

dx^wlilap syəcəb

(Tulalip See-Yaht-Sub)

Volume 40 No. 39

Saturday October 12, 2019



A Colorful Approach

Tulalip community runs to raise awareness during Unity Month

By *Kalvin Valdillez*

At precisely 6:00 p.m. on the evening of October 4, Josh Fryberg's voice boomed over a loud speaker, "On your mark, get set, go!" A cloud of various colors was shot into the air. The lights and siren of a Tulalip Police Department (TPD) squad car were suddenly turned on as approximately one hundred and fifty Tulalip community took off running at once.

The one-mile color run began at the Karen I. Fryberg Health Clinic, and as community members passed through numerous checkpoints along Totem Beach Road, they were doused with vibrantly colored chalk. This year, the runners were competing for a handful of prizes such as air pods. Within minutes of leaving the starting line, the fastest runners arrived at the Youth Center looking like visitors from outer space with purple faces and wild pink and blue hair.

Aside from the aforementioned prizes, the people ran for a cause. For four years straight, the program formally known as Youth Services dedicated the entire month of October to promoting awareness and showing the Tulalip community



See **Color Run**,
page 2

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Changing the way we see Native America



Matika Wilbur, Tulalip tribal member and visual storyteller.

By Micheal Rios. Photos by Matika Wilbur and Micheal Rios.

In 2012, Tulalip tribal member and visual storyteller Matika Wilbur sold everything she owned in her Seattle apartment and invested the proceeds into a vision: to unveil the true essence of contemporary Native issues, the beauty of Native culture, and the magnitude of tradition. Her vision's name? Project 562.

Reflecting her commitment to visit, engage, and photograph all 562 federally recognized Native American tribes (in 2012), Project 562 reveals a name that serves to both inspire and educate.

See **Matika Wilbur**, page 6



Tulalip Tribal Court new website

The Tulalip Tribal Court has a new website. Please visit:
www.tulaliptribalcourt-nsn.gov



TULALIP TV

www.tulaliptv.com

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The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

Reporter: Micheal Rios, 360.716.4198
mrrios@tulaliptribes-nsn.gov
Reporter: Kalvin Valdillez, 360.716.4189
kvaldillez@tulaliptribes-nsn.gov
Tulalip News Manager: Kim Kalliber, 360.716.4192
kkalliber@tulaliptribes-nsn.gov
Media & Marketing Manager: Sara "Niki" Cleary,
360.716.4202 ncleary@tulaliptribes-nsn.gov

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In memoriam: Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

Color Run from front page



that they are loved and cared for. In partnership with the Marysville School District, the newly dubbed Youth and Family Enrichment program developed Unity Month as a means to bring the communities together during difficult times.

The Color Run, an annual tradition that signifies the beginning of Unity Month, easily doubled the amount of participants from last year's event. Continuing to improve upon the run every year, the department enlisted a DJ, received a TPD escort and asked the community to pledge their run to one of the four topics of focus during unity month; bullying, suicide, domestic violence and substance abuse prevention.

"This is our kick-off event for Unity Month," Jessica Bustad, Positive Youth Development & Leadership Program Manager. "During the month we promote wellness within our community. This year, everyone got to choose the cause they are running for because everyone deals with different things in their life. We want to unite, and acknowledge that yes, we all have our own personal situations, but we're here for each other."

After crossing the finish line, the runners were cleaned up by way of leaf blowers and proceeded to the youth center to share a meal.

"That was a fun run," said Youth Council Member, Shenell Smith. "We ran to promote awareness and encourage people to say something when they are having trouble. This month is all about unity and we, the Youth Council, take it very seriously. It feels so good to see this turnout because a lot of these kids don't



get a chance to come out to events like these. It's really amazing seeing everybody come together to talk about their struggles while reuniting with everyone else."

Following this year's run, the community exemplified the true meaning of unity as they came together and held a ceremony to raise funds and offer blessings to Tribal member Mike Pablo and family after they survived a recent house fire.

Mike tearfully shared a few words about the amount of people rushing to his family's aid

during their most difficult hour. "We're blessed. The community and Tribe have been so helpful, reaching out anyway they can. Everyone got together and got us a place to live. Thank you for supporting us, and I raise my hands to you for coming together and showing that there is unity still here in Tulalip."

Tulalip Youth and Family Enrichment will continue their awareness campaign throughout October with several fun events including a family rock painting night, a trip to Daybreak Star for

Indigenous Peoples Day, a coastal jam and Trick or Treat night at the Youth Center.

"It's all about raising awareness to issues our community faces. Coming together to do positive things and encouraging people to heal and get well, that's our ultimate goal for everyone," expressed Jessica.

For additional details about Unity Month, please contact the Tulalip Youth and Family Enrichment program at (360) 716-4909.



Feeding the Spirit

Our Native foods with Inez Bill



By *Kalvin Valdillez*

“I remember my aunt, she stood up once to speak at a gathering. She was talking about our Indian food, or lack thereof, and asked ‘what am I supposed to feed my inner-Indian, spaghetti?’” recalled Tulalip Elder and Rediscovery Program Coordinator, Inez Bill, while letting out a small chuckle. “That always stuck with me. And also, when Chief Seattle said, ‘when the tide is out, our table is set.’”

For nearly fifteen years, Inez has led the Rediscovery program, reincorporating a number of cultural aspects that were once considered common, back into the practices of the modern-day Tulalip tribal community. Through colonization, assimilation efforts and the decades of generational trauma that followed, many of these teachings were lost, or kept closely and taught within individual families.

A relatively recent revitalization resurgence saw the art, language and true history of the Northwest tribes come to light and today those cultural traits are often recognized and celebrated throughout the area. And while our lifeways such as fishing, hunting and gathering are rights that may be known to the general public, the spiritual connection to that work is an experience that

is unique to the Coast Salish people.

The Rediscovery program has put an emphasis on helping Tribal members, youth to elders, experience that connection by hosting hands-on workshops at local events, teaming up with several departments to spread their teachings. If you’re lucky, you may have made lip balm or salves out of local Indigenous plants with Inez and her team, while learning about the medicinal purposes each plant contains. Or perhaps you attended Mountain Camp as a youth and learned the many uses of cedar, carving walking sticks and weaving baskets. The program also oversees the Tulalip family canoes Big Sister, Little Sister and Big Brother, awakening them every spring, preparing them for Canoe Journey and putting them back to rest after the summertime event ends.

“Our people have learned and passed things on generation after generation through oral teachings,” explained Inez. “Our teachings are not made up, I’ve heard what I heard many different times. If you go to Upper Skagit, Swinomish, Lummi, Tulalip, you hear the same thing and that’s how you know it’s a teaching.”

Inez is always willing to pass on her knowledge of traditional Salish foods. Long before western civilization arrived to the region, the land was abundant with resources, with tall cedar trees encompassing the land, huckleberries high up in the mountains, elk that walked amongst the forests and salmon that populated the Salish Sea in large numbers. The tribes of the Northwest cared for those resources, ensuring that their people would be provided with sustenance for generations to come.

“Native foods were how our people remained healthy for years,” she said. “As a young girl, I grew up going to the winter ceremonies at our smokehouse and celebrated the spiritual life. During those ceremonies, I worked in the kitchen

with some of the older lady cooks. There are a lot of things I learned from them, as well as from my parents and grandparents. It was there where I learned how to gather and prepare some of our traditional foods.

“When we serve you our Native foods, we are giving you our very best. There are teachings and values that go with everything we do. From the hunter preparing for a hunt and the gatherer gathering, knowing it’s going toward a ceremony or whatever work that’s going to take place, that’s their gift to that occasion, to share in the gathering. There were times during my life where my family would host gatherings for namings, funerals, memorials and ceremonies. It was always important to have our Indian food there. I came to know and recognize the food, and you see those same foods today, our BBQ salmon, deer steak, deer stew, clams, canned fruit, clam chowder, oysters and crab. All of that not only provides nutrition for us, but it feeds our spirits and the spirits of our ancestors.”

Any given year there are several celebrations hosted within an Indigenous community and the meal is an integral piece to the ceremony. The food’s flavor, serving size and overall presentation speaks volumes about the hosting tribe. During smokehouse ceremonies, Inez explained that she and the other cooks would set a table full of traditional foods, specifically for the spirits of the Tulalip ancestors, early in the day before any guests arrived.

“We usually had the first table around three o’clock in the afternoon for our ancestors from the other side who came to witness the festivities going on. When we put the food out there, they’re the first to eat. Then when our visitors come, we serve them next, before we eat. We always prepare and serve our best and that shows that we are rich in our resources and shows that we are sharing with our people and visitors.”



Prayers and songs are offered before and after a hunt, thanking the land, Creator and the animal itself for the nourishment. And not an ounce of meat, hide or bone goes to waste, people fashion garb, jewelry and drums from the animal's remains. And, although it varies from tribe to tribe, the Salish people hold annual Salmon Ceremonies, thanking the fish for its sacrifice at the start of each fishing season.

"How you prepare yourself to conduct that work is just as important as the hunt, as the harvest, if not more. That's where the berry picking songs come from, to make the work easier and not so difficult. And whatever you're harvesting, you never let it waste. You take care of it, you honor it, respect it and give thanks, because it will continue to provide for you into the future."

The Rediscovery program hosts traditional foods workshops and during these classes, Inez and crew provide the history of the Coast Salish foods while also showing their participants how the meals were prepared in ancestral time with bentwood boxes and cooking stones. They also prepare an assortment of food samples including teas, seafood, deer and elk meat, and usually a berry dessert concoction as well. Each dish is created combining traditional plants, herbs, berries, nuts and meat with the recipes that are popular in modern times.

"We are always experimenting," Inez proudly stated while showcasing a large mason jar filled with a berry mixture. "I always wanted to make a pie filling, this was the first year we took time to make this. I think our pallets have changed a lot. Sometimes it's hard to get people to try something unless its palatable. Our people didn't have the modern convenience of table salt or pepper. So today, a lot of people will look at those foods and say they are unseasoned."

"If you look at other cultures, such as the Koreans and Germans they have sauerkraut and kimchi, foods that have been fermented. We had fermented foods too, and we haven't done a lot of experimenting with those just yet, but we know they served a purpose. Like the sourness of Indian ice cream, a soap berry that's whipped up to the consistency of whip cream. If you ate it today without using some sort of sweetener, it could be considered too sour by some. We like to add apple juice, it makes it more palatable, but I don't think our ancestors added that to their recipe."

Inez explained that she began blending traditional and modern recipes when her late husband, Hank Gobin, was diagnosed with diabetes.

"He wasn't supposed to eat bread. I kept thinking of ways to get him bread. And I found a way to make flour out of hazelnut. It doesn't

have any salt or sugar and we grinded the nuts down to the consistency of flour. He was so happy to get that bread, and since then we kept on experimenting, trying to figure out how to make today's recipes healthier for our people by substituting some of the ingredients with our Native foods. Or we'll take a Native recipe and figure out how to cook it in an oven or on a stovetop."

Today, many people around the globe are attempting to switch back to the traditional diets of their culture. For Native people specifically, that includes giving up many of those dishes that we formulated from government commodities, like frybread and hangover soup. The lack of access to healthy foods combined with the diminishing salmon and wildlife populations have caused serious, and often deadly, health issues throughout Native America. But since many tribes began educating their people about some of the dangers of modern processed foods and incorporating pieces of their traditional meal plans into their diets, diabetes and hypertension are on the decline for the first time in decades for Indigenous people as a whole.

Several tribal and Indigenous chefs have documented their journey in reclaiming food sovereignty. And more often than not, the individual claims to feel better and healthier. However, that is just a start. There

are many foods that we have grown accustomed to over the years that can initially be hard to cut out. And until we do so, we may very well continue to have health concerns due to the way foods are manufactured and mass produced.

Now that we are in the middle of the hunting and gathering season, Inez urges the younger people to go out and experience the traditions of the Snohomish people, practice their treaty rights and help provide for their people.

"I marvel at the wisdom of our ancestors to include the right to hunt, fish and gather in the treaty because those are the lifeways of our people," she stated. "It's more important to share and do that work for the elders in your family or community in-need. It says a lot of a person who does that type of work. It shows that you must be good people, you listened and learned the teachings of our ancestors. When families do that, they are remembered and those good thoughts and feelings will bring a blessing upon them for sharing with the people. As far as an Indigenous community, that's exactly what we want to happen. We should continue to rely on our Native foods; the fish, deer and berries. We can't completely go back to the way it was for our ancestors, but if we went back to a-ways, then we would be a lot healthier."

Matika Wilbur from front page

“While teaching at [Tulalip] Heritage High School and attempting to create a photography curriculum with a narrative that our children deserve, I found an outdated narrative,” she recalled. “It’s an incomplete story that perpetuates an American historical amnesia. It’s a story that’s romantic, dire and insatiable...it’s the story of extinction.”

Matika points out the extinction theme often associated with Native America is easily perceived by doing a quick Google Images search. If you search for ‘African American’, ‘Hispanic American’ or ‘Asian American’, then you’ll find images of present day citizens who represent each culture. You’ll see proud, smiling faces and depictions of happy families.

But if you search for ‘Native American’ the results are very different. You’ll see mostly black and white photos of centuries old Natives who are “leathered and feathered”. Making matters worse, you’ll also find more images of white people wearing headdresses than of modern day Native families.

“All of these images and misconceptions contribute to the collective consciousness of the American people, but more importantly it affects us in the ways that we imagine ourselves, in the ways we dream of possibility,” explained Matika.



And so began her 7-year journey to photograph and collect stories of contemporary Native citizens from tribes all across the United States. As her photographic portfolio continued to expand, so

too did her realm of possibilities. Project 562 has driven her to travel hundreds of thousands of miles, many in her RV dubbed ‘the Big Girl’, but also by horseback, train, plane, boat and on foot across

all 48 continental states, Hawaii, deep into the Canadian tundra and into Alaska. The number of federally recognized tribes has risen to 573, according to the Department of the Interior, since the inception



Above: Darkfeather, Eckos and Bibiana Ancheta, Tulalip. Pictured at the edge of Tulalip Bay, they are wearing traditional regalia that was prepared for their annual Canoe Journey. Every year, upward of 100 U.S. tribes, Canadian First Nations and New Zealand canoe families will make the journey by pulling their canoes to a rotating host destination tribe. Canoe families pull for weeks, and upon landing, there will be several days and nights of ‘protocol’: a celebration of shared traditional knowledge, ancestral songs, and sacred dances.

Left: Miss Melba Appawara from the Northern Ute Tribe, born in 1932, and Grandma to many beautiful bear dancers.

of her vision back in 2012, but that fact is just superficial.

Presently, the now 35-year-old Matika has come to realize that Indigenous identity far surpasses federal acknowledgement. There are state-recognized tribes, urban and rural Native communities, and other spaces for Indigenous identity that don't fall under the U.S. government's recognition. Astonishingly, she estimates she has photographs that represent about 900 different tribal communities.

In a respectful way, Matika has been welcomed into hundreds of tribal communities, and she has found that people support the project because they would like to see things change. Conversations about tribal sovereignty, self-determination, wellness, recovery from historical trauma, decolonization of the mind, and revitalization of culture accompany the photographs in captions, videos, and audio recordings.*

"For the past six-years I've been sojourning in my big girl. It's been a whirlwind of a journey, an amazing experience!" beamed the Tulalip photographer who routinely has her brilliant images displayed in museum galleries and college campuses across the nation.

"I started in Washington and worked my way south through Oregon, California, Arizona, and New Mexico," she detailed. "I went to all the pueblos, so many places in Navajo Nation, then down to the south and into the bayou. I continued on to the Everglades and then all the way up the East coast into Haudenosaunee country where I learned about the Great Law. I then zig-zagged across through the country until finally making it up to Alaska. Now, I am back home."

She's returned with an unprecedented repository of imagery and oral histories that accurately portray present-day Native America. Project 562 will ultimately culminate as an awe-inspiring hardcover, series of exhibitions and online resources filled with a dynamic variety of proud Native Americans telling their stories their way. But until that long-awaited day comes, Matika gave adoring fans and devote followers of her project a glimpse into her 7-year journey during the first weekend of October. From October 3 – 5, she held a four-part project preview at Northwest Indian College, Ferndale Library, Nooksack Community Building and the Deming Library.

The Project 562 creator spoke passionately at each venue while sharing stories about overcoming historical inaccuracies, stereotypical representations, and silenced Native American voices in mass media. She shared about meeting one of her real life heroes John Trudell, being at Standing Rock during the 2016 Dakota Access Pipeline protests, and offered powerful stories detailing Native citizens from around the nation rising up from racism and injustice to create a better world for themselves and future generations.

"If I'm here to bring a message at all, it's the message that Indian Country is alive and well," said Matika during her NWIC presentation. "It's the message of hope and resiliency. It's the story of Indigenous intelligence."

"There are still Ghost Dances, Sun Dances and long houses filled with songs and traditional medicines. Our story is worth knowing, telling, and inspiring one another with. Because doing modern things while gathering and encouraging the collective consciousness to uplift Indigenous intelligence is the only pathway forward. That is the dream."

*Source: matikawilbur.com



Jon Red Corn, Osage Nation and Waxak'olin district Osage, leads boys to the Zonzolin arbor where traditional values and teachings of the Osage people are celebrated.



Swinomish Village. "One of my favorite shots from canoe journey this year. It's always an epic feeling to watch dozens of canoes paddle up to our shores. I feel grateful that I am among the generation that gets to know this cultural revolution. That we are the descendants of people who refused to let canoe culture go to sleep. We are the generation that gets to see this awaken. For that, I will always be grateful." - Matika

Betty J. Taylor Early Learning Academy perfect attendance, present and on time every day for September 2019

Birth To Three Wing

Chipmunk

Joshua Gostol Jr.
Angel Ortega

Orca

Keira Monger-Johnny
Claudette Myers
Cason Taylor
Graham Williams

Rabbit

Liam Bayhurst

Raccoon

Jaiden Brady
Hunter Houle
Lita Jimenez

Salmon

Presley Fryberg
Kamryn Gobin
Marilyn Wolftail

Star Fish

Kamren Guss
Harrison Smith
Beckham Travis

Beaver

Kingston Jones
Karter Muir-Allett

Otter

Maverick Alexander
Gia Echevarria
Gabriel Miller

Turtle

Kekoa Lynch
Sariah McLean

Preschool Wing

Eagle

Charlie Bontempo
Camryn Dei
Miyah-J Larkin
Ethan McNeely
Alexander Reedy
Sonny Begay

Hummingbird

Ivanna Arroyo-Martinez
Anastasia Clower
T'Rok Craig
Jeremiah Fryberg

Owl

Zayn Nagro
Preston Shively

Black Bear

Brayden Cavender
Anthony Martin Jr.
M'Kenya Mitchell
Flora Pablo
Gloria Reeves
Krislyn Reeves
Aiden Taylor
Chayce Zackuse-Moseley

Cougar

Teagyn Fryberg-Brown
Zachary Hatch
Hazel Hill
Layne Osborn

Elk

Chale Brinson
Matthias Ellsworth
Steven Jones III
Izmlil Wolftail II

Grizzly Bear

Roman Baca
Jayson Brady
Noelle Comenote
Pilchuck Cortez
Apple Greene
Gracelynn Hatch
Dylan Houle
Darius Janda
Daniel Zackuse III

Wolf

Kaleb Anderson
Naiomi Ortega

Tulalip Youth Council

= Save the Dates! =

October 25th, 2019
Youth Council Application Deadline

November 1st, 2019
Official Candidates Announcement

November 21st, 2019
Youth Council Elections

Tulalip Youth Council
UNITY NETWORK CREED
As a member of the UNITY Network,

- I accept spirituality as an important foundation for a healthy, balanced lifestyle;
- ...recognize that pride in my culture and preservation of my heritage give me strength and dignity;
- ...will be honest, understanding and respectful of the diversity and uniqueness of self, others and our environment;
- ...know the importance of refraining from the abuse of alcohol, tobacco and drugs to maintain physical and mental well-being in order to be a positive role model for present and future generations, and finally
- ...make a personal commitment to strive toward reaching my full potential.

For more information please contact:
Marc Robinson (360) 716-4904 Email: marcusrobinson@tulaliptribes-nsn.gov
Jessica Bustad (360) 716-4902 Email: jbustad@tulaliptribes-nsn.gov

FIRST QUARTER INDIAN EDUCATION PARENT COMMITTEE MEETING

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 6:00-7:00PM MEETING

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PARENTS/GUARDIANS OF NATIVE STUDENTS IN THE MARYSVILLE SCHOOL DISTRICT ARE ENCOURAGED TO ATTEND! PLEASE COME AND SUPPORT OUR YOUTH AND THEIR EDUCATION!

FOR MORE INFORMATION PLEASE CONTACT:
 DEANNA SHELDON, IEP/PC CHAIR
 425-760-0444 OR DEANNA.SHELDON@MSVSD.COM
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 360-965-0058 OR RUTH_ONELL@MSV.LK12.WA.US

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HALLOWEEN PARTY

OCT. 31

5-8pm



Greg Williams Court

Costume Contest
Carved Pumpkin Contest
Games, Haunted House,
Snacks and More!

Text TULALIVEVENTS to 30644 to receive event notifications

#TMUnityMonth

TRICK OR TREAT

The Youth Center
 6700 TOTEM BEACH DRIVE, TULALIP WA 98271

Join us for a fun time as you trick or treat your way through our spooky halls on the hunt for candy, tricks & treats!

Dinner, games, raffle, pumpkins! You wont want to miss this spooktacular event!

Open for all ages! Friday October 25th 2019
Doors open 5pm-9pm




TOGETHER WE'RE BETTER

COMMUNITY
POTLUCK
AND
TRUNK
OR
TREAT



Sunday, October 27 3:00 PM
Kenny Moses Building

Bring your spookiest dish, drinks or desserts!

Contact: Malory Simpson 360.926.4748

This event is sponsored by community members, donations are gladly accepted

State of the Art – Boys and Girls Club

Did the elders/seniors (50 years and older) tribal members read the paper last week, re: where our tribal funds were spent on making the Boys and Girls Club building a “State of the Art” building?

If you did are you wondering why our Senior Center is taking so long in remodeling the Senior Center and we are told by our staff that the budget (which is tribal funds) is the amount budgeted for our Senior Center is only a small fraction of what they have spent for making the Boys and Girls Club a “State of the Art” and the Senior Center is a low budgeted where the bathrooms, deck and numerous other rooms are not being updated. Also they when

they started repairing the building and adding room to the kitchen they didn’t even put a window in the kitchen that faces the bay!! We have been told they put the wires for the electricity where the windows should have been. I wouldn’t call this a “State of the Art” building.

I have written so much about the building that isn’t being worked on and wonder why all other buildings the Tribe improves and this takes precedence over the Senior Center. I think our tribal paper needs to go down and take pictures of the unfinished Senior Center so that all tribal members can see why I am so adamant that this has taken too long. We need to have all the elders/seniors see the mess the Senior Center is currently in and it has been like this for a year. The only Board Member I have seen looking at the building

when we have basket and Arts and Craft classes is Teri Gobin, Mel Sheldon and Les Parks.

The most recent work done was making the parking lot bigger and repaving it. This is also a problem as last week when we were at basket class Joy Lacy noticed they opened up the driveway so the residents adjacent to the Senior Center could use the road. I did talk with the Elders Commissioners and told the Board the Senior Center does not need to have the general public driving through the parking lot. This was discussed at the meeting at bingo last week and the elders/seniors were notified about the driveway and a motion was made that making this an open public road was unsafe for the elders/seniors. A motion was made and approved at the meeting to block the entrance the Tribe opened up and

make the parking lot private for use only by the Retirement Home and Senior Center Staff and those that use the Senior Center.

I get a bit tired of being the bad person that brings these items up but since staff don’t worry about it then I feel obligated to let all the tribal members 50 and over know what is going on. Several of us have basket class on Tuesday along with Yoga and Tai Ji and Arts & Crafts on Friday and absolutely no one is ever working on the building.

Virginia (Ginnie) Carpenter
Tribal Elder

PS: Also staff said our bus should be here the first of Oct. Guess what? No bus yet and it cost our Tribe big bucks but no one really cares!

2019 MPHS Fall Community Marketplace

Saturday, November 30 9AM-3PM

Hosted by NJROTC Boosters & DECA

MPHS Commons 5611 108th ST NE, Marysville



Power Out?

Sudden power outages can be frustrating and troublesome. Here are some tips to minimize loss and keep all members of your household as comfortable as possible. <https://www.ready.gov/power-outages>



Staying Safe Indoors

- Use flashlights in the dark, not candles.
- Eliminate unnecessary travel, especially by car. Traffic lights will be out and roads will be congested.
- If you are using a generator be sure you understand the risks of carbon monoxide poisoning and how to use generators safely. <https://www.energy.gov/ceesr/emergency-preparedness/community-guidelines-energy-emergencies/using-backup-generators>

Food Safety

- Keep refrigerator and freezer doors closed as much as possible. An unopened refrigerator will keep foods cold for about 4 hours. A full freezer will keep the temperature for about 48 hours (24 hours if it is half full) if the door remains closed.
- First use perishable food from the refrigerator. Perishables should have a temperature of 40 degrees Fahrenheit (4 degrees Celsius) or below to be safe to eat. Then use food from the freezer.
- Use your non-perishable foods and staples after using food from the refrigerator and freezer.
- If it looks like the power outage will continue beyond a day, prepare a cooler with ice for your freezer items.
- Keep food in a dry, cool spot and keep it covered at all times.

Electrical Equipment

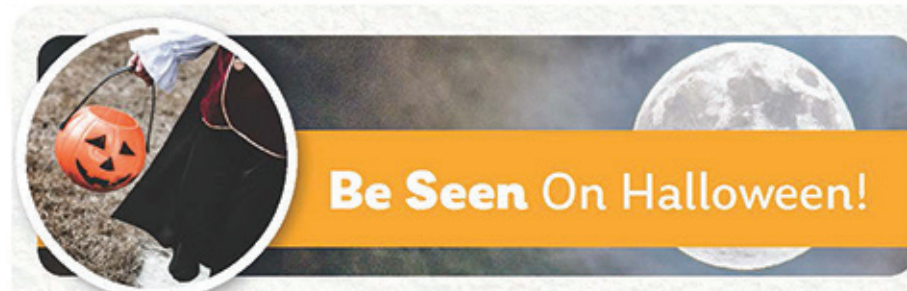
- Turn off and unplug all unnecessary electrical equipment, including sensitive electronics.
- Turn off or disconnect any appliances (like stoves), equipment or electronics you were using when the power went out. When power comes back on, surges or spikes can damage equipment.
- Leave one light turned on so you’ll know when the power comes back on.

Staying Safe After a Power Outage

- If electrical power lines are down, don’t touch them. Keep your family and pets away. Report downed lines to your utility company.

Throw Out Unsafe Food

- Throw away any food (particularly meat, poultry, fish, eggs and leftovers) that has been exposed to temperatures higher than 40° F (4° C) for 2 hours or more, or that has an unusual odor, color or texture. When in doubt, throw it out!
- If food in the freezer is colder than 40° F and has ice crystals on it, you can refreeze it.



Have No Fear! Halloween is Here

Halloween is one of the most anticipated nights of the year for kids. Keep kids safe by making sure they trick or treat with an adult if under the age of 12, and that kiddos have flashlights or glow sticks to be more visible to motorists. Be safe and be seen!

What You Can Do

Make it easier for drivers to see kids. Have kids carry a flashlight or glow stick, wear light costumes or attach reflective wristbands or tape to their outfit.

A Chilling Fact

Kids are more than twice as likely to be hit by a car and killed on Halloween than on any other day of the year.



Where to Find Visibility Stuff

These items can be found at mass retailers, party stores, sporting good stores and online.



Drive Safely as It Gets Darker!



Daylight Savings Time ends every year on the first Sunday in November. This means it starts to get darker earlier. Preparedness Tip: When you change your clocks backward by one hour, it’s also a great time to check the batteries in your smoke alarms and carbon monoxide detectors.

Court Notices

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2019-0254 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. ARMANDO GALVEZ-MADRIGAL, Respondent. On July 12, 2019, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than December 9, 2019 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2019-0317 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. FRANKLIN MILLER, Respondent. On August 26, 2019, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than December 9, 2019 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

TUL-CV-GU-2014-0104. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: B.L.H.; TO: SHANNON LEE HENRY: YOU ARE HEREBY NOTIFIED that an Order on Hearing on Motion to Become a Co-Guardian (Youth) was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on November 7, 2019 at 02:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 21, 2019.

TUL-CV-CU-2014-0334. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. Amber Vazquez, Petitioner vs. Gerry Douglas Bernard Williams. YOU ARE HEREBY NOTIFIED that on September 11, 2019 a Petition for Custody was filed in the above-entitled Court pursuant to TTC 4.20. In order to defend against the petition, you must respond to the complaint in writing and serve a copy upon the Tulalip Tribal Court at 6332 31st Ave NE, Suite B, Tulalip, WA 98271 and upon the petitioner within 60 days of date of first publication. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 21, 2019.

TUL-CV-YI-2019-0318. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: M.K.M., TO: LYNN SHERYL SELAM and JOHN C. SELAM: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 10, 2019 at 9:00 a.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 5, 2019.

TUL-CV-EL-2019-0313. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re Protection of W.P. To: Kemo Welborn: YOU ARE HEREBY NOTIFIED that on August 22nd, 2019 a Petition for Elder Protection was filed in the above-entitled Court. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 5, 2019 at 10:00 a.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 12, 2019.

TUL-CV-AH-2019-0330. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re Protection of Phyllis J. Bradley. To: Alexandria Lee King. : YOU ARE HEREBY NOTIFIED that on September 5th, 2019 a Petition for an Harassment Protection Order was filed in the above-entitled Court. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on October 30, 2019 at 1:00 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 14, 2019.

TUL-CV-YG-2019-0358. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: P.S.T. II, TO: THERESA JOYCE WILLIAMS and PRESON TORRES, YOU ARE HEREBY NOTIFIED that a Petition for Guardianship (Youth) was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on November 21, 2019 at 2:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 5, 2019.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2019-0214 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Isadore White., Respondent. On June 3, 2019, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than November 25, 2019 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2019-0235 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. Richard Nicholas, Jr., Respondent. On June 21, 2019, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than November 25, 2019 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2019-0258 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. MARVIN GARCIA, Respondent. On July 16, 2019, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than November 25, 2019 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

TUL-CV-YG-2019-0348; TUL-CV-YG-2019-0349; TUL-CV-YG-2019-0350 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianships of: J.M.W., Jr. and M.D.A.W., and S.S.W. TO: EDITH BERNADINE WHITEEAGLE and JARED WHITEEAGLE, SR.: YOU ARE HEREBY NOTIFIED that Petition for Guardianships (Youths) were filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled actions at a hearing on December 5, 2019 at 2:00 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 5, 2019.

TUL-CV-YG-2019-0325. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: S. A. T. TO: JEROME ALBERT TOM, SR.: YOU ARE HEREBY NOTIFIED that a Petition for Guardianship (Youth) was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 12, 2019 at 1:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 12, 2019.

50th Anniversary of Annual Tulalip Championship Game

Join us Sunday, November 10, 2019

1-4pm at the Greg Williams Court

For lunch and an honoring, including a video

Participants:

**Cyrus Fryberg Sr.
Alpheus (Gunny) Jones
Dale Jones
Mark (Butchie) James
Billy Jones**

**Myron Fryberg Sr.
Marlin Fryberg Sr.
Jerry Jones
Donald (Penoke) Hatch
Leroy (Skooky) Henry**

**Francis Sheldon
Leroy Joseph
Dean Fryberg Sr.
Zane Hatch Sr.
Gerald Fryberg Sr.**

