



## Tulalip ballot drop box to amplify Native vote

By *Kalvin Valdillez*

A number of signs with red arrows are currently placed throughout the Tulalip Reservation, all pointing toward the direction of the Don Hatch Youth Center. In large text above the arrow, the signage reads: Ballot Box.

Across the country, Native Americans of all nations have a long and complicated history in regards to voting in local, state and congressional elections. In a move that seemed to benefit the

See **Ballot box**, page 4



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**Tulalip Tribes**  
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## 27<sup>th</sup> annual Raising Hands celebration: Lifting our hands to those that make our communities stronger

By *Micheal Rios*

On the evening of Saturday, October 26<sup>th</sup>, the Tulalip Tribes recognized and gave thanks to more than 482 Washington nonprofits and community groups who made a significant difference over the past year at the annual Raising Hands celebration. Held in the Tulalip Resort Casino's Orca Ballroom, the always stylish space was filled to max capacity as representatives of these high-impacting organizations came together to create an atmosphere of appreciation, while sharing their common vision to make our communities better.



See **Raising Hands**, page 3



**TULALIP  
VETERANS**

# Gathering



**November 14 5:30-7:30 PM**  
**Admin Building, Room 262**

*Light snacks and  
drinks provided*

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The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

*syəcəb*, the weekly newspaper of the Tulalip Tribes

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Deadline for contribution is Monday, with publication on the following Saturday.

In memoriam: Frank F. Madison, 1923-2002  
Sherrill Guydelkon, 1945-2008

## Tulalip Bay Fire Department receives license to provide advanced life support care

*Response times will  
improve from 18 to six  
minutes on average*



### *TBFD Media*

[Tulalip, Wash.] – The Tulalip Bay Fire Department (also known as Snohomish County Fire District 15) received a license to provide Advanced Life Support care from the State of Washington. This is the first time such care will be provided from sovereign lands, and will benefit all taxpayers in the district.

Previously, patients had to wait 18-23 minutes for a Paramedic to arrive. With the license, the Fire Department will employ full-time Paramedics to provide these services reducing the average response time to six minutes.

“This life-saving program is made possible thanks to the generosity of the Tulalip Tribes,” said Fire Chief Ryan Shaughnessy. “We could not provide this level of service for all residents without tribal support, and we are grateful.”

The Fire Department has a funding agreement with the

Tulalip Tribes that makes this possible. In it, the Tulalips agree to pay the same amount in taxes as non-tribal members who own property in the Fire Department’s service area.

Prior to receiving its license, the Fire Department provided Basic Life Support, or BLS. ALS stands for Advanced Life Support, and is the highest level of emergency medical care that an agency can provide. It includes medication therapy for stroke and cardiac events, advanced respiratory care, and seizure control for patients.

“We have had a Paramedic response to our fire district since the late 1960s,” said Deputy Chief Jim Reinhardt who oversaw the license application. “We are grateful to the neighboring agencies who provided this type of mutual aid in the past.”

There are two licenses that an agency can apply for in Washington State. One is for

ALS Aid and the other is for ALS Transport. The Fire District secured its ALS Aid license, and will continue to rely on neighboring jurisdictions to transport patients to area hospitals. These partners include Arlington, Everett, the Marysville Regional Fire Authority, and the North County Regional Fire Authority.

Deputy Chief Reinhardt is a licensed Paramedic. The Fire Department is in the process of hiring another, who is expected to be on board in November.

The licensing process took approximately two years to complete, and was comprehensive. The Fire Department effectively had to prove it had an ALS program in place before it could qualify for a license. The state inspected its ambulances, equipment, pharmaceutical and narcotics tracking, certification of personnel, and daily audit of medications being used in response to calls.



## Raising Hands from front page



“In the Tulalip tradition, we raise our hands to show appreciation to the numerous organizations whose good works help to make our communities strong,” stated Chairwoman Teri Gobin. “It is truly remarkable how many of our citizens, non-profits and community organizations are involved in efforts to improve the well-being of our communities. [We] hold this event every year to let these individuals and organizations know we value their contributions.”

This year’s Raising Hands recognized the prior year in community achievement stimulated by an astounding \$7.2 million in tribal support to more than 482 nonprofits and community groups. Since 1992, the Tulalip Tribes charitable giving program has donated over \$98.8

million in critical support to the community and, indirectly, to their own membership by supporting regional efforts to improve education, health and human services, cultural preservation, public services, the environment, and the economy.

But the Raising Hands event isn’t all about dollars and cents. At the annual celebration, our community’s change makers are given a chance to share their plans for the future and learn how others like-minded charities are striving to make a difference for the benefit of so many. This is an invaluable benefit for organizations who can sometimes struggle to get their message broadcast to larger audiences.

“Each and every one of the organizations represented here truly do make a difference.



“The Lhaq’Temish people are the people of the sea. Our relatives are up and down the coast and throughout the Indigenous territory of the American continent. What we’ve been able to do with the funds we received from Tulalip’s Charitable Contributions are to provide hospitality and appreciation for our many guests at the Paddle to Lummi. In addition, we provided services to our community with the Stepping Stones project that helps the homeless.

This year celebrated the 30<sup>th</sup> anniversary of the Canoe Journey that has been brought back to our communities. This is really who we are from the elders to the young ones. With the Paddle to Lummi we continued to hand these teachings down to the next generation, to the next seven generations, so they have something to celebrate and honor in a good way.”

– Candice Wilson, Lhaq’Temish Foundation executive director

“Spark Northwest is a nonprofit dedicated to advancing locally controlled, clean energy across Washington and Oregon. We make planned community solar projects and have cooperatively owned wind turbines. The idea is the local community decides what they need and we help them achieve that vision.

For so many years, our economy has depended upon burning fossil fuels for our wealth. We’re facing rising seas, ocean acidification, increasing wild fires...all of these threats to our well-being and it’s because of this legacy of polluting energy. We’d like to change that story and have people use clean fuels, like solar and wind.”

– Linda Irvine, Spark Northwest program director

“The future of March of Dimes is really fighting those issues that are stigmatized. People don’t like talking about opioid addiction, especially talking about opioid addiction in mothers. There’s a lot of judgment that comes with it and so we are really advocating to start the conversation and be supportive of those women, to find them the help they need so that they can then help their babies.

One of the other ways we are really breaking down barriers is looking at ethnic disparities. In Washington State, Alaskan Native and American Indian women have significantly higher risk of having a premature baby because they don’t have the health care access. We are excited about increasing the access to group prenatal care. If we can create the opportunity for every mom to have access to that resource, then we can literally save thousands of babies every year from being born premature.”

– Kristen Miller, March of Dimes development manager

“The San Juans Islands are in the center of the Salish Sea. We’re home to critical habitat for southern resident Orcas, 119 federally endangered species, and over 8 million residents that call the Salish Sea home. Tulalip has been an advocate for the Orca since time immemorial, so to work together on the legal and cultural spectrum to represent our ancestors from the deep has been so wonderful.

To be honored by the Tulalip Tribes for the work our organization does is so uplifting and fuels us spiritually. To be celebrated with so many worthy recipients that share a deep love for the Salish Sea that we all do is amazing. The awareness that this event gives to the greater community is truly a gift.”

– Stephanie Buffum, Friends of the San Juans executive director



Their dedication is not just to our Snohomish county area, but to the entire Puget Sound region,” stated board of director Mel Sheldon who co-emceed the event.

The theme of this year’s event highlighted the Orca and its importance to the Tulalip Tribes and the region at large. Prior to guests and attendees enjoying a delectable five-course dinner, the Tulalip Honor Guard presented the flags, a prayer was given by Lushootseed teacher Maria Martin and a traditional welcoming given by Tulalip drummers and singers.

For 11-year-old tribal member Amaya Hernandez, the greater concept of showing thanks and giving back was why she volunteered at the celebratory event. “My mom raised me to know that volunteering is important. I volunteered today and wrote out peoples name tags and handed out gifts,” she smiled. “It feels good to give back.”

For the 27<sup>th</sup> Raising Hands, six standout non-profits received special recognition for their exceptional creativity and effectiveness. Spark Northwest, March of Dimes, Lhaq’Temish Canoe Journey, Operation Homefront, Big Brothers Big Sisters, and Friends of the San Juans were each highlighted for

their innovative work serving local communities.

“When you see people coming together to have these amazing, positive conversations, that is when we know we are helping make a difference,” asserted Marilyn Sheldon, manager of Tulalip Tribes Charitable Fund. “We try to show respect and honor these charities that give so much of themselves for this community. We want them to feel like the red carpet got laid out, and that it’s just for them.

“Each year, as soon as the event is over, we ask ourselves how we can help make the next one better,” continued Marilyn. “Giving people the opportunity to work together is priceless. We are so fortunate to be able to work with these amazing organizations in Snohomish and King Counties, and throughout Washington State that do so much good in our communities.”

The Indian Gaming Regulatory Act (IGRA) of 1988 allows tribes to conduct certain types of gaming if they enter into a gaming compact with the state. Tulalip’s tribal-state gaming compact, like most, includes a provision to donate a percentage of gaming earnings to organizations impacted by gaming, as well as other charitable organizations.



From this provision the Tulalip Tribes Charitable Fund was created.

The Charitable Fund, also known as Tulalip Cares, provides the opportunity for a sustainable and healthy community for all. The Tulalip Tribes strives to work together with the community to give benefits back to others to help build a stronger connections to local neighborhoods. That’s why, in Tulalip, it is tradition to ‘raise our hands’ to applaud and give

thanks to the numerous organization in our region that strive to create a better world through positive action.

Nonprofits and community groups are encouraged to apply for quarterly awards through the Tulalip Cares program. For more information, visit the Tulalip Tribes Charitable Funds website at [www.TulalipCares.org](http://www.TulalipCares.org)

## Ballot box from front page



assimilation agenda, the United States granted Indigenous Peoples U.S. citizenship in the 1920’s. This, however, did not allow Native people the right to vote. In fact, the government left it up to each individual state to determine if tribal members could cast a vote come Election Day.

For approximately forty years, the tribes fought for the right to vote. With Utah guaranteeing voting rights in 1962, Natives could legally participate in many, but not all, voting events within their cities, counties, states and country. But, the fight was far from over.

From the sixties to present day, Native communities often face a number of obstacles during voting season. Making national headlines in the fall of 2018, North Dakota received a U.S. Supreme Court ruling that allowed the state to enforce

a voter ID requirement upon its citizens in order to register to vote. The voter ID requirement asks voters to show an identification card with a residential address at polling stations, noting that tribal status cards are not an acceptable form of ID. Being that most reservations adhere to the P.O. box system and generally don’t have physical street addresses, thousands of voices were silenced in result of the ruling.

Another barrier Native voters have to overcome is distance. More often than not, polling places and ballot boxes are located miles away off-reservation.

Unfortunately, due to the many hoops Native people have to jump through in order to have a say, a lot of them feel discouraged from voting, resulting in record low turnouts and thousands of unfilled ballot choices each year.



In a Nation that appears to be deliberately suppressing the Native vote, Washington State passed Senate Bill (SB) 5079, also known as the Native American Voting Rights act, this past February.

“Voter participation is not a partisan issue; it is the foundation of our democratic system and must be protected by all sides,” stated Senator John McCoy, Prime Sponsor of SB 5079 and Tulalip tribal member, on the Senate floor.

The bill passed with a 34-13 vote and addresses Native American voter suppression by allowing voters to register online with a tribal ID, use a tribally designated building as a mailing or residential address, as well as place one ballot box on each reservation, at the tribe’s request. The bill was officially signed into law by Washington State Governor Jay Inslee on March 14.

Just in time for Election Day, a new ballot box was recently established inside the parking lot of the Don Hatch Youth Center. An approved amendment to the bill states the location of the drop box must be accessible by way of road to the county auditor. The location must also be central and accessible to all tribal members.

“Historically, the Tulalip gym was a voting place for many years,” said Democratic National Committee Native American Political Director and Tulalip tribal member, Theresa Sheldon. “The Tulalip community would come to the gym every year to cast their vote by machines. Once we moved to mail-in elections, Tulalip lost our voting place. Since then, we have been aggressively requesting from Snohomish County to be an official ballot drop off location. This didn’t happen until Senator John McCoy passed a bill in the State legislature stating a ballot box must be located on every reservation to ensure access to voting.”

A few days after Governor Inslee signed the Native American Voting Rights act into law, he also signed a universal voter registration law, which automatically registers Washington State citizens, who are obtaining an ID card or driver’s license, to vote. This law of course eliminates the issue of utilizing your tribal status card as a form of

identification when registering to vote.

“I’m very thankful for any law that makes voting more accessible,” expresses Theresa. “We all live such busy lives so having a designated place to drop your ballot off, any time of day, is very much appreciated. Washington State’s new voting laws also make it so everyone over the age of 18 years old is automatically

registered to vote. They use your address from your driver’s license.

If you need to update your address or did not receive your ballot, please contact Snohomish County auditor’s office if you live within Snohomish County. Their phone number is (425) 388-3693, they have an actual human being who answers the phone and is very helpful.

If you misplace your ballot,

you can always go to the County office to vote in person. Also, if you would like help with your ballot and the massive amounts of issues, here is a great resource, <https://progressivevotersguide.com/Washington/>.”

The new ballot box is accessible 24 hours a day, until 8:00 p.m. on November 5, Election Day.

**VOTE**

**November 5  
10am-3pm**

**BALLOT PARTY**

**TULALIP ADMIN BLDG, ROOM 162**

**RAFFLE & SNACKS!**

- Tribal Employees granted approval to attend (up to one hour upon approval by supervisor).
- Raffle winners do not have to be present to win. Winners will be contacted the following day.
- Can’t attend in person? Send your completed ballot w/someone and be entered into raffle.
- Check your voting status: [www.myvote.wa.gov](http://www.myvote.wa.gov) (enter your name & DOB).
- Forgot/lost your ballot? Print it out: [www.myvote.wa.gov](http://www.myvote.wa.gov)
- If you have already turned in your ballot, bring in your printed out receipt. We print it out at the ballot party for you, if you are unable to do so from home.

The Board of Directors recommendations for voting will be available at the Ballot Party.



# 1-on-1 with new Indigenous Education Liaison, Kateri Loe



of their students.

Their committed team has recently added two new tribal liaisons. They are Kateri Loe and Ian Lafontaine. Kateri was gracious enough to give a brief introduction of her background and teaching style for our community readers.

**Q: Please tell us a little about yourself and your path to Marysville School District?**

My name is Kateri Loe. I am an enrolled member of the Choctaw Tribe and a descendant of the Yakama Nation. I grew up in Yakima, Washington and received my Bachelor's Degree in Photography from Seattle University. After college, I started my first job working in special education, and I've been passionate about working with youth ever since. I'll be working as the liaison for Quil Ceda Tulalip, Cascade, Pinewood and Shoultles Elementary.

**Q: Why did you decide to become a Liaison for MSD's Indigenous Education?**

I have been working with youth from diverse backgrounds for the last 8 years. I love education and helping kids to learn. When I saw an opportunity to give back to the Native community, I went for it. I had previously worked in the Marysville School District, so I'm happy to be back.

**Q: What three words would your peers, administrators, or students use to describe you?**

Determined. Passionate. Creative.

**Q: How will you encourage parents (and other family members) to support their student's education?**

I think encouraging families to take time every day to read together is a great step to supporting education. Another area is helping families feel welcome to come to school and be a part of the community. When families can make school a priority then the kids will be excited to learn.

**Q: In your opinion, what's the biggest challenge facing today's students?**

The biggest challenge students face is the high expectations of standardized testing. I think kids learn better when they have the opportunity to learn and think creatively.

**Q: How will you engage reluctant learners? Put another way, how do you motivate students to learn?**

I think a lot of kids feel reluctant to learn because they learn differently. I hope to build relationships with students and learn about what motivates them. One of my favorite things to do is to find creative ways to teach kids and challenge them. Once you can find out their strengths and learning style, you can find ways to help them feel motivated.

**Q: Anything else you'd like to say to our Tulalip community readers?**

Thank you for this opportunity to serve your community. I am excited to get to know the students and families of this community. I am so excited to learn new things as I help our students to grow.

By Micheal Rios

Marysville School District's own Indigenous Education department (often referred to as Indian ED) is a federally funded program. Its goals are to provide supplemental support for academic achievement, social encouragement, and cultural enrichment to the District's ever-growing Native American student population.

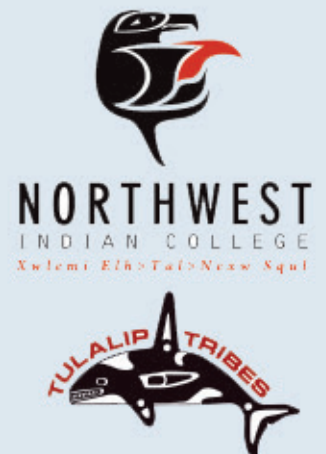
Indigenous Education staff may be small in number, but are mighty in impact. They are a dedicated staff who remain ever vigilant to the idea every Native American student can be successful at school and receive a quality education. Often called upon to fulfill a litany of responsibilities in and out of the classroom, they do so in the best interest

*Winter Quarter  
Registration*

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**Classes begin on  
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January 8, 2019**

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# The Wonders of Music

Submitted by Jeanne Steffener, Higher ED

Music is a wonderful thing. Down through the ages, music has been an important element of every culture. Music unifies us because it is an intimate art form that fosters a special way of communicating emotion, soul.

So whether we listen to or are playing an instrument there are big benefits for your physical and mental health such as, making you smarter, happier, and more

productive at all ages and stages of life.

There have been many advances over the years and studying the effects of music on the brain has helped with measuring just how music affects the brain. A new branch of research was created called neuromusicology which studies how the nervous system and brain react to music. The evidence indicates that music activates every part of the brain.

With the use of neuroimaging techniques, researchers have found that music training in early childhood (pre-age 7 years) produces actual changes in a child's brain in structure and function. For musicians, studies indicate that their brains are larger and more extensively connected than non-musicians.

It has been noted that, Einstein learned to play the violin as a young child. A study of his brain has shown unusually strong connections. Other studies indicate that musical training increases blood flow to the brain and is thought to improve lan-

guage processing ability. So what is the difference between playing an instrument or not? Studies show that musicians develop a bigger, better connected, more sensitive brain due to playing an instrument. They gain better working memory, auditory skills, and cognitive flexibility in making music. Their brains are noticeably more balanced and they respond more symmetrically when they listen to music. Music can be a huge benefit through increase in your understanding of math.

In addition, playing an instrument can lead to a sense of achievement and an increase in self-esteem. As confidence builds, students are able to develop persistence and self-discipline in overcoming frustrations as they engage with more advanced material.

In a work environment, there is abundant evidence that just listening to music can make you a happier, more productive employee. This is especially true if you can choose your own music. Studies indicate that

employees who listen to their own preferred choice of music, not only complete tasks quicker but are able to be more creative in their thinking and problem solving.

Data suggests that background music enhances performance on cognitive tasks, improves accuracy and aids in the efficient completion of repetitive tasks; such as going to the gym. When surgeons operate on patients, they were calmer when music played in the background. Music can also assist people to perform better in high-pressure situations. In fact, music can be an stimulus to creativity, especially if it is upbeat. Amazingly, people in the study didn't really have to like the music to reap the benefits.

If you are interested in a very creative vocation, please call the Higher ED staff at 360-716-4888 or email us at [highered@tulaliptribes-nsn.gov](mailto:highered@tulaliptribes-nsn.gov) for assistance.



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\* RSVP: 360-716-4888, Higher ED or [highered@tulaliptribes-nsn.gov](mailto:highered@tulaliptribes-nsn.gov)



## College Bound

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**December 5**  
 4 - 6 PM  
 RM 264, Admin. Bldg.



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 LOCATION: Rm 264, Admin. Bldg.

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## Tulalip Resort Casino Chefs Are Nutty for Hazelnuts This November

### Dishes to Celebrate the Resort's Third Annual "Hazelnut Holidays"

Tulalip, Washington — Tulalip Resort Casino chefs are excited to whip up their newest filbert-filled creations for their dining guests. From breakfast and salads to seafood and tempting desserts, these seasoned chefs have rounded up some creative hazel-nutty recipes. Tulalip's third annual "Hazelnut Holidays" will run from November 1 through December 1, 2019.

Local hazelnuts from Hazel Blue Acres will be featured throughout the Resort's restaurants. What makes Hazel Blue Acres hazelnuts so special? These nuts originate at a local family farm in Silvana, Washington, near the Stillaguamish River. Tulalip's commitment to curating top local ingredients in all of their dishes is highlighted with their partnership with Hazel Blue Acres.

"Hazelnuts are not just for dessert," shares Executive Chef Perry Mascitti. "Hazelnuts and chocolate are a match made in heaven and their rich, nutty flavor can turn any dessert into a masterpiece. Roasted hazelnuts (chopped or whole) can impart a buttery savoriness to everything from salads to meat dishes, and can transform an otherwise simple dish into a satisfying, hearty plate. We can't wait to share this year's Hazelnut Holidays with you!"

The Tulalip chef team invites all Resort guests to enjoy the following hazelnut-laced selections during November's Hazelnut Holidays.

Blackfish Wild Salmon Grill and Bar's Chef David Buchanan loves cooking with hazelnuts because they add a sweet, nutty flavor to his Hazelnut Pesto Sea Bass. The Sea Bass is encrusted with the hazelnut pesto, served with a Havarti polenta, and autumn succotash of corn, roast butternut squash, asparagus, zucchini and red onion. And for the finale to dinner, guests can enjoy Pastry Chef Nikol Nakamura's Sutell Stuffed Beignets. They are stuffed with Nutella hazelnut spread and served with praline ice cream, which should not be missed.

Is breakfast your favorite meal of the day? If so, then head over to Cedars Cafe, where Chef Brent Clarkson will be preparing his Cedar's Café Grilled Hazelnut Coque Madame. Served on a grilled hazelnut crusted egg bread, lay-

ered with Havarti cheese, prosciutto, ham and two cook-to-order eggs, topped with the Chef's Sauce Mornay. This hazelnut special will be offered seven days a week during November from 6 am to 4 pm. To fulfill your sweet tooth, indulge in their Chocolate and Hazelnut Pudding served with Frangelico cream, toasted hazelnuts and fresh raspberries. The perfect way to start any morning!

Join Chef Jeremy Taisey for Tula Bene Pastaria + Chophouse's house-made Garganella pasta served with braised pork, toasted hazelnut ragu, sun-dried tomatoes, rosemary, parmesan cheese and pickled peaches. And to end the meal with a slice of pure sweetness, try Pastry Chef Nikol Nakamura's Gianduja Tart made with creamy mascarpone and a rich, deep chocolate hazelnut filling.

For a quick bite on-the-go, make a stop at either the Carvery or the Hotel Espresso for their Toasted Hazelnut Chicken Salad. The salad will be served with a roasted chicken breast, toasted Hazel Blue Acres hazelnuts, and red grapes on a bed of crisp Bibb lettuce.

As part of this year's Hazelnut Holidays, Chef Lil at Eagles Buffet will be sharing her signature Roast Pork Tenderloin. It will be served with a house-made mustard hazelnut sauce, which is part of the daily buffet offerings. For menu information and pricing, visit here.

At The Draft Sports Bar and Grill, it's all about the Hazelnut Chicken Bites. Chef Susan is serving these golden brown hazelnut crusted chicken bites with their house-made bleu queso dipping sauce.

Tulalip's Blazing Paddles Stone Fired Pizza and Spirits are showcasing their Hazelnut Fig and Pear Pizza this November: a tempting pizza layered with fig jam, arugula, red and Bartlett pears, brie cheese, prosciutto and topped with hazelnuts.

Are you craving a dessert pizza? Order Blazing Paddles Hazelnut Cinnalicious made with cinnamon streusel, green apples and drizzled with a caramel sauce.

The Tulalip culinary team extends an invitation for everyone to come and experience their "Hazelnut Holidays" for this limited engagement. For more information, visit [tulalipcasino.com](http://tulalipcasino.com).

### November 2019 Senior Center News & Events

- Nov. 1 - Checks @ Senior Center until 1pm
- Nov. 8 - Closed for Staff Training Day
- Nov. 11 - Closed for Veteran's Day
- Nov. 13 -TEC Bingo
- Nov. 15 - Checks at Senior Center until 1pm
- Nov. 15 - Trip to Nisqually Bazaar (see flyer) please sign up ASAP space will be limited. We will be leaving at 9am from the Dining Hall.
- Nov. 22 -Thanksgiving and Birthday Lunch Celebration at the Dining Hall 11:30am-12:30pm. Please come join us, all are welcome.
- Nov. 27 -TEC Bingo
- Nov. 27 - Checks@ Sr. Center until 1pm. -The checks will be dated 11-29-19 (This is Dec. Per Cap check)
- Nov. 28 - Closed for Thanksgiving
- Nov. 29 - Closed for Tulalip Day

Have a safe and Happy Thanksgiving  
Senior Center Mainline - (360) 716-4684

Diabetes Care and Prevention Program  
Karen I. Fryberg Tulalip Health Clinic



## Diabetes Day and Prevention Awareness

Tuesday, November 5th  
9:00 am - 3:00 pm

Karen I. Fryberg  
Tulalip Health Clinic  
Conference Room

- Food Demonstrations
- Guest Speakers
- Mindful Meditation Movement
- Informational Booths
- Prize Drawings



See our website for complete agenda ([tulaliphealthsystem.com](http://tulaliphealthsystem.com))

#### Contact Information

Brooke Morrison  
360-716-5617  
Roni Leahy  
360-716-5642





# 50th Anniversary of Annual Tulalip Championship Game

**Join us Sunday, November 10, 2019**

**1-4pm at the Greg Williams Court**

**For lunch and an honoring, including a video**

## **Participants:**

**Cyrus Fryberg Sr.  
Alpheus (Gunny) Jones  
Dale Jones  
Mark (Butchie) James  
Billy Jones**

**Myron Fryberg Sr.  
Marlin Fryberg Sr.  
Jerry Jones  
Donald (Penoke) Hatch  
Leroy (Skooky) Henry**

**Francis Sheldon  
Leroy Joseph  
Dean Fryberg Sr.  
Zane Hatch Sr.  
Gerald Fryberg Sr.**





## New Life I'm Leading

I don't know,  
Which way I'm going,  
I had to give up,  
And ask God to lead my way,  
Take all my hurt,  
And pain I've been feeling,

With the blood of Jesus,  
It will fully be washed away,  
I'm down on my knees,  
Yes I'm always praying,  
Listening with my heart,  
For anything that he might say,  
He says all I ask,  
Is for you to listen,

Always believe in me,  
And never again walk astray,  
I take hold of hope,  
I start believing,  
And all things bad in my life,  
Slowly fade away,  
Now I know,  
Which way I'm going,

For the Lord,  
Has fully cleared my way,  
From here on out,  
It's your life you're leading,  
For I know,  
You're going to be...okay.

Avel Medina, Jr

## My Pursuit of Happiness

*Dedicated to my 3 sons*

Happiness, what is it exactly?  
How does one achieve it?  
How does one know  
how to measure it?

It's not something you're able to gain  
by having a bunch of materialistic  
stuff, money or even the girl  
of your dreams.

Happiness isn't something that is  
freely given out or able to be bought.  
No, happiness is the most sought out  
thing in the world.

Everyone wants it. It's something  
you get by ones works,  
as you should know already,  
you need to work to get it.

It's something that can come to one's  
life if only to provide temporary  
happiness and then in a blink of an  
eye be gone. Leaving you  
to always want more.

You can always measure ones  
happiness by the glow of ones face,  
the twinkle in ones eye, or by the  
pure aura that one carries with him.

They'll always be the person  
everyones drawn to. You see I've felt  
and had true happiness in my life. In  
my experience my happiness came  
by seeing someone else happy at  
seeing me, someone always wanting  
to be around me, me being able to  
be me and who I'm with helping me  
find out who I even am.

You see my happiness came in a  
three pack, my happiness was having  
my 3 sons with me and in my life.  
So yeah, I'm back in the pursuit of  
happiness, and when I get back  
this time,

I'm not ever letting it go.

By Avel Medina, Jr.

2019 COMMUNITY EVENT






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## Veterans Healing Forum

In this annual event at Hibulb, in honor of Veterans, Rev. Bill Topash will provide a forum for anyone on the journey of hope and healing, which will include a discussion on post-traumatic stress—its history, symptoms, coping mechanisms, and treatment resources.

**—EVENT LOCATION—**  
HCC Longhouse Room

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**HIBULB'S COMMUNITY EVENTS**  
*Community events come in many varieties with different purposes. They may help support local artists, celebrate holidays, or simply bring people and families together. Regardless of the purpose, involvement in community events can benefit all involved.*

**—EVENT DATE—**

**Monday**

**November**

pədx'ay?

**11**



**—TIME—**

**3:00 PM to 4:00 PM**

**—FEE—**

This event is included in the price of admission

**—MORE INFO—**

Lena Jones  
360-716-2640  
lejones@tulaliptribes-nsn.gov  
or  
info@hibulbculturalcenter.org

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*Located less than a mile west of I-5 Exit 199*

6410 23rd Ave NE  
Tulalip, WA 98271

**HibulbCulturalCenter.org**

**CONNECT WITH US**







TDS-31271



## Court Notices

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2019-0254 Summons by Publication and Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. ARMANDO GALVEZ-MADRIGAL, Respondent. On July 12, 2019, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than December 9, 2019 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2019-0317 Summons by Publication and Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. FRANKLIN MILLER, Respondent. On August 26, 2019, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than December 9, 2019 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

TUL-CV-YI-2019-0318. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: M.K.M., TO: LYNN SHERYL SELAM and JOHN C. SELAM: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 10, 2019 at 9:00 a.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 5, 2019.

TUL-CV-EL-2019-0313. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re Protection of W.P. To: Kemo Welborn: YOU ARE HEREBY NOTIFIED that on August 22<sup>nd</sup>, 2019 a Petition for Elder Protection was filed in the above-entitled Court. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 5, 2019 at 10:00 a.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 12, 2019.

TUL-CV-AH-2019-0359 and TUL-CV-AH-2019-0360 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re Protection of Shayna Lee Breedlove. To: Ivan Velasquez: YOU ARE HEREBY NOTIFIED that on October 3, 2019 a Petition for an Harassment Protection Order was filed in the above-entitled Court. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 4, 2019 at 1:00 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 14, 2019.

TUL-CV-YG-2019-0325. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: S. A. T. TO: JEROME ALBERT TOM, SR.: YOU ARE HEREBY NOTIFIED that a Petition for Guardianship (Youth) was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 12, 2019 at 1:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 12, 2019.

TUL-CV-YG-2019-0380. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: C. A. M.: JOHN ELLWOOD MYERS AND GINGER ALLEN-MYERS AKA GINGER ROSALIE ALLEN, YOU ARE HEREBY NOTIFIED that a Petition for Guardianship (Youth) was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 19, 2019 at 2:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: November 2, 2019.

TUL-CV-YG-2019-0358. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: P.S.T. II, TO: THERESA JOYCE WILLIAMS and PRESON TORRES, YOU ARE HEREBY NOTIFIED that a Petition for Guardianship (Youth) was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on November 21, 2019 at 2:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER

TUL-CV-YG-2019-0348: TUL-CV-YG-2019-0349; TUL-CV-YG-2019-0350 SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianships of: J.M.W., Jr. and M.D.A.W., and S.S.W. TO: EDITH BERNADINE WHITEEAGLE and JARED WHITEEAGLE, SR.: YOU ARE HEREBY NOTIFIED that Petition for Guardianships (Youths) were filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled actions at a hearing on December 5, 2019 at 2:00 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 5, 2019.

TUL-CV-YG-2019-0385. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: P. O. G. B: GINA TEDDY ELIZABETH BLATCHFORD, YOU ARE HEREBY NOTIFIED that a Petition for Guardianship (Youth) was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 19, 2019 at 1:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: November 2, 2019.

**Community Cleanup**  
"Taking Our Community Back"

**DAY 1: Thursday, November 7th, 2019**  
From 5pm to 7pm

**Education Night:**

- Learn adverse effects of homelessness on environment
- Safe needle disposal
- Site review and expectation

**The address for Education Night is:**  
Mission Highlands Building  
8226 21st Ave NE  
Tulalip, WA 98271

**DAY 2: Friday, November 8th, 2019**  
From 1pm to 5pm

**Cleanup Day:**

- Focus area will be behind Walmart
- Must be at least 18 years of age to participate, for safety precautions
- Light dinner will be served after clean-up

**The address for Cleanup Day is:**  
9728 Quil Ceda Blvd  
Tulalip, WA 98271

**Join us for this two day event!**  
For any questions, call Seilavena Williams 360-716-5662





Thursday  
November  
**28**

11am-1pm  
Tulalip Resort



Tulalip tribal members and family

**Thanksgiving Dinner**