



By Wade Sheldon

The day was mighty gusty as canoe pullers from all over the Pacific Northwest and

Canada battled waves in Tulalip Bay on August 18 during Tulalip's Annual Canoe Races. The two-day event pitted the young and old

in different canoe races. Although the waters were choppy, each competitor gave forth an outstanding performance.

See Canoe races, page 2

PRSRT STD US Postage PAID Permit #241 Wenatchee, WA 98 RISEABI RISEAB RS Change Service Requested **Tulalip Tribes** 6406 Marine Drive Tulalip, WA 98271

She Got Game: **Empowering Native** youth to Rise Above

By Micheal Rios

A Native American hoops legend, Rise Above founder Jaci McCormack (Nez Perce) has lived a fascinating life. So much so that a featurelength film is currently underway that will bring her story of triumph over adversity to the big screen. Executive producers include NBA Hall of Famers Gary Payton and Lenny

Canoe races from front page

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syəcəb, the weekly newspaper of the Tulalip Tribes

Reporter: Micheal Rios, 360.716.4198 mrios@tulaliptribes-nsn.gov

Reporter: Kalvin Valdillez, 360.716.4189 kvaldillez@tulaliptribes-nsn.gov

Reporter: Wade Sheldon, wsheldon@tulaliptribes-nsn.gov

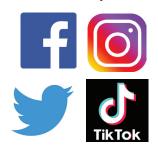
Tulalip News Manager: Kim Kalliber, 425.366.0570 kkalliber@tulaliptribes-nsn.gov

Media & Marketing Manager: Sara "Niki" Cleary, 360.716.4202 ncleary@tulaliptribes-nsn.gov

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In memoriam: Frank F. Madison, 1923-2002 Sherrill Guydelkon, 1945-2008

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Note: Updates and revisions done to the mailing list happen quarterly. The list is updated February, May, August and November of each year. You an contact Kalvin Valdillez at kvaldillez@tulaliptribes-nsn. gov for specific issues of the paper. Starting at 9:30 am, Saturday's competition was fierce. Not only were the competitors battling the strong winds and waves, but also each other to take home a trophy and some prize money.

From single-person canoe races to 11-person teams, events for all levels of racers, male or female, gave many a chance at competing. There were races for kids nine and under to races for adults 19 and older, including a special race Saturday evening between co-ed partners of two. This consisted of one male and female partner who had to run with a paddle for about half a mile, then jump into their canoes and paddle for about a two-mile journey.

In the face of wind gusts reaching up to 15 mph, creating turbulent waters, dedicated pullers demonstrated unwavering determination, securing victories by multiple boat lengths. A few pullers would find that the seas were not playing around as some rolled over due to being off balance when the wind and the waves hit their canoe.

"You need to do a few things to prepare yourself to be out there on that rough water," said Buddy Gray, from Cowichan, racing with Lummi. "You're going to be tired; you're going to get fatigued. You can't quit. You paddle out, so you have to paddle back. Having that mental and physical strength is very important, as is healthy eating and keeping yourself hydrated so you don't cramp up out there."

Buddy continued, "I've always had a different mindset on just paddling to win. I have kids now and have that mindset of being there, showing them a good way, and setting a better example for the next generation, as they are always watching. The more you train, the more you race, the better you get."

One of the teens who won a few different events in the 16 and under category, Elias Mamac of Lummi, said, "Eat lots of French toast, train, and get some rest to be able to race your best." When asked why he loves canoe races, Elias said, "Makes me feel good."

Although the waters were rough and the air was a little smoky, canoe pullers who braved the seas for the chance of victory took home the thrill of competition and great memories.





"Eat lots of French toast, train, and get some rest to be able to race your best."

- Elias Mamac, Lummi,













Continued on next page

News





Rise Above from front page



Wilkens, Hollywood icon Danny Glover, and civil rights activist Gus Newport.

While some may recognize her from her previous work as a victims services coordinator in Tulalip's Prosecutor's Office, most know her from her bucket-getting prowess on the hardwood. Whether it was taking down championships in the always competitive Native tournament circuit, or being named an Idaho State player of the year, or her 2005 gamewinning jump shot that propelled Illinois State University to a Missouri Valley Conference championship and resulting NCAA tournament appearance. "My story demonstrates that while it isn't easy to break barriers, it is possible. Representation matters when it comes to Native youth because my story is their story," Jaci said in an interview with Deadline. "I feel extremely grateful to have found filmmakers and producers that I can trust to tell this story. [They] understand the importance of Indigenous representation in film, and wholeheartedly believe in the social movement this project will support."

Best known for her role as an executive story editor on the awardwinning tv series Reservation Dogs, writer Erica Tremblay (Seneca Nation) has teamed up with Jaci to tell

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Tulalip lady hoopers are not just learning how to shoot hoops, they are learning how to shoot for the stars.



her real-life story of overcoming and rising above the odds in movie form.

"Jaci's story is an incredible example of Native empowerment, and I was drawn to her personal journey," said Erica in the same Deadline interview. "There is a real lack of Indigenous representation in film and television and Jaci's story is exactly what is needed. We need to see members of our communities achieve greatness."

While the film is currently in development, Jaci continues to instill in the next generation of Native youth the many benefits of both striving for and embracing greatness through her nonprofit, aptly named Rise Above. Through this authentically Native-led organization, young Native boys and girls are empowered to lead healthy lives despite the challenges.

Rise Above is capable of delivering education, prevention skills, and mentorship through culturally sensitive programs tailored to their needs. It's also capable of delivering memory-making moments through basketball clinics that have become legendary for having clinic coaches and fitness experts who themselves are Native Americans that the kids can point to as shining examples of their dreams manifest.

Such was the case on Saturday, August 19, when an estimated 200 youth from across the Pacific Northwest journeyed to Rise Above's sports fest 2023 hosted at Seattle University's Redhawk Center. The list of clinic coaches included Freddy Brown III (Makah), who played collegiate basketball for the University of Montana, and Analyss Benally (Navajo), who played collegiately at San Jose State University and professionally in Europe.

Among the basketball camp participants were several young Tulalip ladies with hoop dreams, such as Charlie Contraro, Shawna Cortez, and twin sisters Cali and Chloe Iukes. Together they represented a Tulalip wave amongst a sea of aspiring ballers intent on sharpening their handles, perfecting their jump shot, and improving their defensive skills to become two-way players effective on both ends of the court.

"Basketball means everything to me," said Shawna. "I love it so much. Making new friends is one of my favorite parts, and so is having fun during training drills. For me, I'm really small, so I can steal the ball easier when players are dribbling around me; that makes me a good defender. Some players like making passes, others like scoring, I like being a defender because I'm really good at it."

"My siblings love sports so much. We go to the Marysville YMCA every day, whether to practice to get better or just for the fun of shooting hoops," added Chloe and Cali's big sister, Faith. "I hope in time they'll







Continued on next page







understand how meaningful this Rise Above camp was, especially with how much work went on behind the scenes from Jaci and her team to make this all possible. But as far as basketball goes, I think my sisters can accomplish anything they set their minds to, as long they continue to put the work in and stay focused on their goals."

Traditionally seen as a male-dominated sport, basketball is undergoing a transformation as more and more woman-led sports camps rise to prominence. With current and former women collegiate athletes or actual pros at the helm, camps like Rise Above sports fest are rewriting the narrative and proving that the court knows no gender bounds. Native American girls who once felt sidelined are reclaiming their voices and their game, thanks to the guidance of empowered women like Jaci McCormack who walked the same path.

The impact of these camps extends far beyond the bold lines containing 94 ft. by 50 ft. basketball courts. They are nurturing the growth of a new generation of confident young women who carry the lessons they learn into every aspect of life. The skills taught, from teamwork and communication to resilience and time management, equip these girls to thrive both in sports and in their future endeavors.

"This is my second time participating in a Rise Above basketball clinic, and I absolutely love how they operate, especially being so intentional about including us Native youth," shared JoAnne Sayers (Nez Perce, Tlingit). "It's so much more than just basketball. They teach us about the power of community, teamwork, and making connections that we can take from here to hopefully add to our support systems when times get tough.

"Living in Seattle, I'm far away from my home reservation, and so organizations like [Rise Above] do a lot for us urban Native kids to bring us together and establish, like, our own tribe through basketball and other sports," she continued. "Basketball gives us an outlet to maintain good mental health. If you had a bad day, you can find a basketball hoop almost anywhere to go shoot some hoops at and help yourself feel better. And if you had a good day, there's nothing better than making some buckets and working on your handles. We don't need alcohol and drugs to relieve stress or anxiety when we're capable of cleansing our bodies of those things through workouts on the court or in the gym."

Organizations like Rise Above, and

social leaders for change like Jaci, are intent on shattering stereotypes and paving the way for future generations. When young girls witness women excelling as players or leaders, it challenges the long-standing notion that basketball is a man's world. For example, the weekend's sports fest was not only simply about teaching basketball skills, but about presenting powerful role models who inspire girls to dream bigger and aim higher.

"For us, its all about the kids. When we can expose our kids to more opportunities, and get them in the same room with folks like a Lenny Wilkens, a George Karl, or a Vin Baker who can share their stories and let the kids know it's possible to rise above childhood challenges and accomplish their dreams, that's when amazing things truly happen," said the Rise Above icon Jaci. "You never know what part of a speech, or a moment of candid care during a sports camp, or witnessing a peer get so excited after learning something new might plant a seed and grow into a lifelong lesson that helps someone down the road to rise above. At the end of the day, I just think the more stories of struggles overcome and challenges conquered heard by our kids by those they look up to strengthen our kids to become more successful in their own lives.

"I feel so blessed to be in the position to show our kids, especially the young girls, that I used to be just like them. I'm just an ordinary rez kid with extraordinary dreams who didn't give up when times got tough," added Jaci. "Now, to have lived by hoop dreams and to be able to give back to our communities and see these young girls come to our camps and thrive, it's incredibly touching. My dream is for them to see what I'm doing for them through support for our people and passion for the game, and that they not only rise above to accomplish their dreams, but they also give back to the generation that follows them. That's how we break the cycles and rewrite the negative narratives of our people, by supporting each other with a shared vision."

Rise Above will continue illuminating a new horizon for youth on reservations or within urban communities, like Seattle, who dare to dream of sports greatness. Tulalip lady hoopers like Charlie and Shawna, or sisters Chloe and Cali, are not just learning how to shoot hoops; they are learning how to shoot for the stars. With each dribble, pass, and made basket, these girls are discovering their strength, their voice, and their power to shape the game and their world, on their own terms.

News.

Building up the local recovery community

Family Wellness Court introduces Parent's Talking Circle

By Kalvin Valdillez

On a scorching summer afternoon, four Tribal mothers found comfort inside the courtroom of the Tulalip Justice Center. In a relaxing environment, much different than the typical court setting, the ladies decompressed in the comfort of air conditioning as they joined together at the center of the courtroom and circled up along with the Tulalip Family Wellness Court team.

Established in 2020, the Family Wellness Court has proven to be an effective method in assisting their clients attain and maintain their sobriety. The program accelerates the reunification process between parents and Tulalip children by way of a detailed plan that incorporates their traditional way of life and culture.

This alternative path to the road of recovery has been a major success within the Tulalip community and has reunited numerous families over the past three years. The Family Wellness Court design was based on the success of Tulalip's Healing to Wellness Court. However, the courthouse made many modifications when developing the Family Wellness Court model.

Although the Family Wellness Court's game plan mirrors the Healing to Wellness Court model in many aspects, the court wants to stress that the two programs are completely separate from one another. Family Wellness is volunteerbased and works with individuals on their own accord, through either a referral or self-referrals, and is not mandated by the courts. Whereas the Healing to Wellness Court works on criminal cases, where their clients could potentially face jail time if they fall out of compliance. And since the Family Wellness Court is voluntary and does not work on criminal cases, there is no punitive element to the program and the clients do not face jail time if they fall off track.

Overall, the program is built to support, encourage, and assist tribal parents and/or parents of tribal members as they work toward achieving a clean and healthy lifestyle. By following a personalized plan, put together by the individual and the Family Wellness Court team, the parents are actively fighting to regain visitation and custody rights of their kids and bring a close to their open beda?chelh cases.

The Family Wellness Court utilizes the wraparound approach and brings together several different tribal departments to ensure each of their clients has access to the necessary resources throughout their duration in the program. The team approach plays a large role in the Family Wellness Court and in each participant's recovery journey.

The team consists of multiple professionals including tribal courthouse judges, officials, attorneys, beda?chelh representatives, counselors and recovery specialists. The



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idea is that with everybody on the same page and meeting on a regular basis, the client is apt to stay incompliance and make positive progress in maintaining their sobriety when they know exactly what their team expects from them.

The Tulalip Tribal Court believes that this collaboration between multiple departments, all with the same intent of helping people attain sobriety, is the key to success with Family Wellness Court clients. This helps them establish relationships with the judges and task force members and includes them in the entire process from the moment they accept help from the Family Wellness Court to the moment they are reunified with their children.

Many people are seeing great results with the Family Wellness Court model thanks to required 'give back hours'. Not only does this afford tribal parents the opportunity to get reacclimated into the community, but also provides them with the chance to return to their ancestral teachings and traditional way of life through cultural engagement at local tribal events and ceremonies. Over the summer, the Family Wellness Court took this notion a step further by implementing the Parent Talking Circle into the program.

"We really wanted to incorporate the culture, especially

in the Talking Circle," explained Family Wellness Court Coordinator, Erika Moore. "We have a lot of parents who are non-tribal, and this is a good way to get our tribal members teaching the non-tribal members, so they in turn can teach their children more about their culture. It gives [tribal members] more confidence in getting back into their culture. And when we see them get back into their culture, they grow exponentially."

Said Chemical Dependency Professional Arla Ditz, "The Talking Circle is more second nature to tribal members because it's along the lines of the cultural teachings they were raised with. And it's not just the culture, it's that spirituality in general. One of the key things in successful recovery is the spiritual piece, no matter what you believe in or where you come from, it's a really important part of recovery. And so, when we come into our circle, that really helps support that, and it brings the netting together to be more supportive for the people participating in the program. I think the Talking Circle helps people figure out their goals and achieve them much quicker, and maybe even better."

Held at the beginning of each month, the Parent Talking Circle allows the clients to connect with each other and share their story, struggles, successes, and goals with the group. In this traditional and no pressure setting, the parents are more open to share and relate to one another's journey, as well as express any hardships they might be encountering.

During the most recent Parent Talking Circle, the tears were rolling as the participants recounted their lifestyle prior to enrolling in the Family Wellness Court. To see how far each of them has come since the height of their addiction is heartwarming and inspiring. And hearing the moms talk about their daily interactions with their children was quite moving, considering all the adversities they had to overcome to share time and space with their kids once again.

"The Talking Circle has helped me stay accountable and encouraged me to keep going," shared Tribal member Corrina Gobin. "It's much more than just a circle. Today, I learned about the four sacred medicines, and it gave me the opportunity to learn something new with the whole group. Each person in the circle, you end up having a close and personal relationship with. We're all available to help each other, whether it be rides to your kids, or back and forth to treatment, UAs, whatever it may be, they play a significant role in getting us through all the things we need to get through in order to get our kids back. They give me recognition when I'm doing things that are good, and they also call me out for not doing things that are good. I actually look forward to coming to court now because they give me that motivation."

Tribal member Kerri Deen added, "I feel like it's been helping me spiritually. Like the discussion today, it was about how to properly use sage and sweetgrass. The Talking Circle helps when we're at a standstill and we're struggling to meet our goals. No matter the situation, the team helps us get through those obstacles to get our lives back. It's amazing and I love it because you don't feel attacked. It's more focused on helping each other get everything done so we can get our kids back."

Though still in its infancy, the Parent's Talking Circle shows nothing but promise in helping build up the local recovery community and reunify tribal children with their parents in a timely and responsible manner.

If you or a loved one are ready for a new approach to sobriety and reunification with your child, please contact the Family Wellness Court at (360) 716-4771.



Elders Potlatch: A celebration of smiles and joy





93 year-old Hank Williams was recognized as Tulalip's most senior member.

By Wade Sheldon

Suns out, elders out, as the 2023 Tulalip Elder Potlatch was underway on August 17 inside the Tulalip Gathering Hall. Over a thousand elders were in attendance - some from as far north as Canada and as far south as New Mexico - all looking forward to intermingling with their compatriots, friends, and family, which they usually don't get to see.

Buses and caravans arrived throughout the morning, and attendees could shop outside from local vendors or enjoy the breakfast being served inside. At 11:00 a.m., the Tulalip Veterans carried the flags inside signaling the beginning on the ceremony. A welcome song by Tulalip tribal member Ray Fryberg and family was sung before acknowledging the oldest elders in attendance.

Dale Jones, Tulalip tribal member, announced Don Smith of Cheyanne as the oldest person in attendance at 95 years old. Then he also acknowledged the most senior Tulalip tribal members, Joan Jones, 90, and Hank Williams, 93. All were blessed with a handmade cedar hat, blanket, and drum.

After the songs were sung, speeches made, and the gifts handed out, lunch was served. On the menu was a feast of clams, crab, salmon, and much more. After the event, those in attendance were given a gift bag with various goodies to be taken home.

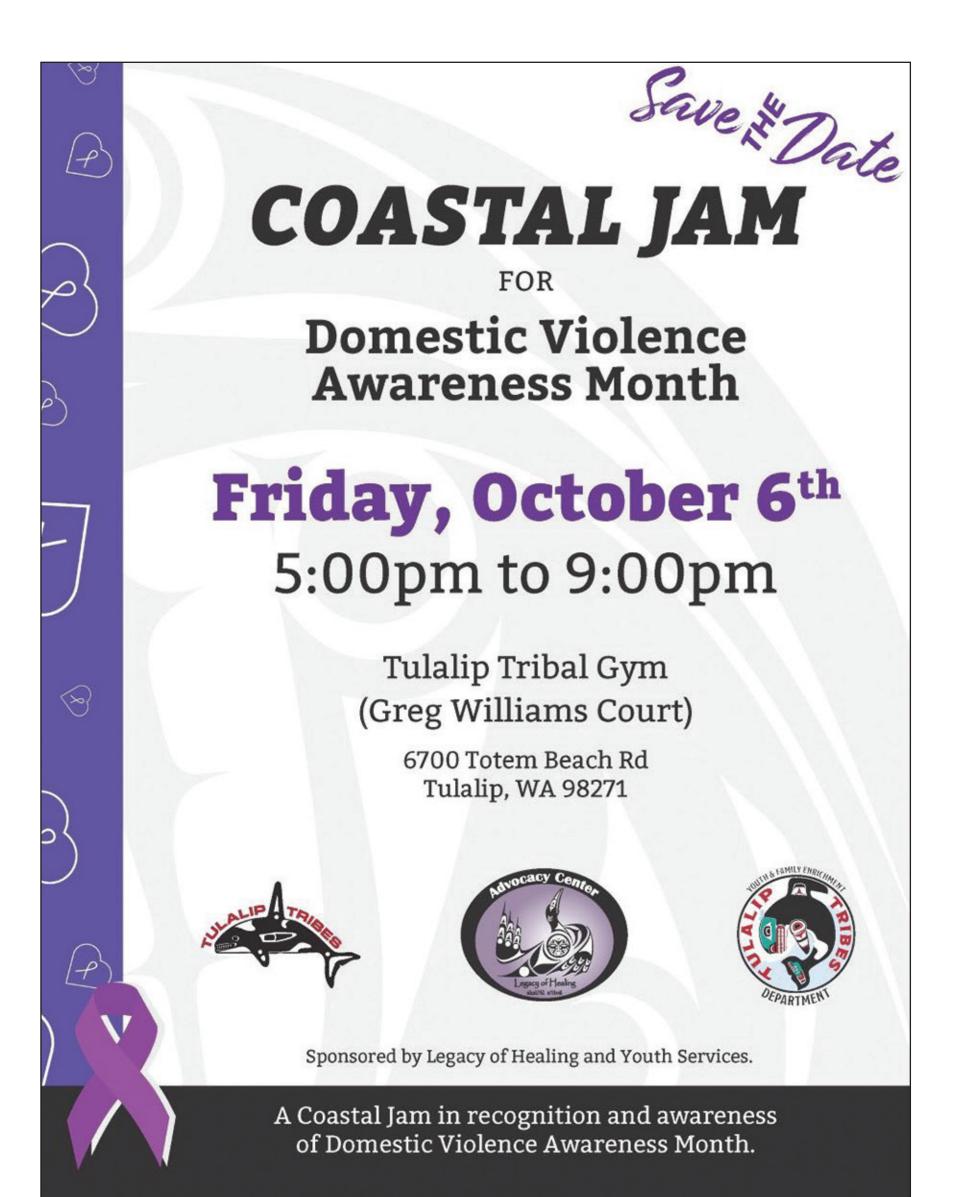
Some elders stayed at the Tulalip Resort and Casino. "There were 12 elders that made their way from Nespelem, Colville Tribe," said Charles McKay. "It was a hot cruise over, but we made it. Having an enjoyable time, I spent the night at the casino, then came over here early in the morning. There are lots of good conversations to be had and good food."

"You better believe it. I'm having a great time. I wouldn't miss it for nothing," Theresa Jones of Lummi said. "I have so much fun talking to my friends from all over. You just don't get to see everyone like you used to."

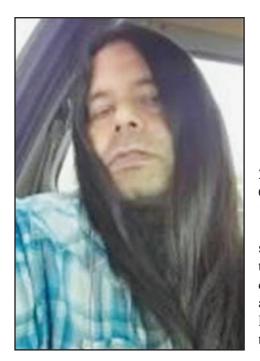
"We drove over early this morning," said Marilyn Manzano of Yakima Nation. "This is an enjoyable event, and I just love the building. It's my first time inside it, and it is so pretty that it almost makes me cry. Also, the people are nice here and made everything run smoothly."







Obituaries ___



Gary Leonard McCollum September 29, 1964 -

August 12, 2023

Gary was born September 29,1964 to Jeannie and Alvie Mc-Collum and passed away August 12, 2023.

He liked traveling and sightseeing all over Indian country and participated in Sun Dance, drumming at Summer pow-wows, and participating in ceremonies. He enjoyed going to concerts, listening to music, and playing guitar. Gary loved visiting and joking around with all who met him. He always went on spontaneous adventures with his son Levi. Gary made everyone he was with laugh, he touched many people with his jokes and if you ever met him you know he made a memorable impact.

Gary is survived by his son Levi McCollum and step-son AJ Williams-Yellowwolf sisters Lisa (Lisa) Olver and Mary (Bow) Oman, brother Robert Fryberg. Nieces and nephews Anthony Sanchez, Merissa Sanchez, Colett Boualavanh, Kayla Pablo, Charlo Pablo, David Charley, Joseph Davis, Rocky Renecker, Riley Renecker.

He was preceded in death by his parents, baby boy Byron, brother Rocky (Leslie) Renecker, sister Shannon Edwards-Pablo. Aunts Janet McCloud and Marleen Myers. Nephew Louie Pablo III.

A celebration of his life was held Saturday, August 19, 2023 at 10:00 AM at the Tulalip Gathering Hall with burial following at Mission Beach Cemetery.

Daniel John Stamaris



February 14, 1937 -August 11, 2023

On August 11, 2023, Daniel Stamaris, loving husband, father and friend, with a quick smile and endearing sense of humor died at the age of 86 in Lynnwood. He was born to the late Michael and Mabel Stamaris on February 14, 1937 in Mandan, North Dakota. He peacefully joined our Lord and Savior Jesus Christ and is now reunited in heaven with his bride Delores. He is survived by his son wife Daniel and Heather Stamaris and their children, Melissa, Leah, Amber, Aaron and Abigale and granddaughter Kenzie; his son and wife James and Evelyn Bar-

rie and their son Brent; his son and wife Donald and Michele Stamaris and their children Jennifer, Donald II, Jeremiah, Michael, Aric, Sarah, Noah and Heleena; his son and wife Craig and Rochelle Barrie and their daughter Naomi; and daughter and husband Sunny and Douglas Golden and their three sons. Joseph, Christian and Sam; as well as his special friend King George the cat. He is also survived by his brother Jack Stamaris. Daniel also had many friends that he loved including Adrianne Fraser, Phyllis and Julie Tardo.

A lover of Jesus and a devoted Father, he made a career at Boeing to provide for his beloved family. Throughout his career he was at the forefront of the implementation of the Boeing 747 program as well as the Airforce One Presidential airliner. He loved and was loved by many people and provided a strong shoulder to lean on while giving encouragement and sage advice to anyone who asked. He enjoyed Country Music, traveling the country with his wife and spending as much time as he could with his children and grandchildren whom he loved dearly.

A celebration of his life was held Thursday, August 17, 2023 at 11:00 AM at Schaefer-Shipman Funeral Home with burial following at Mission Beach Cemetery.

Court notices

TUL-CV-YI-2022-0367. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of M. M. H. TO: MICHAEL ALEXANDER SAMUAL HATCH: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care dependency action was filed in the above-entitled Court pursuant TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a Permanent Plan hearing on Tuesday, September 12, 2023 at 10:30 A.M. IN PERSON in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 29, 2023.

TUL-CV-YI-2022-0367. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of M. M. H. TO: MICHAEL ALEXANDER SAMUAL HATCH: YOU ARE HEREBY NOTIFIED that a Motion to Establish Paternity was filed in the above-entitled Court pursuant TTC 4.05. You are hereby summoned to appear and defend regarding the above entitled action at a hearing on Tuesday, September 12, 2023 at 10:30 A.M. IN PERSON in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: July 29, 2023.

SUMMONS BY PUBLICATION TUL-CV-CS-2023-0170, Tulalip Tribal Court, Tulalip WA, TCSP #2642 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. JES-SICA BUMGARNER (DOB: 01/03/1986) TO: JESSICA BUMGARNER: YOU ARE HEREBY NOTIFIED that on August 7th, 2023 a Continuance of Hearing and Temporary Order was entered for Establishment of Child Support in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for ALR. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on October 16, 2023 at 9:00 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 12, 2023.

Tulalip Overdose Awareness Day EVENT

Please join us to share a moment to honor the lives lost to overdose

Thursday August 31, 2023 2:00pm to 6:00pm



- 4032 76th PI NW, Tulalip, WA 98271
- ③ Dinner Provided
- Raffle Prizes
- ③ Tabled Resources
- Narcan Distribution
- Arts & Crafts
- Field Games
- Candlelit Vigil





Hope Together Heal Together





