



Tulalip observes National Overdose Awareness Day in a good way

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Club kids team up with cops for excitement-filled Rocket League tournament



By Micheal Rios

In communities nationwide, a remarkable shift is taking place to emphasize

trust and understanding between urban youth and their local law enforcement agencies. The power of these

positive interactions cannot be overstated, as they have far-reaching and, sometimes, even life-changing benefits for the

See **Gaming With Cops**, page 6

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Facing the opioid crisis

First ever National Tribal Opioid Summit held at Tulalip



See **Opioid crisis**, page 2

The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syacab, the weekly newspaper of the Tulalip Tribes

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In memoriam:
Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

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**Not getting your
syacab?**

Contact Rosie Topaum at
360.716.4298
or
rtopaum@tulaliptribes-nsn.gov

Note: Updates and revisions done to the mailing list happen quarterly. The list is updated February, May, August and November of each year. You can contact Kalvin Valdillez at kvaldillez@tulaliptribes-nsn.gov for specific issues of the paper.

Opioid crisis from front page



By Wade Sheldon

Leaders from the Tulalip Tribes, coordinating with the Portland Area Indian Health Board, hosted the first-ever National Tribal Opioid Summit at the Tulalip Resort and Casino, August 22-24. With assistance from the White House Office of National Drug Control Policy Director, Dr. Rahul Gupta, the group is working to create pathways for more resources and to better understand what is happening in communities all over the United States.

"This is a problem that has two sides to it, there's a public health and public safety side," Dr. Gupta explained. "Any given day in this country, we have about 2,000,000 people incarcerated and 95% will get out. 60-80% are in there because of drug-related use. It's a huge issue. We figured if we just remand people who are addicts, the problem would go away; it just hasn't. In fact, they are 120% more likely to die from overdose when released. If someone has a problem with mental health or addiction, they should be getting the help instead of being incarcerated."

"I came from a much larger city, and I have to say without a doubt, the disproportional impact on tribal communities is significant," said Chris Sutter, Tulalip Police Chief. "We have learned that we cannot do this in silence. We are never going to arrest our way out of this problem. We are looking into Tulalip's long-term vision:

how can we reinvent the rehabilitative incarceration system that focuses on the well-being of the person, not just locking them up but helping them become long-term citizens when they come home."

Throughout the 3-day event, several discussions were held on how to help and heal people with addiction. The public health crisis has leaders from several tribal nations coming together in search of answers when dealing with the opioid epidemic. Some problems addressed were fentanyl, overdose rates, prevention, and mental health. The National Institute on Drug Abuse says, "Many individuals who develop substance use disorders (SUD) are also diagnosed with mental disorders, and vice versa."

This has led to a whole new approach when dealing with someone who is currently in addiction. New methods have been developed and implemented to help address mental health as well as the body. People trapped by drug addiction are finally being listened to. New facilities are being built to handle the needs of people in addiction.

One of the many facilities battling the opioid epidemic is the Quil Ceda Creek Counseling Center (Q4C). On a tour of the facilities with Dr. Gupta, Tanya Burns, Q4C Administrator, stated, "For our intensive outpatients, we use a whole person approach for helping people who are in addiction get medication-assisted treatment with primary care, group therapy, counseling, resource referrals and childcare services.

"The intention was to offer as many things under one roof as possible," Tanya continued. "When you refer people in addiction out for different services such as counseling or to see a primary care doctor, you have no way to confirm they will go or can go. So, if we can take care of that here, we have that confirmation and can diagnose them or help assist them with finding treatment. We also offer Narcan to new patients, and anybody can walk through our doors and get Narcan for free."

If you or someone you know are facing issues dealing with addiction, you can contact the Quil Ceda Creek Counseling Company at (360)716-2211.



Tulalip observes National Overdose Awareness Day in a good way



By Calvin Valdillez

Laughter has an infinite amount of healing properties. This is especially true in Native America. Nothing lifts your spirits more than a teary-eyed elder who is cracking up, or a 100+ decibel cackle by a rezzy auntie.

There was plenty of laughter to go around at the Tulalip Dining Hall on August 31, as the people enjoyed each other's company and painted vibrant colors on small canvases throughout the afternoon. Because of the dining hall's

acoustics, the laughter bounced off the walls and amplified the good vibes on what otherwise would be a solemn gathering.

Purple streamers hung from the ceiling and tables were placed throughout the hall. There were a handful of tribal departments in attendance including the Recovery Resource Center, Behavioral Health, Quil Ceda Creek Counseling Company, Tulalip Community Health, and the Healing to Wellness Court. They setup shop with resources at the

ready for those looking to attain or maintain their sobriety.

Although the tables were occupied by artists, staff and community members who grubbed down on the Panera catered dinner, one table stood alone at the far end of the room. And though we established that laughing can help those who are on a healing journey, the attendees still approached this table with a great deal of respect, as if it were a sacred space, and offered silent prayers.

After viewing the large poster at the center of the table, the event goers painted the palm side of their hands with the color of their choice and placed it on the margins of the banner, in remembrance of their loved ones who lost their battle with addiction.

"My uncle Blake passed away in June from an overdose. He was my favorite uncle," said Tianna Moses with a heavy heart. "Today, I painted my hand and put my handprint, along with my uncle's name, on the poster."

Communities across

the country observed National Overdose Awareness Day as the opioid epidemic continues to spiral out of control. At Tulalip, the day is dedicated to honoring those friends and family members who are no longer with us due to overdose, as well as educating the community by providing resources, tools, and open arms.

"It is important to remember and recognize all of our loved ones who lost their lives to overdose, or in relation to substance use disorder," said Tulalip Recovery Resource Center Program Coordinator, Kali Joseph. "It's such a heavy topic, and it's one of those things that we sometimes stay silent about. It involves lots of grief, and disenfranchised grief, but it is important to talk about and remember our loved ones."

National Overdose Awareness Day also provides the chance for the local recovery community to strengthen their bonds together and continue to build a strong support system with one another. Over the past few



Continued on next page

years, the Tulalip recovery scene has grown in numbers, so much so that this year's Recovery Campout tripled its participants from last year's inaugural excursion to Lopez Island.

Said Tashena Hill, Recovery Resource Center Outreach Specialist, "We did the camping trip which was a huge turnout, we had over 70 clients there and they all had a whole lot of fun. Being somebody who's in recovery, you have to find what fulfills that dopamine and gives you that *umph* again, so you're able to have fun. Because if you can't have fun in life, you're not happy. And if you're not happy, you're more susceptible to going back out and using. That's why we're doing fun events. We're also starting classes up at our building that are focused on things like creating job resumes."

Kali added, "One of the biggest things that prevents relapse or recidivism is having a good social support system. When you're surrounded by other people who understand what it's like to be in recovery, it teaches you how to have sober fun together. And it lets you know that you're not in this alone because there's a lot of stigma and shame associated with addiction."

Upon entering the dining hall, each person received a Narcan kit. The overdose reversal spray is relatively easy to administer and has saved countless lives. Narcan is readily available at the Tulalip Health Clinic and the Tulalip Behavioral Health center. The Recovery Resource Center also frequently holds Narcan

distributions throughout the reservation. And just recently, the program unveiled a new vending machine at the Pallet Shelter that is stocked with Narcan, as well as fentanyl test strips and hygiene products.

"I overdosed two times when I was using, so I'm thankful for Narcan," shared Tianna. "I think everybody should have it and be prepared, because Narcan really does save lives."

"We've heard from numerous clients that Narcan has saved their lives – that if they didn't have it on hand, they wouldn't have made it," Tashena stated. "It's important that people know that it's out there now and it's easily accessible. A life can be saved. Some people didn't have it on them, and that's what that handprint poster represents. It's for the people who we lost, and if they had Narcan that day, they'd still be here with us. We hear it over and over again, 'I wish I had Narcan that day'."

Kali explained, "Narcan is important because it can reverse an overdose. It is like a downstream approach to prevention but it's important because it will save the person's life right then and there. It opens up more windows of opportunity for that person to get sober and live a better life. And it gives them more hope and time to decide that they are ready to change their lives."

According to the Snohomish County Opioid Overdose and Prevention Data and Dashboard, there were 215 overdose deaths in



the county last year, an increase of 115 people when compared to 2017's statistic of 100 deaths by overdose. And the most recent data shows that this year, at least 66 people have died due to an opioid overdose in the first quarter of 2023.

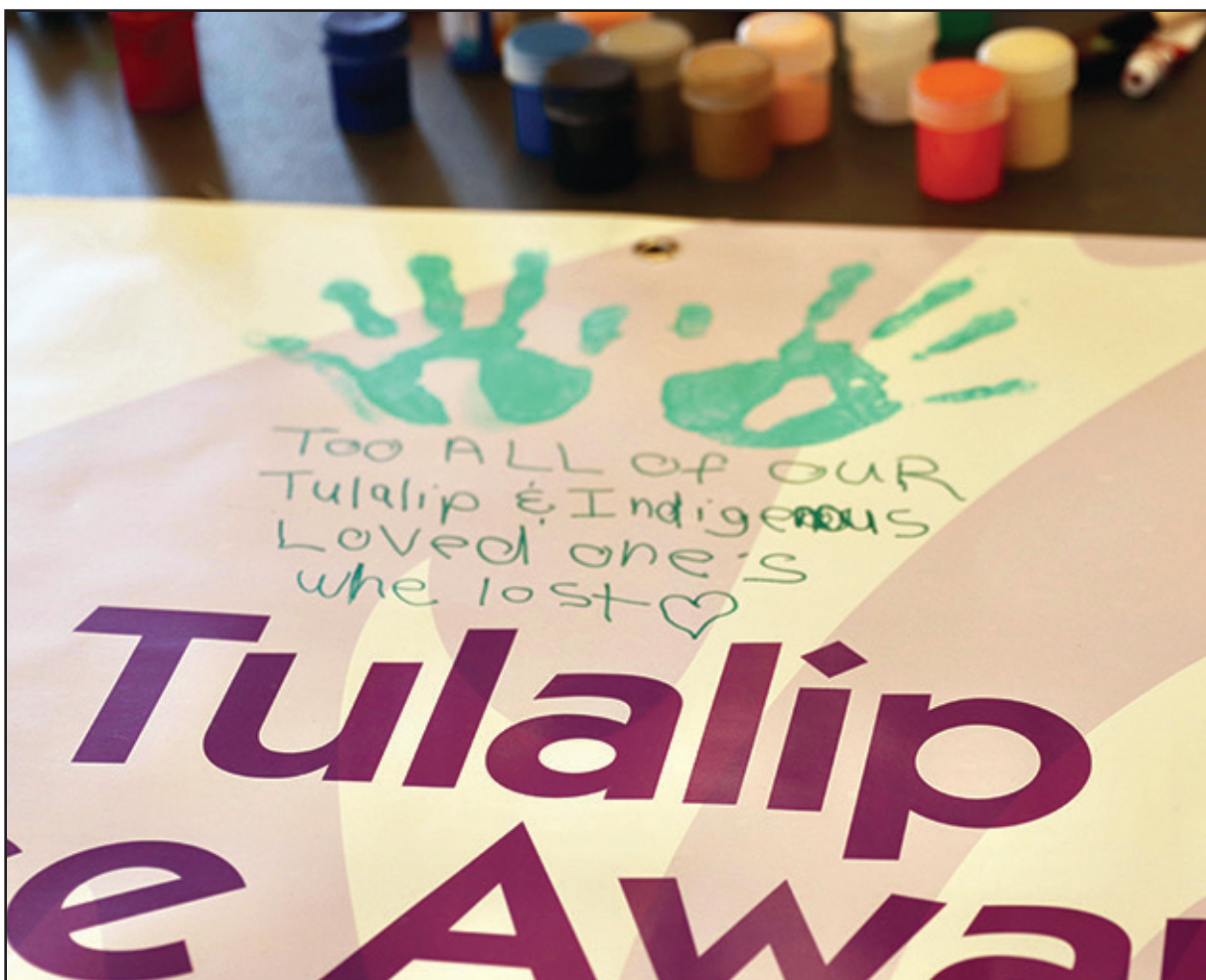
There have been numerous studies throughout the years, from the likes of the CDC and Washington Post, that show Native communities have been hit the hardest by the opioid crisis. The Albuquerque Area Southwest Tribal Epidemiology Center's (AASTEC) research indicates that in 2021, the opioid overdose death rate for Natives was 38.7 deaths per 100,000 nationwide.

With this current trend, the epidemic shows no signs of slowing down. Even so, Tulalip is taking proactive measures by offering multiple programs and resources that are dedicated to helping their membership gain their sobriety and live a clean and healthy lifestyle.

The event concluded with a raffle, in which people won items such as Coast Salish laced t-shirts, mugs, and blankets. The National Overdose Awareness Day event was a lighthearted gathering where the community reminisced about their late loved ones and honored all those lives lost due to an overdose.

Tianna expressed, "I wish there were events like this happening when I was using, so I could've seen that there are people who care and are really out there to help. I was in active addiction for almost eight years, I'm 25 so that's a long time. I never thought I would be sober again. I thought death was going to be my only way out. And that's why this event is important, because it spreads awareness, and it shows people that we can recover."

For additional information, please contact the Tulalip Recovery Resource Center at (360) 716-4773.





mediarelease

Tulalip Police Department

FOR IMMEDIATE RELEASE
September 5, 2023

The TPD Drug Task Force and Community Response Team are working diligently to combat the sale of illicit drugs on the Tulalip Reservation. This joint effort involves investigating suspected drug locations, parking lots, houses, and dealers. The TPD Drug Task Force recently confiscated over 3,000 Fentanyl pills as part of their proactive strategy to intercept drug trafficking.

On August 31, 2023, the TPD Drug Task Force executed a vehicle search warrant and discovered 13 Oxycodone pills, 56.93g of heroin, 11.32g of meth, 1.11g of cocaine, 6.24g of fentanyl, 16 Adderall pills, and \$4,110. A firearm was found in the vehicle during the search, and an addendum was written. While executing the addendum, a stolen Glock 19 handgun was discovered. Scales and baggies were also found, indicating that the narcotics were intended for sale and not personal use.

We want to express our gratitude to the diligent officers and detectives who are working tirelessly to combat the Fentanyl epidemic. The Fentanyl-laced substances are extremely dangerous, and we urge residents to exercise caution. Contact TPD if you suspect that you've found Fentanyl at 360-716-9911.



.....
Chris Sutter, *Chief of Police*

Tulalip Police Department: 6332 31st Ave NE, Suite A, Tulalip, WA, 98271
Emergency: 360-716-9911 • **Non-Emergency:** 360-716-4608 • **Fax:** 360-716-5999

The Tulalip Tribes are federally recognized successors in interest to the Snohomish, Snoqualmie, Skykomish, and other allied tribes and bands signatory to the Treaty of Point Elliott.

Gaming With Cops from front page



community and the officers who serve it.

At the heart of this shift is an improvement of community relations. Building positive interactions between youth and law enforcement may seem like a daunting task, but it can be achieved with something as simple as a video game tournament. Such was the case in late August at the local Tulalip Boys & Girls Club, where the first of its kind ‘gaming with a cop’ tournament brought together youth from all

around Snohomish County and their local police officers.

“This event was the culmination of weeks of planning and preparation by multiple Boys & Girls Clubs who wanted to ensure our kids ended their summer break with a fun, exciting, and truly memorable event,” explained Club Director Shawn Sanchez. “Each club had multiple practices, partnering up two club kids and a cop as a team to compete in a Rocket

League tournament.

“This has most definitely reached the top tier level of just pure excitement in regards to the activities and events we’ve hosted. After seeing all the excitement and how much enthusiasm we got from both the kids and the cops, it’s obvious we need to continue to grow upon this success and keep the community engagement going,” he added.

Once the actual e-gaming tournament kicked off, law enforcement representatives from Arlington, Everett, Lake Stevens, Lynnwood, Mukilteo, and Tulalip were swept away by the youthful spirit that filled the B&GC Teen Center. The dedicated first responders found themselves swimming in a sea of contagious competition, where they weren’t alone. They had their teenage teammates as life preservers, carrying them to one score after another in an X-Box-based digital landscape.

For those unfamiliar with Rocket League, it’s a high-powered hybrid of arcade-style soccer and vehicular mayhem with easy-to-understand controls and fluid, physics-driven competition. Still not picturing it? Well, just imagine you and two friends are playing a soccer match against another team of three, except you’re all driving cars. Got it? Good.

Promoting positive interactions between youth and law enforcement goes a long way to building trust, respect, and an open line of communication within our 22,000-acre reservation. By doing so, it reduces the likelihood of misunderstandings, conflicts, and negative stereotypes, leading to a more harmonious relationship between Tulalip’s law enforcement and its growing residential population.

“Being a part of the community response





team within the Tulalip Police Department, when I heard of this idea to join up with youth to compete against other cities, my initial reaction was what an amazing idea," shared Officer Carrington. He's served TPD for over three years now. "For me, being able to create positive interactions with kids and let them know that our priority is to protect them was why I wanted to become a cop in the first place. Being able to spend time with them in a fun setting, share stories, or even just hand out stickers can create moments that last a lifetime. I know I won't ever forget this day."

Positive interactions with law enforcement inspire young

people to consider careers in law enforcement or related fields, which can help to diversify and strengthen the future of community policing locally. Experiences shared during the Rocket League tournament may have empowered a young individual or two to dream of becoming a cop one day, especially if it means leading an e-gaming team to victory one day.

Twelve-year-old Israel Ford was the living embodiment of this notion as he was routinely seen asking cops from each agency for those impossible-to-miss gold-colored, sticker badges. At one point, his white t-shirt was covered in them. "These are my badges of

honor," he declared to all those within earshot. His vibrant energy and collection of gold badges helped fuel his three-person team to the tournament title, and gold 1st place trophy.

"This was so much fun. Our cop carried us to the championship. He was really good and caught a lot of teams by surprise," said 14-year-old Ashton Bullock of the tournament-winning Mukilteo team.

As it turned out, Adam Hodges, community resource officer for the Mukilteo Police Department, was a Rocket League sleeper. He admitted to having more than 2,000 hours played, which served

him well in eliminating one team after another.

"These new age video games require so much brain power, hand-eye coordination, and team strategy in order to be successful," said Officer Hodges. "Me, Ashton and Izzy played quite a bit in the weeks leading up to today so we could learn each other's playing styles. This win comes with a lot of bragging rights, for sure, but more importantly, it comes with a bunch of shared memories filled with laughter and excitement. In a way, that makes everyone who participated in this tournament winners."



TULALIP TRIBES

HALLOWEEN PARTY



SAVE THE DATE!

SUNDAY
OCTOBER 29, 2023
2-6 PM
GREG WILLIAMS COURT

Contact:
Malory Simpson 360.716.4399
Odessa Flores 425.512.5501



Business Basics and Government Contracting for Native Owned Businesses

SECOND SESSION
Laying the Groundwork for Government Contracting



📅 **Mon, September 18, 2023**
 ⌚ **10:00AM - 11:30AM**
 📍 **Tulalip Tribes Admin. Building, Room 162**
 (6404 Marine Dr, Tulalip, WA 98271)

Participants learn how to define who you are selling to, what they are buying, and why they are buying.

We will cover the following topics:

- Resources available to help with marketing research and strategies
- Common registrations and certifications required and/or recommended
- How to find bid opportunities.




Register for the sessions by scanning the QR code or visiting:
<https://washingtonptac.ecenterdirect.com/events/853714>

This session is a part of the *Business Basics and Government Contracting for Native Owned Businesses* event happening **September 13 – October 03**



Business Basics and Government Contracting for Native Owned Businesses

THIRD SESSION
Utilizing your APEX Accelerator




📅 **Tue, September 19, 2023**
 ⌚ **10:00AM - 11:30AM**
 📍 **Tulalip Tribes Admin. Building, Room 162**
 (6404 Marine Dr, Tulalip, WA 98271)

Give your business a competitive edge in government contracting with mentorship and resources offered by the Northwest Native APEX Accelerator. Join us for Utilizing your APEX Accelerator.


This session covers the following topics:

- Understand all of the resources available through APEX Accelerators
- Learn about certifications and set-asides for native-owned firms
- Learn about 8(a), Women Owned Small Small Business (WOSB), HUBZone - Historically Underutilized Business Zones, Veteran Owned Small Business (VOSB) and more



Register for the sessions by scanning the QR code or visiting:
<https://washingtonptac.ecenterdirect.com/events/853714>

This session is a part of the *Business Basics and Government Contracting for Native Owned Businesses* event happening **September 13 – October 03**




Together We're Better Annual

TRUNK OR TREAT

3-5 PM

Saturday
October 14, 2023
Tulalip Boom City Site

Info: Malory Simpson 425.905.9137



Rene Tryon-Cortez
 December 27, 1953 -
 August 29, 2023

Rene Tryon-Cortez Rene S. Tryon Cortez was born on December 27, 1953, to Ray Stanford and Ester Bell Tryon in Pontiac Michigan.

Rene went home to be with our maker and angels above on August 29th, 2023, Surrounded at home by her loved ones.

Rene was a long-time employee with GTE being a telephone operator, retired and proceeded to work for the Tulalip Resort Casino

where she also retired from being a rewards club hospitality supervisor.

She loved spending time with her family and friends. Her smile and contagious laugh were felt by many. Decorating and hosting family gatherings were her favorite things to do along with shopping with her daughters. Rene loved being 100% put together from head to toe, even on her bad days she managed to look amazing.

She leaves behind her loving husband Wayne G Cortez of 31 years, Daughters Stephanie Von-

Pein (Sissie), Bridgette Von-Pein. Grandchildren Jacob Von-Pein, Cody Fulton, Enrique Garcia, Trevor (Jermaine) Baker, Adrian Baker, and Ryan Cozine. Great grandchildren Zepheria Von-Pein, Xaiven Von-Pein.

She was preceded in death by her parents, her brothers Dough Von-Pein and Gary Von-Pein.

She will dearly be missed by so many. Funeral services will be held at Schaefer-Shipman Funeral Home. 804 State Ave Marysville WA. 98271 Wednesday, September 6th., 2023. At 10:00am.



NEIGHBORHOOD CONNECTIONS COMMUNITY MEETING


TUESDAY, OCTOBER 17, 2023

The NCC meetings aim to build better communication between Tribal Government departments and the community and allow community members to ask questions and make suggestions.


Tuesday, September 19th Meeting for Silver Village is cancelled and will be combined with Mission Highlands

FOR: Residents of Silver Village and Mission Highlands Housing developments







TRIBAL ADMIN BUILDING, ROOM 162



5:00 PM TO 7:00 PM



Dinner will be served

QUESTIONS? CONTACT
 Regina Zackuse-Lane, Rental Voucher Manager, Tulalip Housing Department
 Phone: 360-716-4460

Court notices

SUMMONS BY PUBLICATION TUL-CV-CS-2023-0170, Tulalip Tribal Court, Tulalip WA, TCSP #2642 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. JESSICA BUMGARNER (DOB: 01/03/1986) TO: JESSICA BUMGARNER: YOU ARE HEREBY NOTIFIED that on August 7th, 2023 a Continuance of Hearing and Temporary Order was entered for Establishment of Child Support in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for ALR. You are hereby

summoned to appear and defend the above entitled action in the above entitled court and answer on October 16, 2023 at 9:00 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: August 12, 2023.



**Gifts from the Heart:
Fundraiser for Lahaina Cultural Exchange**

Call for Artists!

If you or someone you know would be willing to donate any crafts or art to be raffled off at the Fundraiser for Lahaina Cultural Exchange, please email traditionalmedicine@nakani.org and let us know! All proceeds from the event will be donated directly to the Kāko'o Maui Fund to support those affected by the western Maui wildfires.



**Gifts from the Heart:
Fundraiser for Lahaina Cultural Exchange**

Call for Volunteers!

If you or someone you know would be willing to volunteer at the Fundraiser for Lahaina Cultural Exchange, please email traditionalmedicine@nakani.org or follow the link below! Volunteers will have the option of working the entire event, or only half of the event.

Volunteer form:
<https://forms.gle/UrwdgQPFGGLGBHEzQ9>



Help Naa káani support Lahaina!

All donations made during the month of September will go to the Kāko'o Maui Fund, to support those affected by the western Maui wildfires.



**Gifts from the Heart:
Fundraiser for Lahaina Cultural Exchange**
September 23, 2023 | 1:00-7:00 PM

Join the Naa káani Native Program in support of Lahaina at the *Gifts from the Heart: Fundraiser for Lahaina*. There will be raffles containing arts and crafts from local artists, food from the Indigenous caterer Chef Jason Vickers as well as the Napeahi family, Tribal dancers, and more.

**Location: Tulalip Amphitheatre
10400 34th Ave NE, Tulalip, WA 98271**

All proceeds from the event and raffle will go directly to the Kāko'o Maui Fund to support those affected by the western Maui wildfires.

Meal plates will have a set donation price, which will be revealed at a later time.

Event made possible through grant funding from  HealthierHere



Coast Salish Wool Weaving Workshop

The Coast Salish Wool Weaving Center and Rediscovery Program will be teaching how to weave Coast Salish tunics or how to spin on a spindle whorl. **Participants must choose one project.**

WHEN

September 22 from 6:00 PM to 9:00 PM

September 23 from 9:00 AM to 4:00 PM

September 24 from 9:00 AM to 4:00 PM

WHERE

Kenny Moses Building

COST

\$125 non-refundable. Fee can be paid at the Hibulb Cultural Center Gift Shop.

- 20 spaces available for learning how to weave a tunic.
- 10 spaces available for learning how to spin on a spindle whorl.

CONTACT INFORMATION

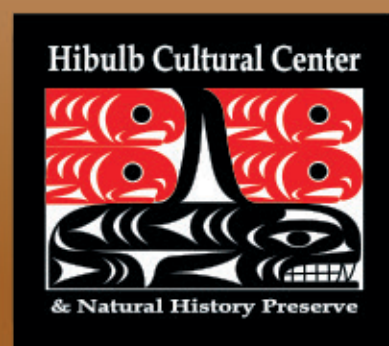
Virginia Jones

e: vjones@tulaliptribes-nsn.gov t: 360-716-4866

Taylor Henry

e: thenry@tulaliptribes-nsn.gov t: 360-716-4867

This event is for Tulalip Tribal members and their families.



Coast Salish Wool Weaving Center

TDS-40444

