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syəcəb

Volume 44 No. 42

Saturday October 28, 2023 (Tulalip See-Yaht-Sub)

The Gift of Health

Diabetes Care and Prevention host final U-Pick gathering of the year

By *Kalvin Valdillez*

“When you see the people come together, it’s emotional, it really is,” expressed Veronica ‘Roni’ Leahy, Diabetes Care and Prevention Program Coordinator. “The people were all gathered around talking and the kids were running around. The elders were sharing with each other – the foods they picked, the foods they saw, and talking about recipes. We’re just warmed by each other’s friendship and love. And you can feel that you can feel that sense of community.”

See **U-Pick**, page 6



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The Tulalip Tribes are successors in interest to the Snohomish, Snoqualmie and Skykomish Tribe and other tribes and bands signatory to the Treaty of Point Elliot, January 22, 1855

syacəb, the weekly newspaper of the Tulalip Tribes

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In memoriam:
Frank F. Madison, 1923-2002
Sherrill Guydelkon, 1945-2008

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**Not getting your
syacəb?**

Contact Rosie Topaum at
360.716.4298
or
rtopaum@tulaliptribes-nsn.gov

Note: Updates and revisions done to the mailing list happen quarterly. The list is updated February, May, August and November of each year. You can contact Kalvin Valdillez at kvaldillez@tulaliptribes-nsn.gov for specific issues of the paper.

TEMPORARY POSITIONS

SURVEY STAFF & SURVEY MANAGER

The Tulalip Tribes are seeking enthusiastic and dedicated individuals to join our team as Survey Staff and Survey Manager. This fall, we will be conducting a Community Needs Assessment survey, and are looking for individuals who are interested in data collection.

Survey Staff Requirements

- ▶ Conducting face-to-face interviews and administering surveys to participants
- ▶ Recording responses accurately and ensuring data quality
- ▶ Following survey protocols and maintaining confidentiality

Compensation: \$25 per hour

Survey Manager Requirements

- ▶ Managing and supervising survey staff
- ▶ Monitoring data collection progress and ensuring quality control
- ▶ Collaborating with stakeholders to identify survey objectives and deliverables

Compensation: \$35 per hour

**SEND LETTERS OF INTEREST TO
survey@tulaliptribes-nsn.gov**



**Must be able to pass a background check and UA. Tribal preference applies.
Submit letters of interest by 4:30 pm on Friday, November 3, 2023.**

Semi-Annual General Council sheds light on community priorities



By Wade Sheldon

Semi-Annual General Council was held on Saturday, October 21, at the Tulalip Resort Casino. The atmosphere was filled with focus and determination, though the attendance was modest, with around 200 tribal members in the room. The meeting encompassed critical elections for several commissioner roles, motions on community projects, and an emotional discussion surrounding establishing a new school.

Prominent among the deliberations were heartfelt testimonials from tribal members who had experienced the challenges of navigating neighboring school districts. A consensus emerged, emphasizing the urgent need for a school designed to cater to the unique learning and developmental needs of Native children, with a focus on embracing cultural beliefs and being more community-driven.

Following a brief intermission for lunch, the election results were unveiled. The results were as follows:

- Fishing Commissioners Gerald Fryberg Jr. and Harold Joseph III secured both available spots.
- Elders Commission: Dale M. Jones and Lin-

da L. Jones assumed their respective positions.

- Advisory Police Board Commissioner: Clayton Horne was a successful candidate.
- TERO (Tulalip Employment Rights Office) Commissioner: Lukas S. Reyes Sr. was appointed.
- Gaming Commissioner Darcy Grant, with 199 votes, and John Campbell, with 186 votes, were chosen.
- Hunting Commissioner: Dylan Houle clinched victory with 231 votes, a mere 20 votes more than the incumbent.
- Planning Commissioner: Howard Brown was elected by a slim margin, with 187 votes.

Amidst the election results, several motions were presented. One noteworthy proposal was the creation of a fisherman memorial park, slated to grace the area in front of the existing Tulalip Health Clinic. The park would be a tribute to the generations of Tulalip fishermen who have fished and continue to fish the Salish Sea. The motion was met with overwhelming support, reflecting its deep cultural and historical significance for the community.

However, the meeting concluded prematurely due to a loss of quorum as several members departed early. To proceed with voting on motions, a minimum of 162 Tulalip tribal members must be present; a shortfall in attendance mandated the early adjournment.

“I feel like if people would’ve stuck around longer, the meeting could’ve gone better, said Tulalip tribal member Avel Medina Jr. “I had a motion to bring up, but it couldn’t be heard. We are supposed to be drawing the community together. I would like to see more people here in the future, especially young people, as everybody’s voice needs to be heard.”

“We need more people to show up,” Chris Enick, a Tulalip tribal member, said. “We all have a portion in this tribe, and you need to be here, not just show up, vote, and leave, but listen and know what is happening. My grandma always said I had to come when she did so we could voice our opinions and be a part of what was happening. At the heart of it, people need to show up.”

Everett Municipal Building

receives Coast Salish makeover





By Micheal Rios

Tulalip’s neighboring city to the south, Everett, is the seventh-largest city in all of Washington State by population, and it’s by far the largest city in Snohomish County. Established in 1890, the city of Everett is situated on a peninsula. Its city boundaries are designated by the Snohomish River to the east and the Salish Sea to the west.

In precolonial times, long before imaginary map borders, the land Everett was built upon was home to our Tulalip ancestors. As a sustenance people who lived off the land and natural environment, they flourished in the ideal fishing location. But that was then. And this is now.

To live in the now is to recognize and embrace the many ways modern Tulalip people have adapted while continuing to flourish well into the 21st century. One such way is evident through our

boundary-redefining, limit-pushing artists who refuse to placate a binary system that deems their work traditional or non-traditional. Instead, they embrace challenges to create visionary works of art as they routinely use the latest technologies available in order to manifest their inspired visions via a multitude of mediums.

The latest example comes from a truly vibrant collaborative effort between the city of Everett and Tulalip master carver, James Madison. The Everett Mayor’s office desired an artist’s touch to remake the outside of the Everett Municipal Building, located at the intersection of Wetmore Avenue and Wall Street. After a call went out for artists, James was rewarded with the job.

His vision for the project, titled *Save Our Salish Sea*, was unveiled in late October. Taken together, this enormous metal fabrication installation made up of

bold red, yellow, and black colors is impossible to miss for pedestrians and commuters alike. But forged into the durable aluminum and medicine wheel colored pallet is a traditional teaching that has been passed down from one Tulalip generation to the next.

“With this project, I wanted to pay respect to our culture as this region’s first people,” explained James. “I tried to showcase our culture and who our people are, while paying respect to the Salish Sea through the blackfish, salmon, and our stories that have been passed on for generations.

“The salmon run that wraps around the building represents Sockeye,” he continued. “They used to be so abundant in our local waters, but now their runs are really short and even desolate in some places. It’s important that we continue to raise awareness of the dwindling salmon runs because their well-being is interconnected

with the well-being of both blackfish and human populations. My grandpa always told me that it’s up to us to keep the blackfish and salmon alive because if they go away, then humans will go away as well.”

At the heart of this latest collaboration between a local city and one of our artists is a respect for the cultural heritage that pre-dates the urban landscapes that have taken over Coast Salish territory.

By adorning municipal buildings, ferry terminals, college campuses, and other widely visited public spaces with Tulalip art embedded with iconic cultural imagery, local municipalities are finally moving in a positive direction to help preserve the vibrant traditions, intricate artistry, and spiritual symbolism that define our Native culture.



U-Pick from front page



The rain couldn't dampen the spirits of dozens of Tulalip families who ventured off-rez on the afternoon of October 24, for the last Garden Tour and U-Pick harvesting event for the year. Held throughout the spring, summer, and fall seasons, the event allows the community to see food in an entirely new light. The idea is that by seeing the process take place, from planting to harvesting, people can develop not only an understanding of cultivating produce, but also gain a deeper appreciation for fruits and veggies, and all of their benefits.

"I wanted to get out with my friend Marvin today, come get some fresh produce, and see what Roni has going on," said community member, Jessica Leslie. "Roni is filled with a lot of good information, and they always have healthy snacks. Everything here is fresh, local, and really nice to have. I think it's a good way to get people out and about."

Tulalip elder Marvin Jones, who was just happy to ride shotgun with Jessica for the day, exchanged stories with Roni as Jessica gathered an assortment for veggies. Over a cup of hot apple cider, he spoke of the importance of having access to fresh produce, something that was much more difficult for tribal

members to attain during his years of adolescence. He also touched on his gardening skillset that he developed over the years, explaining that he can 'grow my own anytime I want it,' and identified several harvesting spots on the reservation for the likes of apples, berries, and a variety of plants.

The award-winning Diabetes Care and Prevention program partnered with Garden Treasures Nursery and Local Farm well over a decade ago to host the U-Pick gatherings. Ever since, the six-acre organic farm has been the backdrop for Tulalip members and Tulalip Health Clinic patients to learn and share knowledge about diabetes care, as well as harvest in-season produce and explore new foods that they otherwise wouldn't have come across on a trip to the supermarket.

By opening their barn and greenhouse doors to the tribal nation, Garden Treasures is fulfilling their community-driven mission FUBU style – for us, by us. As a local Arlingtonite, owner Mark Lovejoy spoke on this mentality and his inspiration for growing crops solely to give back to his hometown, our region, and the community of farmers that sell their produce along the local farmer's market circuit.

Mark has opened a large retail space at the Garden Treasures property, and partnered with local farmers and meat markets to make their goods available for purchase six days out of the week, in addition to his products.

Mark shared, “It feels good, that’s the purpose of the farm. We’re supported by the community, for the community, we’re growing food for people right here. That’s been the mission all along, and the more we do it, the more we get connected. We designed this vertically integrated produce farm in the image of the old truck farmers from the 30s,40s, and 50s that were on the east coast serving the metropolitan areas. We wanted to serve our area with an abundance of food that we can grow in our climate.

“We designed our store to sell our products that we grow here ourselves. At the same time there are very few local farmers in our community who have a retail presence like this or even own land these days. Our farm is set up to be like an everyday farmers market. Anybody can come here any day of the week and have an experience like you would at a farmers’ market. Even though it’s a privately owned family business, it’s using a lot of vendors from the farmer’s markets to fill the shelves. And other people outside of the region that have other products too, like avocados that are from the same type of farmers that we are, but are from Mexico or southern California. We always try to source our products from people who are like us, who are interested in community supported agriculture.”

With multiple greenhouses throughout the property, Garden Treasures Nursery and Local Farm cultivates an array of colorful and nutrient dense vegetables, herbs, fruits, and flowers throughout the year. Roni is sure to schedule a U-Pick event at least once per season so that the community can enjoy everything from strawberries to winter squash. Now that we are in the midst of autumn, Garden Treasures has orange gourds in every size placed along the entryway to the farm. Each tribal family or THC patient selected a pumpkin before concluding their Garden Treasures adventure.

“It was a pretty good harvest,” exclaimed young Kayden Palmer while holding a box of produce, her day’s bounty, in-hand. “It was wet and cold but still a lot of fun.”

Upon picking out a pumpkin and heaving it up for a photo, Kayden continued, “My family and I enjoy carving these and sometimes we feed the excess of the pumpkins to our sheep. I don’t know what design I’ll carve yet, but I’ll figure it out. [U-Pick gatherings] mean a lot to me, and it’s always nice to come out and see everybody.”

Community member Justine Jones shared, “I’m glad I was able to come here, check it out, and just get out of the house. I really like Halloween now because we have two boys who were born on the same day of October 12. And my little guy loves pumpkins. He calls them pum-an-ah-nos. We’ll carve our pumpkin and possibly enter it in the pumpkin contest at the community Halloween party.”

In addition to knowledge sharing through the act of harvesting, the Diabetes Care and Prevention program brought on professionals from the Puget Sound Kidney Centers, Registered Dietician Grace Scarborough and Medical Social Worker Michelle Rowlett.

“We are really big into community health, so we’re partnering with the Tulalip Tribes to promote healthy living and healthy eating,” Grace explained.

Michelle added, “Diabetes is one of the main causes of kidney disease. We try to talk about ways to keep your kidneys healthy, keep your body healthy, just the whole gamut of everything involving healthy living. We do things like this because if you’re eating fresh foods, fruits and vegetables, cooking with herbs and spices instead of salt, you’re going to have healthy kidneys, a healthier body, a healthier heart - it’s all connected.”

After years of setting aside a small percentage of the Diabetes Care and Prevention program’s funding, Roni feels that the importance of these outings and the experience of harvesting one’s own foods has not been lost on the community. With each event growing in attendance, she believes it’s now time to expand these services and hold U-Pick gatherings more frequently, and at varying times, so that more people get the chance to take freshly grown produce home to their dinner tables.

Said Roni, “When it comes to being with the plants, it’s about that connection that we have to them because the plants give us the nutrients that we need in our bodies. But they also feed us emotionally, because of how you feel when you’re harvesting the plants. And then to be able to talk about the spiritual side of our plant relatives and how we feel about them.

“Those plants live just a short life only to give you health, to give you that medicine. They share that with you and they are grown here for that purpose. So, when you start thinking of your food as a type of medicine, it helps in the sense of a spiritual connection. That has been one our teachings here; feeding our Indian. Feeding who we are and satisfying that. I think the satisfaction comes not just from eating it and keeping within us to nourish our bodies, but it also comes from learning how to plant it, how to



care for it, how to harvest it, and then prepare it. It’s this whole process that we do and that’s what we try to show here. These foods are the gift of health. And to see the kids, to see the adults, and the elders enjoy that, because it’s truly a gift.”

The Diabetes Care and Prevention program is gearing up for a series of classes developed by the American Diabetes Association and is tailored to Natives living with diabetes. The classes will begin at 2:00 p.m. every Wednesday in November, at the Karen I. Fryberg Health Clinic. The classes will focus on self-management of the disease and are targeted toward individuals who were diagnosed with diabetes during the COVID-19 pandemic and have yet to attend a Diabetes Care and Prevention class. For additional details, please contact Roni at (360) 716-5642.

Tulalip Police Department Media Release Community Response Team Graffiti Cleanup

On October 19, 2023, the Tulalip Tribal Police Community Response Team in partnership with the Probation Department and the Tulalip Casino Maintenance Department coordinated a community graffiti cleanup on ten properties including tribal buildings, tribal elder’s homes, senior apartments, and road signs, that had been “tagged” with gang graffiti. The work project was also assisted by tribal members who wanted to give back and help make their community a better place. The Tulalip Casino Maintenance Department donated the equipment including a hot steam pressure washer, painting supplies, and ten gallons of paint. “This was is a great example of Community Policing by partnering with Tribal departments and community members working together to address a serious problem” Chief Chris Sutter.

TPD Community Response Team Officers said, “There was a lot of positive feedback from the community even being provided lunch and refreshments by grateful community members.” The TPD Community Response Team was implemented to address neighborhood crime and livability issues, since its formation the Community Response Team has removed hundreds of junk vehicles from Reservation lands, worked on a number of Chronic Nuisance Properties, and addressed neighborhood livability issues and known drug houses. The Community Response Team in partnership with the Housing and Leasing Departments meets weekly to identify and plan for community improvements focused on enhancing the quality of life and reducing crime issues in Tribal Housing. The community is encouraged to call the Community Response Team to report neighborhood crime issues and information regarding the suspect(s) responsible for the recent illegal graffiti, call the PD Dispatch non-emergency line at 360 716-4608.



Media Release October 20, 2023 Drug Task Force Narcotics Investigation



On October 19, 2023, Tulalip Tribal Police-Drug Task Force (DTF) Detectives contacted two suspects with arrest warrants getting into their vehicle on the Tulalip Indian Reservation. After the suspects were contacted and detained, Detectives began a narcotics investigation into the vehicle due to the nature of the warrants. After observing narcotics within the vehicle, the vehicle was transported to the Tulalip Police Department. With assistance from the Lake Stevens Police Department, their Narcotics K9 team deployed and alerted to the presence of narcotics in the vehicle furthering the reasonable suspicion to apply for a search warrant. On October 20, 2023, a search warrant was approved to search the vehicle for illegal narcotics. During the search of the vehicle, Tulalip Drug Task Force Detectives seized over 1.3 pounds of methamphetamine, over 2100 counterfeit Oxycodone Fentanyl pills, and over 19 grams of heroin. Furthermore, digital scales, baggies, and a substantial amount of cash were located and seized as evidence indicating the narcotics were meant for sales and distribution. This is an ongoing investigation and charges are pending for the suspects involved. The community is encouraged to report illegal narcotics activities through the TPD Drug Tip Hotline 360 716-5990 or email at tips@tulaliptribalpolice.org.



Chris Sutter, Chief of Police
Tulalip Police Department: 6332 31st Ave NE, Suite A, Tulalip, WA, 98271
Emergency: 360-716-9911 • **Non-Emergency:** 360-716-4608 • **Fax:** 360-716-5999
 The Tulalip Tribes are federally recognized successors in interest to the Snohomish, Snoqualmie, Skykomish, and other allied tribes and bands signatory to the Treaty of Point Elliott.

All-Native Thanksgiving Basketball Tournament

Nov. 24-26, 2023

**Greg Williams Court,
Don Hatch Jr Gym**



16 Men's Teams

- 1st Place: \$5000 cash prize + Pendleton Jacket
- 2nd Place: \$2500 cash prize + hooded sweatshirt
- 3rd Place \$1250 cash prize + crew neck sweatshirt

10 Women's Teams

- 1st Place: \$3000 cash prize + Pendleton Jacket
- 2nd Place: \$1500 cash prize + hooded sweatshirt
- 3rd Place \$750 cash prize + crew neck sweatshirt

\$400 entry fee

- 50% of entry due before Nov. 13
- 50% due at beginning of first game

Any team (mens or womens)
can play Friday night

Tribal identification required for
all participants

Contact: Sabrina Moses 360.610.2373
Bradley Fryberg 360.550.6205 or Tina Brown 360.640.4571



BALLOT PARTY

MONDAY
NOV. 6

12 PM
TO
5 PM

**TULALIP
DINING HALL**

SNACKS, BEVERAGES
AND PRIZES!



CHARLES ADKINS, 360-965-5292

MALORY SIMPSON, 360-913-1424

Court notices

TUL-CV-YI-2023-0635. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: K. D. H. TO: TROY EUGENE CARLSON: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care (YINC) dependency case has been filed and an IN PERSON Adjudicatory Hearing has been set in the above-named Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at this Adjudicatory Hearing on TUESDAY DECEMBER 05, 2023 at 09:00 A.M. – IN PERSON in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 7, 2023.

TUL-CV-YI-2022-0494. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Welfare of: S. R. R. TO: APRIL ROSE RUSSELL: YOU ARE HEREBY NOTIFIED that a Youth in Need of Care (YINC) dependency case has a scheduled Permanent Plan Hearing in the above-named Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend regarding the above entitled action at this Permanent Plan Hearing on TUESDAY, OCTOBER 31, 2023 at 09:30 A.M. – IN PERSON in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: September 30, 2023.

TUL-CV-YG-2023-0577. SUMMONS BY PUBLICATION Tulalip Tribal Court, Tulalip WA. In Re the Guardianship of: T. C. A. TO: WILLA CHERYL MCLEAN: YOU ARE HEREBY NOTIFIED that a Youth Guardianship action was filed in the above-entitled Court pursuant to TTC 4.05 regarding the above mentioned youth. You are hereby summoned to appear and defend at an IN PERSON Guardianship Hearing regarding the above entitled action on THURSDAY, DECEMBER 14, 2023 at 10:30 A.M. – IN PERSON in Tulalip Tribal Court, 6332 31st Ave NE, Suite B, Tulalip, WA 98271. You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 21, 2023.

SUMMONS BY PUBLICATION TUL-CV-CS-2023-0621, Tulalip Tribal Court, Tulalip WA, TCSP #2392 TULALIP CHILD SUPPORT PROGRAM, Petitioner, vs. PARRY CHARLES (DOB: 04/20/1984) TO: PARRY CHARLES: YOU ARE HEREBY NOTIFIED that on September 22, 2023 a Summons and Petition for Establishment of Child Support was filed in the above-entitled Court Pursuant to Chapter 2.10 and 4.10 of the Tulalip Tribal Code. This is child support for PCJR. You are hereby summoned to appear and defend the above entitled action in the above entitled court and answer on DECEMBER 4, 2023 at 9:00 AM in Tulalip Tribal Court. NOTICE: You have important legal rights and you must take steps to protect your interests. IF YOU FAIL TO ANSWER AND/OR APPEAR JUDGMENT WILL BE RENDERED AGAINST YOU. Date first published: October 7, 2023.

JOIN US FOR AN INFORMATION SESSION ON:

OPIOIDS, FENTANYL, & NARCAN

NOVEMBER 1 | 7:00 - 9:00 P.M.

Join us to hear Amy Wheat, Opioid Outreach Specialist as she addresses:

- Opioid Use
- Fentanyl Use and Exposure
- Narcan Use
- Tips for caregivers
- Q&A's

[JOIN US AT BIT.LY/CARES OFN](https://bit.ly/cares_ofn)



Alliance CaRES

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20  23

TULALIP *Lights & Ice*

→ ATTENTION VENDORS ←

Do you want to be a part of *Tulalip Lights & Ice*?

FOOD COURT

FRIDAYS, SATURDAYS, & SUNDAYS

November 24 to December 31

from 4PM to 8PM



HOLIDAY MARKET

SPECIAL EVENT

BLACK FRIDAY

November 24 & 25

from 12PM to 8PM

AFTER EVENT

EVERY SATURDAY

December 2 to 31

from 2PM to 8PM



PICK UP AN APPLICATION

By contacting *Teresa Meece* at

tmeece@tulaliptribes-nsn.gov

or 425-308-5391 (call or text)

