



Using sports to inspire lifelong fitness



Dietreich Rios, a Suguamish tribal member and owner/operator of Dietreich Fitness in Orlando, Florida.

Article and photos by Micheal Rios

Dietreich Rios, Suquamish tribal member and owner/operator of Dietreich athletes, from professional Fitness in Orlando, Florida, hosted a Native youth basketball camp and fitness clinic at the Donald Hatch Jr. gymnasium, November 23-25. The 3-day

health expo was all about health and fitness, while promoting a tobacco-free lifestyle.

"I've trained a lot of basketball players to body builders, but my passion is motivating and helping our Native peoples stay healthy and strong individuals," says

Dietreich while in the midst of a stretching routine he does before day one of the basketball clinic. "Over the past couple years I've become more involved in not only the fitness community, but in Native American health across the nation.

"I try my best to reach and help inspire, motivate, and

Tulalip Heritage 'Lady Hawks' Basketball Team vs Lummi Nation 'Blackhawks' Girls Basketball Team, home game played at the Tulalip 'Francy J. Sheldon' Gym. LIVE Broadcast on Wednesday, Dec 16 @ 5:00pm

Lummi Nation Tulalip Heritage Hawks Boys Basketball Team vs Lummi Nation 'Blackhawks' Boys Basketball Team, home game played at the Tulalip 'Francy J. Sheldon'Gym. LIVE Broadcast on Wednesday, Dec 16 @ 7:00pm

Highland Christian Tulalip Heritage 'Lady Hawks' Basketball Team vs Highland Christian Girls Basketball Team, home game played at the Tulalip 'Francy J. Sheldon' Gym. LIVE Broadcast on Friday, Dec 18 @ 5:00pm

PCC Tulalip Heritage Hawks Boys Basketball Team vs Providence Classical Christian Boys Basketball Team, home game played at the Tulalip 'Francy J. Sheldon' Gym. LIVE Broadcast on Friday, Dec 18 @ 7:00pm

Watch Heritage Girls and Boys Basketball daily: Girls @ 9:00am & 5:00pm - Boys @ 10:30am & 7:00pm Wednesday, Dec. 16 – LIVE! Broadcast at 5:00pm & 7:00pm Friday, Dec. 18 – LIVE! Broadcast at 5:00pm & 7:00pm

Tulalip Tribes Vision

We gathered at Tulalip are one people. We govern ourselves. We will arrive at a time when each and every person has become most capable. Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

- 1. We respect the community of our elders past and
- present, and pay attention to their good words.We uphold and follow the teachings that come from
- our ancestors.3. It is valued work to uphold and serve our people.
- 4. We work hard and always do our best.
- 5. We show respect to every individual.
- 6. We strengthen our people so that they may walk a good walk.
- 7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

dx^wlilap syəcəb, the weekly newspaper of the Tulalip Tribes

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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002 Sherrill Guydelkon, 1945-2008

,	Time	Show	Duration
n.	12:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
IS	12:30 AM	The Pipemakers Digging thru 12 feet of solid rock with hand tools they mine the sacred red pipestone into shapes of bears, eagles and other effigies.	1:00
s'	1:30 AM	Jingle Dress Featuring competition straight and slide step, beautiful outfit close-ups, how-to construction, history and evolution of the dance.	0:30
ір У,	2:00 AM	A New Start In many aboriginal communities persons with illnesses or injuries may have to leave family and friends behind to receive, treatment in urban centers.	0:30
,,	2:30 AM	Native Report - 913 An evening of classical music and meet violinist Karen Durfee. How one community is bridging the culture gap through the use of the Ojibwe language.	0:30
s'	3:00 AM	Diabetes, Lifetime Solutions A culturally-sensitive video that not only covers the basics of what diabetes is & how you get it but talks about factors unique to Native communities	0:30
ls ip	3:30 AM	NWIN 51 NorthWest Indian News - Meacham Creek Restoration, 35th Annual Elders' Gathering, American Indian Film Institute, Traditional Cooking with Seaweed	0:30
Р (С	4:00 AM	The Pipemakers Digging thru 12 feet of solid rock with hand tools they mine the sacred red pipestone into shapes of bears, eagles and other effigies.	1:00
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n II	5:30 AM	Diabetes, Lifetime Solutions A culturally-sensitive video that not only covers the basics of what diabetes is & how you get it but talks about factors unique to Native communities	0:30
n′	6:00 AM	Seasoned with Spirit - Ep 4 'Bounty on the River's Edge' - Loretta joins her Yurok friends for a feast of smoked salmon and dried eel along with an amazing sturgeon egg bread.	0:30
	6:30 AM	Jingle Dress Featuring competition straight and slide step, beautiful outfit close-ups, how-to construction, history and evolution of the dance.	0:30
/:	7:00 AM	Native Report - 913 An evening of classical music and meet violinist Karen Durfee. How one community is bridging the culture gap through the use of the Ojibwe language.	0:30
n	7:30 AM	Creative Native - 504 'Cree 'Eye for the White Guy' - A humorous look at the introduction of six white people	0:30
1	8:00 AM	into Cree culture at the Squamish Nation pow Wow. Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Descention	0:30
	8:30 AM	Tulalip Reservation. Wapos Bay - Ep 4 'Something to Remember' - Raven learns the true meaning of the word "appreciate" and T-	0:30
	9:00 AM	Bear learns why it's important to remember the past. Heritage Girls Basketball Tulalip Heritage 'Lady Hawks' Home Basketball Game played in the Tulalip 'Francy J. Sheldon' Gym. Watch on Tulalip TV (Ch.99) or www.TulalipTV.com	1:30
	10:30 AM	Heritage Boys Basketball Tulalip Heritage Boys 'Hawks' Home Basketball Game played in the Tulalip 'Francy J. Sheldon' Gym. Watch on Tulalip TV (Ch.99) or www.TulalipTV.com	1:30
	12:00 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
	12:30 PM	NWIN 51 NorthWest Indian News - Meacham Creek Restoration, 35th Annual Elders' Gathering, American Indian Film Institute, Traditional Cooking with Seaweed	0:30
	1:00 PM	Native Report - 913 An evening of classical music and meet violinist Karen Durfee. How one community is bridging the culture gap through the use of the Ojibwe language.	0:30
	1:30 PM	Weaving Worlds Navajo concepts of kinship and reciprocity with the human and cultural connections to sheep, wool, water and land in the world of contemporary Navajo weavers	1:00
	2:30 PM		0:30
	3:00 PM	Seasoned with Spirit - Ep 4 'Bounty on the River's Edge' - Loretta joins her Yurok friends for a feast of smoked salmon and dried eel along with an amazing sturgeon egg bread.	0:30
	3:30 PM	Wapos Bay - Ep 4 'Something to Remember' - Raven learns the true meaning of the word "appreciate" and T- Bear learns why it's important to remember the past.	0:30
	4:00 PM	Bizou - Ep 11 - Porcupine Come sing & dance with Bizou as she takes you on a picturesque journey into the wonderful world of Porcupines, North America's prickly little climber	0:30
	4:30 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
	5:00 PM	Heritage Girls Basketball Tulalip Heritage 'Lady Hawks' Home Basketball Game played in the Tulalip 'Francy J. Sheldon' Gym. Watch on Tulalip TV (Ch.99) or www.TulalipTV.com	2:00
	7:00 PM	Heritage Boys Basketball Tulalip Heritage Boys 'Hawks' Home Basketball Game played in the Tulalip 'Francy J. Sheldon' Gym. Watch on Tulalip TV (Ch.99) or www.TulalipTV.com	1:30
	8:30 PM	NWIN 51 NorthWest Indian News - Meacham Creek Restoration, 35th Annual Elders' Gathering, American Indian Film Institute, Traditional Cooking with Seaweed	0:30
	9:00 PM	Native American Healing A look at the healing practices of American Indians and how many of those natural	0:30
	9:30 PM	remedies are applicable to today's health-conscious society. Seasoned with Spirit - Ep 4 'Bounty on the River's Edge' - Loretta joins her Yurok friends for a feast of amaked salman and dried and along with an amazing sturgeon and bread	0:30
	10:00 PM	smoked salmon and dried eel along with an amazing sturgeon egg bread. Creative Native - 504 'Cree 'Eye for the White Guy' - A humorous look at the introduction of six white people	0:30
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	11:30 PM	sheep, wool, water and land in the world of contemporary Navajo weavers Jingle Dress Featuring competition straight and slide step, beautiful outfit close-ups, how-to construction, bistory and evolution of the dance	0:30

TULALIP TV Week of - Monday 12/14/15 thru Sunday 12/20/15

This Schedule is subject to change. To see an updated schedule, go to: http://www.tulaliptv.com/tulaliptv-schedule/

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at http://www.tulaliptv.com/tulaliptv-schedule/. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

history and evolution of the dance.

Not getting your syacab?

Contact Rosie Topaum at 360.716.4298 or email rtopaum@tulaliptribes-nsn.gov

Fitness from front page

teach as many people as I can. I preach fitness and basketball since that's what I grew up doing; playing basketball was all I did as a kid then as I got older I got heavily into fitness. I try to integrate the two whenever I can."

Dietreich grew up in the greater Seattle area before moving to Florida to pursue dreams of opening his own fitness center. He has become a renowned personal trainer and basketball skills coach to many high school hoopers, D-1 college athletes, and has even added the likes of Glen 'Big Baby' Davis (an NBA player) to his clientele.

We've all witnessed how the health and fitness movement has grown immensely over the past several years. Currently, there are no shortage of gyms and workout areas in Marysville, and it wasn't too long ago that the Tulalip Teen Center and Tulalip Bay Crossfit opened their doors to our reservation based community.

"Getting Natives to keep their minds and bodies healthy through fitness, exercise, and sports is a big movement right now. We've always had basketball, rez ball you know, but from what I've been seeing there is more of an emphasis on overall fitness and health within tribal communities," explains Dietreich. "Our people are getting inspired from seeing the Nike N7 movement and by seeing famous athletes like WNBA all-star Shoni Schimmel. More Native youth are seeing people who look like them have success on the professional level, especially young girls who look up to Shoni and her sister Jude, they are motivated play basketball."

Preaching and advocating for a healthy lifestyle that includes being active through exercise and sports is nothing new for Native Americans. Natives have always been known for their athletic ability, but in the last couple generations the numbers say that athletic skill isn't being utilized like it once was. Obesity, diabetes, and heavy alcohol/ drug use have been running rampant through our communities, making it harder and harder to find the well-conditioned Native athlete above the age of 30.

Whatever the reason may be, tribal departments and communities nationwide have ramped up their focus on engaging Native youth to stay active through sports and fitness. Get them started when they are young and the hope is they'll continue to maintain that healthy lifestyle and be a role model to others later in their life.

"The movement is definitely growing. Through my travels I've seen more community fitness centers and youth athletic centers being built on reservations," reflects Dietreich. "Now there's a big emphasis to have a gym, to have places for our people to work out and stay fit, and to have departments getting our young ones involved in sports and fitness."

The Tulalip Tribes Youth Services Department has been monumental in creating activities, services, and teaching fitness based curriculum to our youth. Since opening the



Tulalip youth work on their ball handling skills by dribbling two basketballs simultaneously. A drill that not only improves ball handling, but also works out the body's fast-twitch muscles while emphasizing dexterity.



News

Tulalip Teen Center, the Youth Services Department has been steadfast in reaching out and bringing motivational speakers, fitness experts, and Native celebs to engage with our youth.

Shortly after we hosted the Gary Payton Basketball Camp, Youth Services, with the help of DeShawn Joseph, learned of Dietreich and his assortment of fitness skills he uses to motivate and energize Native youth. Within the past year Dietreich has taught fitness and basketball camps on the Jamestown S'Klallam Reservation and within the Navajo Nation. He is also preparing some fitness camps up north for a few First Nations tribes in Canada.

Throughout the 3-Day fitness camp, Tulalip youth had conversations about how to properly workout and take care of their bodies, learned the importance of a good warmup that includes stretching as to avoid injury, and covered tobacco prevention. "Tobacco prevention is an interesting topic to me because it should be a no brainer for all athletes, but still there are so many young athletes who choose to smoke," asserts Dietreich. "If you are going to play sports, then you shouldn't smoke tobacco because it's detrimental to what you're trying to do."

The exercises the kids enjoyed most during the camp were undoubtedly those that called for dribbling or shooting a basketball. They were all able to participate in a multitude of basic and semi-advanced basketball skill building exercises. Each exercise is something Dietreich hopes the kids will continue to make part of their fitness routine.

Following the fitness camp, Dietreich took to Facebook to thank the Tulalip community. "In the spirit of being thankful, I want to thank the Tulalip Tribes for hosting me this week while I put on this youth basketball and fitness clinic. I had a great group of kids! Hope everyone enjoyed it as much as I did."



Passing General Council motions isn't simple



Theresa Sheldon discusses the Semi-Annual meeting

By Niki Cleary

Rather than focus on some of the more routine business discussed during November's regular Board Meeting, Theresa Sheldon sat down with the syacab to discuss the Motions brought forward at Tulalip's Semi-Annual General Council meeting. Some motions, she explained, are ratified quickly; others were held up for a variety of reasons.

"I've served on the Board through four General Council meetings now and there is no consistent practice for ratifying and enacting General Council motions that I have seen," she began. "Generally what happens is the Board ratifies General Council motions at the next Regular Board meeting, then those motions are passed on to staff. Depending on how long it takes to roll a motion into code, it sometimes takes months for the motion to be enacted."

Theresa described a process is sometimes as simple as reviewing existing policies and cleaning them up to make sure that there is no contradictory language, to legal review followed by a formal review and approval by the Bureau of Indian Affairs.

"Saturday we accepted the motions and gave direction on them, but we did not implement all the motions as they were currently written. Part of that is because the way they were written. Some motions need clarification, some potentially violate civil rights and others need realistic financial review before we can put them into action."

Exclusion

The motion excluding sex offenders, for example, removes due process.

"The language says that they are ineligible for exclusion deferral," said Theresa. "This is not consistent with our current exclusion ordinance, therefore we've asked our attorneys to recommend revisions to the language and bring back something that upholds the intent of the motion, but also protects the rights of those affected by it.

"According to the Tulalip sex offenders registry there are at least ten Tulalip citizens who work for Tulalip. It's not legal to fire an employee for being a sex offender if their current job does not have restrictions, however, if you exclude them, you would be effectively taking away their ability to have a job. There is a process for exclusions currently and all sex offenders will be reviewed to see who is not meeting their requirements under the Adam Walsh act and those individuals can be brought forward for exclusion. This is done by the Prosecutor and Chief of Police. One of the potential solutions is to make it a second tier exclusion, where the person may be allowed to go directly to their job and directly home to their residence, but they are not allowed to participate in public events after work hours. Essentially we would exclude sex offenders from participating in community events on our reservation."

Although implementation may take some time, Theresa described the motion as a sign of a social revolution. She applauded the sentiment behind the motion as our community wants to feel safe and want our children to be safe.

"Our community is tired of protecting predators and they want this to stop, they're not willing to keep secrets or make life easy for the person who committed these crimes. Now our people are stepping up and saying it's time to take care of the victims of these crimes. That's huge."

News

Citizenship

A motion to reopen the adoption ordinance was unclear as well.

"From 1966 to 1997 there was an adoption clause on the record, it was ordinance 93," said Theresa. "In order to be adopted in through that ordinance you had meet the following criteria:

- Not less than one quarter Indian blood from a Point Elliott Treaty Tribe;
- Not enrolled in any other tribe;
- Must have maintained a permanent dwelling place within the boundaries of the Tulalip Indian Reservation and have lived therein for 12 consecutive months prior to making an application for adoption; and
- Must be a citizen of the United States of good morale standing.

"The Board of Directors had to unanimously approve your application before it came in front of the General Council where your adoption was voted on by the general membership," continued Theresa.

In 1996 the General Council put a moratorium on all adoption; they said 'No application for adoption shall be acted on by the Board of Directors or the General Council unless the application was completed before May of 1996."

The wording of the motion that closed adoption makes it difficult to simply lift the moratorium on adoption, as the current general council motion was worded. Also, Theresa pointed out, there seems to be some confusion that being adopted in lifted the residency requirement, if the old adoption ordinance was re-enacted, applicants would still be subject to a residency requirement.

"Our constitution does give the Board of Directors the ability to create a new adoption code," Theresa explained. "As it stands, our Enrollment Department is taking the names and phone numbers of people who are interested in any changes to the enrollment process. We have over 100 names on that list.

"This will not be a speedy process," she continued, "nor will it be done behind closed doors. For any new citizenship laws to be passed we have to be very transparent, our membership needs to be included in the process and needs to support it." It was stated we have to amend the Tulalip Tribes Constitution and include an adoption provision before any adoptions will be able to occur. Since we are no longer under an ordinance, we cannot go back to Ordinance 93, we have to amend the constitution to make this happen.

Retroactive law

A General Council motion to retroactively enact a change to the Tribal Government employee handbook also stalled.

"I, as one Board of Director, did not support the current employee handbook when it came forward without the employees' ability to hire their own attorney," declared Theresa. "As a Tulalip citizen, in 2013, I brought forward a motion at general council to pay for attorney fees when an employee won their employment case. I voted for it again when Ray Sheldon brought forward the motion last year at general council. It was not until October 2015 that this provision was included in the current employee handbook.

"Today, all Tribal government employees have the right to have an attorney represent them in employment court and they have the ability to be reimbursed of attorney's fees if they win and the judge awards the fees."

She agrees with the goal of the original motion, however, Theresa voted against making it retroactive.

"This motion is asking us to go back two years and have the court re-hear employment cases. It doesn't matter what the merits of your case were or whether you lost, it's like double jeopardy for the Tribe. I have a lot of personal investment in this motion. I fully support the intent, ensuring cases are heard in court, allowing attorneys and awarding fees when appropriate; however as a Board member I have to look at whether it's appropriate to apply law retroactively."

Unlimited funding

The motion to fully fund

private school for Tulalip children weighed heavily on Theresa.

"I believe our children are our best investment," she said simply. "The better education they have, the better our tribe will be. The more we invest in our children, the more our tribe will benefit. I voted for this based on that principal. I also understand the financial impacts that this motion could have."

"Every year we are tasked with passing a budget. This motion asks the board to pay all private schools funding with no ceiling. It's not possible for the board to budget responsibly with that requirement."

Currently Tulalip pays tuition assistance for 50 k-12 students who attend private school, Theresa shared. Each of those students receives \$5,000 each year to help pay their tuition. Paying 100 percent tuition for just the existing students would raise the budget to \$408,000 a year, which is not a huge budget issue but Tulalip currently has 1340 students who could qualify for private school funding.

"The potential cost for the Tribe could be over \$13 million that would be going to private institutions or the tribe could put major focus into building our own k-5 private school/academy with the annual \$13 million," said Theresa. "This did not pass at the Saturday board meeting, but what came out of it was a request for a reasonable increase to private school tuition funding.

"The Services Committee will be back at our December Board meeting with a recommendation for an appropriate increase. We want to get notification to parents right away that this motion will not pass at 100 percent, but there will likely be an increase. We want people to be able to budget appropriately for their children's education.

"Even though this did not pass, we as adults can find ways to assist our youth to better their education," Theresa continued. "If you have one hour a week to volunteer in a classroom, please do. Even if you are the auntie, uncle, grandparent or family friend, please consider volunteering and participate in the classrooms, this benefits all of our children. We also, need more Tulalip citizens to go to school and get certificates to be teachers and work in the schools. Please consider getting involved and if you are already involved in the school, thank you!"

Audits, ethics and advisement

Theresa briefly chatted about the remaining motions, which included several motions that illustrate a lack of trust from the citizenry.

"The motion for a forensic audit was tabled until the regular Annual General Council meeting. We'll be bringing back independent cost analysis, including bids, for the 2016 meeting," Theresa said. She continued on describing the discussion about an Office of Ethics.

"In order to create an office of ethics, Legal is looking into different tribes Offices of Ethics, what that would look like, and who the staff would they report to. We need to hammer out the logistics of the office and vet the operations."

The clarification of 'imminent danger' is also under review by the Office of the Reservation Attorney to ensure that it is an appropriate legal definition. The Board, Theresa said, is currently accepting letters of interest to serve on a beda?chelh committee.

"If you would like to serve, we'll be appointing a five person committee," she explained. "You can send in your letter of interest to Santana Sheldon (ssheldon@ tulaliptribes-nsn.gov)."

As for the vote of no confidence, Theresa said, "There's no action being taken on it. As a reminder we do not hire and fire from the General Council floor. It's an opinion vote and we have taken it under advisement. I have had to fire an employee under a vote of no confidence from the General Council and it's a very unprofessional way to treat employees. They do not get a right to appeal to employment court, they do not get a right to have an attorney represent them, and they do not have a right to be heard."

She was happy to report that action has already occurred on the motion to fund the Tulalip Bay

News

Marina and Housing Department.

"The Marina is currently funded and underway. We have allocated both grant and hard dollars

to address our citizens' housing needs. Both are reflected in the 2016 tribal government budget. If you'd like to see a copy, please make an appointment with our finance CFO."

Theresa expressed some confusion about the motion ensuring the right to video record police actions.

"Is this a bystander law?" she questioned. "Currently, as a bystander, you already have the right to video record an officer. If you are being arrested, at what point does it become an issue? You may rightly be asked to put your phone down, because you're being arrested. We've had some discussion about how this would be applied with a bystander witnessing the arrest versus someone being arrested and not following an officer's orders. Legal will be bringing forward language to implement so people feel safe to video record officers on the reservation. In 2016, it is in the Police Department budget to equip all our officers with body cameras themselves."

In closing, Theresa talked about how to make General Council meetings work better.

"How do we make General Council more efficient and effective for everyone? There has been discussion asking whether we should bring motions forward at Semi-Annual for discussion and then do the research and bring them back for an actual vote at Annual General Council. Also, Robert Rules of Order training will be offered to the community on December 8-9, 2015 at the Administration Building. Please consider attending.

"It would be very beneficial to have community listening sessions to make General Council more useful for everyone's time. Whether it's structuring the agenda better, allotting time better, maybe just sharing better practices for running large meetings as a collective, I'm sure that together

we can make positive changes to ensure we have a respectful and effective general council meeting together."

Debra Barto Memorial Skate Park soft opening December 19

6700 Totem Beach Road

Barto Skate park

Speakers and ribbon cutting at 11:00 am
Meal at Greg Williams Court following ribbon cutting

Memoria

Grand Opening will take place in Spring Debra

Tulalip text information line for closures and emergencies

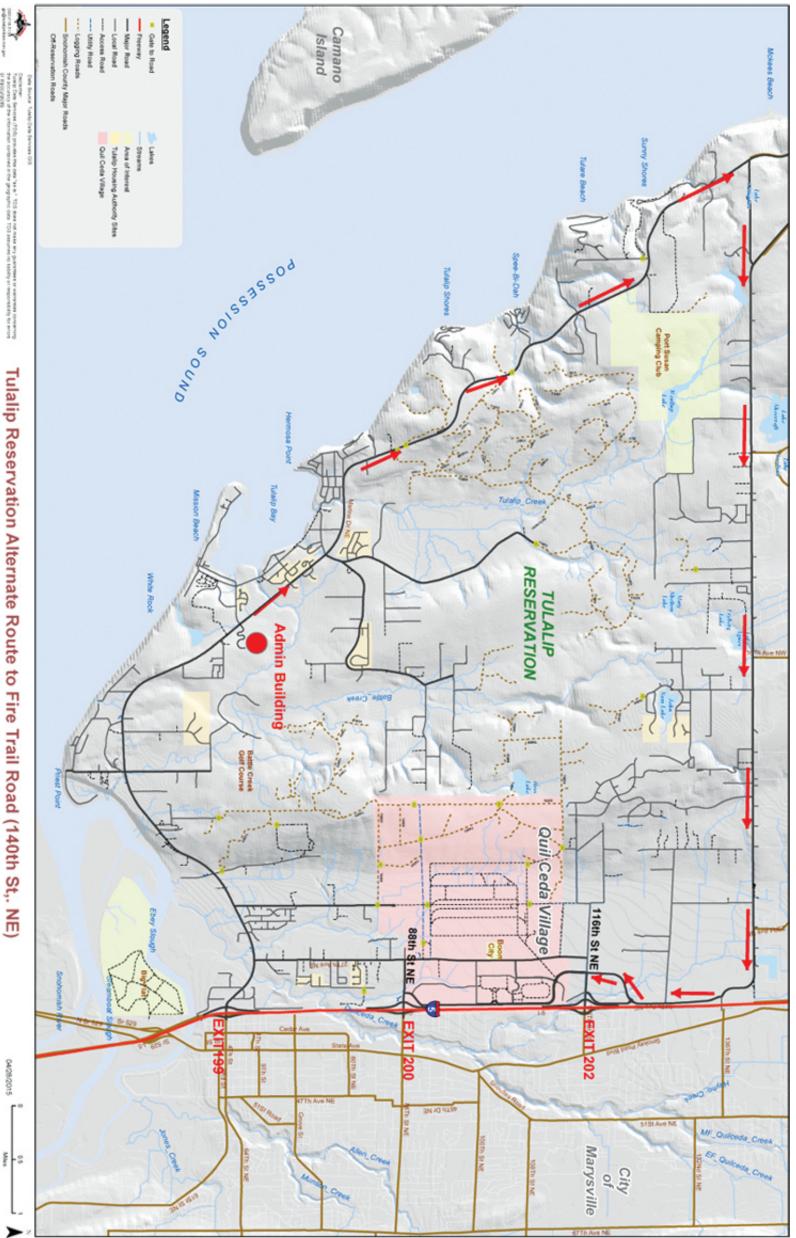
Tulalip now has an emergency Text line to get the most important information without having Internet, tribal email or when the tribal phone line cannot be updated.

How does it work?

- 1. Text STORM to 30644
- Opt in to Emergency Group by following prompts

We will not share your cell phone number with anyone, this service is for everyone! You will get some automated responses for **Tribal Government** Closures, Road Closures or other relevant information. You can also text questions back and we will do our best to reply with timely responses.

Please take the time to text STORM right now to 30644 so that you have it saved in your phone. Do it today and save yourself panic in the future.



bxm.f1X11_8105-05-66_amiav02x1ex402_qiisluTistee102\eas68qiisluTi09AMfileesurfa15ebe_aigi1 :r#e9

Sports

Tulalip student athletes at Archbishop Murphy

By Micheal Rios, photos Judy Gobin

There are four Tulalip tribal members who enjoyed a notable winning streak this fall as members of the Archbishop Murphy High School football team, known as the Wildcats. High school junior Jesus Echevarria, senior Darion Joseph, and sophomore Martin Napeahi Jr. are student-athletes who play for the Wildcats, while Martin Napeahi Sr. mans the sidelines as an assistant coach.

Archbishop Murphy, a Catholic college preparatory school located in Everett, went undefeated in their regular season and came into the Washington State 2A semifinal game, played on Saturday, November 28, a perfect (12-0). Needing just one more win to make it to the state championship game, the Wildcats would take on the topranked Tumwater Thunderbirds, who were also undefeated on the season.

The Wildcats were primed to take home the victory after managing to hold off the Thunderbirds for the majority of the game. With less than two minutes remaining in the game, the Wildcats held a 21-17 lead and only needed to run out the clock to secure the W. Unfortunately, Tumwater refused to concede the game and forced a game changing fumble, which ultimately led to a Thunderbird touchdown and a stunning victory. The late game turn of events was undoubtedly shocking for the once undefeated Wildcats, but with a talented team of young players, the Archbishop Murphy football program will look to build on this season's success and return for another title run next season.







Women's Healing Circle Relapse Prevention Group

Women's Healing Circle Relapse Prevention Group is for women seeking learning experiences and support which draws on Tribal values, world view and perspectives. This group will explore identity, culture, and traditional ways as strengths for recovery and relapse prevention. Women's Healing Circle Relapse Prevention Group supports empowering women through group discussions, creative exercises and expressive experiential learning.

Tuesday/Thursday 10:00 am - 12 noon Juanita Ann Jones-Morales Building Room B Group Leaders - Sarah Sense-Wilson



Tulalip Family Services Behavioral Wellness (360) **716-4400**

Please contact your primary counselor if you are interested in joining our new treatment group

Education

Tulalip Tribes Problem Gambling Program

Submitted by Sarah Sense-Wilson

Tulalip Tribes Family Services is excited to announce we are now offering evening class for Problem Gambling treatment. Our Evening class will be facilitated by Steve Gardner CDP, WSGCC-I. The class will be held on Thursdays starting on January 7th 2016 at 4:00-7:00 p.m. This intensive psychoeducational group will focus on basic knowledge of Gambling addiction, and learning coping strategies for relapse prevention, developing financial and management skills. To enroll in the class you would need to contact Tulalip Tribes Family Services at 360-716-4304. Our services are free and we are state certified, trained, experience, licensed counselors.

Our Problem Gambling mission statement 'Our goal at Family Services Problem

Want to be a...

Officer?

Police

Gambling Program is to assist individuals, and family members through the recovery process; guiding them to resume their life with a renewed sense of balance, health, responsibility and purpose'.

In addition, Tulalip Tribes Family Services P.G. program provides a variety of counseling including; services Family Counseling, Couples counseling, Consultation, Monthly Family Night, Referrals, Education/ Outreach, Assessments and Women's Healing Circle Relapse Prevention Group. Our services are culturally based, culturally responsive and client centered.

Contact us if you would like more information or if you are interested in a presentation for your department or group. 360-716-4304 or Washington State Helpline at 1-800-547-6133



Field Training Program • Service Calls Education requirements Nitty-Gritty of the job

 What it takes to be a Police Officer Hiring process • Police Academy • Equipment

Snacks provided

DATE: TUESDAY, 1/15 5—7 pm TIME: LOCATION: Rm 263, Admin. Bldg.



TULALIP

DATE: Thursday, 1/28 5 PM - 7 PM TIME: LOCATION: RM 263, Admin. Bldg.

> * RSVP: 360-716-4888, Higher ED or highered@tulaliptribes-nsn.gov

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Community



Drums for Sale

Pow Wow drum is 30" ×12", made with Buffalo hide and red cedar. It has a red cedar stand and braided hemp handles. It's beautiful, has an energy to it and sounds deep and crisp. Asking \$750.00







Hand drums are 15". Made of elk hide, asking \$240.00 each. They also sound beautiful!

Contact Karr, 206.579.9280



Notices

Tulalip Tribal Court Notices

SUMMONS BY PUBLICATION TUL-CV-CS-2014-0156. Tulalip Tribal Court, Tulalip WA. TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs DEMITRI ALLEN JONES-ROBINSON regarding a Summons and Petition to Establish Child Support with request for Payroll Deduction and/or Per Capita Attachment. TO: DEMITRI ALLEN JONES-ROBINSON: YOU ARE HEREBY NOTIFIED that on May 9, 2014, a Petition for the Establishment of a Child Support Order was filed in the above-entitled Court pursuant to Title IV of TTO 2.10, TTC 4.10. In addition, an amended Petition was filed on October 30, 2015. This notice will be published for six (6) consecutive weeks. After six (6) weeks, and no response, TCSP will move forward with a hearing. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on January 12, 2016 at 10:30 pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: November 11, 2015.

TUL-CV-YI-2015-0481 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of J.A.S. TO: Joshua Sheets.: YOU ARE HEREBY NOTIFIED that a Petition for Youth in Need of Care was filed in the above-entitled Court pursuant TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled actions at a hearing on December 23, 2015 at 9:00 am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: November 11, 2015.

TUL-CV-AH-2015-0506 Tulalip Tribal Court of Washington Reissuance of Temporary Order for Protection and Notice of Hearing. Alicia Pacheco, Petitioner, to: Cyrus Hatch Jr. III, Respondent. The Temporary Order for Protection issued on 10/29/2015 and 11/16/2015 is hereby extended through the new court hearing date on this matter on 02/01/2016 at 9:00 a.m. at Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271.



TUL-CV-YG-2015-0371, 0381, 0382 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of J.M-N, A.M., M.M. To: Angel Northwind and Avel Medina Jr.: YOU ARE HEREBY NOTIFIED that a Petition for Guardianship was filed in the above-entitled Court pursuant TTC 4.05. You are hereby summoned to appear and defend regarding the above-entitled actions at a hearing on January 7, 2015 at 3:00 p.m. in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: November 11, 2015.

TUL-CV-YG-2015-0396. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip, WA. In re A.M.T. TO: Raelyn Townsend and Dylan James Wilson: YOU ARE HEREBY NOTIFIED that on September 18, 2015 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding A.M.T. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on January 27, 2016 at 2:00 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: November 25, 2015.

TUL-CV-YI-2015-0509 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of M.A.P. TO: Tiffany Aschenbrenner and Augustine Palmer.: YOU ARE HEREBY NOTIFIED that a Petition for Youth in Need of Care was filed in the above-entitled Court pursuant TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled actions at a hearing on January 28, 2015 at 9:00 am in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 9, 2015.

PARENTING: The Love and Logic Way

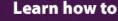
Presented by Kay Feather, Independent Facilitator A six module parenting program designed by the Love and Logic Institute[®].

THIS PARENTING PROGRAM

PRACTICAL SKILLS THAT CAN BE USED IMMEDIATELY!

IS DESIGNED TO GIVE YOU

Begins January 28th, 2016 9am to 11am, Thursdays for 6 weeks



- Avoid un-winnable power-struggles and arguments
- Stay calm when your kids do incredibly upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help your kids learn from mistakes rather than repeating them
- Raise kids who are family members rather than dictators
- And much more!!

Class size is limited, registration is required. Open to those who are Tulalip Tribal members, their spouses, other natives.

Please contact Kay Feather at 360-716-4311 for information and to register.

Facilitators of the Love and Logic Parent[®] curriculum are not employees of the Love and Logic In<u>stitute</u> A look back at Christmas wishes from 10 years ago (December 14, 2005 issue). What could be better than watching cartoons in your own house with a beautiful spouse and no outstanding bills?!

What do you really want for Christmas?



"I want my own house."

Carlotta Davis Tribal Member



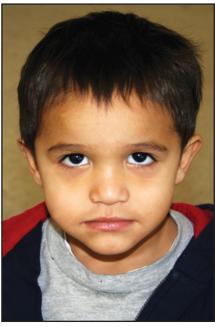
"To have all my bills caught up for the new year."

Teesha Osias Tribal Member



"A beautiful Tulalip wife."

Nasim Zahir Tribal Member



"I want cartoons!"

Lawrence Thompson Tribal Member

