

dx"lilap syəcəb
"Tulalip News"

Volume 34 No. 39 Wednesday, October 16, 2013

Don Hatch Jr. reflects on his time with Tulalip Funeral Services

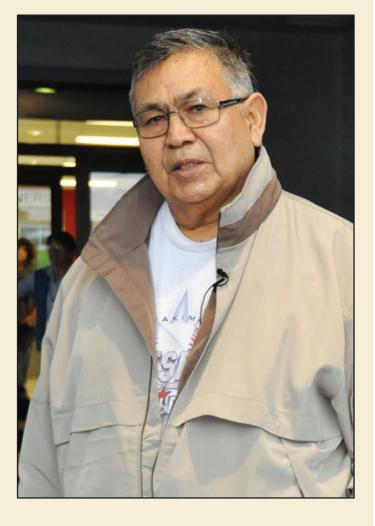
Article by Brandi N. Montreuil

"I don't know how I got into this," said former Tulalip Board of Director Don Hatch Jr. "I started 20 some years ago. It was tiring, but it was rewarding at the same time, because I could help my people, and that is very important to me."

Don "Penoke" Hatch Jr., for the last 20 years, has helped Tulalip families through times of tragedy. In addition to his position as a Tulalip board member, he worked as a spiritual advisor with Tulalip Funeral Services, and at one point as the funeral coordinator. Due to a change in health he has decided to take a step back from work, and take a less active role in funeral services.

Hatch describes his time with Tulalip Funeral Services as life changing and an honor. Not only did his personal views on death change, but also his work as a spiritual advisor gave him the opportunity to explain his culture and traditions to health professionals working in the funeral industry.

"When I was a kid, my friends and I would walk to this little hamburger place close to Schaefer-Shipman Funeral Home, and I tell you what, I would walk way down the block, all the



way around, so I wouldn't have to cross that place," said Hatch. "I was scared. Now I wouldn't have a problem staying there all night."

See Hatch, page 3

Tribe prevails in Washington State legal battle for water for salmon



Swinomish Tribal Chairman Brian Cladoosby

Source: Native News Network

SWINOMISH INDIAN RESERVA-TION – The Swinomish Indian Tribal Community learned Thursday that the Washington State Supreme Court ruled in the Tribe's favor in a challenge to the Skagit River Instream Flow Rule amendments adopted in 2006 by the Washington Department of Ecology.

The Court's October 3 decision concludes that Ecology department's 2006 Skagit Rule amendments are invalid because they are inconsistent with Washington State's laws to protect minimum instream flows for fish and other environmental values.

See water, page 3

INDEX

News 3-5 Sports 6 Letters 7 March Point: Swinomish teens explore the the threat of oil refineries

KANU TV Ch. 99

kanuty.com

Important address change information

Submitted by Rosie Carter

- Must be in writing, handwritten, signed letter, or email — enrollment@ tulaliptribes-nsn.gov, or fax 360-716-0209 or in person.
- Must be completed before the 20th of each month to got on the next per capita run
- All address changes start with Enrollment and we forward addresses to Finance
- Changing your address with Enrollment will update it for the See-Yaht-Sub and mail-outs

Tulalip Tribes Vision

We gathered at Tulalip are one people.

We govern ourselves.

We will arrive at a time when each and every person has become most capable.

Tulalip Tribes Mission

We make available training, teaching and advice, both spiritual and practical.

Tulalip Tribes Values

- We respect the community of our elders past and present, and pay attention to their good words.
- 2. We uphold and follow the teachings that come from our ancestors.
- It is valued work to uphold and serve our people.
- 4. We work hard and always do our best.
- 5. We show respect to every individual.
- We strengthen our people so that they may walk a good walk.
- 7. We do not gossip, we speak the truth.

Tulalip Tribes 1-800-869-8287

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

Tulalip See-Yaht-Sub, the weekly newspaper of the Tulalip Tribes

Manager: Sara "Niki" Cleary, 360.716.4202 email: ncleary@tulaliptribes-nsn.gov

Lead Reporter: Brandi Montreuil 360.716.4189

email: bmontreuil@tulaliptribes-nsn.gov

Reporter: Andrew Gobin, 360.716.4188

email: agobin@tulaliptribes-nsn.gov

Reporter: Monica Brown 360.716.4198 email: mbrown@tulaliptribes-nsn.gov

Supervisor/Design: Kimberly Kalliber, 360.716.4192

email: kkalliber@tulaliptribes-nsn.gov

Librarian: Jean Henrikson, 360.716.4196 email: jhenrikson@tulaliptribes-nsn.gov

Digital Media Coordinator: Roger Vater. 360.716.4195

email: rvater@tulaliptribes-nsn.gov Production Assistant: JD Mowrer, 360.716.4194

email: jdmowrer@tulaliptribes-nsn.gov Administrative Assistant: Val Williams, 360.716.4200

email: vwilliams@tulaliptribes-nsn.gov

Volume 33, No. 39, October 16, 2013 Published once-aweek with special issues by the: Communications Dept.



Tulalip Tribes
6406 Marine Drive
Tulalip, WA 98271
360-716-4200; fax 360-716-0621
email: editor@tulaliptribes-nsn.gov

Deadline for contribution is Friday, with publication on the following second Wednesday (12 days later).

In memoriam: Frank F. Madison, 1923-2002 Sherrill Guydelkon, 1945-2008

KANU TV 99

Tulalip KANU TV 99 Monday 10/21/13 thru Sunday 10/27/13		
Time	Show	Duration
	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the	0:30
	Tulalip Reservation.	
12:30 AM	A Mother's Choice Examines the root causes of FAS/FAE (Fetal Alchohol Syndrome/effects) from the perspective	0:30
	of native mothersmessages about drinking while pregnant.	
1:00 AM	NWIN - 57 NorthWest Indian News: Boxer Joe Hipp, Billy Frank Jr. Biography, Sacred Name Restoration, Salmon	0:30
	Homecoming Celebration.	
1:30 AM	River of Renewal Jack Kohler (Karuk/Yurok/Hoopa) returns to his tribe to discover how politics and economics	1:00
	have impacted tribal fishing and the environment.	
2:30 AM	From the Spirt - Roy Henry Vickers Roy's distinctive art style has combined the traditional and contemporary, old	0:30
	and new, personal and universal themes.	
3:00 AM	Native Lens #26 Youth Collaborations: What kind of Man, Suquamish Dance Group, Rose, Canoe Journeys, Miss	0:30
	Indian Nations, Good Boy, How Chipmunk got it's stripes, Cupcakes, Ocean Acidification.	0.00
3:30 AM	Creative Native - 509 'Domestic Face-Lift', is dedicated to making some decorative items with a native theme to	0:30
	decorate your home. Host, Tamara Bell makes an abalone table tray.	0.00
4:00 AM	River of Renewal Jack Kohler (Karuk/Yurok/Hoopa) returns to his tribe to discover how politics and economics	1:00
7.007111	have impacted tribal fishing and the environment.	1.00
5:00 AM	A Mother's Choice Examines the root causes of FAS/FAE (Fetal Alchohol Syndrome/effects) from the perspective	0:30
3.00 AIVI	of native mothersmessages about drinking while pregnant.	0.50
	Earth Voices - 07 This series profiles Aboriginal People:Brenda Blyan - Politician, Stuart Steinhauer - Artist, Diane	0:30
3.30 AW	Meili - Writer, Thelma Chalifoux - Elder	0.30
6:00 AM 7:30 AM 8:00 AM	Rez-Robics: The Exercise Video Aerobic Exercise for Indian People by Indian People, through the eyes of Drew	1:30
	and Elaine.	1.30
	Tulalip 'Slides' + Total Info Tulalip 'Slides' and Total Info, A service for Tulalip KANU TV viewers - with current	0.20
		0:30
	News, Weather, Traffic, Financial, Dailies to keep you informed.	0.00
	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the	0:30
0.00 414	Tulalip Reservation.	0.00
8:30 AM	Wapos Bay - Ep 2023 Animated Children's Program - "Patients", T-Bear and Talon learn about patience when they	0:30
0.00 414	accompany Uncle Peter to catch fish.	4.00
	Heritage Volleyball Heritage Lady Hawks Volleyball home game played at Heritage High School Gym. Game	1:30
	schedules are subject to change.	4.00
	River of Renewal Jack Kohler (Karuk/Yurok/Hoopa) returns to his tribe to discover how politics and economics	1:00
	have impacted tribal fishing and the environment.	
11:30 AM	A Mother's Choice Examines the root causes of FAS/FAE (Fetal Alchohol Syndrome/effects) from the perspective	0:30
	of native mothersmessages about drinking while pregnant.	
	Community Training: ObamaCare On Wed, Sept 18, 2013, a Community Training was held to learn about	1:00
	eligibility/requirements to enroll for Affordable Care Act, known as ObamaCare.	
1:00 PM	Heritage Football Tulalip Heritage Hawks Boys Football Team home game played at Heritage High School Gym.	2:00
	Game schedules are subject to change.	
3:00 PM 3:30 PM	NWIN - 57 NorthWest Indian News: Boxer Joe Hipp, Billy Frank Jr. Biography, Sacred Name Restoration, Salmon	0:30
	Homecoming Celebration.	
	Wapos Bay - Ep 2023 Animated Children's Program - "Patients", T-Bear and Talon learn about patience when they	0:30
	accompany Uncle Peter to catch fish.	
4:00 PM	Native Lens #26 Youth Collaborations: What kind of Man, Suquamish Dance Group, Rose, Canoe Journeys, Miss	0:30
	Indian Nations, Good Boy, How Chipmunk got it's stripes, Cupcakes, Ocean Acidification.	
	2013 Lushootseed Camp Play The Traditional Lushootseed Story, "Lifting up the Sky," is presented as the 2013	1:00
	Lushootseed Language camp play.	
5:30 PM	Tulalip Matters Tulalip Matters is your destination for information about what is happening on and around the	0:30
	Tulalip Reservation.	
6:00 PM	Heritage Volleyball Heritage Lady Hawks Volleyball home game played at Heritage High School Gym. Game	1:30
	schedules are subject to change. LIVE! Broadcast on game day.	
7:30 PM	Heritage Football Tulalip Heritage Hawks Boys Football Team home game played at Heritage High School Gym.	2:00
	Game schedules are subject to change.	
9:30 PM	NWIN - 57 NorthWest Indian News: Boxer Joe Hipp, Billy Frank Jr. Biography, Sacred Name Restoration, Salmon	0:30
	Homecoming Celebration.	
10:00 PM	Community Training: ObamaCare On Wed, Sept 18, 2013, a Community Training was held to learn about	1:00
	eligibility/requirements to enroll for Affordable Care Act, known as ObamaCare.	
	A Mother's Choice Examines the root causes of FAS/FAE (Fetal Alchohol Syndrome/effects) from the perspective	0:30
11:00 PM		
		0.00
	of native mothersmessages about drinking while pregnant. Creative Native - 509 'Domestic Face-Lift', is dedicated to making some decorative items with a native theme to	0:30

This Schedule is subject to change. To see an updated schedule, go to: http://www.kanutv.com/kanu-tv-99-schedule/

The Tulalip KANU TV 99 Program schedule is always available at www.TVGuide.com enter zip code 98271, select Tulalip Broadband. You can find the weekly schedule at http://www.kanutv.com/kanu-tv-99-schedule/. Also, the Tulalip KANU TV 99 Program Schedule is always available on Tulalip Broadband Channel 44 (TV Guide Channel)

Not getting your See-Yaht-Sub?

Contact Rosie Carter at 360.716.4298 or email rcarter@tulaliptribes-nsn.gov

News

Hatch from front page

Hatch attributes his work with Tulalip Funeral Services to Tulalip elders Herman Williams Sr. and Francy J. Sheldon. Both men worked for years as cultural gatekeepers for tribal families. As a young man, Hatch watched the two men ensure culture was preserved and respected by outside entities during funeral arrangements. He soon found himself becoming a spiritual leader, cultural leader, and community helper.

During his years helping to facilitate funeral arrangements, Hatch witnessed the respect of his culture materialize when Everett's Providence Regional Medical Center Colby Campus designed a waiting room specifically for Tulalip members to use during health problems. This room enables Tulalip members to say traditional prayers, sing and drum, and can accommodate the large families who gather in support when a loved one is hospitalized.

"It's tough," described Hatch about the support that is needed for grieving families. "Every death is an individual death. Everything is done different, and you see the difference in families in how they react and want services done. I can't tell families, do this or do that, unless it is out of our culture."

As a funeral coordinator, Hatch's responsibility meant numerous meetings with hospital staff, police departments, and coroners' offices to communicate tribal families wishes.

"I had to speak with the medical examiners office and help them realize how we do things

as Indian people on the reservation, like have a funeral within four days," explained Hatch about the differences found in tribal funerals from non-tribal. These differences in customs can range from slight to polar opposite. It is not uncommon to find a casket covered in Pendleton blankets in Tulalip, which is later given to close family and friends to wrap themselves in when they are grieving, as part of a healing process.

"Sometimes it is 2 or 3 o'clock in the morning when I get a call that I need to come out. I did this by myself and it was tough. Pretty soon Wendy Young was hired and she started helping me with paperwork and making sure things got done," explained Hatch about the amount of work involved in facilitating a funeral.

"You learn as you go," said Hatch about the emotional strength that is required from funeral coordinators. Unlike larger communities, a funeral in a tribal community involves every tribal member. Families come together in support of each other, and tribal funeral coordinators are often related to the deceased, making their jobs emotionally straining.

"The pain doesn't go away once you bury them," said Hatch. "Most people don't know what to do the moment a loved one passes away, and I thank my community for everything they do in times of tragedy. It is really hard on the families and the strength that you have to have to support the family during this time is tremendous."

"I pray all the time for help because I have

to get through them myself. When we get done, I go home and I am totally beat. I follow the families right from the accident all the way through until the end and sometimes that could be five days, and when you have three in a week, that is really hard."

Hatch plans to take the strength he has developed to help as a community member to support funeral services staff and families during tragedies. "My mom told me ten years ago, it was time to move on and let someone else do this. Now I bet she is up there in heaven saying, Penoke I told you over ten years ago! But I am glad now that there is more help for Candy Hill and Rocky Renecker [Tulalip Funeral Coordinators]," explained Hatch about the growth the department has experienced. "They are doing a wonderful job for our people and I pray for each one who is stepping up to help our community."

Penoke gives thanks to funeral helpers throughout the years. "I have to give all my praise to Herman and Uncle Francy for the leadership that they passed on. I would like to thank Wendy Young for her involvement and help; she has done so much for our people. Thank you to Reverend Marge Williams and the Church of God band members for their music during our services; Mel Sheldon, Andrew Gobin, Pat Brown, and Wayne Lindhorst. I want to thank Denise 'Nisa' Jones and Uppy [Caroline Thornberry] for cooking for our families, and Father Pat Twohy, the Tulalip Police Department, and Benita Rosen and Carolyn Moses."

Water from front page

"This decision is a huge victory for Swinomish, for salmon, and for the water that salmon need to survive. Ecology had a choice to do the right thing or the wrong thing in 2006, and unfortunately, it chose to do the wrong thing. The Court's decision vindicates the Tribe's position and confirms that Ecology cannot make an 'end run' around laws that protect instream flows for fish," said Swinomish Tribal Chairman Brian Cladoosby.

The 2006 Rule amendments radically changed Ecology department's original rule, which was adopted in 2001. The 2001 Skagit Instream Flow Rule established minimum instream flow levels for the Skagit River and several important tributaries.

"We spent years collaborating on what became the 2001 Rule with the City of Anacortes, the Public Utility District, Skagit County, Up-

per Skagit and Sauk-Suiattle Tribes and the State of Washington. The result of those efforts was a good rule based on sound science. Our collective agreement provided certainty for agriculture, for the Cities, for the County and for the Tribes for decades to come," Cladoosby continued.

In 2004, Skagit County sued Ecology department challenging the 2001 Rule. Multiparty discussions ensued as the Swinomish and other tribes, water purveyors, and the State tried to resolve the County's complaints. Eventually, Ecology and the County settled the County's lawsuit without consulting any of the other parties to the negotiation. In return for Skagit County agreeing to drop its lawsuit, Ecology department agreed to adopt the 2006 Rule Amendments.

The 2006 Rule amendments created 27 "reservations" of water for future out-of-stream use for a wide variety of purposes despite the fact

that the senior minimum instream flow right established in 2001 is frequently unmet.

In 2008, the Tribe and the City of Anacortes (the "City") filed a lawsuit challenging the 2006 Rule amendments. The Tribe and City contended that Ecology's decision to create the reservations exceeded Ecology department's authority.

Today, the Washington State Supreme Court agreed that: "Ecology's Amended Rule, which made 27 reservations of water for out-of-stream year-round non-interruptible beneficial uses in the Skagit River basin and which would impair minimum flows set by administrative rule, exceeded Ecology's authority because it is inconsistent with the plain language of the statute and is inconsistent with the entire statutory scheme. The Amended Rule is invalid."

"We would have preferred to work together to find a solution to everyone's water needs as we did prior to the original 2001 Rule," observed Cladoosby, "but, Ecology chose to go it alone with the County and we were left without any option other than calling the problems with the 2006 Rule amendments to the attention of a court. If we had not acted, the stream flows needed to support our diminishing salmon stocks would have been further impacted."

The Swinomish Indian Tribal Community is a federally recognized Indian Tribe with approximately 900 members. Swinomish is a signatory to the 1855 Treaty of Point Elliott, which guarantees the Tribe's treaty fishing rights. Its 10,000 acre reservation is located 65 miles North of Seattle, Washington on Fidalgo Island and includes approximately 3,000 acres of tidelands.

WIC News and Government shutdown

Submitted by Sara Pattison

- WIC (Women, Infant and Children food and nutrition service) is open for business during the federal government shutdown!
- WIC has enough funds to operate through the month of October.
- WIC families should use their WIC checks to

continue to buy healthy foods.

- WIC checks for the month of October are good to use through the 31st of October.
- WIC families are encouraged to keep their scheduled appointments with WIC.
- WIC is ready to enroll any eligible person interested in WIC services.

If the shutdown continues beyond October the WA State WIC Program will be working on plans with hopes of

continuing to operate.

We realize not all of our WIC families/clients may receive the See Yaht Sub. It would be greatly appreciated if you would pass this article on to any WIC families/clients you may know.

If anyone has questions please feel free to contact, Della McCluskey 360-716-5625 or Sara Pattison 360-716-5626. Thank you.

* This institution is an equal opportunity provider. WA WIC does not discriminate.

How Can I Be Sure it is Domestic Violence?

Submitted by Roxanne Chinook

No one has the right to be abusive in a relationship. If you are wondering whether your situation is domestic violence, ask yourself these questions:

Does someone you care about:

- Constantly put you down?
- Repeatedly call or show up to check on you?
- Make fun of you?
- Control all the money?
- Scare or threaten you? "If you do that again, I'll . . . "
- Always blame you?
- Control who you see or what you do?
- Force you to touch or be touched when you don't want to?
- Glare, yell, raise fists, or break your things?
- Grab, shove, slap, or hit you?

Do you:

- Always do what he/she wants instead of what you want?
- Feel like you "walk on eggshells" to avoid anger?
- Feel scared to spend money?
- Stay in the relationship because you fear what would happen if you left?
- Always feel like it is your fault?
- Believe that if you just tried harder, everything would be okay?
- Believe you are "nothing" without him/

If you answer yes to any of these questions, you are in a potentially abusive relationship and should talk with police, social services (especially if children are getting abused), a therapist, minister or friend.

Realize that you are not alone; there are other women who are abused by their husbands or boyfriends. The second thing is to know that you simply don't deserve to be treated like that.

If you believe you are living with domestic violence you can get help. Please call us at (360) 716-4100. If you are in immediate danger call 911 or Tribal Police at (360) 716-4608, Legacy of Healing Advocacy Center & Safe House . Office Hours: M-F 8:00 a.m. - 4:30 p.m. 7720 Waterworks Road, Tulalip, WA 98271 - Office: (360) 716-4100

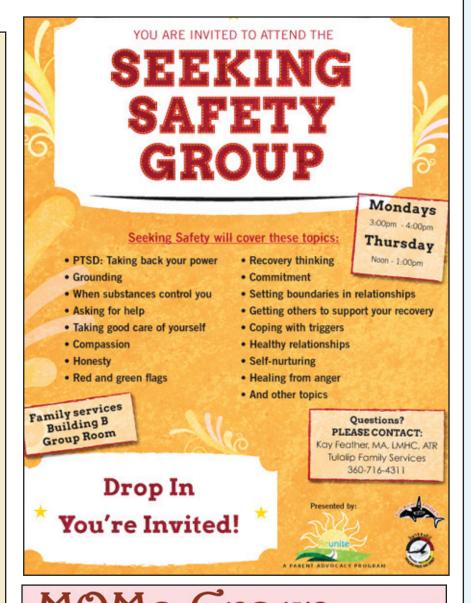
Marina Notice

Submitted by Leland Jones SR, Port Master

Effective
October 8, 2013:
Fishermen who have
vessels or equipment,
trailers, engine
reels, ANY gear,
vehicles or equipment
considered to be
UNAUTHORIZED
LOCATED at 7411
Tulalip Bay Drive, also
known as the Tulalip
Marina Bone Yard
Grounds Docks and
Storage.

The Tulalip
Port Master is
notifying all, that
as of October 8,
2013 you have (30)
thirty days to vacate
your items away
from these premises
by WEDNESDAY
NOVEMBER 6, 2013.

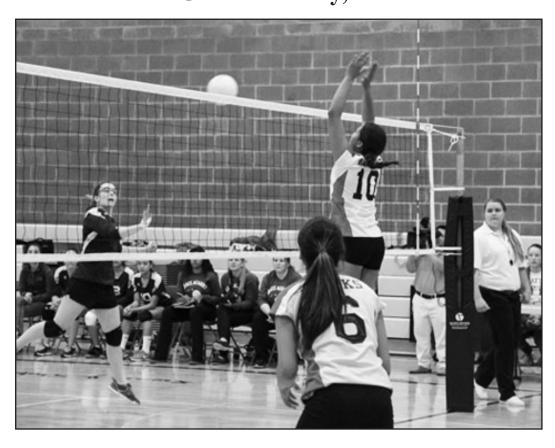
For information contact Marina Main Line (360) 716-4562.





Sports

Lady Hawks take loss against league leader Grace Academy, 1-3



Article and photo by Brandi N. Montreuil

Lady Hawks hosted the Northwest 1B league leader, Grace Academy Eagles on Friday, October 4, at Tulalip Heritage High School.

Heritage Lady Hawks 19 12 25 22 X-- 1

Grace Academy 25 25 17 25 X-- 3

Lady Hawks struggled to match the round of ace serves by Grace Academy leaving them trailing by a few points in four of the set matches. Lady Hawks found their rhythm in the third set taking a surprising win over the league leader.

Despite the set match win, Lady Hawks took a devastating loss in the final round where they led during the first half of the match. Grace Academy took advantage of the Lady Hawks lack of communication to secure the win.

Despite the losses this season, Lady Hawks continue to prove their skills in each game match.

"This season is going well," said Lady Hawks' head coach Amy Andrews. "They are flexible and able to adjust quickly when offensive and defensive roles and systems are changed, or when we are missing players. Grace Academy was our hardest game, and they are a great team this year."

Coach Andrews said the Lady Hawks will continue to stay focused on encouraging each other during matches, as well as hustling during plays and staying positive, both mentally and physically. " I expect the team to continue to improve in their skills and communication, and I expect the rest of the season to be fun."

Hawks upsetting loss against Lopez Lobos, 34-39

By Brandi N. Montreuil

Tulalip Heritage Hawks played Lopez Island Lobos on Saturday, October 5, where an unsettling turn of events left the Hawks unable to overcome the five-point difference to take a win.

Ayrik Miranda threw for 202 yards, had four touchdowns, 15 tackles and an interception. Bradley Fryberg caught two

touchdown passes and had 15 tackles. Robert Miles Jr., also caught two touchdown passes and an interception, while Dontae Jones ran for the other touchdown.

Despite the gritty battle for possession, Hawks head coach Jim Kavaney said the Hawks played hard against the Lobos almost pulling off the upset before the game ended.

Mac and Cheese with Butternut Squash

By Monica Brown

This versatile recipe was derived from the online recipe swap site, SparksRecipes.com. Homemade macaroni and cheese is a favorite for many, but the oil or grease causes stomach discomfort for some people. The added butternut squash gives color, nutrition, and texture to this old favorite and minimizes the grease, but still maintains its creaminess.

Because this recipe is so versatile you can swap out cheeses, add meat or your favorite seasoning. Consider using cream cheese in place of the ricotta for a more cheesy taste. Seasoning can really change the flavor of this mac and cheese; besides salt and pepper, try adding cayenne pepper or another favorite. Precooked chicken or pork could be an excellent addition also. The original recipe asks for the cubed squash to be boiled in skim milk, vegetable broth and water; but, for the sake of convenience I boiled mine in water with a little salt and it still tasted good in the end.

How to handle a butternut squash

Butternut squash can be a difficult thing to cut and peel; if you can find pureed or precut squash feel free to use that in place of doing it yourself. Squash are heavy, round, odd shaped and have a thick skin and if you are set on cutting it yourself, use a large sharp knife and be careful. The easiest way, for this recipe, I have found is to lay it on its side, hold the bulbous end and cut the top off and then cut in half width wise. Stand the top up (the non-bulbous end) on the fresh cut end and skim off the skin with a knife or peeler. After peeled, cut in half lengthwise and begin to cube like you would a potato. The left over portion can be cut in half, seeds scooped out and eaten in the same fashion as baked acorn squash, with some butter and brown sugar.

Ingredients

- 1 small butternut squash (about 1 pound), peeled, seeded, and diced (about 3 cups)
- 1 cup low-sodium vegetable broth (optional)
- 1 1/2 cups skim milk (optional)
- 1 pound whole wheat spirals
- 1 to 2 cups shredded extra-sharp cheddar cheese
- 4 tablespoons Parmesan cheese, grated
- 1/2 cup part-skim ricotta cheese
- salt and black pepper to taste
- breadcrumbs
- parmesan

Directions

In a medium pot either with plain water or water with vegetable brother and milk, boil cubed squash for about 10 minutes until tender. Drain and mash thoroughly.

Boil noodles as directed on package, drain and add in cheese, squash and seasoning. Scoop into casserole dish, this recipe fills two 8 X 8 pans. Sprinkle with breadcrumbs and parmesan or other desired topping and bake on 375 for 20 minutes or until top begins to brown.

For original recipe please go to sparkrecipes.com and search for Butternut Squash Mac and Cheese.

Letters

Fighting to live

The hardest thing that I've ever had to do in my life so far is change. I mean everything. My spirituality, my beliefs, my so-called friends, attitude, my life. In order for me to be able to change, I need to stay uncomfortable. I do what I need to do to keep uncomfortable too. From my outside appearance to doing the small things that I normally wouldn't do. Like saying no to someone offering me dope or wanting me to buy it. Believe it or not, "yes" there's a lot of that in here even. What I mean by here is the place I'm in now. Prison. Its one of the hardest things that I've ever had to do, say no in front of people who only know me as being a dealer or a boss or whatever. I don't see myself as that person today and I love myself for it.

I have a pretty stand-outish haircut going on right now and I get asked about it a lot. It has a meaning I tell them, not a name. My hair today is my strength and my reminder of what

I want after all this is over – that's to be there for my family and anyone else who's struggling. I can't get too comfortable though cuz my inner addict is always looking for a way to help to stay right where I am today. I can say this too; I'm very comfortable with my uncomfortability, because my addiction always has me on edge. So I keep an eye on my toes, I don't let my guard down.

Today I get to enjoy every aspect of my life. From the small things such as simple conversations or being able to have a clear mind, to enjoying hearing my boys. The major reason I nejoy life so much today is because I fight for it every day. I'm not going to let my addiction destroy me today. I will not let my addiction run my life anymore. I will not use. I will only use my addiction as a source to enjoy who I see in the mirror today. And that's a man.

Thank you for all your faith in me to change

Avel Medina, Jr. #1314

Tulalip Tribal Court Notices

TUL-CV-YI-2013-0097. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re J.S.TO: Daniel Cayou Jr.: YOU ARE HEREBY NOTIFIED that on March 4, 2013 a Petition was filed in the above-entitled Court pursuant to TTC § 4.05 for Tulalip Tribal Court to hold a Preliminary Hearing to begin the above named case, and on March 4, 2013, a Preliminary Inquiry Hearing was held in the above-entitled Court pursuant TTC § 4.05 and an Adjudicatory Hearing was set. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on October 29, 2013 at 10:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 11, 2013.

TUL-CV-YI-2013-0098, 0099, 0100. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re C.J., H.J., and E.J. TO: Michael Jones.: YOU ARE HEREBY NOTIFIED that on March 4, 2013 a Petition was filed in the above-entitled Court pursuant to TTC § 4.05 for Tulalip Tribal Court to hold a Preliminary Hearing to begin the above named case, and on March 4, 2013, a Preliminary Inquiry Hearing was held in the above-entitled Court pursuant TTC § 4.05 and an Adjudicatory Hearing was set. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on October 29, 2013 at 10:00 AM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 11, 2013.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2013-0456 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Brandy Delbrouck, Respondent

On August 7, 2013, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than (30 days from the date of the last publication of the summons) and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

Lisa Marie Koop, WSBA #37115 Office of the Reservation Attorney 6406 Marine Drive, Tulalip WA 98271 360-716-4530 ph, 360-716-0634 fax

TUL-CV-GU-2013-0416. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re A.P.B. TO: Princess A. Paul and Anthony L. Bennett: YOU ARE HEREBY NOTIFIED that on July 16, 2013 a Petition for Guardianship was filed in the above-entitled Court pursuant to TTC 4.05 regarding A.P.B. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on November 6, 2013 at 2:00 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 25, 2013.

TUL-CV-GU-2013-0461 and TUL-CV-GU-2013-0462. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re M.C.G. and D.C.G. TO: Jorge Gomez: YOU ARE HEREBY NOTIFIED that on August 8, 2013, Petitions for Guardianship were filed in the above-entitled Court pursuant to TTC 4.05 regarding M.C.G. and D.C.G. You are hereby summoned to appear and defend the above entitled action in the above entitled Court and answer on October 31, 2013 at 3:00 PM in Tulalip Tribal Court, 6103 31st Ave NE, Tulalip WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 25, 2013.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2013-0454

Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Amber Ridley, Respondent

On August 7, 2013, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than (30 days from the date of the last publication of the summons) and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

Lisa Marie Koop, WSBA #37115 Office of the Reservation Attorney 6406 Marine Drive, Tulalip WA 98271 360-716-4530 ph, 360-716-0634 fax

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA

No. TUL-CV-EX-2013-0457 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Anthony Collister, Respondent

On August 7, 2013, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than (30 days from the date of the last publication of the summons) and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

Lisa Marie Koop, WSBA #37115 Office of the Reservation Attorney 6406 Marine Drive, Tulalip WA 98271 360-716-4530 ph, 360-716-0634 fax

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2013-0455 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Armando Cavazos, Respondent

On August 7, 2013, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than (30 days from the date of the last publication of the summons) and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6103 31st Ave. NE, Tulalip, WA 98271.

Lisa Marie Koop, WSBA #37115 Office of the Reservation Attorney 6406 Marine Drive, Tulalip WA 98271 360-716-4530 ph, 360-716-0634 fax

- Who's your favorite monster? ———



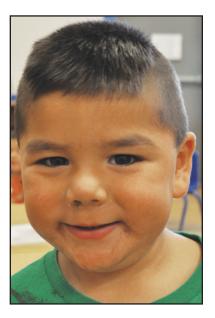
"Mike of Monsters Inc."

Xerxes Myles Tribal member



"Skeletons and vampires."

Telisa RamonTribal member



"Frankenstein."

Gabriel Joseph Tribal member



"My sisters."

Diamond MedinaTribal member

