



Tulalip Tribes Art Festival
1st PLACE

Native Art Walk showcases variety of creativity from emerging Tulalip artists

By Micheal Rios

Artistically inclined Native students of the Marysville School District strolled through the makeshift art gala that was the Don Hatch Youth Center on Friday, May 14th, for the 2021 Art Walk. Accompanied by their families, friends and teachers, the emerging artists ranging from 1st to 12th grade wowed event attendees and judges with a variety of culturally relevant artwork.

“The Art Walk is an opportunity for each student to express themselves in a positive way. We had to adjust this year to provide a family friendly environment that was both safe and welcoming given the ongoing pandemic,” explained Jessica Bustad, Executive Director of Education. “All the work that went on behind the scenes to make this event possible is so worth it for our community to witness the pride every student puts into their artwork. Parents and community members coming together to support our children is what makes this event so great.”

For more than two decades now, Marysville School District has partnered with the Tulalip Tribes to dedicate an evening to the art scene created by emerging Tulalip artists

See **Native Art Walk**, page 3

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Tulalip, WA 98271



See **Lushootseed App**, page 5

Interactive Lushootseed app aims to teach kids traditional sduhubš language



“Together We Can Make A Difference.”

TALKING CIRCLE

**Every Friday
Starting at 1pm**

at the

Tulalip Tribal Court
6332 31st Ave NE, Suite B

For more information or questions contact,

Helen Gobin-Henson

360-913-3510

Tashena Hill

360-913-7897



Your Talking Circle Is Back!

Tulalip Tribal community members are invited to join the Talking Circle to speak about their pain, share their stories and help each other rebuild a sacred future. Homemade lunch will be served. The “Circle” follows with fun and encouragement free of charge.



TDS-36719

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

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In memoriam:

Frank F. Madison, 1923-2002

Sherrill Guydelkon, 1945-2008



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**http://www.tulaliptv.com/
tulaliptv-schedule/**

**Not
getting
your
syəcəb?**

**Contact Rosie
Topaum at
360.716.4298**

**or
rtopaum@tulalip-
tribes-nsn.gov**



“It was amazing to see just how talented our Native students are. The new ideas and concepts

“I like doing art because I get to hang out with my mom and brother because they’re my favorite



Interwoven through some of the thought provoking pieces were not so subtle tie-ins to ongoing equality awareness campaigns, human rights issues and demands for social justice. From spotlighting the Missing and Murdered Indigenous Women's crisis to declarations of Black Lives Matter to a poem by 6th grader Arielle Valencia that pulls at the heart strings as she details her experience with racism, there was a clear message being sent that yes, in fact, the youngest among us are paying attention to current events. More importantly, they are capable of channeling their inner turmoil and personal experiences into master

If you missed out on this year's Student Art Walk, this astounding collection of authentic Native American art brought to you by boundless minds will be on display at the Hibulb Cultural Center for the next weeks. Check it out while you can.

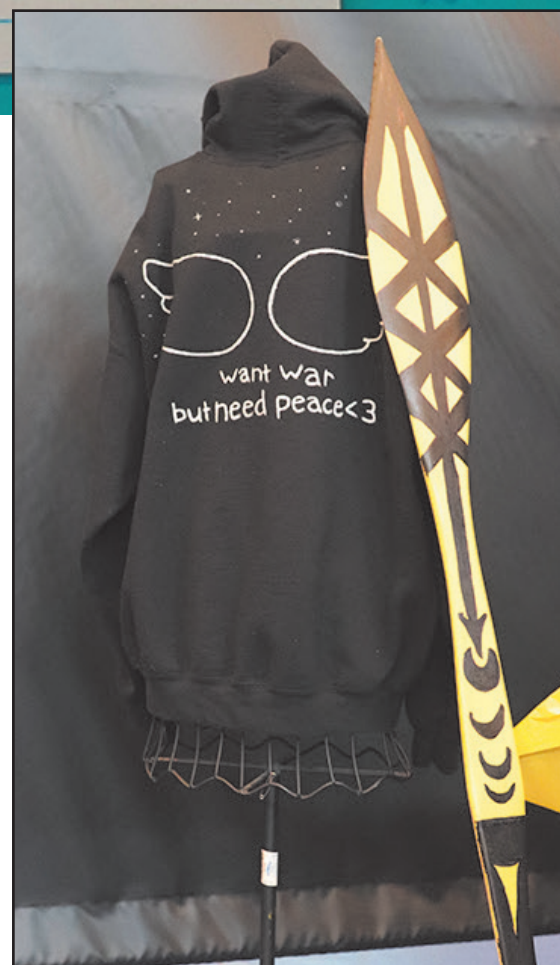
Continued on next page



First Place
Grade 6
Writing

Name: Arielle Valencia
 School/Grade: TMS 6th
 Category: Writing
 Phone: 360 915 8248
 Logged: ☒

I was blessed to be born
 To my mom & dad
 both are native and that makes
 me glad I have experienced
 Racism and it makes me sad
 My grandma told me to keep my
 head up don't be mad I wanted
 to fight but would that do
 Be proud, be strong, be you
 So I decided to show them
 hate is wrong Everyone dances
 to there own song
 I am Arielle proudly native
 happy & free I am Tulalip and cree
 you can't change me



Lushootseed App from front page

By Calvin Valdillez

Apps play a key role in today's technology-led society. Whether you are catching up with your pals on social media, staying up-to-date on current world events and local news, killing time with addictive smart phone games, or listening to some good tunes, audiobooks or podcasts, as the now trademarked-by-Apple-saying goes, there's an app for that.

In Tulalip, apps are important to the modern-day Indigenous business owner, artist, musician, and student. Tribal casino or government employees can easily swipe through a selection of apps to complete their everyday tasks, increase productivity, practice good communication skills by means of e-mails, text messaging, social media posts or Zoom meetings, and can even keep up with the latest community happenings by checking out Tulalip News on the Facebook app or the Tulalip TV app.

The youth of today are masters of technology. Learning how to navigate phones and tablets at a young age, kids are now utilizing apps to enhance their educational journey, and often use a number of apps to complete their school projects from research to creation to presentation. Apps are proving to be essential learning tools. A newly released app was created with the kids in mind, to engage the future generations of Tulalip with the traditional language of their ancestors in a fun, exciting and interactive way.

Now available, wherever you download your favorite apps, is a software application like none-other, known as Our Table. Brought to you by a collaboration between the Tulalip Lushootseed Language Department and the Betty J. Taylor Early Learning Academy, the app is set-up in a game-style format to teach Tulalip's youngest generation the dialect of Lushootseed that was known throughout the Snohomish territory since time immemorial.

"Culturally, that's one of the things that's always been done," explained Dave Sienko, Lushootseed Media Developer. "Things are done around the kitchen table, families get together and they talk and share. That's kind of what the app is trying to convey."

The first-of-its-kind language



learning app, Our Table is centered around one of the major traditional lifeways of the Tulalip people, nourishment. Bringing ancient words and phrases into the modern world, the kids are not only able to hear the pronunciation of words like *spiq'uc* (potato), *biac* (meat), *q'ag'əb ləpəsk'i* (cookie), as well as many other tasty foods, they also learn the names of immediate family members such as *tsi sk'uy* (mother) and *ti bad* (father).

The object of the game is to share food with your family. At the start of the game, you choose two different foods and one family member. The family member then asks for one of the two items, and it is up to you to deliver the correct plate of food to the table.

"All too often we talk about our kids having too much screen time," Dave stated. "Most of the time, screen time is considered by oneself, but this app encourages the connections between family members; between grandparents and grandkids, parents and kids, siblings - just sharing the culture together."

By learning the Lushootseed word for each of relative, the kids can ask a member of their family to play along in the app's two-player 'Talk to Your Partner' mode, where they can properly address the other player and share the correct food item that they are requesting - entirely in Lushootseed. You are rewarded one star for every correct food

item that is shared and once you reach ten stars, you unlock a hidden-bonus-round where you command your character to collect as many berries as fast as they can and place them in a cedar-woven basket.

Said Dave, "That was one of the things that was the primary focus of the app, make it very interactive and fun so it's not just a click-and-listen. You physically need to do something, drag items here and there, and you need to do it correctly, that's how you get points. It has a reward element to it too, especially for the younger kids, but it's fun for all ages, you hear the fun, light music and you have to get the different berries. That's one of the things that's fantastic about the app is that yeah, you're getting the different berries, but it's also telling you what type of berries they are as an award, whether that's *ʔaqa* (salalberry) or *stəg'ad* (salmonberry)."

This recent app development is just the latest endeavor from the two programs who have collaborated many times in the past to ensure the kids are hearing and learning the vernacular of their people. The academy invited the Lushootseed Language Warriors into their classrooms to share words, songs and stories with the students on a regular basis, in what is known as the academy's Language Immersion Curriculum. The kids become familiarized with the verb-based language at a young

age, and can further build upon that foundation throughout their entire educational experience.

"I believe that our children need to know from the youngest ages who they are," said Betty J. Taylor Early Learning Academy Director, Sheryl Fryberg. "Research says, if they are totally connected to who they are as birth to five children, they're going to be more successful in their lifetime because they have that solid sense of self. We really want to build that connection between our language and culture. We want to share that value; I think that the Lushootseed Department does a great job of sharing that value. We want our families to have an opportunity to learn Lushootseed too, with our kids."

The app was officially released on Google Play (previously the Android Market) in September of 2020 and on the Apple App Store in February of this year. Dave explained that the app took over a year-and-a-half to create and would've been here sooner, had it not been for the challenges presented by the global pandemic. However, he assures that this is just the start of Our Table and hopes to routinely update the app and add on additional features and realms outside of the kitchen. Dave also wants to provide in-app links that forward the user to the Tulalip Lushootseed website, where the kids can hear traditional songs and stories that correlate to

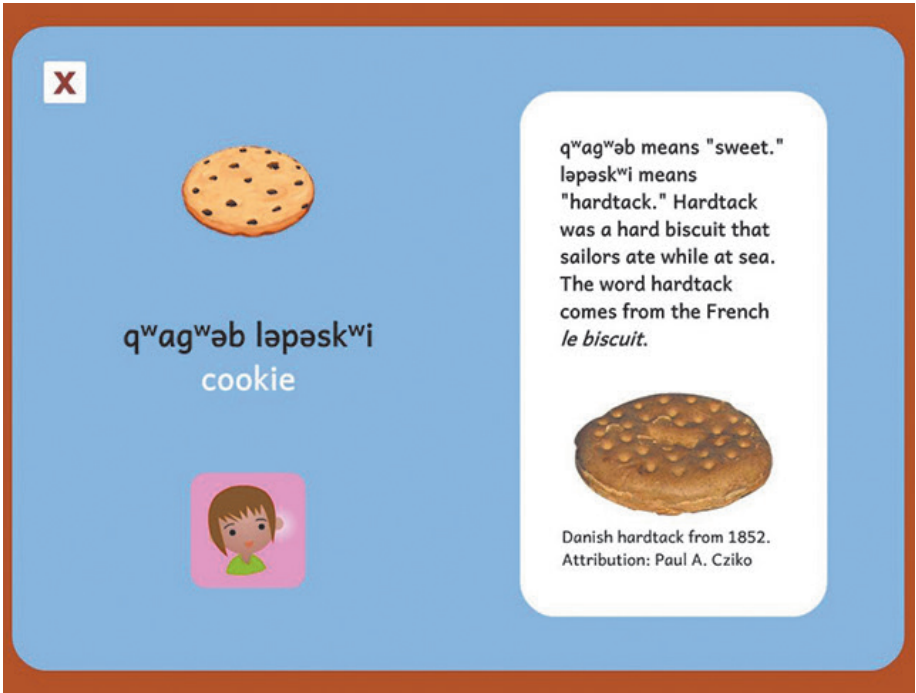
the round in their current game.

Many Lushootseed Warriors can be heard throughout the app as several of the teachers leant their vocals to the project, enunciating words and phrases for the kids to hear and practice. Dave also wanted to mention that Marysville School District faculty member, David Court, played a major role in the app’s development, as well as TELA director Sheryl Fryberg and Lushootseed Manager, Michele Balagot.

“To me, the language means that we are speaking what our ancestors used to speak. We are bringing it back,” exclaimed Tulalip Lushootseed Manager, Michele Balagot.

“We thought we should be teaching them young because this is when they are developing their brains. If they start hearing Lushootseed from the beginning of their education, they’ll learn the sounds and know some of the words. It’s a very hard language to learn, so it’s rewarding to hear the students speaking it. It’s very important for the kids to carry it on so we don’t lose it.”

Our Table is available to download on all smart devices and is the perfect app to engage the little ones with the Tulalip culture. Be sure to give-it-a-go at the next family game night or get-together.



Quil Ceda Tulalip student honoring

Submitted by, Nate Davis, Social Emotional Learning Interventionist and Yolanda Gallegos-Winnier, Assistant Principal

Mission: QCT family actively works to change the story of education for the Tulalip community, while working towards healing and decolonizing educational practices that will continue to empower and motivate every member to learn, grow, and promote our students to be safe, healthy, and positive within the community.

Classroom Honorings: At Quil Ceda Tulalip Elementary (QCT), we believe in “filling a student’s cedar basket”- which means being positive and supportive with our students through a strength-based lens. In our school, we have two guiding principles that set the standard for how students interact: they are the Tulalip Tribes’ Tribal Values and the school’s guidelines for success (also known as the GROWS expectations).

QCT classes work together to live these values and guidelines, and when that work is recognized by an adult in our building, those classes earn a “BrainTree.” Classes work together to earn 25 “BrainTrees” and a celebration chosen by the students follows. Additionally, those classes are honored in the syəcəb, in hopes that the community can take pride in understanding the role we all play in shaping a successful learning community.

This week we would like to honor the following classes for their hard work in earning 25 “BrainTree” tickets:

- Ms. Cullen’s morning kindergarten class
- Ms. Lacovara’s morning and afternoon 1st grade classes
- Miss Kostick’s morning and afternoon 2nd grade classes
- Ms. Gerde’s morning and afternoon 4th grade classes

Health

Understanding Problem Gambling

By Paulette Sears

No one knows for certain why some people can engage in recreational gambling without it becoming a problem in their lives, while others’ gambling behavior becomes a problem that can develop into a destructive addiction in their life. But what is clear is that gambling does become a significant problem in many individual’s lives. It may start off as a social activity that one enjoys occasionally, but can slowly or quickly develop into a progressive, destructive problem that impacts the individual’s entire life, including those closest to him.

The reality is that any object can become an addiction in an individual’s life and can impact it greatly, including alcohol, drugs, food, or material objects (shopping), and gambling. What all addictions appear to have in common is a physiological component. It appears that any addictive behavior, even those that do not include a substance, produces a “rush” or “high” that is an important reinforcing aspect of the behavior.

Problem gambling may first begin in response to chasing a big loss or trying for another big win, but ultimately as the behavior progresses into an addiction, it is the high that is ultimately sought by the individual.

Like other addictions such as alcohol or drug abuse, problem or compulsive gambling involves the physiological effects of tolerance and withdrawal. Soon, no amount of winning becomes enough for the addicted gambler. As mentioned above, for the problem gambler, it is no longer about the money, but rather the high one obtains in the anticipation of a big win. Unfortunately, for the problem gambler, the more they gamble, the more they inevitably lose, and the chase for the winning high only increases following the depressive emotional lows of the unavoidable losses.

Once caught in the addictive loop of gambling, the chances of the individual removing him or her from it is slim. Fed by the addictive high, the problem gambler’s addiction only strengthens. More money and time

are increasingly put into the service of obtaining this high, often at the expense of family and work. Like most addictions, the addicted gambler’s life revolves around finding ways to engage in the behavior. For the gambler this involves locating more money and time to pursue gambling.

Like many addictions, gambling is destructive to the individual’s life, as well as those closest to him or her. The individual engaged in an addiction is often adept at finding ways to keep their behavior secret. This is often easier for the compulsive gambler than for the individual addicted to drugs or alcohol. The gambler’s addictive behavior is not readily apparent. There often are no outward signs that would make others aware of this addiction. For the problem gambler, a change in physical appearance or speech is not present to indicate the high he or she has been pursuing.

What are the Signs?

Often, the partner of a problem gambler is more likely to suspect an extramarital relationship because of the individual’s time spent away from home. The problem gambler’s spouse and family are likely to experience significant emotional distancing that is an inevitable consequence of the individual’s preoccupation with gambling.

Unfortunately, the addicted gambler pursues his addiction without thought or concern regarding its impact on those he or she loves most. It is not unusual for the problem gambler to drain a family’s savings or retirement account before his or her spouse even becomes aware of the gambling problem. Finding out that there is no money left to withdraw from an account may be the spouse’s first clue that a problem exists.

The following questions, taken from, (Behind the 8-Ball: A Recovery Guide for the Families of Gamblers, by Linda Berman and Mary-Ellen Siegel, Excel Press, 1998, pp.65-69), will help you determine if you may be involved with someone who has a gambling problem.

1. Are you puzzled because your family is always short of money?
2. Does the person you are wondering about sometimes borrow money to pay ordinary monthly bills although there has been no known change of income or specific increased expenses?
3. Has anything of personal or property value mysteriously disappeared?
4. Have items of personal or property value been sold to pay debts?
5. Is the person secretive about money?
6. Does the person seem to be more reckless about money than other people and not really weigh his or her chances?
7. Have you discovered secret loans?
8. Does the person continue to acquire different credit cards?
9. Has this person ever urgently requested you to co-sign a loan?
10. Do you have any reason to question whether the person has filed an accurate or, for that matter, any IRS return?
11. Has there been a change in the way the person handles money? Example: Paying bills late, in part, or not at all.
12. Has the person reordered spending prior-

ities? Example: Giving up his or her car and taking public transportation, not buying needed new clothes, neglecting basic home maintenance.

13. Has the person let health or life insurance lapse?
14. Do you have to resort to subterfuge to get money you need from the person? Example: Overestimating some expenses, under-reporting your own income, stealing from the person.
15. Has the person ever been in trouble with the law because of money?
16. Does the person sometimes pay bills far in advance for no apparent reason?
17. Have you noticed that the person avoids certain friends, acquaintances, or family members?
18. Do you suspect the person has taken money from you?
19. Does the person use double-talk when you try to discuss spending, income, or assets?
20. Has the person dipped into savings, pensions, or other assets or cut back on or stopped contributions?
21. Is the person seeking new ways to earn extra money? Does he or she already have a second job or work overtime although there are no known additional expenses and you see no evidence of additional earnings?
22. If you answered yes to at least 7 of the 21 questions, something is going on, and it may likely be a gambling problem.

For more information on problem gambling or if you are interested in attending a consultation session or a Family/Friend Night please contact Sarah Sense-Wilson at (360) 716-4304

Court Notices

TUL-CV-YG-2021-0225. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: J. E. L. F. TO: JACK ANTONIO FORD and GENEVIEVE MARKALEE HERNANDEZ (AKA LOPEZ): YOU ARE HEREBY NOTIFIED that a Petition for Guardianship of Youth was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on July 15, 2021 at 9:00 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: May 22, 2021.

TUL-CV-YI-2021-0110. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: N. C. TO: YOLANDA ELIZABETH JANE MOSES and TYLER VERNON WILLIAM CULTEE: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at an Adjudicatory hearing on June 22, 2021 at 10:30 a.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: May 15, 2021.

NOTICE BY PUBLICATION TUL-CV-SP-2021-0037, TULALIP TRIBAL COURT, Tulalip, WA, J.S, Plaintiff, vs. Donald R. Jones Defendant: You are hereby notified that a Sexual Assault Protection Order has been entered against you restraining you from I.D.M. effective May 6, 2021 through May 6, 2023. Judgment has been be rendered against you according to the demand of the complaint, which was filed with the clerk of said court in the above entitled action. Violation of this Order may result in your arrest and criminal charges may be brought against you.

TUL-CV-CU-2021-0086. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Custody of: S.G. TO: SAMANTHA GOSHORN: YOU ARE HEREBY NOTIFIED that a Custody Proceeding was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: April 24, 2021.



TULALIP TRIBES

MEMORIAL DAY **MONDAY, MAY 31**

10AM

Priest Point Cemetery Services

11AM

Mission Beach Cemetery Services

12PM

**Take-out boxed lunch
served at the Gathering Hall**