

bəčali?qʷaad

"to lay down the heart; be at ease; at rest; not worry"

Join us for Tulalip's 2nd Annual

Community Wellness Conference

At the Tulalip Resort Casino

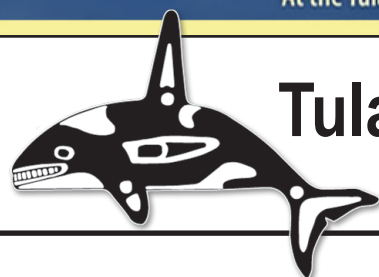
Focusing on Healthy Relationships

Tuesday, June 10th and Wednesday, June 11th

10:00 AM - 4:00 PM both days

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Facebook



Tulalip

SEE-YAHT-SUB

dxʷlilap syəcəb
"Tulalip News"

Volume 35 No. 21

Wednesday, June 4, 2014

Hash it out

A debate of popular facts and myths of marijuana use

By Andrew Gobin

Marijuana, the scourge of our time. The gateway to a criminal underworld. The black market miracle medicine. Whether you are part of the outcry pleading for the legalization of marijuana or part of the opposition and fear created from reefer madness, we've all heard the propaganda and conspiracy theories. As Tulalip is faced with the decision to legalize or not, the issue has become shrouded in a haze of claims about the benefits and dangers of marijuana consumption. Results from a recent online survey conducted by the Tulalip Communications Staff highlighted some popular facts, misconceptions, and fears about marijuana consumption, which will be examined here:

Marijuana is harmless to smoke. There are no downsides, either for medical or recreational use.

False – Marijuana has many adverse effects on the human body. According to the Journal of the American Medical Association, heavy users of marijuana have long-term impairment of cognitive function, specifically with learning and the retention of new information. In testing, the American Academy of Neurology found that the rate of

decreased productivity and cognitive impairment was directly related to the rate of increase in marijuana use.

Marijuana repairs the lungs, and actually is better for them.

False – The University of Washington Alcohol and Drug Abuse Institute reports that light use of marijuana, one to three times a month, caused no real harm or adverse effects on the pulmonary system. Heavy use, three to five times a week, caused a deterioration of lung tissue, and often contributed to users suffering a collapsed lung. In general, it is a lung irritant.

Marijuana repairs brain cells and promotes mental health.

True and false – This is a tricky aspect to understand, as it involves brain chemistry. The American Academy of Neurology explains that THC, the psychoactive cannabinoid in marijuana, inhibits the endocannabinoid system. The human endocrine system produces cannabinoid compounds in various organs. When THC is metabolized in the liver, the liver releases unusually high levels of endocannabinoids into the bloodstream. THC inhibits some of the cannabinoid receptors in the brain, which can help with mental disorders such as epilepsy and autism, yet the endocannabinoid compound levels are so high that the natural system becomes overstimulated. It is unclear exactly what the effects of overstimulation are.

See Marijuana, page 3

When mothers need reinforcements, M.O.M.s Group is there

By Brandi N. Montreuil

It was near 8:30 p.m. when I noticed my toilet wasn't draining properly. I jiggled the handle and peered into the half-filled piercing white porcelain bowl. Nothing appeared to be amiss. No clumps of deteriorated toilet paper floated in the clear water nor waste remnants to give a clue as to why my toilet had suddenly malfunctioned. It just didn't work. Even though I knew it would end disastrously, I still couldn't stop myself from trying to flush, one more time. Because this time, my toilet would magically be fixed and I could go to bed because, well, crisis averted.

What I didn't know was my five-year-old son had dumped a handful of seashells we had collected on our recent vacation down the toilet. And as I pulled down on the handle everything flushed earlier that day had finally met its match in the seashell wall lodged tightly in the second turn in the drain pipe and decided it was going to return the way it came, back into my neatly cleaned porcelain bowl.

After the plumber had collected my \$200 dollars and asked if I wanted to keep the

seashells, I learned the real reason my toilet had malfunctioned. True the six seashells played a part, but it was my son's desire to return the shells to the ocean, because he felt bad for taking them, that had created what we now call in my house 'The toilet breakdown of 2012.'

Staring into my son's tear-filled eyes, I was suddenly faced with the realization that as a mother, I had no manual to refer to for this situation. I was torn between how sweet it was that my son wanted to return the seashells and how upset I felt at losing \$200 over it. Why wasn't there a section on page 643 of the Parenthood Manual that I could read to tell me exactly what I was supposed to do? I had nothing, the page was blank and there was no manual.

"As mothers we are often viewed as 'the one with all the answers.' Our kids come to us for every scrape, problem, or request," says Tulalip M.O.M.s Group coordinator Alison Bowen.

Like myself, we, as mothers are left shaking our heads at the adventures our kids take us on. We learn that even though we

See M.O.M.s, page 4

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Watch



TULALIP TV
www.tulaliptv.com

Boom City Tax and Licensing

Tax & Licensing will start accepting Boom City applications and taking pictures for badges on Monday June 16th in room 149 at the Tulalip Administration Building. Opening day is Friday June 19th. Contact Kirsten Moore-Green at 360-716-4204 or Tax & Licensing at 360-716-4216 for questions.

Tulalip Tribes Vision

We gathered at Tulalip are one people.
We govern ourselves.
We will arrive at a time when each and every person has become most capable.
Together we create a healthy and culturally vibrant community

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

1. We respect the community of our elders past and present, and pay attention to their good words.
2. We uphold and follow the teachings that come from our ancestors.
3. It is valued work to uphold and serve our people.
4. We work hard and always do our best.
5. We show respect to every individual.
6. We strengthen our people so that they may walk a good walk.
7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

Manager: Sara “Niki” Cleary, 360.716.4202
email: ncleary@tulaliptribes-nsn.gov
Lead Reporter: Brandi Montreuil 360.716.4189
email: bmontreuil@tulaliptribes-nsn.gov
Reporter: Andrew Gobin, 360.716.4188
email: agobin@tulaliptribes-nsn.gov
Reporter: Monica Brown 360.716.4198
email: mbrown@tulaliptribes-nsn.gov
Supervisor/Design: Kimberly Kalliber, 360.716.4192
email: kkalliber@tulaliptribes-nsn.gov
Librarian: Jean Henrikson, 360.716.4196
email: jhenrikson@tulaliptribes-nsn.gov
Digital Media Coordinator: Roger Vater. 360.716.4195
email: rvater@tulaliptribes-nsn.gov
Administrative Assistant: Val Williams, 360.716.4200
email: vwilliams@tulaliptribes-nsn.gov

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Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

TULALIP TV Monday 6/9/14 thru Sunday 6/15/14		
Time	Show	Duration
12:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
12:30 AM	From the Spirit - 307 James Wedzin - His paintings demonstrate his love for the Northern animals, the Northern landscapes and the Northern lights.	0:30
1:00 AM	NorthWest Indian News - 60 Tribal Journey 2013: Paddle to Quinault, Sharing Our Waters, Quileute Elder Youth Mentoring Program, Behind the Scenes of Tribal Journey	0:30
1:30 AM	Power Paths Native American communities are creating new ways to produce clean power as the Tribes attempt to restore lands devastated from the impacts of coal mining.	1:00
2:30 AM	How to Bead - Lazy Stitch Beadwork technique used on bags, leggings, blankets. Larger than life beads make this an easy learning experience.	0:30
3:00 AM	Living in two worlds Young native people explore the meaning of being native in a modern world while traditional elders highlight the past and the meaning of being managers of the land.	0:30
3:30 AM	Creative Native - 311 We learn to create a traditional Corn Husk Doll and traditional storyteller, Sally Norris dramatizes a Salish legend in her language.	0:30
4:00 AM	LMTV #30 Longhouse Media TV: Plant Stories to Light Our Way, Clams-Growing in Community Together, People of the Water, Live to Remember, How Agate Pass came to be, History is...	0:30
4:30 AM	Everyone Counts Collaboration between Doctors, Pharmacists, Drug and alcohol counselors, community health nurses and local law enforcement to combat the problem.	0:30
5:00 AM	Earth Voices - 109 A series profiling Aboriginal People: Jane Ash Poitras - Artist, Bob Stevenson - Activist, Logan Alexis Singers - Musicians, Yvon Dumont - Elder	0:30
5:30 AM	From the Spirit - 307 James Wedzin - His paintings demonstrate his love for the Northern animals, the Northern landscapes and the Northern lights.	0:30
6:00 AM	Rez-Robics: The Exercise Video Aerobic Exercise for Indian People by Indian People, through the eyes of Drew and Elaine.	1:30
7:30 AM	Tulalip 'Slides' + Total Info Tulalip 'Slides' and Total Info, A service for TULALIP TV viewers - with current News, Weather, Traffic, Financial, Dailies to keep you informed.	0:30
8:00 AM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
8:30 AM	Wapos Bay - Ep 2021 Children's Animated Program: "Dance Monkey, Dance", T-Bear and Talon are at odds over who will get to take Lynn to the School sock hop dance.	0:30
9:00 AM	Native American Healing The healing practices of American Indians and how many of those natural remedies are applicable to today's alternative health-conscious society.	1:00
10:00 AM	Games of the North Acrobatic and explosive, these ancestral games evolved to strengthen mind, body and spirit and community. These traditional Inuit sports have been vital for survival within the unforgiving Arctic.	0:30
10:30 AM	Power Paths Native American communities are creating new ways to produce clean power as the Tribes attempt to restore lands devastated from the impacts of coal mining.	1:00
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12:30 PM	Hibulb Antique Appraisals-Pgm #2 An accredited antique appraiser provides information and current market value to local Hibulb museum guests and their Native American antiques. Episode #2	0:30
1:00 PM	Native Report - 812 On this new episode - we experience life on the powwow trail through the photography of Ivy Vainio. We interview former Vice President Walter Mondale.	0:30
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4:30 PM	Lushootseed Learn Tulalip Lushootseed Language thru the Lushootseed Language Video Series and the Lushootseed Phrases of the Week.	0:30
5:00 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the Tulalip Reservation.	0:30
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This Schedule is subject to change. To see an updated schedule, go to:
<http://www.tulalip.tv/tulalip-tv-schedule/>

The Tulalip TV Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at <http://www.tulalip.tv/tulalip-tv-schedule/>. Also, the TulalipTV Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your See-Yaht-Sub?

Contact Rosie Carter at 360.716.4298 or email rcarter@tulaliptribes-nsn.gov

FAMOUS!

Caleb Woods

is

dʒəˈgʌ? dxˈyayus

(Famous for being a hard worker)

June 2014

Employees Recognizing Employees



Chosen by Security

Caleb was nominated for employee of the month, because he is an outstanding employee, a hard worker, and always has a positive attitude. Caleb provides excellent customer service when helping guests with their board related questions, and directing calls. He also assists the board of directors by taking messages and coordinating meals during board week. That's why Caleb has been nominated for employee of the month.

Marijuana from front page

It is certain, though, that marijuana users show signs of improvements in the nervous system, specifically growth and repair of nerve endings throughout the body, and nerve pathways in the brain.

Marijuana cures cancer.

True – Though not a cure, this claim is not entirely false. Reports from the American Cancer Association show that marijuana, in most cases, inhibits the growth of cancer cells, slowing down the aggressive nature of cancer. That same component works to prevent cells from binding together, which inhibits tumor growth.

Marijuana is not addictive.

False – While marijuana does not create chemical dependency, the way opiates and pharmaceutical drugs do, there is still a strong mental aspect to addiction. The overactive endocannabinoid system resulting from marijuana use creates a craving in the brain. Studies from the National Institute of Drug Abuse

show subjects that have been clean of marijuana for more than a month still have long-term mental and behavioral effects, most notably an inability to feel satisfied with everyday life.

Marijuana is a great antidepressant and anti-anxiety medicine.

True and false – According to an article in Science News, marijuana, in low doses, is an effective antidepressant. However, heavy use, or prolonged use, can prove ineffective and even worsen depression, mostly in relation to the lack of satisfaction one experiences when they are not high.

As an anti-anxiety medication, low doses prove effective. Again, as use increases, anxiety can worsen. The National Institute of Drug Abuse, in addition to lack of satisfaction in everyday life, recorded a lack of coping ability with stress, leading to increased anxiety and irritability when not high.

Nobody has ever overdosed on marijuana.

True – There has

never been a recorded overdose or death from marijuana consumption. The Australian Department of health conducted extensive tests on animals, looking at how much marijuana had to be consumed before a toxic level was reached. The result proved to be an unrealistic number. Though no humans were tested, for obvious ethical reasons, the hypothesized amount of marijuana needed to be consumed by the average human to reach a toxic level is approximately 8.5kg in one sitting. That's 20lbs, or more than 300oz.

While there are no recorded deaths or overdoses from marijuana use, there are recorded deaths from the use of hash oil, though less than ten. Hash oil is processed marijuana, which extracts the THC from the marijuana leaves, and is on average five times more potent than marijuana. THC toxicity levels can be achieved in one sitting with the use of hash oil, especially by first time users. THC poisoning typically causes users to pass out. Most common resulting

causes of death are apnea (the user stops breathing) or cardiac arrest.

Neither of these include statistics for accidents involving marijuana DUIs, or death related to impairment from marijuana use.

Marijuana is clean to use, there is no residue.

False – When you smoke marijuana, the residue from the THC seeps into fabrics, walls, and your skin. The Journal of the American Medical Association of Pediatrics reports a rising number of cases of infant and toddler marijuana poisoning. Most often, the cases are a result of contact with surfaces where marijuana has been smoked. The children

absorb the THC residue through their skin. Symptoms recorded are excessive vomiting, irritability, and lack of balance, especially upon standing. Because they are infants and toddlers and vomit and fall often, these symptoms often go unnoticed. They are more easily spotted, though, in young children, preteens, and kids in their early teens.

These points were the most prominent points brought up repeatedly in the survey. Some are true, some are not, and some are exceedingly ambiguous. The answers here are what science has to offer for the marijuana debate.

COMMUNITY POTLUCK

Together We're Better

June 15 2-6 pm

Mission Highlands Community Building

PLEASE BRING YOUR FAVORITE DISH, DRINKS OR DESSERTS!

All types of donations accepted
Info: Malory Simpson
425.622.5457

News

M.O.M.s from front page

may not have all the answers, we can find encouragement in knowing other mothers have had similar experiences and survived.

This is exactly what Tulalip mothers have in the M.O.M.s Group, which stands for 'Making opportunities for mothers.' It provides a place for mothers, like myself, to share stories, advice, encouragement and mommy tips. The group, now in its sixth year, has moved locations to kick off their summer series and will begin meeting at the Tulalip Early Learning Academy on June 17.

"The idea behind the group is to provide that place where mothers can get together, share a meal, and what is happening in their lives, whether it be joys, frustrations, questions, or advice. Because every child is different and every mother's experience is valuable," said Bowen. "Your story about the seashells could help the next mother who has a son that puts toys in the toilet. This is what the group is about, it is about connecting mothers in an informal atmosphere and providing support and encouragement."

The group, which focuses on celebrating all aspects of motherhood, is open to pregnant women, aunts and grandmothers.

In addition to great conversation, Bowen explains that group participants will be able to enjoy crafting projects with kids, parenting advice, and group discussion forums based on participant requests or questions. Such as who is the best plumber to call when your child flushes seashells down the toilet, I now have that answer.

"We may not have a parenting manual to refer to, but what we do have is each other," said Bowen. "And M.O.M.s Group is the next best thing."

The group will begin Tuesday, June 17, 1:00 p.m. to 3:00 p.m. at the Tulalip Early Learning Academy. For more information on the M.O.M.s Group, please contact Alison Bowen at 360-716-4322.

Native American Healing in the 21st Century

Ancient Remedies Now Endorsed by Modern Medicine



By Roger Vater

During the week of June 9 – June 15 on Tulalip TV, you can watch 'Native American Healing in the 21st Century.'

This documentary looks at the ancient health, and healing methods of American Indians, comparing and contrasting their techniques for maintaining their health with those of China and India.

The program discusses the invaluable contributions the Native Americans made to our early frontier heritage and shows how many of those same healing plants and herbs are an important source of today's modern methods of maintaining health. The point is clearly made that what has

been effective for thousands of years may still be the best means of maintaining a healthy lifestyle today.

Learn from today's respected physicians the crossover of ancient Native American healing remedies to present day medical practices. Explore for Native American healing plants and herbs. Learn from tribal elders traditional healing practices and philosophies. Discover the contents of a 350 year-old Indian medicine bag. Compare the similarities of Native American and Chinese healing.

Learn Native American healing remedies for: heart/circulatory, arthritis female conditions, respiratory,

asthma, skin conditions, digestive tract, sinus and more.

You can watch 'Native American Healing in the 21st Century' and many other Native programs on Tulalip TV, Channel 99 on Tulalip Broadband or Live on www.TulalipTV.com on a PC, Mac or any 'Smart' device such as phone or tablet.

'Native American Healing in the 21st Century' can be watched on Tulalip TV during the week of June 9 – June 15 at any of these times: 9:00 a.m., 1:30 p.m., 6:00 p.m.

For a current schedule of Tulalip TV, you can always visit: <http://www.tulaliptv.com/tulaliptv-schedule/>

Tulalip's 2nd Annual Community Wellness Conference, June 10-11

Submitted by Alison Bowen

This year's conference will focus on healthy relationships. Whether you struggle with your relationships or have a fantastic relationship with your partner, family or children, you will enjoy and learn a great deal from this conference. Presenters will provide helpful strategies to make all your relationships more stable, meaningful, caring and loving.

On June 10th, Sheri Gazitt will speak about "Communicating With Your Teen." Ms. Gazitt is a teen educator who works for Seattle's TeenWise. In her presentations, she delves into difficult topics that parents and teens face every day. You will leave the presentation with a refreshing outlook and some new tools for parenting your teen.

On June 11th, Drs. John and Julie Gottman, world renowned

experts on marriage, relationships and family will present on "How to Make Relationships Work" and "Raising an Emotionally Intelligent Child." Dr. Gottman and his wife, Dr. Julie Schwartz Gottman are the founding co-directors of the Gottman Institute, the Relationship Research Institute and the Gottman Institute's Relationship Clinic. The Gottman's presentations will help you realize that there is hope for ev-

ery relationship!

Board member Deborah Parker attended one of the Gottman's presentations. "It was a great experience! The speakers are sensible, practical and down-to-earth about relationships. They also put humor in their work. I encourage all tribal members to attend this conference!"

Our families are the center of our community. We would do

News

anything to keep our families together. They are very precious and important to us. These great presentations can provide information that will be helpful in keeping our relationships stable, secure and together. We look forward to seeing you at this important conference.

For more information please contact Ashley Tiedeman, 360.716.5719

bəčali?qʷaad
"to lay down the heart; be at ease; at rest; not worry"

Join us for Tulalip's 2nd Annual
Community Wellness Conference
At the Tulalip Resort Casino
Focusing on Healthy Relationships
Tuesday, June 10th and Wednesday, June 11th
10:00 AM - 4:00 PM both days

World renowned Therapists:
Drs. John & Julie Gottman
• The Relationship Cure
• Raising an Emotionally Intelligent Child
Sherri Gazitt
• Communicating with your teen

Doors open for registration at 9:00 AM • Snacks and lunch will be served

Open to Tribal Community Families ages 18 and over

WE PROMOTE COMMUNITY WELLNESS BY FOCUSING ON POSITIVE CHANGES TO LIVE HEALTHY LIFESTYLES

Tulalip Tribes of Washington Tribal Loan Policy

Submitted by Jennifer Johnson

Tribal Member Loans – General

- All Tribal members loans issued will be subject to the following criteria and limitations:
- Maximum Loan limit - \$4,000
- Interest Rate – 9% per annum
- Loan terms/maturity – 22 months (minimum payment \$200 per month)
- All Loan repayments are due the 1st day of each month.
- All loan repayments must be

paid via payroll deduction or Per Capita/ Tribal Distributions.

- All loans are subject to availability of funds

Total Loans in the aggregate to a single individual cannot exceed \$4,000 (non-emergency and emergency loans combined).

Tribal Member Loan Qualifications:

- Approval for non-emergency loans will be contingent upon satisfaction of the following qualifying criteria:
- All loan requests are to be made using the Tribal Member Loan Application form. Applications may be obtained from the Finance Department or via Tulalip Tribes website. Applications must be fully completed (signed

by applicant and repayment method identified). Incomplete loan applications will be denied.

- Applicants must be an enrolled Tulalip Tribal Member and at least 18 years of age at time of application (proof of enrollment and date of birth must be provided at time of application).
- Applicant must have the ability to repay the loan (satisfaction of minimum monthly payment). Sufficient funds must be available either thru payroll deduction or per capita payments. If sufficient funds are not available from per capita/Tribal Distribution or payroll deduction a loan will not be issued.
- All loans are to be secured by a fully executed (signed by applicant and Authorized Representative of The Tulalip Finance Department) promissory note.
- Applicant must not have a current loan balance at time of application. All previous loans must be paid in full before issuance of a new loan.
- Applicants who have defaulted on a tribal loan (under this program) are not eligible for a new loan until six (6) months after the defaulted loan is paid in full.
- Powers of Attorney will not be accepted for loan applications.

Members Per Capita/Tribal Distribution in the event of separation from employment. It is the responsibility of the Tribal Member to inform Membership Distributions of a departure from employment.

- Loans are to be fully repaid within 22 months. Refinancing will not be permitted.

Loan Defaults/Delinquencies

- Loan repayments that are 60 days outstanding will be considered delinquent and Tribal Member will be placed on default status.
- Loans that are placed in default status will be subject to the following:
- Not be approved for a new loan until six (6) months after the defaulted loan is paid in full.

Emergency Loans

All requests for emergency loans must have independent third party documentation indicating the nature of the emergency. All Emergency loan requests must be approved by an Authorized Representative of the Finance Department. All emergency loans will be payable to the Vendor and NOT the named applicant. Emergency loan requests are limited to the amount owed and/or damages sustained.

The following is the qualifying criteria to obtain an emergency loan:

Loan Repayments:

- Loan repayments can only be made through either payroll deduction or per capita/Tribal Distribution payments.
- All loan repayments are to be made monthly. All repayments are due the 1st day of each month. The First monthly loan payment will be due on the 1st day of the second month from the date of loan issuance (check date). I.e., loan issued on March 15, 2014 will be due May 1st 2014, and on the 1st day of each subsequent month until paid in full.
- Tribal Members that have secured loan repayments via payroll deduction must agree to have loan repayments withheld from Per Capita/Tribal Distribution in the event of separation from employment. The Tulalip Tribes Finance Department reserves the right to revert loan repayments from Tribal

Hospitalization or Terminal Diagnosis of self or immediate family member as defined in Title 9. Hospitalization must be for a serious or life threatening illness.

1. Acceptable documentation to include Doctor's opinion/statement as to serious or life threatening. Documentation is to be on Doctors/Hospital Letter head and signed by Doctor/Physician.

Fire, Flood or other natural disaster. Acceptable documentation includes:

1. Fire – Fire and/or police report indicating fire damage and a contractor's estimate or insurance assessment indicating cost to repair.
2. Flood – Contractor's estimate or insurance assessment/claim indicating cost to repair.
3. Other Natural Disaster – Will require proof (3rd party documentation) that the name individual (ap-

Continued on next page

Community

plicant) is an affected person and proof of damages (contractors estimate and/or insurance claim assessment).

Essential Services Shut off- Public Utilities

1. Applicant must provide an official disconnect notice from the Public Utility.
2. Applicant seeking an emergency loan for Public utilities must:
 - Public Utilities must be in the name of the person (s) /Applicant requesting such loan, and must reside at the property address.
 - Loans for Essential Services shut off will be permitted once per year per physical address.

Evictions – Emergency loans for evictions are intended to prevent homelessness. Applicants seeking an emergency loan for an eviction must:

1. Provide an official Eviction notice served on the applicant by the Land Lord. Land Lord cannot be an immediate family member as defined in Title 9.
2. Must provide a copy of a fully executed lease (signed by leasee and landlord). Applicant must be legally bound on the lease.
3. Loans for Eviction/rental deposits will be permitted once per year per physical address

Rental Deposits – Emergency Loans for rental deposits are intended to prevent homelessness. Applicants seeking an emergency loan for rental deposits must provide a statement from intended Landlord to include the following:

1. Required deposit, first month rent, etc.
2. Physical address of the property
3. Name of the homeowner (Landlord). Land lord cannot be an immediate family member as defined in Title 9
4. Statement must be signed by landlord and shall be notarized

Loss of an Out-of –State or Out-of –Country family member - Loans are made specifically for travel related costs associated with the loss of an Out-of –State or Out-of –country family member as define in Title 9. Applicants seeking an emergency loan for travel costs associated with the loss of out of state or out of Country family members must provide:

1. Proof of Loss of family member (if possible) I.e., Death Certificate
2. Travel itinerary to include:
 - Identification of place of destination (City/State/Country)
 - Hotel Reservations/quote (if staying at hotel)
 - Airline reservations/quote (if flying to your destination)
 - If driving to destination – IRS mileage per diem rate will be offered.

To: All Tulalip Disability recipients

The Disability program requires all recipients to update annually.
The deadline to update your Disability application is
July 5th 2014.

If you have not received your application in the mail or have any questions, contact Karen Zackuse at The Tulalip Health Clinic
(360) 716- 5601.

For your convenience the applications are available at the Medical reception counter also.

Thank you, The Tulalip Disability Program

Charles Family Reunion



July 19, 2014

Kenny Moses Building

* Potluck*

Contact: Rose Charles 360.651.2183 or 360.618.3881
Email: joe62_850@hotmail.com
or 360.631.2104

Caroline B. Jones Thornberry

B. 3/16/34

5/31/08

You meant so much to all of us
 You were SPECIAL and that's no lie
 You brightened up the darkest days
 And the cloudiest of skies.
 Your smile alone warmed all our hearts
 Your laughter, music to our ears.
 We would give all we have just to have
 You here.

The love shared with everyone
 Can never be forgotten.
 The hurt of losing you will never pass,
 But we know you are in a place where
 We shall one day meet again.

Love from all of us.
 The Jones Clan



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Notices

Healthy Hearts, Healthy Minds



*Join us on a journey to wellness
and balance!*

We have put together an exciting new program
designed to help improve the heart health of
American Indians and Alaska Natives!

How can you get involved?

- ❖ Do you have pre-diabetes or diabetes?
- ❖ Are you American Indian or Alaskan Native?

Then you may be eligible!

By participating you could receive up to
\$190 in gift cards and checks.

If you have questions or
would like to participate
call 360-716-4896
or email
healthyhearts@iwri.org



Tulalip Tribal Court Notices

TUL-CV-GC-2014-0133 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. **Lydia Tellez Hernandez, Petitioner vs. Jamie Gobin, Respondent.** On the 24th day of April, 2014, the above-named Plaintiff started a lawsuit against you, the named Defendant, in the above entitled

court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: May 21, 2014.

SUMMONS BY PUBLICATION TUL-CV-PA-2014-0085, TUL-CV-CS-2014-0085. Tulalip Tribal Court, Tulalip WA. **TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs ROBERT CARDIEL, Alleged Father, regarding a Summons and Petition to Establish Paternity. TO: ANGIE TERESA MOSES, Natural Mother:** YOU ARE HEREBY NOTIFIED that on March 18, 2014, a Summons and Petition for the Establishment of Paternity was filed in the above-entitled Court regarding one child: N.R.M. (DOB:09/22/2000)

--- pursuant to TTO 2.10.040 and TTO 4.10.250. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on July 8, 2014 at 2:00 pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR, PATERNITY WILL BE ESTABLISHED. Date first published: May 28, 2014.

SUMMONS BY PUBLICATION TUL-CV-CS-2014-0085. Tulalip Tribal Court, Tulalip WA. **TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs ANGIE TERESA MOSES regarding a Summons and Petition to Establish Child Support. TO: ANGIE TERESA MOSES:** YOU ARE HEREBY NOTIFIED that on March 18, 2014, a Summons and Petition for the Establishment of a Child Support Order was filed in the above-entitled Court pursuant to TTO 2.10.040 and TTO 4.10.250.

You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on July 8, 2014 at 2:00 pm in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: May 28, 2014.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2014-0131 Summons by Publication and & Notice of Petition for Exclusion **THE TULALIP TRIBES, Petitioner vs. Dennis J. Boon, Respondent**

On April 23, 2014, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call

witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than (30 days from the date of the last publication of the summons) and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. David Wall, WSBA #16463, Office of the Reservation Attorney 6406 Marine Drive, Tulalip WA 98271 360-716-4785 ph, 360-716-0658 fax

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2014-0698 Summons by Publication and & Notice of Petition for Exclusion **THE TULALIP TRIBES, Petitioner vs. Michael McLaren, Respondent**

On January 10, 2014, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall

be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than (30 days from the date of the last publication of the summons) and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

Michele Robbins, Paralegal/Spokesperson Office of the Reservation Attorney 6406 Marine Drive, Tulalip WA 98271 360-716-4551 ph, 360-716-0658 fax

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2014-0132 Summons by Publication and & Notice of Petition for Exclusion **THE TULALIP TRIBES, Petitioner vs. Sandra Hill, Respondent**

On April 23, 2014, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than

five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than (30 days from the date of the last publication of the summons) and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271. Michele Robbins, Paralegal/Spokesperson Office of the Reservation Attorney 6406 Marine Drive, Tulalip WA 98271 360-716-4551 ph, 360-716-0658 fax

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TIME: 5 PM - 7 PM
LOCATION: RM 263, Admin. Bldg.
(6406 Marine Dr • Tulalip)

* **RSVP: 360-716-4888, Higher ED**
or highered@tulaliptribes-nsn.gov

How do you like your salmon?



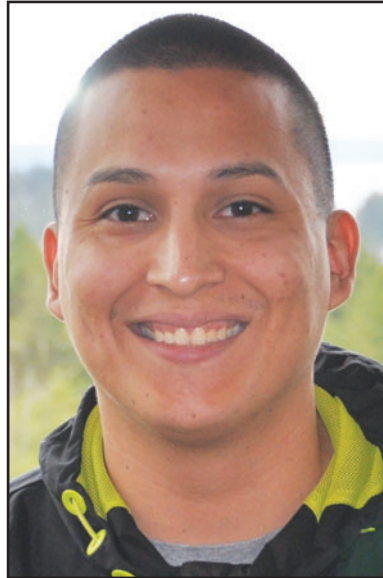
"Smoked, is that even a question?"

Talon Arbuckle
Tribal member



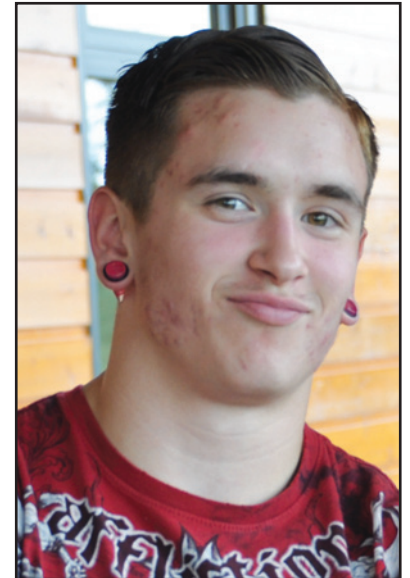
"I like my salmon grilled."

Margaret Goodman
Tribal employee



"Raw."

Rocky Renecker
Tribal member



"Wild caught and GMO free."

Caleb Woods
Tribal member

BINGO

2014

Celebrating Groovy Times

31ST ANNIVERSARY CELEBRATION

SUNDAY JUNE 8

11AM Regular Games Pay \$300 with a \$2000 Cash Drawing \$6/6-on

Special 6PM 16 Regular Games Pay \$2000 with a \$3000 Cash Drawing \$20/6-on

6PM Session Guests Receive our Tulalip Bingo's Annual Coupon Book

KIA SOUL GIVEAWAY

CAR TO GO

JUNE 29 | SUNDAY 9PM

Play a Bingo Slot machine at any halftime session and earn drawing entries (one entry per halftime) starting **May 1st - June 28th**. Special Drawing to be held **June 29** during Bingo halftimes: (5) **Winners to win \$100** at 11AM and 3PM session and (10) **Winners to win \$100** at 7PM session with a final drawing for \$1000 at approximately 10:30PM.

BINGO

ANNIVERSARY

GUEST APPRECIATION

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(4) Winners will be drawn each session prior to halftime and each winner will receive (2) \$25 FREE Bingo Coupons, (2) \$25 for \$20 Slot Play Coupons and (25) \$1 Pull-tabs.

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