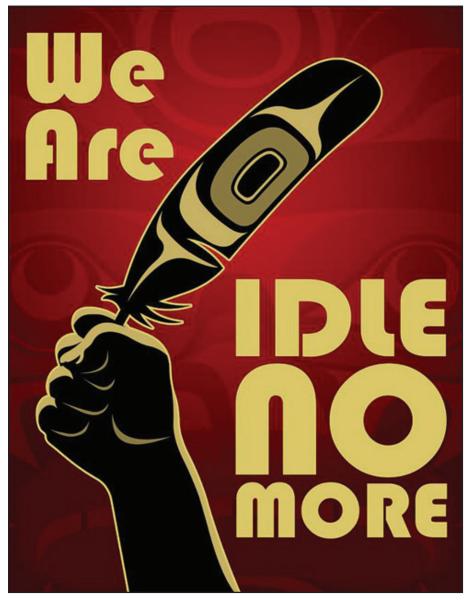
"My first thoughts are directed at its name, the Polar Pioneer, and to the other two arctic oil drillers who have similar names, the Noble Discoverer and the Arctic Challenger. To me these represent the colonization that is coming back to our shores again and it's really time for our people to unite because this impacts all of us. The climate change effects, we're in a draught presently, our waters are being contaminated, the air is dirty, our animals on land and in the sea are dying. This really is important for every single person who is walking on this planet. We feel Mother Earth's pain." Some argue that oil drilling is a necessary evil to sustain the modern day way of living. What is your response to that kind of thinking?

"It's not a perfect system, it never will be, but these are the cards we've been dealt. We need to stand together and fight for our lands, otherwise they are going to take everything away from us because of that greed. Fifty years from now, we want our children and their children to say that their ancestors stepped up and fought for what they believed in, just as today we can say about our ancestors."

There are many tribes and tribal members in the U.S. and Canada who yield great monetary profits from following in western type thinking. They've built tribal enterprises that are based on their casinos and because of this they refuse to take an active role in anything that could tarnish

their image or result in lost profits. What is your message to them?

"It's hard because I understand the root cause of it is colonization. An elder once told me that the colonized have become colonizers, we are part of that system, but we can easily remove ourselves from it. The western term is 'decolonization', but it's really reclaiming ourselves, reclaiming who we are, our culture, reclaiming our ways of doing things, going out on the water, being proud and knowing who we are. That's where our strength



lies, our culture is our medicine and it is healing for us. I invite any and all Native peoples to join us and sing our songs and say our people's prayers, so that we are standing together because when we stand together, united, we have real power."

For more information on how to join the Idle No More movement and to follow their events, please LIKE their Facebook page 'Idle No More Washington' or visit www.idlenoremore.ca

"Being Frank" Habitat Must Carry More Weight

By Lorraine Loomis, Chair, Northwest Indian Fisheries Commission

A heavy burden is easier to carry if everyone who shares in the load does their part to help support the weight.

It's the same with salmon conservation.

We all value salmon and we all must share the burden to protect and restore this rapidly disappearing resource. We must spread the weight of the burden of conservation across harvest, hatcheries and habitat because these are the factors that most influence the health of the salmon resource.

While each is an equally important part of salmon management, harvest has historically shouldered most of the conservation load. Since the mid-1980s, harvest has been reduced by more than 80 percent to protect weak wild salmon stocks.

As the resource continues to decline, tribal and state fisheries are more regulated than ever before to sustain the resource, yet every day we are losing the fight for recovery. Salmon populations are declining because their habitat is disappearing faster than it can be restored.

Meanwhile, the hatcheries that were built to make up for fish lost because of damaged habitat are under

increasingly heavy attack. Opponents want them all closed. They claim hatcheries produce genetically inferior fish that sometimes stray onto spawning grounds and pass along their genes to wild fish.

But if wild fish continue to disappear because of lost habitat, and hatcheries can no longer produce salmon for harvest, there won't be any fishing for anyone.

Our treaty-reserved rights

News

include the right to have fish available for harvest. We did not give up nearly all of the land in western Washington so that we can put our nets in the water and pull them up empty time after time.

State government budget shortfalls and the effects of climate change are making things worse.

Because of the ongoing loss of habitat, we are becoming more and more dependent on hatcheries to provide salmon for harvest. Today more than half of the salmon harvested in western Washington are hatchery fish.

Tribes are increasingly concerned about the ongoing reduction in funding for the Washington Department of Fish and Wildlife. In just the past six years alone, the department has cut more than \$50 million from its budget, much of it from hatchery production. We don't yet know how much funding the agency will receive for the next couple of years, but further cuts could lead to closure of some hatcheries and reduced production at others

Tribes already are picking up the check more and more to keep salmon coming back for everyone who lives here. From taking over some state hatchery operations to buying fish food and donating cash and labor, tribes are working to keep up hatchery production. This is in addition to the 40 million salmon and steelhead that tribal hatcheries release annually.

Meanwhile, the added effects of climate change are causing more harm to salmon throughout their entire life cycle. A record low snowpack, low stream flows and increasing water temperatures, combined with the results of ongoing habitat loss and declining marine survival, are forcing tribal and state co-managers to implement some of the most restrictive fishing seasons ever seen.

Salmon are in a spiral to extinction today, along with our treatyprotected fishing rights. Something has to change. That "something" is the share of the conservation burden carried by habitat. Right now, the treaty tribes are doing most of the work to protect and restore salmon habitat.

The tribes and state operate safe, responsible hatchery programs that are guided by the best available science. We will need these hatcheries for as long as habitat continues to limit natural production from our watersheds.

If eliminating harvest was the solution to salmon recovery, we would have accomplished it a long time ago. That is because habitat – more than any other factor – determines the health of the salmon resource.

We have lost more fish to disappearing habitat than have been or ever will be harvested. If we want more fish, we have to protect the habitat that both hatchery and wild salmon depend on.

We may not be able to do much to control climate change, but we can do a lot more to stop the loss and damage of salmon spawning and rearing habitat. Let's start by enforcing laws already on the books to protect salmon habitat and stop the bleeding in our watersheds.

The burden of conservation must be better shared by habitat if we are going to recover salmon. Harvest and hatcheries have been carrying most of the weight for far too long.



Education



By Mara Hill

Whether people realize it or not, many parents and guardians depend on an important outside resource to help feed their kids. That resource is located at places most are familiar with such as early learning centers and elementary, middle, junior and high schools. Some families rely on the school system to keep food in their kid's bellies during the day but summer brings a different set of challenges to meal time and family schedules.

Through а partnership between the Marysville School District and the USDA, the summer meal program is offered at nine different sites, including Quil Ceda Tulalip Elementary and the Tulalip Boys and Girls Club. Kids and teens 18 years and younger are

offered a free snack and lunch at all nine locations through August 21.

"Last year we served just under 15,000 snacks and lunches."

- Peggy King, MSD administrative assistant

Please see flyer (right) for times and locations.

For more information please contact the Marysville School District at: http://www. msvl.k12.wa.us/contact-us or 360-653-7058 with any questions or comments.

Kids & Teen June 29—August 21 No service on July 3 Monday through Friday Your child does not need to be enrolled in school to participate. A snack and/or lunch will be available to the public in Marysville at:

Cedarcrest Middle School Cascade Elementary Liberty Elementary Quil Ceda Tulalip Elementary Shoultes Elementary Snack - 9:45 to 10:15 Lunch - 12:00 to 12:30

*Cedar Grove Apts. *TUESDAY/THURSDAY/FRIDAY ONLY Snack - 2:00 to 2:30 Lunch - 12:00 to 12:30

Tulalip Boys & Girls Club Snack - 2:30 to 3:00 Lunch - 12:00 to 12:30

Beach Street Boys & Girls Club Snack - 2:30 - 3:00 Lunch - 11:30 - 12:00

Westwood Crossing Apts. Snack - 2:00 - 2:30Lunch -12:00 - 12:30

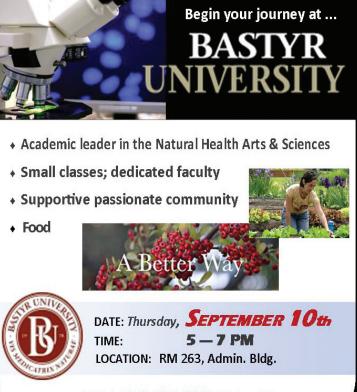
~ This program is FREE to those 18 years of age and younger. ~Your child does not need to be enrolled in school to participate. ~ Adults 19 years of age and older can participate at cost of: \$1.00 for snack and/or \$2.00 for lunch.



Please contact Marysville School District with any questions or comments.

This program has been brought to you by: Marysville School District Tulalip Boys and Girls Club





DEE-BI-DAF 5 Saturday, July 18, 2015 9:00 am - 3:00 pm

- Come one, come all tribal members!
- Enjoy a traditional potlatch day with family, friends and wonderful Cultural Food.
- Dinner served from 12 noon until the food is gone.
- Camping available (bring your own tent).
- Transportation available from Old Boom City parking lot (across from the Health Clinic), by shuttle bus every 15 minutes.
- Handicap accessible.
- Children must be accompanied by parent. ٠
- No pets, drugs or alcohol allowed.

For more

infomation or to volunteer

call Robert Wation

360-716-4194

Art & Entertainment _____

It's too hot to cook!

Don't let the weather drive you to the drive-thru

By Niki Cleary

Summer is hot. This summer, in particular, has been a scorcher. The last thing you want to think about when it's hot, is heating up the oven and making the house even hotter. Not to mention who wants to do dishes (which means adding humidity to the already miserable heat)? So, what do you do for dinner? Eat out of course.

Wait, wait, wait. Bad idea. Why? The average drive through meal at McDonald's can easily top 1,000 calories. Let's do the math: that's one quarter pounder with cheese at 520 calories, medium fries an additional 340 calories and a 12 oz. strawberry banana smoothie (hey, it's hot and smoothies are healthy, right?) at 210 calories. For reference, moderately active adult women typically need about 2,000 calories a day, and men closer to 3,000. I don't even want to talk about federal subsidies for unhealthy foods, the power of corporate food or why that kind of food is unethical. Okay, I do want to talk about it, but not in this article.

So, rather than pack on the pounds in the middle of bikini season, with a little prep you can enjoy home-cooked meals that don't turn your house into a sauna. First, let me preface this by saying, I enjoy cooking. But even if you don't, these recipes are easy enough to follow. How to get started; food, like a house, requires a good foundation in order to be awesome. In this case, that means buying fresh, in-season, preferably local and possibly organic. Sounds like a tall order, right? I'm not just being difficult (although according to my relatives, I can be), there's actually a good reason for those requirements. Bear with me, I've been told shopping with me is like a civics lesson.

First, when you buy food in season, and local, it just tastes better. Out of season food doesn't have the same intensity of flavor, and often has weird textures. Second, the more local your food, the closer to ripe it is when it's picked. When food travels it has to be picked under ripe, stored in refrigeration while it's shipped. Last, local food bypasses the guilt of knowing your meal came with a carbon footprint. Add to that the fact that buying local means you are providing jobs in your community and it feels like good karma all around.

Before you decide whether to buy organic or not, take a look at the Environmental Working Group's (EWG) lists: The Dirty Dozen and the Clean Fifteen (www.ewg.org). This list features the foods that are most and least contaminated by pesticides. Every year the EWG tests samples of produce for pesticide presence and makes a recommendation based on the results. Let's face it, organic is expensive and unless you want to spend a whole paycheck grocery shopping (which I've been known to do), you need to prioritize. Either avoid, or buy organic the Dirty Dozen and don't worry about organic for the Clean Fifteen.

Fresh is important. It's easy to get carried away when you buy produce, especially if you treat yourself to a farmer's market where there are samples, and the booths are cute and you can't stand to not support that kooky old guy wearing bibs and a straw hat. I can't state this enough, don't buy too much. If you do buy too much, process and freeze it immediately.

Trust me you're not going to eat 10 pounds of potatoes, five pints of blueberries, five pounds of carrots, three bunches of kale and several pounds of beautiful, bright red cherries all while they're still at their peak flavor. It doesn't matter how mouthwatering they are, unless you have a family of 10 eating every meal together, you're going to throw them away and feel bad about it.

Now that we feel good about shopping, let's look at the menu. You're going to have to imagine my Julia Child's impression: Today we're making a delectable meal that requires very little cooking indoors. I have one last confession: I don't measure very often, so this is an approximation of the last time I made this meal, your results may vary.

Grilled stuffed red bell peppers

- 4 organic red bell peppers (you decide if organic is worth the price, but all your friends are doing it, so...)
- 1 package of ground Italian sausage (it comes in hot or mild)
- 1 cup of rice
- 1 cup of water
- 1 can of diced stewed tomatoes
- Shredded Italian blend of cheeses (I buy a pre-shredded mix because I despise shredding cheese)

Pre-heat gas or charcoal grill to medium heat (about 350 F)

In a large saucepan over medium heat, saute the Italian sausage. I find that a spatula works way better than a spoon for breaking up ground meats. You don't have to cook it completely, just until there is very little pink. Add to that your rice, water and stewed tomatoes. Bring to a boil, then cover and reduce to low heat. Simmer for about 20 minutes.

While that's simmering, slice your peppers in half lengthwise and remove the seeds. I use red peppers because they cook more quickly than green, but really, you can use any color your heart desires and the market sells. As soon as your rice mixture is done, you'll fill the halved peppers and top with shredded cheese, then pop them on the grill for another 10-15 minutes. Serve hot.



Art & Entertainment

Red white and blue quinoa salad

- 2 cups of quinoa
- 1-2 cups Blueberries
- 1-2 cups Strawberries
- ¹/₂ cup Mint leaves
- Honey
- Juice from 2 Limes
- Salt to taste

Prepare about 2 cups of quinoa according to the package instructions. The key with quinoa is to rinse and drain it a couple of times before you cook it, that helps it come up light and fluffy. Chop your fruit and mint and add to the cooked quinoa. In a small bowl mix the juice from two limes with honey and salt to taste. I don't know what to tell you guys, I didn't measure, so just go with what tastes good to you. Pour the lime mixture into your salad, mix and serve at room temperature, or make ahead and serve chilled.





Cheesecake graham crackers

- Graham crackers
- Local, in season fruit (this time of year it's blueberries, blackberries and peaches)

Cheesecake frosting

- 1 cup of butter (use the real stuff for goodness sake, it just tastes better)
- 2 boxes of cream cheese
- Juice from 1 large lemon
- Vanilla (a couple capfuls? I'll be honest, I just dump some in straight from the bottle)
- Powdered sugar

This is the decadent dessert portion of our meal. I make no apologies for the calories, they're worth it. Just use moderation, or halve the cream cheese frosting recipe, or put some of it away and slather it on French toast or banana bread later in the week. It's also great for no-cook cheesecake, by the way. It keeps well in the fridge for about a week, or you can freeze it for about a month. If you freeze it, thaw it overnight in the fridge prior to use.

Allow your butter and cream cheese to come to room temperature. Using a hand mixer, cream the butter and cream cheese until well blended. Add the lemon juice and vanilla and blend again. Add the powdered sugar a little at a time, and to taste. I'm pretty sparing with the sugar, I don't like it too sweet. Add a little, taste it, add a little more. Remember the graham crackers and fruit are sweet, so you don't need too much sugar.

Place your cream cheese and fruit on pretty serving dishes and assemble your desired cheesecake graham crackers one at a time. Yum!

Please email and let me know how these recipes work for you (ncleary@ tulaliptribes-nsn.gov) and give me some feedback on whether I'm being too complicated or too vague or if you like or dislike the food. Enjoy your summer and please, don't let the heat drive you to the drive-thru!

Larry Leroy Cepa



With heavy heart and sadness, we lost a good man and loving husband in Larry on June 24, 2015.

Larry was a Tulalip Tribal elder, born in 1937, Mount Vernon, Washington. Later in life, he was interested in and proud of his Native American ancestry, coming from people of the Snohomish/Hibulb Village area (North Everett/Preston Point–named after his great great grandparents), Jamestown S'Klallam and Lummi tribal ancestry. His wife, Carol and children, Laurie and Dennis by his side, Larry passed from complications of heart bypass surgery.

Larry is survived by his sister, Delores (Danny) Stamaris. Predeceased by his brothers, Mannie Laurent and Lloyd Cepa; and sisters,

Leone Putnam and Virginia Brumbaugh. Larry leaves behind his sister-in-laws, Caroline Cepa and Peggy (Larry) Trim. He leaves behind his special niece and nephews, Sherry (Pete) Guzman, Terry (Pam) Parker and Ron (Donna) Burns and many other nieces, nephews and cousins.

The Memorial Service was held on July 2, 2015 at the Tulalip Gym. Burial followed.

Tulalip Tribal Court Notices

SUMMONS BY PUBLICATION TUL-CV-CS-2015-0107, Tulalip Tribal Court, Tulalip WA. TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs ERIC LEE PEPER regarding a Summons and Petition to for Registration of Foreign Order and for Order of Payroll and/or Per Capita Attachment. TO: ERIC LEE PEPER: YOU ARE HEREBY NOTIFIED that on March 11, 2015, a Summons & Petition for Registration of Foreign Order and For an order of Payroll Deduction and/or Per Capita Attachment was filed in the above-entitled Court pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is regarding the enforcement of a state order for child support. This notice will be published for six (6) consecutive weeks. You are hereby summoned to respond by requesting a hearing if you have concerns regarding the validity of the order, etc. The Court will then schedule a hearing to determine the validity of the foreign order and/ or whether or not the order is contrary to the laws of the Tulalip Tribes of Washington. After six (6) weeks, and no response, TCSP will move forward with registration and enforcement. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO RESPOND TO the Tulalip Child Support Program or request a hearing, the Court WILL REGISTER THE ORDER, GRANT FULL FAITH & CREDIT TO THE ORDER AND ISSUE A PER CAPITA ATTACHMENT. Date first

SUMMONS BY PUBLICATION TUL-CV-CS-2015-0109, Tulalip Tribal Court, Tulalip WA. TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs ERIC LEE PEPER regarding a Summons and Petition to for Registration of Foreign Order and for Order of Payroll and/or Per Capita Attachment. TO: ERIC LEE PEPER: YOU ARE HEREBY NOTIFIED that on March 11, 2015, a Summons & Petition for Registration of Foreign Order and For an order of Payroll Deduction and/or Per Capita Attachment was filed in the above-entitled Court pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is regarding the enforcement of a state order for child support. This notice will be published for six (6) consecutive weeks. You are hereby summoned to respond by requesting a hearing if you have concerns regarding the validity of the order, etc. The Court will then schedule a hearing to determine the validity of the foreign order and/ or whether or not the order is contrary to the laws of the Tulalip Tribes of Washington. After six (6) weeks, and no response, TCSP will move forward with registration and enforcement. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO RESPOND TO the Tulalip Child Support Program or request a hearing, the Court WILL REGISTER THE ORDER, GRANT FULL FAITH & CREDIT TO THE ORDER AND ISSUE A PER CAPITA ATTACHMENT. Date first published: July 1, 2015.

Charles R Sneatlum Jr. Yah-Lee-Chud Born 4/5/55 - Died 6/7/15

I am now able to write a thank you letter to all those the people whom donated or helped in anyway, at our family time of need. It was and is a great loss for us. I don't want to mention names, because I don't want to leave anyone out – you all know who you are. You all will be blessed dearly in the future.

My next step is ordering a headstone and gathering items for future memorials. Whether it be Stick Game first so that we may continue to play. Then the memorial for the Smokehouse. – No dates have been set yet.

I am now able to write We will let everyone know.

Again myself, my sons Charles Sneatlum III and Edward Snealtum, and Sisters and Bro: Lisa Snealtum, Dawn Miller, Renee Snealtum, Lenny Snealtum and Martin Hannigan would like to thank everyone.

Chuck always said as his dad Charlie did... "We do not die we only change worlds."

From Janet Patrick.

SUMMONS BY PUBLICATION TUL-CV-CS-2015-0108, Tulalip Tribal Court, Tulalip WA. TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs ERIC LEE PEPER regarding a Summons and Petition to for Registration of Foreign Order and for Order of Payroll and/ or Per Capita Attachment. TO: ERIC LEE PEPER: YOU ARE HEREBY NOTIFIED that on March 11, 2015, a Summons & Petition for Registration of Foreign Order and For an order of Payroll Deduction and/or Per Capita Attachment was filed in the above-entitled Court pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is regarding the enforcement of a state order for child support. This notice will be published for six (6) consecutive weeks. You are hereby summoned to respond by requesting a hearing if you have concerns regarding the validity of the order, etc. The Court will then schedule a hearing to determine the validity of the foreign order and/or whether or not the order is contrary to the laws of the Tulalip Tribes of Washington. After six (6) weeks, and no response, TCSP will move forward with registration and enforcement. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO RESPOND TO the Tulalip Child Support Program or request a hearing, the Court WILL REGISTER THE ORDER, GRANT FULL FAITH & CREDIT TO THE ORDER AND ISSUE A PER CAPITA ATTACHMENT. Date first published: July 1, 2015.

Tulalip Tribal Court TUL-CV-GC-2015-0151 Summons for Civil Complaint, Gilbert Moreno, Sr., Plaintiff vs. Giovanni Enick; Francisco Ruben Moreno and Sherrie Sue Enick, Respondents. To: Giovanni Enick; Francisco Ruben Moreno and Sherrie Sue Enick, On the 9th day of April, 2015, the above-named Plaintiff started a lawsuit against you, the named Defendant in the aboveentitled court. In order to defend against this petition, you must respond to the complaint by stating your defense in writing, and by serving a copy upon the Court and upon the petitioning person within twenty days after service of this Summons, excluding the date of service, or a DEFAULT JUDGMENT may be entered against you without notice. See Tulalip Tribe Code Title 2, Ch. 2.10, Dec. 2.10.010; Sec.2.10.020; Sec. 2.10.030. If served outside the Tulalip Tribes' territorial jurisdiction, but you were served within the boundaries of the State of Washington, you must respond within thirty days after date of service. If you wish to seek the advice of an attorney in this matter, you should do so promptly so that your written response, if any, may be served on time. You have the right to counsel at your own expense.

TUL-CV-YI-2014-0411 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of D.K. IV. TO: Donald Kempf, III and Stahawnee Williams: YOU ARE HEREBY NOTIFIED that a Paternity hearing for the previously referenced youth has been scheduled to be held on August 18, 2015 at 9:00 a.m. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on August 18, 2015 at 9:00 a.m in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 1, 2015. **TUL-CV-EL-2015-0249. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Welfare of V.T. TO: Allen Williams:** YOU ARE HEREBY NOTIFIED that on June 12, 2015 the 1st Amended ex Parte Temporary Order for Protection was entered against you in the above-entitled Court pursuant to TTC 4.30. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on August 17, 2015 at 9:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 7, 2015.

TUL-CV-YI-2015-0238 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of J.F. TO: Danielle Fryberg and Stephen Morris: YOU ARE HEREBY NOTIFIED that an adjudicatory hearing for the previously referenced youth has been scheduled to be held on July 30, 2015 at 9:30am. You are hereby summoned to appear and defend regarding the above entitled action at the hearing on July 30, 2015 at 9:30am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: June 17, 2015.

TUL-CV-YI-2015-0233 and TUL-CV-YI-2015-0234 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of N.W. and K.W.T0: Randolph Williams Jr.: YOU ARE HEREBY NOTIFIED that a Petition for Youth in Need of Care was filed in the above-entitled Court pursuant TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled actions at a hearing on July 28, 2015 at 10:30 am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: June 17, 2015.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2015-0068 Summons by Publication and Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Eli Holt, Respondent. On May 12, 2015, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2015-0069 Summons by Publication & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Katheryn Gogo, Respondent. On May 11, 2015, a Petition for Exclusion was filed in the aboveentitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip,WA No. TUL-CV-EX-2015-0205 Summons by Publication & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Kenneth B. Johnson, Respondent. On May 11, 2015, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2015-0208 Summons by Publication & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Micah Bordeaux AKA Harold Mendard, Respondent. On May 11, 2015, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. **THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2015-0203 Summons by Publication & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Royce Gray, Respondent.** On May 11, 2015, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2015-0207 Summons by Publication & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Ryan K. Wyatt, Respondent. On May 11, 2015, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2015-0067 Summons by Publication and Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Cetanzi Nation, Respondent On May 12, 2015, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

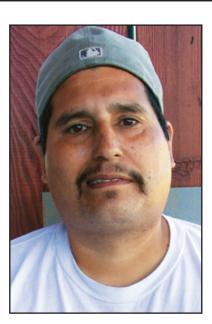
THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2015-0070 Summons by Publication & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Sonja Gogo, Respondent. On May 11, 2015, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2015-0204 Summons by Publication & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Zachary Standley, Respondent. On May 12, 2015, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than August 28, 2015 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

How do you plan on beating the summer heat?



"Use a pool to keep cool."



"Lots of popsicles and fans, and going to lakes."



"Popsicles and the pool."

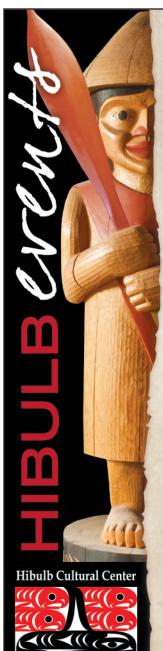
Heather Spencer Tribal employee



"Staying inside and drinking a lot of water, and to go camping and swim in the lake."

Alyssa Morris-Hatch Tribal member





al History Pr

COMMUNITY EVENTS:

Crafts with Kwani. Saturday, July 18th & 25th • 2:00 PM to 3:00 PM. Children's Reading Time. Saturday, July 25th (Angela McCoy) 1:30 PM to 2:00 PM.

William Carson Jr.

Tribal member

WORKSHOPS:

Sandra Swanson, Quilting demonstration. Sunday, July 19th & 26th • 12:00 PM to 3:00 PM.

Roxanne Banguis, Beaded flowers. Saturday, July 18th • 1:00 PM to 3:00 PM.

LECTURE SERIES:

John Harvey, Point Elliott Treaty and Treaty Day. Second in a series on treaties with a discussion on Point Elliott Treaty. Thursday, July 23rd • 6:00 PM to 7:00 PM.





New Exhibit Now Open! GIFT SHOP JULY SPECIAL: 20% OFF ALL TOWELS!

For all Hibulb events, call 360.716.2600 or go online. Fees for all events are the cost of admission.

Lena Jones at 360-716-2640 Mary Jane Topash at 360-716-2657 mjtopash@hibulbculturalcenter.org

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