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(Tulalip See-Yaht-Sub)

Volume 40 No. 11

Saturday March 23, 2019



RAEQUN BATTLE NAMED YOUTH OF THE YEAR

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Tulalip and Stanford partnership strives to cure opioid-based addiction



Tulalip Tribes Vice-Chairwoman, Teri Gobin, speaks on the benefits of using cannabis for healing opioid addictions.

By Micheal Rios

Native Americans are hit hardest by opioid addiction. The Center for Disease Control (CDC) reports that Native Americans have the highest drug overdose death rates and the largest

percentage increase in the number of deaths over time from 1999-2015, compared to all other racial and ethnic groups. Indian Country is all too familiar with the opioid epidemic.

See **Cannabis**, Page 3

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360.716.4298 or email
rtopaum@tulaliptribes-nsn.gov

Tulalip Tribes Vision

We gathered at Tulalip are one people.
We govern ourselves.
We will arrive at a time when each and every person has become most capable.
Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

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In memoriam: Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

TULALIP TV - Ch. 3 / 103 / 503(HD) Week of - Monday 3/25/19 thru Sunday 3/31/19

Time	Show	Duration
12:00 AM	Tulalip Spotlight Profiles of Tulalip citizens who are making a difference in our community. Tulalip athletes, artists, business people, and other influencers..	0:30
12:30 AM	Tulalip Community Timely and informative topics including high school sports, tribal events, Native American culture, and more.	0:30
1:00 AM	NWIN Northwest Indigenous News - Inspiring and educational stories about Native American Tribes from around the Northwest and across the nation.	0:30
1:30 AM	Harriette Shelton Dover - Her Life and Legacy A biographical video of Harriette Shelton Dover (1904-1991), respected elder of the Tulalip Tribes, narrated by Tessa Campbell, Hibulb Cultural Center	1:00
2:30 AM	Message of Hope The Karen Fryberg Health Clinic presents this Indian Health Services program about preventing diabetes in ourselves, our families and our communities.	0:30
3:00 AM	Native Report - 1302 We travel to the Bois Forte Reservation to learn about a unique collaborative Tribal/State Relations training program.	0:30
3:30 AM	Our Fires Still Burn Dispels the myth that First Nations have disappeared from the horizon, and reveals how they continue to persist, heal from the past.	1:00
4:30 AM	Growing Native-Oklahoma: Red People Oklahoma is home to 39 federally recognized tribes. Nowhere in North America will you find such diversity among Native Peoples and tragic history.	1:00
5:30 AM	Raising Hands Special program to highlight the charitable activities that Tulalip has done over the year of 2018 An opportunity to honor the many organizations.	0:30
6:00 AM	How To Bead - Loom Learn how with this beginning project, a colorful beadwork strip, perfect for a friendship bracelet or headband. Learn how to create your own designs.	0:30
6:30 AM	Our Fires Still Burn Dispels the myth that First Nations have disappeared from the horizon, and reveals how they continue to persist, heal from the past.	1:00
7:30 AM	Chance for Change A half-hour drama depicting a young native man caught between the fast-paced world of the city streets, and his culture and family.	0:30
8:00 AM	Tulalip Spotlight Profiles of Tulalip citizens who are making a difference in our community. Tulalip athletes, artists, business people, and other influencers..	0:30
8:30 AM	Tulalip Community Timely and informative topics including high school sports, tribal events, Native American culture, and more.	0:30
9:00 AM	NWIN Northwest Indigenous News - Inspiring and educational stories about Native American Tribes from around the Northwest and across the nation.	0:30
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This Schedule is subject to change. To see an updated schedule, go to:
<http://www.tulalip.tv/com/tulalip.tv-schedule/>

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv/com/tulalip.tv-schedule/>. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Cannabis from front page

"We think the cannabis plant has miraculous properties about it, such as healing the body and potentially curing type 2 diabetes, Alzheimer's, and specific forms of cancer. First and foremost, we think cannabis can cure heroin addiction and all forms of opioid-based addiction."
- Les Parks

Opioid epidemic, seems like a trendy phrase that's received national recognition recently. But on reservations across the country, Native families have been dealing with the pain, trauma, and loss associated with opioid use, from drugs like heroin and OxyContin, for a couple generations now.

With an aim to successfully combat a crisis that's run rampant through the community for years, the Tulalip Tribes partnered with the brightest minds at Stanford University's School of Medicine to create a one-of-a-kind medical cannabis research project. The goal: curing opioid-based addiction.

An eagerly awaited community meeting took place on

March 11 led by tribal leadership and Stanford scientists to share the leading edge study's early indicators.

"This meeting has been a long time coming," stated Board of Director Les Parks. "We've been working on this medical cannabis research project since 2014, and this is the first time membership will be briefed with its details and results to date. Stanford is one of the most renowned universities in the country, if not the world, and happens to have a one-of-a-kind laboratory dedicated to the neurosciences. Through Stanford's expertise and reputation, our partnership will scientifically prove cannabis can cure addiction.

"Nobody in this country has yet to scientifically prove

that cannabis is an actual healer," continued Les. "In partnering with Stanford University, our goal is to be the first to produce those scientific results. We think the cannabis plant has miraculous properties about it, such as healing the body and potentially curing type 2 diabetes, Alzheimer's, and specific forms of cancer. First and foremost, we think cannabis can cure heroin addiction and all forms of opioid-based addiction."

A painful, yet illuminating, moment was shared by all eighty community members who attended when Les asked the crowd, "Raise your hand if you have not been personally affected by the opioid crisis? If you have not had it affect

your family or loved ones?" Not a single hand went up.

"Here in Tulalip, we're losing 7 to 8 people a year to overdose," shared Tulalip Tribes Vice-Chairwoman Teri Gobin. "This study and the implications for creating addiction therapies and remedies would be not only a game changer, but a life saver for our community."

People have used marijuana, also called cannabis, for a variety of health conditions for at least 3,000 years. More recently, individual components of marijuana or similar synthetic substances have also been used for health purposes. These substances are called cannabinoids.

Balancing traditional values with the realities of the 21st century

Continued on next page



“Through Stanford’s expertise and reputation, our partnership will scientifically prove cannabis can cure addiction”, said Les Parks, Tulalip Tribes Board of Director.

means embracing a changing culture that views marijuana and cannabinoids as natural medicines, especially when compared to prescription pharmaceuticals. Pharmaceuticals with countless side-effects and man-made chemicals that receive FDA approval, only to come out later those same chemicals cause a litany of damaging health concerns with sometimes fatal consequences.

The changing tide in not only popular opinion, but science-based evidence as well with regards to medicinal properties of cannabis is rapidly gaining momentum. Since 2014, when retail marijuana became legal in Washington State, consumers have spent \$2.95 billion on various forms of cannabis, according to the state Liquor and Cannabis Control Board.

Remedy, the Tulalip-owned retail cannabis store and one of the first legalized marijuana dispensaries in Indian Country, opened its doors in August 2018. Tulalip was originally seen as embracing cannabis for business purposes only, but now with the Stanford partnership and the study’s implications for saving lives that narrative is changing.

“The intellectual property, any and all results found in this study, whether it be related to diabetes, Alzheimer’s or whatever it may be, will be owned by Tulalip,” added Vice-Chairwoman Gobin. “The medical applications of cannabis are really exciting because not too long ago we declared a state of emergency for opioid addiction and if this research project can save just one life then it’s worth it.”

Dr. Annelise Barron, Stanford Associate Professor and bioengineer, was on hand to share early results of the

study and to answer any questions concerned community members may have had.

“It’s important for people to know this research we’re doing with whole cannabis oil, meaning it came from the whole plant, the leaves and the flowers, and its effect on addiction has never been studied before,” explained Dr. Barron. “This is the first time a study of this kind has been done, and it’s only possible because Tulalip invested in our ability to do the research.

“We’ve undertaken a research project to study the ability of cannabis oil extract to treat heroin addiction. In order to scientifically address this question we are conducting controlled studies at Stanford Behavioral and Functional Neuroscience Laboratory. We’ve essentially done large-scale experiments

that demonstrate cannabis oil suppresses the craving and desire to continue using heroin. This means, I think with high certainty, we would see the same effect on people if we treated them with cannabis oil after they stopped using heroin.”

Striving to cure opioid-based addiction, the Tulalip and Stanford partnership has a lot of work ahead of them including the peer review process and submission to medical journals. Yet, only ten months into a thirty month study, the early indications are most promising. Reiterating an earlier sentiment, if lives can be saved then it’s all worth it.



MINOR TRUST ACCOUNT

YOUNG ADULTS AFTER COMPLETING HIGH SCHOOL OR GETTING THEIR GED WILL GET 25% FROM THE TRUST FUND FOR 4 YEARS. IF YOU DO NOT RECEIVE YOUR HIGH SCHOOL DIPLOMA OR GED BY AGE 22, YOU CAN START GETTING YOUR 25% EACH YEAR.

Financial Class to Get Your Cash for Young Adults

REMINDER:

This is a MANDATORY class for EVERYONE prior to their first distribution of trust funds, regardless of age or if you have a high school diploma or GED.

Friday, March 29th, 2019

From 2:00PM – 4:00PM
Administration Building, Room 264

OR

*****New Distant Learning*****

We are up and running, if you would like to do the distant learning instead or if you live out of the area. You will need a computer or smartphone. If you need access to a computer we have labs available. The online portion takes 2–3 hours. If you took a Jr. Achievement class or another type of financial advisory class in high school, we will accept that in lieu of the class stated above. You will need to have verification of the class for further questions and prior approval on this, please contact Rosie Topaum.

To sign up for one of the sessions above, please call the enrollment office at 360-716-4300
Email: enrollment@tulaliptribes-nsn.gov or rtopaum@tulaliptribes-nsn.gov





Moms Group is working to empower all mothers

By Kalvin Valdillez

Every Tuesday, Tulalip Family Haven hosts a two-hour gathering for expectant, new and experienced moms, as well as grandmothers and aunts who are currently caring for their younger loved ones. Known as Moms Group, the class was created over ten years ago in an effort to build community and empower local women of all ages who are raising children. The program is currently hosted at the old Tulalip elementary and has continued year-round since originally debuting, delivering a positive and powerful experience for its participants throughout the years.

“We are a support group that allows mothers and women raising kids the opportunity to come together,” says Sasha Smith, Family Voices Coordinator and Moms Group moderator. “We wish to provide a sense of belonging, a sense that there’s other women in our community to support each other. This is a place where we can come and just talk about motherhood and ask questions that are hard to ask your doctor or anybody in your family. They’re able to open up and just have a healthy discussion about

childbirth, raising your children and adolescents. It gets the moms out of the house and gives them something to look forward to every week.”

The group enjoys a home cooked meal prepared by Sasha at the beginning of each gathering while catching up with one another. The moms then participate in daily activities such as crafting, working on their baby books or simply taking in wisdom from a variety of guest speakers.

“Lushootseed comes in and teaches the language during the first week of the month,” Sasha stated. “We have nutritionists, Annie Jensen and Brooke Morrison (SNAP-ED), who teach about healthy foods, how to prep and cook food. They guide us through some exercises and talk about the importance of being active. We also do a lot of arts and crafts and just enjoy spending time together.”

Sasha explained that the group members participate in an incentive program in which they create baby books. Moms take the time to recount the events that happened during the week and mark down whenever they performed a positive task, whether it was in the best interest of their family, such as taking their child to

their doctor’s appointments, or if they set aside some time to recalibrate, focusing on self-care with a relaxing bath or a refreshing walk outdoors. Their points are then tallied and converted into a credit in which the moms can spend at the Moms Group store, purchasing essential items such as diapers, clothing and car seats.

Moms group, by extension of Family Haven, is currently in a partnership with Tulalip Community Health and WIC (Women, Infants and Children supplemental program) to help young mothers learn and sign-up for the WIC program, providing rides to those moms in need of transportation to the monthly WIC event in Tulalip. And as an added bonus, those who attend three WIC events receive a gift card incentive.

Kids are welcome to tag along with their moms to the group. One mom notes that it’s an excellent way for her children to interact, meet and have fun with other youth of the community. On special occasions, participants bring in their newborns to meet the ladies of the group whose voices they heard during their mother’s pregnancy while she attended Moms Group.

Family Haven would like

to send a shout out to the Tulalip Charitable Fund who continues to support Moms Group by funding a program where moms can learn from each other’s experiences and lend advice, as well as few tips and tricks to other mothers who are bringing up the future generations.

“I came because I wanted to get connected with other moms,” expresses young mother Alayna Helland. “This is my first child. I don’t know anything about being a mom, so I wanted to learn some basic things and get some advice from other moms. A lot of my questions have been about labor and anticipating that - like what to expect during the actual birthing process. I enjoy learning about other resources like WIC and we do a clothes trade here [at Moms Group] as well. The main thing though is support, you get to talk to other moms and get that support and feedback. It’s nice to have a place where you can go and the people are kind and in the same situation as you are.”

For more information about Moms Group or the monthly WIC event, please contact Family Haven at (360) 716-4402.

beda?chelh extends support and resources to local families

By *Kalvin Valdillez*

Parenting is an on-going learning experience. In your relationship with your child there are many dynamics that are constantly changing as you each grow. And although your kids provide you with a lifetime of cherished memories, there are also trying times and intense moments where kids will naturally rebel and forgo your instruction and advice. In extreme matters, parents may feel like they are losing control and as misbehavior continues, they may feel fed up and not know where to turn for help.

Did you know that there are a handful of Children's Administration evidence-based programs available to parents and caretakers of the community by referral through beda?chelh? By requesting assistance from a beda?chelh social worker, Tulalip families can participate in programs that address their specific needs and are geared toward improving and restoring family relationships. There are seven programs in total that range in public classroom-style settings to private in-home sessions; and each program specializes in certain age groups, varying from birth to eighteen.

Tulalip tribal member and Child Advocacy Center (CAC) Manager Jade Carela is currently working on attaining her master's degree. In doing so, Jade has taken up a 12-hour a week internship with beda?chelh, on top of her very busy schedule. She explained that as a part of her training, she wants to educate the community about these resources and inform local parents about how beda?chelh can assist their family without removing the child from the home.

"You can call beda?chelh and talk to a social worker like, hey I'm having these issues,

what programs can I benefit from?," she explains. "beda?chelh would have to make a referral for the family to these services. If you have an open case or a referral comes in about you, and beda?chelh goes out to talk to you, then they can refer you to these services without opening a dependency on your child. The CPS workers would set-up a safety plan with you so they can keep in contact to make sure that program's working for you.

"Another way is parents can actually call the CPS intake line, which is 1(866) END-HARM, and request services for their family. The state will then open a family volunteer service case (FVS), but it's just to monitor and assist the family while they're choosing which program would be best for them to utilize."

For years, beda?chelh social workers have dedicated their careers to ensuring Tulalip children are safe, first and foremost, and continue living within their families and community, which allows the kids to engage in their culture and learn about their heritage if removed from their homes. The tribal-based child protective services program has seen a number of reunifications over the years, guiding parents in the right direction who are actively pursuing custody of their children. beda?chelh is involved with both the child and parent from the moment a concern is reported, throughout the placement process as well as post-reunification. When a parent reaches out to beda?chelh for additional support, the social workers will not only refer them to the appropriate program, they will also attend all of the sessions to observe and help moderate.

After a family is reunified, they may experience difficulties getting reacclimated and conflict may arise. At this point in time, a social worker can discuss the issues happening in the home with the family and refer them to one of the evidence-based programs.

A brief summary of each of the seven programs are listed as follows; Positive Parenting Program (Triple P) an in-home 10 to 14-week program for children ages 2 to 16 years old that focuses on increasing safety, improving the parent's ability to deal with the child's behavior in different situations and decrease emotional and developmental problems in the child's behavior; Project Safe Care, for ages birth to 5, is an in-home

service for 18 to 22 weekly visits. The program aims to increase home safety and child supervision, improve parent and child relationships and learn the appropriate use of regular and emergency care;

The Incredible Years (IY) which offers three classes - baby class (birth to 8 months), toddler class (9 months to 2 years old) and preschool class (2 to 8 years old). Expected outcomes from IY include the child understanding their feelings, improving problem solving and coping skills and also decreasing the amount hitting and yelling at home or at school; Parent-Child Interactive Therapy (PCIT) is intended for ages 2 to 7 where therapists will place an earpiece in the parent's ear and coach them through an interaction with their child behind a one-way mirror;

Family Functional Therapy (FFT) is for the older kids between 11 and 18 and is in-home for 10 to 15 weekly sessions. This program discusses appropriate discipline, increasing communication between the family, reducing teen substance abuse and stabilizing youth's behavior and academics at school; Promoting First Relationships (PFR) is a 10 to 14-week program that is in-home where therapists teach new parenting skills through live coaching; and Intensive Family Preservation Services (Homebuilders) specializes in birth to 18. This 4 to 6-week intensive intervention program requires face-to-face family time and is focused on connecting families with natural support within their community while also teaching crisis intervention, life skills and cognitive-behavioral therapy.

"I just don't think the community knows that these different services can be offered to people and families," says Jade. "I think that it's so important to let the community know that beda?chelh is not just here as social workers, but they can actually refer you out to these different services that you can utilize through different parts of your life with your family. Or if you're a parent who has a troubled teen, it's not that you want CPS or beda?chelh to come get your kid, but you need some help, some structure, some skills and they can refer you to a program that can come into your home and work with you and your kiddo."

For additional details, please contact beda?chelh at (360) 716-3284.

**bəda?chəlh is
accepting donations**

Please contact Roberta Hillaire

360.716.4068

We are collecting:



Diapers



Infant Clothing/PJ's



Suitcases/Duffle Bags



Hygiene Products



Toys



Blankets

RaeQuan named Youth of the Year

By Micheal Rios

RaeQuan Battle's inspirational journey from rez ball rookie to Marysville Pilchuck legend to University of Washington commit continues to demonstrate a seemingly limitless potential on the basketball court. Even with a bright future ahead of him and dreams of making the NBA, the 6-foot-5 human highlight reel has never forgotten his roots. Those roots keep him grounded with a rare humility and silent strength that don't go unnoticed by adults and youth alike.

That is just one of the many reasons RaeQuan was named by the Tulalip Boys & Girls Club as Youth of the Year. The 18-year-old high school senior was honored with a custom plaque and given some fancy gadgetry, a 2-in-1 Notebook/Tablet, in front of a crowd of his adoring young fans on March 12.

For years, the Youth of the Year program has honored and celebrated the Club's most inspiring teens and their incredible journeys. Stories of outstanding leadership, service, academic excellence and dedication to living a healthy lifestyle have made Youth of the Year a premier leadership and recognition program for teens. These amazing young people represent the voice and spirit of hope for children everywhere, inspiring kids to lead, to succeed, and to inspire.

"RaeQuan has been coming to our Boys & Girls Club since he was 5-years-old," said Club Director Mark Hatch. "We see his greatness with basketball, but more importantly we see how he's become a true inspiration for our young ones who look up to him as an example of what's possible through hard work and dedication."



"I want all the kids to know they can turn out just like me or be even better. All they have to do is take advantage of their opportunities."

- RaeQuan Battle

"He was chosen for his volunteering and mentoring with the youth, and for his community service, sportsmanship and demeanor," added Office Manager Diane Prouty.

Each year, one exceptional Club member is selected to be Youth of the Year, serving as an ambassador for Boys & Girls Club youth. Over the years, these individuals have exemplified the Boys & Girls Club mission and are proof to the impact Clubs make in creating life changing opportunities that transform the lives of countless Club kids.

"The first time I ever played basketball was here. I fell in love with basketball right here," reflected RaeQuan as he stood in the Club's gym with a horde of basketball fledglings around him, each eager to witness one of his gravity defying dunks. "I want all the kids to know they can turn out just like me or be even better. All they have to do is take advantage of their opportunities."

Following the ceremony, RaeQuan's mother Jacquie Williams shared, "Having the Tulalip Boys & Girls Club for my kids to attend and grow up at has been a true blessing. RaeQuan wouldn't be who he is today if not for all the experiences and lessons learned by being a Club kid."

NATIVE AMERICAN STUDENT ART FESTIVAL

Don Hatch Youth Center

Thursday, April 18th, 2019

5PM Dinner **6PM** Festival & Awards

ELIGIBILITY

All Tulalip natives in any school district and other natives in the Marysville School District.

Kindergarten–12th Grade

DEADLINE

Artwork must be labeled and submitted by **April 12**. Late entries will NOT be accepted!

SUBMIT TO

Don Hatch Youth Center
(Education Office) or your
school liaison/advocate.

CATEGORIES

- Drawing
- Painting
- Writing
- Culture
- Sculpture
- Mixed Media
- Digital Art / New Media
- Pure Heart ♥

♥ For Native students with disabilities

GUIDELINES

- Students can enter one item per category (*must specify*)
- Artist name, grade, school and category must be on the back side of art
- Artwork must be original piece created by only the student submitting
- Art cannot be previously used in the Art Festival
- The artwork cannot have explicit or inappropriate content
- The student or guardian is responsible to submit artwork by the deadline



For more information, contact your liaison/advocate
or Jessica Bustad // 360-716-4902 // jbustad@tulaliptribes-nsn.gov

6700 Totem Beach Road, Tulalip, WA 98271



TDS-28302



the Mams group

Women raising children are invited to join our support group.

Every Tuesday from 11am to 1pm
at the old Tulalip Elementary School
7730 36th Ave NW, Tulalip, WA 98271



Even Baby Bucks!
Redeemable for essential items for you and your child!



All children are welcome! For more information and any questions, contact
Melissa Bumgarner at 360-716-4402 or Sasha Smith at 360-716-4404.




**MONTHLY UNITY
COASTAL JAM
TULALIP**

**Time: 6PM
5:30 Dinner**

MAR. 15
DON HATCH YOUTH CENTER-GYM
6700 Totem Beach Road, Tulalip WA 98271

APR. 26
DON HATCH YOUTH CENTER -GYM
6700 Totem Beach Road, Tulalip WA 98271

MAY 10
DON HATCH YOUTH CENTER-GYM
6700 Totem Beach Road, Tulalip WA 98271

JUNE 21
TULALIP - BOOM CITY
10274 27th Ave NE, Tulalip, WA 98271

AUG. 23
DON HATCH YOUTH CENTER-GYM
6700 Totem Beach Road, Tulalip WA 98271

SEP. 27
DON HATCH YOUTH CENTER-GYM
6700 Totem Beach Road, Tulalip WA 98271

OCT. 18
DON HATCH YOUTH CENTER-GYM
6700 Totem Beach Road, Tulalip WA 98271

NOV. 29
DON HATCH YOUTH CENTER-GYM
6700 Totem Beach Road, Tulalip WA 98271

DEC. 14
HERITAGE HIGH SCHOOL
7204 27th Ave NE, Tulalip WA 98271



Contact: Josh Fryberg | joshfryberg@tulaliptribes-nsn.gov
Don Hatch Youth Center Front Desk (360) 716-4909

Save The Date

**7th Annual
Community Wellness
Conference**

"Champions for Life"

Tuesday, May 14, 2019 | 8:00am–5:00pm
(COMMUNITY AND MIDDLE SCHOOL YOUTH)

Wednesday, May 15, 2019 | 8:00am–5:00pm
(COMMUNITY AND HIGH SCHOOL YOUTH)

Meals will be provided. THIS IS A FREE EVENT. Sponsored by Tulalip Tribes Problem Gambling Program. Questions? Please contact 360-716-4304 or 360-716-4302.

Why Study Forestry?

Submitted by *Jeanne Steffener, Higher ED*

So you are thinking of studying forestry? Forestry today involves assisting forests to produce timber as a raw material providing wood products; wildlife habitat; natural water quality regulation; recreation; landscape and community protection; employment and gorgeous scenic landscapes. Forestry is emerging as a vital field incorporating science, applied art and technology.

Foresters protect and preserve forests, as well as making them available for recreation. Forests are critically important in mitigating climate change, maintaining water supplies, safeguarding biodiversity, and even protecting human health.

The real challenge of modern forestry is maintaining balance due to the increasing population sprawl which adds pressure on forests. In addition, climate change is making trees more vulnerable to migrating pests and fires. To meet the challenge in

Forestry, new areas of study have emerged in the areas of carbon management and urban forestry. Carbon management uses tree absorption of carbon dioxide in the atmosphere to fight climate change. Urban forestry involves planning and managing forests and green spaces in urban areas.

Urban forestry as an emerging field emphasizes the integration of forests and society through parks and trees in public spaces. Graduates with an urban forestry focus can find employment in municipal forestry, commercial tree care utility vegetation management, urban environmental consulting, public agencies and non-profit environmental organizations. The need for more livable cities has created a growing trend to bring more trees and greenspace to urban areas. The benefit of having green spaces and trees in populated areas is effective storm control and shade.

Professional Forestry positions usually require a bachelor's degree in these areas of study: biology, chemistry, ecology, environmental science, forestry, geography, geology hydrology and

natural resources management. Some electives can include forest ecology, wildlife biology and range management, including foundational courses in the social sciences.

Whether you are interested in the science or the active and practical side of forestry, you will find something to meet your needs. There are jobs that will interest folks who like to do logical statistical interpreting and for those who like physically planting trees and taking measurements in the field. Jobs are available around the globe allowing work indoors, outdoors or both.

If you want a job in forestry, you can get one. Currently the demand for qualified persons out strips the supply of students. This is a career that you can have a real impact on sustainable resource management and development. Please call the Higher ED staff at 360-716-4888 or email us at highered@tulaliptribes-nsn.gov for assistance with this exciting career opportunity.

Letters

Elderly age and care

Hello membership: (Clyde Greybull) enrolled Standing rock Ft Yates N.D. who has tribal grandchildren and four great-grandchildren respectfully like to give this information to help.

While going thru this difficult process time, brief history the house I lived in for some 25 plus years in Everett was going to be sold, got an eviction letter so I had to move, I was 79 at this time, moved in with daughter whose home was not a handicap accessible type. Lived there for over a year, handrails were put up for me in the bathroom and a room made for me, tv, radio, bed, etc. I used a cane, walker then a wheelchair during this time, I declined home care which means a person comes there daily, and another can for physical therapy and more paperwork.

When I applied at (Stanley J. retirement home) also no on site nurse I was not accepted the first time due to being told you cannot drink for a period of time before being considered admitting to said place this is not on application, so to enter any kind of place you have to have extensive paperwork on yourself – bank statements, id, proof of enrollment, hospital records, doctor records, etc. and do a physical and mental assessment with state. My daughters Neva placed me in assisted care facility with my approval in Anacortes and had to be accepted there after meeting requirements, we then attempted to reapply at retirement home on Tulalip, did another

physical assessment. I'm now 81, due to my slips off bed because of height which they did change at Anacortes and my slip in shower these were documented as falls. Slips which leads to fall means you lose your balance and leads to falls, I wasn't accepted at Tulalip due to (falls). I haven't drank for approx. 6 months also and was currently in San Juan assisted living and still am currently.

Please note I was hit by a car twice, once in Everett and in Oregon seems had no bearing. We tried to get Clyde closer to home he was frustrated also. We have 2 gyms, and boys and girls club, going to have a new gathering hall and a level 1 retirement home.

We like to build it seems. Why can't we have a higher level care place for elders, other natives, can this be done thru a grant for those that need this type of care facility, at least its option to be determined by family's which is a difficult thing to go thru but happens at old age? I'm (Clyde) not asking due to my circumstances but may help others later.

Which we need and can use because we all get old if we live that long, families help each other as they get old and we as Indians are more stubborn when we get old. Respectfully this is part of what we went thru and do understand other people go thru this in different stages.

Sincerely and lovingly,
the Clyde Greybull Family
See chart



LEVEL OF CARE CHART				
INDEPENDENT	ASSISTED LIVING/SUPPORTIVE LIVING			SKILLED NURSING
0	1	2	3	4
Independent	Minimum Assist	Stand-By Assist	Hands-On Assist	Total Assist
Independent in an emergency; able to negotiate stairs in an emergency.	Able to respond in an emergency.	May need assistance in an emergency.	Needs assistance in an emergency.	Needs supervision in an emergency.
Able to accomplish all ADLs without intervention from staff or family • bathe, dress, groom • transfer and ambulate • toilet • eat and take medications • communicate	Walks/transfers independently; infrequent falls – independent to verbal reminders. Independent with medications/doctors' appts. Continent bowel/bladder Independently bathes	Transfer/stand-by assist may be needed. ADLs – reminders to verbal cues. Medication mgmt. helpful. Occasional incontinence assistance. Bathing set-up helpful.	Transfer-one person assist usually needed. ADLs – verbal cues to hands-on assist. Medication management incontinence mgmt. Bathing assistance needed.	Transfer-mechanical lift/two-person transfer/bedfast. ADLs-hands-on assistance. Medication/behavior mgmt. Incontinence mgmt. Bathing assistance.
Meals/housekeeping assistance is helpful.	Meals/nutrition/housekeeping assistance is helpful	Meals/nutrition/housekeeping assistance is helpful.	Meals/nutrition/housekeeping assistance needed.	Verbal cues/hands-on assistance to eat.
Would benefit from socialization and activities-minor encouragement. Limited room service	Able to independently plan social activities.	Reminders/encourage to participate in activities.	Encourage/escort to participate in activities.	Encourage/escort to activities or one-on-one visits.
Does not medically "need" to move.	Oriented to self/little memory impairment. Family "slightly concerned."	Mild memory impairment/sometimes disoriented. Family "concerned."	Impaired memory/poor orientation/mild confusion Family "very concerned and have to do something."	Needs 24-hour nursing supervision or skilled services-PT, OT, ST Needs continuous assistance.

Guidelines are to be used to determine an appropriate residence based on needs and safety.
ADLs = Activities of Daily Living = ambulating (walking), bathing, continence, dressing, eating, transferring to or from a bed or wheel chair, and using toilet facilities.

NASAM
www.nasam.org

Source: Assisted Living Today

Court Notices

SUMMONS BY PUBLICATION TUL-CV-CS-2019-0027, Tulalip Tribal Court, Tulalip WA, TCSP #2459 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. Martin Bazan (DOB 05/25/1974) nTO: MARTIN BAZAN: YOU ARE HEREBY NOTIFIED that on January 11, 2019, a Summons and Petition to Establish a Child Support Order were filed in the above-entitled Court Pursuant to Chapters 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for children LDB and GAB. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer within 21 days of the last date of publication in Tulalip Tribal Court, 6632 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 2, 2019.

TUL-CV-YI-2019-0092 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of C.A.S.C. for FERNANDO PALITO GONZALES: YOU ARE HEREBY NOTIFIED that a Youth In Need of Care Case was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on May 14, 2019 at 11:30 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 23, 2019.

TUL-CV-YI-2019-0091 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of R.D.H.C.C. for MARVIN CHAVEZ: YOU ARE HEREBY NOTIFIED that a Youth In Need of Care Case was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on May 14, 2019 at 11:00 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 23, 2019.

TUL-CV-YI-2017-0369 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the MOTION TO INTERVENE of K.A.-C. TO: Latasha Apodaca-Bagley: YOU ARE HEREBY NOTIFIED that on 2/28/2019, a Motion to Intervene was filed in the above-entitled Court pursuant to TTC 4.05.280 regarding A.C. On 3/7/2019, the Motion to Intervene was amended. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on 3/21/2019 at 2:00 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 23, 2019.

TUL-CV-YG-2019-0083. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: V.M.L.B.W. TO: Roberta Lulu Belle Williams and Daryl Lee Warbus: YOU ARE HEREBY NOTIFIED that a Petition for Guardianship (Youth) was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on May 2, 2019 at 1:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 16, 2019.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2018-0308 Summons by Publication and Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. JERRY COLLIN SOLOMON, Respondent On September 14, 2018, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than May 27, 2019 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

Case No. MUC-PO-10/18-144 In Re the Protection of: Elder/Vulnerable Adult's Name J.S, DOB: 03/06/1960, an elder/vulnerable adult vs. Respondent's name: Vernon Cultee, DOB: 12/28/1978, Respondent NOTICE OF HEARING ON PERMANENT ORDER OF PROTECTION TO: Respondent's name, Vernon Cultee DOB: 12/28/1978 IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

- The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the elder/vulnerable adult.
- Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the elder/vulnerable adult.
- The respondent is Excluded from the elder/vulnerable adult's residence.
- The respondent is Restrained from coming near and from having any contact with the elder/vulnerable adult, in person or through others, by phone, mail, or any means, directly or indirectly, except through an attorney, or mailing or delivery by a third party of court documents.
- Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence.

A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law. The protection order expires February 28, 2021, but may be renewed prior to its expiration. Next hearing: February 27, 2020 at 10:00 a.m. Parties are responsible for updating the court as to any change of service address. SO ORDERED this 28th day of February, 2019. /s/ GARY BASS, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE Muckleshoot Tribal Court, 39015 172nd Avenue SE, Auburn, WA 98092 Phone: (253) 876-3203 / Fax: (253) 876-2903

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2019



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Mountain Camp
AUGUST 5TH — 10TH

AGES 11-13

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FOR MORE INFO CONTACT:
PROJECT COORDINATOR,
KELLY FINLEY AT 360-716-4604
SENIOR PROJECT ADVISOR,
LIBBY NELSON AT 360-716-4639
OR VISIT NR.TULALIPTRIBES.COM FOR
A REGISTRATION FORM.

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