## Tribal counselor's life through recovery and powerlifting

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## Over \$350,000 raised for Tulalip Boys & Girls Club



Jennie Fryberg models a drum created and donated by her father, Cy Fryberg, Sr.

By Micheal Rios

During the mass uncertainty of 2020, the annual auction to benefit our Tulalip Boys & Girls Club was forced to the digital landscape. An all-virtual setup was deemed necessary at the time, but proceeds collected

were not up to usual auction standards. As a result, event coordinators were determined to see the return of an in-person auction at the Tulalip Resort's orca ballroom. Months of planning led to a truly memorable evening, highlighted by a tangible spirit of generosity.

## MEMBERSHIP DISTRIBUTIONS WILL SOON BE DIRECT DEPOSIT ONLY!

Leadership encourages you to sign up for direct deposit with your banking information.

If you do not have a bank account or don't sign up for direct deposit before November 1, 2021, you will be mailed a Key2Prepaid card.

This will reduce fraud and costs for the tribe, reduce the chance of stolen checks in the mail, and if tribal government is closed members will still receive their distributions.

Cards can be taken to any KeyBank and cashed just like a check. The card cannot be garnished or have money taken off for liens. It is not a bank account, and you cannot add money to it.

The direct deposit request form is available on the tribes' website or from the Admin Building CSRs.

The Direct Deposit form is available at: www.tulaliptribes-nsn.gov/Dept/Finance







The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

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In memoriam: Frank F. Madison, 1923-2002 Sherrill Guydelkon, 1945-2008



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For program scheduling, visit: http://www.tulaliptv.com/tulaliptv-schedule/

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#### NOTICE OF COMMISSION ELECTION CANIDATES & SEMI ANNUAL

Friday, October 22<sup>nd</sup> Voting - 7:00AM to 4:00PM\* only Voting Saturday, October 23, 2021 Voting 7:00Am - 1:00PM Semi Annual October 23, 2021 -10:00AM

Gathering Hall 7512 Totem Beach Rd, Tulalip, Washington 98271

\*subject to date, time and location changes, please check https://www.tulaliptribes-nsn.gov/ for any changes

The qualified candidates receiving the highest number of votes will be elected to serve; <u>Elders</u> has 2 positions, 3 year terms; <u>Fish</u> has 3 positions, 3 year terms; <u>Gaming</u> has 2 positions, 3 year terms; <u>Hunting</u> has 2 positions, 3 year terms; <u>Planning</u> has 1 position, 3 year term; <u>Police</u> has 1 Position, 2 year term; <u>TERO</u> has 2 positions, 3 year terms. In the event of a tie(s), the election shall be determined by coin toss.

\*Only those 50 and over as of 10/22/21 are allowed to vote for Elders Committee

Elders (2)

Gary Baker Sr. Dawn Simpson Fish (3)

Cyrus Fryberg Jr. he-uch-ka-num II

Andrew Gobin
Joe M. Hatch Sr.
Jacob James
Dion Joseph
Justin Parks

Dale "Yogi" Sanchey Thomas Wesley Williams

Hunting (2)

Alan Cortez George C. Jones Planning (1)

Samantha Wilder

Advisory Police Board (1)

Clayton Horne

Gaming (2)

Lou Ann R. Carter Aaron Losik Deanna Muir Mikaylee H. Pablo Emma M. Perrin

**TERO (2)** 

Sarah Carpenter Hart John Davis Harold "Ju Ju" Joseph Aaron Losik Tisha Mclean Heidi Zackuse/Fryberg

\*Names written as Requested by Candidates.

Absentee Ballots: Eligible voters may cast their vote through absentee ballot. A writing request is required in advance, using the absentee ballot request form at Tulalip Tribes Election, click here or email electioncommitee@tulaliptribes-nsn.gov or pick one up at admin. The request form must be submitted to the Election Committee by the eligible voter. If the Eligible voters is requesting their absentee ballot to be mailed at a different address other than their home address, a statement is required explaining why. The Election Committee's office is located at the Tribal Administration building on the second floor. We can mail out the ballot or if we have ballots in the office you can pick them up.

Once the Election Committee receives the signed absentee ballot request form, you cannot personally vote at the voting location on **October 22 or 23, 2021.** 

Absentee ballot DEADLINE is DUE Thursday October 21st by 4:00PM in the designated mailbox; located at the UPS store 8825 34th Ave N STE L-161 (Quil Ceda Plaza). Absentee ballots may be hand delivered to the UPS store to ensure your vote counts by the deadline.

Absentee ballot requests forms will need to be submitted at latest by October 21, 2021 at Noon.

If requesting to have absentee ballot mailed please plan according to allow for mailing time.

If you have questions, call the Election Committee at (360) 716-4283 or email at ElectionCommittee@TulalipTribes-nsn.gov

## News

#### **Auction** from front page



Shawn Sanchev remarks to the crowd how he's come full circle - from being a Club kid just wanting to play basketball to now being B&GC Director.



Carrie Fryberg with paddle made by Tulalip artist Michelle Myles.

Dubbed 'Together Again with Friends', the 23<sup>rd</sup> annual Tulalip Boys & Girls Club auction occurred in elegant fashion with nearly 500 guests creating widespread enthusiasm while bidding on a number of one-of-akind items, tribal artwork, vacation packages, and sports memorabilia. The fundraising filled evening was all about giving donors and community partners an opportunity to take action for the benefit of local youth, while supporting the Tribe's reservation based Boys and Girls Club.

"This evening's auction was our largest fundraising event of the year. Your generous donations helped us achieve our goal to fund vital programs and services that improve the lives of youth in the Tulalip area," stated Matt Monty, auction committee chairman. "[We're] charged with deepening our impact on the young people we serve. These fundamental elements drive all of our efforts to have a lasting impact on youth."

'The Club', as affectionately been nicknamed by hundreds of regularly attending children, is a safe place where kids can just be kids. While there, children are routinely exposed to healthy food choices, create an abundance of happy memories, and make relationships that last a lifetime.

The Club is the first of its kind to be built on tribal land in Washington State. Established in 1995, 2021 marks twenty-six years of commitment to the community. Through before and after school programs, it aims to help young people improve their lives by building self-esteem, developing values, and teaching skills during critical periods of growth.

Serving as a model for those working to improve the lives of young people in the surrounding communities, the Club is the primary beneficiary of the annual fundraising auction. With each auction building off the success of previous years, the Club has not only been able to sustain services, but to complete much needed campus expansions that add additional learning and activity space.

Funds raised from the annual actions are dedicated for capital improvement, not operating costs. Previous auction funds have paid for a state-of-the-art music studio. a multi-media room with twentyplus computers, several transportation vehicles, roof repairs, upgraded kitchen equipment, and most recently a 4,000-square-foot extension to better accommodate an ever-growing teenager membership. This teen center became invaluable during the past 18-months. In such a tumultuous time, local teenagers were able to depend on access to the tech-driven teen center to meet their social developing needs.

"It's so funny looking back because I didn't realize how much the Club meant to me as a kid, but really it was everything," said Boys and Girls Club Director, Shawn Sanchey. The Tulalip tribal member has come full circle after he himself

grew up a Club kid and now manages the same facility so many kids depend on every day. "It's amazing being able to witness these kids learn and grow in the same way staff once did for me. Some of my earliest memories are of Grandma Diane offering guidance in her own special way. And two decades later, she's still here and still knows the name of every kid who comes in routinely. It really is unique how dedicated people are to the youth in our community. It goes hand-in-hand with our mission to let our kids know we care about them and we care about their future."

Of the 491 generous individuals who attended this year's fundraising event, most have never been to Tulalip's Boys & Girls Club, yet their passion for making a difference for our kids is heartfelt. The uplifting faces of Club kids everpresent on table centerpieces and projected onto screens bordering the ballroom, and those teenagers who volunteered to work the auction and help generate support by sharing News September 25, 2021 5



their stories only aided in deepening the connection with auction attendees.

Shortly after the auction ended, event coordinators shared some delightful fundraising numbers. Exactly \$51,500 was raised for Kids Kafé, which is an essential part of the Club's services. Kids Kafé addresses the very basic fact that often the meals provided to club members are the most nutritious part of their daily diet. An impressive stat worth knowing is Kids Kafé served 6,400 meals per week and a whopping 230,400 meals over the past year.

In total, over \$350,000 was raised between the silent and

live auctions, including the enormous amount of support for Kids Kafé. There were so many generous contributors who played a critical role in making the 23<sup>rd</sup> annual auction possible.

"The auction is really about building relationships with the community and continuing to build upon the strong foundation of support we have with the Tulalip Tribes, Snohomish County, and Tulalip Resort Casino," explained Terry Freeman, assistant director of development for the Boys & Girls Clubs of Snohomish County. "For twenty plus years now, our goal has remained the same - to create more and more partnerships off the reservation

to achieve our goals on reservation. Thanks to our collaborative leadership teams, we continue to meet and exceed this goal."

Thanks in large part to everyone who contributed and gave generously, the 23<sup>rd</sup> annual action was a major success. The generosity and heartfelt support received each year from sponsors and volunteers is overwhelming. As in years past, the funds raised from the auction will ensure Tulalip's Club continues to provide and improve upon quality programs in a fun, safe and positive environment for our kids.

Mother/Daughter duo Natosha and Lizzie wearing matching ribbon skirts gave the opening prayer.





## Healing from within: Local Group aims to bring Recovery Café to Tulalip-Marysville area

By Kalvin Valdillez

Back in 2020, just weeks before the worldwide COVID-19 outbreak, the Tulalip Problem Gambling Program held a four-day training, over the course of two weekends, designed to build a network of support for local individuals on the road to recovery. Approximately twenty people attended the training and became certified recovery coaches, learning skills to help empower and encourage those battling addiction to stay the course, especially during

difficult times when they are on the verge of a relapse.

"A recovery coach is someone in-between a sponsor and a counselor," explained Problem Gambling Counselor, Robin Johnson. "They're not there to tell them what to do. They are not doing the twelve steps with them, that's not what they're there for. They're there to help, depending on their individual needs, finding out what those needs are, and meeting them there."

She continued, "This is not the

News

first recovery coach training that we've had, but it was by far the most successful. We've had better response and incorporated not only addiction, or chemical addiction, but also gambling addictions. Our philosophy is that we help the community heal from within, and the more people that we can teach to be recovery coaches, and have them in the community and available to others, that is just going to snowball. That was our hope and that is actually what seems to be happening at the moment."

Through the recovery coach training, the Problem Gambling program planted a seed that is coming to fruition today. Six of those recovery coaches stayed in contact throughout the pandemic's stay-athome mandates, meeting virtually to discuss how they can spread the word and let those in recovery know they are available as a source of support, brainstorming ideas on how they can better serve their community. Ultimately, the group decided they needed a physical space where recovering addicts can go in times of distress and when in need of support, and with that came the idea of opening up a local Recovery Café.

The original Recovery Café was established in 2004 right here in the Pacific Northwest, in the Belltown neighborhood before migrating to South Lake Union in 2010. Since then, the Recovery Café has assisted not

#### "We're trying to save lives, trying to get parents back to their kids and rebuild families and communities and stop people from dying."

- Brian Kilgore, Tulalip Prosecutor

only those wanting to lead a clean and sober lifestyle, but also the homeless population in Seattle as well.

The café offers a positive environment where people can enjoy coffee and healthy meals while interacting with others in a number of activities including open mic nights and birthday celebrations. Café goers can take part in peer-to-peer groups such as recovery circles and they also have access to computers, WIFI and a plethora of resources. The Recovery Café model has been such a success that over 20 non-profit organizations have opened cafés of their own in cities throughout the country. And recently, a second location was opened in Seattle's SODO district.

Although there is an established Recovery Café in Everett, opening a location in the Tulalip-Marysville area will benefit a community that has been significantly impacted by the opioid crisis over the years. This establishment could not come at a better time either as early projections predict that overdose cases and excessive gambling cases have been on the rise since the first wave of the pandemic hit. Offering a space where people can go to simply be around others who strive for the same goal can help during the recovery journey.



Tulalip Recovery coaches at a recent ethics training hosted by the Tulalip Problem Gambling Program and taught by Whaakadup and Lisa Monger.

Still in the early planning phase, led by those six individuals who attended the Problem Gambling's recovery coach training in 2020, the group is working on establishing a board of directors, designing a logo, raising funds and most importantly finding a space to set up shop. Ideally, the group would like the café to be in an area that is convenient and accessible to both Tulalip and Marysville community members. If you happen to be reading this and the perfect location comes to mind, the group would love to hear from you.

The recovery coaches also enlisted a number of professionals to help navigate the process of opening up the café, including Tulalip Tribal Prosecutor Brian Kilgore, Tulalip Recovery Liaison Helen Gobin-Henson, Tulalip ODMAP Social Worker Jackson Nahpi, and Robin Johnson and Sarah Sense-Wilson of the Problem Gambling program. The Tulalip Foundation has also leant their expertise to the project, helping the Café become a non-profit organization and apply for and obtain grants.

"I'm really excited about this group of people," said Brian. "I think that they're going to go out into the community and they're going to create a physical space where people can come in and get wraparound support and services. I think that the power of having a physical place, around which to build services, is going to be really transformative for all the work we're doing. Government, non-government, volunteers, we're all working the same problem, right? We're trying to save

lives, trying to get parents back to their kids and rebuild families and communities and stop people from dying, but we just haven't had a physical place to do it."

Once the group finds a space to operate, they believe everything should easily fall in place, and they are aiming to have the café up and running by the end of the year. In addition to finding a space for the Café, the recovery coaches will be doing community outreach over the next couple months. If you are interested in helping get this project started and helping people maintain a clean and healthy lifestyle, please contact the Problem Gambling program at (360) 716-4304 for more information.

Helen expressed, "This project is important because we have nowhere for our people who are sober and clean, or want to get sober and clean, to gather. And we have so many people who are homeless, who are hungry, and they could come to the café and enjoy a meal. I feel like when the people who are sober and clean get together as a group, they can connect with each other and say, 'Are you going to an in-person meeting today? I'd like to go with you', or 'what Zoom meetings are you hitting?' They can connect there at the café. This is so important to me, to help the people who are sober, and encourage the people who might be thinking about getting sober and clean, find a safe and supportive place to gather."

# A tribal counselor's life through recovery and powerlifting





By Shaelyn Hood; photos courtesy of Andrea Page

Andrea Page is a recovering addict, counselor, powerlifter, student, and mother. 21 years ago, had you asked her if she could imagine herself today, she'd say, "No way". At a time when she was struggling with her addiction and facing her biggest fear of the possibility of losing her children, Page made a choice and said, "It's time for me to step up and do what I need to do, to try to be there for my kids".

While living in Seattle, she sought out treatment and began her recovery journey. It was only then, through hard work and a strong support system, that she was able to turn her life around. She connected with many people who were on the same path of recovery who helped her begin a new and healthier future.

In 2010, Page made the decision to become a substance use disorder counselor. She felt that having been through the recovery process herself, that it could better help others, "It allows people to have

that connection with somebody that understands, but also, I appreciate the community, being able to see how much support people can get from this community and how much change people can bring to the community in a good way".

Eventually she took her skillset and started working for Tulalip Tribes in Family Services.

In 2011, shortly after starting her new career path, her friends who are also in recovery, introduced her to powerlifting. This new chapter in her life opened many

new opportunities. She gave a lot of credit in her recovery to her support system, saying, "The thing that has helped me in my journey and recovery is not only having people that are also in recovery around me and doing things that are productive, but also my power lifting. I think a lot of that plays into my recovery too".

Page is a part of the USA Powerlifting League that is widely known for their drug-free competitions. The USAPL promotes a clean, anti-drug, powerlifting

environment, and requires drug testing before every competition. Page never imagined herself power lifting, and for a long time in her life had a hard time committing to outside activities. Power lifting gave her an outlet in her recovery and a way to show her strength in a way that's more than just physical.

"I feel like I've been empowered by going to competitions. This is the one thing that has kept me focused, and driven, and it's exciting to me", she said.

Page also discussed how being a part of a team has given her more of a community and kept her motivated because she now had people that she needed to help and support. It has given her a sense of obligation to always show up.

Since her powerlifting journey started, she has won major titles such as, Master World

Champion, 4x National Champion, she won the Best Female Master Lifter Award at Nationals in 2019, and the Washington State Athlete of the Year in 2018. Her Best Lifts include a 565lb squat, 325lb bench press, and 457lb dead lift. Her friends and family have become her biggest cheerleaders, by coming to her practices, competitions, and making jokes calling her "Squatzilla". She's also had opportunities to travel to Sweden, South Africa, and all over the US.

Through powerlifting and her new position in Family Services, she could see first-hand the need for assisting tribal children in finding new homes and potential adoption opportunities. At first, she thought about just doing respite care, and she would help take in children for a weekend here or there. But with more time, her love continued to grow for

them. Soon after, the kids she had taken in were up for guardianship. She spoke with her family, and her new family unfolded. Page now has guardianship over three tribal children and feels so blessed to be a part of their lives.

One message that Page made very clear is that even though it might seem like she has achieved a lot, she's just living her life, and she couldn't have done it on her own.

"It was a lot of hard work, a lot of bumps in the road, which a lot of people in recovery experience," said Page. "I can sit here and say I've accomplished this, this, and this, but if I didn't have my support system around me, and the people who checked in on me, I wouldn't have been able to do it".

She also recommends to any tribal members that might be facing addiction, "just keep trying and find

that support that's going to help you achieve whatever it is you're wanting to do. And no matter what, just keep pursuing your goals. Don't give up. Even when things seem like they're not working for you, or it just seems impossible, you have to put one foot in front of the other and keep trying, and always reach for those goals because eventually things will get better."

She suggests that the first steps are to call family services and get in for an assessment. And for any members that have family struggling with addiction, "Be there for them. Don't enable, just support them and get them help".

If you, or someone you know is struggling with addiction, please contact Tulalip Tribes Behavioral Health at 360-716-4400.

## Know Your Learning Style

Submitted by Jeanne Steffener, Higher ED

People take in and process information differently. So, knowing your learning style can help you make the most of your educational experience by using strategies that compliment your strength/s. Gaining an understanding of your own style of learning will be very important to your studies. Figuring out how you learn best will make a difference in guaranteeing academic success.

The three (3) learning styles are visual, auditory, and tactile/kinesthetic. To gain some insight into your own strengths, you could try each of the three (3) styles. You would soon learn which style comes most naturally to you. Once you know which of the styles feels most comfortable and is effective, you can begin focusing on the tools that support your learning style. According to scientists who have researched the best ways students learn, "Most people are a combination of the

three (3) styles, but more times than not, they have a predominant style of learning. Each of these styles has a complementary teaching" strategy.

"Approximately 65 percent of the population are visual learners." They have strong powers of observation and are detail oriented. They rely primarily on their sight to take in information, understand it, and remember it. Visual learners usually excel in written communication and often have a talent for art. They dress well, remember details and colors, are good proofreaders and remember people they meet, even though they may forget names unless they see them in print. Information for visual learners is assimilated by viewing images, colors and visualizing spatial concepts.

"Around 30 percent of the population are made up of auditory learners, who learn best through hearing." They would rather listen to a lecture than take notes. They remember what is read to them and what they have read aloud. They retain new information by repetition. They usually become amazing public speakers with an ability to give impromptu speeches without prior notice. These unique individuals often become lawyers and politicians.

"Kinesthetic learners make up just 5 percent of the population." These learners are very active and communicate through language and gestures. Physical action is the key to this person. Walking, jogging, hiking, and biking are activities they enjoy. To keep their attention, do not talk too fast, or sit too far from them. They are hands on learners, good at reading or listening but the deep learning happens in the midst of experience.

Visual learners need peace and quiet to accomplish tasks. They read instructions before completing a task or using something new. In contrast, the auditory learner learns best by listening and hearing directions once or twice and can follow them to the letter. They can also repeat most of what they heard from yesterday's lecture, or on the news and know the words to all the songs on the radio. Tactile/Kinesthetic learners use their hands in everything they do including talking and relating to others. They make good mechanics, small engine repairmen, and engineers because they can take things apart and put them back together again. They are usually well coordinated and good at sports.

Knowing your learning style

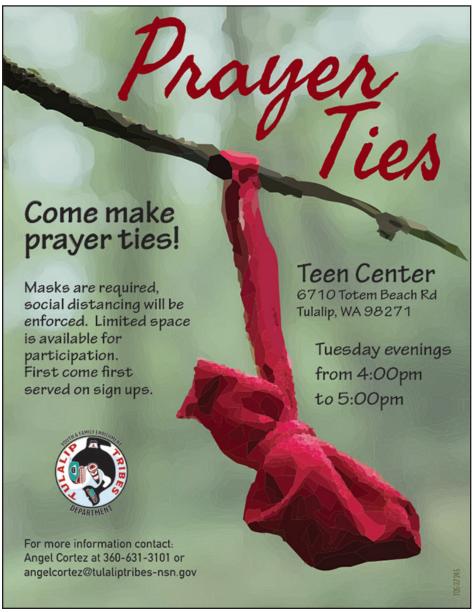
is very important because it will help you learn in more effective ways. If you are a visual, you know that you need to take notes and have that quiet space. Auditory learners need to be able to take the time to listen to the necessary information while tactile/Kinesthetic learners look for ways to learn and solve problems with a hands-on approach. Making the adjustments to fully use your learning style will be the key to a successful learning strategy. Having this knowledge about learning styles will also help you relate to others by approaching them in the learning style that best suits them which will make your communication efforts more fruitful.

If you have any questions about learning styles, please contact the Higher Education Department at 360-716-4888 or email us at highered@tulaliptribes-nsn.gov.

Four types of Learning styles: How do you learn best? https://bau. edu/News/types-of-learning-styles

How to Spot Visual, Auditory, and Kinesthetic-Learning Executives. https://www.inc.com/mollyreynolds/how-to-spot-visual-auditory-and-kinesthetic-learni.html





## Tutorial/Homework Support Program 2021/2022 School Year Monday-Thursday after school until 5:30 p.m.

Grades K-2 – Portable "F" Grades 3-5 – Portable "F-2" Grades 6-12 – Portable "F-3"

Applications are available at the Youth Center, Portable "F", which is located across from B&G club and at Schools in the Marysville School District with 30 or more Native students

If you would like to have staff assist your student in school – contact their teacher and arrange for the best time for staff to assist them. Call 360-716-4646 –Dawn Simpson and leave a message if she is not available. Staff will be notified of your request.

Our after-school Program operates Monday-Thursday after school until 5:30 PM

The application asks where and who will be picking up your student –make sure that you answer this question, we want to ensure your child's safety.

## Feeling like snacking is becoming a problem?

Often when people have a nutrition goal in mind like eating healthier or losing weight, one of the most common barriers to reaching their goal is what they do when I comes to snacking. Often people over snack or have too much of certain types of foods for their snacks that can get in the way of reaching their goals.

Here are just a few issues and possible solutions for starting to snack healthier.

Feel like you're over doing it with snack foods? It can take 20 minutes after eating an appropriate amount of food to feel full. So try eating some of the snack and waiting 20 minutes before eating more. Often people keep eating until they have a full feeling so they keep eating and eating regardless if they've actually had enough. Waiting the 20 minutes can give you the full feeling without over eating. Or you can try eating until you're not hungry anymore rather than eating until you're full.

Feel like your snack choices aren't as healthy as they could be?

What people tend to think of as snack foods (i.e. chips, crackers, fruit snacks, cookies, donuts, ect.) are high in carbohydrates and calories with not much other nutrients. You can greatly increase your nutrition and reduce calories by adding fruits and vegetables to every snack. For example, pairing you favorite snack with a fruit or vegetable you like. Or ideally you can just eat the fruit or vegetable by themselves.

Don't feel like fruits and vegetables are satisfying or filling as a snack? Pairing fruits and vegetables with a little protein like nuts, meat, cheese, ect., can satisfy you faster and keep you full longer than having a fruit and vegetables alone. Pairing proteins with carbohydrate snacks can also help make you feel satisfied and full more quickly, reducing the amount you need to eat.

Struggling to resist the temptation to have your favorite snacks?

Making the snack foods harder to get can help with the temptation. For example, don't have your snack foods in visual site. "Out of sight, out of mind" is a good strategy to prevent triggering the feeling of wanting to snack. Instead make healthier foods visible and easy to get. Or you can just not have troublesome snack foods in the house in the first place.

Are you looking for more helpful nutrition ideas and strategies? If you are registered at the Tulalip Health Clinic, you can meet with a dietitian for any nutrition related issues or questions. You can call the main line at (360) 716-4511 and set up your appointment.

TUL-CV-YI-2021-0434. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: T. D. E. TO: CHRISTOPHER RAY ENICK and SAMANTHA BIRD GOSHORN: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care dependency action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Tuesday, October 26, 2021 at 11:00 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDG-MENT WILL BE RENDERED AGAINST YOU. Date first published: September 18, 2021.

TUL-CV-GU-2008-0277. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: K. W. H. (AKA K. C. C. Jr.) TO: KANUM CHARLES CULTEE, SR. and LATASHA JOYCE APODACA-BAGLEY (AKA BAGLEY): YOU ARE HEREBY NOTIFIED that a Youth Guardianship Motion was filed in the above-entitled Court in this youth's guardianship action pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Thursday, October 14, 2021 at 1:00 PM in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 4, 2021.

TUL-CV-YG-2021-0236. SUMMONS BY PUB-LICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: K. T. M. B.-W. TO: VICTORIA SUE BRIGHT and ROBERT MICHAEL WAYNE, JR.: YOU ARE HEREBY NOTIFIED that a Youth Guardianship action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Thursday, December 9, 2021 at 9:30 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 11, 2021.

TUL-CV-YG-2021-0347 and TUI -CV-YG-2021-0348. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In re the Guardianship of S. J. R. S. and In re the Guardianship of K. I. S. TO: BRANDI NICOLE JONES: YOU ARE HEREBY NOTIFIED that two Youth Guardianship actions were filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youths. You are hereby summoned to appear and defend regarding the above entitled actions at a hearing on October 21, 2021 at 9:00 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 21, 2021.

TUL-CV-YG-2021-0431. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: L.M. Naomi Lynn Moses vs Ryan Delbert Moses; Gona Teddy Elizabeth Blatchford. TO: Ryan Delbert Moses; Gona Teddy Elizabeth Blatchford: YOU ARE HEREBY NOTIFIED that a Youth Guardianship action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 18, 2021.

TUL-CV-CU-2021-0149. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Custody of: K.G. TO: Alyse Gales: YOU ARE HERE-BY NOTIFIED that a Petition for Child Custody, and Proposed Parenting Plan was filed in the above-entitled Court pursuant to TTC 4.20. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 21, 2021.

## **COURT CLERKS OFFICE**

#### Filing can be done in person, by e-filing or by mail

We accept filings Monday–Thursday from 8:00 AM to 12:00 PM and from 1:00 PM to 4:00 PM. Friday from 8:00 AM to Noon.

If filing in-person, please go to our intake window at the courthouse.

When e-filing or submitting document requests, please send to the following email address: crt-efiling@tulaliptribes-nsn.gov Remember to attach documents. Please use a description to name your document.

To better serve you, E-file subject line should read: E-file, followed by cause number, last name, first name, title of document.

(For example: E-file: Doe, John, TUL-CR-MC-2021-2021 Motion for Court Order)

E-mails to **crt-efiling@tulaliptribes-nsn.gov** are automatically received and will be processed. You will receive an additional email with a conformed copy for your records and/or service upon other party.

Many of our court public forms can be found online at: tulaliptribalcourt-nsn.gov/FormsAndFilings/CourtForms

#### Communication With the Clerks Office

If you need to communicate with the Clerks office, that is NOT an e-file, please send to: courtclerks@tulaliptribes-nsn.gov

For example; judge reviews, court orders associated with a hearing, calendar requests AND during hearings for proposed orders requiring judge's signature.





**TUESDAYS & FRIDAYS** 



### **GAMING HOURS**

**SUN - THURS: 11AM - MIDNIGHT** FRI & SAT: 11AM - 4AM

## **BINGO BAR HOURS**

SUN - THURS: 4PM - MIDNIGHT FRI & SAT: 4PM - 2AM

## QUIL CEDA DE OPEN 7 DAYS A WEEEK

11AM - MIDNIGHT

SUNDAY - THURSDAY | FRIDAY & SATURDAY 11AM - 2AM



**I-5, EXIT 200 WEST** Must be 18 to play Bingo, Class II Slots and Pull Tabs.

100% SMOKE-FREE GAMING.
Smoking and vaping are only allowed in designated smoking area.