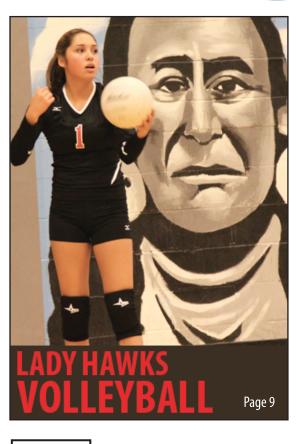


May we know them May

May WE BE THEM



PRSRT STD US Postage PAID Sound Publishing 98204 **#Weneedyouler** Native youth are working to change the way teens deal with suicide

 Tutalip tribal member Jo-E-Dee is one of three We R Native youth ambas

 sadors reaching out to young Natives by promoting World Suicide Prevention

 Month in a You Tube video featuring Native youth who are survivors of suicide

or suicide attempts. Their message: #WeNeedYouHere.

Article and photos by Micheal Rios

When it comes to suicide prevention, every day matters. In honor of World Suicide Prevention Month (September), the Tulalip Tribes thank those that work in our community and take action every day to bring suicide prevention services and awareness practices to our tightknit community. World Suicide Prevention Day, which first started in 2003, is recognized annually on September 10 and aims to:

- Raise awareness that suicide is preventable
- Improve education about suicide
- Spread information about suicide awareness
- Decrease stigmatization regarding suicide



See #**WeNeedYouHere,** page 8



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Tulali	ID ITI	pes	VIS	ion

We gathered at Tulalip are one people. We govern ourselves. We will arrive at a time when each and every person has become most capable. Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

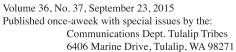
- 1. We respect the community of our elders past and
- present, and pay attention to their good words.We uphold and follow the teachings that come from our ancestors.
- It is valued work to uphold and serve our people.
- 4. We work hard and always do our best.
- 5. We show respect to every individual.
- 6. We strengthen our people so that they may walk a good walk.
- 7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

dx^wlilop syəcəb, the weekly newspaper of the Tulalip Tribes

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360-716-4200; fax 360-716-0621 email: editor@tulaliptribes-nsn.gov contribution is Friday, with publication on second Wednesday (12 days later).

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In memoriar	n: Frank F. Madison, 1923-2002
	Sherrill Guydelkon, 1945-2008

Time	Show	Duratio
12:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	For the Generations Native American performers infuse contemporary genres of dance and music with traditional elements from their Tribal heritage.	1:00
1:30 AM	Dance Native American Style A program for beginners; men and women with instructors Mike Pahsetopah and Nancy Scott Fields. Mike is a world champion fancy dancer.	0:30
2:00 AM	The Medicine Wheel Highlighting the Sweat Lodge and Pipe Ceremonies as a Cree woman explores the meaning of the Wheel that may be at the center of native spirituality.	0:30
2:30 AM	Native Report - 902 We meet Emma Garrett, a skilled basket maker of the Cherokee Nation. We learn how the Ojibwe viewed the stars in the night sky.	0:30
3:00 AM	Creative Native - 309 'New Take On Some Old Traditions'. Artist Debra Thomas from the Shuswap Nation will reveal her stained glass masterpieces with Aboriginal themes.	0:30
3:30 AM	NWIN 62 NorthWest Indian News - Included stories: Honoring Our Veterans, Legacy of Carving, In the Spirit, Welcoming the Whales	0:30
4:00 AM	For the Generations Native American performers infuse contemporary genres of dance and music with traditional elements from their Tribal heritage.	1:00
5:00 AM	The Medicine Wheel Highlighting the Sweat Lodge and Pipe Ceremonies as a Cree woman explores the meaning of the Wheel that may be at the center of native spirituality.	0:30
5:30 AM	Everyone Counts The misuse of prescription drugs is no greater for aboriginal people than for anyone else, in some aboriginal communities the problem has surfaced.	0:30
6:00 AM	Saving the Chinook A partnership of the Lummi Nation and Nooksack Tribe to return the South Fork of the Nooksack River to provide a good habitat for Chinook Salmon.	0:30
6:30 AM	Dance Native American Style A program for beginners; men and women with instructors Mike Pahsetopah and Nancy Scott Fields. Mike is a world champion fancy dancer.	0:30
7:00 AM	Native Report - 902 We meet Emma Garrett, a skilled basket maker of the Cherokee Nation. We learn how the Ojibwe viewed the stars in the night sky.	0:30
7:30 AM	Creative Native - 309 'New Take On Some Old Traditions'. Artist Debra Thomas from the Shuswap Nation will reveal her stained glass masterpieces with Aboriginal themes.	0:30
8:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	Wapos Bay - Ep 27 T-Bear, Talon and Devon travel to the future and the past with David Suzuki in order to save the Earth from environmental disaster.	0:30
9:00 AM	Bizou - Ep 36 - The Mole Come sing and dance with Bizou as she takes you on a picturesque journey into the wonderful world of Moles, nature's cute little diggers.	0:30
9:30 AM	Heritage Volleyball Heritage Lady Hawks Volleyball home game played on Tuesday 9/22 vs Grace Academy at Heritage High School Gym. Schedules are subject to change.	1:30
11:00 AM	For the Generations Native American performers infuse contemporary genres of dance and music with traditional elements from their Tribal heritage.	1:00
12:00 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 PM	NWIN 62 NorthWest Indian News - Included stories: Honoring Our Veterans, Legacy of Carving, In the Spirit, Welcoming the Whales	0:30
1:00 PM	Heritage Football Tulalip Heritage Hawks Boys Football Team home game played on Sat 9/26 vs Seattle Lutheran at Quil Ceda Stadium in Marysville. Schedules can change.	2:00
3:00 PM	Saving the Chinook A partnership of the Lummi Nation and Nooksack Tribe to return the South Fork of the Nooksack River to provide a good habitat for Chinook Salmon.	0:30
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TULALIP TV Week of - Monday 9/28/15 thru Sunday 10/04/15

This Schedule is subject to change. To see an updated schedule, go to: http://www.tulaliptv.com/tulaliptv-schedule/

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at http://www.tulaliptv.com/tulaliptv-schedule/. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your syacab?

Contact Rosie Topaum at 360.716.4298 or email rtopaum@tulaliptribes-nsn.gov

Keeping up with the times

COLA, updating law and evaluating programs all on the **Board** agenda

By Niki Cleary

Following the Regular Board meeting in August, Board of Director Theresa Sheldon sat down to discuss the meeting. Unfortunately due to scheduling conflicts, we were unable to write the report until September, this is a combination of directives from both the August and September meetings. No other Board of Directors responded to the request for interview regarding the August or September meetins.

Employee retention and wellness

One of the hot topics in the community is the cost of living allowance (COLA) provided to employees in August.

"Our employees are amazing and unfortunately have not had a COLA since 2011. The cost of living has certainly risen in that time. In the past, Tulalip paid more than surrounding employers, but tribal wages have not kept pace. Our food and beverage workers were no longer even at State minimum wage. There's a debate that our rate of pay isn't competitive throughout the organization, particularly our professional wages, we definitely needed the COLA increase."

The COLA only affected tribal employees, explained Theresa. All Board of Directors wage increases must be approved via resolution, she pointed out, so there is no way for the Board to give themselves a raise without citizens knowing.

"We appreciate our employees and all they do, there are plenty of opportunities for them to work other places. We thank our employees who work day in and day out for our nation, but COLA increases are not a reward, they are a way to ensure employees are being fairly compensated for the work they do."

Rewards for performance, Theresa followed up, aren't necessarily monetary.

"When I attended WIGA (Washington Indian Gaming Association we learned that people aren't sticking with longstanding jobs anymore. Because the economy is doing better and there are more jobs out there, people are more willing to move on to find a job that is rewarding to them, either emotionally or physically. To be an employer of choice, you have to have an amazing incentive program.

"Incentives don't have to be money,"

NOTICE OF COMMISSION **ELECTION AND** SEMI ANNUAL GENERAL COUNCIL

Saturday, October 17, 2015 Voting - 7:00AM to 1:00PM Semi Annual - **9:00AM**

At the

Tulalip Resort Casino

10200 Quil Ceda Boulevard, Tulalip, Washington 98271

The qualified candidates receiving the highest number of votes will be elected to serve; Fish has three (3) positions, with three (3) year terms; Gaming has three (3) positions-two highest votes serving three (3) year terms, *next highest votes serving a (2) year term; Planning has one (1) position with a three (3) year terms; Police had one (1) Position with a two (2) year term; TERO has two (2) positions, with three (3) year term. In the event of a tie(s), the election shall be determined by coin toss.

Advisory

Fish (3) Brian Green George C. Jones Harold Joseph III Michael Pablo Sr.	Gaming (3)* Cecilia Gobin Susan L. Hatch Lena Hammons Deanna Lynn Muir	Planning (1) Michael Pablo Sr.	Police Board(1) Leon T. Enick	TERO (2) Pat Contraro Eliza Davis Dale M. Jones Michael Pablo Sr.
Michael Pablo Sr. Dale "Yogi" Sanchey	Deanna Lynn Muir			Michael Pablo Sr.

Absentee Ballots: An eligible voter desiring to cast an Absentee Ballot must apply for a ballot in writing, in advance, using the absentee ballot form. Once you sign the form and it is received by the office you can't personally vote at the voting location on 10/17/15. The request must contain the person's name, enrollment number, voter's address where the absentee ballot will be mailed, phone number, and the signature of the voter. A request to mail a ballot to an address that is not the home address of the voter must include a statement, signed by the voter, explaining why a different address is requested. No absentee requests will be given out after October 14, 2015. Absentee ballots must be received no later than 4:00 p.m. on Friday, October 16, 2015 at the Election Post Office Box. If close to dead line it is in best interest to drop off at UPS store 8825 34th Ave N(Quil Ceda Plaza) where our PO Box is located. Only one absentee ballot per individual voter will be issued. You can't use a PO box, if request is a week prior to election, because they are fed ex. Absentee ballots can be requested from the Election staff at the Tribal Administration building. An eligible voters list is posted at the Tulalip Administration building. If you have any questions, call the Election staff at (360) 716-4283 or fax (360) 716-0635.

she continued. "They're about the well-being of your employees and showing them that they are cared for and appreciated. There's been a lot of discussion within our leadership teams about how Tulalip can incorporate that sort of program."

Visible leadership is another key, Theresa stated.

"Every manager should have physical contact and 'catch up' time with each employee once a week," she said. "Incentive programs include recognition. If you are a manager, you should be spending at least 15 minutes with each of your team members every seven days. You literally need to schedule it. It's about being emotionally available to your employees. We have to be coaches, and we haven't been. The Board is actually looking to do coaching

training with the Board and execs so that we're on the same team and working together."

During the September meeting the Board opted to keep the same health care package. Tulalip is self-insured, Theresa explained.

"Self-insured means that 100% of our employee's health care that is billed to insurance is paid by the Tulalip Tribes. The thing about health care is that it's an educated guess and a gamble. We look at the last four years of usage and use that information to estimate costs for the upcoming year. If we had 10 employees go through high level cancer treatment this year, we'd see those costs go up.

"Last year, 2014, was the first year of the Affordable Care Act," continued Theresa. "That act mandated that employers offer insurance to children Continued on next page

News

of employees. We only have one year of those numbers to use as a new baseline for insurance costs.

"We've gotten a lot of questions about why spouses weren't included. Tulalip currently pays an average of 80% of health care costs. We budget about \$41 million to fund our health insurance. It would have cost the tribe between \$5 and \$20 million extra to pay for spouses."

Theresa said a wellness program is in the works.

"We're hoping to reduce costs by encouraging employees to be healthy. We're working on a health and wellness plan that may include employee health challenges, and a more fitness friendly environment. This year, we provided an incentive for employees who saw their physician for a routine physical. Routine care is important because it can catch medical conditions in the early stages when they are easily treatable instead of waiting until they become emergencies, which are both expensive and harder on the patient."

Theresa also pointed out that Tulalip citizens can still signup for health insurance through the Affordable Care Act for both themselves and their children by contacting Brent Case at the Karen I. Fryberg Health Clinic, 360-716-4511, bcase@tulaliptribes-nsn.gov.

Construction Projects

The August directives had a section focused on the Qwuloolt Estuary restoration.

"The dike was breached on September 2nd and the tide is coming in!" said Theresa. "This is the second largest estuary restoration project of its kind in the Puget Sound. This type of habitat is essential for the survival of young salmon, and it's return of one of our historic areas to its natural state, this is a huge win for the tribe. I know we always focus on the Tribe's part of the work, but this project was a huge partnership, we couldn't have done it without all the cooperation from the city of Marysville, NOAA, the Department of Ecology, Army Corps of Engineers and many other agencies who both helped fund the project, provided technical support and worked with us on jurisdictional issues."



Theresa was enthusiastic about the success of Tulalip Housing's Tulalip Bay program.

"We built nine homes and two duplexes for \$2.4 million," she said. "So far, we've sold all nine homes to Tulalip citizens. Tulalip Bay is billed as workforce housing. Our demographics are showing that more citizens are qualifying for home ownership, than qualify for low income rent these days.

"It's exciting to note that we're changing our program focus from low income residents to efforts to create housing for middle income citizens. This is an amazing opportunity for our citizens who aren't low income and who are looking for home ownership on the reservation. Hopefully we'll begin phase 2 of the program in the near future."

Construction, which started on the Alpheus "Gunny" Jones ball field in June, is nearing completion. When done, the multi-use field will feature turf similar to the product used in the UW Stadium and Century Link Field.

"The ball field is projected to be complete in October and it's moving along brilliantly. I know it just looks like they're pushing dirt back and forth, but our Construction department is actually creating layers of different sized rocks and soil so that water doesn't pool on top of the turf. When the project is complete, the allages facility will include basketball courts, batting cages, restrooms and storage areas, and in later phases, we might add on walking trails. Our Construction department is also including our TERO construction training program in the project. Construction staff will be working with students to have them build the new concession stand."

The overpass at 116th is finally under construction and that project includes a Tribal Labor Agreement to ensure that tribal citizens will be put to work.

"The Tribal Labor Agreement is a collaboration between TERO, and trades unions," explained Theresa. "The goal is to provide family wage employment, apprenticeship, training and career opportunities with trades unions.

"TERO will monitor and enforce tribal preference in employment," she continued. "There will be at least 51% Native American preference in this project. Anyone who wants to work on the 116th project, please get in contact with Tulalip TERO, 360-716-4746, to ensure that your contact information and skills are up to date."

Also coming to fruition is a 2012 General Council motion requesting sidewalks and pedestrian safety improvements on Marine Drive.

"Marine Drive is a countyowned road, not a Tulalip Tribes road, and in order for us to do any improvements we have to work directly with the county," said Theresa. "This was a complicated project to get moving. One of the reasons it's taken so long is this is a Tulalip driven project, using federal money on a county road, so we had to do an inter-government agreement between the Federal Highway Administration, the BIA, the State and Snohomish County to make it happen.

"The inter-local agreement is for a multi-user trail, a.k.a. sidewalk, along marine drive for 2.8 miles between 7th Ave to 36th Ave, by the Tulalip Boys and Girls Club. We'll be doing this with about \$3 million that the tribe received from congestion mitigation and an air quality improvement grant. It will include a 10-12' pathway with a landscaped buffer, including a 5-6' pedestrian sidewalk and a shoulder to accommodate bicycles. I'm really looking forward to seeing safer roads for our people and families who walk and bicycle on the reservation."

Updating codes

Reviewing and updating policies, codes and programs is part of the Board's duties. Theresa highlighted some of the recent changes.

"At General Council, our elder Ray Sheldon made a motion move employee appeals back to Tribal Court, allow private counsel for appeals, give tribal member employees last chance agreement prior to dismissal and award attorney's fees if an employee wins their appeal. As of October 1st, our handbook will be updated to reflect those changes.

"This is not retroactive," Theresa clarified. "While your employment appeal will be with a tribal court judge, the appeals won't be held at the court due to lack of space. An identical resolution was made for the Quil Ceda Village Handbook."

In the near future Tribal Court will be going through an independent assessment to gauge effectiveness and make recommendations for improvements.

"We are evaluating our court system, focusing on performance and improvement," said Theresa. "The BIA/Tribal Justice Services will do the work. It's a five step process where they'll request all of our codes, court standard operating procedures and governing documents, including the constitution. They'll do an onsite assessment where they observe court proceedings, review case files and meet with key stakeholders and then they'll present findings and recommendations. They'll follow up and if there's an area that is flawed, they'll say, here's how to fix it.

"One of the benefits to the assessment, is it also provides access to one-time funding for services like court management systems, mental health assessments, tribal court equipment, training and development and code or manual development. They are very thorough and result will only improve our court system."

Two huge changes in Tribal law include the removal of statute of limitations on sex crimes and the legalization of medical marijuana.

"Our General Council stood up and said no more silence, we need to hold perpetrators accountable," Theresa declared. "This resolution removes the statute of limitations for prosecuting sex crimes, including rape. From this day forward, there is no clock that runs out when a sex crime is committed."

The Tribal Prosecutors Office confirmed that once the law is approved by the Bureau of Indian Affairs, it will be enacted. Look for the related article on page 6, or online at Tulalipnews.com.

"This matters because no matter how long ago, or what age you were when you were violated, we want any person who has experienced these horrible crimes to know that when you have the courage to come forward, we will support you and we will hold the perpetrator accountable. Now our laws and court system reflect that. I want to encourage anyone who has ever been a victim of a sex crime to come forward, report it to tribal police. Statistics show that the people who commit these crimes tend to commit them over and over, we need you to help stop that cycle by sharing what happened to you with detectives who can bring these people to justice and stop it from happening to anyone else!"

The Board also approved a resolution legalizing medical marijuana possession for qualifying patients, with restrictions. Theresa explained.

"This means that if you are found to possess medical marijuana and you have a medical marijuana card that you will not be arrested if tribal police find you in possession. This does not change the drug free policies for Employment or Housing. In accordance with our policies, if you test positive for marijuana, you will not be eligible for employment or housing.

"It is also still illegal for anyone under the age of 21 to use marijuana, no one supports the use of marijuana by minors," said Theresa. "You will still go to jail for supplying marijuana to a minor or for dealing in marijuana on reservation."

Program changes

The Tulalip Marina is cleaning up the 'boneyard.' Throughout the last decade, the dry storage area near the marina has filled up with derelict boats, and a variety of useable and defunct equipment including reels, nets and motors. The port master recently issued a notice to remove personal property from the site.

"Anyone who hasn't paid storage fees or doesn't have a current agreement to store will be issued a letter. They'll either have to pay a storage fee in full or we'll immediately dispose of valueless property through a court process," said Theresa.

"All other items, including salvageable vessels and equipment will be considered 'abandoned' and will go through a forfeiture process so that they can be disposed of. A lot of the equipment and vessels have really questionable ownership, which is part of the reason we're going through this process. Hearing word of mouth that someone sold a boat to someone else isn't legal documentation. We need to clean this area up so that we can improve it for our current community of fishermen to use."

The Elders Caregiver program will also be changing for the better.

"We'll be going through Sunrise Services for our Caregiver Program," said Theresa. "They're going to use the existing caregiver budget to make this program. We're doing this for a couple of reasons, we want to reduce the tribes' involvement and improve care. In the previous program, Tulalip was partially responsible for caregivers' services. The Tribe paid the caregivers as independent contractors or vendors, and individuals were really responsible for ensuring the performance of the caregiver. Unfortunately, that meant that it wasn't the best program because it wasn't highly monitored.

"Now, Sunrise Services is responsible for hiring employees, conducting background checks, training and ensuring professionalism of all caregivers. There will be more inhouse monitoring and oversight from professionals who understand caregiving, which means are elders will get better services. This is also good for the caregivers themselves because they now have access to training and

resources including a pool of substitute caregivers. This is raising the bar for the program and ensuring that our elders get the best care available."

The Board recently launched the office of management and budget, an effort more than a year in the making.

"We just hired an officer of financial management and budget to oversee our three entities," said Theresa. "He'll manage the tribes banking relationship, acting as a liaison between the Board and banks. He'll also provide audit oversight of tribal government, Quil Ceda Village and our gaming operations. This person will also supervise annual audits conducted by independent CPA firms to ensure accurate and timely reporting.

"The person is a direct report to the Board and the most important task he's responsible for, in my opinion, is coordinating with our multiple finance departments so that we can accurately declare the tribes financial position in a single consolidated report on any given month."

Last, Theresa explained that the tribe is hiring judges to fill vacancies at Tulalip Tribal Court.

"We're in the process of hiring a new Tribal Court Judge due to Judge Pouley leaving us and going to be a full-time professor at Edmonds Community College. I fully recommend her to any students who are aspiring to be tribal attorneys, tribal judges or students who want to understand the complexities of tribal law and justice.

"We've changed the policy to allow a one year trial, or probationary contract for new judges. In the past all judges contracts have been meeting is scheduled for October 3.

four-year contracts, this gives us time to ensure that judges are a good fit. There is a really limited pool of tribal judges, only about 14 in the state, so trying to find another full-time judge has not been easy, which is why we're also opening the door for part time judges."

The October Regular Board

NOTICE/PORT MASTER REGULATION

The Tulalip Marina is beginning the process of removing any and all items in dry storage (aka "the boneyard") without a current agreement or payment of storage fees. On or before October 1, 2015, all items in dry storage must be removed, or the owner of the item must sign a storage agreement and begin paying fees for dry storage.

After the deadline, marina staff will immediately discard any unclaimed items with little or no value, such as unusable nets, trailers, or scrap material. Before the October 1, 2015 deadline, owners of any of these items of little or no value who wish to collect their items may do so and will not be assessed a storage fee.

All other items, including salvageable vessels and equipment, will be considered abandoned. Any identifiable owner of the abandoned property will be assessed a storage fee of \$50 per day. After five days of non-payment, the port will take possession of the abandoned property and proceed with a forfeiture action and sale of the abandoned property as outlined in Tulalip Tribal Code 15.30.130.

Before, October 1, 2015, property may be claimed between the hours of 8:00am and 4:30pm on regular business days of the Tribes, at the Tulalip Marina, 7411 Tulalip Bay Drive, Tulalip, Washington.

Signed September 10, 2015

Misty Rapeli

Misty Napeahi, Tulalip Tribes General Manager/Port Master

Sending a message to both victims and offenders

Tulalip removes statute of limitations on sexual assault cases

By Niki Cleary

It's a nightmare. Whether it happens to you or someone you love, or just someone in your community, it is a trauma with vast ripple effects. Rape. Sexual violence. Child

molestation. Just naming the crime is uncomfortable, scary, traumatizing. Imagine if it happened to you, to your best friend or sibling, and it's every parent's worst nightmare to think it could happen to your child.

"Victims might hold onto an assault for years without saying anything," said Tulalip Chairman Mel Sheldon. "In the past, when they found the courage, or the right situation came up where they could talk about it, the statute of limitations may have passed. There was no justice for them. This is about sending a message to those that were victimized, letting them know that we care and from this day forward there will be justice no matter when the crime happened."

According to the Department of Justice National Crime Victimization survey 284,350 people were victims of rape or sexual assault nationally. This doesn't include domestic violence or intimate partner violence, which often includes a sexual assault component.

"We know Native American women are three times more likely to be sexually assaulted," said Tulalip Prosecutor Brian Kilgore. "It's an epidemic and it drives a lot of the trauma and grief behind the drug epidemic."

Only a fraction of sexual assaults are ever reported and fewer still are prosecuted. The reasons why are far from simple. They run the gamut from cultural norms to the physical,

financial and psychological pros and cons of reporting. Particularly, since the majority of sexual assaults are committed by someone known, or related to the victim.

A few of the lifelong effects of sexual assault include posttraumatic stress disorder, inability to form healthy attachments, sexual dysfunction, depression and anxiety. This is also further complicated by the reactions of those close to the victim when the victim discloses the crime. The fear of losing their support systems, or worse, being shunned or blamed for the assault, often stops victims in their tracks.

"If you have 100 sexual assault victims, maybe 10 or 15 will get reported," explained Aaron Verba,

News

the Domestic Violence and Sexual Assault Investigator for the Tulalip Prosecutor's Office. "You might file three and then when it comes to a guilty verdict, maybe you're down to one. It really comes down to the cost for the victim," he continued. "There's a 99 percent chance that you were victimized by someone you know or are related to."

Because the perpetrator is often part of the community, peers and family may be unwilling to believe the crime happened. In many cases not believing the victim is a form of self-protection, Aaron described. Families don't want to see another family member as an offender.

"Everyone is victimized," he said. "For the family, if they support the victim sometimes they have to admit, 'I believe this bad thing happened to you and I may have unknowingly been involved in the grooming process.' The family has to decide whether it's safer for them to support the victim or the perpetrator."

Oftentimes, it's easier to simply deny that the crime happened, to blame circumstances or even blame the victim. Jade Carela, of the Child Advocacy Center.

"Why don't they come forward?" she asked. "As a community member, I feel like the community support isn't there yet. We have sex predators in our community that hold high positions or spiritual positions in our tribe. Victims have to wonder, 'Why would I come out in a community that still holds these people up? I'm not going to get support.' In the past when they were ready, the statute of limitations may have been up, and then it was too late."

"It's especially hard to disclose if a victim has seen another victim disclose and it went badly for them. Sometimes people justcarry that trauma around with them," Aaron continued. "It's a conversation with have with every victim that walks in here. Or they may be thinking I'm going to put this person away for the rest of his life, and you have to have an honest and frank conversation about the fact that we may not get 40 years, or even 30. This person may be back in the community in one year."

Particularly in Native American communities, after the perpetrator serves time, community will be looking to reintegrate the person into everyday life. That means that the victim will likely encounter the perpetrator at community events, family events and everyday activities like going to the grocery store.

"When you sit down and tell people realistically what is going to step towards justice, healing for victims and an overall healthier community.

"As a community, we can show these victims that we love them by not being secretive about this. We need to educate our children, and come forward. Know that from here

This is about sending a message to those that were victimized, letting them know that we care and from this day forward there will be justice no matter when the crime happened."

- Mel Sheldon, Tulalip Tribes Chairman

happen, sometimes they change their mind," said Aaron.

With all of the obstacles and potential fallout surrounding sexual abuse, there are just as many positive reasons to disclose a sex crime.

Brian explained that most rapists have a history of sex crimes, and unless they're prosecuted, a future. Making sure that a perpetrator doesn't hurt someone else is a huge incentive for some victims.

"Rape kits are expensive to test," said Brian. "The State of Ohio had thousands of untested rape kits sitting on a shelf and they paid to have them all tested. When they did they found a pattern because most rapists are serial rapists. It's not a comfortable thing to say, 'I was raped,' but there's a good chance if they've done it to you, they've done it to other people. The only way to stop them is to shine some daylight on it."

Removing the statute of limitations on sex crimes isn't just an empty political move, said Jade, it's a forward, whenever you are ready, we can still prosecute the crimes that happened to you.

"We always talk about the drug epidemic," she continued. "Drugs are a symptom, they're not the cause. The root cause is that when these drug addicts were little kids, things happened to them. If we want to eradicate drug use on the reservation, what we need to do now is keep our children safe."

Aaron agreed, "There's an incredibly high correlation between drug use and trauma. If you pull all the people who come through our court for drug offense, I'm guessing that 99.99% of them would have some sort of emotional abuse, neglect, physical abuse, or sexual abuse. Ultimately there's a reason that you use drugs to change your reality, usually it's because your reality sucks."

Last, both Jade and Aaron agreed, disclosure is about healing.

"The women coming out now were children when this happened to them," Jade said. "Hopefully, now they'll feel safe enough to tell the reality about what happened to them so that they can get help. So that they don't pass that on to their children." Aaron pointed to the new law as a sign of the changing times. But family support is going to be even more valuable.

"The important thing is how we support a victim," he said. "When they disclose, they need to know they'll be believed and someone will do something about it. The big thing about disclosure is that's when you start healing. You can't truly heal a wound until you take care of it, you can cover it up, you can ignore it or pretend it didn't happen, but you can't truly heal."

Aaron also pointed out that sexual assault leaves scars that can take generations to heal.

"I heard once that it takes seven generations for sexual abuse to get out of a family," he said. "That's if the first person actually gets treatment, resolves issues and gets back to a somewhat healthy way. That person is still going to pass some of it on. You can't not pass your life experiences on to your children, whether you know you're doing it or not. We have people who have kept that stuff hidden for 30 or 40 years. The people on this reservation are still dealing with the effects of sexual abuse in boarding schools."

This resolution is not retroactive. If the statute of limitations has already expired, the crime may not be prosecuted in Tulalip Court. However, Brian explained, it's still worthwhile to report it.

"If you have DNA evidence, the statute of limitations runs from when you discover the evidence," he said. "For a lot of folks, the police may have a current file on the perpetrator, and any information will help them in their investigation. We can never promise that a case is going to be prosecutable, but we don't know if it's never reported."

If you were the victim or witness of a sexual assault, or any crime, the first step is to call the police, regardless of how much time has passed. In emergencies always call 911. For non-emergencies you can reach the Tulalip Police Department at 360-716-4608.

News

#WeNeedYouHeRe



We needed you here, why couldn't you see that. I'm sorry you were in pain and that I didn't see that. I know I wasn't the best sister. The smile on your face hid all the pain. I wish you was still here I miss your smile, your laugh and most of all your hugs. I will always love you and no one could ever take that away, along with our memories.

R.I.P Crazy wolf

#WeNeedYouttere

Tulalip tribal member Jo-E-Dee Fryberg is only 17 years-old, yet she has found a passion for helping her people. She has focused on suicide prevention by helping youth in her Tulalip community and other communities succeed by finding hope where hope doesn't seem to exist.

Jo-E-Dee is one of three We R Native youth ambassadors reaching out to young Natives by promoting World Suicide Prevention Month in a YouTube video featuring Native youth who are survivors of suicide or suicide attempts. Their message: #WeNeedYouHere.

"We've been losing a lot of kids to suicide. It's something that never stops. But I'm hoping that with this generation we can finally stand up, talk to someone, and seek help for what we're feeling, instead of letting this cycle of youth suicide continue," says Jo-E-Dee. "The #WeNeedYouHere message, it speaks to people my age and from communities like mine."

We R Native is a multimedia health resource for Native teens and young adults run by the Northwest Portland Area Indian Health Board. They are a comprehensive health resource for Native youth, by Native youth, providing content and stories about the topics that matter most to them. We R Native strives to promote holistic health and positive growth in our local communities and nation at large.

Native youth ambassadors from across the nation began

spreading the message for suicide prevention and awareness over the summer, "helping to spread positive vibes and create positive change in their local communities," We R Native said in a press release.

Creating awareness that suicide can be prevented is their first project. To increase the visibility of their campaign they created the hashtag #WeNeedYouHere, and individually they are speaking out.

Suicide has personally affected ambassador Jo-E-Dee. She shares how her involvement in canoe journeys and pow-wows helped her cope with her brother's death, and how she feels personally invested in spreading the #WeNeedYouHere message.

"My brother [Clinton "Crazy Wolf" Fryberg] committed suicide in 2010. His death changed me forever. I became suicidal and didn't know how to deal with those thoughts and feelings. I didn't know how to talk about it," recalls Jo-E-Dee. "Those of us who struggle with suicidal thoughts and feelings, we don't really understand what it is we're going through. I went to treatment, and through therapy learned how to talk about what I was feeling. I learned why I was feeling suicidal and how to find my way back to living a good life."

This challenge of suicide prevention hits home for a lot of us. Suicide is a very tough issue, but addressing the tough issues and speaking openly to let our people know that we care is crucial to the healing process.

"Here's some things I can do if I'm having suicidal thoughts: call someone and flat out tell them 'I'm feeling suicidal and I'm scared. I don't know what to do'," says Joe-E-Dee. "Going to church and staying invested in our cultural activities warms our hearts, you know, like you feel happy when go and it makes you want to keep on going back and doing what you are doing. I felt hopeless before, and if you feel hopeless this is what you need to know: there's always room for something new and it's never too late to start something good."

If you need help, or to give help, call 1-800-273-TALK (8255), or text START to 741741 to chat via text.

According to the World Health Organization, nearly 3,000 people on average commit suicide daily. About one million people die by suicide each year. Suicide rates are at an all-time high for U.S. military veterans. In addition, for every person who commits suicide, 20 or more others attempt to end their lives.

What's obvious from the World Health Organization statistics is that suicide does not discriminate upon race, age, or gender. It is a social issue that plagues everyone, whether directly or indirectly.

The effects of suicide are not limited to those who die. Suicide is a serious public health problem that has shattered the lives of millions of people, families, and communities nationwide. We can all take action to reduce its toll. A variety of strategies are available for individuals and organizations across the United States to help prevent suicide.

On the local, tribal level the Tulalip Tribes have been hard at work on a Suicide Prevention Plan that aims to stop Tribal member suicides, based on the belief that suicide is preventable in our community.

Although suicides occur everywhere in the world, Native Americans are disproportionately affected by suicide and the lasting impact it has on our tight-knit communities. In Tulalip, we recognize the role that historical trauma plays in the mental health of our people. The events of history cannot be changed and the effects of trauma now exist in our bodies and the struggle for healthy coping skills and mental resiliency is a challenge. This plan is vital in our journey to healing; we know that every life is important and we are dedicated to educating our people and preventing unnecessary death.

Tulalip community members who are interested in receiving assistance with mental wellness should call the Family Services main number to schedule an intake for individual or family counseling: 360-716-4400 (18 and over) or 360-716-3284 (under 18).

Warning signs of suicidal behavior

Everyone can play a role in preventing suicide by being aware of the warning signs of suicidal behaviors:

- Talking about wanting to die; feeling hopeless, trapped, or in unbearable pain; being a burden to others.
- Looking for a way to kill oneself.
- Increasing the use of alcohol or drugs. •
- Acting anxious, agitated, or reckless. •
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge. •
- Displaying extreme mood swings.

What you can do

If you believe someone is at risk of suicide:

- Ask them if they are thinking about killing themselves. (This will not put the idea into their heads, or make it more likely that they will attempt suicide.)
- Call the U.S. National Suicide Prevention Lifelines at 800-273-TALK (8255).
- Take the person to an emergency room or seek help from a medical or mental health professional.
- If possible, do not leave the person alone.

Lady Hawks volleyball season opener



Tulalip Heritage Volleyball 2015

			1	1		
#	First Name	Last Name	Position	Height	Grade	Team
1	Myrna	Redleaf	S/FRH	5'5	11	Varsity
2	Samantha	Marteney	MB	5'2	12	Varsity
3	Cidney	Marteney	BRD	5'1	11	Varsity
6	Kaenisha	Herrera	MB	5'2	12	Varsity
7	Leondra	Keeline	S/FRH	5'7	11	Varsity
8	Mikaylee	Pablo	FRH	5'6	12	Varsity
9	Desirae	Williams	MB	5'4	12	Varsity
10	Keryn	Parks	S/FRH	5'7	10	Varsity
11	Adiya	Jones	S/FRH	6'0	12	Varsity
12	Aliya	Jones	S/FRH	5'10	11	Varsity
13	Jaylin	Rivera	FRH	5'6	11	Varsity
14	Cyena	Fryberg	FRH	5'8	11	Varsity

S = Setter FRH = Front Row Hitter BRD = Back Row Hitter MB = Middle Back



PRINCIPAL Shelly Lacy DISTRICT A/D: Grea Erickson TULALIP HERITAGE A/D: Tina Brown SUPERINTENDENT Becky Berg SCHOOL MASCOT: Hawks SCHOOL COLORS: Red, White & Black **BAthletics**

HEAD COACH:

Tina Brown

Continued on next page

Article and photos by dedication to teamwork Micheal Rios

On Lobos at the Francy was the first game of the 2015-2016 volleyball season and home opener for the Lady Hawks. Coming off a very disappointing season last year, that saw them win only one set and zero matches, the Lady Hawks were excited to start fresh.

there were some behind the scenes issues with their previous coach, and for reasons unknown she was replaced last minute by Tulalip Heritage Athletic Director, Tina Brown. Coach Tina spent the last couple weeks with the Lady Hawks going over volleyball basics and focusing on conditioning.

In the 1st set the Lady Hawks would fall 16-25, followed shortly thereafter by a quick 2nd set 9-25. However, in the 3rd set the Lady Hawks showed signs of their

as they fought and Tuesday, scraped for every point September 15, the Tulalip they could muster. After Heritage Lady Hawks falling behind 7-13, the hosted the Lopez Island Lady Hawks rallied to take a 15-14 lead behind Sheldon gymnasium. It the serving of #10 Keryn Parks and #13 Jaylin Rivera. The Lopez Island Lobos wouldn't be denied and went on to win the 3rd and final set 25-20.

Losing the match 0-3 was a bummer, but captain #1 Myrna Redleaf was upbeat after the loss, saying "I thought we did really well compared Unfortunately, to last year, especially going against our rivals from Lopez Island. I feel we did really well for our first match of the year. We have a lot of new girls playing this year, and we're all still getting used to playing with each other and learning each other's tendencies. We were really nervous in the first couple sets, but in the last set we relaxed and just had fun and our play was better."

Going forward, Myrna says the team will look to improve their communication most of all

Sports_





October 31 • 5:00 pm – 8:00 pm Greg Williams Court

- Costume Contest at 7:00pm
- Cake Walk, Carnival Style Games, Haunted House, and Crafts
- Snacks, Beverages, Candy, and Prizes
- Carved Pumpkin Contest Bring pumpkin already carved!

To volunteer (non - paid) as a judge, contact Robert Watson at (360)716-4194

3 judges will be randomly selected from all applicants. Judges may not participate in the pumpkin or costumes contests.

For detailed information about the event, please visit tulalipnews.com, facebook, or See-Yaht -Sub newspaper.



Education _____

Children of the Salmon enjoy their first day at Tulalip's Early Learning Academy

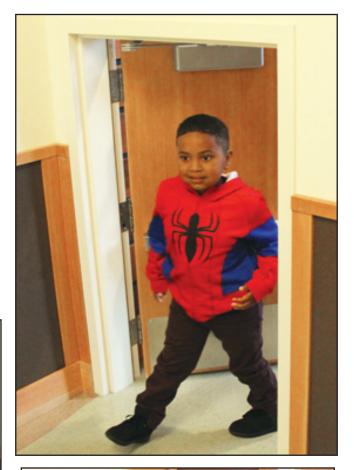
ELA Teachers and staff welcomed students and their familes to their first day of school on September 14.

The Betty J. Taylor Early Learning Academy is a culmination of over a decade's worth of planning, devotion, and perseverance by countless individuals committed to helping local community families make a lasting, positive difference in their children's education. In partnership with parents and community, the caring and experienced Tulalip Tribes teaching staff created a loving and safe environment where children and families can grow academically

Attendance at ELA is year round. There there will be four school closures throughout the year: a one-week break will occur in December, April and June, while a two-week break is expected in August.











Education



New Marysville School District phone numbers

has changed its phone numbers district be forwarded, but the bulk of the old wide as a new phone system has been phone numbers will not be forwarded installed. A list of new numbers for the to a new number. schools and key district departments has been posted to the district web site at msd25.org.

"The new ShoreTel system was funded by the technology levy approved by Marysville School District voters in 2014. It replaces an outdated system that was no longer being manufactured and increasingly challenging to sustain," said Marysville School District Superintendent Dr. Becky Berg.

The district will now have just one prefix for all numbers, 965. The new main district Service Center number is 360-965-0000. The old main numbers for the schools will be forwarded to School District the new main number. Select district

The Marysville School District office and other extensions will also

As part of the new phone system, numbers and voicemail boxes are no longer tied to an individual person. Rather, they are tied to a role or a location. That means when 911 is dialed from a phone, the physical location of that phone is also given to aid an emergency response.

For more information, contact Marysville School District the Technology department, 360-965-0190.

Submitted by Craig Degginger, Director of Communications and Community Relations, Marysville

MARVEULLE COLOOL DICERTER	
MARYSVILLE SCHOOL DISTRICT	NEW PHONE NUMBERS
ELEMENTARY SCHOOLS	PHONE 360-965-1100
Allen Creek Elementary Cascade Elementary	360-965-1200
Grove Elementary	360-965-1700
Kellogg Marsh Elementary	360-965-1900
Liberty Elementary	360-965-1800
Marshall Elementary	360-965-1600
Pinewood Elementary	360-965-1300
Quil Ceda Tulalip Elementary	360-965-3100
Shoultes Elementary	360-965-1400
Sunnyside Elementary	360-965-1500
MIDDLE SCHOOLS	
Cedarcrest Middle School	360-965-0700
Marysville Middle School	360-965-0900
Totem Middle School	360-965-0500
10th Street School	360-965-0400
HIGH SCHOOLS	
Marysville Getchell Campus	
Academy of Construction &	360-965-2300
Engineering	
Bio Med Academy	360-965-2500
International School of	360-965-2400
Communications	360-965-2600
School for the Entrepreneur	360-965-2600
Marysville Mountain View	360-965-3000
Marysvine Mountain view	300-903-3000
Marysville-Pilchuck	360-965-2000
Marysvine-Friendek	300-903-2000
Marysville Tulalip Campus	
Arts and Technology	360-965-2900
Heritage	360-965-2800
TRANSPORTATION	360-965-0300
DISTRICT SERVICE CENTER	360-965-0000
DEPARTMENTS	
Assessment	360-965-0038
Athletics	360-965-0111
Career and Technical Education	360-965-0026
Communications	360-965-0007
ECEAP	360-965-0225
ELL	360-965-0052
Elementary/Secondary Education	360-965-0016
Facilities	360-965-0136
Facility Rentals Finance	360-965-0147
Food Service	360-965-0096 360-965-0115
Human Resources	360-965-0070
Indian Education	360-965-2863
Maintenance/Grounds/Security	360-965-0136
Nurses	360-965-2056
Registrar (High School)	360-965-0018
Risk Management	360-965-0109
Special Education	360-965-0170
Superintendent's Office	360-965-0005
Technology	360-965-0190
Truancy	360-965-2027

Health.

The Childhood Immunization Schedule: Why Is It Like That?

Source: American Academy of Pediatrics, October 2008; submitted by Jason McKerry, MD, FAAP, Karen I Fryberg Tulalip Health Clinic

Q: Who decides what immunizations children need?

A: Each year, top disease experts and doctors who care for children work together to decide what to recommend that will best protect U.S. children from diseases. The schedule is evaluated each year based on the most recent scientific data available. Changes are announced in January, if needed. The schedule is approved by the American Academy of Pediatrics, the Centers for Disease Control and Prevention, and the American Academy of Family Physicians.

Q: How are the timing and spacing of the shots determined?

A: Each vaccine dose is scheduled using 2 factors. First, it is scheduled for the age when the body's immune system will work the best. Second, it is balanced with the need to provide protection to infants and children at the earliest possible age.

Q: Why are there so many doses?

A: Researchers are always studying how well vaccines work. For many vaccines three or four doses are needed to fully protect your child. The doses need to be spaced out a certain amount to work the best.

Q: Why is the schedule "one size fits all?" Aren't there some children who shouldn't receive some vaccines?

A: Your child's health and safety are very important to your child's doctor. The schedule is considered the ideal schedule for healthy children but there may be exceptions. For example, your child might not receive certain vaccines if she has allergies to an ingredient in the vaccine, or if she has a weakened immune system due to illness, a chronic condition, another medical treatment. or Sometimes a shot needs to be delayed for a short time, and sometimes not given at all. Your pediatrician stays updated about new exceptions to the immunization schedule. This is one reason your child's complete medical history is taken at the pediatrician's

office, and why it is important for your child's health care providers to be familiar with your child's medical history.

Q: Why can't the shots be spread out over a longer period of time? There are 25 shots recommended in the first 15 months of life; why not spread these out over 2 or 3 years?

A: First, you would not want your child to go unprotected that long. Babies are hospitalized and die more often from some diseases, so it is important to vaccinate them as soon as it is safe. Second, the recommended schedule is designed to work best with a child's immune system at certain ages and at specific times. There is no research to show that a child would be equally protected against diseases with a very different schedule. Also, there is no scientific reason why spreading out the shots would be safer. But we do know that any length of time without immunizations is a time without protection.

Q: I've seen another schedule in a magazine that allows the shots to be spread out. It was developed by a pediatrician. Why can't I follow that schedule? My child would still get his immunizations in time for school.

A: There is no scientific basis for such а schedule. No one knows how well it would work to protect your child from diseases. And if many parents in any community decided to follow such a schedule, diseases will be able to spread much more quickly. Also, people who are too sick or too young to receive vaccines are placed at risk when they are around unvaccinated children. For example, following one alternative schedule would leave children without full polio protection until age 4. Yet it would take only

one case of polio to be brought into the U.S. for the disease to take hold again in this country. This schedule also delays the measles vaccine until age 3. We have already seen outbreaks of measles in some parts of the country because children were not immunized. This is a highly infectious disease that can cause serious harm--even death. The reason we recommend vaccines when we do is because youngchildren are more vulnerable to these diseases. Pediatricians want parents to have reliable, complete, and science-based information, so that they can make the best decision for their child about vaccination.

Q: Isn't it possible that my child has natural immunity to one or more diseases? If he does, can't he skip the shot?

A: Tests that check for immunity to certain diseases do not work well in young children.

Q: Isn't it overwhelming to a child's immune system to give so many shots in one visit?

A: Infants and children are exposed to many germs every day just by playing, eating, and breathing. Their immune systems fight those germs, also called antigens, to keep the body healthy. The amount of antigens that children fight every day (2,000-6,000) is much more than the antigens in any combination of vaccines on the current schedule (150 for the whole schedule). So children's immune systems are not overwhelmed by vaccines.

Q: There are no shots given at 9 months, other than maybe flu vaccine or catch-up vaccines. Why not give some at that visit instead of at 6 months or 12 months?

A: Waiting until 9 months would leave the child unprotected from some diseases, but 9 months is too early for some of the 12-18 month vaccines. For example, it is too early for the live measles, mumps, rubella and varicella vaccines, since some infants might have a bit of protection left from their mother during the pregnancy, and that protection could make the vaccine less effective.

The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

FREE COMMUNITY FITNESS CLASS FOR ALL LEVELS AND ABILITIES

- WHAT
- WHO:

All community members ages 13+ Note: All youth ages 13-17 will have to have a parent sign a waiver upon the first day

Come join Smoking Cessation and trainer Apollo Lewis for a health and

fitness class! We strive to help get you back on track with wellness of

WHEN:

Every Tuesday and Thursday 6:00-7:00 P.M. (excluding holidays/holiday breaks)

your cardiovascular system, lungs, and physical fitness.

Teen Center Court 6700 Totem Beach Rd Tulalip, WA

For any questions or concerns please contact the Teen Center front desk at 360-716-4909



Health

Be prepared for power outages

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Foreword Kim Kalliber; source American Red Cross

In the aftermath of August's wind **a** storm, the most common thing heard **o** among residents that faced long power • outages was how unprepared they were. Especially with it being a summer storm. But Mother Nature can strike anytime and • it's best to always be prepared.

Power outages can be frustrating, but there are ways to help ease these • frustrations so you and your family can be as comfortable as possible and hopefully even save your perishable foods. •

The following tips on dealing with power outages are from the American Red • Cross.

To help preserve your food during a power outage, keep the following supplies in your home

- One or more coolers—Inexpensive
 Styrofoam coolers work well.
- Ice—Surrounding your food with ice in a cooler or in the refrigerator will keep food colder for a longer period of time during a prolonged blackout.
- A digital quick-response thermometers you
 can quickly check the internal temper atures of food to ensure they are cold enough to use safely.

Keep refrigerator and freezer • doors closed as much as possible. First use perishable food from the refrigerator. An unopened refrigerator will keep foods cold • for about 4 hours.

Then use food from the freezer. A full freezer will keep the temperature for about 48 hours (24 hours if it is half full) if the door remains closed.

Use your non-perishable foods and staples after using food from the re-frigerator and freezer.

Throw away any food that has been exposed to temperatures higher than 40° F (4° C) for 2 hours or more, or that has an unusual odor, color or texture. When in doubt, throw it out!

Put together an emergency preparedness kit with these supplies in case of a prolonged or widespread power outage

- Water—one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food—non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home)
- Flashlight (Do not use candles during a power outage due to the extreme risk of fire.)
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- First aid kit

•

- Medications (7-day supply) and required medical items
- Multi-purpose tool
- Sanitation and personal hygiene items Copies of personal documents (medication list and pertinent medical information, deed/lease to home, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- If someone in your home is dependent on electric-powered, life-sustaining equipment, remember to include backup power in your evacuation plan Keep a non-cordless telephone in your home. It is likely to work even when the power is out.
- Keep your car's gas tank full.

Never use a generator, grill, camp stove or other gasoline, propane, natural gas or charcoal-burning devices inside a home, garage, basement, crawlspace or any partially enclosed area. Locate unit away from doors, windows and vents that could allow carbon monoxide to come indoors.

The primary hazards to avoid when using alternate sources for electricity, heating or cooking are carbon monoxide poisoning, electric shock and fire.

What to Do When the Power Comes Back On

Do not touch any electrical power lines and keep your family and pets away from them.

Report downed power lines to the appropriate officials in your area.-

Preparedness Checklist Essentials Self-powered flashlights Candles Glowsticks Matches Lighter First aid kit: bandages, gauze, tape, scissors, hydrogen peroxide, antiseptic ointment, pain medications, and prescription medications Batteries Self-powered radio Extra cell phone car chargers Water (a gallon per person per day) Coolers

- □ Ice
- □ Extra water bottles that can be used as ice packs
- □ Canned goods
- Can opener
- Trash bags, paper plates, flatware
- Water purifier bottles
- Warm clothes
- Copies of personal documents
- Emergency contact info
- Pocket money

Appliances

- Camping stove
- Propane tank or charcoal

Entertainment

- Board games
- Playing cards

Contact info for power company:

Letters

Thank you, for everything

I am the grandmother of Ariela Starr Vendiola. I am Southern Cheyenne from Oklahoma. Ariela was raised a Southern Cheyenne tribal member also.

I've lived on this reservation for many years with my husband, Danny Moses Sr. We raised our children here and our grandchildren were born and raised here in Washington. Our granddaughter Ariela was born in Bellingham, but she spent most of her life here on the Tulalip Reservation.

When this accident happened to our Ariela, I was at a loss, how are we going to take Ariela home to Oklahoma. Then I remembered that Ariela was born here, so it was only fitting that she be buried here somewhere. Her grandfather Danny Sr. and the Tulalip Tribes gave Ariela a place here in your beautiful cemetery. Now she won't be too far away from us. And for this we are so grateful.

Ariela always believed she was related to everyone here. She called everyone cousin, aunt, uncle, brother, sister. She used to say, grandma I have a big family all the way to Oklahoma, Montana, and here on the Tulalip Reservation. Ariela was to finally meet her Cheyenne family this September in Oklahoma. She was looking forward to it and was so excited.

Now this day she walks with

her great-grandparents, Cheyenne it feels to hurt so bad. I pray for all Chief Harvey MouseTrail Russell and Frances Nibbs Russell. Ariela, her mother Monica and I are descended from Southern Cheyenne peace Chief Black Kettle.

We have so many things to be grateful for here. I was so overwhelmed by everything. All the open arms, all the love, and caring people from everywhere came when I and my family were so broken hearted, all of you came. Ariela was our dancer here; she followed the Powwow Trail up and down the coast of Washington. I was making her full-beaded leggings for the next powwow. Now I put them away until I can bead again some day. It hurts so much right now. Everyone who lost their young ones that day know how of us.

Today, I and my family all in Oklahoma and Montana want to express our gratitude for every Tribe that came at that time to help us with all the food and gifts. Only some of my family came from Oklahoma. Everyone wanted to come but couldn't. I travel this day back to Oklahoma. I need all my brothers and sisters to give me strength, as I am weak from our loss.

But thank all of you again for everything. I would put everyone's names downs, but it would take a whole newspaper. I love you all back, "aho."

LeAnna Russell, Moses and Danny K Moses Sr.



Letters

Don't hinder the Tribal members from exercising our Treaty rights with another regulation

To the Tribal Membership,

I am going to start this article off by painting a picture & telling you a short story & the reason why I am writing this article. I live on the priest point cliff where I have lived my whole life. In the past year, I built a smoke house and I am smoking my fish and hanging it how we use to back in the day; I am not selling it, I am giving it away, trading it and feeding my family with it. I also recently have purchased a 21ft cedar strip canoe, so I got the idea to pull canoe down below my house the same way my family use to in our usual & accustom fishing grounds. I made a trail down a 200ft cliff embankment (a lot of work). As I was doing that work I got a lot of good medicine and feelings from that work.

So I was thinking, well if I am going to pull canoe down there, then I might as well have a little fish camp like all of our family's use to from priest point to speebida and further. Also, to have a spot for my kids to see and feel what I am receiving from our usual & accustom fishing grounds and get a taste of the teachings that come along with that work & camp; Also to take advantage of the opportunity to introduce that way of life to them. So, naturally with a fish camp comes fishing. The only problem I was facing was, I have no boat. So what I did at low tide is, I drove a stake in the mud and put a pulley on it, ran a 160ft rope through the pulley, then tied one end of the rope to a log that is above the high tide line and the other end of the rope to my fishing net. Also mind you, my net is only 80ft (20 corks), so I can exercise my Treaty rights and fish (set net). Again, I'm not doing this to get rich or to sell the fish; only for that nostalgia, feelings, teachings and to feed my family.

What happened next on September 4th 2015 is what I want the Tribal membership to be aware of. I was down in my family's usual & accustom fishing grounds, sitting on my set net, which was also what I was doing three days prior to the fourth, without catching one fish at all during those four days; than all of a sudden what do I hear? A big rustle in the bushes, I was thinking to myself «is that a big grizzly bear», but to my surprise it was Clayton Horne from fisheries. He trekked down that 200ft cliff, got a little muddy in the process from that trek, just to let me know I was fishing out of regulation. And what I mean by out of regulation is, the wrong way of fishing. I wasn't fishing when it was closed, I wasn't fishing out of bounds, I was just set netting.

The regulation stated only gill netting, drift net, round hauling and beach seining was open at the time. I never once thought of looking at the regulations, because to my recollection, there has always and will in my mind be set netting in 8A. So I go ahead & pull my net in and he lets me off with a warning. He told me he needed to go back and talk to his superiors on how to handle this violation because the code has recently been changed to a criminal of-

fense, along with the usual tickets. With that said, how it use to work was, fisheries would just give tickets for minor infractions and they would let you be on your way. Now, since the code has been recently changed to criminal along with the ticket, there are criminal charges and possible arrest for regulation violations, even if it is a minor infraction with the new criminal code that is in place.

I received a verbal warning that turned into a promise to appear letter four (4) hours later, that I did not sign by the way, because that would mean I am admitting to fault and in my mind, I am not at fault; I feel I am only exercising my Treaty right; now I have a day in court for my criminal offense, something that is so minor compared to other regulation violations and in my opinion is not a violation because there has always been set netting in 8A and there is no reason what so ever to take set netting out of the regulation. I was only exercising my Treaty right in a good way.

Well, now I know per the regulations, the way I was fishing was



out of the tribes (our) regulation. I should not even have to say or try to justify that I haven't fished for years and did not even stop to think about looking at our regulations and say I did not know there was no more set netting in 8A. From the last I remember, there was set netting in 8A, it has been that way since I was a little boy.

So, I have to ask the question to the Tribe, Fish commission & Tribal enforcement; give me the justification why Tribal Members cant set net in 8A?

I have already heard a couple of the answers to my question. The answer I received was, the nets get left and people don't sit on their nets, also being they fish out of bounds. If that is the main reasons or only answers available why it was taken out of the regulations, than I call b*******.

So, my debate to our Tribe, Fish commission & Tribal enforcement is deal with it. If there is a net unattended or out of bounds, pull it or ticket it; don't take away or hinder the Tribal members from exercising our Treaty rights with another regulation. I am a person that don't make a lot of waves, but when my own Tribe tries to take or make it hard for me to exercise my treaty rights as an Indian, that's when I am going to stand up & say no (no more).

We need to stop throwing everyone in the same basket with the Tribal membership that chooses to do wrong and make bad choices. Also need to stop continuing to make new regulations based on the past faults of bad decision making and enforcing them on the Tribal membership that don't intentionally go against the regs, or in this case, just trying to exercise my treaty rights.

There is a deeper purpose for how, why & where I am fishing. My great great great great grandpa James Perceval drowned in that very same area in 1902, fishing with his canoe. He had many kids, one of his sons names was Ed Perceval, he had many kids & one of his daughters names was Ebey!!

The whole reason I am trying to paint this picture for you, is because for a while now I have been getting to know my family history. This is why I am choosing to live how

Letters

I live and by doing that, it is helping me to remember old teachings and ways that I remember as a little boy that were within my family and within this community. Those teachings that have become so dormant, for so many years.

So, by trying to remember and implement these teachings in my life, helps me be a better son, grandson, dad, husband, uncle and cousin. By me trying to implement these teachings that I am speaking of, is slowly starting to breed within my family.

With all that said, when I get my day in court, I will *Lose*. That's fine, I will take my lumps. But you have to know I will not idly sit by and allow this to happen; not just to me, but to the next Tribal member just trying to catch a couple fish. Because I was outside of the Tribe's (our) regulation, and keep in mind the regulation that has been implemented because a few past and present do not have respect for our waters & our law. So just give me the fine, I will pay it and have a criminal record for just exercising my Treaty right.

In closing, I have to say I will not stop exercising my Treaty right as an Indian, that my family so proudly fought for and died for so they can feed their family and just live. I have no Job and no boat; all I am trying to do is grasp onto some old ways and receive that feeling of family, home and love. That feeling that has been manifesting itself into a good and better life for me and my family.

P.S. Clayton Horne (the messenger), Love you bro, had to stab at you!! LOL

With love Jared Parks

9/16/15 Front Page Sey-yat-sub "Bringing Life back to the Qwuloolt Estuary"

I was totally surprised when I received this paper with the front page showing those "special" guests that attended the ceremony of this new project and they must have received invitations. According to the article numerous awards were granted by supposedly "our tribe" to those that were involved with this grandeur project.

There was an article in the Everett Herald a couple weeks ago showing our Chairman riding in a boat when the ground was broken to let the river take over some farmlands. It was a surprise to me as a tribal member I wasn't aware of our Tribe was even involved in such a project.

Initially I was going to write a letter and find out from our Board of Directors what this project involved, but I thought it was a another small project our Tribe was involved with.

Then today (9/12/15) when I received the Sey-yat-sub and in reading the paper and seeing the pictures I became more insulted as a tribal elder as the picture shown in our paper showing those in attendance were postuds and the Board of Directors.

It is our culture that at any event that involves our tribal land, Tribal elders must be invited to the ceremonial events where our tribal land or money is involved.

This is the 2nd time this year this has happened where tribal elders are not invited to ceremonies

involving our land and as tribal members we need to make sure our Board of Directors know they need to follow our culture. This may be how in the white mans' world this is done but we are a Tribe and we should be taught to follow our culture.

The other time elders/ seniors were not invited was when they had the grand opening of the rehabilitation center (I don't even know what they named it) where the Board purchased land in the Stanwood, Washington area hired staff and held an Grand Opening several months ago. I have talked with a lot of elders/seniors and there was only one that knew about the grand opening and attended and went through the facilities. Why weren't the elders/seniors invited to this event? We don't even know where it is located or what services are provided or how much tribal funds it takes to run this facility.

I heard rumors our Tribe purchased the Plant Farm near Smokey Point and we have not been notified of this purchase nor have we been advised on what plans the Board has for this property.

As Tribal members we need to be advised by our Board of Directors on their purchases of lands and what plans they have as we should be having our input on what we want in our future.

At each General Council tribal members are only worried about the Per Capita's but as tribal members we should be more worried about our future as a tribe and our Board of Directors need to keep us advised on land purchases and what future plans they have for our reservation.

Virginia (Ginnie) Carpenter

Tulalip Tribal Court Notices

SUMMONS BY PUBLICATION TUL-CV-CS-2015-3016. Tulalip Tribal Court, Tulalip WA. TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs ROBERT ANTHONY FRYBERG regarding a Summons and Petition to Establish Child Support with request for Payroll Deduction and/or Per Capita Attachment. TO: ROBERT ANTHONY FRYBERG: YOU ARE HEREBY NOTIFIED that on July 30, 2015, a Petition for the Establishment of a Child Support Order was filed in the above-entitled Court pursuant to Title IV of TTO 2.10, TTC 4.10. This notice will be published for six (6) consecutive weeks. After six (6) weeks, and no response, TCSP will move forward with a hearing. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on October 20, 2015 at 9:00 am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 9, 2015.

SUMMONS BY PUBLICATION TUL-CV-CS-2015-3015. Tulalip Tribal Court, Tulalip WA. TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs BREEANNA JO WIETRICK regarding a Summons and Petition to Establish Child Support and with request for a Payroll Deduction and/or Per Capita Attachment. TO: BREEANNA JO WIETRICK: YOU ARE HEREBY NOTIFIED that on July 30, 2015, a Petition for the Establishment of a Child Support Order was filed in the above-entitled Court pursuant to Title IV of TTO 2.10, TTC 4.10. This notice will be published for six (6) consecutive weeks. After six (6) weeks, and no response, TCSP will move forward with a hearing. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on October 20, 2015 at 9:00 am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 9, 2015.

TUL-CV-YI-2009-0282. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re S.W.M.Jr.TO: Shane Moses Sr. and Denise Moses: YOU ARE HEREBY NOTIFIED that on August 20, 2015 an Order on Hearing was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend the above entitled action and answer on October 13, 2015 at 10:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests and program fees may be assessed against you. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 2, 2015.

TUL-CV-YG-2015-0357. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA. In re M.T.T. TO: Shane Taylor and Tonya Winegar: YOU ARE HEREBY NOTIFIED that on August 27, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding M.T.T. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on November 3, 2015 at 11:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 23, 2015





Donna Louise Muir

Donna Louise Muir born October 1935 to Donald Sr. and Katherine Hatch, passed away September 7, 2015.

Leaving behind her husband, Richard Muir Sr. of 59 years, along with her son Richard Muir Jr. (Teena - with the red truck); daughters, Debra "George" Russell, Deanna Muir, Doreen Muir (Chris); grandchildren, Nicole Muir, Sabralee Muir, Shiloh Zackuse, Mitch M. Zackuse (Trisha), Daniel Muir, Michael Muir-Allett, Breanna Muir, Dakotah "Cody" Allett (Ashley), Christjan Braaten, Nana Lilja Braaten, and Jeremy

Jablonski Jr.

She is also survived by 13 great-grandchildren with two more on their way. She is also survived by her siblings, Helen (Sally) Prouty, Donald (Penoke) Hatch Jr., Illene James (Chuck) and Cynie McGee (Max). She is also survived by numerous brothers and sister-in-laws; nieces and nephews. Donna was preceded in death by her parents, Donald and Katherine Hatch Sr.; her baby sister, Elma Hatch, her brother, Lawrence Hatch, sister Evelyn Hatch Cross, Paul "Spooky" Eric Shay Sr.; and grandson, Jared Lee Allett.

Donna enjoyed being on the Tulalip Enrollment Committee for several years, spending her time at the casino, going shopping, camping with the family, clam digging on the beaches of Ocean Shores, Bowling with family and friends, and travelling to Hawaii.

A very special thank you to the care givers Sherry, Tije, Carolyn, Jyl, Kari, Blair, and Beckey who provided love and support.

A Mass was held on Saturday, September 12, 2015, 10 a.m. at St Anne, Tulalip, WA. Burial followed at Mission Beach in Marysville, WA Donna will be missed deeply by all of those who knew and loved her.

Beatrice Isabel Reeves



Beatrice Isabel Reeves born February 1963 to Charles Myers and Alice Zackuse, passed away September 4, 2015.

She enjoyed spending time with her family and friends, beadwork, arts and crafts, woodworking, fishing, berry picking, and loved outdoor cooking. Preceded in death by her parents. Bea left behind her husband, loving George Reeves Jr.; and her children, Dean Dan Jr (Trish), Lorna Dan (Victor), Albert Hood, Emerson Hood, Georgett and Georgetta Reeves. Reeves.; her grandchildren, Jordan Johnston, Victoria Morales; her brothers, Jeff Myers Sr., John Myers, Joseph Myers Sr., Randy Turner, Morris Zackuse, and Mitch Zackuse; her sisters, Michelle McCracken, Leona Gonzalez, and Brenda Zackuse. Bea is also survived by numerous nieces and nephews. She will be greatly missed by those she loved.

Viewing was held at Schaefer-Shipman Funeral Home on Thursday, September 10, 2015 at 12 (noon), followed by interfaith services at 6 p.m. at the Tulalip Gym, and funeral services were held Friday, September 11, 2015 at 10 a.m. at the Tulalip Gym

Jessica Jones Memorial, October 3

Submitted by Pam Blount

I invite you to come and honor my daughter Jessica Jones on October 3, 2015, 11:00 a.m. at the Mission Beach Cemetery, followed by a meal at the Tulalip Tribal Gym/Greg Williams Court.



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Back Page Flashback: 10 years ago

As the 2015 school year began with local teacher strikes and Tulalip opening its Early Learning Academy, education, especially funding, remains a hot topic today. Here is what some folks had to say in the September 14, 2005 syacab about the September 20, 2005 School Bond Vote:

"Why are you voting yes for schools on September 20?"



"I'm voting yes because I believe in Tulalip children and they need the best schools possible."



"I'm voting for our kids to help give them a better future."



"Classrooms are overcrowded and our kids are falling through the cacks. We need more one-on-one attention from the teachers and this bond is going to help with that."

Tamara Williams Tribal member



"Because I believe in our children's futures and the bond is going to adequately fund schools for them."

Margaret Henry-Hayes (with dog Roxy) Tribal member

Cherol Fryberg Tribal spouse



Cindy Enick Tribal member

COMMUNITY EVENTS: Crafts for Children.

Saturdays, September 26th • 2:00 PM to 2:30 PM. Children's Reading Time. Saturday, September 26th (Dillon Carpenter) 1:30 PM to 2:00 PM.

WORKSHOPS:

Sandra Swanson, Quilting demonstration. Sunday, September 27th, October 11th &18th • 12:00 PM to 3:00 PM.

Roxanne Banguis, Beaded Eagles. Saturday, **October 10th •** 1:00 PM to 3:00 PM.

LECTURE SERIES:

Phil Narte & Inez Bill. Treaties and Tribal Oral History. Thursday, **September 24th** • 6:00 PM to 7:00 PM.

Darrell Hillaire, discussing his production, "What About Those Promises?". Saturday, **October 24th** 1:00 PM to 2:00 PM.

POETRY SERIES:

Kevin Craft. Editor of Poetry Northwest. Thursday, **October 1st** • 6:00 PM to 7:00 PM.

Kyle Moses. Poetry of Edgar Allen Poe, followed by Open Mic. Discount for anyone in a Halloween costume. Thursday, **October 29th** • 6:00 PM to 7:00 PM

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