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syəcəb

Saturday Janaury 16, 2021

(Tulalip See-Yaht-Sub)

Meet Dr. Kay Moua, advanced diabetes management specialist for Tulalip's health clinic



By Micheal Rios

Native communities and diabetes. The two have been linked since colonization forcibly removed tribes from their ancestral lands and traditional food sources. Ever since it's been a never ending struggle to battle one of the most challenging health problems of the 21st century. According to the World Health Organization, each year an estimated 1.8 million deaths are directly caused by diabetes, while another 2.2 million deaths are attributed to high blood glucose.

It's no question that diabetes is a nationwide health problem, but for Native people its life altering effects are felt at a much higher rate. Native communities have the highest diabetes prevalence of all ethnic groups in the United States. Nearly 1 out of 6 Native citizens has diabetes presently, and the Centers for Disease Control predicts that 1 in 2 Native children born since 2000 will have type 2 diabetes in their lifetime.

Fortunately, Tulalip is excited to announce a vital new resource in its fight against the shared enemy. Dr. Kay Moua has joined the health clinic's Diabetes

See **Kay Moua**, page 2

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Tulalip, WA 98271

New Mukilteo ferry terminal features Tulalip artwork and shares rich history

By Calvin Valdillez

"One of my goals is to keep my culture alive. With this project I wanted to give respect to our elders that have passed down all this information to us through the generations. I want to give respect to our elders that gave us life, that taught us who we are and the importance of our culture, the importance of our territory, the importance of understanding that our people are still alive and that we still practice our culture. We never stopped," expressed Tulalip Master Carver and Artist, James Madison.

Mukilteo-Clinton commuters who boarded the infamous white and green, double-decker ferry boat, at approximately 6:00 p.m. on December 29, were the first to experience a shared vision between Washington



See **Ferry**, page 4

Kay Moua from front page

Care and Prevention Program. An advanced diabetes management specialist, she brings a treasure trove of experience and cutting edge knowledge. She is well regarded for her expertise in the latest techniques and most effective practices for managing and preventing diabetes.

Dr. Kay was gracious enough to be interviewed by *syəcəb* staff in order to introduce herself, her medical background, and what she hopes to accomplish in Tulalip.

SYS: You have a unique cultural background. Can you tell us about it?

I was born in Laos, and my ethnicity is Hmong. My family migrated to a refugee camp in Thailand after the Vietnam War

and came to the Unites when I was 11-years-old. I started learning English (e.g. the alphabet, colors, numbers) in 7th grade.

My husband and I have been married for 30 years. We have 4 children, 3 boys and 1 girl. We are family-oriented people and love to host. My husband is the oldest of seven siblings, so we're always surrounded with family and friends. My in-laws live on the same property, which is common for us to have multigenerational living in the same house. My mother-in-law is a Shaman, so we still perform traditional rituals and practices.

SYS: Please describe your educational journey to become Doctor Kay.

I've worked in the medical field since graduating High School. My first job was in a family practice where I started as a receptionist, then later trained in back office work, which included billing and rooming patients. I attended a community college while working full-time. After completing my AA degree in Medical Office, I continued school in the pursuit of a nursing degree.

Once I graduated with my Associate Degree in Nursing and earned my license, I went to work as a Registered Nurse (RN) at Providence hospital in Everett. Seeing so many people come into the hospital with poor diabetes control motivated me to pursue my Nurse Practitioner license to help people living with diabetes. After attending

graduate school, where I received my Master's Degree in Nursing (MSN) and Advanced Registered Nurse Practitioner (ARNP) license, I joined the Endocrinology team at the Everett Clinic to care for patients with diabetes.

Even though I enjoyed my work very much, I knew that I need to get back to school to achieve my personal goal of having a doctoral degree. With hard work and dedication, I graduated with a Doctor of Nursing Practice (DNP) degree in 2015. I continued to take extra classes and trainings and was able to pass the National Board Certified-Advanced Diabetes Management (BC-ADM) certification the following year.



Problem Gambling Support Group Family Night



You are invited to attend our once-a-month education/support group:

Thursday, January 21st, 2021

5:00pm to 6:30pm

**Join this month's virtual meeting through Zoom,
a free download available at www.zoom.us**

ZOOM ID: 313 507 8314

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

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In memoriam:
Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008



TULALIP TV
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For program scheduling, visit:
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SYS: What motivated you to join the Tulalip Health Clinic and practice medicine for the Tulalip people?

Native Americans are one of the highest risk groups for the development of diabetes. I was surprised to find out that in the history of the Tulalip Health Clinic an Endocrinologist or someone like myself has not been available for the people of Tulalip without a referral to an outside facility. I am pleased to be one of the first contracted providers to manage patients utilizing devices like CGM and insulin pumps. These technologies have evolved over time and under my care and direction we will be offering these devices in 2021 to patients who have this interest in advanced diabetes management.

The Tulalip Health Clinic already has a successful Diabetes Care and Prevention Program. I love the fact that the program is able to provide so many activities to teach people about diabetes and keep the community engaged with the clinic. In fact, I've never come across another diabetes program that is so unique and able to provide so much for their patients. I want to work with the team to help expanding the diabetes program by offering advanced diabetes care to Tribal members, to ensure that their treatment is up-to-date with most current medications and have the option to use technologies to enhance diabetes management. Tribal members should not have to seek care outside the Reservation for diabetes treatments.

SYS: You specialize in advanced diabetes management. Can you explain what this means?

As I mentioned earlier, diabetes care has been my main focus from training during Nurse Practitioner school and my doctoral degree school. I've worked with patients with diabetes for over ten years. I continue to immerse myself with conferences and continuation education that's specialized on diabetes to stay up-to-date with current medications and technologies and guidelines.

I'm an Advanced Registered Nurse Practitioner (ARNP) by trait, with a Doctor of Nursing Practice (DNP) degree and national Board Certified-Advanced Diabetes Management (BC-ADM) specialist. Patients are referred if they need to improve blood sugar control or have interest in insulin pump or continuous glucose monitor. Diabetes treatment is complicated and has to be individualized. I make sure that patients are offered the best and most appropriate treatment options available to the individual.

I also have extensive experience incorporating technologies such as continuous glucose monitors and insulin pumps to help patient improve diabetes control. Insurance requires additional documentations and special forms for approval. These technologies requires



extra training and longer appointment time with patients that may not be feasible for general providers. This is why my service is required. I work with these devices every day and familiar with insurance requirements for quick approval.

SYS: With your extensive professional experience, what do you consider the biggest challenges to minimizing the diabetes epidemic?

Unfortunately, diabetes prevalence continues to increase every year. There are many contributing factors to this epidemic. I think our current financial economy posts many obstacles in diabetes prevention and treatment. Budget is tight in most households, especially with more and more people losing their job during COVID, leading to even more unhealthy diet and lack of exercise.

We all know the importance of a healthy diet. However, it may not always be feasible when you have a tight budget. Fresh food costs 2-3 times more than process food. People are working longer hours and don't have time to cook, so they are eating more fast food. Combining processed and high fat foods with eating late at night contribute to weight gain, leading to increased insulin resistance or worsening diabetes control.

Healthy diet and routine exercise are the cornerstone of diabetes prevention and treatment. As people are working longer hours to make ends meet, they don't have time to do anything else. Exercise is unlikely to be a high priority after a long work day. Lack of exercise increases fatty tissue, which causes insulin resistance and high blood sugar.

SYS: In your ideal scenario, how will your work positively impact the Tulalip community?

Diabetes management is complex and requires collaboration between the patient, their family members and the healthcare team to achieve best outcomes. As a new provider of the community, it's important for me to learn the culture and incorporate the Tribal ways of living when making treatment plans. I believe getting to know the people, developing good rapport with patients, and building trust with the community are the key steps to improving diabetes control within the Tulalip community.

My understanding is that some tribal members have been going elsewhere for advanced diabetes care or have not been active in seeking diabetes care. My goal is to provide the most current diabetes treatment options for members living with diabetes right on the reservation. I will need to prove my knowledge and earn the trust of the community in order to draw members back to the Tulalip Health Clinic for diabetes management.

SYS: A principle of Native culture has always been holistic care (mind, body and spirit). Considering this, what advice or best practices would you suggest to combat diabetes and pre-diabetes?

I've always believe in holistic care approach. It is crucial to access and address the individual's mental and physical health that may impact their ability to maintain diabetes management. Successful diabetes care also requires taking the time to access and get to know the patient, their family, their environment, and cultural practices and incorporating this information into individual treatment plans. We all have different cultural practices and traditional food that should be respected.

I'm so excited that the Diabetes Care and Prevention team has a garden to showcase and incorporate the Pacific Northwest native plants for natural medicines and herbal remedies. The Diabetes Program garden provides diabetes education and promotes traditional food, healthy eating, and activity. Healthy diet and staying active are important for everyone, but even more crucial for those who have diabetes or prediabetes.

My goal is to be a resource and provide guidance for patients who have diabetes or at risk of developing diabetes through obstacles like diet, exercise, blood sugar checking, or medication management. Uncontrolled diabetes can cause many unforgiving long-term complications. Diabetes can start to cause damage to internal organs in prediabetes state. Therefore, it is important to do everything you can to maintain good blood sugar control if you are considered high risk or as soon as you found out that you have diabetes.

My vision for the Tulalip Diabetes Program is to expand diabetes care to Tribal members with prediabetes. Historical records

Continued on next page

show that at least 20% of these patients convert to full blown type 2 diabetes yearly. We need to focus our attention on preventing diabetes in order to decrease the diabetes epidemic. I hope that we will be able to offer routine educational group classes on diabetes disease and have activities to promote healthy eating and active living once it's safe to have group classes again. In the

meantime, I encourage everyone to find safe activities to stay active and practice meal portion control.

SYS: Anything else you'd like to share to our readers?

Special thanks to Roni Leahy (Tulalip Diabetes Program Coordinator) for having the vision to expand the Diabetes Care and Prevention Program and entrusting

me with this opportunity. I am grateful for the support from Dale Jones (Diabetes Program Advocate) and Brooke Morrison (Diabetes Program Assistant). I also like to thank the Tulalip Healthcare providers, Dr. Chad Cleven, Dr. Natasha LeVee, Dr. Howard Johnson, Dr. Rhonda Nelson, and Dr. John Okemah for welcoming me to the clinical team.

It is an honor and privilege to have the opportunity working with the Tulalip Health System. I look forward to learning the Tulalip culture, earning the trust of each patient and the community, and collaborating care with the clinical team to improve the health and quality of life of tribal members suffering from diabetes.

Ferry from front page

State Department of Transportation (WSDOT), Washington State Ferries (WSF) and a handful of local tribes; Tulalip, Lummi, Muckleshoot, Nooksack, Samish, Stillaguamish, Snoqualmie, Swinomish, Suquamish and Sauk-Suiattle. After twenty years in the making, the project officially broke ground in 2019 and days before the start of 2021, the Mukilteo Multimodal Ferry Terminal opened their tollbooths to people traveling across the waterways to Whidbey Island.

Said Phillip Narte, WSF Tribal Liaison, "This new facility sits on Indigenous lands where the Snohomish and other Indigenous peoples fished, hunted, and gathered for generations. Without the partnership of eleven federally recognized tribes, we would have not been able to build this facility."

The debut of the new ferry terminal was a hot topic over the past several years. Highly anticipated and discussed amongst Washington State residents, government officials and tribal nations due to its location and the necessity of a new terminal to help address a plethora of issues the city of Mukilteo faced including traffic congestion and the safety of their townspeople and ferry riders. The previous docking station was in use for over sixty years as the state's second busiest terminal, carrying 4 million travelers annually, and WSF anticipates over the next twenty years, the amount of foot passengers will increase by 100%.

"This project represents everything that matters to Washingtonians," stated Washington State Governor, Jay Inslee. "The largest ferry system in the country has a new facility we can all be proud of



- it is a symbol for the bright future we're building here in Washington state."

Previously, on any given day you could expect ferry-boarding traffic for miles, stretching from the sidewalk of Ivar's Seafood Bar to Paine Field, but the new terminal aims to address that problem, now located a third-of-a-mile from the old station and off the main road. The terminal also includes closer drop-off and pick-up zones for bus passengers as well as a transit center for Sound Transit. Loading lanes have also been extended in both length and number of lanes, holding up to nearly 250 vehicles at a time. In addition to many new and exciting features, the terminal is located at a historic site, a location special to the tribes who frequented the Salish Sea long before the invention of ferries. People who called present day Mukilteo home since the beginning of time, harvested salmon and shellfish from its shores generation upon generation, and gathered at that location 165 years ago to sign

the 1855 Treaty of Point Elliott. That Treaty is a formal agreement between the federal government and the people who make up the central and north Puget Sound tribes, including the Snohomish, Snoqualmie, Skykomish and other allied bands. As direct descendants of the Snohomish, the Tulalips ceded millions of acres of land, agreeing to move their people to the present-day Tulalip reservation. In return, the Tribe retained their rights to fish in their usual and accustomed grounds as well as hunt and gather on open and unclaimed lands in order to continue practicing their traditional cultural lifeways.

"This project is a pretty big deal for me because I've fished all along here all my life," said Joe Gobin, Tulalip Artist and Master Carver. "We used to go there with Stan [Jones Sr.] and my dad, Bernie Gobin. I was also on the Fish Commission for like 30 years, and we actually had to negotiate for that ferry terminal to even go in because we had to give up certain fishing rights.

It was a long time ago. It didn't happen overnight, we knew that going into the project. It took a lot of years. It took a lot of negotiation. And this is kind of what came out of it, they recognize that this is our land, Tulalip's, not anybody else's."

Signage is posted along a walkway leading up the 5,865 sq. foot building that details the history and traditions of the Tulalip people, including information about canoes, treaties and longhouses. Drivers, foot passengers, and even locals out for a jog or walking their pets can learn about the Coast Salish lifestyle and journey, beginning with pre-colonial traditions, throughout the years of forced assimilation, and up until the current cultural resurgence that shows local tribes reclaiming their traditional language, songs, stories and practices, as evidenced by the many Lushootseed words and phrases displayed throughout the new terminal.

"I'm from Eastern Washington, that's where I grew up, and it's nice to see the history for people who may not have the biggest voice around here, so that folks that come through here can actually see what was here before white people," said Everett resident, Paul Shelton. "I like that it's true to the tribes that were here before everybody else and that they're properly represented, that makes me feel good."

The biggest attraction at the new ferry terminal, garnering a lot of buzz online, is the artwork commissioned by a number of artists who originate from the tribes that signed the Point Elliot Treaty of 1855, including several designs created by Joe and James. Over a dozen traditional and contemporary pieces are



showcased at the terminal, which was constructed to replicate a traditional cedar longhouse.

“The longhouse idea, that might have been Hank,” explained Joe thoughtfully. “My cousin Hank Gobin was involved with all of that in the beginning before he passed. He did a lot of the groundwork, making sure that it was representative of our people in the right way. That’s how I approached this project, how I tried to do my artwork, representative of us; the killer whales, the salmon, our canoes.”

In total, Joe can be credited for six contributions; two metal spindle whorl designs located at each end of the building (one killer whale, the other salmon), one cedar spindle whorl on the inside of the building that depicts the traditional Tulalip Seal Hunting Brothers story, two welcome posts (one man and one woman) located near the restrooms, and a full-sized cedar dug-out canoe, which hangs overhead inside the terminal and faces a gorgeous ceiling-to-floor view of Possession Sound.

Many other magnificent Indigenous works are on display throughout the 400,000 sq. foot property such as carvings and weavings by tribal artists who represent other sovereign nations, like the welcome figures located at the toll-booth created by Suquamish artist Kate Ahvakana.

James also made two artistic

contributions for the project that are unique in design, traditional in story, and personal in heritage. In each elevator shaft, extending both levels, are dual-sided glass displays that place you in an underwater world, a Tulalip story that James grew up with and heard his entire life.

James said, “For me, it was important to speak from teachings that I learned from my grandfather. Teachings that he learned from his grandmother and from his uncle, who taught him in our old traditions and with our old stories. Those teachings have been passed down all the way to me. My art, the giant glass pieces, are kind of historical and are the very meaning of our existence in that area. My story is about the water people. It’s a story my grandpa, Frank Madison, told me many times about this village that was under the water; there used to be a longhouse under the water and we, the human beings and animals, all spoke the same language. I have a portrait of my grandfather in the water amongst the whales and the salmon, two important creatures to our people. And the other glass mural is of my grandfather’s mother, my great-grandmother Delia Jimicum. They’re all amongst the water people. There’s a longhouse in the background and that’s the water people’s longhouse.”

As the original caretakers of this land, Tulalip kept the sacred Salish waters and all of its inhabit-

ants in mind during the early phases of planning for the new terminal. Going green and minimizing the carbon foot print was a shared interest, as well as a special request, from the city of Mukilteo. This resulted in several design features that will be ‘light on the earth’ like minimal overwater coverage so marine plants can thrive in their native waters, and a shed roof covered with solar panels for energy efficiency as well as to collect rainwater. The Terminal also focuses on the proper treatment of storm water runoff with rain gardens and ‘pervious concrete’ in the holding lanes. And soon, Washington State Ferries will be going electric, which is great news for the environment.

“Putting the whale and the salmon in my art was important,” James stated. “Not just because of stories that we passed on in our culture, but also to show the significance and importance of what the orca whale, we call it Blackfish, and the salmon mean to Native people in the Puget Sound. We need to take care of them, it’s been my mission to put that message out there. It’s so important for us to protect them because when they’re gone, we’re gone.”

Although the project required lots of dedicated hours from several parties and took multiple years to complete, everybody’s hard work could not be celebrated in-person together, unfortunately, due to

COVID-19. Instead, WSF and WSDOT held a virtual ribbon cutting ceremony that featured commentary from many of the individuals who had hand in the project, and also numerous Washington State lawmakers like Governor Inslee and Senators Cantwell and Murray who are excited about the new terminal and its location’s rich Salish history.

“I hope to see that all of this starts a trend when they start remodeling other ferry terminals and incorporate artwork by our people at all of them just like they do in Canada,” Joe expressed. “It kind of opens up the door for other artists, so hopefully the younger artists are watching and start getting involved in more projects like this. I’m kind of the old guy now, the eldest artist out there.”

James added, “It’s been a long, long time coming for this project. And being a part of such an important project on our very land that our people lived on and harvested from, is important to our people. A building like this is significant, not just because it’s our territory and it’s on our land, but because people get to intermingle with all the art and read it, and read about us and about the area and the territory. I think that this needs to be done everywhere in the Puget Sound region. My hands go up to the Tribe and our leaders. I hope I was able to represent our people in the best way that I could.”

Gambling Addict Speaks
To Their Family

Submitted by Sarah Sense-Wilson

I am a gambling Addict, I need your help. Don't lecture me, blame me or scold me. You wouldn't treat me that way for having leukemia, cancer, or diabetes. Gambling addiction is a disease too.

Don't let me provoke your anger. If you attack me verbally or physically, you will only confirm my already bad opinion of myself.

Don't let your love and anxiety for me lead you into doing what I ought to do for myself. If you assume my responsibilities, you make my failure to assume them permanent. My sense of guilt will increase and you will feel resentful.

Don't accept my promises. I'll promise anything to get off the hook. But the nature of my illness prevents me from keeping my promises, even though I mean them at the time.

Don't make EMPTY threats. Once you have made a decision or draw a line, STICK TO IT.

Don't believe everything I tell you: it may be a lie. Denial of reality is a symptom of my illness. Moreover, I'm likely to lose respect for those I can 'fool' too easily.

Don't let me take advantage of you or exploit you in any way . Love cannot exist for long without the dimension of honesty and trust.

Don't cover up for me or try in any way to spare me the consequences of my gambling.

Don't lie for me or pay my bills, or meet my obligations. It may avert or reduce the very crisis that would prompt me to seek help. I can continue to deny that I have a gambling problem as long as you provide an escape from the consequences of my gambling behavior.

Above all, DO learn all you can about Gambling Addiction and your role in relation to me. Attend GAMANON meetings regularly, read literature, and keep in touch with GAMANON members or support group members, they're the people who can help you see the whole situation clearly.

I love you,
Gambling Addict

If you or a loved one is experiencing struggle, or upset related to gambling behavior please contact us for help. Tulalip Tribes offers a variety of comprehensive and culturally respectful services to support loved ones, family, and anyone interested in seeking help for problem gambling behavior. We are currently offering services using telehealth and all services are free and confidential. Contact us at Tulalip Tribes Family Services Problem Gambling Program (360)716-4304 or main number (360) 716-4400

The Benefits
of Music

Submitted by Jeanne Steffener,
Higher ED

Do you like listening to music? Well, you are in good company. Turns out that there are a lot of people who ... love music. Alfred Einstein said that, "it I were not a physicist, I would probably be a musician." And then, Jimi Hendrix called music his "religion". You can sense strong feelings being expressed here about music.

If you feel great after listening to music, it turns out that research is showing that music, actually improves our mental well-being while

boosting our physical health as well.

If you had the opportunity to take some music lessons as a kid, the musical training not only gives a boost. your IQ but will help keep you quick witted in your old age. Learning and making music involves more than the voice or fingers playing an instrument. It involves tap into multiple skill sets and often at the same time. In making music, musicians use their eyes, ears and large and small muscles.

Benefits from listening to or making music include creation of feelings of happiness, excitement and joy. As you involved yourself with music, your brain releases dopamine, a neurotransmitter. So the next time you feel the need

for an emotional boost, listen to your favorite music station or cd for about 15 minutes. It really works.

You have probably heard before that music helps to lower stress by decreasing the levels of cortisol in your body. Active participation playing an instrument or singing, boosts your immune system even more than passive listening. If you are having a stressful day, turn on your radio, even better, sing along and tap your feet to reap the maximum health benefit.

If you are interested in a very creative vocation, please call the Higher ED staff at 360-716-4888 or email us at highered@tulaliptribes-nsn.gov for assistance.

Working Together to Fight Human Trafficking in Tulalip Community

Thursday, January 28th, 2021 1:00pm - 3:00pm


Are you interested in learning more about keeping your Tulalip community safe from human trafficking?

The Tribal Law and Policy Institute on behalf of the Tulalip Tribal courthouse is offering a free virtual training that will give you the tools to recognize and respond to concerns around human trafficking. In this training you will learn to recognize signs and red flags of human trafficking and how to respond in a situation when you notice these signs. Empower yourself and your community to stand up against trafficking.

Training link: https://zoom.us/webinar/register/WN_FbMgm_4nS26JmRbaA_cehQ


Opening blessing • Keynote from Chris Stark • Community training • Closing blessing

Please note: this training will be recorded and may contain sensitive topics.




Bonnie Clairmont (Ho-Chunk)
Victim Advocacy Specialist, Tribal Law and Policy Institute - Minnesota

For more than 25 years, Bonnie has dedicated much of her work to providing and improving services for victim/survivors of sexual assault, battering, and child sexual abuse, particularly those from American Indian communities.




Kelly Stoner (Cherokee)
Victim Advocacy Legal Specialist for the Tribal Law and Policy Institute

Kelly is a frequent lecturer for the American Bar Association's Commission on Domestic Violence and for the Office on Violence Against Women's national technical assistance providers on domestic violence issues in Indian Country.




Christine Stark (Anishinaabe & Cherokee)
Member of the Minnesota Missing and Murdered Indigenous Women Task-force


Christine is an award-winning writer, researcher, visual artist, and national and international speaker. Her essays, poems, academic writing, and creative non-fiction have appeared in numerous publications.



Children's
Advocacy Center
Legacy of Healing
shaliŋi ɛ7ibaa



TRIBAL LAW & POLICY INSTITUTE
NATION-TO-NATION COMMITMENT 1988



The Tulalip Tribal Court
1855 Point Elliott Treaty

TDES 16-000 1/21/2020



Ami Ashli Pablo

Ami Ashli Pablo of Tulalip passed away on January 6, 2021.

She was born on July 19, 1978 to Cheryl Enick and Eddy Pablo Sr.

Ami loved being out on the water crabbing and fishing with her family. She worked at the Tulalip Liquor store and Tulalip Bingo. Ami enjoyed and was a competitive pool player. She also worked as a stewardess on the Mt. Mitchell and traveled off to Alaska. She truly en-

joyed just driving around and flipping everyone the peace sign with her bright smile and showing off her big dimples. She truly enjoyed spending time with her grandchildren they were her whole world.

Ami is survived by her mother Cheryl (Dan) Enick and step mom Lori Parks. Siblings/Brothers: Roy (Ananda) Pablo, Eddy (Sage) Pablo, Dean (Darlena) Pablo, Matthew Pablo and Kanim Henry; sisters, Tara and Leandra. Her Daughter Kia (Adam) Pablo

Grandchildren: Chuckie, Sheray-

lah, Penina, Avonna and one unborn grandchild on the way.

Numerous other family members and friends.

Proceeded in death by her Father Eddy Pablo Sr., Her brother James Pablo, and her son Dontae Wayne Jones. Her grandparents: James and Evelyn Enick, Leota and Louie Pablo Sr.

A graveside service was held Wednesday, January 13, 2021 at 10:00 am at Mission Beach Cemetery. Arrangements entrusted to Schaefer-Shipman Funeral Home.

Tamara Lee Hayes



Tamara Lee Hayes 57, went on her journey to our ancestors on January 4, 2021. Born April 8, 1963 to Merle A. Hayes II "Hillbillie Rocker Chuck" and April Smith (Marvin).

A proud Tulalip Tribal member; living her amazing beautiful life on reservation. Her powerful smile and natural motherly support for all. Led her to become a great treasure box of cultural teachings, that her involvement, true dedication to her people/community was shared throughout Indian country.

She enjoyed and loved berry picking, storytelling, bingo slots, travel, never afraid of hard work, or to lend anyone a hand or hug.

Her treasure box of grandchildren "gems", she was never

afraid to share her gems and share her contagious humor with friends and family. Holidays "dinna" is where she shines, keeping us close and being such a great warriorress motivated her to become the best she could be simply make a whole room become one with just her presence. Tamara's strength for our family came through her spirituality and faith in the Lord. She leaves a humble legacy and her true legend qualities with her daughters, where she lived with Cierra Williams they both raised her grandchildren together. Blessings to our awesome family, she appreciated and adored all her aunts, uncles, friends, and family which helped build her foundation.

Survived by, Father Merle A. Hayes II, Mother April (Marvin) Smith, siblings: Merle A. Hayes III,

Carnegie (Tara) Hayes, Bernadette Abuan, Holliday Hayes (Antonio). Children: Courtney Solomon and Cierra Williams. Grandchildren: Owen A.J. Woods, Martine Tamara Solomon (Trevor), Wesley G.V. Solomon, Irene R.A. Solomon, Darrian L. Solomon, Pierce J. McClellan, Christopher S. McClellan, Sophia Victoria Rose Williams. Great grandsons: Shawn Lee Solomon and soon to be great-grandchild.

Proceeded in death by her grandparents, aunts, uncles, cousins. Beloved Sophia Solomon and Edison McClellan Jr.

A graveside service was held Monday, January 11, 2021 at 12 Noon at Mission Beach Cemetery. Arrangements entrusted to Schaefer-Shipman Funeral Home

Court Notices

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CR-FI-2020-0729 Notice of Trial Date THE TULALIP TRIBES, Petitioner vs. Nicholas Edelman, Defendant. YOU ARE HEREBY NOTIFIED, on December 15, 2020, the Tulalip Tribal Court issued an Order continuing the trial date in the above-entitled matter to February 3, 2021 at 9:00 a.m. The date and time of the trial shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271. Contact the Clerk's Office at (360) 716-4773 [Option 5] to inquire about attending the hearing.

SUMMONS BY PUBLICATION TUL-CV-CS-2020-0730, Tulalip Tribal Court, Tulalip WA, TCSP #1774 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. Kenneth Celestine (DOB 10/29/1982) TO: Kenneth Celestine: YOU ARE HEREBY NOTIFIED that on November 5, 2020, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for EMC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on March 1, 2021 at 9:00 AM in Tulalip Tribal Court, 6332 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 19, 2020.

SUMMONS BY PUBLICATION TUL-CV-CS-2020-0726, Tulalip Tribal Court, Tulalip WA, TCSP #1775 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. Kumiwut Moses (DOB 12/06/1986) TO: KUMIWUT MOSESE: YOU ARE HEREBY NOTIFIED that on November 5, 2020, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for EMC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on February 22, 2021 at 11:30 AM in Tulalip Tribal Court, 6332 31st Ave NE, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 19, 2020.

TUL-CV-YI-2020-0695. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: S.V. R.W. TO: JUSTIN LEE PATRICK: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Tuesday, February 02, 2021 at 03:00 PM in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 12, 2020.

NOTICE OF ELECTION

Tulalip Tribes 2021 Board of Directors Election

Saturday, March 20, 2021

7:00AM to 1:00PM*

At the Gathering Hall, 7512 Totem Beach Rd, Tulalip, Washington 98271

Annual General Council Meeting will start at 10:00Am*

There will be a Board of Directors election on 3/20/21. The two (2) candidates receiving the highest number of votes will be elected to serve three (3) year terms.

THE FOLLOWING TWO CANDIDATES TERMS ARE EXPIRING:

Marlin Fryberg Jr.

Melvin Sheldon Jr.

Petitions will be available at the Tulalip Tribes Administration building, Election office (2nd floor) starting **Tuesday- January 19, 2021 thru Monday- February 1, 2021.**

PETITION RULES:

- * DO NOT LEAVE WITH ANY OTHER STAFF, BUT ELECTIONS
- * FILL OUT COMPLETELY AND SIGN BY THE POTENTIAL CANDIDATE.
- * 25 SIGNATURES PER PETITION IS REQUIRED.
- * NO DUPLICATE SIGNATURES- VOTER CAN ONLY SIGN ONE PETITION.

Eligibility: No person shall be a candidate for the Board of Directors unless he/she shall be an enrolled member of the Tulalip Tribes and shall have resided upon the Tulalip Reservation for a continuous period of one (1) year prior to the election, and shall be at least twenty-one (21) years of age. No person may be a candidate if he/she has been found guilty of any felony, or a misdemeanor involving controlled substance or dishonesty in any Indian, State, or Federal court within three (3) years prior to the election.

The list of qualified candidates will be posted in a public place and otherwise be made know to the tribal membership not less than two (2) weeks prior to the election date. The Tribal rules and regulations governing elections shall apply.

DEADLINE FOR RECEIPT OF PETITIONS

Monday February 1st at 4:00pm

Tulalip Administration Building (360) 716-4283 or electioncommittee@tulaliptribes-nsn.gov
c/o Election Staff, 6406 Marine Drive, Tulalip, WA 98271

Dated: January 5, 2021

Teri Gobin

Teri Gobin, Chairwoman

- Reso 2017-256 6/30/17- Increased the petition signers from 5 to **25** in order to run for the Board of Directors.
- Election staff includes – Rosie Topaum, Leilani Davey, Angela Hatch, Annie Enick, Jennifer Monger, Judy Gobin, Samantha Rose, and Lorna Ancheta.

**Subject to change in Voting times or day(s) and General Council Meeting.*