

Memorial for Native veterans unveiled in U.S. capital

By Micheal Rios, photos courtesy of Alan Karchmer for NMAI

A permanent memorial dedicated to generations of Native American military veterans was unveiled on Veteran's Day, November 11, in the heart of Washington D.C. It's been over twenty-five years in the making, as Congress authorized construction of such a dedication in front of the National Museum of the American Indian back in 1994.

See Memorial, page 3

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Tulalip Tribes 6406 Marine Drive

ulalip, WA 9827

beda?chelh program designed to FIT your family's needs

By Kalvin Valdillez

Did you know that there is a program that helps with resources, education, and general support designed specifically for Tulalip tribal families living with children? If not, you're not alone as the program is still relatively new. A division of beda?chelh, the young program is spreading the word about their services and what they can offer Tribal families.

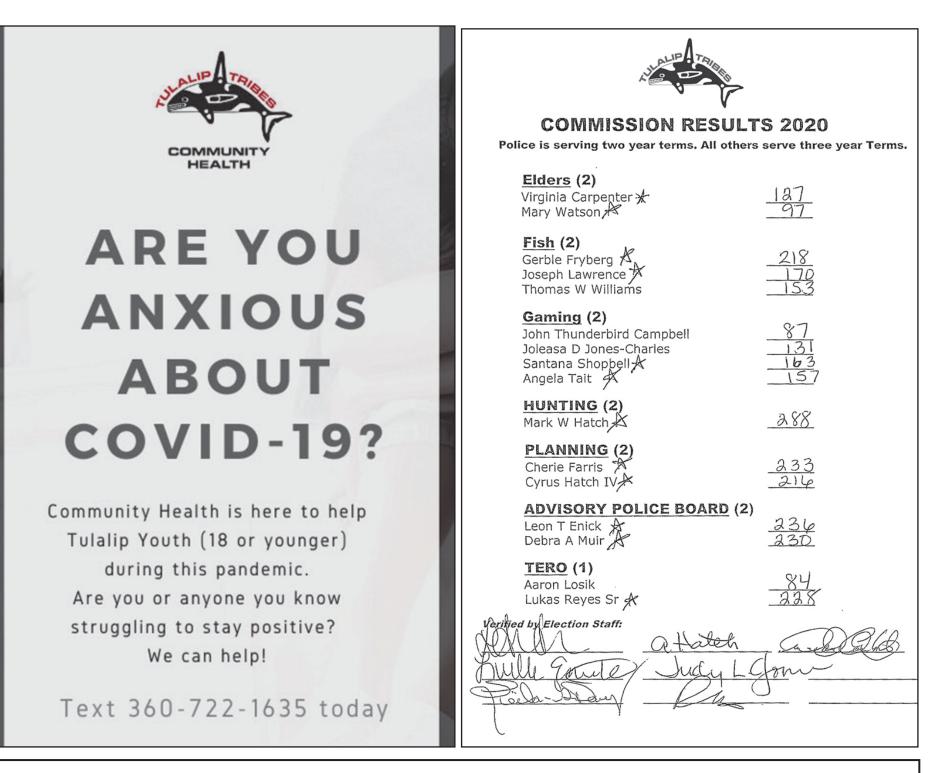
Stated beda?chelh manager, Natasha Fryberg, "I want to bring forth our FIT team to start

getting more resources out in the community so we can create positive engagement with potential clients and families."

The Family Intervention Team, or FIT, currently consists of two social workers, Lena Hoeflich and Kayleigh Canby, who are dedicated to aiding Tulalip families by helping them along their journey through tough times. Whether you are a single pregnant mother or a family dealing with a rebellious teen, they are available and ready to help support you and provide any services or needs you may require.

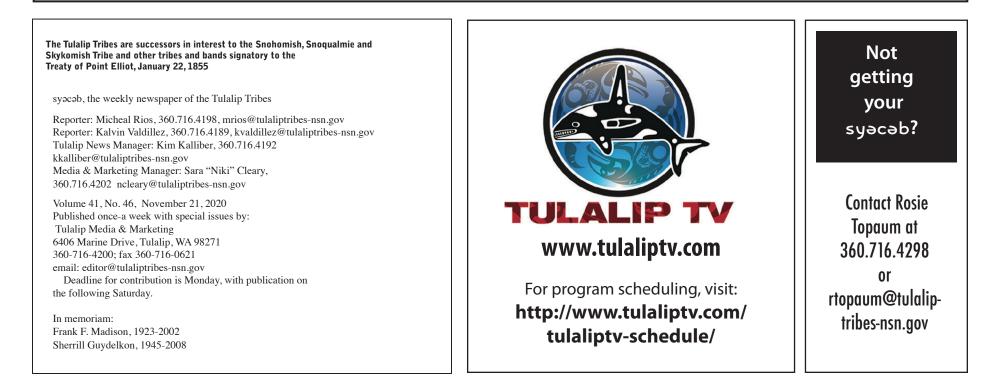
"I always describe it to clients as a voluntary program," said Kayleigh. "Our goal is to kind of bolster the family, or bring in supports, to help them be successful in whatever they want to do. Usually, the goal is to try and keep their families together and we bring in those supports to help them be successful. We support parents, we support children, we support everybody."

The FIT mission is to achieve immediate and lasting positive change for families, in the best interest of the children, whether you



No November 28 syəcəb

Due to the Thanksgiving holiday, there will be no November 28 syəcəb. The next issue will be December 5, 2020. The due date for submissions in the December 5 issue, is Monday, Nove, ber 30. Happy holidays.



News

Board of Directors



Teri Gobin – Chair Gien Gobin – Vice Chair Mel Sheldon – Secretary Misty Napeahi – Treasurer Marie Zackuse – Council Member Marlin Fryberg Jr. – Council Member Hazen Shopbell – Council Member

6406 Marine Dr Tulalip, WA 98271-9694 360-716-4500 Fax 360-716-0628 ecognized successors in interest to the Snohomish, Snoqualmie, Skykomish, and other allied tribes and bands signatory to the Treaty of Point Elliott.

The Tulalip Tribes are federally

COVID-19 PANDEMIC: UPDATED TULALIP PUBLIC HEALTH RESTRICTIONS IN RESPONSE TO RAPID INCREASE IN CASES

WHEREAS, the Tulalip Tribes has responded to the worldwide Covid-19 pandemic with a series of emergency measures and resolutions aimed at helping contain the spread of Covid-19, and

WHEREAS, although the Tulalip community has done a good job following safety guidance and controlling the spread of the disease on the Reservation, a recent new surge of cases has hit the United States, the State of Washington and Snohomish county, and

WHEREAS, the number of new Covid-19 infections per week in Snohomish county has increased to its highest level since the pandemic began last March (187 cases per 100,000 residents for week ending 11/7/20- the goal is less than 25 new cases per 100,000 residents), and

WHEREAS, the Tulalip Tribes Board of Directors in consultation with the Tulalip Chief Medical Officer and public health officials, has determined that increased restrictions are necessary to help contain the recent rapid increase in Covid-19 cases.

NOW THEREFORE, BE IT PROCLAIMED BY THE TULALIP TRIBES BOARD OF DIRECTORS:

The following measures and restrictions are ordered on the Tulalip Reservation, including Quil Ceda Village:

- 1. Retail Stores and spas. Limited to 25% of indoor occupancy limits.
- 2. Restaurants and Food Service. Indoor seating limited to 25% of indoor occupancy limits. Tables distanced and limit of 5 persons per table. Restaurants shall obtain contact information from indoor seating customers for contract tracing log. No bar seating. Food Courts are closed. Takeout and delivery permitted. There are no occupancy limits on outdoor dining, however social distancing is required and a maximum of five people per table.
- Tribal Gaming Operations- All gaming facilities will operate at reduced capacity. No smoking is
 permitted on casino floor at all facilitates. Gatherings at event space prohibited. TGO
 restaurants, retail and spa are subject to the same limitations on these activities as stated in #1
 and #2 above.
- 4. Personal Service providers are limited to 25% of indoor occupancy limits. Personal service providers include: cosmetologists, cosmetology testing, hairstylists, barbers, estheticians, manicurists, nail salon workers, electrologists, permanent makeup artists, tanning salons, and tattoo artists, and other like providers.
- Professional Services are required to mandate that employees work from home when possible and close offices to the public if possible. Any office that must remain open must limit occupancy to 25% of indoor occupancy limits.
- Religious Services are limited to 25% of indoor occupancy limits. Masks and social distancing is required with no in-door singing.
- 7. Fitness Facilities and Gyms are closed for indoor operations.
- 8. Long-term and Senior Care Facilities: Outdoor visits are permitted. Indoor visits are prohibited,
- but individual exceptions for an essential support person or end-of-life care are permitted.
 Tribal and QCV government offices are subject to updated safety measures and restrictions attached.
- Funerals limited to outdoor graveside services only, masks and social distancing is required. Additional restrictions are in place for COVID related funerals.

In addition to the above restrictions, the Tulalip Board of Directors strongly encourages all Tulalip community members to limit indoor social gatherings to only persons from their immediate households, or persons who have quarantined prior to gathering at their home. Outdoor social gatherings should be limited to 5 people.

The mask requirements issued under Resolution 2020-373 remain in effect. If the activity is not listed, it should follow its current guidance. All K12/higher education, health care, and childcare are exempt from the new restrictions and will follow current guidance. These restrictions do not apply to courts and judicial branch-related proceedings.

These updated restrictions take effect November 17, 2020 on the Tulalip Indian Reservation and will remain in effect for 30 days or until further notice. Tribal officials will monitor the Covid-19 infection rates in the community and surrounding area and may modify these requirements at any time based on infection rates and advice from medical and public health officials.

A copy of this proclamation, to the extent practicable, shall be posted at the Tribes' regular locations for official notices and shall be made available to members through the usual Tulalip social media outlets.

DATED this 17 day of November 2020.

TULALIP TRIBES OF WASHINGTON

Teri Gobin, Chairwoman

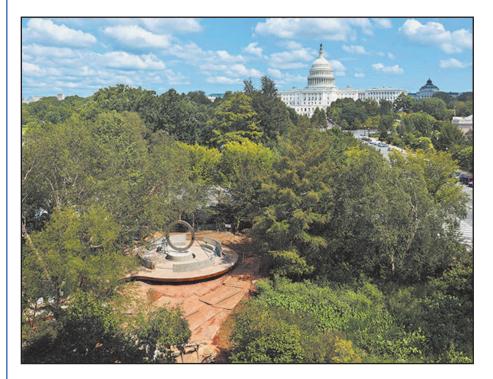
ATTEST:

Melvin RAheldon

Mel Sheldon Jr., Secretary

Memorial from front page

"Native Americans have always answered the call to serve, and this memorial is a fitting tribute to their patriotism and deep commitment to this country."



To celebrate the momentous occasion in the age of COVID-based restrictions and social distancing, a planned dedication ceremony and veterans procession was replaced with a virtual program. Opening the video presentation was none other than Tulalip's own Board of Director and Army veteran, Mel Sheldon.

"I'd like to start by thanking our elders and veterans. All the brave men and women who have served before us created the foundation for our next generation," said Mel during the initial moments of the twenty-two minute program. "They created a legacy that extends to the younger leaders of our country, as well as those who are now currently serving in the armed forces.

"My father was a Marine and he served in World War II. His example led me to carrying on that proud tradition when, at just 19-years-old, I served in Vietnam as a helicopter pilot," he continued. "Here at Tulalip, we have a number of women who have served in the military and in our traditional way we raise our hands to them for their courage and service. There have been 29 million people serving in the U.S. military from World War I to Iraq and Afghanistan, and a good portion of them are proud Native Americans. [We] have served at a very high rate in the military and we're very proud of that warrior tradition."

Native men and women have always been defenders of their lives, traditional homelands, and cultural lifeways. The call to serve in the United States military has been strong for our people since the nation's founding, long before being officially recognized as U.S. citizens in 1924.

In fact, the Department of Defense recognizes that today's military successes depend heavily on the contribution of America's first people. Thirty-one thousand proud Native American men and women are on active duty today, serving in Iraq, Afghanistan, and elsewhere around the world. In total there are 140,000+ Native veterans living, breathing, and passing on teachings about honor and duty to a cause much larger than oneself.

The best stat of all is as a demographic, Native Americans serve in the armed forces at five times the national average and enlist in the military at the highest per-capita rate of any other group. A longstanding warrior tradition of so many, past and present, is now forever memorialized with a federal monument in the U.S. capital.

Designed by multimedia artist and Marine Corps veteran, Harvey Pratt (Cheyenne and Arapaho), the one-of-kind fixture features an elevated stainless steel circle resting on a carved stone drum. It also incorporates water for sacred ceremonies, benches for gathering, and four lances where veterans, family members, Dubbed the Warriors' Circle of

tribal leaders and others can attach prayer ties for healing.

"That big vertical circle that stands in the middle, I call it the hole in the sky where the Creator lives. When you pray, that prayer goes through there and the Creator receives it and blesses you," explained Harvey in an interview with Indian Country Today. "No matter how you feel about how our country has treated Native people, it's important to honor all our Native warriors. They fought to protect the land we live on. That's what warriors do."

While the warrior mentality to protect the sacred has a long and prideful history, at the same time Native communities have never taken a loss of life lightly. Paying homage to fallen warriors as heroes with reverent memorials filled with ceremonies and prayers is a traditional teaching that unites tribal members of all 574 federally recognized tribes.



Honor, this memorial intends to unite any and all visitors though a connection of service and sacrifice by Native veterans, past and present.

"The National Native American Veterans Memorial will serve as a reminder to the nation and the world of the service and sacrifice of Native

American veterans," said Kevin Gover (Pawnee), NMAI director. "Native Americans have always answered the call to serve, and this memorial is a fitting tribute to their patriotism and deep commitment to this country."

FIT from front page



live on or off the reservation. FIT makes it their priority to see that you receive assistance and will refer you to a program, professional or specialist who will provide you with further care.

Lena explains, "We try to bridge a gap that a family might be experiencing, a hardship whatever that may be. We meet with families and it is family-led. It's not prescriptive, because it just depends on whatever the family needs, and whatever they're going through at that time. For example, if someone calls and says this person was driving and their kid wasn't in a car seat, we can come in and ask if we can educate them on the necessity of a car seat. Can we provide them with a car seat? We can ask, what else do they need? Do they need groceries? Do they need help paying bills? Do their kids need assistance being set up in online schooling?"

Some resources and services that FIT assists families with include parenting skills, housing, food and nutrition, domestic violence, independent living skills, chemical dependency, teen support and mental health.

"If a family is experiencing a really difficult time with their teenager, we work with them and get them set-up with Family Haven. We will work with them before, during, and after they have those intervention services, just to make sure that everything is continuing to go well. Or we might work with families who may have difficulty paying a bill. We look to see if there are resources within the Tribe or within the state or Snohomish County, just to try to find different ways to help," said Lena.

Kayleigh added, "I have a mom that I'm working with right now and I'm trying to help her find a mental health counselor. At the same time, I reached out to a couple different agencies locally, she's a pregnant mom, so she needs a bed to sleep on. We do the legwork of trying to find those materials. I have another family and their children are in need of winter clothes, so we find those resources in the community to get warm

clothes for those kids."

The majority of clients and families that FIT has helped so far are referrals from Child Protective Services. However, FIT wishes to assure Tribal members that they are here for the people, and welcome any community-referred and selfreferred clients. Although they are an extension of beda?chelh, their focus is to work with clients and take preventive measures and progressive steps to help keep families together.

"A lot of families have a huge support network, but there are other individuals who don't have any support networks at all," Kayleigh expressed. "We're here to help support them, we are apart from CPS. We are a voluntary program, we're not going to hunt you down or tell you what to do. I think that's the biggest message is that we're just here to help, we're here to raise-up the community in the ways that they want."

Lena agreed, saying, "I think that's a distinction that we're trying hard to make people understand, because when we do call and say we're a new program with beda?chelh, that usually closes the door immediately. We're very

different. The whole point of our program is to prevent families from having interventions or any interaction, really, with CPS or the court systems. We'll work with any family who we think would be a good 'fit' in the program."

For additional information about the Family Intervention Team, please contact (360) 716-3284.

Native students learn journalism through Indigenous teachings

The following two articles are a culmination of a six-week series titled 'Native Excellence in Journalism', created for Clear Sky Academy. Participating students were all Native and received extensive instruction on media discourse and journalism by a variety of Native professionals and advocates.

Clear Sky Academy is a pilot project offering Indigenous high school students social studies education, by granting common core credit in partnership with Yellow Wood Academy. The course 'American Indian Historical and Contemporary Experience' focused on Indigenous teachings and community based learning. At the heart of everything was the constant guidance of the passionate students.

A holistic approach underscores our cultural worldview and tribal value systems with genuine authenticity. Students have the opportunity to learn from Indigenous educators, cultural experts, historians, Elder's and Indigenous professional. Students participate in projects and academic oriented activities supporting their interests, while each unit of learning provides a foundation for examining and exploring cultural identity that shapes the Native experience.

To learn more about this unique course opportunity for high school youth, please contact Clear Sky administrators at markseattl3@aol. com or visit the website www.urbannativeeducation.org

Thank you.

Sarah Sense-Wilson (Oglala Sioux) Chair for the Urban Native Education Alliance



Hidden Epidemic

By Ty'teanna Smith (15, Tuscarora Nation) and Jah'Lene Armes (13, Alaskan Native) "The day my sister left us it started by me seeing a missing woman post. I immediately thought it was her. A few hours later, I got the call that it was her and it changed my life forever," said Jane Eagle Heart Jacobs. Jane's sister was murdered by two men. This was the catalysis for Jane to become an activist. She speaks out and says her sister's name to raise awareness and keep her memory alive in hopes for justice. Her murdered sister's name was Katrina Locklear and she is from Tuscarora Nation. She passed December 20, 2018.

According to the Seattle Indian Health Board, 94% of Native women have been raped, coerced, or assaulted in their lifetime but only 8% of the victims' cases have been convicted. Missing and Murdered Indigenous Women (MMIW) has been called an "epidemic" and a "crisis" for years now. Indigenous women and girls have been abducted and raped at an alarming rate which causes trauma for the survivors and for their families.

According to Marti Ramsey of Mother Nation, women in their twenties to thirties are most likely to get preyed on by the attackers. Also girls ages 13-15 are likely to get preyed on. Human and sex trafficking plays a big part in it. Another problem that is related are 'Man Camps', which are camps where men go to stay to work and most of them are near reservations. This results in men having access and intent to abuse our Indigenous women and girls. Drug use, and alcohol abuse also influence the men.

From an Indigenous women's perspective, we experience higher rates of physically, mentally, financially and emotional hurt by men. White men have higher rates statistically of being the abuser towards Indigenous women. This matters because it is to the point where the government tries to sweep these punishable behaviors and crimes under the rug despite the fact these issues have been going on for years and not many have helped our community to make a difference.

An activist that has helped raise awareness and support to MMIW and Native communities is Roxanne White (Nez Perce). Rox-

Education

anne pleads for our own women to families to "Educate yourselves and others on what these people are doing to Indigenous women so teens, kids and women can know what's coming and to be ready when these people try to attack, so we know how to handle it properly and to try and put a stop to it." Roxanne organizes rallies, marches, and raises support to assist families seeking justice and finding their missing loved ones.

Also, Marti Ramsey of Mother Nation warned "As young girls, pay attention to your surroundings and always protect yourself." Mother Nation is a Native-led nonprofit providing a variety of vitally important resources for women surviving domestic violence and wanting to rebuild and find healing for themselves and their children within our urban landscape.

Even though this is a hard

topic, our women and our people are still strong and we will always help one another and our community will always stick with one another. These are a few stories and facts you need to know about Missing and Murdered Indigenous Women.

Paddle to Seattle

By Kailani Perrin (15, Tulalip) and Klayton Sheldon (14, Tulalip)

The first Canoe Journeys took place in Seattle on July 21, 1989. Washington was celebrating the 100th anniversary of their statehood, but the Tribes said "not today" because we were here first. Then it was decided to make a Centennial Accord between the two sovereigns. The Centennial Accord is between the Washington State and federally recognized Tribes. The focus of the Centennial Accord has been on natural resources, education Indian Child Welfare, and health care.

During spring time, we wake the canoes up because after canoe journeys we put them away before fall then we wash the canoes before we take them out on the water for canoe practice. Canoe practice is teaching new people how to paddle and the rules. Canoe Journey is about different tribes gathering together in different places and protocol is about all the different tribes sharing their songs and dances. Big Sister's name is a gift from our ancestors, tsi sqa tul' ?al ti tuyel'yelabcel.

We asked Terra Perrin who brought to life Tulalips canoe. Jerry Jones and his assistant Joe Gobin of Tulalip Tribes carved the first dugout canoe in the Arby's parking lot, which is now the new Quil Ceda Creek Casino. She told us that she was in 6th or 7th grade when that happened. She remembers her mother Toni going to the Tulalip marina for canoe practice. Their practice consisted of pulling around Hat Island.

"I remember watching the news and seeing my mother Toni giving an interview on the beach at Golden Gardens Park and she said 'I am so proud to be Indian'," said Terra.

We asked Theresa Sheldon if the Paddle to Seattle had a significant impact on Native Country."'Yes, it was a rebirth of canoes to the Pacific Northwest. It woke up the spirit of the Coast Salish Sea," said Theresa.

We asked our auntie Shawnee what it means being on the canoe following her mother's footsteps. "It's happiness and honor to represent my mother in her tradition and carry the culture that my mom shared with me to fill that spirit and live one with it," she said. When asked what was her favorite Canoe Journey, she responded "2004 to Cowichen, B.C. because that was the most spiritual Tribal Journeys I have ever felt. The protocols touched your soul."

We asked our auntie Heidi, what was her first Canoe Journey and why did she go. "I think it was to Neah Bay and I rode over with Todd in 2002-ish." She wanted to go see her sisters and wanted to experience it herself. Are you excited to see your daughter pull canoe? "Yes, cause it's a very spiritual experience that you can only do for yourself out on the water," she answered.

We asked auntie Courtney, why are you called Canoe Sisters? "Because my sisters and I decided to carry on a tradition my mom started and we hope our children will carry it on to the next generation," she said.

Quil Ceda Tulalip student honoring

Mission statement:

QCT family actively works to change the story of education for the Tulalip community, while working towards healing and decolonizing educational practices that will continue to empower and motivate every member to learn, grow, and promote our students to be safe, healthy, and positive within the community.

Filling the Cedar Basket:

At Quil Ceda Tulalip Elementary (QCT), we



believe in "filling a student's cedar basket"which means being positive and supportive with our students through a strength-based lens. In the classroom, school-wide spaces, and with students, we lead with kindness and respect. We believe in connecting to our students and the various cultures they identify with. Due to our shift to a virtual classroom setting our *QCT Team is* transferring our "land based" school-wide honoring system model to a virtual setting.

At QCT we have 23 extraordinary classes that are all working exceptionally hard to make this year successful, in spite of the additional obstacles that face our community during the pandemic. We have two guiding principles that set the standard for how students interact in our school: they are the Tulalip Tribes' Tribal Values and the school's guidelines for success (also known as the GROWS expectations).

Classroom Honorings:

QCT classes work together to live these values and guidelines, and when that work is recognized

Notices _____

Court Notices

TUL-CV-YG-2020-0523. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: K. T. M. TO: GINGER ROSALIE ALLEN and JOHN ELLWOOD MY-ERS: YOU ARE HEREBY NOTIFIED that a Youth Guardianship action was filed in the aboveentitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on December 17, 2020 at 10:30 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoTo-Meeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAILTOANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 24, 2020.

Obituaries



Frieda Kathleen Williams

November 23, 1944 -November 11, 2020

Frieda (Kat) Kathleen Williams II of V born November 23, 1944 beloved daughter, sister, mother, grandmother, aunt, greatgrandmother. Frieda passed November 11, 2020 with her loving family by her side.

She loved helping and working for her tribal community

as a Community Relations Coordinator. She did the Tulalip Parades, Spee-bi-dah and many more events. She was also in Northern Exposure. She loved spending time with her family and friends.

by an adult in our building, those classes earn a

"BrainTree." Classes work together to earn 25

"BrainTrees" and a celebration chosen by the

students follows. Additionally, those classes are

honored in the syacab, in hopes that the community

can take pride in understanding the role we all

play in shaping a successful learning community.

following classes for their hard work in earning

25 "BrainTree" tickets:

This week we would like to honor the

She is survived by her loving children, Frieda Cavanaugh III, Jonny Cavanaugh Sr., Walia Cavanaugh, and Joyia Kinlicheeney. She is also survived by her grandchildren, Frieda IV, Michael, Terence, Myron, Kathi, Leo, Goo, Mary, Jonathan, Jazlyn, Monica, Carmen, Salisha, and Talon; and numerous great grandchildren. Her loving memories will always be cherished.

Preceded in death by parents, Charles Sr. and Freda Williams I; her brother, Charles Williams Jr.; grandson, Jonny Cavanaugh Jr. (BamBam); her soul sister, Leeta Barner; special cousin, Andy Thomas; and her grandparents, aunts, and uncles.

A graveside service was held Tuesday, November 17, 2020 at 10:00 a.m. at Mission Beach Cemetery. Arrangements entrusted to Schaefer-Shipman Funeral Home.



Blanche Helen Coy James

Sunrise July 15, 1922 Sunset November 11, 2020

Blanche Helen Coy James, age 98, the oldest Tulalip Tribal Elder, beloved Mother, Grandmother, and Great Grandmother, peacefully passed away in the comfort of her home on Wednesday, November 11, 2020 with her beloved family

Mrs. Breezy's Kindergarten Class Mrs. Tedford's 4th Grade Class

Students, we are proud of all of you and your dedication to keeping our school community amazing! Be on the lookout for "Cedar Awards" you earn in class. You'll receive a certificate in your district student email if you earn one. We will also be mailing out these awards every month!

TUL-CV-YI-2012-0519. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: J. E.-C.C. TO: CAMERON NICHOLAS BAKER CRAIG: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was re-opened in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Tuesday, May 04, 2021 at 1:30 PM in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. You should appear in person. However, should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDG-MENT WILL BE RENDERED AGAINST YOU. Date first published: November 14, 2020.

by her side. Blanche was an avid snow skier who loved gardening and a faithful devoted follower of our lord Jesus Christ. She dedicated her life to her family, and her greatest joy and achievement was to see her family grow and spend time with them. Blanche was preceded in death by her daughter, Louise Brown.

Blanche is survived by her loving children, Larry James (Gina James), Gayle Kopple (Alan Koppel), Randy James (Dodie James), Vicki Hill (Randy Hill); her Grandchildren, Gene Zufelt, Angela Smith, Ryan James, Saundra Yon-Wagner, Brent Kellogg, M'Lissa Kaysner, Jeremy Wagner, Jennifer James, and April Vander Pol; and 23 Great Grandchildren.

At a private service in Mission Beach, Grandma Nana, as she was called by many, will be laid to rest.

Her kindness, devotion, and love will never be forgotten. Her laughter, sense of humor and smile will forever live in our hearts.



EMERGENCY

WE NEED YOUR OPINION!

COVID-19 VACCINE SURVEY

The purpose of this survey is to gather information on the community interest of the coronavirus (COVID-19) vaccine.

The results from this survey will only be used in order to help public health specialists and tribal leaders plan for the release of the COVID-19 vaccine.

TO TAKE THE SURVEY SCAN THE QR CODE OR VISIT:

https://www.surveymonkey.com/r/TW25RQ9

