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syəcəb

Volume 42 No. 10

Saturday March 12, 2022

(Tulalip See-Yaht-Sub)

**Stephen Morris shares life-changing Covid experience**



See **Morris**, page 6

PRSRT STD  
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**Tulalip Tribes**  
6406 Marine Drive  
Tulalip, WA 98271

## Indigenous Beginnings brings the culture to the people



See **Indigenous Beginnings**, page 3



EVERYONE WELCOME!

# ROUND DANCE & COASTAL JAM

Wednesday, March 30th

Totem Middle School

5:00-7:00pm

FOR MORE INFORMATION: [terrance\\_sabbas@msvl.k12.wa.us](mailto:terrance_sabbas@msvl.k12.wa.us) or [marc\\_robinson@msvl.k12.wa.us](mailto:marc_robinson@msvl.k12.wa.us)

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

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Volume 42, No. 10, March 12, 2022  
Published once-a week with special issues by:  
Tulalip Media & Marketing  
6406 Marine Drive, Tulalip, WA 98271  
360-716-4200; fax 360-716-0621  
email: [editor@tulaliptribes-nsn.gov](mailto:editor@tulaliptribes-nsn.gov)  
Deadline for contribution is Monday, with publication on the following Saturday.

In memoriam:  
Frank F. Madison, 1923-2002  
Sherrill Guydelkon, 1945-2008



**TULALIP TV**

[www.tulalip.tv](http://www.tulalip.tv)

For program scheduling, visit:  
<http://www.tulalip.tv/tulalip-tv-schedule/>

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418 Drawing date has been set for Wednesday, March 30<sup>th</sup>, 2022 at 5:00pm. Where, at the Tulalip Administration Building on the 2<sup>nd</sup> floor lunch room area.

To qualify for the drawing, you will need to be present at the meeting. This is also open to Tulalip Tribal Member hunters who have been issued a Nooksack Elk Permit in previous years.

- Tribal member will need - Tulalip Tribal ID.
- Tribal member can only enter one time
- Tribal members may only choose one box.
  - ☐ Veteran
  - ☐ Elder (62 or older)
  - ☐ General (18 or older)

If you have any questions you can call  
Jason Gobin at (360) 716-4595



**Fish Commission Meetings**  
**Open Meetings 2022, All Fish Commission Meetings are scheduled to meet at the Tulalip Marina- Fish Commission Meeting room**

Tulalip Marina  
7411 Totem Beach Rd.  
Tulalip WA. 98271



Fish Commission Meetings are open to any Tulalip Tribal member that is interested in attending. These meetings are scheduled monthly, the first and third Tuesday of every Month. If a meeting is canceled a text will be sent out by Nixle along with a Facebook post on the Tulalip Commercial Fishers, Tulalip Tribal Member Only and Tulalip Tribal Member UC. A Nixle is a form of communication that is sent out via text to notify Tulalip Tribal Fisherman; Fishing Regulations, Fish Commission Meetings, and other important announcements in regards to the Tulalip Marina. To receive this information that is communicated via Nixle, please contact Amanda J. Shelton, by calling her office number (360) 716-4625 or Work Cell number may be called or text (360) 913-1274 to be signed up. Amanda is located at the Tulalip Marina Office. You will need a Tribal ID#, full legal name, working cell phone number, and e-mail. *(email address is optional)*

**Meeting Dates**

**March (2022)**

Tuesday 15<sup>th</sup> (Divers Meeting)  
Sunday 27<sup>TH</sup> (Blessing of the Fleet)

**April (2022)**

Tuesday 5<sup>th</sup>  
Tuesday 19<sup>th</sup>

**May (2022)**

Tuesday 3<sup>rd</sup>  
Tuesday 17<sup>th</sup>

**June (2022)**

Tuesday 7<sup>th</sup>  
Tuesday 21<sup>st</sup>

**July (2022)**

Tuesday 5<sup>th</sup>  
Tuesday 19<sup>th</sup>

**August (2022)**

Tuesday 2<sup>nd</sup>  
Tuesday 16<sup>th</sup>

**September (2022)**

Tuesday 6<sup>th</sup>  
Tuesday 20<sup>th</sup>

**October (2022)**

Tuesday 4<sup>th</sup>  
Tuesday 18<sup>th</sup>

**November (2022)**

Tuesday 1<sup>st</sup>  
Tuesday 15<sup>th</sup>

**December (2022)**

Tuesday 6<sup>th</sup>  
Tuesday 20<sup>th</sup>

**Indigenous Beginnings from front page**

By Calvin Valdillez

Across the land, and within each tribe, many Native Americans are fortunate and blessed to grow up surrounded by the culture. Learning the ways of our ancestors who came before us, tribal members are often gifted knowledge at numerous intervals throughout our lives, whether that be our traditional languages, the importance of ceremony, or how to live and thrive of the land, several teachings are passed through the generations. Countless tribal members develop a strong cultural identity at a young age, and that foundation helps keep our way of life alive and is in-turn taught to the future leaders – a beautiful cycle. Which is amazing considering that our traditions were once outlawed with the intention of being completely erased and stripped away during the era of forced assimilation.

However, there is a percentage

of Natives who aren't raised within the culture, especially in today's modern society. Maybe they grow-up away from their homelands, and only visit their reservations every so often. Or perhaps, with the everyday hustle, their families can't attend local cultural happenings as often as they would like. And of course, there are those who simply haven't gravitated to their traditional lifeways just yet. But that doesn't necessarily mean they do not want to get involved at some point in their lifetime.

For those individuals who are ready to learn their ancestral teachings, where do they begin? How do they attain that foundation, that base of knowledge to the point where they can practice their traditions with confidence in both a group and personal setting, without feeling awkward, embarrassed or looked-down upon? These are common concerns for urban Natives and others who grew up



Continued on next page





outside of the culture, especially at large gatherings when you are expected to just jump-in.

The answer comes in the form of a newly established, non-profit organization called Indigenous Beginnings. Founded by Nooksack tribal member and Tulalip community member, Stephanie Cultee, Indigenous Beginnings hosts a variety of cultural workshops and helps tribal members connect to their traditional lifeways.

“Indigenous Beginnings started after COVID happened,” explained Stephanie. “All the programs were kind of shut down, and I thought that it was possible to host a workshop in a safe environment while still practicing our ways. The organization is geared toward passing down the knowledge, so it stays alive and preserving it. There was a whole generation that couldn’t practice or learn their ways from their grandparents because of the boarding school era. And there are a lot of programs that happen at each tribe, but they are all kind of geared towards the youth, and I always felt left out. What about us who aren’t youth? It would always feel weird to attend those events and programs.”

She continued, “With Indigenous Beginnings, all of our workshops are for all ages. For those older generations who want to learn, they could come and don’t have to feel weird about it. I am from Nooksack and moved down here when I was fifteen. I have three daughters who are Tulalip, and I want them to learn their Tulalip heritage and Nooksack’s as well because they are descendants from Nooksack too. I didn’t know much about my tribe, because I moved away when I was young, and I thought this could be a way that I could teach them, and a way that I can learn as well.”

Officially established in the late summer of 2021, the non-profit has already hosted numerous workshops over the past several months. Over ten in fact, and each project is different, so the participants are always learning something new or receiving a fun and interactive refresher. So far, Indigenous Beginnings has hosted harvesting classes, and gathered devil’s club, fireweed and mountain huckleberries, as well as a number of carving classes where participants crafted canoe paddles, fish sticks and cedar earrings. Other classes included a

two-part beading seminar, a drum making workshop, and a salmon canning lesson.

For their most recent gathering, a stinging nettle harvesting workshop, the organization enlisted Tulalip tribal member Thomas Williams to lead the class. On the frosty morning of March 6, approximately a dozen participants met at a clearing in a nearby forest, a local area known as Arcadia.

After teaching the group Lushootseed words for several local Indigenous plants, Thomas shared, “I arrived early in the morning as the birds were still waking and I prayed for the work we are doing today. Before you start harvesting, I ask that you get yourself in a healthy state of mind and let the plant know that you’re a good person and that you come in a good way. That’s part of why I feel that it doesn’t sting me as much, because I have a relationship with this plant and I’m learning how to protect it.

This is our land, and it’s our responsibility to protect it. If we’re coming here and utilizing the medicine, it’s our responsibility to also use our ability to speak and stick up for these resources. We need your help protecting this area

so that future generations can continue to come here and utilize that medicine.”

Thomas then demonstrated harvesting techniques while informing the participants what and where to look for when harvesting the stinging nettle plant, indicating that they grow in families and can be seen along the tree lines. Equipped with gloves, buckets and a pair of scissors, the group spent two hours scouring Arcadia for stinging nettles and discussed amongst themselves how they would utilize the plant after the day’s bounty was collected. During this time, the group also shared stories, laughter, prayers and songs, providing each other with the medicine of good company while they worked.

“When you harvest nettles, you talk to them and let them know who you are, who your family is, and that you’re there with good intentions,” said young Tulalip tribal member, Kaiser Moses. “You let them know that you care about the plants, and you care about the environments that the plants exist within. This is important to me because it makes good tea, it’s good in stews and it has good practical benefits, but it also connects me to the environment that I exist in. The forests I drive-by every day, I walk in them and have a connection to them. That plays a big part in my life, because I need the grounding that it provides.”

Many participants echoed Kaiser’s sentiment about feeling connected, not only to the culture, but also to the natural world while taking part in the Indigenous Beginnings workshop. Tulalip tribal member Kali Joseph noted that this work is important for our people going forward







and continuing to learn and pass on the knowledge of our ancestors.

Said Kali, “It was so cool, and it was super healing. I felt very connected to the land today. It was an honor to be a part of this. It makes me so thankful for Stephanie’s organization because it brings the culture to the people. This was my first-time harvesting stinging nettle. I’m really looking forward to using the medicine further and maybe making a pesto and dehydrating some for a tea. I know that sometimes it’s hard to get connected to your culture when life is so busy, with work and school and other things. So, just to take some time, where everything is set-up for you, where she facilitates it for you, and your instructor teaches you how to harvest and how to use what you harvest further. I think it’s awesome to be a part of.”

She added, “It’s important,

the work that we do to sustain and revitalize our culture, because as Native people, we have lots of healing to do and I think that we could utilize this type of work to collectively heal. Indigenous Beginnings is thinking about what’s in the best interest for the next seven generations. Everything we do today has a ripple effect down the next seven generations. And since this my first-time learning, and my little sisters first time learning, we’ll be able to pass those teachings on to many generations down the line.”

There are many fun and exciting events and classes planned for Indigenous Beginnings that the people can look forward to over the next couple of months as the weather warms up. In addition to more harvesting workshops, rose hips and more mushrooms are due up next, the non-profit is in the process of coordinating a cedar-

pulling workshop, as well as a cedar weaving lesson.

It is Stephanie’s goal to host workshops on different reservations, in addition to both of her homes at Tulalip and Nooksack, and get other local tribes involved in the organization. She also has aspirations of starting a hiking club, where participants can journey, by foot, through their ancestral homelands. Indigenous Beginnings also commissioned a cedar strip canoe from Canadian Native carver Neil Russell, which should be completed before the end of spring. They will teach participants how to pull the canoe out on the open waters.

Stephanie shared, “I want this to be a model, the framework, so other tribal members can form their own branches of Indigenous Beginnings, like Muckleshoot Indigenous Beginnings workshops.

Or maybe Alaska, because there’s a lot of Alaskan Natives here in Washington and they could start their own. This is also a great way for our teachers to get funding, to compensate them because they are teaching our traditional ways. It’s mind blowing that there are still people who hold that knowledge, those teachings, and we just want to help pass that knowledge on.”

Indigenous Beginnings is currently looking to add a board member to their team who can advocate for the organization, build connections, assist in fund raising opportunities and attend all of their meetings. If you are interested, or if you would like to find out more about the non-profit, please visit their Facebook page for more information.





# Tribal member shares his story of Covid-19 hospitalization, spiritual awakening, and how he's turned his life around

*By Shaelyn Hood; photos courtesy of Stephen Morris.*

As government-ordered Covid-19 restrictions begin to lift, many people begin to look at what the last two years of living through a pandemic has been like. Though many people had different views and perspectives on issues surrounding the virus, one thing is for sure, the virus was complex. Every person shared a different experience and different symptoms, making it difficult for people to really understand it. Regardless, it doesn't take away from the real experiences that people went through who had lost their loved ones to the virus, and the people who had to stay in hospitals, fighting for their lives.

Unfortunately, since the start of the pandemic, over 1,300 tribal members contracted the Covid-19 virus. And of those, 10 of them lost their lives. Though active cases continue to go down, it still remains a concern for some people.

One tribal member who recently came out of hospitalization, came forward to share his story about having Covid-19 and the difficult battle he fought. And how getting the virus ended up being a blessing in disguise.

Stephen Morris is a 45 year-old tribal member, who spent most of his life working as a Project Manager for office buildings; supplying and building cubicles and panel systems. After the loss of his wife in 2012, Morris began to struggle with addiction and drugs and started to lose control of his health and well-being.

In early October 2021, Morris began experiencing symptoms of Covid-19, and as they began to progress further, he ended up admitting himself to Providence Hospital in Everett. What started as Covid-19 quickly turned into a bad case of Pneumonia, and his health took a turn for the worse.

Eventually, Morris was intubated, and put into a medically induced coma. Because visitors



were not allowed during this time, Morris spent most of his time in the hospital by himself. Often his mother, Rosemarie, would Facetime with the nurses. And even though her son couldn't hear her, she would talk with him in an attempt to let him know he wasn't alone.

Morris said "there's a lot that I don't remember. And even though I couldn't hear her, my mom is my hero. She was always there for me and didn't give up on me."

It wasn't until mid-December 2021, after several months on life support, staff began recommending to his family about pulling the plug. It was then that Morris speaks of having a spiritual awakening. While he was in a coma, one of his nieces passed away from an overdose. Not knowing this, he remembers dreaming and speaking with his late-niece, and her insisting it was time for him to wake up. It was then that he

finally opened his eyes.

Morris remembers waking covered in wires and tubes, and the surprised faces of the medical staff around him. He felt delirious and exhausted.

Being on intubation is a double edged sword. It is one of the last attempts to save a human life, but can also be very detrimental to someone's health overall. Those three months took a major toll on Morris' body, and he now partakes in physical therapy, memory loss therapy, and speech therapy. He moved back in with his mother, and has become more aware of his diet and exercise routine.

One of the biggest transformations that came from this situation, is his newly found sobriety. He knew that gaining control of his sobriety would not only affect his recovery from Covid, but also his recovery in life. He now attends meetings every week, and works in a recovery group. His sobriety has created better relationships within his family, and is helping him build a new support system.

Morris claims to have more inspiration to live his life to the fullest, and to give back more than he ever has before, "I have a second chance at life, and I don't want to lose sight of it. I'm relearning to do things I used to take advantage of, like walking and talking. I never miss my meetings, and with the help of the tribe, I'm going to go to a school in Everett so that I can be a nurse and I can help other people."

He went on to talk about how this journey has been a major wakeup call and a blessing for him. He plans on giving back by sharing his story more, and speaking about the dangers of addiction and Covid-19.

If you or someone you know that has concerns or questions revolving Covid-19, or are interested in getting the vaccine, please contact Community Health at (360) 716- 5664. If you are struggling with addiction, please contact Behavioral Health at 360-716-4400.

# Walking through my story part II: Tulalip Problem Gambling program participants share recovery journey during awareness month

By Kalvin Valdillez

As we continue our series with the Tulalip Problem Gambling program during awareness month, Tulalip News sat down with a young woman who wanted to share her story about the dangers of gambling addiction with the community. Jenny, a single parent who grew up locally, discusses the strong grip that gambling had on her life three short years ago, and how the Problem Gambling program helped her turn her life around for the better.

Over the years, the Tulalip Problem Gambling program has been a reliable source to those attempting to put an end to their gambling addiction, helping those in recovery along their healing journey. Since its establishment, the program has served not only members of the Tulalip tribal community, but non-Natives, who are fighting a gambling addiction and live in our neighboring communities as well.

The Problem Gambling Program provides a plan to recovery tailored to each individual's needs while incorporating tribal culture, and a number of fun events and activities throughout the year. Several Problem Gambling participants have experienced a great deal of progress as they worked through the program, alongside individuals who are on a similar journey. Due to all the success stories that are a result of the Tulalip Problem Gambling program, many local tribes are now following their model and building programs on their own reservations to help their membership and fellow community members.

March is an important month for the program as they take part in a nationwide initiative known as Problem Gambling Awareness month. Originally, the campaign began nearly twenty years ago in response to the amount of sports gambling surrounding the NCAA March Madness college basketball tournament.

Trigger warning – Jenny talks about heavy topics in the following Q&A, including suicide contemplation.

**Tulalip News: How did you find out about the Tulalip Problem Gambling program?**

Jenny: Through GA (Gamblers Anonymous).

**Are there a lot of people in the local GA community who have heard about the Problem Gambling program and utilize it?**

I would say no, not a lot of people. The people who told me about it had been in GA for a long period of time and knew about others having success through the program.

**Like you mentioned, there's not many from the local GA community who participate in the Problem Gambling Program, but the people who are in GA that I have spoken to, the program really seemed to help them through that next phase of kicking their habit.**

Yeah, it was something that I got involved in right away in my recovery. I think I heard about it during my first meeting, and then I called within the next day or two. I found that the program is phenomenal. I don't think I would have taken my recovery as seriously without the program, and certainly wouldn't have learned as much as I did without the program. I think that those who are in recovery, GA is a great place to be, but I believe that this program gives you a different level of recovery that everyone should have and experience.

**Can you talk about your story, and how you reached that point to where you needed that extra assistance from GA and the Tulalip Problem Gambling program?**

At the time I was a single mom. I had always worked really hard - just providing for my son. I'm a registered nurse and I've always held down and worked a full-time job; it is kind of stressful at times. I lived by the casino all my life, but I never went into the casino until about seven years ago. And immediately, because it was such a positive experience my first time, it grabbed me. I walked in and spent \$100 and I walked out with \$950. I just was floored, like, what?! And I found in the casino a place to go and just escape from reality and from all of the stressors in my life.

I felt like I could go in there during certain times of the day and just escape - and that's what I did. I think the worst year was when I won forty-one jackpots in one year and I didn't have a dime to account for it. And I owed a lot of money to a lot of different places. I took out of my 401k and lost it. I pretty much hit rock bottom. I had this internal struggle that I wanted to get help, and I wanted to stop, but I couldn't. And I didn't know how to.

I didn't know what GA looked like. I didn't know what recovery looked like. And I

didn't know if I really had a problem, but I felt like I did. I felt alone. It was through the program that I learned so much about me and about why I was gambling. That journey and discovery, was amazing. At one point, at the very end of my gambling, I felt like I needed to try GA and if it didn't work, I already had a plan on how to take my life. And so, to get a glimpse of hope from the Problem Gambling program was phenomenal. The program gave me that everyday hope to help walk me through life on a weekly basis. Now, I am over three years in recovery!

**Congratulations, and we are so happy that you're still here with us.**

Thank you. It's all because Robin is phenomenal and Sarah's phenomenal. I was able to bond with the girls, and even the guys, who were in my program - that definitely helped.

**What were some of the tools that the program provided you with?**

Oh, gosh, so many different tools. Walking through the story is a big one. Anytime I felt like I wanted to go back to gambling, basically they would tell you to kind of walk that out. Every time I went to the casino at the very end, it was destruction. Walking that out helped me. They told you to make a list of things to do if you get bored. And if you wanted to go to the casino, to ban yourself, so I did. That was a huge tool for me to go around and ban myself from all the different casinos. Building my self-confidence up and learning that gambling is an addiction that doesn't discriminate and it's not who I am.

**You mentioned creating bonds with others in the program. I know they hold events throughout the year, were you able to take part in any of those?**

I have gone to the yearly problem gambling dinner that they have every March. And I have taken some recovery coaching classes to become a recovery coach so in the future I could help others who might be struggling and needing some help.

**Why were those bonds important to create?**

Just additional lifelines out there. They're there if you're struggling, you can call them and they know what you're going through, and they can walk you through it. It holds you accountable. If they see that you may be possibly going in the other direction, they can be there for support.

**Can you talk about the dangerous cycle of gambling and what it is like to be caught up in it?**

It's a horrible cycle. You can win a jackpot, but you turn around and give it right back

*Continued on next page*



to the casino. Your paycheck, you can blow it within hours of receiving it. I would win two or three jackpots a night, and I would still walk out empty handed. When you walk out empty handed, you just start beating yourself up, you start the negative talk - that you are so dumb, that you not only just walked away from such and such amount of money and wins, but you also just spent your whole entire paycheck. And how are you going to provide for your son? And how are you going to get gas? How are you going to get food? How are you going to pay your bills?

I would try to go to bed because I had to work the next day or be at work in the next five hours, and I couldn't because I would stress. I would toss and turn and hear the bells go off in my head from the casino. Then the next day would wake up and say, 'well, if I can just go back and get a little bit more money, then I can pay my bills'. It's just this vicious cycle and your mind is always at the casino - when can I go back? When can I try to win my losses? Every chance I could get, I would want to go to the casino.

**In contrast, compared to your life before you took the step to go to GA and then the Problem Gambling program, what is your life like today?**

A life without beating myself up every day. There's no more stress. There is no worry about where am I going to find money to pay my bills. I can make my payments on time. I have a savings account. I've repaired my credit. I have relationships again, because before I would just isolate. I pushed everyone out of my life when I was gambling, and now I actually have healthy relationships.

**Awesome. That's great to hear! Why do you believe it's important that these programs are available and offer that extra support like the Problem Gambling program?** Well, that's just it - for that extra support. I honestly think that the Problem Gambling program helps people be their true self. Not only are you in recovery, but you're learning more about yourself. It's a journey of finding out who you are,

and these counselors are amazing at it. I've never had anyone like Robin in my life before, who just knew me and could tell what I needed. She is pretty amazing.

There's accountability, which I think is important. Like, GA, no one knows if you're going or not. You don't have to have a sponsor. You don't have to go. With the Problem Gambling program there's homework, there's accountability.

**Do you have any words of advice you would like to share with those who need that extra support and could benefit from the Tulalip Problem Gambling program?**

I say do it. It will be worth it. One, it's free. How can you pass up free? And you learn so much about yourself. It was an intensive program that changed my life. For those who don't know about it, I just try to do my part and spread the word as much as possible.

**That is important because sometimes it's almost like problem gambling is not taken as serious as some of the other addictions. What are your feelings on that and your thoughts?**

I wanted to stop gambling for long over a year. I felt hopeless and helpless. And it wasn't just through the 12 steps, it was the Problem Gambling program that helped me get through it. That addiction is just the same as anything else. Addiction is a means of coping. People eat. People drink. People use drugs to cope. And gambling, that's how I coped with life. When everyone talks about addiction, they think it's just alcohol or drugs, but there's so many other addictions.

**I believe that's all the questions I have. I want to thank you for your time and your words,**

**and for helping spread the word about problem gambling! Is there anything else you would like to share with our readers?**

I am thankful just to share my story. In GA, I have found that there are a lot of nurses who gamble, because it's a way to cope. I hope this reaches others and helps them reach out for that extra support if they need it.

Native Americans are at the highest risk of developing a gambling habit. A 2019 study conducted by the National Institute on Alcohol and Related Conditions showed that 2.3% of the entire Indigenous population are currently battling a gambling addiction, one of the highest percentages in the nation. And after a few years of dealing with the global pandemic, that percentage is

unfortunately expected to increase.

The Tulalip Problem Gambling Program will be hosting events throughout Problem Gambling Awareness Month, leading up to an in-person dinner event taking place at Tulalip Resort Casino on March 26<sup>th</sup> at 6:00 p.m.

If you or someone you love is dealing with a gambling addiction, or if you would like to find out more information about Problem Gambling Awareness month, please contact (360) 716-4304.



**TULALIP OFFICE OF  
CIVIL LEGAL AID**

## **DO YOU HAVE CRIMINAL CONVICTIONS OR UNPAID LEGAL FINES THAT ARE KEEPING YOU FROM GETTING HOUSING OR A JOB?**

The TOCLA office is offering a re-entry clinic to expunge criminal convictions and fines from your criminal record.

### **ELIGIBILITY REQUIREMENTS:**

**Must have no current pending charges, charges must be through Washington state courts, federal charges will not be eligible for expungement (Exception: Marijuana charges through Tulalip Tribal Court), and you must qualify for TOCLA services.**

**\*Eligibility to expunge charges is on a case by case basis and is dependent on the severity of the conviction or the status of court obligations relating to the charge (i.e. Community service, unpaid fines, successful completion of probation, etc.).**

### **PROVIDE BEFORE APPOINTMENT:**

WSP Watch report: <https://watch.wsp.wa.gov/>

### **CONTACT INFORMATION:**

**Call the TOCLA Intake Line at 360-716-4512 to see if your charges are eligible for this re-entry clinic.**



2022

# TULALIP DON "PENOKÉ" HATCH YOUTH CENTER MARCH HAPPENINGS

OPEN DAILY



Art Room | Computer Lab | Games Room | Gym  
2:30pm-7pm in addition to programs:

**MON**

Youth Group 3:30pm-4:30pm  
High School Conditioning 4pm-6pm  
YMCA outings 4:30pm-6:30pm

**TUE**

Community Workout 11:30am-1:30pm  
Know Your Rez 3pm-6pm  
Middle School Conditioning 4pm-6pm  
Golfing 4:15-6pm  
Coastal Jam 5pm-7pm

**WED**

Community Workout 11:30am-1:30pm  
Youth Group 3:30pm-4:30pm  
High School Conditioning 4pm-6pm  
Photography 5pm-6pm  
YMCA outing 4:30pm-6:30pm

**THU**

Community Workout 11:30am-1:30pm  
Culture Night 4pm-6pm  
Girls Conditioning 4pm-6pm  
Know Your Rez 3pm-6pm  
Golf 4:15pm-6pm  
Community Workout 6pm-8pm

**FRI**

Neighborhood BBQ 4pm-5:30pm  
Friday Night Lights 6-12th Grade 5:30pm-6:30pm  
Friday Night Lights 18+ 6:30pm-7:30pm

JR Nationals March 11th-13th 2022 8am-10pm  
St. Patricks Day Party on Thursday, March 17th 2022 after school  
Birthday Celebration last Friday of every month

Daily after school meals served at 3pm at Uppy's Kitchen

All programs/events/outings are 6th-12th grade unless otherwise specified.

Main Line: 360.716.4909 Visit Our Website: [www.tulalipyouthservices.com](http://www.tulalipyouthservices.com)





Together We're Better  
**Easter Bunny Run**  
 With Tulalip Bay Fire Dept.  
 & Aunties  
 In Action



**SUNDAY**  
**APRIL 10**  
**1:00 PM**

The gang will be visiting housing developments  
 within the Fire Dept boundaries:

Silver Village  
 Mission Highlands  
 Larry Price Loop/Ezra Hatch

Walter Moses Jr. Dr.  
 Battlecreek  
 Y-site

Info: Malory Simpson 360.913.1424





03/02/2022

To Whom It May Concern,

Tulalip Tribes Alternative Resources is attempting to contact you in regards of your Medicare Part B reimbursement. If you are receiving or want to submit a request to receive a Medicare Part B reimbursement for year 2022 you will need to submit an updated Social Security Letter showing the amount that Social Security is deducting for your Medicare Part B. If you had already submitted this document for year 2022, please disregard this notice. **This will be the final notice. For the members who DO NOT submit an updated document will have their reimbursement stopped at the end of March and it will not resume until we receive an updated document. The deadline to submit this document will be Friday, March 25<sup>th</sup> 2022.**

To qualify for the reimbursement you have to be a Tulalip Tribal Member and showing proof of payment for your Medicare Part B and a copy of your paystub from Membership Distribution. You can submit these documents to Rachay Imholt in Alternative Resources. Alternative Resources is located at The Tulalip Health Clinic in the main lobby. Do not leave any documents showing your personal information on the desk if the worker is not present to receive these documents. Alternative Resources will not be responsible for lost or stolen documents that was placed on a vacant desk. If the worker is not present, please submit this document to front desk registration and **always** ask for a copy.

**Social Security does NOT contact Tulalip Tribes to notify of the changes that were made, it is the client's responsibility to submit the correct documents of the updated changes. If you are no longer paying for Medicare Part B and you are currently receiving Medicare Part B reimbursement you will need to contact Alternative Resources to update your information.**

**If you do not have this document and would like to begin the reimbursement process you will need to contact Social Security to request a copy.**

Sincerely,

Rachay Imholt

Contact Information:

Rachay Imholt

Tel. 360-716-5669

[rimholt@tulaliptribes-nsn.gov](mailto:rimholt@tulaliptribes-nsn.gov)

7520 Totem Beach Rd, Tulalip, WA 98271

SUMMONS BY PUBLICATION TUL-CV-CS-2022-0012, Tulalip Tribal Court, Tulalip WA, TCSP #2623 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. TAH-SHEENA WILLIAMS (DOB: 12/10/87) TO: TAH-SHEENA WILLIAMS: YOU ARE HEREBY NOTIFIED that on January 10, 2022, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for NW, AW, and AW. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on May 2, 2022 at 9:00 AM in Tulalip Tribal Court, via telephonic hearing – call in to 1(872) 240-3311 Access Code: 780-900-077. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 25, 2022.

SUMMONS BY PUBLICATION TUL-CV-CS-2022-0020, Tulalip Tribal Court, Tulalip WA, TCSP #2621 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. Daryl Warbus (DOB 07/16/1986) TO: DARYL WARBUS: YOU ARE HEREBY NOTIFIED that on January 7, 2022, a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for VW. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on April 4, 2022 at 9:00 AM in Tulalip Tribal Court, via telephonic hearing – call in to 1(872) 240-3311 Access Code: 780-900-077. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 12, 2022.

TUL-CV-YI-2022-0036. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: J. J. J.-L. TO: ROSELYNNE N.E.T.B. JONES (AKA ROSELYNNE THEBOY-JONES) and to JOSHUA ANTHONY LLOYD (AKA JOSHUAH LLOYD): YOU ARE BOTH HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05. You are both hereby summoned to appear and defend regarding the above entitled action at an Adjudicatory Hearing on March 15, 2022 at 9:30 A.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you must call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 5, 2022.

Tul-cv-cu-2017-0380. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the custody of: K.K.W and A.I.W.III TO: Cassandra Cree. YOU ARE HEREBY NOTIFIED that a custody action was filed in the above-entitled court pursuant to TTC 4.20.420 (2) (d) regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on April 13, 2022 at 1:00 PM in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, Wa 98271. Should the courtrooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-571-317-3112, access code: 286-262-589. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 19, 2022.

## Court notices

TUL-CV-YI-2021-0230. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: L. D.-I. M. TO: SEAN ALBERT MOSES: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care action was filed in the above-entitled Court pursuant to TTC 4.05 and a Motion for Paternity has been filed in that action. You are hereby summoned to appear and defend regarding the above entitled action at a Paternity Hearing on March 30, 2022 at 2:30 P.M. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to Covid-19 you must call in to your hearing via GoToMeeting, phone number: 1-224-501-3412, access code: 212-638-629.

TUL-CV-CU-2022-0037. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Custody of: D.M. and L.M. TO: SEAN ALBERT MOSES: YOU ARE HEREBY NOTIFIED that a Custody Proceeding was filed in the above-entitled Court pursuant to TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on March 30, 2022, at 2:30 p.m. in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. Should the Court rooms be closed due to covid-19 you should call in to your hearing via GoToMeeting, phone number: 1-872-240-3311, access code: 419-454-381. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: February 12, 2022.





# IEPC COMMUNITY MEETING

## K-12 Spring Recognition Night

**Thursday, March 24, 2022**

**5:00 PM - 7:00 PM**

**HIBULB CULTURAL CENTER**

Native youth enrolled in Marysville School District will receive:

- 4 movie tickets per family
  - One reusable mask per student
  - One coloring book per student
- (All items available while supplies last)

Contact Natosha Gobin 425-319-4416

Samantha Rose 360-716-4951 or [IEPC@tulaliptribes-nsn.gov](mailto:IEPC@tulaliptribes-nsn.gov)



Indian Education  
Parent Committee

