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Volume 42 No. 1

Saturday January 8, 2022

(Tulalip See-Yaht-Sub)



Tulalip elder Dawn Simpson, with 50 years of education work, stands beside Heritage counselor Shonta Paul.

Honoring our Indigenous educators

By Micheal Rios

While the vast majority of students were enjoying their winter break and anxiously awaiting what would become Snowmageddon, a special gathering took place among the Indigenous educators of Marysville School District. Co-hosted by MSD's Indian Education and Tulalip's Positive Youth Development teams, all Indigenous educators within the District, and their families, were invited to Heritage High School's commons area to be honored for their united goal of decolonizing education.

See **Educators**, page 4

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Tulalip Tribes
6406 Marine Drive
Tulalip, WA 98271

Community-led project, the Recovery Café, receives \$25,000 anonymous donation

By Calvin Valdillez

Photo courtesy of the Tulalip Problem Gambling Program

"This project is important because we have nowhere for our people who are sober and clean, or want to get sober and clean, to gather," expressed Tulalip Recovery Liaison, Helen Gobin-Henson. "We have so many people who are homeless, who are hungry, they could come to the café and enjoy a meal. And the people who are sober and clean can get together as a group and connect there at the café – a safe and supportive place to gather."



See **Recovery Café**, page 6



Enrollment Office

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waa xa tæns
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Member

M. Judi Patrick
Member

Winona Shopbell-Fryberg
(Blessed Shall Woman)
Member

Steve Young
bad ʔə ti sʔ uladxw
Member

NOTICE OF QUORUM REQUIREMENT FOR 2022

AMENDMENT XVIII Passed 5/27/05

ARTICLE V of the Bylaws, Section 2, Quorum is amended to strike the last sentence and adding certain phrases and two new sentences such as the following.

Section 2. Quorum. No business shall be transacted unless a quorum is present. A quorum of the Board of Directors shall consist of (five) Directors. A quorum of the General Council shall consist of five (5) percent of the tribal members eligible to vote on the first day of each calendar year.

The Tulalip Enrollment Department shall, on the first working day of each calendar year, make all calculations necessary to establish the number representing the five (5) percent of tribal members eligible to vote on the first day of each calendar year and immediately publish both the number and method of calculation.

AMENDMENT XVII Passed 12/13/04

ARTICLE VI, Section 5 amendment to strike the last paragraph and include the following language:

The Chairman shall call special meetings of the General Council upon written request five (5) percent of tribal members eligible to vote on the first day of each calendar year.

The Tulalip Enrollment Department shall, on the first working day of each calendar year, make all calculations necessary to establish the number representing the five (5) percent of tribal members eligible to vote on the first day of each calendar year and immediately publish both the number and method of calculation.

Total Membership as of 1/1/22 that are eligible voters (18 & Over)	3174
5% of 3174=	158.7
Quorum for General Councils, Special Meetings and Petitions for 2022	159

If you have any questions or concern please call 1-800-869-8287 or (360) 716-4300.

Thank You,

Enrollment Office

.....
The Tulalip Tribes are federally recognized successors in interest to the Snohomish, Snoqualmie, Skykomish, and other allied tribes and bands signatory to the Treaty of Point Elliott.

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

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In memoriam:
Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008



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NOTICE OF ELECTION

Tulalip Tribes 2022 Board of Directors Election

March 18, 2022 9:00AM-4:00PM*

March 19, 2022 7:00AM to 1:00PM*

At the Gathering Hall, 7512 Totem Beach Rd, Tulalip, Washington 98271

Annual General Council Meeting is March 19, 2022 at 10:00AM

There will be a Board of Directors election on 3/18-19/22. The two (2) candidates receiving the highest number of votes will be elected to serve three (3) year terms.

THE FOLLOWING TWO CANDIDATES TERMS ARE EXPIRING:

Glen G. Gobin

Misty Williams-Napeahi

Petitions will be available at the Tulalip Tribes Administration building, Election office (2nd floor) starting **Tuesday- January 10, 2022 thru Monday- January 24, 2022.**

PETITION RULES:

- * DO NOT LEAVE WITH ANY OTHER STAFF, BUT ELECTIONS.
- * FILL OUT COMPLETELY AND SIGN BY THE POTENTIAL CANDIDATE.
- * 25 SIGNATURES PER PETITION IS REQUIRED.
- * NO DUPLICATE SIGNATURES- VOTERS CAN ONLY SIGN ONE PETITION.

Eligibility: No person shall be a candidate for the Board of Directors unless he/she shall be an enrolled member of the Tulalip Tribes and shall have resided upon the Tulalip Reservation for a continuous period of one (1) year prior to the election, and shall be at least twenty-one (21) years of age. No person may be a candidate if he/she has been found guilty of any felony, or a misdemeanor involving controlled substance or dishonesty in any Indian, State, or Federal court within three (3) years prior to the election.

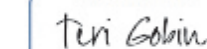
The list of qualified candidates will be posted in a public place and otherwise be made know to the tribal membership not less than two (2) weeks prior to the election date. The Tribal rules and regulations governing elections shall apply.

DEADLINE FOR RECEIPT OF PETITIONS

Monday January 24, 2022 at 4:00pm

Tulalip Administration Building (360) 716-4283 or electioncommittee@tulaliptribes-nsn.gov
c/o Election Staff, 6406 Marine Drive, Tulalip, WA 98271

Dated: January 4, 2022



Teri Gobin, Chairwoman

- Reso 2017-256 6/30/17- Increased the petition signers from 5 to **25** in order to run for the Board of Directors.
- Election staff includes – Rosie Topaum, Leilani Davey, Angela Hatch, Annie Enick, Jennifer Monger, Judy Gobin, Samantha Rose, and Lorna Ancheta.

**Subject to change in Voting times or day(s) and General Council Meeting.*

Educators from front page

Decolonizing education means to dismantle a colonial system. In this case, the specific colonial system is education, which wasn't integrated until the 1970s after decades of legal battles. So then how can a system that separated white people and people of color for hundreds of years, a system that was created and maintained by white people for the benefit of white people, all of a sudden become an inclusive system that prioritizes the success of all? Put simply, it can't.

In order to achieve such a lofty goal, it'll require the tireless pursuit and often underappreciated life's work of Native culture bearers who are fully aware that they are raging against the machine and regularly feeling like no matter how much they do it's never enough. Yet, for these special few, they know the deck is stacked against them but they'll answer the call anyway. They take the college classes, get the required degrees, and receive the necessary accreditations to gain entry into colonized school systems as Indigenous educators.

Armed with traditional teachings and ancestral wisdom, and fueled by a relentless love for their people, it's the Indigenous educators who are fighting to change the education system from within. From their positions they can actively provide an environment where Native students can learn about, and be proud of, their history and culture. It is these educators who were celebrated on that December evening.

"I'm going on my eighteenth year now working in education. In my new position I'm so honored to be working with all of you, the beautiful Indigenous educators of our District. As far as I know, this is the first time a celebration like this has been held exclusively for you all," remarked Matt Remle, MSD Indian Education coordinator, to all in attendance. "The thought behind this event is simple. We want to honor, encourage, and uplift our Native educators because what you all do every day is remarkable and worth celebrating."

"I want to thank you all for being here and allowing us to acknowledge you together as our Indigenous educators," added Jessica Bustad, executive director of Tulalip Education. "Words can't express how important you are, and the work that you do to positively impact our youth is immeasurable. But we do know how important it is for us to support each other."

"We know that these systems we work in were not built for our Indigenous students," she continued. "Times are difficult right now, but it's never been easy doing the kind of work we do. What keeps us going is a shared dedication to our students' success



Heritage teacher Marina Benally (center) with her son and daughter who both work as educators within the District.



Quil Ceda 4th grade teacher Tanya Houle (Turtle Mountain Chippewa) sharing her educational journey.

Recovery Café from front page

Nearly two years ago, a group of Tulalip and Marysville community members met at the Tulalip Administration Building to attend a four-day training, spanning over the course of two weekends. By successfully completing the training, hosted by the Tulalip Problem Gambling Program, each participant earned certification and the official title of a recovery coach.

In a nation where opioid overdose related deaths continue to climb, the support of a recovery coach can be an effective tool for those on the road to recovery. According to the CDC, more than 93,000 people died of drug overdose in the U.S. during 2020. A near 30% increase from 2019. Last July, the Washington State Department of Health reported that there were 40 more drug overdose deaths in the first three months of 2021 than the first three months of 2020, and that the state's overdose rates were 'on pace to break another record in 2021', based on that preliminary study.

"Our philosophy is to help the community heal from within," said Problem Gambling Counselor, Robin Johnson. "The more people that we can teach to be recovery coaches, and have them in the community and available to others, that is just going to snowball. A recovery coach is someone in-between a sponsor and a counselor. They're there to help, depending on the individual's needs - finding out what those needs are, and meeting them there. This is not the first recovery coach training that we've had, but it was the most successful and we've had a better response and incorporated not only chemical addiction, but also gambling addiction."

Throughout the pandemic, the recovery coaches stayed in-touch with each other, with a shared focus and passion of helping their fellow community members, who are battling addiction, attain and maintain a sober and healthy lifestyle. While brainstorming ways on how to reach more people and better service the local recovery community with their newly acquired knowledge and skills, the coaches landed on the idea of opening

"I think that the power of having a physical place, around which to build services, is going to be really transformative for all the work we're doing - we're trying to save lives, trying to get parents back to their kids and rebuild families and communities and stop people from dying."

- Brian Kilgore, Tulalip Tribal Prosecutor

a Recovery Café in the Tulalip-Marysville area.

Since 2004, Recovery Cafés have been popping up throughout the country, after the first café was established in Seattle. The cafés provide a positive environment for those struggling with addiction, and offer an opportunity for addicts to interact with others who share the same goal of getting clean. Participants can also attend group sessions at the café, which ultimately helps individuals create a strong support system for their recovery journey while also assisting others who are on a similar path. Recovery Cafés have also been a safe space for the homeless populations in multiple cities, as they offer warm and dry shelter and a place for people to grab a bite to eat.

With a desire to open up a Recovery Café as soon as possible, the group instantly began planning by scouting locations, designing a logo, raising funds and establishing a dedicated team of professionals to help navigate the process of opening up the café.

Currently, the team consists of those six recovery coaches, as well as Tulalip Tribal Prosecutor Brian Kilgore, Tulalip Recovery Liaison Helen Gobin-Henson, Tulalip ODMAP Social Worker Jackson Nahpi, and Robin Johnson and Sarah Sense-Wilson of the Problem Gambling program. The Tulalip Foundation has also lent their expertise to the project, helping the Recovery Café become a non-profit organization, as well as apply for and obtain grants.

Shortly after announcing the plans to open a Recovery Café locally, the group received a generous anonymous donation to help kick the project off.

"It was a nice surprise, we got a \$25,000 donation, and it showed up in the mail actually," said Nicole Sieminski, Tulalip Foundation Executive Director. "It came with a nice letter from a company that manages private donations. It was a pleasant surprise and I think it will get the Recovery Café off to a good start as we are looking for funding sources and funding opportunities. There's actually funding available through the Recovery Café Network, but part of that funding is contingent on raising other funds. By receiving this anonymous donation, it will allow us to access other additional funding in the near future. All around it is a great benefit and a great help."

While the team continues searching for a space for the Recovery Café, they are also working to establish a board of directors, recruit additional volunteers, finalize the Recovery Café logo and raise more funds. The recovery coaches will also be doing community outreach in the coming months.

If you are interested in helping get this project started and helping people maintain a clean and healthy lifestyle, please contact the Problem Gambling program at (360) 716-4304 for more information.

Said Brian, "I think that the power of having a physical place, around which to build services, is going to be really transformative for all the work we're doing. Government, non-government, volunteers, we're all working the same problem - we're trying to save lives, trying to get parents back to their kids and rebuild families and communities and stop people from dying, but we just haven't had a physical place to do it. I'm really excited about this group of people. I think that they're going to go out into the community and they're going to create a physical space where people can come in and get wraparound support and services."

New year, new goals, same us

By Shaelyn Hood

Towards the end of every year, it becomes a time of reflection, what all we have accomplished, exciting events in our lives, and maybe some challenges we endured. The next day, the New Year reigns and brings opportunities for people to have a fresh start, to reinvent themselves, and create better and healthier habits. Historically, the most common trend is New Year's resolutions.

About 4000 years ago, the ancient Babylonians were the first people to start New Year's resolutions. During that time, it was a 12-

day religious festival that incorporated promises to the gods to pay off debts, return things they had borrowed, etc. And in return if the Babylonians followed through on their promises, the gods would bless them with good crops, and bestow favors on them.

The modern-day version is less about praying to the gods, and more about setting up personal endeavors and a time to start over and pursue new habits. Some of the most common New Year's resolutions include exercising more, saving money, paying off debt, losing weight, spending more time

with family, traveling more, and reducing stress. According to the Statistic Brain Research Institute, 45% of Americans make New Year's resolutions. However, only 8% of those people achieve their goals.

So, if almost half of the country sets these resolutions, why do only 8% achieve them? In a 2021 article from Business Insider, psychotherapist Jonathan Alpert talked about three reasons why it may be hard for people to follow through on their goals; Your resolution isn't specific enough. You must be able to mark your progress, or else it becomes hard to stay motivated. Therefore, if your goal is to lose weight, make milestones of weight you'd like to lose by certain dates and timeframes.

Secondly, you aren't framing your goal in a positive manner. If you're making a goal to stop doing something, it becomes a shameful message to yourself. It becomes something you're avoiding rather than creating a positive focal point on what you'd like to accomplish. Lastly, your resolution isn't about you. Alpert said, "So often, people seem to be influenced by their friends, their family, what they see in society." Rather than trying to fulfill expectations of others, remember that these goals are about you and your life.

Setting resolutions/goals for ourselves are important because it is an essential tool that we can use on a personal and professional

level. Setting goals are linked with higher motivation, self-esteem, self-confidence, and autonomy. It gives meaning to our every-day lives and creates a vision for what we would like for our lives to look like. And though New Year's is typically the time where people like to set goals, everyone is capable of setting goals at any point in their life.

So where do we start?

- Imagine the results you want to see. Visualize the time and effort it will take to reach that result, and do you think it is worth it?
- Utilize the SMART method for creating your goals. S- Specific, M- Measurable, A- Attainable, R-Realistic, T-Time-bound
- Write down your goals. Statistics show that when you write down your goal, they become more tangible, rather than an indistinct thought. You can also place the written goal somewhere you can see it every day, as a daily reminder of what you are aiming for
- Create a plan or a roadmap to your goal. Every goal has micro-steps and milestones that lead up to it. The more you understand what steps you need to take and the action route that you must follow, the more broken down your goal is and easier it is to digest and move towards. If you aren't sure about

how to create this, you can also utilize resources and experts to assist you

- Create a timeline. Once you understand the steps and milestones your goals require, create a deadline for each of them. It creates a sense of urgency and keeps you moving in a forward direction
- Pull the trigger. Now that you set yourself up for success, dive into the deep end. The sooner you start, the sooner you will reach your goal
- Don't be afraid to re-evaluate and assess your progress. Check in on your progress, throughout your timeline. If you're falling behind, you'll be able to assess where you need to catch up. If you're moving in the right direction, you will feel re-motivated and work even harder to finish out your goal

Some Tulalip tribal departments and staff have already set out their goals for the new year.

The Higher Education Department said their goals included increasing enrollment, seeking more internship opportunities with some of the tribal departments, reaching out to more tribal colleges, and creating more educational programs for the membership.

The Problem Gambling

Program will work to increase knowledge on Gambling Disorder behavior and reach community members interested in addressing their own issues with gambling or a loved one's issues related to gambling behavior. They hope to continue to partner and collaborate with other departments in effort to strengthen outreach to the community. They also would like to continue expanding and developing their expertise with Gaming and Social Media addiction to best support youth, parents and families experiencing negative consequences related to screen activity.

The Tulalip Tribal Court plans are to merge into in-person hearings for all case types, and resume jury trials.

The Youth & Family Enrichment Department plans to bring our youth and community together in a safe and productive manner. They would love to bring in more family-based programs, along with cultural, health & fitness programs. They plan on offering various sports conditioning, a variety of sporting competitions, the Get Drugs Off Our Rez car parade, the Autism Awareness car parade, monthly Coastal Jams, various sports leagues, Youth Awareness Talking Circles, different arts and crafts programs, in school and after school programs, and various other events within covid 19 guidelines.

With 2022, let's make it our year. Share your goals, spread



Snowy Tulalip Bay photo by Niki Cleary

Damming the West:

Northwest tribes battle the legacy of energy colonization



Celilo Falls before the construction of the Dalles Dam. Photo by the Yakima Herald.

By Rae Rose of *Last Real Indians*

“The Indian will be allowed to take fish. . . at the usual fishing places and this promise will be kept by the Americans as long as the sun shines, as long as the mountains stand, and as long as the rivers run.” Treaty of Walla Walla, June 9th, 1855, spoken by Isaac Ingalls Stevens

One hundred years later, after the Treaty of Walla Walla was signed, tribes watched their sacred rivers and waterfalls being dammed one

after another. The fishing wars had begun as the American government tried to take away treaty rights from Northwest tribes.

Today, the fish are dying and no longer able to return home navigating through mass pollution, warming waters and massive dams that block their only way home to spawn. Spawning grounds have been built over. Many of the great forests have been clear-cut, destroying precious spawning grounds. Another broken treaty.

Here, in the Northwest, short-termed thinking of American policymakers mutilated

and deformed the beautiful Columbia Basin as they pursued the energy needs of the settler colonizers at the expense of Tribal communities and the environment by constructing dam after dam.

President Roosevelt called those who objected to the dam’s construction, short-sighted. He referred to our great rivers as a ‘*national possession*’, disregarding the Tribal communities that lived along these rivers and their treaty rights to fish in those rivers. The ensuing construction of these dams led to mass destruction of habitat, loss of traditional tribal fishing grounds, ones that



Celilo Falls after construction of the Dalles Dam.



Lower Granite Dam, one of the four dams on the Lower Snake River that are driving all remaining Snake River salmon toward extinction. Photo by Chris Jordan-Bloch/ EarthJustice.

were promised in treaties. It was sold to the American public as progress. Anyone who spoke against destruction caused by the dams were labeled as unpatriotic by America pro-dam policymakers.

Mother Earth, a living, breathing planet, her life allows us to live, yet to a small, but powerful, corrupt few who see the disfigurement and destruction of Mother Earth as progress. To me, any disfigurement or destruction of our beautiful planet can only be seen as reckless destruction of our children's future. This idea of 'progress' at the expense of destroying the planet, is achieved by the direct manipulation of the American public through the spread of mis-information by energy companies and their government puppets.

Behind the propaganda, lies the underlying true cost of America's industrial "progress." The destruction and the death of our beautiful river systems, loss of plant and animal species, loss of tribal lands and broken treaty agreements. These dams leave a legacy that speaks volumes for their cruel disregard for the original peoples, the land, our waters, and certainly our other animal and plant relatives. What strikes me as the saddest fact, is it also speaks volumes to pro-dam backers' blatant disregard of their own children. They don't care if anyone, including

their own children and grandchildren, have clean water, food, or a living planet to live upon.

Addressing the legacy of dams

In NOVA's Planet Earth the Undamming of America by Anna Lieb, Frank Magilligan, a professor of geography at Dartmouth College explains. *"Over 3 million miles of rivers and streams have been etched into the geology of the United States, and many of those rivers flow into and over somewhere between 80,000 and two million dams. 'We as a nation have been building, on average, one dam per day since the signing of the Declaration of Independence,'"*

The first peoples, who have lived in these lands since time immemorial, have a history of co-existing with the land and waters. We lived, hunted, worked, and navigated the mighty rivers, forests, hills, and valleys. It frustrates me that there are people who use clean water, who eat food that is grown from the land, but advocate for destroying and depleting our precious, finite resources. It hurts me because these are the same people who seem to hate and ridicule those of us who do cherish the waters and land. I have never understood why they hate us for loving the land that also cares for their loved ones too.

As a guest in the lands of

the Coast Salish people of the Pacific Northwest, I have seen elders speak to the loss, the death, and the desecration of land and water by the corrupt mentality of 'progress'. These brave elders talk about what was once there, how life once was, and the heartbreaking loss when it was stolen away.

In speaking about the damage done after the loss of Celilo Falls, Elmer Crow, Nez Perce had this to say in the Damnation documentary. *"Celilo Falls is gone. I knew what was there, and I knew what they had done. The wind changed because of the flat surfaces coming up the Columbia, the temperatures of the water changed. The dead water makes it harder for the fish. It means nothing to me. All it means is what they took away. What these dams have done; they completely tore my country apart".*

In speaking with elders from Coast Salish tribes, I have heard over and over again how the health of the people, the salmon, our land and our waters are all connected. Each important in their own right, but always a reflection of one another. If the salmon are suffering, so are the people. When the waters are cut off and polluted you will see it reflected in the lives and health of the people, of the salmon. We are all related, never separate, always connected.

It is indisputable that dams have damaged habitat placing natural fish runs and animal habitats in danger. Over 80,000 dams have altered or completely destroyed Indian Country. Each dam should be reconsidered, re-evaluated and removed. We have no excuse not to re-evaluate these invasive and costly structures. There is enough solar, wind, and other new clean renewable energy sources to create real energy needs solutions. It is inexcusable to not reconsider each, and every dam built in America.

While there are numerous dams throughout the Northwest, there are specific dams we need to address, ones that are causing more harm. This article targets four dams on the Snake River. The Little Goose, the Lower Monumental, the Lower Granite, and the Ice Harbor dams.

The Columbia Riverkeepers are working to save the Snake River, revitalize the salmon runs, while building a better economy for the surrounding communities. They reached out to Last Real Indians to help advocate for the removal of the Little Goose, Lower Monumental, the Lower Granite, and the Ice Harbor Dams. The Columbia Riverkeepers are a collective of tribes, activists, and professionals who have all come together for a healthy river system and a return of our salmon.

Continued on next page



Tribes and supports hold 'Free the Snake' flotilla to protest Snake River dams.

Photo. by Idaho Rivers United

In an Interview with Miles Johnson, attorney for Columbia Riverkeeper, he admits that there is a lot of information to process when you are talking about the large-scale energy companies. Taking down all dams is not immediately possible and that is not their goal. Columbia Riverkeeper is asking for the removal of the above-named dams on the Snake River.

In their efforts to remove the dams, Johnson is adamant that Columbia Riverkeeper is taking into consideration all populations living alongside or by the Snake and Columbia rivers. Columbia Riverkeeper envisions subsidies for farmers, hope for commercial growth, and economic stimulus, the return of tourism, all alongside the return of our rivers and salmon.

These four dams are all over 100ft high making it virtually impossible for salmon to maneuver home to their spawning grounds. These dams besides being no longer needed are taking away taxpayer's money from our communities and the programs we need to survive. The water does not flow, locked up

behind concrete gates the water dies. When the water dies, so do the fishing, and recreational boating, kayaking, that go along with healthy waterways.

It is a simple truth, the blood in our bodies circulates to maintain healthy tissue and muscle while cleaning and disposing of waste. Mother Earth's system of rivers is much like the blood in our bodies. When our blood is unable to flow tissue dies and you risk losing that part of your body, or even death. When the blood of our Mother Earth dies or is forcefully pooled, the land and life surrounding that dead body of water are also lost to us.

The first study, Lower Snake River Feasibility Study, cost taxpayers 35 million dollars and was done by the Army Engineering Corporation. It highlighted the fact these four dams only produce 4% of the electricity used in the Pacific Northwest in the spring. This 4% is easily replaceable using wind and solar resources, resources that constantly renew without any harm to the environment, economy, or habitat. Jim Waddel, former Army Corp. Engi-

neer lost his job to blow the whistle on this study's findings.

The second study was done by an independent source, the Lower Snake River energy replacement study. This study also shows the inefficiency of keeping these dams in place. Just the tax dollars for its upkeep would go a long way to revitalizing the communities by the Snake River. I could find no reason in either study to keep these dams operating.

Both studies found the dams to cause detrimental harm to salmon habitat, and to the outlying economies, while not even producing enough energy to be necessary or in any way beneficial. Washington and Oregon taxpayers are footing the bill for these dams upkeep, but we are not receiving any benefits for the money taken. The cost is too much. It is a waste of taxes to continue paying into these outdated and unnecessary relics of "progress" at the cost of environment, habitat, and restoration of our Mother Earth's beautiful river systems.

There is so much propaganda and deliberate manipulation of

the facts, it is hard to wade through all the information to finally get to the simple and honest facts regarding these four dams. The first misleading fact comes from the Bonneville Energy Company. As soon as you open their website, the first thing you will see is a picture of a dam with big bold words stating "NATIONAL HYDROPOWER DAY!" above this reads, "Half of the region's power comes from hydropower," beside it, "HYDROPOWER FLOWS HERE."

To someone like me, before researching this issue, this ad makes dams look pretty "damn" good. "More than half of the hydropower generated in the region is made by federal dams and marketed by Bonneville Power Administration." In the first paragraph Bonneville Power admits this is a business and much like Puget Sound Energy and Seattle City Light, they are harnessing our natural resources, using our tax dollars to pay for and to maintain, for these power companies to monopolize and to profit from.

Our rivers, the extinction of wildlife are all resources that have

been perverted by power companies to control outcomes, profit from natural resources, and justify their destruction of natural habitat. It is a man-made disaster; we have to correct these mistakes before it is too late.

The areas of dead water, near-extinct species, and the amount of taxpayers' dollars wasted should be enough to relook at and rethink our current energy crisis. Big energy companies like Bonneville Power Company, Puget Sound Energy, and Seattle City Light tell consumers there are no other natural solutions. They put millions into making the public believe our only choices are to rape our Mother Earth for fossil fuels or to disfigure Our precious Mother Earth for hydropower.

Even beyond the moral issues, switching to renewable non-invasive power solutions is more efficient for long-term stability. These dams are not solutions, they do not produce enough power to even be considered necessary. These four dams being marketed as clean renewable energy is misleading and irresponsible.

Crippling our planet and downplaying the importance of nat-

ural habitat creates dangerous illusions. Even beyond the fact that it is wrong, detrimental, and divisive, it is taking away from every American citizen and all of our generation's right to a future. Not to mention it is only feeding an already corrupt existing system of power and wealth monopolies for the few at the cost of us, the many.

Columbia Riverkeeper is fighting to remove these 4 ineffective and environmentally harmful dams. More importantly, the National Congress of the American Indians and the Affiliated Tribes of Northwest Indians also support comprehensive legislation to remove these dams for the greater good.

Miles Johnson, attorney for Columbia Riverkeeper, was kind enough to speak with me about the dams, what they are trying to restore, and why it is important. He estimates before the dams were built there were 10 to 15 million salmon returned to the Columbia River basin every year. You could hear the salmon from the shore. There were so many. The salmon created an economy for Native and then non-native settlers, the communities thrived when the rivers ran free.

Miles continues to tell me about the loss of pink salmon in the Columbia River entirely, beloved rivers, great falls all gone. In less than a century of damming our waterways, we have cut off, and we have destroyed great areas of habitat necessary for salmon, trout, steelhead, and countless other species to thrive. To Native Americans who have been here since time immemorial, these rivers and falls are sacred. The blood of a mother who has provided and cared for them always. To see the damage inflicted upon mother earth is the same as watching a loved one maimed, tortured, and injured for no reason.

Even beyond the love for our lands and waters lies a brazen truth. Taking down these four dams will allow the Snake River to heal. A beautiful and powerful river flowing free will attract tourists creating an economy to help the communities around the Snake and Columbia Rivers to prosper. As the river heals the fish and wildlife will return creating opportunities for fisheries to reopen, family farms will also be able to prosper from returning tourists.

We have also seen several

dams removed successfully. It has been a powerful testament to the natural world's ability to heal and persevere. *"I got to watch what happens when a river gets its teeth into a dam, and in about an hour, I saw what would otherwise be about 10,000 years of river evolution."* Grant a hydrologist spoke about what happened after the Marmot Dam was removed in the Undamming of America article

We have seen the recovery of nature, habitat, and the return of salmon. To me, who fell into this research on a request, it is a simple solution we owe to our Mother Earth, the fish, wildlife, and to our future generations.

Something we need to address dam by dam. We also need to push for new power companies to stop the monopoly of power by big business companies like Bonneville Power Company, Puget Sound Energy, and Seattle City Light. Instead, I would love to see community organizations led by diverse community groups bring forward large-scale conversion operations to revitalize long-term energy changes especially centering on wind and solar-powered solutions.

BAGS-TO-BENCHES PROGRAM

Help us reach our goal to recycle 500lbs of plastic bags for a new bench at the Stan Jones Retirement Home

Drop bags off before February 2, 2022!
2nd floor of the Admin Building or the Senior Center
Monday-Friday, 6:00AM-4:30PM

This will save thousands of pounds of plastic from reaching our oceans and landfills. So save your shopping bags, bread bags, wrapping around your bottled water and drinks, used (dry and clean) Ziploc bags, shrink wrap, and other soft plastics. You would be surprised how much you have around your home.



Give blood.

Every 2 seconds someone
in the U.S. needs blood.

American Red Cross



Blood Drive **Tulalip Tribes**

Dining Hall
4032 76th PI NW
Tulalip, WA

Thursday, January 20, 2022
10:00 a.m. to 3:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767)
or visit RedCrossBlood.org and enter: TulalipTribes
to schedule an appointment.



Scan to be directed to
RapidPass®



Scan to schedule
an appointment.

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

©2016 The American National Red Cross

[253] - Order ID: 1283784 - Item ID: 5520176 - Qty: 1 of 1 - 021409249 - AR21 - 218899

Vitamin D could help against Covid-19 and much more!

One study found that **41% of Americans are Vitamin D deficient**. There is typically no obvious signs when people are Vitamin D deficient. Typically you can only tell for sure if you get a blood test from a doctor. Having enough Vitamin D has been shown to **help with** different **chronic diseases** and possibly **Covid-19 symptoms**! It's got no downsides if you eat an appropriate amount!

Covid-19

Vitamin D certainly won't cure or prevent Covid-19 but it has been associated with possibly helping the body reduce the severity of symptoms if you aren't Vitamin D deficient. So it could reduce the chances of symptoms like lung damage and death if you aren't Vitamin D deficient. It also helps in other ways!

European Journal of Nutrition (EUR J NUTR), Jun2021; 60(4): 2249-2257. (9p)

Vitamin D is required for strong bones. Deficiency is usually associated with bone diseases like rickets (soft/deformed bones). But low blood levels of the vitamin have also been associated increased risk of death from cardiovascular disease, cognitive impairment in older adults, severe asthma in children, and cancer.

Bone and Body

Ideas for increasing your Vitamin D

Here are some ideas for increasing your Vitamin D intake. Eat more Fatty fish (like tuna, mackerel, and salmon), Foods fortified with vitamin D (like dairy products and some cereals), beef liver, cheese and egg yolks. Also, taking an age appropriate multivitamins with Vitamin D. Have at least 600 IU of Vitamin D a day and 800 if you're older than 70 years old. 5 to 15 minutes and up to 30 minutes if you're dark-skinned of sun exposure a day is recommended for your body to make its own Vitamin D.

Looking for more ideas? If you are registered at the Tulalip Health Clinic, you can meet with a dietitian for any nutrition related issues or questions. You can call the main line at (360) 716-4511 and set up your appointment.

Boys & Girls Clubs of Snohomish County Tribal Fundraising Event Coordinator

FSLA Status: Exempt

Salary Range: \$50-\$65,000 Depending on experience

Reports To: Director of Tribal Fundraising

Primary Function/ Position Summary:

- This position will train in all aspects of Tribal fundraising events during 2022 with the current Tribal Fundraising Director and Special Events Coordinator.
- Responsible for establishing and maintaining positive funding relationships with Native American Tribe representatives and local tribe vendors/ businesses for financial support for certain Native American Clubs.
- Maintain and expand on our proven track record of securing existing, new sponsorships and event attendees. Recruit and organize tribal volunteers for event support, and other gifts through local tribe vendors, and community. In 2021, our events raised the following: Lummi Auction \$315,000, Lummi Golf \$120,000, Tulalip Auction \$350,000, Tulalip Golf \$ 285,000. Total \$1,000,070. Future club sites for fundraising may include Spokane & Swinomish.
- Ensure donor data, sponsor invoices, acknowledgement for event donors, using Raiser's Edge software.
- Identify/engage event attendees and sponsors for future support. Submit regular income reports to Resource Development Director and Tribal representative.
- Promote Boys & Girls Club mission and club services to tribal representatives. Work with tribal club director and tribal representatives in fundraising events.

Key Roles, (Essential Job Responsibilities)

- Immerse in Native American tribal culture to build trust and support for local tribal Boys & Girls Clubs.
- Provide support to tribal representatives and club directors to achieve events income goals.
- Update annual sponsorship materials, cata-

logues and event calendar for securing repeat and new donors for sponsorships and "fund a need".

- Work with sponsors to ensure full house at events. Ensure sponsors receive all advertised benefits.
- Through relationship building, identify event supporters to Resource Development Director who have capacity for higher giving.
- Secure event venues, auctioneer, auction packages, volunteers, menu, decorations, table assignments, "day of" program schedule, mission video, invoicing and proper donor acknowledgement.
- Secure tribal volunteers for event set-up, guest relationships, teardown.
- Educate donors/ sponsors on opportunities to engage in events. Volunteer committees, auction items, inviting others, fund a need.
- Strengthen donor connection to mission through Club tours, personal visits, calls, correspondence, printed materials, social media, web-site.
- Ensure that donor information is entered in Raiser's Edge database.
- Ensure event financial recaps are shared with Resource Development Director and Tribal Council representatives.
- Ensure the Boys & Girls Club brand is protected.

Relationships:

Internal: Maintain timely oral and written contact with Resource Development Director, Tribal Council Representative, and volunteers to provide event progress reports.

External: Maintain oral and written contact with Native American tribe representatives, businesses that support special events and tribal media.

Skills/Knowledge/Experience Preferred:

- Strong understanding and experience working with Native American Culture and tribal leadership structure.
- A minimum of three years proven track record of success in the field of fundraising or sales, building donor relationships, special events, sponsorships, data management, recruitment and management of volunteers.
- Successful teamwork experience, organiza-

tion and customer service skills.

- Excellent oral, written and technology skills including Microsoft Suite, database systems, and Google platform.
- Successfully pass a drug test and criminal background check.
- Valid driver's license with good driving record, consistent access to
- a vehicle in good working condition, with appropriate insurance coverage.

Physical Requirements/ Work Environment:

- Ability to work alone, self-direct, in a home, virtual or traditional work office.
- Ability to clearly and concisely exchange/ receive ideas, define problems, technical information. Ability to lead tours in club buildings. May occasionally lift and/or move up to 25 pounds. Travel away from office to clubs, donors or other venues within or outside county is required.
- Native American tribal lands, noisy working conditions at events, multiple tasks. Work schedule may sometimes include early mornings, late evenings or some weekends tied to prepping for and working at special events, accommodating donor meetings, and hitting deadlines.
- Must be able to maintain confidential donor information and act with integrity and professionalism in representing organization core values. Patience and ability to work calmly under pressure. Conflict management working with a variety of personalities and temperaments.

Progress review: Progress/ performance will be reviewed at 60 days, 90 days, then on an annual basis, with supervisor and department head.

Disclaimer: The information presented indicates the general nature and level of work expected of employees in this classification. It is not designed to contain, or be interpreted as, a comprehensive inventory of all duties, responsibilities, qualifications and objectives required of employees assigned to this job.

Open until filled

Email resume and cover letter to Ken Salem at ksalem@bgcsc.org

Court notices

TUL-CV-YG-2021-0349 and TUL-CV-YG-2021-0350 and TUL-CV-YG-2021-0351; SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: M. N. P. P. and In re the Guardianship of A. M. N. P. and In re the Guardianship of K. N-A. P. TO: MELINDA LOUISE K. K. NAPEAHI: YOU ARE HEREBY NOTIFIED that three Youth Guardianship actions were filed in the above-entitled Court pursuant to TTC 4.05 regarding the three above mentioned youths. You are hereby summoned to appear and defend regarding the above entitled actions at a hearing on Tuesday, February 8, 2022 at 11:00 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 18, 2021.



Brian Angelo Bill

Butter was born on October 2nd, 1963 in Bellingham, Washington to Joseph D. Bill and Geraldine Bill. Brian went to Ferndale and then, Chemawa Indian school Salem, OR. where he graduated. He played football, baseball and basketball. He also, coached the football team. He was a fancy dancer. He sang with the Eagle Mountain singers. He was a fisherman and sained with the fisherman's in Bellingham and Alaska. He worked at Trident seafoods. He also, worked for the Tulalip Utilities for 15 years and became a supervisor. He loved

Boom city. He worked with Dizzy and soon became a stand owner, known as "Rolling Thunder".

Butter was well respected throughout Indian country in United States and Canada. He was a leader in the Smokehouse. He leaves behind his BH family and BH children.

He leaves behind the love of his life of 30 years Stephanie Williams. His daughters Chelsie and Jesilyn Bill. His son's he took in as his own Alex, Michael Jimenez and Jordan Solomon.

He leaves behind his sister's Inez Bill, Jolene Bill and Kristy Bill-Solomon.

Proceeded in death by his beloved parents Joseph A. Bill of Lummi, Geraldine Bill of Tulalip (Tom). Brother: Joseph A. Bill. Sisters: Donna J. Houle, Kathy G. Bill, Miriam J. Bill. Nieces: Margianne Solomon and Chenoeh Bill. Nephew: Joe-Joe Bill. Grand neice: Donna L. Bill-Tom.

A celebration of his life was held Monday, January 3, 2021 at 10:00 AM at the Tulalip Gathering Hall with burial following at Mission Beach Cemetery. Arrangements entrusted to Schaefer-Shipman Funeral Home.

2022 Tribal Court Warrant Quashes

Submitted by Wendy Church, Court Clerk's Office Manager

If you have a warrant for your arrest on the Tulalip Reservation, you may be able to quash your warrant.

Warrants are issued because you failed to appear at your hearing, or there was a criminal complaint filed against you, also if you have failed to comply with a court order, such as having a probation violation or a missed urinalysis. You may be able to quash old warrants and get a new hearing date.

Warrant Quash hearings are held on WEDNESDAYS & FRIDAYS for 2022:

Warrant Quash Calendar:

9:00 am on Wednesdays and 9 am on Fridays

Join the Warrant Quash Calendar by downloading the GoToMeeting software by following steps below:

1. Get App: <http://global.gotomeeting.com/install/300671213>
2. Join meeting on computer, tablet or smartphone: <https://global.gotomeeting.com/join/300671213>

Or phone into Warrant Quash Calendar by following steps below:

1. Dial in using phone: 1(571)317-3122
2. Enter Access Code: 300-671-213

For first time warrant quash, there is no charge. However, for subsequent warrant quashes you could be charged anywhere from \$25 to \$75 dollars. The police, prosecution, and probation are then notified that you came to the court to quash your warrant. It is advised to please keep your warrant quash paperwork on you for at least one week.

The Tribal Court encourages you to come in to quash your warrant.

If you have questions regarding warrant quashes, you can call the Tribal Court Anna M. Moses Clerk's Office at 360 / 716-4773.



TUL-CV-YI-2021-0647. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: M. J. C. M. TO: FEATHER KIA MEDINA and ROY EARNES-TO MANSON, JR.: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend at an Adjudicatory Hearing regarding the above entitled action on FEBRUARY 22, 2022, at 2:30 P.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 18, 2021.

TUL-CV-YG-2021-0383. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: E. X. F. TO: DANIELLE D.D.K. FRYBERG and MATTHEW EDDY PABLO : YOU ARE HEREBY NOTIFIED that a Youth Guardianship action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Tuesday, February 8, 2022 at 10:30 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 18, 2021.

TUL-CV-YI-2021-0545. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: L. L. K.-L. TO: JAMACIA FAYE KEELINE and BRANDON ANTHONY LLOYD: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a Paternity Hearing and Status Review Hearing on TUESDAY, January 25, 2022, at 9:30 a.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: December 4, 2021.

MSD I HAVE A DREAM MULTICULTURAL FESTIVAL

JANUARY 15, 2022

11 AM - 2 PM

@ LEGACY HIGH SCHOOL/
MTC CAMPUS



Join us for a special event on Saturday, January 15, 11:00 am - 2:00 pm! The Marysville School District is hosting the first annual "I Have a Dream Multicultural Festival" at the Marysville Tulalip Campus located at 7204 27th Ave NE, Tulalip, WA 98271.

To honor the dream of Dr. Martin Luther King Jr., we are hosting this Multicultural Festival to highlight the many cultures within Marysville and Tulalip. We would like to offer a space for families, classes, students, staff and/or school clubs to create a display. These displays can represent cultures or countries, or be specific to the club. These displays can be, but are not limited to, things like art work, regalia, regional dishes (to display, not share), games, music, traditional dances, and more.

Tables and chairs will be provided, we just ask that you bring your own materials for your table and be present at your organization's table the full time of the event. You are welcome to bring a tent. There is limited access to power.

Click [HERE](https://bit.ly/MSDMulticulturalFestival) to register for a table, copy this URL into your browser: <https://bit.ly/MSDMulticulturalFestival> or scan the QR code on your smartphone. Questions? Email christopher_mcleod@msd25.org or call (360) 965-0018.



MARYSVILLE SCHOOL DISTRICT
Engage. Inspire. Prepare

