Medicine Wheel mural honors essential employees

By Micheal Rios

The Medicine Wheel, sometimes referred to as the Sacred Hoop, has been used by generations of various Native American tribes for health and healing. It embodies the Four Directions – often interpreted as the four aspects of life: spiritual, emotional, intellectual and physical – all of which come together to symbolize the cycle of life. For healers, the Medicine Wheel often represents an omnidirectional perspective on health care. A perspective known as holistic healing, which considers the whole person – mind, body and spirit – in the quest for optimal wellness.





PRSRT STD
US Postage
PAID
ound Publishing
98204

Ilalip Tribes 106 Marine Drive Ialio, WA 98271

A nation underwater: Quinault's village of Taholah continues fighting inundation issues

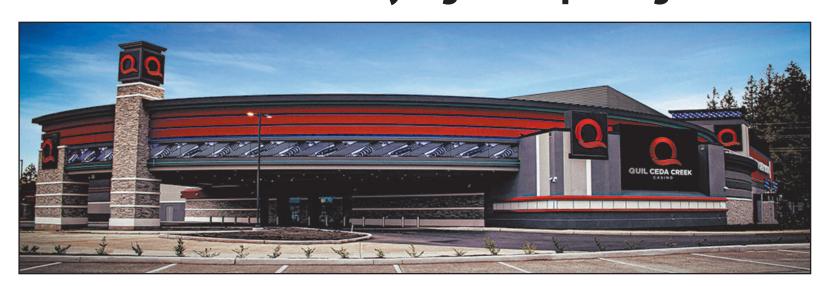
By Kalvin Valdillez; photos by Jeff Eison and Shelley McCrory

The mouth of the Quinault River holds a special place in the heart of every single tribal member of the Quinault Indian Nation (QIN) – and that is no exaggeration. A photo of the river alone can evoke memories of adolescence, whether that is celebrating Chief Taholah Days during each fourth of July weekend, swimming with your cousins in the summertime, or harvesting

See Taholah, page 3



With "More to Love," the bright new Quil Ceda Creek Casino set for February 3 grand opening



Pree release, Tulalip Resort Casino

New property includes expanded main casino and entertainment venue, new Food Hall with enhanced dining experiences and multi-story parking garage.

TULALIP, WA (Jan. 20, 2021) –The all new Quil Ceda Creek Casino will hold its grand opening on Wednesday, February 3, introducing the public to the next major gaming, dining and entertainment destination in the Northwest.

The highly anticipated new casino spans 126,000 square feet - more than twice the size of the current property across the street. It will spotlight a beautifully designed and greatly expanded main casino, a new Food Hall and additional dining options, an innovative entertainment venue and a six-story parking garage. The new Quil Ceda Creek Casino is situated on 15 acres of Tulalip Tribal land located directly off I-5 at exit 199

Following a Tulalip Tribes' ceremony blessing the new "Q" the doors will open to patrons at 10 a.m. Initial capacity will be limited, and a text message system will inform guests when they can enter the casino.

The current Quil Ceda Creek Casino will remain fully operational until 2 a.m. February 3,

when it will close permanently.

The new Quil Ceda Creek Casino will feature:

- 1,500 gaming machines (an increase of 500 machines) and 16 table games (with three new tables and new games added)
- "The Kitchen" an exciting new Food Hall experience with venues serving a variety of made-to-order dishes 24/7
- "The Landing" classic favorites on the menu for full-service, a la carte dining
- "The Stage" expanded entertainment offerings including live music, sports viewing on massive state-of-the art video walls, and other events
- A 1,000 stall, six-story parking structure (with 700 more spaces than the current casino), additional surface parking, and charging stations for electric vehicles.

The casino's kitchens will be the first in the region to fully incorporate energy-saving windspeed and induction cooking technologies. Menu items will spotlight fresh, local ingredients from Northwest suppliers prepared with the latest "green cooking" techniques.

The new Quil Ceda Creek Casino will be

open 24/7. It will be a no smoking and vaping property, providing designated smoking areas for guests' convenience.

"We can't wait to show guests what we mean when we say there will be 'More to Love' in their gaming, dining and entertainment experience," said Belinda Hegnes, Interim Executive VP of Quil Ceda Creek Casino. "We'll continue to provide the friendly, casual guest experience we're known for, but now in a larger facility with more room to enjoy all that we offer."

The new casino will continue to safeguard the health and safety of guests and team members with multiple programs: limited capacity, guests and team members are required to wear properly fitting masks, no-touch temperature checks performed upon entry, social distancing, aggressive deep cleaning procedures, and entertainment areas closed based on COVID-19 guidelines. For more information on sanitation, health and safety measures visit the casino's website.

Tulalip Tribes have completed new street improvements to enhance ease of access to the new facility.

More information on the new Quil Ceda Creek Casino visit quilcedacreekcasino.com/ NewQCCCasino.

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

Reporter: Micheal Rios, 360.716.4198, mrios@tulaliptribes-nsn.gov Reporter: Kalvin Valdillez, 360.716.4189, kvaldillez@tulaliptribes-nsn.gov Tulalip News Manager: Kim Kalliber, 360.716.4192 kkalliber@tulaliptribes-nsn.gov Media & Marketing Manager: Sara "Niki" Cleary, 360.716.4202 ncleary@tulaliptribes-nsn.gov

Volume 41, No. 3, January 23, 2021 Published once-a week with special issues by: Tulalip Media & Marketing 6406 Marine Drive, Tulalip, WA 98271 360-716-4200; fax 360-716-0621

Deadline for contribution is $\dot{\text{M}}$ onday, with publication on the following Saturday.

In memoriam: Frank F. Madison, 1923-2002 Sherrill Guydelkon, 1945-2008

email: editor@tulaliptribes-nsn.gov



Not getting your syacab?

Contact Rosie
Topaum at
360.716.4298
or
rtopaum@tulaliptribes-nsn.gov

Medicine Wheel from front page

During the midst of a global pandemic, the Tulalip Tribes shut down all non-essential departments for several months, but the quest for wellness continued at the local health clinic where nearly one hundred health care workers and support staff were deemed essential. These employees carried out their daily responsibilities to the Tulalip community while COVID-19 steadily penetrated the reservation. Their commitment to uplifting health opportunities and bringing about wellness to their patients is now immortalized in a remixed Medicine Wheel mural.

"After COVID hit us here locally, I was inspired to cheer people up and boost our sense of team accomplishment here at the clinic. This mural is to honor all our essential staff who worked tirelessly during the tribal-wide shut down," explained muralist Mark Dewitt, facility maintenance supervisor. "From administration to dental to medical, even some behavioral health specialists, and all my maintenance and custodial crew, together we made sure the Tulalip Health Clinic remained open and available for all its patients."

The mural is a can't miss feature along a back hallway of the health clinic. Eighty-two vibrant handprints represent unique signatures from the clinic's essential employees. Dewitt said it was a process tracking down each employee and finding time for them to leave their proverbial mark on the mural, but the final product was well worth it.

"Everybody loved it. From the leadership staff down to maintenance, it was a great team building exercise that let everyone know it took each and every one of them to make this place function smoothly," said Mark. He also noted the wheel's center hub, a beaver, represents the maintenance team. Beavers build, they maintain, they're always busy and they're dam good.

As the number of confirmed cases in



Tulalip peaked in late November and steadily decreased since, in addition to an enthusiastic embracing of the Moderna vaccine by Tulalip tribal members and employees, there is a renewed sense of optimism for the future. On the business side, the Tulalip enterprise is back to business as usual, albeit with social distancing and mask-

wearing protocols now in place.

One wall in the health clinic will always serve as a striking reminder of the essential hands that worked together to ensure the quest for wellness never came to a halt. Like the Medicine Wheel, the community's dynamic self was prioritized and continues to be treated holistically.

While adding the finishing touches to his mural, Dewitt reflected back to March 2020 and an unprecedented tribal-wide shut down. "We stuck it out, we were here for the community, and together we fought this battle and survived," he said. "And these are the hands that did it all."

Taholah from front page

delicious blueback sockeye salmon from its waters. Long before the days of colonialism, the ancestors of the Quinault people lived and harvested along the banks of the river. And to this day, nearly two hundred households, approximately seven hundred people total, still call the Indigenous village that leads to

the ocean, home.

Present day Taholah can be divided into two sections; the lower village and the upper village (more commonly known as Snob Hill). The upper village consists of a handful of homes, the Roger Saux Health Center and the Tribal administration office. These facilities are relatively

new as many of the buildings were established in the 80's and 90's due to a need for expansion for the growing tribe. However, during QIN's early days of self-governance, all tribal operations were located in the lower village and the tribal office itself had quite the view of the mouth of the Quinault River.

In addition to the many families that occupy the lower village, several departments and businesses still operate near the river including the Quinault Cultural Museum, Quinault Enterprises (a.k.a. the fish house), the Taholah Mercantile, the post office, the community center, the police

department, the Nugguam (QIN newspaper), as well as the senior center, shaker church, daycare, head start and the K-12 tribal school. Generation after generation, Quinaults spent their youth learning about their lifeways, traditions and culture, largely centered around the lower village and the Quinault River.

The Quinault River feeds into the Pacific Ocean and during the 70's, the Nation installed a seawall extending along the coastline for about a half a mile and roughly ten-feet tall, protecting the town of Taholah from the unpredictable, powerful, and often times dangerous waters of the sea. This proved to be an effective solution to the threat of flooding during high tide and stormy weather. That is until 2014 when the ocean breached the seawall and excessive water poured into the lower village, causing water damage to many homes and establishments.

The Nation made an emergency declaration and the U.S. Army Corps of Engineers answered the call, assisting the tribe with repairs to the ruptured seawall. That incident also forced the Tribe to consider relocating the entire lower village to higher ground and out of harm's way, from both the inundation of the Quinault River and the possibility of a tsunami as Taholah is located on the Cascadia subduction zone.

Since then, QIN created a master plan to relocate the lower village and even began clearing land and constructing a select few buildings of the new village, the very early stages of a 25-year plan. Ideally, the Nation would like to get everybody uphill as soon as possible, but they have been met with a number of challenges such as funding. The original masterplan estimated the total cost of relocation right around \$65 million.

Although many QIN tribal members agreed that relocation is probably the best solution, several families expressed that they simply would not leave their homes when it came time to relocate, and perhaps deemed the threat of extreme flooding too far ahead in the future.

The 2014 flood wa



attributed to climate change, a result of sea-level rise. Rising sealevel is a complex topic that will in time impact the entire planet. Like Taholah, many towns and major cities across the world will experience severe flooding, and in some extreme cases they could be underwater completely. Scientist and environmentalists predict that sea-level will continue to rise at about its current rate until around the year 2050, and then will start to accelerate at even a faster pace after that.

Since the Industrial Revolution in the 1800's, the Earth has been rapidly heating up due to the excessive burning of fossil fuels and the production of greenhouse gases. As the planet traps those emissions in its atmosphere, the warmer Earth gets. And as a direct result of global warming, the amount of water in the ocean is increasing because as water heats, it expands. Another contributing factor to sealevel rise are the melting ice caps.

"Sea-level has risen eight or nine inches in the last hundred years and it's accelerating," said Phillip North, Tulalip Natural Resources Conservation Scientist. "Since global warming is happening faster than we expected, the water is getting warmer faster and expanding. We're getting more sea-level rise than expected. Plus, the warmer ocean is melting the ice faster. Greenland is melting faster, Antarctica is melting faster, all the continental glaciers; everything's melting faster than we

expected. We'll see a pretty steady progression up until the middle of the century and then it will start to speed up."

Almost seven years later, amid a worldwide pandemic, ocean waters encroached the lower village of Taholah once again on the morning of January 12. Following a stormy PNW night, that cut out the lights on the Tulalip reservation, the ocean surge met with high tide causing the Quinault river to swell, allowing even more ocean water to enter the village than the 2014 flood. QIN Interim Emergency Coordinator and volunteer firefighter, Desiree Markishtum, explained that they were prepared and prepped 200 sandbags the night prior in case the water threatened to flood the village. However, not many could predict the amount of flooding and water damage that would ensue that morning.

"On January 12, high tide was expected around 11:00 (a.m.)," she stated. "I received an email from Bob Shale in Utilities Maintenance at 11:23 stating that his department would be needing a lot more sandbags and that the water was coming in fast. His office building is located on the end of First Ave. Immediately afterwards I received a call from [QIN COO] Andrea Halstead asking that I get an eye on that as soon as possible. I showed up on scene to see our ambulance's, and other first responder vehicles, tires about 1/8 of the way underwater which is unusual.

She continued, "next I see Lisa Hall, the Nation's lead paramedic, about mid-shin in the water observing the scene. At 11:53, I was given the orders to evacuate the residents of First Ave by Chief of Police, Mark James, and began evacuating the most vulnerable, our elders and our children. At that time, public safety began the evacuation of Pine and Cedar Street, both impacted by the flood as well. Evacuees were placed at the Quinault Beach Resort and Casino in Ocean Shores and at the Ocean Crest in Pacific Beach until conditions were safe, which was two days total."

Once again, QIN declared a flooding emergency and released a statement claiming that the excessive water inundated the tribal police station, court house, multiple homes and essential infrastructure. The statement also warned the tribal membership of the possibility of landslides on the only safe and reliable road out of Taholah, SR-109, that could prevent or hinder evacuation efforts.

"As a tribal member it was a very scary feeling seeing so many homes being impacted by the flooding," expressed QIN Tribal member, Tootie James. "Desiree Markishtum, current acting emergency management coordinator, did an awesome job evacuating the elders and community members in need. I brought my mom, a tribal elder, for a ride around the village after the storm. She said she's never seen anything like it before. The flooding has never been this bad."

With lower village residents safely evacuated, QIN was not in the clear just yet. With much of the town still covered in about a half-a-foot of water, the Nation still needed to prepare for yet another challenging day as a king tide was set to make an appearance the following morning.

Said Tootie, "the Tribe issued leave time for [employees] to utilize work-hours to fill sandbags so we would be ready. There was probably about fifty or more people filling empty sandbags working to beat the tide. By the time we were finished, it was almost noon and the tide had already pushed us back. For me it was really scary being around

a large group of people due to COVID, but it felt no structural damage to her home, like it was work that needed to be done." but it did cause damage to her

Added Desiree, "coming from a close community like Taholah, a big thing to take away from this event is the importance of knowing your community, what their capabilities are, and also knowing their needs."

After a great show of community, QIN President Fawn Sharp issued a statement to Quinault membership and expressed, "On behalf of the Quinault Business Committee, we want to publicly thank all those who stepped up to help in our moment of disbelief as we all witnessed the ocean breach into our village. The line of volunteers who dropped everything to answer our call to action to fill sandbags was a testament to our strength, resiliency, and love for each other. No matter how crazy the outside world becomes, there's one thing for certain - in times of need and emergency, we are Quinault Strong, always have been and always will be."

President Sharp also shared that the U.S. Army Corps of Engineers were on their way to the reservation to assess the damage of the village, while also calling on 'federal and state partners to work with [QIN] to better prepare for inevitable future flooding'.

QIN tribal member, Nancy Underwood, lives in the lower village and was evacuated the day of the flood. She stated that luckily there was

no structural damage to her home, but it did cause damage to her plumbing and electrical systems. And if there was any skepticism about relocation before this event, she now sees the idea in a whole new light.

"It was an eye opener for sure," Nancy exclaimed. "It gave us all a real fear of the elements. We are now in emergency preparedness mode and wondering what the next storm has in store for us. This most certainly gave us a greater respect for Mother Nature, our family and belongings. After that experience and how fast

everything happened, I firmly would relocate my family. You can replace material things, but you can't replace your family had something worse happened."

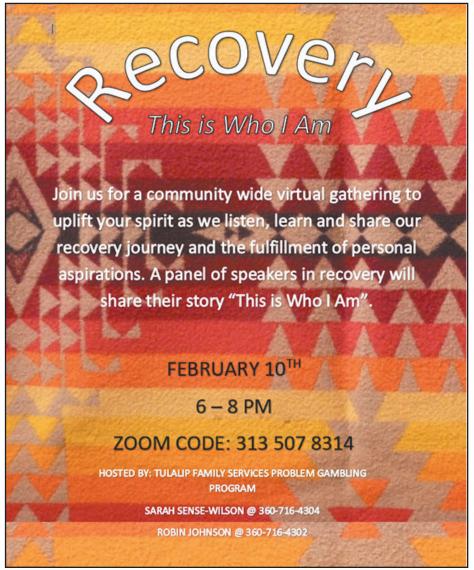
For now, QIN is continuing with their relocation master plan that places their membership and residents of the lower village 120-feet above sea level, out of the tsunami flood hazard zone. With the recent declaration of disaster caused by the tribe's largest flooding catastrophe to date, hopefully the Nation can now find additional funding to help speed-up



the process of relocation to ensure the safety and well-being of the tribe's membership and future generations.

"Our tribe is currently working as fast as they can to move the village to higher ground," explained Tootie. "There are plans for new homes; the senior center, daycare and head start are going to be opening soon so they will be safe from flooding and out of the tsunami zone. It's a hard but necessary decision for people to leave their homes and move to higher ground."





Women's Healing Circle Relapse Prevention Group

Women's Healing Circle Relapse Prevention Group is for women seeking learning experiences and support which draws on Tribal values, world view and perspectives. This group will explore identity, culture, and traditional ways as strengths for recovery and relapse prevention. We come together to support and empower women through group discussions, creative exercises and expressive experiential learning.

Virtual Zoom sessions

Mondays & Thursdays

10 am -12 noon

Group led by Sarah Sense-Wilson

To sign up, please contact us at (360) 716-4400





Tulalip Family Services
Behavioral Wellness

Please contact your primary counselor if you are interested in joining our treatment group.

Obituaries January 23, 2021 7

Harold Lewis "Uncle Mickey" Walker



Uncle Mickey passed away peacefully on January 11th at the age of 104 surrounded by family. Mickey was born in Cleveland Ohio on November 7th 1916 and spent many years sailing the Great Lakes as a merchant marine. Anyone who knew Uncle Mickey heard stories of the massive waters of the great lakes and the adventures that filled him for a lifetime.

In 1941 Uncle Mickey began his service in the United States Navy where he served until 1945. He was a proud WWII veteran, and his whole family is proud of him.

Mickey married his love Ruth Coy a Tulalip Tribal member in 1946, they spent many years in Renton while he made a career with the Boeing Company. Uncle made friends everywhere he went and that included many from Boeing.

Mickey and Ruth made their way back to Tulalip where he retired from the Everett branch of Boeing. During this time Mickey and Ruth enjoyed being home in the Tulalip community; active at St. Anne's Church, community ceremonies and partaking in traditional ways of being. Mickey was bestowed the title Honorary Tribal Member for his dedication and love for the Tulalip people.

Uncle Mickey moved to a remote area in Arizona and began to lead a simple life, taking walks and enjoying the outdoors and traveling the Southwest with Ruth. He was very independent all the way until the end of his

life. Uncle Mickey was a proud man, honorable and had a wonderful sense of humor.

Uncle moved back to Tulalip 7 years ago and lived the rest of his life living with his nephew Lenny and spending time with family. Uncle Mickey is survived has numerous nieces and nephews who brightened up his life. He is preceded in death by his wife Ruth Walker, his parents, two brothers and a sister.

We would like to thank all the caregivers who helped make Uncles life full, happy and healthy over the last couple of years. We will remember Uncle Mickey's smile for the rest of our lives, he blessed us until his last breath and will continue on for the rest of ours.

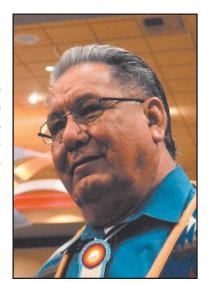
A graveside service was be held Thursday, January 14, 2021 at 12 Noon at Mission Beach Cemetery. Arrangements entrusted to Schaefer-Shipman Funeral Home

Gerald Duane Fryberg Sr.

Sunrise May 12, 1943, sunset January 16, 2021. Gerald D Fryberg, Sr. 77, of Tulalip WA left our world on January 16, 2021. He was born, raised and lived his life on the Tulalip Reservation. Born to Martin Fryberg and Josephine Hatch Fryberg on May 12, 1943.

He was the first Tulalip Tribal member to complete the Federal Indian police academy in New Mexico and the first Tulalip Police Officer. He is known for being the Security Director at the Tulalip Bingo and then for the Tulalip Casino Resort until he retired.

He is survived by his wife Sammy Kaye Fryberg of Nez Perce; Eleven children. Brothers Billy (Sharlene) Dean Fryberg, Sr., Marlin Fryberg Sr., Cyrus (Karen) Fryberg and Sister Jeanette Fryberg. Special Niece and Nephew Marci Fryberg and Marlin Fryberg Jr. Hunting nephew Dennis Allman and children 50+ Grandchildren, 61+



Great Grandkids. Numerous Great great Grandkids, nieces and nephews. He is preceded in death by his Parents Martin Fryberg and Josephine Hatch Fryberg; Byron Fryberg, Sr., Myron Fryberg Sr. LeRoy Fryberg Sr., LeRoy Fryberg III (Handsome), Clinton Fryberg, Amelia Spencer; Anita Maurice; Baby Boy Spencer, Melvin Boehme, Christopher Boehme.

Graveside Service was held at Mission Beach Cemetery on 1/21/2021 at 9:00 AM.

Court Notices

TUL-CV-YG-2020-0768. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: M. R. C. TO: TROY EUGENE CARLSON: YOU ARE HEREBY NOTIFIED that a Youth Guardianship action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on March 11, 2021 at 9:30 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: January 23, 2021

SUMMONS BY PUBLICATIONTUL-CV-CS-2020-0726, Tulalip Tribal Court, Tulalip WA, TCSP #1775 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. Kumiwut Moses (DOB 12/06/1986) TO: KUMIWUT MOSESE: YOU ARE HEREBY NOTIFIED that on November 5, 2020, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for EMC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on February 22, 2021 at 11:30 AM in Tulalip Tribal Court, 6332 31st Ave NE, Tulalip, WA 87271. NO-TICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 19, 2020.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CR-FI-2020-0729 Notice of Trial Date THE TULALIP TRIBES, Petitioner vs. Nicholas Edelman, Defendant. YOU ARE HEREBY NOTIFIED, on December 15, 2020, the Tulalip Tribal Court issued an Order continuing the trial date in the above-entitled matter to February 3, 2021 at 9:00 a.m. The date and time of the trial shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271. Contact the Clerk's Office at (360) 716-4773 [option 5] to inquire about attending the hearing.

TUL-CV-YI-2020-0695. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: S. V. R. W. TO: JUSTIN LEE PATRICK: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Tuesday, February 02, 2021 at 03:00 PM in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 12, 2020.

SUMMONS BY PUBLICATION TUL-CV-CS-2020-0730, Tulalip Tribal Court, Tulalip WA, TCSP #1774 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. Kennith Celestine (DOB 10/29/1982) TO: Kennith Celestine: YOU ARE HEREBY NOTIFIED that on November 5, 2020, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for EMC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on March 1, 2021 at 9:00 AM in Tulalip Tribal Court, 6332 31st Ave NE, Tulalip, WA 87271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDG-MENT WILL BE RENDERED AGAINST YOU. Date first published: December 19, 2020.

