



# Veterans receive handmade quilts, crafted with love

#### By Kalvin Valdillez

"Oh, how gorgeous," exclaimed Misty Napeahi, Tulalip Board of Director.

"So beautiful, that took a lot of hard work," added Tulalip Chairwoman, Teri Gobin, as a handmade quilt, crafted with extra love, was gifted to Mel Sheldon, BOD member and Vietnam Veteran, on the morning of Friday November, 6. Overcome with surprise and emotion, Mel thanked the designer, Sheila Hillaire, for her work while still entertaining the room in true Mel fashion, causing fellow board members to chuckle as he received the honoring.

A group of Tulalip women have dedicated their time and energy to a venture that warms the hearts of many, and often brings overwhelming

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Tulalip Tribes 6406 Marine Drive Tulalip, WA 98271 Kernels for a cause

#### By Micheal Rios

Kettle corn has been described as the perfect snack. Its unique combination of sweet and salty, with just the right amount of crunch, is a highly sought after mouthgasm at fairs and outdoor festivals by people of all ages. For one Tulalip family, kettle corn represents something much more significant than an occasional treat, it represents a voice for the voiceless.

"Our youngest son Jared has autism. He was put on the spectrum when he was a toddler," explained former Board of Director, Jared Parks. "As a family of eight, it's been an adjustment for us all. We've





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Deadline for contribution is Monday, with publication on

360-716-4200; fax 360-716-0621 email: editor@tulaliptribes-nsn.gov

the following Saturday.

Frank F. Madison, 1923-2002

Sherrill Guydelkon, 1945-2008

In memoriam:

www.tulaliptv.com

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## News

#### Quilts from front page



tears of joy to Tulalip veterans and their families. The Veterans Quilt Project was founded in 2016 and since then approximately thirty-five quilts have been gifted over the years, honoring service men and women of all military branches. Each Fall, the ladies decide on a pattern and create one quilt each for the Tulalip Veterans.

Sheila explained, "As a group we chose what pattern to use when we got together in

October last year, pre-COVID, and started working on it. I actually had the star done that weekend, everything else took me a bit longer and I finished in July. I knew it was going to Mel and we are related, so it was really special to me. It felt great to be able to personally hand it to him. This is my second year participating in the quilting project. The first quilt I did went to my father John McCoy, it just so happened that





he was receiving the first year I did the program."

Normally, the quilts are gifted to the veterans at the Hibulb Cultural Center's yearly Veterans Day event. Due to the pandemic, the ladies opted to hand-deliver this year's quilts to the veterans, continuing the tradition after the cancelation of the museum's annual celebration. Like Mel, seven additional Tulalip vets were caught off-guard as an unbeknownst and impromptu blanketing ceremony took place in their honor, most likely on their front doorsteps.

The Veterans Quilt Project has received partial funding from the Tribe's non-profit organization, The Tulalip Foundation, since its beginning and the ladies raise the remainder of the costs for materials by way of fundraisers throughout the year.

Said the Foundation's Executive Director, Nicole Sieminski, "We love supporting community driven projects. It's always great to see the amazing work these ladies do and it's such a great opportunity to support our veterans."

The list below names the quilters as well as the veterans who they designed this year's quilts for:

- Candy Hill-Wells Raymond Fryberg, Marine Veteran
- Sara Andres Joseph Jones, Marine Veteran
- Rae Anne Gobin Gary Holding, Navy Veteran
- Sheila Hillaire Mel Sheldon Jr., Army Veteran
- Benita Rosen Larry Wooster, Air Force Veteran
- Sonia Sohappy Steve Gobin, Navy Veteran
- Sherry Dick Guy Madison, Marine Veteran
- Lena Jones Daniel Moses Sr., Army Veteran

After providing smiles and a personal thank-

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you to the Tulalip Veterans, the ladies are excited and already planning for next year's project.

"We enjoy doing this work and giving back to our community, making sure our veterans are recognized for protecting us and our country," expressed quilter and Project founder, Rae Anne Gobin. "Each one of us took the time to select our fabric and put our love in each of these quilts. We

hope each recipient finds the quilt comforting. We know our veterans put their lives on hold while serving, and helped protect us to keep our freedom. We care for and love our Tulalip veterans and want to honor them for their service and let them know, you are not forgotten and will always be remembered."



#### Jared's Corner from front page

learned so much about autism and how it's a spectrum, which means that it effects people differently. For our son, he has nonverbal autism. He may not be able to speak, but he can still express himself."

That expression is clearly evident when 7-year-old Jared II is around kettle corn. His parents say "he lights up and has a grin from ear to ear". Young Jared's love for flavorful popped kernels was the inspiration behind his parents' decision to create a small business venture named after their son, called Jared's Corner. Their mission? To help raise awareness about autism spectrum disorder.

Autism impacts people regardless of race, ethnicity, socioeconomic status or political allegiances. It is estimated that 25 million people are affected worldwide. There is no cure for autism, and currently boys are approximately 4.5 times more likely to receive an autism diagnosis than girls. Often not discussed is the high rate of autistic individuals who are nonverbal, which is true in roughly one-third of all cases.

"I had to throw out the parenting book with all I knew and needed to learn new ways to communicate and show affection," shared momma bear, Kristie Parks. "It's been challenging. I tell my kids all the time 'I love you' and they say it back to me, but my son can't. He's never called me 'mom', or been able to tell me if his tummy hurts or if someone hurt him. What my son has become is my family's biggest teacher. He's taught us to slow down our lives, be extremely patient, and accept all of life's blessings."

According to the Centers for Disease Control (CDC), nearly 1 in 54 children have been identified with autism. That's nearly twice the rate from 1 in 125 found in 2004. The dramatic increase and recent spotlight shining on the developmental disorder has opened opportunities for the nation to consider how to serve people on the autism spectrum and their families.

"Our son is different from our other five kids in so many ways, but we really do view it as a blessing," added Jared. "He's taught us to be better parents. We're more patient and compassionate because of our son. Now, we want to spread awareness about autism and it just so happens kettle corn is a good metaphor for the spectrum.



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"Basically, we can take a batch of this kettle corn, lay it out, and see that no two kernels are the same," he continued. "They are all different, just like those on the spectrum. That's the meaning behind our slogan, 'not one kernel is the same'."

By founding Jared's Corner this past summer, parents Jared and Kristie intend to speak on behalf of their son to customers who stop by their stand to purchase a bag of freshly popped kettle corn. While completing their transactions, customers are informed of Jared's Corner's namesake and the meaning behind the logo.

The puzzle piece is a highly recognized symbol for autism spectrum disorder. It symbolizes all the different ways individual kids fit together. It symbolizes the complicated ways this disorder may manifest itself in children. It also symbolizes how there is no one therapy that works for everyone, and sometimes it's a whole puzzle of therapies that when pieced together just right actually make a difference.

The Parks family is dedicated to helping find solutions and bring further awareness across the spectrum to the needs of individuals with autism and their families. They will be doing their part by donating a percentage of annual income to proautism foundations.

"Being baby Jared's mother, his voice, his protector, it was and still is an unbelievable roller coaster ride," said Kristie. "We want to share our experience because the autism rate continues to go up and there is so little information available to parents and families who struggle in silence. Our goal with Jared's Corner is to help promote understanding that just like 'not one kernel is the same', every child is different and every autism story is different."

Jared's Corner is conveniently located on the Tulalip Reservation along Quil Ceda Boulevard, in the vacant lot between Cabela's and Home Depot. They are open for business Thursday - Saturday from 10:00am - 5:00pm. Other locations and times to come, such as outside Tulalip Market and Remedy. Keep a look out for the red pinched tent or follow Jared Parks on Facebook for details.

Regular kettle and caramel kettle are always available in medium (\$5 bag) and large (\$10 bag).



Jared's Corner was founded in June 2020 by Jared and Kristie Parks, we are parents of a child with autism. We recognized the need for a powerful voice & who better to do that than his parents.

A third flavor is offered as well, which ranges from cinnamon toast, chocolate, vanilla, orange and grape. Because this is the Pacific Northwest, aka Seahawks Territory, every 'blue Friday' a mixed batch of green apple and blue raspberry is available.

Jared's Corner can also provide kettle corn for private parties and events. For more information or to place an order to support a wonderful cause, please call (425) 737-2168.

Not one kernel is the same

Jared's Corner is dedicated to helping find solutions & bring awarness across the spectrum, for the needs of individuals with autism and their families.





#### Diabetes Care and Prevention Program Karen I. Fryberg Tulalip Health Clinic

## How Well Do the Flu Vaccines Work?

#### How effective is the flu vaccine?

While vaccine effectiveness can vary, recent studies show that flu vaccination reduces the risk of flu illness by between 40% and 60% among the overall population during seasons when most circulating flu viruses are well-matched to the flu vaccine.

## What are some of the benefits of flu vaccination?

There are many reasons to get an influenza (flu) vaccine each year.

 Flu vaccination can keep you from getting sick with flu. Flu vaccine prevents millions of flu-related doctor's visits each year. For example, during 2018–2019, flu vaccination prevented an estimated 4.4 million influenza illnesses, 58,000 influenza-associated



hospitalizations, and 3,500 influenza-associated deaths.

- Flu vaccination is an important preventive tool for people with chronic health conditions. Flu vaccination
  also has been shown in separate studies to be associated with reduced hospitalizations among people with
  diabetes and chronic lung disease.
- Flu vaccination has been shown in several studies to reduce severity of illness in people who get vaccinated but still get sick.
- Getting vaccinated yourself may also protect people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, and people with certain chronic health conditions.

For more information, please visit: https://www.cdc.gov/flu/vaccines-work/vaccineeffect.htm

Content source: Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases (NCIRD)

For more information contact Roni Leahy at 360-716-5642 or vleahy@tulaliptribes-nsn.gov







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## Notices \_\_\_\_



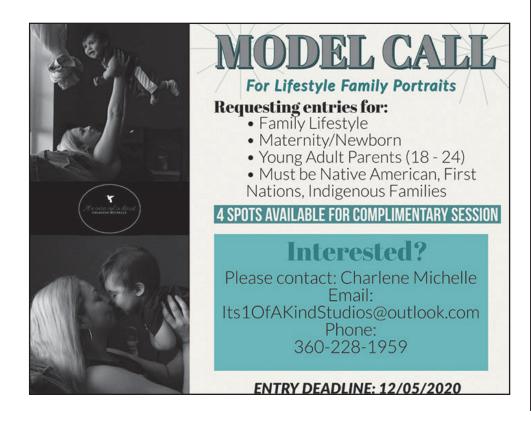
### Ernest Albert Millholland

Visitation was held on Monday, November 2, 2020 from 9am to 11am at Schaefer-Shipman Funeral Home. A graveside service took place at 12pm at Mission Beach Cemetery.

## **Court Notices**

TUL-CV-YG-2020-0523. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: K. T. M. TO: GINGER ROSALIE ALLEN and JOHN ELLWOOD MYERS: YOU ARE HEREBY NOTIFIED that a Youth Guardianship action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 17, 2020 at 10:30 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 24, 2020.

TUL-CV-YI-2012-0519. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: J. E.-C.C. TO: CAMERON NICHOLAS BAKER CRAIG: YOU ARE HEREBY NO-TIFIED that a Youth in Need of Care action was re-opened in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Tuesday, May 04, 2021 at 1:30 PM in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. You should appear in person. However, should the Court rooms be closed due to Covid-19 you should call in to your hearing via Go-ToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: November 14, 2020.



## NORTHWEST INDIAN X w l e m i E l h > T a l > N e x w S q u l

## **NWIC offers 50% off tuition for winter quarter**

Northwest Indian College will offer 50% off tuition via a tuition waiver for the upcoming Winter quarter as classes will continue to be offered virtually. New, returning, continuing, and transferring students are eligible for the tuition waiver. Each student will save an average of \$700 on tuition for Winter Quarter 2020.

In addition, NWIC College officials announce a \$500 scholarship for the current Fall quarter. These moves are supported by CARES Act funding to give students extra support during COVID.

"During the COVID-19 pandemic, NWIC wants to ensure that our students have the means necessary to continue their education. This act of generosity on behalf of NWIC demonstrates that we care about our students and our community," Dean of Students Victoria Retasket said.

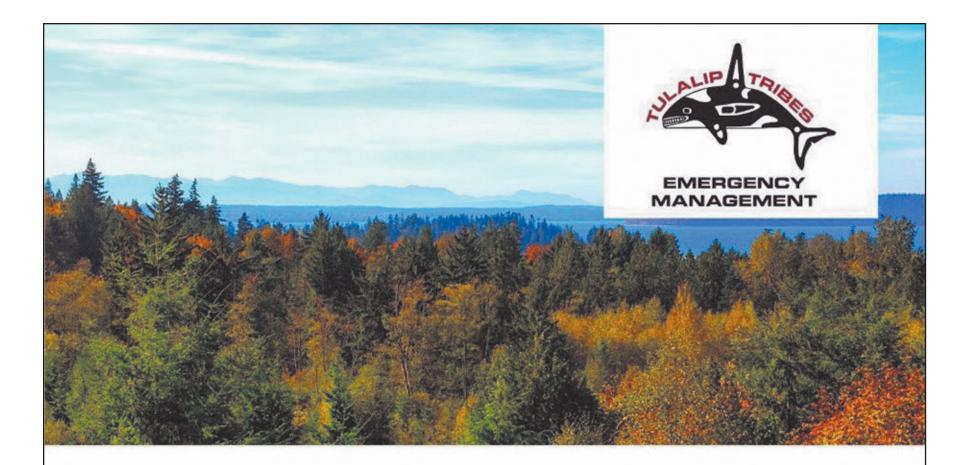
Registration for Winter begins November 09. For more information and application directions, visit nwic.edu.

NWIC is an accredited four-year college, and the only Tribal college in the region. Located at the Lummi Nation near Bellingham WA, NWIC also operates six full-service sites at reservations in Washington and Idaho. The College's student body is represented by over 130 Tribes from across the country.

#### Are you a motivated individual who is detailed oriented, organized, and a team player? If so, King County's Metro Transit has an exciting opportunity for you!

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Apply today online: https://www.governmentjobs.com/careers/ kingcounty/jobs/2903666/transit-purchasing-specialist. The closing date is Nov 22nd.



# HAZARD MITIGATION PLAN OPEN HOUSE

Your input and feedback are important as we update the Tulalip Hazard Mitigation Plan.

# MONDAY, DECEMBER 14, 2020 Join US Anytime Between 6:30 pm - 8 pm Zoom Meeting

HTTPS://TINYURL.COM/YSBFRAV5 MEETING ID: 868 0520 7996 PASSCODE: 680940

For more info, visit www.https://www.tulaliptribes-nsn.gov/Dept/EmergencyManagement