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Saturday March 13, 2021

(Tulalip See-Yaht-Sub)

## Culture in A Minor: Composed by Rachelle Armstead

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**Tulalip Tribes**  
6406 Marine Drive  
Tulalip, WA 98271

# Looking back at one year of COVID in Tulalip



Julianna and Lillyannah Fryberg

By Micheal Rios

Recounting the early days of COVID-19 bursting onto the global scene feels like a blur. A mangled mess of breaking news relying heavily on public health officials

deploying then-foreign concepts like novel coronavirus, asymptomatic, presumptive positive, contact tracing, self-isolation, and lest we forget, telling the public to stop hoarding toilet paper.

See **Covid**, page 3



# Six (6) ENROLLMENT COMMITTEE OPENINGS

Please submit your letter of interest by March 26<sup>th</sup> at Noon to the Board of Directors Staff

Please submit either by a physical letter document or by email to [bodofficestaff@tulaliptribes-nsn.gov](mailto:bodofficestaff@tulaliptribes-nsn.gov)  
(this is only acceptable email for your request)

Questions regarding the term and duties please contact Rosalie Topaum, Enrollment Director 360-716-4298 or [rtopaum@tulaliptribes-nsn.gov](mailto:rtopaum@tulaliptribes-nsn.gov)

Qualifications: Must be a Tulalip Tribal Member over the age of 18. We meet twice a month. 3 Year Term Appointment

Enrollment Code 5.05.080 Delegation of Authority.

For the purpose of reviewing enrollment applications and making recommendations of acceptance or rejection of an application, and recommendations regarding termination of continued membership, the Tribes hereby delegates its authority to the Enrollment Committee to make such review for the purpose of making recommendations on applications for initial enrollment matters and those regarding termination of continued membership and future membership in and with the Tribes, voluntary relinquishment and dual enrollment.



**2021 BLACKJACK CLASS**  
Located @ 6332 31st Ave, Suite C, TG Training Room  
**RED** awning across from the QCC

**Classes Begin May 3rd**

3 class times to choose from  
10am-1:30pm | 2pm-5:30pm | 6pm-9:30pm

**\*To be eligible for Blackjack class you must be able to pass an assessment test on the 1st day of class\***  
**\*No guarantee for employment\***

Classes run Monday through Thursday for ten (10) to twelve (12) weeks.

**Accepting Preference Levels 1-5**  
Availability based in order of preference

**\*You must meet the minimum requirements of training hours to receive your Blackjack Certificate\***

To register, contact Denise Sheldon - Table Games Admin Assistant.  
Phone: 360-716-1529  
Email: [Denises@tulalipresort.com](mailto:Denises@tulalipresort.com)  
**\*\*\*MUST LEAVE YOUR NAME AND CURRENT PHONE NUMBER**

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

Reporter: Micheal Rios, 360.716.4198, [mrios@tulaliptribes-nsn.gov](mailto:mrios@tulaliptribes-nsn.gov)  
Reporter: Kalvin Valdillez, 360.716.4189, [kvaldillez@tulaliptribes-nsn.gov](mailto:kvaldillez@tulaliptribes-nsn.gov)  
Tulalip News Manager: Kim Kalliber, 360.716.4192  
[kkalliber@tulaliptribes-nsn.gov](mailto:kkalliber@tulaliptribes-nsn.gov)  
Media & Marketing Manager: Sara "Niki" Cleary, 360.716.4202  
[ncleary@tulaliptribes-nsn.gov](mailto:ncleary@tulaliptribes-nsn.gov)

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In memoriam:  
Frank F. Madison, 1923-2002  
Sherrill Guydelkon, 1945-2008



**TULALIP TV**  
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For program scheduling, visit:  
<http://www.tulalip.tv/tulalip-tv-schedule/>

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## Covid from front page

For many people in Tulalip, and all over the world for that matter, life will never return to the way things were pre-COVID. From devastating losses to new norms, like mask mandates and social distancing, to the Tribe's reopening process and vaccine distribution, we take a look back at twelve months of adapting to the new normal.

March 2, 2020

The Snohomish County Health District states the risk of contracting Coronavirus is very low. The Board of Directors and the core team meet for a strategic planning session about the Coronavirus. They begin to implement a plan to ensure the safety of our community.

March 3, 2020

Tulalip leadership received notification of two community residents transported to local hospitals with similar symptoms to COVID-19. Out of an abundance of caution, public notice is sent out. The notice states coronavirus is generally considered a mild illness in most healthy individuals. It also states the elderly, those with underlying health conditions and those will compromised immune systems may be severely affected by the virus.

March 13, 2020

The U.S. President declares a national state of emergency. A triage tent is set up at the entrance of the Tulalip health clinic where patients are asked a series of questions, offered hand sanitizer and, depending on their symptoms, offered a mask. The community is urged to disinfect high touch surfaces, wash hands often, and refrain from touching your eyes, nose and mouth.



March 16, 2020

The decision is made to close Tulalip Resort Casino, Quil Ceda Creek Casino and Bingo gaming operations through March 31. Tulalip's emergency management team is actively working with Snohomish County and Washington State response teams. Effective immediately both Tribal Government and Quil Ceda Village reduce working personnel to essential staff only.

A community-led food distribution gives away 5,000 pounds of food to tribal members in just one hour.



March 23, 2020

Tulalip leadership received notification of two more confirmed positive cases of Covid-19 within the Reservation. One showed symptoms, while the other was asymptotic or showing no symptoms. This highlighted the need to stay home and stop visiting, hugging, or interacting with anyone other than those in your household.

Community Health begins working with Tulalip Bay Fire on contact tracing. All Tulalip facilities, including outdoor areas like neighborhood parks, skate park and ball fields, are closed.



March 25, 2020

Emergency Order: Stay Home and Stay Healthy is proclaimed by Tulalip Board of Directors until further notice. Community is informed of six confirmed cases of COVID-19 on the Reservation, including it being a cause of death for one tribal elder.

Marysville School District staff distributed over 1,000 Chromebooks to their elementary-aged families.

March 28, 2020

Tulalip authorizes code to order and enforce quarantines to protect the safety of the community. A resolution enacted within the code appoints Tulalip's Dr. John Okemah as the authorized medical officers whereby he can issue

detention, isolation, or quarantine of a person involuntarily for up to 14 days. Violation of an order can result in a civil infraction with a fine up to \$1,000 or \$500 per day in case of continuing infraction.

Tribe is currently operating on a skeleton staff. Most Tulalip entities closed on March 17. Mandatory furloughs set to begin on April 13.



April 3, 2020

Tulalip Health System begins offering telemedicine or video appointments via Zoom with medical providers, mental health therapists, and chemical dependency therapists. Tulalip co-funded an additional ambulance for Tulalip Bay Fire as part of COVID-19 response. This new unit is responsible for transporting both Tulalip and non-Tulalip who are presumptive positive with virus for medical care.

Tulalip tribal member Georgina Medina starts her own mask making business. Her unique, Native-inspired masks are a huge hit and she sells them to customers from Alaska to California.

April 24, 2020

Karen I. Fryberg Health Clinic contracts with a local lab to conduct COVID-19 tests, which means test results are delivered in 24 hours or less.

Quil Ceda Elementary staff eagerly assemble for a positivity-filled parade through the Tulalip Reservation. The caravan featured 70+ cars decorated with loving messages to their students like 'We miss you!', 'You are amazing' or 'Stay safe!'.



*Continued on next page*



May 15, 2020

The Tribal Government furlough has been extended through June 30. When employees return to their offices, they will have their temperature checked as a precaution. They will also be asked to wear face masks, implement social distancing, and work staggered schedules.

May 26, 2020

In spite of Governor Inslee's state-wide shutdown orders for all non-essential business, Tulalip exercises its tribal sovereignty and proclaims gaming operations essential. Tulalip Resort Casino and Quil Ceda Creek Casino both reopen at near 50% capacity. Hundreds of sanitizing stations and Plexiglas dividers now in place. Before anyone enters, visitors must have their temperatures taken and be wearing a mask.



June 1, 2020

Tulalip Reservation was the target of vandalism and looting. Approximately 40 people converged on Tulalip in an attempt to vandalize and loot businesses within Quil Ceda Village. Several suspects were arrested for criminal trespass, while others fled the property.

Over 1,000 community members from the Tulalip/Marysville area come together to peacefully march against racism. Near the march's core was a cohort of Tulalips offering support through rhythmic drum beats and melodic song. Heartfelt messages written in Lushootseed were seen proudly displayed by both tribal and nontribal alike.



June 26, 2020

Tulalip is now in phase three of our reopening plan. After 42 days with no positives, Tulalip has two new cases test positive and three other suspected cases pending test results. City of Marysville and Snohomish County both seeing an uptick in positive tests.

Health Clinic now has two types of COVID-19 tests on hand, the nasal swab test for those with symptoms (results in 24 hours) and a blood-based antibody test for those without symptoms (results in 15 minutes).

Thousands of customers from all over the Pacific Northwest journey to Boom City seeking the perfect purchase consisting of child friendly sparklers and, of course, the thrilling sights and sounds of more advanced fireworks.

July 30, 2020

Tulalip Health Clinic had its first staff member test positive for COVID-19. Out of an abundance of caution, the Clinic went through an after-hours deep clean using cutting edge technology and processes. The most common symptoms of COVID include fever, cough, shortness of breath, and fever.



October 8, 2020

We continue to have community upticks in COVID. Our total number of positives for the month is 15. The current trends shows teens and young adults make up the majority of positives. Drive-through testing is being done on-site at the Health Clinic.



The Tulalip distance learning sites (Youth Center and B&GC) continue to adapt and find creative ways to provide additional support to our students. Both locations are a safe space for students to access the internet, connect to WI-FI, or use a desktop.

October 16, 2020

Tulalip has the highest number of active cases to date. The majority of our positives are in their teens and 20s. This is particularly dangerous because many younger patients are asymptomatic or have very mild symptoms, yet they are very much contagious.

November 13, 2020

Although Tulalip's numbers have remained steady, surrounding communities are skyrocketing. Local hospitals are seeing unprecedented numbers of COVID patients. With the holidays approaching, we are worried about the future. Governor Inslee has implied further restriction may be coming if we can't reverse the trend.

November 17, 2020

Tulalip Board of Directors proclaims updated public health restrictions. The following measures are ordered: all tribal gaming operations will operate at reduced capacity and now be smoke-free, all restaurants and retail stores limited to 25% capacity, and funerals limited to outdoor, graveside services only.





November 23, 2020

Tulalip's COVID cases are surging. Currently have 40 active cases, with about a third of them related to a cluster outbreak. It is bad news because it highlights the growing COVID fatigue in our community before some of the biggest travel and gathering days nationally.



December 4, 2020

Tulalip has 52 active COVID cases. That means one out of every 100 Tulalip citizens is currently ill with COVID. We know there are more positives than our numbers show. According to the CDC, symptoms can appear anytime between 1 and 14 days after contact. A negative test does not mean you do not have the disease. In particular, rapid tests are known to give false negatives.

December 23, 2020

Tulalip Health Clinic is full of hope and excitement as the first doses of the much heralded Moderna Vaccine are administered to Tulalip's most vulnerable. The immediate recipients are Tulalip's elders, most high-risk citizens, first responders, and frontline healthcare workers.



January 5, 2021

COVID-19 is surging on the Reservation. Following the winter closure and holiday break, Tulalip has 16 confirmed active cases, 51 suspected via contact tracing who are home isolating, and 5 confirmed deaths related to the virus.

New 126,000 square foot Quil Ceda Creek Casino opens to much excitement. The \$125 million casino and parking garage is packed

to maximum allowed capacity under COVID-19 cautionary guidelines.



January 29, 2021

Coronavirus surge continues as statistics show Tulalip has 35 active cases, 75 in home isolation, 3 hospitalized and 6 deceased. On the plus side, 3,842 total vaccination have been administered since Moderna Vaccine arrived just weeks ago.

Entire Marysville School District is offered an opportunity to travel into the heart of the reservation to visit the makeshift vaccination distribution center that is the Tulalip Youth Complex. Hundreds of teachers and support staff accept the Tribe's vaccination offer.



February 23, 2021

For the first time in 8 months, Tulalip has zero active cases. A huge accomplishment following nearly two months of surging confirmed cases, even more presumptive positives self-isolating, and 7 elders lost. A whopping 7,820 vaccinations have been distributed at the Health Clinic and 27% of eligible Tulalip tribal members have been vaccinated.

A community-led cleanup crew removes over 2,000 pounds of litter from Tulalip streets. An estimated forty volunteers sacrifice time from their weekend to beautify two mile stretch of Turk Drive.

March 9, 2021

Tulalip has only 2 active cases. It's reported that 311 Tulalip citizens have recovered from their battle with COVID, while the loss of

life remains at 7 elders. A stunning 10,074 total vaccinations have been administered and 34% of eligible tribal members have been vaccinated.



And here we are, back to present day. One whole year went by in a flash of State-ordered shutdowns, mask mandates, and sanitizing frenzy. Along the way, the Tulalip community rallied around self-determination, embraced tribal sovereignty, and found a new sense of shared strength and resiliency. Business is back to normal, well the new normal anyway.

Tulalip Chairwoman Teri Gobin, while reviewing everything that's occurred over the past twelve months, reflected "To say this past year has been challenging is an understatement to say the least. It was a very scary time, especially in the beginning of COVID, for everyone. As a leadership team, we tried our best to make the best decisions for our people with information that was constantly changing. Our priority was always the safety of our people and ensuring our culture would survive.

"It was amazing to hear stories of our community members helping each other and offering critical support for those who needed it most," she continued. "From buying and delivering groceries to those who were homebound, making masks and hand sanitizer for those in need, and meeting the needs of our elders, the strength and commitment showed by our people was tremendous. We didn't know what the future would bring, and still we got through one of the most difficult times in our history together, as a community.

"Looking forward, I'm very optimistic," Teri added. "We'll continue to get through this time and when it's over our future will be even brighter. The last year has given us fresh perspectives on the needs of our membership and presented us with big opportunities for new economic development. More than anything, we've realized how much gathering means to our culture and once we're able to have our gatherings again, safely, I think Tulalip will be reenergized and establish an every stronger connection to our traditions."





# Culture in A Minor: Composed by Rachelle Armstead

*By Calvin Valdillez;*

*Photos courtesy of Rachelle Armstead*

"I'm not exactly sure why it's my passion," pondered Tulalip tribal member Rachelle Armstead. "I just know that I have been in love with music since I was very young. I used to love going to powwows, listening to the music and hearing the drums. I just kind of feel like music is in my blood, I really don't know how else to explain it."

As is the case in many cultures around the globe, music has played a key role within the Indigenous communities of America. Dating back to pre-colonial times, our ancestors held music in high regard. Songs were viewed as a form of medicine utilized in traditional ceremonies to spread stories, as well as life lessons, healing prayers, love and joy during celebratory times, and of course, the knowledge and lifeways of our people.

"I grew up near Tulalip," she recalled. "We lived in Marysville for a while, I think we lived on the rez for a small amount of time, and then we moved up to Camano. In school, I participated in the choirs. Music is my passion and it's something that I kind of always knew I loved and

something that I gradually gravitated to."

The steady drumbeats that reverberate from our elk and deer hide hand drums have helped the Coast Salish tribes keep time across the generations. The words sang in the tongue of our ancestors kept tradition alive and upheld the beliefs and values of each Washington State treaty tribe during the United States Government's attempt at assimilation. And through our music, our people were able to heal wounds that were passed down through the recent decades following the destructive and hateful era of the Indian boarding schools. Whether at canoe journey, a community gathering, family potlatch or tribal ceremony, we sing loud, with prideful booming voices that resonate back to the ears of our elder's elders as well as to our future generations. To us, music is resilience. Music is our medicine.

"I feel like music is a way to connect with people," Rachelle expressed. "It's about human interaction and community. Even if you're the only one playing, like

a solo performance, you're still exchanging with the audience in a good way."

Modern day storytellers who are passionate about music are finding an abundance of inspiration, influence and direction in traditional songs. Musicians such as A Tribe Called Red are sampling and remixing songs that were originally composed by our ancestors and turning them into a contemporary bop, which rez kids throughout the nation bob their heads to. Throughout the years, a number of Indigenous rappers have carved a name for themselves in the music scene such as Taboo of the Black Eyed Peas, Supaman, Litefoot, and several local favorites which include Tulalip's own Deama (previously known as Nathan Kix) and Komplex Kai.

Said Rachelle, "I'd say my biggest influence is the traditional music. My music isn't very traditional, but I feel like in its heart, it has some of those same elements, just in my own language musically. I also really like the acoustic, folk-ey, indie type music. I think because

my grandpa liked it a lot; it kind of grew on me. Hip hop too. My mom listened to a lot of hip hop."

Rachelle's passion for music may just be in her blood as she suggested, embedded into her DNA from generations prior. Although she cannot pinpoint the exact moment she realized it, her love for the rhythm and harmony of music is everlasting and cannot be measured, it has been growing over time into a perfect crescendo. Rachelle is mapping out the music, hoping the future generations who share her passion can sight read her notes and learn from her cues while putting their own spin on things during their solo journey between the treble and bass clef, which is fitting as she is currently putting all her efforts into learning the ways of the composer.

"When I grew older, my grandpa got me a guitar," she stated. "I picked up the guitar and the violin, and a little bit of piano. But I feel like my passion is really writing the music and not so much practicing the instruments. Violin is probably my favorite instrument, it has a really wonderful, versatile

tone - there's so much you could do with it. The violin became my main instrument up through my sophomore year of college, before I really started to transfer more into composition."

She continued, "I started at Presbyterian College actually, majoring in violin. But I got kind of tired of violin and moved on to composition and transferred to a different school, the University of South Carolina because I wanted to work with some of the teachers at the University. And then life got kind of hectic, so I had to drop out for a while. Later on, I found Full Sail University. I wanted to finish my degree and there weren't a lot of online composition options, but Full Sail had the audio production degree and it seemed like a great idea. And it was, it was very useful. I learned a lot about making music on the computer. And as a part of program, they give you a full home studio setup so I've been able to make music from the comfort of my office. Now I'm back at University of South Carolina working on my master's in composition."

With her schooling nearly complete, Rachelle is intentionally taking on projects where she can lend her expertise to help strengthen the relationship between the culture and modern-day music. And with more and more Indigenous youth showing an interest in the artform, she hopes sharing her story will inspire young creative Natives to follow their dreams as well as receive a well-rounded education on the fundamentals of music, to equip themselves with all the necessary tools and skills of music creation, so they have solid foundation that sets them up for success in whatever they wish to accomplish through their music.

One of Rachelle's first projects is a song partnership with the Tulalip Lushootseed Language Department. She explains, "When I was young, I loved language camp. Every summer we would sing and make our little paddle [clappers], that was always fun. I really love our language. I think it's so joyful and beautiful. I want to promote it in any way that I can. The more people speak it, the more they enjoy it. Because COVID has been so discouraging for a lot of people, and since we can't all get together and sing together, I thought people would enjoy this. Even though we aren't physically singing together, this was a way to hear all of our voices together, in our own language."

The idea behind the project was to create an opportunity for community members to collaborate on an original choir song, sang entirely in lushootseed. Rachelle reached out to Tulalip Lushootseed Warrior, Sarah Miller, who wrote the lyrics for the song and Rachelle arranged and composed all of the music. Rachelle then created a website, where the lyrics and music were posted, and asked Tulalip tribal members to record themselves singing one section of the song. When complete, the song would've featured a

variety of Tribal voices on the track. However, due to pandemic, many people couldn't fit time to record into their busy schedules by Rachelle's deadline of March 1. Wanting to see the idea through, Rachelle intends to sing the original choral piece in its entirety and also hopes that it finds its way to the Tulalip Lushootseed website, featured alongside many traditional songs that are posted for educational purposes.

Rachelle expressed that tying-in the cultural aspect into her music is important to her craft. She believes that music is a good way for Native America to spread awareness and bring attention to matters that are affecting us a community, including the Missing and Murdered Indigenous Women campaign.

"Music is a great medium for sharing stories, sharing our lives and bringing awareness to important issues or problems that are happening in our lives. When I first saw the MMIW movement on social media, I felt really inspired by it. It reminded me of an older story that I read once called Dancing Outside. There's a movie that is pretty interesting and the book is a short story - it's really heart wrenching. So, I wrote a song about it. I feel like it was a way for me to express grief about the situation, and hopefully

other people could feel that too, and understand. I think other people who also feel these emotions can express it through music in a safe way, lots of issues can be expressed and addressed through music. And we can also comfort each other through music and kind of let the world know what's going on in our community."

Rachelle encourages anybody with a love for music to continue to pursue their passion and hopes to collaborate with the Tribe in the near future to begin a music program for tribal youth. To stay updated on Rachelle's musical career path, be sure to visit her professional website, <https://www.rachellearmsteadmusic.com>, and don't forget to check out her tunes on her Soundcloud artist page at <https://soundcloud.com/rachelle-armstead>.

"If you like something, go for it," she said. "Really practice and find your personal style. Music, for Native communities specifically, I think it's just that element of human interaction - our music brings people closer together, it's something that makes us feel proud. When we sing it's like, this is our music, this is what we do. This is how we express our joy and our love and our sorrow."





**Make half your grains whole:**  
**How eating a diet high in fiber can help prevent chronic disease**

*Submitted by AnneCherise Jensen*

March is officially National Nutrition Month, as well as Colon Cancer Awareness Month - which means this is a great time to talk about the health benefits of fiber. A diet rich in fiber is beneficial to our health in a wide variety of ways. Fiber is a key nutrient we need to consume in order to reap it's vast health benefits. Fiber is found in a variety of foods, including fruits, vegetables, legumes and especially whole grains. We need a diet rich in fiber in order to maintain healthy blood sugars, regulate a healthy digestive system, keep our heart & brain healthy, provide us with energy, maintain a healthy weight, and prevent against certain types of cancer. In this article - we are going to talk specifically about whole grains, where to find them and ways to include them in our meals.

## Whole Grains vs. Refined Grains

Grains are plant foods that are found in cereals, breads, pastas, rice, and crackers. There are two types of grains - refined grains and whole grains. Whole grains, which are usually brown and darker in color, contain three parts: the bran, the germ and the endosperm. Refined grains, which are usually much lighter in color, only contain the endosperm. See image below.

The Bran portion of the

whole grain is important to our health because it contains the fiber, B vitamins and essential minerals our body requires for proper health maintenance. The Germ portion of the grain is important because it contains vitamin E, antioxidants and certain minerals like magnesium that are crucial for optimal health. Both the bran and germ help keep your body healthy, your skin glowing and your hair shiny. Including whole grains as part of a healthy diet can help reduce the risk for heart disease, diabetes and some cancers. Common whole grains include whole wheat bread, oats, brown rice, quinoa, barley, buckwheat and millet.

Because refined grains do not contain the bran and germ, refined grains generally lack the nutrients our body needs for proper health maintenance. The endosperm is where we will find the carbohydrates, or energy, portion of the grain. We need carbohydrates for fuel, but should try to pair carbohydrates with fiber, vitamins, minerals to help keep us fuller for longer time periods throughout the day. The fiber helps regulate our blood sugars while preventing unwanted energy crashes. Refined grains that should be eaten only sparingly, include cakes, donuts, pastries, cookies, many cereals and pastas, white bread & white rice. In order to main-

tain proper health - we should try to make at least half of our grains whole grains and avoid excessive refined grains. Eating in this way can help prevent type 2 diabetes, heart disease, stroke and gastrointestinal issues.

# Reading Food Labels: How to Shop for Whole Grains

Barley, quinoa, oats, brown rice, whole-grain pastas, breads and cereals are some whole-grain

those who consume a high fiber diet have a much lower risk of dying from heart disease, colon cancer, cardiac disease, stroke, and type 2 diabetes. In fact, a study concluded that more fiber is better. For every additional 8 grams of dietary fiber a person consumed, the risk for each of the diseases fell by another 5% to 27%. Risk reductions were greatest when daily intake of dietary fiber was between 25 and 29 grams (Harvard Medical School).

White Bread Food Label	vs.	Whole Wheat Bread Food Label																																																																																																												
<p><b>Nutrition Facts</b> Serving Size 2 slices (45g / 1.6oz) Servings Per Container 10</p> <table> <tr> <th colspan="2">Amount Per Serving</th></tr> <tr> <td><b>Calories 130</b></td><td><b>Calories from Fat 20</b></td></tr> <tr> <th colspan="2">% Daily Value*</th></tr> <tr> <td><b>Total Fat 2.5g</b></td><td><b>4%</b></td></tr> <tr> <td><b>Saturated Fat 0.5g</b></td><td><b>3%</b></td></tr> <tr> <td><b>Trans Fat 0g</b></td><td></td></tr> <tr> <td><b>Polyunsaturated Fat 0.5g</b></td><td></td></tr> <tr> <td><b>Monounsaturated Fat 1g</b></td><td></td></tr> <tr> <td><b>Cholesterol 0mg</b></td><td><b>0%</b></td></tr> <tr> <td><b>Sodium 250mg</b></td><td><b>10%</b></td></tr> <tr> <td><b>Total Carbohydrate 23g</b></td><td><b>8%</b></td></tr> <tr> <td><b>Dietary Fiber Less than 1g</b></td><td><b>2%</b></td></tr> <tr> <td><b>Sugars 3g</b></td><td></td></tr> <tr> <td><b>Protein 4g</b></td><td></td></tr> <tr> <td><b>Vitamin A 0% • Vitamin C 0%</b></td><td></td></tr> <tr> <td><b>Calcium 10% • Iron 6%</b></td><td></td></tr> <tr> <td><b>Thiamin 10% • Riboflavin 6%</b></td><td></td></tr> <tr> <td><b>Niacin 8% • Folate 6%</b></td><td></td></tr> </table> <p><small>*Percent Daily Values are based on a diet of other people's secretaries.</small></p> <table> <tr> <td><b>Total Fat</b></td><td>Less than 65g</td><td>80g</td></tr> <tr> <td><b>Sat Fat</b></td><td>Less than 20g</td><td>25g</td></tr> <tr> <td><b>Cholesterol</b></td><td>Less than 300mg</td><td>300mg</td></tr> <tr> <td><b>Sodium</b></td><td>Less than 2,400mg</td><td>2,400mg</td></tr> <tr> <td><b>Total Carbohydrate</b></td><td>30g</td><td>35g</td></tr> <tr> <td><b>Dietary Fiber</b></td><td>25g</td><td>30g</td></tr> </table> <p><small>WHOLE GRAIN: UNREFINED UNENRICHED ENRICHED WHOLE WHEAT FLOUR, WHOLE RYE FLOUR, WHOLE CORN FLOUR, WHOLE BARLEY FLOUR, WHOLE OAT FLOUR, WHOLE SORGHUM FLOUR, WHOLE MILLET FLOUR, WHOLE AMARANTH FLOUR, WHOLE QUINOA FLOUR, WHOLE BUCKWHEAT FLOUR, WHOLE RICE FLOUR, WHOLE SWEET POTATOE FLOUR, WHOLE CASSAVA FLOUR, WHOLE YAM FLOUR, WHOLE TIGER NUT FLOUR, WHOLE ALMOND FLOUR, WHOLE COCONUT FLOUR, WHOLE PISTACHIO FLOUR, WHOLE WALNUT FLOUR, WHOLE PECAN FLOUR, WHOLE HAZELNUT FLOUR, WHOLE MACADAMIA FLOUR, WHOLE PINEAPPLE FLOUR, WHOLE MANGO FLOUR, WHOLE GUAVA FLOUR, WHOLE LEMON FLOUR, WHOLE LIME FLOUR, WHOLE ORANGE FLOUR, WHOLE PEAR FLOUR, WHOLE APPLE FLOUR, WHOLE CHERRY FLOUR, WHOLE PLUM FLOUR, WHOLE PEACH FLOUR, WHOLE APRICOT FLOUR, WHOLE NECTARINE FLOUR, WHOLE PINEAPPLE FLOUR, WHOLE MANGO FLOUR, WHOLE GUAVA FLOUR, WHOLE LEMON FLOUR, WHOLE LIME FLOUR, WHOLE ORANGE FLOUR, WHOLE PEAR FLOUR, WHOLE APPLE FLOUR, WHOLE CHERRY FLOUR, WHOLE PLUM FLOUR, WHOLE PEACH FLOUR, WHOLE APRICOT FLOUR, WHOLE NECTARINE FLOUR.</small></p> <p><small>PEPPERIDGE FARMS, INC. NORWALK, CT 06855</small></p>	Amount Per Serving		<b>Calories 130</b>	<b>Calories from Fat 20</b>	% Daily Value*		<b>Total Fat 2.5g</b>	<b>4%</b>	<b>Saturated Fat 0.5g</b>	<b>3%</b>	<b>Trans Fat 0g</b>		<b>Polyunsaturated Fat 0.5g</b>		<b>Monounsaturated Fat 1g</b>		<b>Cholesterol 0mg</b>	<b>0%</b>	<b>Sodium 250mg</b>	<b>10%</b>	<b>Total Carbohydrate 23g</b>	<b>8%</b>	<b>Dietary Fiber Less than 1g</b>	<b>2%</b>	<b>Sugars 3g</b>		<b>Protein 4g</b>		<b>Vitamin A 0% • Vitamin C 0%</b>		<b>Calcium 10% • Iron 6%</b>		<b>Thiamin 10% • Riboflavin 6%</b>		<b>Niacin 8% • Folate 6%</b>		<b>Total Fat</b>	Less than 65g	80g	<b>Sat Fat</b>	Less than 20g	25g	<b>Cholesterol</b>	Less than 300mg	300mg	<b>Sodium</b>	Less than 2,400mg	2,400mg	<b>Total Carbohydrate</b>	30g	35g	<b>Dietary Fiber</b>	25g	30g		<p><b>Nutrition Facts</b> Serving Size 1 Slice (37g / 1.3oz) Servings Per Container 14</p> <table> <tr> <th colspan="2">Amount Per Serving</th></tr> <tr> <td><b>Calories 100</b></td><td><b>Calories from Fat 15</b></td></tr> <tr> <th colspan="2">% Daily Value*</th></tr> <tr> <td><b>Total Fat 1.5g</b></td><td><b>2%</b></td></tr> <tr> <td><b>Saturated Fat 0g</b></td><td><b>0%</b></td></tr> <tr> <td><b>Trans Fat 0g</b></td><td></td></tr> <tr> <td><b>Polyunsaturated Fat 1g</b></td><td></td></tr> <tr> <td><b>Monounsaturated Fat 0g</b></td><td></td></tr> <tr> <td><b>Cholesterol 0mg</b></td><td><b>0%</b></td></tr> <tr> <td><b>Sodium 130mg</b></td><td><b>5%</b></td></tr> <tr> <td><b>Total Carbohydrate 18g</b></td><td><b>6%</b></td></tr> <tr> <td><b>Dietary Fiber 3g</b></td><td><b>12%</b></td></tr> <tr> <td><b>Sugars 3g</b></td><td></td></tr> <tr> <td><b>Protein 4g</b></td><td></td></tr> <tr> <td><b>Vitamin A 0% • Vitamin C 0%</b></td><td></td></tr> <tr> <td><b>Calcium 4% • Iron 6%</b></td><td></td></tr> <tr> <td><b>Thiamin 4% • Riboflavin 2%</b></td><td></td></tr> <tr> <td><b>Niacin 8% • Folate 2%</b></td><td></td></tr> </table> <p><small>*Percent Daily Values are based on a diet of other people's secretaries.</small></p> <table> <tr> <td><b>Total Fat</b></td><td>Less than 65g</td><td>80g</td></tr> <tr> <td><b>Sat Fat</b></td><td>Less than 20g</td><td>25g</td></tr> <tr> <td><b>Cholesterol</b></td><td>Less than 300mg</td><td>300mg</td></tr> <tr> <td><b>Sodium</b></td><td>Less than 2,400mg</td><td>2,400mg</td></tr> <tr> <td><b>Total Carbohydrate</b></td><td>30g</td><td>35g</td></tr> <tr> <td><b>Dietary Fiber</b></td><td>25g</td><td>30g</td></tr> </table> <p><small>MADE FROM WHOLE WHEAT FLOUR, WATER, SUGAR, WHEAT GLUTEN, YEAST, PASTEN, JIFFY CONCENTRATE, SOYBEAN OIL, WHEAT BRAN, CONTAINS 2 PERCENT OR LESS OF MOLASSES, HONEY, LOWER SODIUM NATURAL SEA SALT, VINEGAR, WHEAT FLOUR, CULTURED WHEAT, MALT, SALT, ENZYME, MODIFIED POTASSIUM PHOSPHATE, AND ENZYMES.</small></p> <p><small>*ADDS A TRIVIAL AMOUNT OF CHOLESTEROL.</small></p>	Amount Per Serving		<b>Calories 100</b>	<b>Calories from Fat 15</b>	% Daily Value*		<b>Total Fat 1.5g</b>	<b>2%</b>	<b>Saturated Fat 0g</b>	<b>0%</b>	<b>Trans Fat 0g</b>		<b>Polyunsaturated Fat 1g</b>		<b>Monounsaturated Fat 0g</b>		<b>Cholesterol 0mg</b>	<b>0%</b>	<b>Sodium 130mg</b>	<b>5%</b>	<b>Total Carbohydrate 18g</b>	<b>6%</b>	<b>Dietary Fiber 3g</b>	<b>12%</b>	<b>Sugars 3g</b>		<b>Protein 4g</b>		<b>Vitamin A 0% • Vitamin C 0%</b>		<b>Calcium 4% • Iron 6%</b>		<b>Thiamin 4% • Riboflavin 2%</b>		<b>Niacin 8% • Folate 2%</b>		<b>Total Fat</b>	Less than 65g	80g	<b>Sat Fat</b>	Less than 20g	25g	<b>Cholesterol</b>	Less than 300mg	300mg	<b>Sodium</b>	Less than 2,400mg	2,400mg	<b>Total Carbohydrate</b>	30g	35g	<b>Dietary Fiber</b>	25g	30g
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**\*\*Note that the first ingredient on the ingredient list is the main ingredient in the product. To identify if our grains are whole grains, the first ingredient should say "whole wheat" or "whole grain" and not just "wheat." This indicates the bran, endosperm and germ are all still intact and you are reaping the nutritional and mineral health benefits.**

REFINED GRAIN FOODS (endosperm only)	WHOLE GRAINS (bran + endosperm + germ)
» White pasta	» Oats
» White bread	» Brown rice
» Most cakes, cookies, and pastries	» Whole wheat
	» Barley
	» Buckwheat
	» Farro
	» Spelt
	» Quinoa
	» Millet
	» Teff

  

The diagram shows a cross-section of a grain seed. It is divided into three main regions. The outermost region is the Bran, which is the thickest layer. The middle region is the Endosperm. The innermost region is the Germ, which is the smallest and most concentrated part.

- Bran: protects the seed**
  - » Fiber
  - » B vitamins
  - » Minerals
- Endosperm: energy for the seed**
  - » Carbohydrates
  - » Some protein
  - » Some B vitamins
- Germ: nourishment for the seed**
  - » B vitamins
  - » Vitamin E
  - » Minerals
  - » Phytochemicals

Source: Leah's Pantry Food Smarts Curriculum

foods. When reading food labels, look for the words “whole grain” or “whole wheat” in the ingredient list. This will usually appear as either the first or second main ingredient. Try avoiding foods where the main ingredient is “enriched bleached flour”. This usually indicates these are refined grains. Aim to choose products high in fiber, high in protein, with fewer added sugars. As a rule of thumb, aim to choose cereals with 6 or more grams of fiber per serving, breads and crackers with 3 or more grams per serving, and pasta with 4 or more grams per serving. (Harvard Medical School)



Community Clean up, March 21

Hello Tulalip,

Rocky Harrison and Josh Fryberg here. We would like to update you on the previous community cleanup event held on Sunday, March 7. We picked up 1,800 pounds of trash off of the Quil. With the assistance of our community, police department, and Ryan’s rez-ipies providing us with a delicious lunch after we finished.

I would like to invite you all to the next community cleanup on Sunday, March 21. We will be meeting at 11:30am at 6410 24th Ave NE in Tulalip. We will be at the grass area across from the Hibulb Cultural Center. We will be starting phase 1 of cleaning up our main road, Marine Drive. We hope to see you all there!



The Tulalip Tribes Tribal Transportation and Transportation Improvement Program PUBLIC NOTICE

Overview

The Tulalip Tribes Transportation Department hereby provides public notice for the Tribal Transportation Improvement Program (TTIP), and solicits comments and feedback.

What is the Tribal Transportation Program (TTP and TTIP)

The TTIP is a multi-year list of proposed projects developed by the Tulalip Tribes from a Tribal Roads Priority List and the Tribes’ Long-Range Transportation Plan, consisting of federally funded (BIA/ Federal Lands Highway) roa ways, transit, trails, safety, road inventory, other transportation enhancement and major transportation projects being considered within and providing access to the Tulalip Tribes Indian Reservation of the next five (5) years.

The TTP is the Tribal Transportation Program and is carried out by the BIA in support of the direction of individual tribes. Federal agencies must work cooperatively together in a government-to-government relationship with Tribes in order to carry out the requirements of the Tribal Transportation Program (TTP).

Bureau of Indian Affairs (BIA). The BIA is an agency of the United States Department of the Interior (DOI), under the Assistant Secretary of Indian Affairs, with the primary responsibility for the administration and management of approximately 66 million acres of land held in trust by the United States for American Indians, Indian Tribes, and Alaska Natives. The BIA provides services (directly or through contracts, cooperative agreements, and grants) to approximately 1.9 million American Indians and Alaska Natives from the 564 federally recognized Tribes. Th BIA is organized into 12 Regions, each with a TTP component that provides engineering, construction, and road maintenance services for roads on or leading to Reservations and Tribal lands or villages.

The BIA Division of Transportation (BIADOT) is the Division of BIA overseeing the road maintenance and road construction programs for the Tribal Transportation Program (TTP). BIADOT has two central offices (Washington, DC and Albuquerque, NM) that are responsible for policy coordination and budgeting. Staff members at BIADOT support the BIA Tribal Transportation Program. Northwest Region (Region 10) of the BIA supports the Tulalip Tribes TTP.

Tribal Transportation Plan (2021 thru 2025)

Planning – work with other departments, public and council to understand and prioritize needed improvements. Scope and develop priority projects for future years. Develop and update the Tribes Long Range Transportation Plan and Transportation Improvement Plan	Annual
Asset Management – Update annually the inventory of roads, sidewalks, pathways, guardrails, signals, pavement condition, drainage systems and other elements of the Tribe’s transportation network the reservation. Determine preservation and maintenance needs for prioritization of improvements.	Annual
Right of Way Inventory – continue to develop the historical record of road right of way within the reservation and document ownership and Operation and Maintenance responsibilities. Identify gaps and needs in clear ownership and responsibility to complete the right of way across all public roads within the reservation. Work with BIA and local agencies to complete or change rights of way as needed.	Annual
Safety – work with tribal police and other jurisdictions to obtain collision data and other safety information to identify safety improvement needs.	Annual
Transit – work with the Tulalip Transit department to support their routes and stops needs on the public roads within the reservation.	Annual
Administration - manage the transportation department staff, equipment, and budget needs to deliver the departments program of services.	Annual
Maintenance – work with the Public Works Maintenance Department to understand maintenance activities on the Tribes’ transportation network and identify long term maintenance challenges and develop improvement projects as needed.	Annual
42nd Drive NW, 78th Place NW, 79th Place NW Improvements	Pavement Preservation
Battle Creek Housing Area Road Improvements	Pavement Preservation
Mission Hill Road Improvements	Pavement Preservation
Quil Ceda Pkwy and Quil Ceda Blvd Bridge Inspections	Asset Management
28th Drive NW	Pavement Preservation
81st Street NE	Pavement Preservation
Totem Beach Road	Pavement Preservation
Quil Ceda Boulevard Stormwater Improvements	Stormwater Improvements

Please contact Christina Parker, 8802 27th Avenue NE, Quil Ceda Village, WA 98271, 360.716.5026, christinaparker@tulaliptribes-nsn.gov. or Transportation@tulaliptribes-nsn.gov

This notice is in accordance with the provisions of Title 23 of the United States Code, 25 CFR 170, and Public Law 114-94, Fixing America’s Surface Transportation Act (FAST Act).





## Eddie Edward Loney

November 7, 1970 -  
February 23, 2021

Eddie Edward Loney, 50, of Seattle passed away February 23, 21 in Renton, Washington. He was born November 7, 1970 in Seattle, WA to Eddie and Lillian Loney.

He was a proud Tulalip Tribal member. He liked attending Pow Wows. He enjoyed sketching eagles, bears and wolves. He loved

music and working out. Eddie loved his family and would give you the shirt off his back if he could help you. He loved being with his daughter and taking rides in the car while listening to music. A highlight in his life was seeing his daughter graduate from South Seattle College.

He was preceded in death by his dad, Eddie and sister Donna Estes. He is survived by his mother, Lillian Loney; daughter Prinsesa Loney and her mother, Andrea; sis-

ter, Dorothy Irving, Gina Olevar, and Bertha Commodore; and brothers, Clifford Commodore and Michael Olevar.

A graveside service was held Wednesday, March 3, 2021 at 12:00 Noon at Mission Beach Cemetery. Arrangements entrusted to Schaefer-Shipman Funeral Home.

## Clarice Estelle Moses

September 8, 1940 -  
March 3, 2021



Clarice Estelle Moses 80 years of a honest beloved Tulalip Tribal elder, travels a grand journey to her ancestors.

Having a passionate soul, extremely community involved. Enriching love taught through out her people by enjoying berry picking, family gatherings, playing slots and travel was key with loved ones. Her honesty was always shared with a straight forward spirit of good old teachings.

Clarice was preceded in death by parents Harold Oscar Paul & Charlotte Jones Paul, Husband Alvin Moses Sr, Sister Janice Moses, Children Brenda Moses, Alvin Moses Jr, Grand-

son Jason Lee Moses, great grandchildren Adrea K. Elliott, Michael A. Brown III with many beloved friends and family.

Clarice journeys ahead of Sister Charlene Williams, Brother-in laws Arley Williams, Gilbert Moses Sr. Children Brian Moses, Naomi Moses, grandchildren Curtis, Eric and Joey Anderson, Athena Moses (Rob E.), Aimee Moses, Atesha Moses (Issaac E.), Bridgette Moses (Nate B.), Ryan Moses, Chucky Fryberg ( ), Robert Barto, Christie Moses, Alvin Moses III great-grandchildren Tyson Anderson, Michael Anderson, Erica Anderson, Baby Anderson, Mikaela Anderson, Kaleb Anderson, Jaeson Anderson, Isa'Iah Anderson, Tianna Moses, Kiera Mo-

ses, DeSean Moses, Kathryn Elliott, Alieja and Kyliah Elliott, Makhaio and Miniyah Brown, Lucinda Moses, Jurnee Fryberg, Alyssa, Mackenzie, Ryland, Katai and Signa Barto, Claudia Moses, Isaiah Henry, Breadon and Haidon Medina, Great'great-grandchild Aaliyah Downing with many family and friends..thank you lord for gifting our family with Clarice.

A graveside service was held Tuesday, March 9, 2021 at 12:00 Noon at Mission Beach Cemetery. Arrangements entrusted to Schaefer-Shipman Funeral Home.



**American  
Red Cross**

Community of Giving

## Tulalip Tribes First Annual Spring Blood Drive

**May 20, 2021**

**10:00am – 4:00pm**

Kenny Moses Building  
6700 Totem Beach Road  
Tulalip, WA 98271

*We'll be working together to give back to the community in a truly life changing way since each donation we collect can save up to three lives.*

For an appointment, please visit [redcrossblood.org](https://www.redcrossblood.org)

Or call 1-800-RED CROSS (1-800-733-2767).

[https://www.redcrossblood.org/give.html/drive-  
results?zipSponsor=TulalipTribes](https://www.redcrossblood.org/give.html/drive-results?zipSponsor=TulalipTribes)

[redcrossblood.org](https://www.redcrossblood.org) | 1-800-RED CROSS | 1-800-733-2767 | Download the Blood Donor App

© The American National Red Cross | 161501



## Court Notices

NOTICE BY PUBLICATION TUL-CV-F0-2021-0077, TULALIP TRIBAL COURT for the Tulalip Indian Reservation and V0094 TULALIP MARINA, Petitioner, vs. Abandoned White/Red and Blue Stripes Skiff #WN8458SB. TO: Unknown Owner: YOU ARE HEREBY NOTIFIED that on March 1, 2021, a Petition for Forfeiture of Abandoned Property was filed in the above-entitled Court Pursuant to Chapter 15.30.110 and 15.30.130 of the Tulalip Tribal Code. This is for the seizure of the vessel numbered WN2749SB. On January 20, 2021, a notice was posted on the Tribes' Facebook page and a flyer was sent out by the Tulalip Data Services that abandoned vessel was placed in dry storage due to storm damage. As of February 16, 2021, your vessel was seized and the \$50.00 a day storage fees started to accrue. To defend the seizure of your vessel, you must make application for its return by filing such request under the above mentioned cause number at the Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps within 90 days from the 1st publishing of this NOTICE to protect your interests. FAILURE TO FILE A RESPONSIVE PETITION WITHIN THE TIME ALLOWED MAY RESULT IN FOREFEITURE OF THE LISTED PROPERTY. Date first published March 6, 2021.

NOTICE BY PUBLICATION TUL-CV-F0-2021-0076, TULALIP TRIBAL COURT for the Tulalip Indian Reservation and V0095 TULALIP MARINA, Petitioner, vs. Abandoned White/Red and Blue Stripes Skiff WN1808ST. TO: Unknown Owner: YOU ARE HEREBY NOTIFIED that on March 1, 2021, a Petition for Forfeiture of Abandoned Property was filed in the above-entitled Court Pursuant to Chapter 15.30.110 and 15.30.130 of the Tulalip Tribal Code. This is for the seizure of the vessel numbered WN2749SB. On January 20, 2021, a notice was posted on the Tribes' Facebook page and a flyer was sent out by the Tulalip Data Services that abandoned vessel was placed in dry storage due to storm damage. As of February 16, 2021, your vessel was seized and the \$50.00 a day storage fees started to accrue. To defend the seizure of your vessel, you must make application for its return by filing such request under the above mentioned cause number at the Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps within 90 days from the 1st publishing of this NOTICE to protect your interests. FAILURE TO FILE A RESPONSIVE PETITION WITHIN THE TIME ALLOWED MAY RESULT IN FOREFEITURE OF THE LISTED PROPERTY. Date first published March 6, 2021.

NOTICE BY PUBLICATION TUL-CV-F0-2021-0074, TULALIP TRIBAL COURT for the Tulalip Indian Reservation and V0096 TULALIP MARINA, Petitioner, vs. Abandoned White/Red and Blue Stripes Skiff WN3805CG. TO: Unknown Owner: YOU ARE HEREBY NOTIFIED that on February 26, 2021, a Petition for Forfeiture of Abandoned Property was filed in the above-entitled Court Pursuant to Chapter 15.30.110 and 15.30.130 of the Tulalip Tribal Code. This is for the seizure of the vessel numbered WN2749SB. On January 20, 2021, a notice was posted on the Tribes' Facebook page and a flyer was sent out by the Tulalip Data Services that abandoned vessel was placed in dry storage due to storm damage. As of February 16, 2021, your vessel was seized and the \$50.00 a day storage fees started to accrue. To defend the seizure of your vessel, you must make application for its return by filing such request under the above mentioned cause number at the Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps within 90 days from the 1st publishing of this NOTICE to protect your interests. FAILURE TO FILE A RESPONSIVE PETITION WITHIN THE TIME ALLOWED MAY RESULT IN FOREFEITURE OF THE LISTED PROPERTY. Date first published March 6, 2021.

NOTICE BY PUBLICATION TUL-CV-F0-2021-0078, TULALIP TRIBAL COURT for the Tulalip Indian Reservation and V0091 TULALIP MARINA, Petitioner, vs. Abandoned Red Skiff WN2749SB. TO: Unknown Owner: YOU ARE HEREBY NOTIFIED that on March 1, 2021, a Petition for Forfeiture of Abandoned Property was filed in the above-entitled Court Pursuant to Chapter 15.30.110 and 15.30.130 of the Tulalip Tribal Code. This is for the seizure of the vessel numbered WN2749SB. On January 20, 2021, a notice was posted on the Tribes' Facebook page and a flyer was sent out by the Tulalip Data Services that abandoned vessel was placed in dry storage due to storm damage. As of February 16, 2021, your vessel was seized and the \$50.00 a day storage fees started to accrue. To defend the seizure of your vessel, you must make application for its return by filing such request under the above mentioned cause number at the Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps within 90 days from the 1st publishing of this NOTICE to protect your interests. FAILURE TO FILE A RESPONSIVE PETITION WITHIN THE TIME ALLOWED MAY RESULT IN FOREFEITURE OF THE LISTED PROPERTY. Date first published March 6, 2021.

NOTICE BY PUBLICATION TUL-CV-F0-2021-0079, TULALIP TRIBAL COURT for the Tulalip Indian Reservation and V0093 TULALIP MARINA, Petitioner, vs. Abandoned White/Red Skiff WN1798JE. TO: Unknown Owner: YOU ARE HEREBY NOTIFIED that on March 1, 2021, a Petition for Forfeiture of Abandoned Property was filed in the above-entitled Court Pursuant to Chapter 15.30.110 and 15.30.130 of the Tulalip Tribal Code. This is for the seizure of the vessel numbered WN2749SB. On January 20, 2021, a notice was posted on the Tribes' Facebook page and a flyer was sent out by the Tulalip Data Services that abandoned vessel was placed in dry storage due to storm damage. As of February 16, 2021, your vessel was seized and the \$50.00 a day storage fees started to accrue. To defend the seizure of your vessel, you must make application for its return by filing such request under the above mentioned cause number at the Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps within 90 days from the 1st publishing of this NOTICE to protect your interests. FAILURE TO FILE A RESPONSIVE PETITION WITHIN THE TIME ALLOWED MAY RESULT IN FOREFEITURE OF THE LISTED PROPERTY. Date first published March 6, 2021.

SUMMONS BY PUBLICATION TUL-CV-CS-2020-0730, Tulalip Tribal Court, Tulalip WA, TCSP#1774 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. Kenneth Celestine (DOB 10/29/1982) TO: KENNETH CELESTINE: YOU ARE HEREBY NOTIFIED that a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 14.10 of the Tulalip Tribal Code. This is child support for EMC. The Court found you in default on the basic child support obligation, but is now considering pre-filing arrears. You are hereby summoned to appear and defend the above entitled action in the above entitled court on APRIL 26, 2021 in Tulalip Tribal Court, 6332 31st Ave NE, Tulalip, WA 82721. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Please contact the Court Clerk or TCSP on how to appear via telephone.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CR-FI-2020-0729 Notice of Trial Date THE TULALIP TRIBES, Petitioner vs. Nicholas Edelman, Defendant. YOU ARE HEREBY NOTIFIED, on February 24, 2021, Tulalip Tribal Court issued an Order continuing the trial date in the above-entitled matter to April 7, 2021 at 9:00 a.m. The date and time of the trial shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271. Contact the Clerk's Office at (360) 716-4773 [option 5] to inquire about attending the hearing.

TUL-CV-YI-2011-0430 and TUL-CV-YI-2011-0431. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: S. X. E. and E. K. E. TO: DORTHEA LILLIAN TSOODLE and JAMES PETER EDWARDS: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a Permanent Plan Review Hearing on June 22, 2021, at 9:30 a.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 20, 2021.

TUL-CV-YI-2009-0191. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: K. S. M. M. TO: SHAUN ANAHOI WILLARD BAGLEY: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a Permanent Plan Review hearing on AUGUST 24, 2021 at 02:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 27, 2021.

THE TULALIP COURT Tulalip Indian Reservation Tulalip, WA No. TUL-CV-EX-2020-0771 Summons by Publication and & Notice of Petition for Exclusion THE TULALIP TRIBES, Petitioner vs. GABRIELLE WALLER, Respondent. On December 23, 2020, a Petition for Exclusion was filed in the above-entitled Court pursuant to TTC 2.40. YOU ARE HEREBY NOTIFIED that 1) that you are entitled to be represented by counsel, at your own expense; 2) that you may present testimony of witnesses and other evidence on your own behalf; and 3) that failure to attend the hearing may result in an order of temporary or permanent exclusion or removal; 4) that if you intend to call witnesses, a witness lists shall be filed no later than five judicial days before the hearing. YOU ARE FURTHER NOTIFIED that if you file an answer to the exclusion petition no later than May 30, 2021 and serve a copy on the Office of the Reservation Attorney within five calendar days after filing with the Court, the matter shall be set for a hearing. The date and time of the hearing shall be set by the Clerk's Office and shall be held at the Tulalip Tribal Court located at: 6332 31st Ave. NE, Tulalip, WA 98271.

SUMMONS BY PUBLICATION TUL-CV-CS-2020-0726, Tulalip Tribal Court, Tulalip WA, TCSP #1775 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. Kumiwut Moses (DOB 12/06/1986) TO: KUMIWUT MOSESE: YOU ARE HEREBY NOTIFIED that on February 23, 2021, a Temporary Child Support Order was entered and a new Motion for Pre-filing Arrears Hearing was granted in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support pre-filing arrears for EMC. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on April 12, 2021 at 9:00 AM in Tulalip Tribal Court, 6332 31st Ave NE, Tulalip, WA 82721. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 27, 2021.

TUL-CV-YI-2021-0083. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: R. L. C. TO: JOSE ALBERTO CASTREJON: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at an Adjudicatory hearing on April 20, 2021 at 03:00 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: March 13, 2021.



# Need help with rent and utilities?



## *We Can Help*

Tulalip has received COVID funding from the Department of Treasury for households who are renting and experiencing risk of homelessness or housing instability, experiencing COVID-19 related hardship and meet 80% of Average Median Income (AMI) for Snohomish County, preference will be given to household that are at or below 50% AMI.

Income Limit Category	1	2	3	4	5	6	7	8
Very Low 50% AMI	\$41,800	\$47,800	\$53,750	\$59,700	\$64,500	\$69,300	\$74,050	\$78,850
Low Income 80% AMI	\$66,700	\$76,200	\$85,750	\$95,250	\$102,900	\$110,500	\$118,150	\$125,750

Enrolled Tulalip Tribal members living anywhere in the United States and other Native American residing on the Tulalip Reservation, who meet the requirements may apply.

Applications will be processed on a point system.

Please visit [www.tulaliptribes-nsn.gov](http://www.tulaliptribes-nsn.gov) for the application and program guidelines.

Tulalip will begin accepting applications on March 10, 2021.

If you have questions, please contact the  
CEO Office at 360-716-4023 or email  
[caresact@tulaliptribes-nsn.gov](mailto:caresact@tulaliptribes-nsn.gov)

