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## Memorial Day in Tulalip Honoring our fallen warriors

By Micheal Rios

Native American men and women have always been defenders of their lives, traditional homelands, and cultural lifeways. The call to serve in the United States military has been strong for Native people since the country's founding, long before being officially recognized as American citizens in 1924.

In fact, the Department of Defense recognizes that today's military successes depend

heavily on Native Americans. Thirty-one thousand Native men and women are on active duty today, serving in Iraq, Afghanistan, and elsewhere around the world. In total there are 140,000 living Native veterans. And the best stat of all, Native Americans serve in the Armed Forces at five times the national average while serving in the military at the highest per-capita rate of any other demographic.

While the warrior men-

talities to protect the sacred has a long and prideful history, simultaneously Native communities have never taken a loss of life lightly. Paying homage to fallen warriors as heroes with reverent memorials filled with ceremonies and prayers is a traditional teaching that unites tribal members of all 574 federally recognized tribes.

On Memorial Day, the last Monday in May, the Tulalip Tribes citizenship didn't allow a



## Investment Trust Information

Investment Trust – On May 1, the Board returned the minor's trust back to balanced portfolios, as they were before March. If you were already conservative it will stay that way. But if not, and you want to keep conservative, YOU MUST FILL OUT THE INVESTMENT FORM.

You have until June 30, 2020. The next time you can update it will be February 2021.

A Request and Investment Education form has being mailed and is also on the website at [https://www.tulaliptribes-nsn.gov/Dept/Enrollment under Application Forms](https://www.tulaliptribes-nsn.gov/Dept/Enrollment%20under%20Application%20Forms).



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The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

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In memoriam:  
Frank F. Madison, 1923-2002  
Sherrill Guydelkon, 1945-2008



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## Memorial Day from front page



typical Washington downpour nor a coronavirus pandemic stop them from uniting as a community to honor their fallen warriors.

"It's heartfelt to see all the flags on bedsides of veterans who served, especially for those who paid their life, the ultimate sacrifice," expressed Tulalip board member and Vietnam veteran, Mel Sheldon. He co-hosted the Memorial Day services at Mission Beach and Priest Point cemeteries along with fellow Tulalip veterans William McClean III and Rocky Renecker.

"Memorial Day means honoring those who have passed or sacrificed the ultimate price for our country," said Rocky. He represents the third consecutive generation of his immediate family to serve in the military. "It's a time to reflect on the men and women who have served before me and set the examples."

A parade-like caravan of tribal member filled vehicles rolled through both reservation cemeteries. The caravan allowed families

and friends of fallen warriors to pay their respects while still adhering to social distancing protocols put in place by Governor Inslee and tribal leadership.

As he has for nearly every year since 1993, Tulalip veteran Cyrus Hatch III read aloud roll call for the 225 veterans buried on the reservation's most hallowed grounds.

"I come from a family that has a long history of veterans on both sides that influenced my decision to join the military," shared caravan participant and Tulalip veteran Angela Davis. "My father, Calvin Taylor, was my first influence because he was continuing to serve while I was growing up. When I would go with him to events like today I remember him standing with the other veterans for roll call. I felt so much pride.

"As a veteran, what Memorial Day means to me is a day of remembrance and honor," she continued. "It is our community taking



the time out of our busy lives to remember the service men and women who sacrificed their life in the line of duty serving our country, and honoring their legacy they left behind by showing the families that their sacrifices have not been forgotten."

Tulalip veteran Art Contrero was acknowledged multiple times for his heartfelt contribution and method for honoring his fallen brethren. While the majority of tribal government employees are furloughed, the 72-year-old took it upon himself to volunteer time and equipment in order to ensure the gravesites looked their best. Otherwise unattended and left to be covered in weeds and shrubbery, each grave was edged up and treated with the dignity it deserves.

"Art really cares for our veteran's graves and is setting an example that hopefully we can carry on and pass on to the younger generation," explained Rocky Renecker. "Art enjoys doing what he can, when he can. He has lots of knowledge of

the veterans that have passed on and knows which ones don't get visitors and which ones do."

Every veteran tombstone was freed from overgrown shrubbery so they were clearly visible and honored with a new mini U.S. flag to denote their status as honored soldiers. A welcomed sight shared by the many veterans and their non-military family members.

Among the 574 federally recognized tribes, each with their own cultures, traditions, and belief systems, military service remains remarkably consistent. No matter the conflict, Native American men and women continue to risk their lives and make untold sacrifices in the name of freedom.

For the bravery and heroism embodied by each of the 225 Native veterans buried at Mission Beach and Priest Point cemeteries, a 21-gun salute rang out to conclude the Memorial Day services.





# Revisiting the range of imagination from emerging Tulalip artists

By Micheal Rios

Every year, around this time, hundreds of artistically inclined students stroll through the makeshift art gala at Tulalip's Youth Center to experience the annual Native American Student Art Festival. Accompanied by their families, friends and teachers, the 1<sup>st</sup> to 12<sup>th</sup> grade student-artists wow festival attendees and judges with their imaginative creations.



Jacynta Miles, 1<sup>st</sup> place - Culture. Freshman at Heritage High School.

"My paddle represents the layers of life. At the top is the sun, then Earth represented by a beach and the ocean, followed by a mermaid, and then finally the salmon. The colors are bright at the top and get darker the further down you go just like in nature."



Taylee Warbus, 1<sup>st</sup> place - Painting. Sophomore at Lake Stevens High School.

"I wanted to put something together that represented a lot of things I really care about and love. I love looking at the stars, which is represented with the night sky. I just love succulents and learning about them, so I added a lot of plants. The clock read 5:17 that represents my birthday. It's definitely a patchwork painting with lots of colors that shows a variety of my passions."

Unfortunately, COVID-19 completely derailed the 2020 Art Festival. Social distancing protocols and stay-home directives wouldn't allow for the student showcase to happen. Our emerging Tulalip artists are still worth celebrating, so we now bring you a flashback to the best of last year's art extravaganza.

"The Art Festival is an opportunity for each student to express themselves in a positive way. It is the largest community event we have where we get to showcase our Native students," explained Jessica Bustad, Positive Youth Development Manager. "It's the pride each of the students have in their artwork, their parents and community members coming together to support our children that make this event so great."

For more than two decades now, Marysville School District Indigenous Education has partnered with the Tulalip Tribes to dedicate an evening to the art scene created by emerging Tulalip artists and other Native students within the district. The Festival gives these young people an opportunity to show off their creative talents to the community, while getting a chance to take home a coveted 1<sup>st</sup> place ribbon.

Artists were able to win 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place, plus honorable mention, in a variety of artistic mediums. Categories included culture, drawing, painting, writing, mixed media, sculp-

ture, digital art, and pure heart. The top four from each grade and category not only received a ceremonial ribbon as recognition for their talents, but a monetary prize as well.

The 2019 Native Art Festival received a whopping 700+ submissions, with the most popular category being painting. There were many young artists who showed off their diverse talents by submitting artwork in as many categories as possible. Taylee Warbus and Samara Davis were two such overachievers who claimed top honors in multiple categories.

"It was amazing to see just how talented our Native students are. The new ideas and concepts they come up with every year continue to surprise us judges," marveled Native Advocate Doug Salinas. "Every kid has the capability to be an artist because their imagination has no limits."

Native culture and art are often thought of us intrinsically tied together or, in the case of Savannah Black Tomahawk and Lilly Jefferson, sewn together. According to their mothers, neither Savannah nor Lilly had ever sewn before prior to creating traditional ribbon skirts to enter in the Festival. By putting a modern twist on a traditional concept, Savannah's Disney princess skirt and Lilly's metallic blue with shimmering pink ribbons both received high praise



and earned an additional ribbon – 2<sup>nd</sup> place and 1<sup>st</sup> place, respectively.

Definitely worth mentioning is young Emiliano Benavides-Cheer, a 3<sup>rd</sup> grader at Liberty Elementary, who was well ahead of his time by created an educational digital art piece all about Killer Bees. Who knew that a year later the ominous murder hornet would be a trending topic on national news platforms? Emiliano, that's who!

“As coordinating staff, we look at every single piece of artwork and recognize how much work each student puts in. Some art pieces show real vulnerability in the students, they are showing themselves and expressing their thoughts, feelings and dreams,” added Jessica. “It is also very gratifying when students are already coming to us with their creative ideas for future Art Festivals.”



Above: Kamaya Craig, 1<sup>st</sup> place – Culture. Seventh grader at 10<sup>th</sup> Street Middle School.

“This is wall hanging showing my family symbol. Its two salmon with an egg between them. The techniques I used were lots of cutting, for the details, ironing and sewing.”



Above: Catherine Velasquez, 2<sup>nd</sup> place – Mixed Media. 5<sup>th</sup> grader at Grace Academy.

Top left: Adrian Jefferson, 1<sup>st</sup> place – Drawing. 7<sup>th</sup> grader.

Left: Emiliano Benavides-Cheer, 2<sup>nd</sup> place – Digital Art. Third grader at Liberty Elementary.



# Grow your own food



## A fun, family activity.

By SNAP-Ed Program Coordinator, AnneCherise Jensen

Spring is here, now is the perfect time to grow your own food! If you want to eat local, know where your food comes from, save money and reap healthy rewards, try starting a home garden. Gardening is a fun physical activity, providing you with great tasting produce and, ultimately, saves you trips to the store. Not to mention there's a harvest of benefits when you involve kids in the process.

Research shows children living in a home with a garden eat significantly more vegetables than those without access to a home garden. Gardening as a family is the perfect opportunity to acquire an active hobby, get some fresh air, learn more about plants and become self-sufficient. Gardening can be overwhelming if you haven't had much experience, so here are 8 simple tips to help get you started.

- 1. Calculate your space.** Before buying plants or seeds, calculate how much space you have (ground or container) that gets adequate sun. Most vegetable plants require at least six hours of light each day. Some plants require more space than others, such as squash, others require much less space, such as spinach and lettuce. Herbs can also be grown with very little space, even inside. You can purchase plant starters at most garden stores such as Lowes, Home Depot and Walmart.
- 2. Know what grows.** When buying your plants, ask what varieties will do best in the conditions you have to work with. For example, several compact tomato plants do particularly well in containers, and some plants are easier to grow, such as potatoes, strawberries and snap peas. If you have friends, family or neighbors who garden, ask them what has grown well in their yard. There are multiple online resources, magazines and books that can help guide you through the details of this process.
- 3. Soil Matters:** Soil is the strong foundation to any healthy garden. Good soil provides access to nutrients, water, air, stabilizes plant roots, and assists plants natural resistance to pests and diseases. Before planting your starters or seeds, make sure your soil is ready to support the growth of your plants. Your soil may benefit from added compost or adding specific nutrients depending on what you'd like to grow. Check out this site for more information about varieties of vegetables that grow well in the Pacific Northwest, and soil nutrients that may be helpful for certain plants. You can also ask an associate at your local garden center to point you in the direction of the perfect soil products, they are a wealth of knowledge!
- 4. Start Small.** Remember, you don't have to start with an extravagant space when first starting out. The easiest way to become a sufficient gardener is to start small, slowly building in space and knowledge, there is always something new to be learned year after year! Your new garden can be as simple as a few window boxes of herbs to installing a few garden boxes in the backyard. Think about what produce you and your family will eat the most and try planting those. Salads are a great place to start, plant salad greens, carrots, tomatoes, cucumbers, and even berries — all are kid-friendly and easy to grow. Sunflowers are another fun addition to the garden. They grow quickly and can be dried for the seeds.
- 5. Make Kids Part of the Planting and Growing Process.** Depending on their age, children take to gardening differently. For example, preschoolers tend to be fascinated with exploring dirt, digging holes, planting seeds and working the garden hose, while older children may be more interested in how a single seed turns into an edible plant. Try a few fun, reliable plants such as carrots, potatoes, squash and lettuce. Ask children which fruits and vegetables they would like to grow. Teach children responsibility by assigning each child a watering, harvesting or weeding task. Allowing children to be involved in every step of the process will get them excited to taste the fruits (and vegetables) of their labor.
- 6. Encourage Taste Testing.** Gardening exposes us to a variety of fruits and vegetables, and



so encourages taste testing straight from the ground (after a quick rinse to remove dirt) and at the dinner table. Show kids how a tomato can taste delicious from the vine or in dishes such as fresh salsa, marinara sauce or tomato soup to bring the experience full circle.

7. **Go Herbal.** Herbs are perhaps the easiest plants to grow and can be a good place to start when gardening. Herbs usually grow easily, so you'll probably have more than enough. Choose a few herbs to start, such as parsley, cilantro, basil and rosemary. Don't worry if you have too much by summer's end. An excess of basil can be made into pesto, frozen in ice cube trays and stored in the freezer to use during the fall and winter. And, all herbs can be dried.

8. **Gardening in Small Spaces.** No yard? No problem! Try using large pots placed on the

patio or porch to grow foods such as tomatoes, salad greens and even cucumbers. Most herbs can grow in small pots on indoor window sills. No matter how much space you have, there is always room for a few, flavorful plants.

If you'd like to learn more, visit Tilth Alliance for Online Gardening Classes, a Gardening Hotline to answer your questions, and other gardening resources for families during this time of social distancing.

Whether you start a small or a large garden, learning about the growing process is a great educational opportunity for you and your family. Odds are kids and parents alike will enjoy the time they spend together outside while learning something along the way. Gardening is the great opportunity to know where your food comes from,

while becoming self-sufficient on your own food supply. If you start now, you'll be surprised as to how much food you will harvest by the end of the growing season. Not to mention fresh produce and homemade canned goods are the perfect gift for friends and family. Remember to have fun, be creative, and get a little dirty along the way - it's all part of the process.

*\*\*This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider.*

Sources: <https://www.eatright.org/food/nutrition/eating-as-a-family/kids-in-the-garden-nutritious-and-fun>

<https://www.eatright.org/food/planning-and-prep/eat-right-on-a-budget/grow-your-own-food>



## Court Notices

TUL-CV-YI-2020-0357. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: K.C. TO: Kerri Deen and Jonathan Christensen: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on June 23, 2020 at 3:30 PM in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: May 9, 2020.

TUL-CV-YI-2020-0240 and TUL-CV-YI-2020-0241. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of J.Z. and J.Z. TO: Gregory Zmuda: YOU ARE HEREBY NOTIFIED that a Petition for Youth in Need of Care was filed in the above-entitled Court pursuant TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on July 14, 2020 at 9:30 am in Tulalip Tribal Court, 6332 31st Ave NE Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: May 30, 2020.



# #TulalipMaskUp

**RaeQuan Battle**  
Tulalip tribal member

